

Night Falls Fast Understanding Suicide Vintage

Powerful, affecting essays on mental illness, winner of the Graywolf Press Nonfiction Prize and a Whiting Award An intimate, moving book written with the immediacy and directness of one who still struggles with the effects of mental and chronic illness, *The Collected Schizophrenias* cuts right to the core. Schizophrenia is not a single unifying diagnosis, and Esmé Weijun Wang writes not just to her fellow members of the “collected schizophrenias” but to those who wish to understand it as well. Opening with the journey toward her diagnosis of schizoaffective disorder, Wang discusses the medical community’s own disagreement about labels and procedures for diagnosing those with mental illness, and then follows an arc that examines the manifestations of schizophrenia in her life. In essays that range from using fashion to present as high-functioning to the depths of a rare form of psychosis, and from the failures of the higher education system and the dangers of institutionalization to the complexity of compounding factors such as PTSD and Lyme disease, Wang’s analytical eye, honed as a former lab researcher at Stanford, allows her to balance research with personal narrative. An essay collection of undeniable power, *The Collected Schizophrenias* dispels misconceptions and provides insight into a condition long misunderstood.

The revolution in psychiatry that began in earnest in the 1960s led to dramatic advances in the understanding and treatment of manic-depressive illness. Hailed as the most outstanding book in the biomedical sciences when it was originally published in 1990, *Manic-Depressive Illness* was the first to survey this massive body of evidence comprehensively and to assess its meaning for both clinician and scientist. It also vividly portrayed the experience of manic-depressive illness from the perspective of patients, their doctors, and researchers. Encompassing an understanding about the illness as Kraepelin conceived of it- about its cyclical course and about the essential unity of its bipolar and recurrent unipolar forms- the book has become the definitive work on the topic, revered by both specialists and nonspecialists alike. Now, in this magnificent second edition, Drs. Frederick Goodwin and Kay Redfield Jamison bring their unique contribution to mental health science into the 21st century. In collaboration with a team of other leading scientists, a collaboration designed to preserve the unified voice of the two authors, they exhaustively review the biological and genetic literature that has dominated the field in recent years and incorporate cutting-edge research conducted since publication of the first edition. They also update their surveys of psychological and epidemiological evidence, as well as that pertaining to diagnostic issues, course, and outcome, and they offer practical guidelines for differential diagnosis and clinical management. The medical treatment of manic and depressive episodes is described, strategies for preventing future episodes are given in detail, and psychotherapeutic issues common in this illness are considered. Special emphasis is given to fostering compliance with medication regimens and treating patients who abuse drugs and alcohol or who pose a risk of suicide. This book, unique in the way that it retains the distinct perspective of its authors while assuring the maximum in-depth coverage of a vastly expanded base of scientific knowledge, will be a valuable and necessary addition to the libraries of psychiatrists and other physicians, psychologists, clinical social workers, neuroscientists, pharmacologists, and the patients and families who live with

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manic-depressive illness.

Drawing on extensive clinical and epidemiological evidence, as well as personal experience, Thomas Joiner provides the most coherent and persuasive explanation ever given of why and how people overcome life's strongest instinct, self-preservation. He tests his theory against diverse facts about suicide rates among men and women; white and African-American men; anorexics, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis.

A gargantuan, mind-altering comedy about the Pursuit of Happiness in America Set in an addicts' halfway house and a tennis academy, and featuring the most endearingly screwed-up family to come along in recent fiction, Infinite Jest explores essential questions about what entertainment is and why it has come to so dominate our lives; about how our desire for entertainment affects our need to connect with other people; and about what the pleasures we choose say about who we are. Equal parts philosophical quest and screwball comedy, Infinite Jest bends every rule of fiction without sacrificing for a moment its own entertainment value. It is an exuberant, uniquely American exploration of the passions that make us human - and one of those rare books that renew the idea of what a novel can do. "The next step in fiction...Edgy, accurate, and darkly witty...Think Beckett, think Pynchon, think Gaddis. Think." --Sven Birkerts, The Atlantic

NEW YORK TIMES BESTSELLER USA TODAY BESTSELLER NATIONAL INDIE BESTSELLER THE WASHINGTON POST BESTSELLER Recommended by Entertainment Weekly, Real Simple, NPR, Slate, and Oprah Magazine #1 Library Reads Pick—October 2020 #1 Indie Next Pick—October 2020 BOOK OF THE YEAR (2020) FINALIST—Book of The Month Club A “Best Of” Book From: Oprah Mag * CNN * Amazon * Amazon Editors * NPR * Goodreads * Bustle * PopSugar * BuzzFeed * Barnes & Noble * Kirkus Reviews * Lambda Literary * Nerdette * The Nerd Daily * Polygon * Library Reads * io9 * Smart Bitches Trashy Books * LiteraryHub * Medium * BookBub * The Mary Sue * Chicago Tribune * NY Daily News * SyFy Wire * Powells.com * Bookish * Book Riot * Library Reads Voter Favorite * In the vein of The Time Traveler's Wife and Life After Life, The Invisible Life of Addie LaRue is New York Times bestselling author V. E. Schwab's genre-defying tour de force. A Life No One Will Remember. A Story You Will Never Forget. France, 1714: in a moment of desperation, a young woman makes a Faustian bargain to live forever—and is cursed to be forgotten by everyone she meets. Thus begins the extraordinary life of Addie LaRue, and a dazzling adventure that will play out across centuries and continents, across history and art, as a young woman learns how far she will go to leave her mark on the world. But everything changes when, after nearly 300 years, Addie stumbles across a young man in a hidden bookstore and he remembers her name. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

A recovery book providing encouragement and support and leading to healing for those whose loved ones have committed suicide.

In a futuristic military adventure a recruit goes through the roughest boot camp in the universe and into battle with the Terran Mobile Infantry in what historians would come to call the First Interstellar War

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The statistics on suicide are staggering. According to the US Center for Disease Control and Prevention, in 1997 in the USA more teenagers and young adults died from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza and chronic lung disease combined. It is also an international epidemic. Susan Blauner is the perfect emissary for a message of hope and a program of action for these millions of people. She's been through it, and speaks and writes eloquently about feelings and fantasies surrounding suicide.

Drawn on interviews with fifty survivors, a study of suicidal behavior documents the various events that can lead to an attempt to take one's own life, while exploring the healing that can occur afterwards. Reprint. Tour.

Provides information on suicide statistics and gives advice on how to recognize the warning signs of a potential suicide attempt, how to intervene when a suicide has been attempted, and how to comfort families and friends who have lost a loved one to suicide. This updated and expanded edition contains a discussion of euthanasia and living wills and a list of crisis centers around the United States.

This book is not a suicide note. Ten days after Edouard Leve handed in the manuscript of *Suicide* to his publisher in 2007, he hanged himself in his apartment. He was 42. Two years after Jean Amery's *On Suicide* was published in 1976, the author took an overdose of sleeping pills. He was 65. In 1960, some eighteen years after Albert Camus had raised and - so he thought - resolved the question of suicide in *The Myth of Sisyphus*, he was killed in a car accident. He is alleged to have said that dying in a car crash is the most absurd of all deaths. The absurdity of his death is compounded by the fact he had an unused train ticket in his pocket. He was 46. Let me say at the outset, at the risk of disappointing the reader, that I have no plans to kill myself ... just yet. Nor do I wish to join the chorus of those who proclaim loudly against suicide and claim that the act of taking one's own life is irresponsible and selfish, even shameful and cowardly, that people must stay alive whatever the cost. Suicide, in my view, is neither a legal nor moral offence, and should not be seen as such. My intention here is to simply try to understand the phenomenon, the act itself, what precedes it and what follows. I'd like to consider suicide from the point of view of those who have made the leap, or have come close to it-we might even find that the capacity to take that leap is what picks us out as humans. I want to look at suicide closely, carefully, and perhaps a little coldly, without immediately leaping to judgements or asserting moral principles like the right to life or death. We have to look suicide in the face, long and hard, and see what features, what profile, what inherited character traits and wrinkles emerge. Perhaps what we see when we look closely is our own distorted reflection staring back at us.

'To write about suicide . to transform the subject into something beautiful - this is the foreboding task that Alvarez set for himself . he has succeeded.' *The New York Times*

Suicide would appear to be the last taboo. Even incest is now discussed freely in popular media, but the suicide of a loved one is still an act most people are unable to talk about--or even admit to their closest family or friends. This is just one of the many painful and paralyzing truths author Carla Fine discovered when her husband, a successful young physician, took his own life in December 1989. And being unable to speak openly and honestly about the cause of her pain made it all the more difficult for her to survive. With *No Time to Say Goodbye*, she brings suicide survival from the darkness into light, speaking frankly about the overwhelming feelings of confusion, guilt, shame, anger, and loneliness that are shared by all survivors. Fine draws on her own experience and on conversations with many other survivors--as well as on the knowledge of counselors and mental health professionals. She offers a strong helping hand and invaluable guidance to the vast numbers of family and friends who are left behind by the more than thirty thousand people who commit suicide each year, struggling to make sense of

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an act that seems to them senseless, and to pick up the pieces of their own shattered lives. And, perhaps most important, for the first time in any book, she allows survivors to see that they are not alone in their feelings of grief and despair.

Dubliners is a collection of picturesque short stories that paint a portrait of life in middle-class Dublin in the early 20th century. Joyce, a Dublin native, was careful to use actual locations and settings in the city, as well as language and slang in use at the time, to make the stories directly relatable to those who lived there. The collection had a rocky publication history, with the stories being initially rejected over eighteen times before being provisionally accepted by a publisher—then later rejected again, multiple times. It took Joyce nine years to finally see his stories in print, but not before seeing a printer burn all but one copy of the proofs. Today Dubliners survives as a rich example of not just literary excellence, but of what everyday life was like for average Dubliners in their day. This book is part of the Standard Ebooks project, which produces free public domain ebooks.

'Read this incredible book. I wept and I learnt' - Prof Tanya Byron 'This book comes from the heart' - Roman Kemp 'Compassionate, personal and thought-provoking' - Prof Steve Peters When you are faced with the unthinkable, this is the book you can turn to. Suicide is baffling and devastating in equal measures, and it can affect any one of us: one person dies by suicide every 40 seconds. Yet despite the scale of the devastation, for family members and friends, suicide is still poorly understood. Drawing on decades of work in the field of suicide prevention and research, and having been bereaved by suicide twice, Professor O'Connor is here to help. This book will untangle the complex reasons behind suicide and dispel any unhelpful myths. For those trying to help someone vulnerable, it will provide indispensable advice on communication, stressing the importance of listening to fears and anxieties without judgment. And for those who are struggling to get through the tragedy of suicide, it will help you find strength in the darkest of places.

A biography of the noted Mexican muralist discusses his art, his political ties and beliefs, and his marriage to the painter Frida Kahlo. Since its debut thirty years ago, this favorite by one of the world's most beloved grief counselors has found a place in the homes and hearts of hundreds of thousands of mourners across the globe. Filled with compassion and hope, Understanding Your Grief helps you understand and befriend your painful, complex thoughts and feelings after the death of someone loved. Befriending grief may sound counterintuitive, but actually, your grief is your love for the person who died in a different form, and like that love, it's also natural and necessary. Perhaps above all, Understanding Your Grief is practical. It's built on Dr. Wolfelt's Ten Touchstones, which are basic principles to learn and actions to take to help yourself engage with your grief and create momentum toward healing. This second edition maintains the content of the first edition but builds on it by adding concise wisdom on new topics such as the myth of closure, complicated and traumatic grief, grief overload, unmourned grief, loneliness, the power of ritual, and more. Excellent as an empathetic handbook for anyone in mourning as well as a text for support groups, Understanding Your Grief pairs with a guided journal (The

WITH A NEW PREFACE BY THE AUTHOR In her bestselling classic, An Unquiet Mind, Kay Redfield Jamison changed the way we think about moods and madness. Dr. Jamison is one of the foremost authorities on manic-depressive (bipolar) illness; she has also experienced it firsthand. For even while she was pursuing her career in academic medicine, Jamison found herself succumbing to the same exhilarating highs and catastrophic depressions that afflicted many of her patients, as her disorder launched her into ruinous spending sprees, episodes of violence, and an attempted suicide. Here Jamison examines bipolar illness from the dual perspectives of the healer and the healed, revealing both its terrors and the cruel allure that at times prompted her to resist taking medication. An Unquiet Mind is a memoir of enormous candor, vividness, and wisdom—a deeply powerful book that has both transformed and saved lives.

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From the author of the best-selling memoir *An Unquiet Mind*, comes the first major book in a quarter century on suicide, and its terrible pull on the young in particular. *Night Falls Fast* is tragically timely: suicide has become one of the most common killers of Americans between the ages of fifteen and forty-five. An internationally acknowledged authority on depressive illnesses, Dr. Jamison has also known suicide firsthand: after years of struggling with manic-depression, she tried at age twenty-eight to kill herself. Weaving together a historical and scientific exploration of the subject with personal essays on individual suicides, she brings not only her remarkable compassion and literary skill but also all of her knowledge and research to bear on this devastating problem. This is a book that helps us to understand the suicidal mind, to recognize and come to the aid of those at risk, and to comprehend the profound effects on those left behind. It is critical reading for parents, educators, and anyone wanting to understand this tragic epidemic.

NATIONAL BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. A NATIONAL BOOK AWARD FINALIST • A MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE *A Little Life* follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara’s stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara’s new novel, *To Paradise*, coming in January 2022.

Shneidman (U. of California at Los Angeles) examines the case of an individual suicide, bringing together interviews with his family and friends, involved professionals, and "consultations" with other psychiatrists specializing in suicide in order to conduct a post-mortem "autopsy" of the psychological state that led to the young man's death.

Honest, gentle advice for those who have survived an unspeakable loss—the suicide of a loved one. Surviving the heartbreak of a loved one's suicide - you don't have to go through it alone. Authors Beverly Cobain and Jean Larch break through suicide's silent stigma in *Dying to Be Free*, offering gentle advice for those left behind, so that healing can begin.

The Gospel According to Mamma is a collection of twenty-one extraordinary lessons the author learned from her charming and captivating mamma. These “mamma teachings” are packed with sassy inspiration, practical insights and real-life anecdotes. Leaving Georgia with her mamma late one September night when her daddy was en route to end their lives marked the beginning of a lifetime of instruction. How to maintain faith in God and yourself, love the hell out of folks and be happy when there's no obvious reason to be are just a few of the messages you'll find in this book. PRAISE FOR THE GOSPEL ACCORDING TO MAMMA “Annette’s first book is a winner! She picked the perfect subject – her irrepressibly joyous mother, who has given her daughter important and inspiring words of wisdom to cherish. If you yearn to help your daughter navigate life experiences with assurance and spunk, give her *The Gospel According to Mamma*.” —Mary Jo Beebe, coauthor of *Jesus’ Healings* and *New Testament Healings* “If only there were more mothers like Annette Bridges’ mamma: always encouraging, always believing the best of her children, a ‘steel magnolia’ whose motherly advice is based on the Bible and common sense. Remembering events in her own past, Annette gives us 21 valuable life lessons based on the wisdom of her indefatigable Southern mamma.”—Renee Corley, former editor at UPI’s religionandspirituality.com “Once you get to the end of reading about Mamma and her wonderful lessons, you will walk away a little wiser. Annette puts life in perspective. She lives a fulfilling life, just as her Mamma taught her.

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Whether to find your faith, believe in your self or master the ability to see the good in others, Mamma lessons help you find the positive. There is much to learn from these strong and inspiring women.” —SingleMom.com “A look into the heart and soul of Annette Bridges. It could be anyone’s story, but it couldn’t be told any better.” —Bob Belcher, Managing Editor, Corsicana Daily Sun “For anyone who has ever had a mother (and you know who you are), synthesizing that experience can leave many of us speechless. It is ‘good news’ that Annette Bridges is at no loss for words. She liberally shares her mom’s gospel in deep drafts of down-to-earth good sense and faith, liberally laced with Southern humor.” —Susan J. Cobb, author of *Virgin Territory: How I Found My Inner Guadalupe* “Irresistibly heartfelt. Perfect for all mothers and daughters, past, present and future!” —Jennifer Bridges, author’s daughter and Ph.D. student “I have been hearing stories about Nellie, Annette’s Mamma for the last 25 years. Annette makes you feel like you are sitting down with her in her ranch house or on that beach she talks about going to while she shares her Mamma with you from her perspective, with the insights she has gained over her lifetime. I hope you enjoy getting to know Nellie and Annette, 2 Georgia peaches transplanted to Texas. I love the way Annette brings the Bible into her daily life and shares it with us so that we can feel the love of God that is so present today in her life and illustrates how the Bible can show us how to go in ours. Way to go Girlfriend... you finally did it! You wrote a book and it’s a winner! I can’t wait to share this with my family and friends!” —Kathy Glover, friend to both Annette and her mamma

We need to get it in our heads that suicide is not easy, painless, cowardly, selfish, vengeful, selfmasterful, or rash; that it is not caused by breast augmentation, medicines, "slow" methods like smoking or anorexia, or, as some psychoanalysts thought, things like masturbation; that it is partly genetic and influenced by mental disorders, themselves often agonizing; and that it is preventable and treatable.

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"The Suicidal Mind" brims with insights into the suicidal impulse and with helpful suggestions for counteraction methods. Throughout, Dr. Edwin Shneidman offers practical, explicit maneuvers to assist in treating a suicidal individual--steps that can be taken by concerned friends or family and professionals alike.

Fatal Freedom is an eloquent defense of every individual’s right to choose F a voluntary death. By maintaining statutes that determine that voluntary death is not legal, Thomas Szasz believes that our society is forfeiting one of its basic freedoms and causing the psychiatric medical establishment to treat individuals in a manner that is disturbingly inhumane. Society’s penchant for defining behavior it terms objectionable as a disease has created a psychiatric establishment that exerts far too much influence over how and when we choose to die. In a compelling argument that clearly and intelligently addresses one of the most significant ethical issues of our time, Szasz compares suicide to other practices that historically began as sins, became crimes, and now arc seen as mental illnesses.

This is a frank, compassionate book written to those who contemplate suicide as a way out of their situations. The author issues an invitation to life, helping people accept the imperfections of their lives, and opening eyes to the possibilities of love.

The definitive work on the profound and surprising links between manic-depression and creativity, from the bestselling

psychologist of bipolar disorders who wrote *An Unquiet Mind*. One of the foremost psychologists in America, “Kay Jamison is plainly among the few who have a profound understanding of the relationship that exists between art and madness” (William Styron). The anguished and volatile intensity associated with the artistic temperament was once thought to be a symptom of genius or eccentricity peculiar to artists, writers, and musicians. Her work, based on her study as a clinical psychologist and researcher in mood disorders, reveals that many artists subject to exalted highs and despairing lows were in fact engaged in a struggle with clinically identifiable manic-depressive illness. Jamison presents proof of the biological foundations of this disease and applies what is known about the illness to the lives and works of some of the world's greatest artists including Lord Byron, Vincent Van Gogh, and Virginia Woolf.

"In his Pulitzer Prize-winning poetry, Robert Lowell (1917-1977) put his manic-depressive illness into the public domain. Now Dr. Kay Redfield Jamison brings her expertise to bear on his story, illuminating the relationship between bipolar illness and creativity, and examining how Lowell's illness and the treatment he received came to bear on his work"--

The conventional approach to suicide is psychiatric: ask the average person why people kill themselves, and they will likely cite depression. But this approach fails to recognize suicide's social causes. People kill themselves because of breakups and divorces, because of lost jobs and ruined finances, because of public humiliations and the threat of arrest. While some psychological approaches address external stressors, this comprehensive study is the first to systematically examine suicide as a social behavior with social catalysts. Drawing on Donald Black's theories of conflict management and pure sociology, *Suicide* presents a new theory of the social conditions that compel an aggrieved person to turn to self-destruction. Interpersonal conflict plays a central but underappreciated role in the incidence of suicide. Examining a wide range of cross-cultural cases, Jason Manning argues that suicide arises from increased inequality and decreasing intimacy, and that conflicts are more likely to become suicidal when they occur in a context of social inferiority. As suicide rates continue to rise around the world, this timely new theory can help clinicians, scholars, and members of the general public to explain and predict patterns of self-destructive behavior.

Integrating research from multiple disciplines, this text provides a comprehensive perspective on suicide and examines what works in prevention and intervention. The author is a pioneering researcher and clinician who addresses the classification, prevalence, and assessment of suicide and self-destructive behaviors and explores risk factors at multiple levels, from demographic variables, personality traits, psychiatric diagnoses, and neurobiological factors to the social and cultural context. Student-friendly features include text boxes that dive deeply into specific issues, instructive figures and tables, thought-provoking clinical cases, and engaging examples from literature and popular culture. The text reviews medical and psychosocial treatment and prevention approaches, discusses ways to help those bereaved by suicide, and

considers issues of professional liability.

For much of his thirties, Jesse Bering thought he was probably going to kill himself. He was a successful psychologist and writer, with books to his name and bylines in major magazines. But none of that mattered. The impulse to take his own life remained. At times it felt all but inescapable. Bering survived. And in addition to relief, the fading of his suicidal thoughts brought curiosity. Where had they come from? Would they return? Is the suicidal impulse found in other animals? Or is our vulnerability to suicide a uniquely human evolutionary development? In *Suicidal*, Bering answers all these questions and more, taking us through the science and psychology of suicide, revealing its cognitive secrets and the subtle tricks our minds play on us when we're easy emotional prey. Scientific studies, personal stories, and remarkable cross-species comparisons come together to help readers critically analyze their own doomsday thoughts while gaining broad insight into a problem that, tragically, will most likely touch all of us at some point in our lives. But while the subject is certainly a heavy one, Bering's touch is light. Having been through this himself, he knows that sometimes the most effective response to our darkest moments is a gentle humor, one that, while not denying the seriousness of suffering, at the same time acknowledges our complicated, flawed, and yet precious existence. Authoritative, accessible, personal, profound—there's never been a book on suicide like this. It will help you understand yourself and your loved ones, and it will change the way you think about this most vexing of human problems.

Explores the role of exuberance in humankind's most important creative and scientific accomplishments, discussing the nature of joy and its relationship to intellectual curiosity, creativity, risk-taking, and survival.

Suicide: a hidden stigma, a damnable sin, a shame or an embarrassment. That's what "they" say. We have all been told what to think and how to feel, about suicide, for as long as any of us can remember. It's time to rebuild your paradigm, based on love. Susan Rushing had done countless psychic readings, over the years. But, one day she gave a reading which changed the course of her life. A shaggy-headed boy, who had committed suicide, only three months before, brought information and visions that were nothing less than mind-blowing and belief shattering. After that, readings for suicide victims became a regular occurrence. Susan's long standing patterns of belief toward suicide changed drastically. She felt she understood suicide, and how it was processed on the other side. That is, until the rainy night, in 2010, when her daughter's father ended his own life. Two years have passed since that crazy night. Through internal searching, meditation, dozens more suicide readings, and the messages they delivered have led Susan to a new way of healing. This healing process is based on the methods used to heal on the other side. Susan shares that knowledge, as well as many of the readings and messages she has been given. She also shares information to help you re-develop your way of thinking about the religious, legal, and social ramifications of suicide and those who are left behind.

Describes the author's attempted suicide after being diagnosed with bipolar disorder, the breakdowns that challenged his efforts to live with his illness, and his work as a mental health advocate.

The wind was gusting around the Golden Gate Bridge on a March afternoon in 2005 when a 22-year-old man climbed the railing,

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convinced he and this world would be better without each other. He put himself on a thin beam 220 feet above the Pacific Ocean. The man had just lost his job and felt overwhelmed as a new father. Kevin Berthia wanted to die, and he had come to the world's most effective suicide destination to make that happen. That's when he met a highway patrolman, a former Army soldier and San Quentin State Prison guard named Kevin Briggs. "I know you must be in tremendous pain," Briggs said over the railing. "If you want to talk, I'm here to listen." The next 90 minutes saved Berthia's life. In *Guardian of the Golden Gate*, Briggs shares his experiences with the help of people who credit their lives to him. His inspiring story will help shine a light on a killer that lurks in the darkness and show people signs to look for and the value of hope. You will gain insight into this steadfast hero that will allow you to see why he's known as the Golden Gate's guardian. Kevin Briggs aims to promote mental illness awareness and ultimately break the stigmas associated with it. By reading this book, you join him in that pursuit. Suicide is preventable. There is hope. There is help.

Stephen King's legendary debut, the bestselling smash hit that put him on the map as one of America's favorite writers "Gory and horrifying. . . . You can't put it down." —Chicago Tribune Unpopular at school and subjected to her mother's religious fanaticism at home, Carrie White does not have it easy. But while she may be picked on by her classmates, she has a gift she's kept secret since she was a little girl: she can move things with her mind. Doors lock. Candles fall. Her ability has been both a power and a problem. And when she finds herself the recipient of a sudden act of kindness, Carrie feels like she's finally been given a chance to be normal. She hopes that the nightmare of her classmates' vicious taunts is over . . . but an unexpected and cruel prank turns her gift into a weapon of horror so destructive that the town may never recover.

Albert Y. Hsu wrestles with emotional and spiritual questions surrounding suicide, ultimately pointing survivors to the God who offers comfort in our grief and hope for the future. This revised edition now includes a discussion guide for suicide survivor groups. According to the American Foundation for Suicide Prevention, in our lifetimes 80 percent of us will have some up-close experience with the suicide of someone we know. And more than 20 percent of us will have a family member die by suicide. Journalist Eric Marcus knows this better than most people. In 1970, his father took his life at the age of 44. In 2008, his 49-year-old sister-in-law took her life as well. In a completely revised and updated edition of the landmark original *Why Suicide ?*, Eric Marcus offers thoughtful answers to scores of questions about this complex, painful issue, from how to recognize the signs of someone who is suicidal to strategies for coping in the aftermath of a loved one's death. No matter what the circumstances, those of us who are affected by suicide are left with difficult and disturbing questions: Why did they do it? Was it my fault? What should I tell people when they ask what happened? Is someone who attempts suicide likely to try again? What should I do if I'm thinking of killing myself? Drawing from his own experience, as well as interviews with people who have been touched by suicide, Eric Marcus cuts through the veil of silence and misunderstanding to bring clarity, reassurance, and comfort to those who so desperately need it.

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