

No More Dirty Looks The Truth About Your Beauty Products And The Ultimate Guide To Safe And Clean Cosmetics

Finalist for the National Book Award *Finalist for the Kirkus Prize* *Instant New York Times Bestseller* *Named a Best Book of the Year by NPR, New York Post, BuzzFeed, Shelf Awareness, Bustle, and Publishers Weekly* An essential read for our times: an eye-opening memoir of working-class poverty in America that will deepen our understanding of the ways in which class shapes our country and “a deeply humane memoir that crackles with clarifying insight”. * Sarah Smarsh was born a fifth generation Kansas wheat farmer on her paternal side, and the product of generations of teen mothers on her maternal side. Through her experiences growing up on a farm thirty miles west of Wichita, we are given a unique and essential look into the lives of poor and working class Americans living in the heartland. During Sarah’s turbulent childhood in Kansas in the 1980s and 1990s, she enjoyed the freedom of a country childhood, but observed the painful challenges of the poverty around her; untreated medical conditions for lack of insurance or consistent care, unsafe job conditions, abusive relationships, and limited resources and information that would provide for the upward mobility that is the American Dream. By telling the story of her life and the lives of the people she loves with clarity and precision but without judgement, Smarsh challenges us to look more closely at the class divide in our country. Beautifully written, in a distinctive voice, Heartland combines personal narrative with powerful analysis and cultural commentary, challenging the myths about people thought to be less because they earn less. “Heartland is one of a growing number of important works—including Matthew Desmond’s Evicted and Amy Goldstein’s Janesville—that together merit their own section in nonfiction aisles across the country: America’s postindustrial decline...Smarsh shows how the false promise of the ‘American dream’ was used to subjugate the poor. It’s a powerful mantra” *(The New York Times Book Review).
No More Dirty Looks The Truth about Your Beauty Products--and the Ultimate Guide to Safe and Clean Cosmetics Da Capo Lifelong Books

It's the last day of school! Gilbert is excited about summer vacation. First there's a class party, and Mrs. Byrd will give out the end-of-the-year awards. But will Gilbert even get one? Patty's the best speller. Philip's the best reader. What is Gilbert best at?

Life can be stressful, overwhelming, and sometimes difficult to cope with. Modern medical professionals will tell you to take various prescription medications, which can ultimately do more harm than good. But it doesn't have to be that way! Healing is all in the mind and can be attained through finding harmony in your own life and resorting to natural remedies already provided by the very environment in which you live. Blogger Tara Mackey, who has a background in science, shares her own experiences with stress, depression, and anxiety and teaches you how to break free from them. Growing up, Tara suffered from dependency on various prescription drugs for depression, anxiety, and ADHD. She witnessed her best friend's decline and suicide and watched helplessly as the effects of heroin addiction took a hold of her mother. At age twenty-four, she decided that enough was enough and quit her prescription meds cold-turkey in search for happiness. Today, she is drug-free, stress-free, and happy. Cured by Nature is Tara's personal story combined with her knowledge and advice to battling personal demons and coming out victorious. Follow Tara as she shows you how to adapt and grow, using various herbal remedies, breathing exercises, and mind-strengthening techniques that will help you be a happier and better you.

Lead in lipstick? 1,4 dioxane in baby soap? Coal tar in shampoo? How is this possible? Simple. The \$35 billion cosmetics industry is so powerful that they've kept themselves unregulated for decades. Not one cosmetic product has to be approved by the US Food and Drug Administration before hitting the market. Incredible? Consider this: The European Union has banned more than 1,100 chemicals from cosmetics. The United States has banned just 10. Only 11% of chemicals used in cosmetics in the US have been assessed for health and safety - leaving a staggering 89% with unknown or undisclosed effects. More than 70% of all personal care products may contain phthalates, which are linked to birth defects and infertility. Many baby soaps are contaminated with the cancer-causing chemical 1,4 dioxane. It's not just women who are affected by this chemists' brew. Shampoo, deodorant, face lotion and other products used daily by men, women and children contain hazardous chemicals that the industry claims are "within acceptable limits." But there's nothing acceptable about daily multiple exposures to carcinogenic chemicals -- from products that are supposed to make us feel healthy and beautiful. Not Just a Pretty Face delves deeply into the dark side of the beauty industry, and looks to hopeful solutions for a healthier future. This scathing investigation peels away less-than-lovely layers to expose an industry in dire need of an extreme makeover. 15 percent of the purchase price of each book sold benefits the national Campaign for Safe Cosmetics, administered by the Breast Cancer Fund, through December 31, 2012.

Cover -- Half-title -- Title -- Copyright -- Dedication -- Contents -- Preface -- 1 Youth and Media -- 2 Then and Now -- 3 Themes and Theoretical Perspectives -- 4 Infants, Toddlers, and Preschoolers -- 5 Children -- 6 Adolescents -- 7 Media and Violence -- 8 Media and Emotions -- 9 Advertising and Commercialism -- 10 Media and Sex -- 11 Media and Education -- 12 Digital Games -- 13 Social Media -- 14 Media and Parenting -- 15 The End -- Notes -- Acknowledgments -- Index -- A -- B -- C -- D -- E -- F -- G -- H -- I -- J -- K -- L -- M -- N -- O -- P -- Q -- R -- S -- T -- U -- V -- W -- X -- Y -- Z
Miss Bindergarten and her class have had a great year in kindergarten! They have gone on a field trip, marked the 100th day, created a circus, and even survived a wild day. But now the school year is over, and it's time to remember, to celebrate, and for Miss Bindergarten to say, Good-bye, kindergarten. It's been a special year.? The bestselling Miss Bindergarten series comes to a sweet and jubilant conclusion by honoring an important passage: the last day of kindergarten. Filled with last-day classroom ideas, it's also a perfect gift to honor graduation and moving-up ceremonies. Miss Bindergarten Celebrates the Last Day of Kindergarten is the perfect way for teachers and students to commemorate

their own end-of-the-year festivities.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

The author identifies trash as America's largest export, discussing how the nation reached current garbage levels while explaining what families, communities, and countries are doing to reverse waste trends.

Gilbert's excitement over starting first grade turns to worry that the teacher will be mean, the work too hard, and his classmates too unfriendly, but throughout the day there are pleasant surprises.

He was everything she wasn't looking for ... Finding a naked rock star in my bed was not how I saw my new life starting. Especially when that rock star is Evan Wyld, guitarist of the hottest band on the planet, Dirty Texas. He looks dirty as sin with colorful tattoos, muscles and piercings in all the right places. Summer is about to heat up as I join Dirty Texas on their European tour. She was everything he wasn't ready for... Sienna Hayes is off limits, but ever since the blonde bombshell accidentally climbed into my bed, I've been fantasizing about the ways I could help her get over her ex. She has baggage, but I'm known for being a good time. Maybe I can be her rebound, help put her back together again. One little taste can't hurt; can it?"

Anti-aging products are the fastest growing sector of the cosmetics industry as women and men are becoming rapidly more obsessed with looking and feeling young. Splashy ads and commercials are everywhere we turn, promising to keep our appearances fresh and our partners satisfied. But do consumers really know what they're applying to their faces and bodies in their quests for youth and beauty? Do they know the health risks they're taking by simply applying lipstick, face moisturizer or deodorant? Toxic beauty products clutter the shelves at retail stores everywhere, and consumers don't know the avoidable risks they're taking by following a simple beauty regimen. Written by Dr. Samuel S. Epstein, a founder and chairperson of the Cancer Prevention Coalition, Healthy Beauty gives the lowdown on salon safety, health risks hiding in everyday products, how we put our children in danger and more. Healthy Beauty will also educate you and your family on easily implemented solutions through the use of a variety of positive alternatives. In Healthy Beauty, you will learn: • How beauty products can affect your children before they're born • The brutal carelessness producers use when creating products for women and children • The risks taken when you step into a salon • Toxins in men's products such as deodorant, cologne and aftershave • How to protect yourself and your family by reading labels and identifying potentially hazardous ingredients Through the help of Dr. Epstein and Healthy Beauty, you can protect yourself from the possible long-term effects of a simple beauty product.

Splashy ads and commercials for personal care products are everywhere we turn, promising to keep our appearances fresh and our partners satisfied. But do consumers really know what they're applying to their faces and bodies in their quests for youth and beauty? Do they know the health risks they're taking by simply applying lipstick, face moisturizer or deodorant? Toxic cosmetics and personal care products clutter the shelves at retail stores everywhere, and consumers don't know the avoidable risks they're taking by following a simple beauty regimen. Written by Dr. Samuel S. Epstein, a founder and chairperson of the Cancer Prevention Coalition, Toxic Beauty gives the lowdown on salon safety, health risks hiding in everyday products, how we put our children in danger and more. Toxic Beauty will also educate you and your family on easily implemented solutions through the use of a variety of positive alternatives. Through the help of Dr. Epstein and Toxic Beauty, you can protect yourself from the possible long-term effects of a simple beauty product.

"A breathless thriller. . . . If a good roller-coaster is what you want, step up and have your ticket punched."—People A female judge finds her life and her career on the line when the defendant in a high-profile lawsuit is killed in this riveting and stylish novel of greed, murder and justice, from New York Times #1 bestselling author Lisa Scottoline. Attractive, sexy, tough-minded Cate Fante has just been appointed to the federal bench in Philadelphia. Uncomfortable among the elite meritocracy of the federal judiciary, the hard-charging woman with working class roots secretly indulges her taste for bad boys and men who work with their hands, like those she knew growing up in an old northeastern Pennsylvania coal-mining town. Presiding over a high-profile multi-million-dollar lawsuit, Cate quickly learns that being a judge doesn't always mean she can do justice. While a wronged former Philly ADA has the moral high ground, the sleazy television producer he's suing has the law on his side. Upset over the trial's outcome, Cate wants to forget with a few drinks and a

night of anonymous sex. But when she realizes she's made a mistake, the stranger she picked up becomes aggressive, and she barely escapes without getting seriously hurt. For Cate though, the trouble has only begun. Returning home, she learns that the TV producer from her court case has been murdered. Then the body of her failed one-night stand is discovered. Suddenly Cate's secret private life is splashed across the media and her job is in jeopardy. Her only hope is to find a murderer and clear her name. But can she uncover the truth before the cold-blooded killer silences her?

No Marketing Blurbs

Nutrition is the fastest-rising beauty trend around the world. *Eat Pretty* simplifies the latest science and presents a userfriendly program for gorgeous looks, at any age, that last a lifetime. Buzzwords like antioxidants, biotin, and omega-3s are explained alongside more than 85 everyday foods, each paired with their specific beauty-boosting benefit: walnuts for supple skin, radishes for strong nails. But healthful ingredients are just one aspect of beauty nutrition. *Eat Pretty* offers a full lifestyle makeover, exploring stress management, hormonal balance, and mindful living. Charts and lists, plus nearly 20 recipes, make for a delicious and infinitely useful ebook—in the kitchen, at the grocer, and on the go. Love—on the rocks.... The last thing Vaughan Hewson expects to find when he returns to his childhood home is a broken hearted bride in his shower, let alone the drama and chaos that come with her. Lydia Green doesn't know whether to scream or cry in a corner. Discovering the love of your life is having an affair on your wedding day is bad enough. Finding out it's with his best man is another thing all together. Just when this runaway bride has nowhere left to turn, a handsome stranger offers her a broad, muscular shoulder to cry on. Vaughan is the exact opposite of the picture perfect, respected businessmen she's normally drawn to. This former musician-turned-bartender is rough around the edges and is facing his own crossroads. But Lydia's already tried Mr. Right and discovered he's all wrong--maybe it's time to give Mr. Right Now a chance. After all, what's wrong with getting dirty? *Dirty* is the first book in the Dive Bar series from bestselling author Kylie Scott.

Young Cassie Logan endures humiliation and witnesses the racism of the KKK as they embark on a cross-burning rampage, before she fully understands the importance her family attributes to having land of their own.

A look at the chemicals surrounding us that's "hard-hitting . . . yet also instills hope for a future in which consumers make safer, more informed choices" (The Washington Post). Pollution is no longer just about belching smokestacks and ugly sewer pipes—now, it's personal. The most dangerous pollution, it turns out, comes from commonplace items in our homes and workplaces. To prove this point, for one week Rick Smith and Bruce Lourie ingested and inhaled a host of things that surround all of us. Using their own bodies as the reference point to tell the story of pollution in our modern world, they expose the corporate giants who manufacture the toxins, the government officials who let it happen, and the effects on people and families across the globe. This book—the testimony of their experience—also exposes the extent to which we are poisoned every day of our lives, from the simple household dust that is polluting our blood to the toxins in our urine that are created by run-of-the-mill shampoos and toothpaste. Ultimately hopeful, the book empowers readers with some simple ideas for protecting themselves and their families, and changing things for the better. "Undertaking a cheeky experiment in self-contamination, professional Canadian environmentalists Smith and Lourie expose themselves to hazardous everyday substances, then measure the consequences . . . Throughout, the duo weave scientific data and recent political history into an amusing but unnerving narrative, refusing to sugarcoat any of the data while maintaining a welcome sense of humor." —Publishers Weekly (starred review)

Welcome to Shadow Valley where the Dirty Angels MC rules. Get ready to get Down & Dirty because this is Diesel's story... She calls him "The Beast." Diesel, the MC's Sergeant at Arms and enforcer, is tasked with not only keeping the club's property and its members safe, but also taking care of "business" when needed. His motto, "live free, die free," means he sees most women as nags and clingers and he wants none of that. The last thing he needs is to have one sitting on the back of his bike and trying to dictate his life. Unlike the other DAMC women, Jewel wants to be an ol' lady. Being born and raised within the club, her goal is to earn her place on back of a brother's bike. But not just anyone's. No, she had to pick the biggest, most pig-headed and quick-tempered of the bunch. The one she nicknamed "The Beast," because that's how he acts both in and out of bed. She's wanted Diesel for so long she's not about to give up the fight to become his. She's bound and determined to win this battle one way or another. Diesel fights his desire for Jewel until a rival MC threatens what he realizes is his, and no one gets away with that. No one. Note: This book can be read as a standalone. It includes lots of steamy scenes, biker slang, cursing, some violence and, of course, an HEA. If you like alpha males who like to take charge, this book is for you.

There's never been another dog as delightful—or dirty—as Harry. This lovable white dog with black spots (or black dog with white spots) has charmed children for fifty years, and we are celebrating with an anniversary edition. This childhood favourite is perfect for reading aloud before going to bed or avoiding a bath.

One look and I know... this chick hates me. I should walk away, find some puck bunny to gleefully sit on my lap and tell me what a big, hot, hockey stud I am--totally true, BTW. But there's just something about this feisty redhead I can't let go. She's got an edge to her that's sexy as hell and a smart mouth that's been tying me up since the night I met her. She tells me to forget it, we're not happening. But this isn't the kind of woman a guy ever forgets. Especially when the air starts to sizzle and pop every time we get within ten feet of each other. She's in my head and under my skin, and all I can think about is the way she looked at me that one time. Like she already knew how it could be between us. I'm not the kind of guy a girl like her takes home... But maybe I want to be.

Charlie struggles to cope with complex world of high school as he deals with the confusions of sex and love, the temptations of drugs, and the pain of losing a close friend and a favorite aunt.

A Swiss orphan is heartbroken when she must leave her beloved grandfather and their happy home in the mountains to go to school and to care for an invalid girl in the city.

The Opportunist Olivia Kaspen never imagined she'd get a second chance with her first love, the one she foolishly let slip away. When fate brings them together in a chance encounter, Olivia discovers that not only has Caleb Drake moved on, but he's forgotten her too. Olivia finds herself asking how far she is willing to go to get him back. Standing in her way is his new girlfriend, a red-headed viper named Leah Smith. Olivia must fight for what was once hers, and in the process discover that sometimes love falls short of redemption.

The definitive guide to a new generation of natural beauty, skincare and makeup. 'Emma Watson's Natural Beauty Guru' Racked.com This honest, expert book will teach you how to recognise what your skin needs and how to buy the best products for you. It offers both time-honoured and modern techniques, tips and guidance for all ages, and showcases the powerful natural ingredients and brands that all beauty lovers should know about. '[Imelda's book] is amazing' Emma Watson, IntoTheGloss.com 'Imelda and her team have been teaching their customers, including me, about the best botanical brands out there for years. Now all their experience is bound together in this wonderful beauty guide.' Melissa Hemsley 'Imelda is the go-to person for natural beauty in London, I've learnt so much from her and her team' Ella Mills, Delicious Ella 'I can't put this book down #bestbeautytips' Tata Harper

The Newbery Medal and Coretta Scott King Award-winning classic about a boy who decides to hit the road to find his father—from Christopher Paul Curtis, author of *The Watsons Go To Birmingham—1963*, a Newbery and Coretta Scott King Honoree. It's 1936, in Flint Michigan. Times may be hard, and ten-year-old Bud may be a motherless boy on the run, but Bud's got a few things going for him: 1. He has his own suitcase full of special things. 2. He's the author of *Bud Caldwell's Rules and Things for Having a Funner Life and Making a Better Liar Out of Yourself*. 3. His momma never told him who his father was, but she left a clue: flyers advertising Herman E. Calloway and his famous band, the Dusky Devastators of the Depression!!!!!! Bud's got an idea that those flyers will lead him to his father. Once he decides to hit the road to find this mystery man, nothing can stop him—not hunger, not fear, not vampires, not even Herman E. Calloway himself. AN ALA BEST BOOK FOR YOUNG ADULTS AN ALA NOTABLE CHILDREN'S BOOK AN IRA CHILDREN'S BOOK AWARD WINNER NAMED TO 14 STATE AWARD LISTS "The book is a gem, of value to all ages, not just the young people to whom it is aimed." —The Christian Science Monitor "Will keep readers engrossed from first page to last." —Publishers Weekly, Starred "Curtis writes with a razor-sharp intelligence that grabs the reader by the heart and never lets go. . . . This highly recommended title [is] at the top of the list of books to be read again and again." —Voice of Youth Advocates, Starred From the Hardcover edition.

Instant National Bestseller After suffering for years with unexplainable health issues, Dr. Ben Lynch discovered the root cause—"dirty" genes. Genes can be "born dirty" or merely "act dirty" in response to your environment, diet, or lifestyle—causing lifelong, life-threatening, and chronic health problems, including cardiovascular disease, autoimmune disorders, anxiety, depression, digestive issues, obesity, cancer, and diabetes. Based on his own experience and successfully helping thousands of clients, Dr. Lynch shows you how to identify and optimize both types of dirty genes by cleaning them up with targeted and personalized plans, including healthy eating, good sleep, stress relief, environmental detox, and other holistic and natural means. Many of us believe our genes doom us to the disorders that run in our families. But Dr. Lynch reveals that with the right plan in place, you can eliminate symptoms, and optimize your physical and mental health—and ultimately rewrite your genetic destiny.

Most of us don't realize that the products we use every day can expose us to thousands of chemicals that are readily absorbed through our skin. The impact on your health? It's not pretty.

From the acclaimed, controversial singer-songwriter Sinéad O'Connor comes a revelatory memoir of her fraught childhood, musical triumphs, fearless activism, and of the enduring power of song. Blessed with a singular voice and a fiery temperament, Sinéad O'Connor rose to massive fame in the late 1980s and 1990s with a string of gold records. By the time she was twenty, she was world famous—living a rock star life out loud. From her trademark shaved head to her 1992 appearance on *Saturday Night Live* when she tore up Pope John Paul II's photograph, Sinéad has fascinated and outraged millions. In *Rememberings*, O'Connor recounts her painful tale of growing up in Dublin in a dysfunctional, abusive household. Inspired by a brother's Bob Dylan records, she escaped into music. She relates her early forays with local Irish bands; we see Sinéad completing her first album while eight months pregnant, hanging with Rastas in the East Village, and soaring to unimaginable popularity with her cover of Prince's "Nothing Compares 2U." Intimate, replete with candid anecdotes and told in a singular form true to her unconventional career, Sinéad's memoir is a remarkable chronicle of an enduring and influential artist.

"Thursday morning. One hundred pounds overweight, no man in sight, and rounding the bend to 57 years old—a full-blown catastrophe." What happens when you realize you've had the career of your dreams, but you don't have the life of your dreams? This was the stark reality facing Sheri Salata when she left her twenty-year stint at *The Oprah Winfrey Show*, Harpo Studios and the OWN network. She had dedicated decades to her dream job, and loved (almost) every minute of it, but had left the rest of her life gathering dust on the shelf. After years of telling other people's makeover stories, Sheri decided to "produce" her own life transformation. And this meant revisiting her past, excavating its lessons, and boldly reimagining her future. In these pages, she invites readers along for the ride—detoxing in the desert, braving humiliation at Hollywood's favorite fitness studio, grappling with losses, reinventing friendships, baring her soul in sex therapy, and more. Part cautionary tale, part middle-of-life rallying cry, Sheri's stories offer profound inspiration for personal renewal.

In *Mycorrhizal Planet*, Michael Phillips offers new insights into the invisible world beneath our feet, explaining the crucial, symbiotic role that fungi play in everything from healthy plants to healthy soils to a healthy planet.--COVER.

It started with a harmless quest for perfect wash-and-go hair. Every girl wants it, and Siobhan O'Connor and Alexandra Spunt finally found it in a fancy salon treatment. They were thrilled -- until they discovered that the magic ingredient was formaldehyde. Shocked, O'Connor and Spunt left no bottle unturned. If it went on their body (and thus, was absorbed into their skin and bloodstream), they researched it. As it turns out, many of those unpronounceable ingredients in your self-tanner and leave-in conditioner are not regulated and the "natural" on your face wash doesn't mean what you think it does. Now, with the help of top scientists, dermatologists, and makeup artists, the authors share their compelling findings and the easy way to detoxify your beauty regimen. *No More Dirty Looks* also reveals the safest, most effective products on the market and time-tested home recipes. Finally, you don't need to sacrifice health for beauty -- because coming clean is the best look yet.

Analyzes the Salem Witch Trials to offer key insights into the role of women in its events while explaining how its tragedies became possible. Internationally renowned dermatologist and research scientist Dr. Whitney Bowe presents, for the first time, the connection between a healthy gut and radiant, clear skin, with a 21-day program to maximize skin health and beauty. Every year, nearly 80 million Americans will consult their doctors about their skin. In fact, skin disorders beat out anxiety, depression, back pain, and diabetes as the number one reason Americans see their doctors. Unfortunately, however, the vast majority will receive only a surface-level treatment, leaving the underlying conditions at the root of their skin issues unresolved. Skin doesn't lie; it reflects overall health in unimaginable ways. In *The Beauty of Dirty Skin*, internationally renowned dermatologist and scientist Dr. Whitney Bowe shows readers that skin health is much more than skin deep. As a pioneering researcher on the cutting edge of the gut-brain-skin axis, she explains how the spectrum of skin disorders -- from stubborn acne and rosacea to psoriasis, eczema, and premature wrinkling -- are manifestations of irregularities rooted in the gut. Lasers, scalpels, creams, and prescription pads alone will not guarantee the consistently healthy, glowing skin we all seek. Instead, Dr. Bowe focuses on the microbiome -- where trillions of microbes "speak" to your skin via the brain -- and highlights the connection between sleep, stress, diet, gastrointestinal health, and the health of your skin. With simple explanations of the science, do-it-yourself practical skincare strategies, and a life-changing 21-day program, *The Beauty of Dirty Skin* is your roadmap to great skin from the inside out and the outside in.

This hard-bodied football star is used to scoring. But he needs all the right moves to get past a fiery redhead's defenses in a steamy standalone novel from the bestselling author of Ruined. Emerson: Talk about bad first impressions. I have too much riding on this job to show up late on my first day looking like the winner of a wet T-shirt contest, all thanks to an arrogant quarterback who drives like he owns the road. Hunter Browning thinks that because he's famous, he can fix everything with a smile and a wave of his hand. He's too bronzed, buff, and beautiful for his own good. Or mine. I can't let on that I'm a fan . . . no matter how much fun we'd have in the sack. Hunter: Hitting that puddle was my best play since winning the Super Bowl with a touchdown pass. Sure, it's not my preferred way to get a girl wet, but I'll make an exception for Emerson Day. She's got a sharp tongue and a red-hot temper, even with her soaking clothes plastered to her every curve. Now I know exactly what my next play will be: hire Emerson as my personal real-estate agent, save her job—and see if I can take her off the market. Look for all of Tracy Wolff's seductive reads: The Ethan Frost series: RUINED | ADDICTED | EXPOSED | FLAWED The Sebastian Caine series: PLAY ME WILD | PLAY ME HOT | PLAY ME HARD | PLAY ME REAL | PLAY ME RIGHT | PLAY ME: THE COMPLETE STORY The Hotwired series: ACCELERATE The Lightning series: DOWN & DIRTY | HOT & HEAVY | ROUGH & READY The His Royal Hotness series: ROYAL PAIN | ROYAL TREATMENT And her standalone novels: LOVEGAME | FULL EXPOSURE | TIE ME DOWN Praise for Down & Dirty "I'm obsessed with Tracy Wolff's writing style. She's hilarious, magical, and beyond talented! Down & Dirty was hot and explosive!"—Sarah Robinson, author of the Kavanagh Legends series "Down & Dirty is an entertaining and steamy sports romance. Tracy Wolff created really good relationships and interactions between all of the characters with plenty of banter and teasing."—Harlequin Junkie "I've never read anything by Tracy Wolff but after the first chapter of this book . . . I'm a lifelong fan. Dude. Within a few paragraphs, I laughed and cringed and got irritated and swoony . . . it . . . was . . . awesome!!"—Little Miss Bookmark (five stars) "I definitely loved this book. A great football romance with a heartwarming yet heartbreaking story."—BookSmacked (five stars) "Touch Down! Another winner for Tracy Wolff! . . . I may have discovered this author by accident, but I'm smart enough to not let her get away now that I've found her."—iScream Books Blog (five stars) "This is a beautiful story about love, loss, dealing with the curveballs life sends you and how having someone beside you can help you deal with anything. This story is magical."—Cocktails and Books Includes an excerpt from another Loveswept title. Gilbert and his first-grade classmates are nervous about their performance on the last day of school, curious about the awards they will receive, sad to be leaving their teacher, and excited about summer vacation.

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