

Nigel Benn

In 'Ghosts of the Fisher' Anthony Whatley takes the reader on a journey from the Fisher Boxing Club down at the Docks at Tooley Street, through the boxing halls and amateur boxing clubs, and describes some of the colourful people that he had the good fortune to meet on the way.

A Round of Boxing is a journey through time looking at the many astonishing feats which have taken place inside the square ring over the years. From the first world heavyweight title fight which took place under the Marquess of Queensberry Rules in 1892 between John L. Sullivan and James J. Corbett to the present time. The Fascinating facts are presented in chronological order in an easy to read way .The features inside the book include not just the world champions but the many other fighters both male and female who have hence put on the gloves and graced the professional and amateur rings during their careers. The many facts include highlights from every weight division from the strawweight to the heavyweight poundage. Details of when the various fight organizations who thus control the sport came in to existence. The book is Illustrated by a number of photographs both action and portrait. A knockout read which the regular and casual follower's of boxing will find to be of great interest thus adding to their knowledge about the sport.

From the bestselling author of the “glorious, heartfelt” (Rowan Coleman, New York

Times bestselling author) novel *The Magnificent Mrs. Mayhew* comes a warm-hearted tale about two people brought together by fate. Laurie and Pete should never have met. But life has a different idea. Six months ago, on the same night, Laurie and Pete both lost their partners. Overwhelmed by their grief, they join the same counselling group...and change their lives forever. From their profound sadness, Pete and Laurie begin to find happiness and healing. Except, the more they get to know one another, the more Laurie begins to spot the strange parallels in their stories. Then Pete discovers a truth that changes everything—one which threatens to reverse everything they've worked towards. But, as surely as a compass points north, some people cannot be kept apart. With Milly Johnson's signature "warm, optimistic, and romantic" (Katie Forde, bestselling author) style, *My One True North* is an unforgettable exploration of the power of love, friendship, and hope.

'Pain and Injury in Sport' presents a unique approach to the topic, integrating social and ethical aspects and offering much-needed critical analysis of the rapidly developing field of sports medicine.

Charles Bronson, classified as the most dangerous prisoner in the UK penal system, reveals who's who in this A-Z guide of the underworld and beyond. It contains many characters with unusual names who influenced Bronson's life and leave little to the imagination: The Wizard, Semtex Man and Pie Man.

The Zulu Army of Birmingham City occupies a unique place in the annals of terrace

violence: Britain's biggest multi-racial football firm. BBC Journalist Caroline Gall was granted unprecedented access to the gang and spent a year interviewing Zulu leaders and footsoldiers. She traces how they emerged from a shadowy group called the Apex on the St Andrew's terraces to become one of the "top five" mobs in the country, uncovers their role in some of the worst football-related riots of modern times and looks in-depth at Operation Red Card, the successful police operation against them. Gall also traces the emergence of offshoot gangs such as the Junior Business Boys and chronicles some of their major confrontations, culminating in the infamous Battle Of Rocky Lane. "At last, a book that deals with football hooligan culture without tabloid sensationalism." KNAVE

Ken Gorman has gathered together a superb collection of fight reports, personal testimonies and reminiscences from some of the greatest boxers the world has ever seen. Spanning over four decades, this book features forty breathtaking encounters. Was there ever a more stunning victory than that of Steve Robinson, who won a world title with only two days' notice? Was anything more astonishing than the triumph of Lloyd Honeyghan, or more shocking than the punch from hell that made the world aware of the potent threat of Lennox Lewis? What about that incredible first round when Marvin Hagler met Tommy Hearns in Las Vegas, or the awesome raw power displayed in the famous Rumble in the Jungle?

Fistic combat represents the greatest human drama in all of sport. Roman gladiators

thrilled citizens and emperors alike when they entered the octagon to face an intense, life-threatening experience. Boxing, the sport of kings, also has its roots in the ancient civilizations of Greece and Rome. Banned in 500 A.D. by the Emperor Theodoric, it resurfaced twelve centuries later in England. John Milton praised it as a noble art for building character in young men, and sports writer A.J. Leibling dubbed it the Sweet Science. Many of its major protagonists - men such as Joe Louis, Rocky Marciano and Muhammad Ali - have become transcendent, near-mythic heroes. But boxing is not the only combat sport, and mixed martial arts, in all their ferocious beauty, represent the fastest growing sports genre in the world. Ultimate Fighting Championships (UFC) has joined boxing in paying seven figures to some of its champions, and draws millions in its pay-per-view events. This book details leading figures in boxing, sumo wrestling, kickboxing, Greco-Roman wrestling, and mixed martial arts (including organizations such as Ultimate Fighting, PRIDE, K-1, Total Combat, and SportFighting). Over 150 entries cover champions, contenders, and other famous combatants from all over the world, as well as legendary promoters, managers, trainers, and events. Also included in this encyclopedia are sidebars on controversies, highlights, brief bios, and other noteworthy events, along with a general timeline. .

Nigel Benn is one of the greatest boxers to have stepped into the ring. Known by his fans as The Dark Destroyer, his reputation has become legend. As a boxer, Nigel Benn is extraordinary. During his first 22 professional fights, he knocked out every single one

of his opponents--half before the first round had even ended, ensuring his rapid ascent through the ranks. In his autobiography, Nigel recounts his stunning victories, including his famous fight with Chris Eubank. However, he also shares his life outside the ring, from his time in the army, women, and his family as well as giving an astonishing insight into the darker side of his sport. Benn candidly discusses the state of boxing today and its rising stars, such as Benn's own son, Conor, and the son of his infamous rival Chris Eubank, Chris Eubank Jr. With titles such as WBO Middleweight Champion and Commonwealth Middleweight Champion, Benn established himself as a man-to-watch, and in doing so has ensured his name will go down in boxing history.

From seedy gyms to ringside at Madison Square Garden, *Ring Ramblings* takes you deep into the heart of boxing. Experience the author's own adventures in the ring and listen in to chats with the greats. Fighters like Alexis Arguello, Gerry Cooney, "Sugar" Shane Mosley, Butterbean, and Fernando Vargas tell you what it's like in the ring; and people like HBO exec Lou DiBella and famed cutman Chuck Bodak give you the lowdown on life outside the ring. With profiles of current stars like Roy Jones Jr., Oscar De La Hoya, and Prince Naseem Hamed, as well as an expansive section on women's boxing, *Ring Ramblings* gets you as close as you can get to the ring without getting hit. He is the genius behind the genius. Enzo never fought in the ring, but he still turned his son Joe into one of the top ten boxers on the planet - a World Champion with a record of 46 unbeaten fights. Now Enzo tells the extraordinary behind-the-scenes story of his

flamboyant career and the making of a fighting legend. It is much more than a round-by-round tale of ropes and gloves, and grit and glory. For the first time, Enzo opens the family album and discloses intimate details of his bruising upbringing in Sardinia, where the Mafia lurked on every corner and his father practiced 'tough love'. He talks of fleeing Italy to hitch-hike and busk his way around Europe. He charts his improbable rise from slaving as a waiter cum-cook in a seaside restaurant to support many big name chart stars such as Shirely Bassey. Not only does it provide a unique insight into the father and son relationship that conquered boxing, but also shows how the heart and determination of one self-made man serves as an example for anyone who craves success and is prepared to overcome near-impossible odds to achieve it. 'I'm a life fighter,' he says. This book proves it.

Everybody in the unlicensed fight game knows that only one man has the honour of being titled 'Guv'nor' - and that man is Lew 'Wild Thing' Yates. Yates began boxing at the age of six, and as an adult he was ruthless in pursuit of his dream of becoming world heavyweight champion. But when his licence was revoked following an assault on a referee, he turned to unlicensed boxing. By day, Yates pounded punchbags and the streets in an effort to reach the peak of physical fitness as he prepared for his epic battle with Roy 'Pretty Boy' Shaw. At night, he pounded gangsters and drug dealers foolish enough to take him on in the nightclubs where he worked. Wild Thing documents how Yates rose to the top of his bloody profession. When it comes to his

fighting ability, he doesn't need to boast, brag or exaggerate. With Lew Yates, what you see is what you hope you're never going to get. This is his remarkable story.

Do you consider yourself to be the world's biggest boxing fan? Do you look forward to, and follow, every match? Are you clued up on the history of this age old sport from bare knuckle and unlicensed through to the top-flight professional game? Then test yourself with the challenging questions contained in *The Ultimate Boxing Quiz Book* and find out how much you really know. With sections covering all aspects of the boxing world, including famous male and female fighters, nicknames, title fights, nationalities, knock-outs, southpaws, champions, referees, managers and promoters, this book is as educational as it is entertaining. Get your adrenalin pumping as you try to recall all those memorable moments from the great boxing matches of yesteryear and find out if you are a light or heavyweight when it comes to a knowledge of boxing trivia. Whether you want to learn more about late greats or brush up on the modern game this quiz book is a must have for anyone with an interest in the boxing world.

Updated by Nigel Collins, author of "Boxing Babylon", this classic "bible of boxing" has been continuously in print since 1959. Here in one stunning volume is the vast panorama of the "sweet science", from bare-knuckle fighting through the rise of Lennox Lewis. Photos throughout.

NIGEL BENN is a powerhouse among boxers. Known to his fans as the Dark Destroyer, all of his first 22 professional fights ended with him knocking out his

opponents - half of them before the first round was over. In this book, Nigel Benn tells it like it is. From the grim days he spent in the army in Northern Ireland, to his notorious battle with Chris Eubank. From the women of his past - including the girl who took his virginity when he was just twelve years old and the numerous women he has romanced since - to the love and support he has now found with his wife Carlyne and his adored children. Nigel also reveals all about the murky world of boxing politics; how the tragic death of his elder brother led him to psychotherapy; how the hypnotist Paul McKenna got Nigel's life back on track. From fighter to family man, this book explores the contrasts that make up the figure of a mighty world champion. 'NO TRUE BOXING FAN SHOULD MISS THIS BOOK - UNPUTDOWNABLE.' THE SUN 'LETS THE READER HAVE IT WITH BOTH FISTS FROM THE OPENING BELL.' BOXING MONTHLY 'IN MY GAME, THE CHOICE IS A JAIL OR A GRAVE...' Carlton Leach is a man to be reckoned with. He has earned himself respect throughout the deadly underworld he occupies - make a friend of Carlton and you have an ally for life. Cross him at your peril. For twenty years he has ranked among the toughest of Britain's brawn brigade. He was a key member of the dreaded Essex Boys gang which ran riot in the eighties and the nineties, sparking a savage drugs war which saw three of his pals wiped out in the 1995 Range Rover massacre. Even now, he knows that a bullet still has his name on it as a result of that simmering feud. Carlton was minder to boxer Nigel Benn throughout his glory years in the ring and tells of the blood, sweat and tears of their special

relationship. And he tells how he saved four of his firm from being tortured to death and their wives and daughters raped in front of them after a 10 million pound heroin consignment went missing...Carlton Leach is the ultimate hardman. His autobiography will send shivers down your spine...

A self-confessed coward, Johnny Nelson hoped his opponents wouldn't turn up. He twice froze when given the chance to take the world title. Glenn McCrory declared: 'He's scared. I don't think he'll ever do it now' and even Johnny's mother mocked him. But by the time of his recent retirement, Johnny Nelson had been undefeated world cruiserweight champion for seven years. Now Johnny relates his moving, funny, frank and inspirational story: an amazing odyssey from chump to champ. Legendary trainer Brendan Ingle, who produced a string of champions including Naseem Hamed, described Nelson as 'the biggest success story from our gym.' He might have added that the skinny kid from the wrong side of Sheffield was also the least likely to succeed. Nelson had a stubborn streak. Determined not to let early failures stop him, he went into exile, taking fights all over the world to learn his craft. Finally, nine years after being booed from the ring, he earned the respect of everyone. Along the way he encountered the dark side of boxing: the drugs, the gangsters and the gamblers who wanted him to fix fights. He fell out with his best mates Herol Graham and Naseem Hamed and for the first time reveals exactly why they no longer talk. He tells the terrifying story of a plot to kidnap him. Johnny Nelson's story will appeal beyond fight fans as a straightforward,

honest account of overcoming personal fears and terrible setbacks to become the best in the world.

King of the Journeymen is the gripping autobiography of Peter Buckley, a pro boxer who fought 300 times and was a 'stepping stone' for world champions such as Naseem Hamed and Duke McKenzie. As a boy, Buckley shone as an amateur boxer, but outside the ring he was heading for trouble. He was suspended numerous times from school and sent to prison at age 15 for assault and robbery. Whilst inside, his father died. His life felt hopeless and seemed to be going nowhere. But after his release he turned to professional boxing and things started to improve. Labelled a journeyman, he fought often and lost often, whilst earning more money than he'd thought possible. Buckley never refused a fight, often accepting bouts at a few hours' notice or after a night out. King of the Journeymen is an inspirational tale of a man tenaciously fighting for a better life. Although he lost more fights than he won, Buckley persevered with his career and attained widespread respect from boxers and fans alike.

The weekly source of African American political and entertainment news.

Nigel Benn - Dark Destroyer
The Autobiography of Britain's Most Destructive
Fighter
Kings Road Publishing

The fully revised and updated version of this classic text examines the link between three key obsessions of the 21st century: the media, sport and popular culture.

Gathering new material from around the 2007 Rugby World Cup, the Beijing Olympics

and the rise of new sports stars such as boxing's Amir Khan and cycling's Victoria Pendleton, the authors explore a wide range of sports, as well as issues including nationalism, gender, race, political economy and the changing patterns of media sport consumption. For those interested in media and sport the second edition combines new and original material with an overview of the developing field of media sport, and examines the way in which the media has increasingly come to dominate how sport is played, organized and thought about in society. It traces the historical evolution of the relationship between sport and the media and examines the complex business relationships that have grown up around television, sponsors and sport. Covers the following topics: the history of media in sport; television, sport and sponsorship; why sport matters to television; sports stars; sports journalism; fans and the audience; sport in the digital media economy.

25th February 1995 The Dark Destroyer vs the G-Man Nigel Benn and Gerald McClellan Two men with a reputation to defend - a reputation for brutal, unforgiving combat both in the ring and outside it. Ostensibly, they were fighting for a world title and a lot of money, the stuff of professional boxing. But this fight was different. It was a rare collision of wills, and few present had seen anything like it. After ten of the most gruelling and vicious rounds that the sport of boxing has ever witnessed McClellan finally was defeated. He knelt in his corner on one knee in submission. And he never got up. This is the story of what brought these two men together on the night of 25th

February 1995 and how that night changed them forever. It's a story too about those associated with the promotion of public fist-fighting, who bend morality to suit their needs. It's a story that attempts to unravel the glamour of violence. William Hill Sports Book of the Year Finalist.

Tony Benn is the longest serving MP in the history of the Labour Party. He left Parliament in 2001, after more than half a century in the House of Commons, to devote more time to politics. This volume of his Diaries describes and comments, in a refreshing and honest way, upon the events of a momentous decade including two world wars, a change of government in Britain and the emergence of New Labour, of which he makes clear he is not a member. Tony Benn's account is a well documented, formidable and principled critique of the New Labour Project, full of drama, opinion, humour, anecdotes and sparkling pen-portraits of politicians on both sides of the political divide. But his narrative is also broader and more revealing about day-to-day political life, covering many aspects normally disregarded by historians and lobby correspondents, relating to his work in the constituency, including his advice surgeries. This volume also offers far more of an insight into Tony Benn's personal life, his thoughts about the future and his relationship with his family, especially his remarkable wife Caroline, whose illness and death overshadow these years. Tony Benn is a unique figure on the British political landscape: a true democrat, a passionate socialist and diarist without equal. With this volume, his published Diaries cover British politics for

over sixty years. It is edited, as are all others, by Ruth Winstone. The first book of its kind dedicated to an assessment of the legality of boxing, *The Legality of Boxing: A Punch Drunk Love?* assesses the legal response to prize fighting and undertakes a current analysis of the status of boxing in both criminal legal theory and practice. In this book, Anderson exposes boxing's 'exemption' from contemporary legal and social norms. Reviewing all aspects of boxing - historical, legal, moral, ethical, philosophical, medical, racial and regulatory - he concludes that the supposition that boxing has a (consensual) immunity from the ordinary law of violence, based primarily on its social utility as a recognised sport, is not as robust as is usually assumed. It suggests that the sport is extremely vulnerable to prosecution and might in fact already be illegal under English criminal law outlines the physical and financial exploitation suffered by individual boxers both inside and outside the ring, suggesting that standard boxing contracts are coercive thus illegal and that boxers do not give adequate levels of informed consent to participate advocates a number of fundamental reforms, including possibly that the sport will have to consider banning blows to the head proposes the creation of a national boxing commission in the US and a similar entity in the United Kingdom, which together would attempt to restore the credibility of a sport long known as the red-light district of sports administration. An excellent book, it is a must read for all those studying sports law, popular culture and the law and jurisprudence. To his many fans around the world, Nigel Benn is the Dark Destroyer, a fighter of

awesome and devastating power. His first 22 professional fights ended with him knocking out all of his opponents - half of them before the first round was over. Nigel Benn opens his heart in this revealing biography.

On 24 November 2012, four-time World Champion boxer Ricky Hatton dropped to his knees, felled by a sickening punch to the body in his first comeback fight in almost three years. Gasping for breath, down and out, it was then that something extraordinary happened: 20,000 fans began to sing his name. Ricky Hatton: War and Peace is the story of one of British boxing's true icons. From a Manchester council estate to the bright lights of Las Vegas, Ricky Hatton experienced incredible highs in his career, including one of the greatest ever wins by a British boxer, over the IBF Light Welterweight champion Kostya Tszyu. But heavy defeats to two legends of the ring, Floyd Mayweather and Manny Pacquiao, brought him quickly down to earth to face a new set of battles against depression, drink and drugs. Written with his trademark honesty and wit, this is the inspiring story of a charismatic, funny, straight-talking fighter who boxing fans have always taken to their hearts; a man who has survived a lifetime of wars both in and out of the ring, and who only now is finding something close to peace. The first thing that caught my eye was the geezer with the gold tooth - the second was that he was holding a shooter - and the third that he was pointing it at me.'

Carlton Leach is a gangland legend - the mere mention of his name strikes fear into his enemies; yet to his friends he is as loyal and caring as they come. If trouble comes calling, Carlton isn't afraid to let his fists do the talking and woe betide anyone who crosses him, or those close to him. At last, in *Rise of the Footsoldier*, Carlton gives the full account of his life including how his story has been made into a hugely successful film. Born and raised in East London, Carlton was a key member of the notorious Essex Boys gang and the West Ham InterCity Firm, one of the most violent hooligan gangs to trouble the football terraces during the eighties. He's been shot at, stabbed, glassed - he's even had an axe in his head. Yet the event that really brought turmoil into his life was the murder of his best friend in the infamous Range Rover murders. Carlton vowed that he would find those responsible and make them pay. There isn't much that Carlton hasn't seen or experienced in his life and his tales of violence, gang wars and close calls with death will have you on the edge of your seat. He knows how close he has come to dying and has therefore shut the door on a gangland life. He may have changed but, as he himself says, 'I'll always need to exercise the Carlton Leach brand of justice. It's in me -

Josh Lewsey is a household name in English rugby. He has been a Rugby World Cup winner, part of the prestigious British Lions squad and a crucial member of

the Wasps team, one of the most successful UK premieriership rugby sides of the last 10 years. Not content with just being a rugby player, his life off the pitch has been equally impressive. He is a graduate in both Law and Physiology, a former Army Officer and an avid adventurer. This fascinating and humorous autobiography follows the highs and the lows that inevitably come from being at the top of a professional sport. His refreshingly honest approach means that he offers real insight into the personalities and attitudes that make up the rugby world, as well as the lessons that he has learnt along the way to reach the pinnacle of his game.

Love him or loathe him, Chris Eubank is one of life's more eccentric personalities who has transcended the world of boxing and established himself as a media celebrity and role model to millions of fans the world over. His story is both gripping and extraordinary.

2014 marked the 25th anniversary of the first bout in the epic battle between Nigel Benn, Michael Watson and Chris Eubank to contest the WBO Middleweight Championship that would keep us entertained for five manic, magnificent and ultimately tragic years, marking the start of an epic saga in British Boxing. The fight took place a month after the Hillsborough disaster and was screened live on TV, in a slot now dominated by talent contests. It was a time when kids could

stay up late to watch 12 rounds of madness. It was also the last Golden Era of British Boxing. While for us these greats of British boxing provided entertainment away from the hooliganism of football, for them it was much more personal. Rivalries exist in every sport, but their loathing was real and in the ring it nearly became deadly. But this is what the swaggering early-90's Britain tuned in for. These three fighters were Britain's alpha-ego. They made the country proud. No Middle Ground takes us back to the years when these boxers pounded the heavy bags and tells their story as well as that of Britain's love affair with the sport, and how these fight came to define them and us. In tracing the boxers' journeys to centre-stage Sanjeev Shetty reveals the story of the dark side of Thatcher's nation - the blood, the sweat, the dangerous hatred that fuelled these men, and the ultimate price they would pay for their moment in the sun.

A Social History of Sheffield Boxing combines urban ethnography and anthropology, sociological theory and place and life histories to explore the global phenomenon of boxing. Raising many issues pertinent to the social sciences, such as contestations around state regulation of violence, commerce and broadcasting, pedagogy and elite sport and how sport is delivered and narrated to the masses, the book studies the history of boxing in Sheffield and the sport's impact on the cultural, political and economic development of the city since the

18th century. Interweaving urban anthropology with sports studies and historical research the text expertly examines a variety of published sources, ranging from academic papers to biographies and from newspaper reports to case studies and contemporary interviews. In Volume II, Bell and Armstrong examine the revival of Sheffield boxing after the decline of the 1950s and 1960s outlined in Volume I. Instigated by two men from outside the city—Brendan Ingle and Herol Graham—this renaissance became known as the ‘Ingle style,’ which between 1995 and 2014 produced four world champions: Naseem Hamed, Johnny Nelson, Junior Witter and Kell Brook. These successes inspired others and raised Sheffield’s profile as a boxing city, which in the 1990s and 2000s produced two more world champions in Paul ‘Silky’ Jones and Clinton Woods. In this second volume, Bell and Armstrong track the resurgence of boxing to the present day and consider how the game and its players have changed over time. "From a Poor Black kid off a rough White estate....to the 'Richest Prize in Sport' the Heavyweight Championship of the World" Read my incredible journey in I am the Referee!!"Being cheated out of their dream would destroy most people. Not Ian John-Lewis...He used the hurt and pain of this to propel himself to not just become one of the Worlds best referees but one of the most respected men in boxing today.The only Black boy in his school and growing up in the sixties,

wasn't the easiest start, but his character ensured he overcame any disadvantage life would throw at him. Ian had to earn respect, and has earned it, by being true to himself and fair to all....whatever the consequences.From the inmates he has locked up, the boxers he fought and refereed, to the business men and promoters in boxing, no one has a bad word to say about Ian John-Lewis.He is the Championship Contender cheated out of his shot, the man who has refereed the oldest boxing World Champion and one of only five British referees to be the 'Invisible Man' at the Heavyweight Championship of the World.HE IS A FAIR MANHE IS IAN JOHN-LEWISHE IS THE REFEREE.

From the streets of Peckham to the neon-lit strip of Las Vegas, Frank Maloney's life has been a roller-coaster ride that even he finds hard to believe at times. The Cockney-born son of Irish parents, who once harboured thoughts of becoming a priest, instead went on to manage Lennox Lewis for 12 years and help him become the undisputed heavyweight champion of the world.In No Baloney, Frank lifts the lid on the world of big-time boxing and its household names, and gives a remarkable account of his time with Lewis, revealing stories and offering opinions that can only come from a true insider. He also gives an insight into the way money, sex, drugs, politics, bribery and corruption have played their part in the sport. But Maloney's story is not just about boxing. It is also about one of life's characters, whose colourful story is told with a brand of humour and emotion that makes it compelling reading. Before settling on a career in boxing, he tried his hand at being a jockey, street trader, chef, pub landlord, cab

driver and greengrocer. Along the way there have been girls, fights, a murder investigation and a broken marriage, but through it all there has also been a determination to succeed against the odds. Once dubbed a 'Mental Midget' and 'Pugilistic Pygmy' by Don King, Frank Maloney has gone on to have the last laugh over the flamboyant American promoter and over those who believed he would fail. For, above all, No Baloney is the story of a man who has been lucky enough to experience the kind of life he could not have imagined in his wildest dreams all those years ago in south-east London - and Maloney has made sure he's lived it to the full.

ESSEX BOYS is the brand new edition of the shocking bestseller known as SO THIS IS ECSTASY?. It is the true story of the rise of one of the most violent and successful criminal gangs of the 90's whose reign of terror was finally terminated when the three leaders were brutally murdered in their Range Rover one winter's evening. On their way they had built the drug-dealing organisation that which supplied the pill that killed Leah Betts. They were responsible for a wave of intimidation, beatings and murder. Until, it seems, they took one step too far. Now there is compelling evidence that the men convicted of shooting the dead men are innocent. Which means the real murderers are still at large. Bernard O'Mahoney was a key member of what has been one of the most feared gangs of the decade. His inside account of their cold-blooded violence reveals that facts can be more terrifying than fiction.

WINNER OF THE 1996 WILLIAM HILL SPORTS BOOK OF THE YEAR PRIZE. In the early 1990s, Donald McRae set out to discover the truth about the intense and forbidding world of professional boxing. Travelling around the States and Britain, he was welcomed into the inner sanctums of some of the greatest fighters of the period - men such as Mike Tyson, Chris Eubank, Oscar de la Hoya, Frank Bruno, Evander Holyfield and Naseem Hamed among them.

Read PDF Nigel Benn

They opened up to him, revealing unforgettable personal stories from both inside and outside the ring, and explaining why it is that some are driven to compete in this most brutal of sports, risking their health and even their lives. The result is a classic account of boxing that remains as fresh and entertaining as when it was first published almost 20 years ago. McRae approaches his subjects with wit, compassion and insight, and the result was a book that was a deserved winner of the William Hill Sports Book of the Year prize.

Nigel Benn is a powerhouse among boxers. Known to his fans as the Dark Destroyer, his first 22 professional fights ended with him knocking out all his opponents—half of them before the first round was over. In this book, Nigel Benn tells it like it is. From the grim days he spent in the army in Northern Ireland, to his notorious battle with Chris Eubank. From the women of his past—including the girl who took his virginity when he was just 12 years-old and the numerous women he has romanced since—to the love and support he has now found with his wife Carlyne and his adored children. He also reveals the truth about the murky world of boxing politics, how the tragic death of his elder brother led him to psychotherapy, and how the hypnotist Paul McKenna got his life back on track. From fighter to family man, this book explores the contrasts that make up the figure of a mighty world champion.

Chris Eubank, with his jodhpurs and gold-topped cane, who lisped in his posh accent about his distaste for the business of 'pugilism', could not have appeared more different from Nigel Benn, 'The Dark Destroyer', the Essex boy who had battled with his demons to reach the top of the boxing world. Their boxing style was just as contrasting, and it was inevitable that they would have to settle their differences in the ring. Their first bout for the WBO world middleweight title, in Birmingham in November 1990, was a brutal affair, widely held to be one of the all-time

Read PDF Nigel Benn

great contests. Eubank emerged victorious over Benn, the people's champion, and immediately fans called for a rematch. But, for three years, the two men circled each other before coming together again in front of over 40,000 fans at Old Trafford and a global TV audience estimated at 500 million. Author Ben Dirs has interviewed the key protagonists to tell a story that gripped the nation and that still resonates today, 20 years on. It is a tale that reveals the best and the worst of boxing, while revealing the truth that lay behind the public facade.

[Copyright: 704608badfe63e3eee4291ac9ad04649](https://www.pdfdrive.com/nigel-benn-pdf-free.html)