

National Trust Go Wild In The Woods 2018 Ace Best Product Awards Finalist

A glorious celebration of nature and the simple pleasures of walking. This pocket-sized book has a perfect country walk for every time of year. The 100 walks show you the highlights of every season, from the beautiful bluebell woods of spring and the wildflower meadows of summer to the spectacular colours of autumn and the stark grandeur of winter. The routes cover all of Britain (including Scotland) and they're all easy or moderate in their difficulty – ideal for relaxed strolls and families. As well a map and comprehensive directions, each walk has information about other fun activities in the area and nearby cafes and restaurants.

Mama, do you love me? Yes I do Dear One. How much? In this universal story, a child tests the limits of independence and comfortingly learns that a parent's love is unconditional and everlasting. The story is made all the more captivating by its unusual Arctic setting. The lyrical text introduces young readers to a distinctively different culture, while at the same time showing that the special love that exists between parent and child transcends all boundaries of time and place. The story is beautifully complemented by graphically stunning illustrations that are filled with such exciting animals as whales, wolves, puffins, and sled dogs, and a carefully researched glossary provides additional information on Arctic life. This tender and reassuring book is one

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that both parents and children will turn to again and again.

Have you ever made mud pies? Or a secret den? Winnie-the-Pooh, Tigger, Eeyore and their friends have come up with 50 outdoor activities they think everyone should enjoy before their 6th birthday. With helpful hints and spaces for your records and photographs, this book is the perfect introduction to the wonders of the outdoors and a helpful guide for parents. It's packed with ideas to keep little ones busy at weekends and during school holidays. Activities range from spotting animal babies to making your own tree monster so that, whatever the weather, children can enjoy the magic of playing outdoors.

From the best-selling author and rewilding pioneer Isabella Tree, *When We Went Wild* is a heartwarming, sustainably printed picture book about the benefits of letting nature take the lead, inspired by real-life rewilding projects. Nancy and Jake are farmers. They raise their cows and pigs, and grow their crops. They use a lot of big machines to help them, and spray a lot of chemicals to get rid of the weeds and the pests. That's what all good farmers do, isn't it? And yet, there is no wildlife living on their farm. The animals look sad. Even the trees look sad! One day, Nancy has an idea... what if they stopped using all the machines, and all the chemicals, and instead they went wild? The author's own experience of rewilding her estate at Knepp in West Sussex, England, has influenced conservation techniques around the world that are bringing nature back to the countryside and bringing threatened species back from the brink. Ivy Kids brings

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you beautiful, sustainably printed books to rewild your child. They are hopeful, joyful stories and nonfiction about nature and the environment that are charmingly illustrated and printed on 100% post-consumer recycled paper, locally in the US, and using renewable energy. Praise for Wilding, the author's best-selling memoir: "In a story that is part personal memoir, part work of conservation, Tree reveals the capacity of the wild to reclaim the land--as long as humans step out of the way." --Smithsonian, "The Ten Best Science Books of 2018" "Wilding is both a timely and important book." --Tim Flannery, The New York Review of Books

Fiona Danks and Jo Schofield are back with more wonderful ideas for fun outdoors even in the most challenging weather! Imagine - jumping in the biggest puddle you can find! - Or running barefoot and feeling squidgy mud ooze up between your toes! - Or run up the nearest hill to feel the wind try to carry you away! When it's wet, or windy or cold, there's no need to stay cooped up indoors; it's a great opportunity to rush outside for some fun. - Go on an animal hunt and find the creatures that come out in the wet. - Fly a kite in the wind and catch falling leaves. - Take your camera into a white world and see how many different icy patterns and shapes you can find. There are loads of exciting and creative things you can do in the natural world when the weather's wild. So don't wait for the sun: take this book with you and go outdoors for a wild weather adventure!

Want to save cash, your child's imagination and possibly even the planet? This is the

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book you need. Packed with great photos of real families in the outdoors, *Born to Be Wild* contains easy-to-follow instructions for activities that require nothing more sophisticated than a small person's imagination and access to a little outdoor space. Nature lays on magical materials for free each season, from fallen leaves and twigs, moulted feathers, sand and shells, to mud, puddles and rain. Everything else you'll need for these activities is already hiding in your cupboards at home. No expensive art supplies or outward-bound kit required. All you need are the toolkit items at the front of the book - ordinary household essentials like scraps of paper, string, glue, recycled food containers and an empty jar or two. Along the way Hattie talks to families, organisations and communities who have rebuilt their relationships with nature with extreme or inspiring results, and she introduces scientists, psychologists and other experts who explain why, as modern families, we should revive our waning relationships with nature, whatever age or stage we're at.

Nestled by the roadside, peeking through the hedgerows, hidden in the woods and even in city streets and parks, wild food is all around us - if you know where to look. From woodland mushrooms and riverbank redcurrants to garden weeds and urban cherry blossoms, *Where the Wild Things Grow* takes us on a journey through the forager's landscape. Drawing on 25 years of foraging experience, David Hamilton shows us how and where to hunt for the food that is hidden all around us. Along the way he delves into the forgotten histories and science of wild foods and their habitats and

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reveals his many foraging secrets, tips and recipes. You'll discover where to find mallows, mustards and pennywort, as well as sumac, figs and mulberries. You'll learn how to pick the sweetest berries, preserve mushrooms using only a radiator and prepare salads, risottos and puddings all with wild food. In all weathers, landscapes and seasons, David shows us that foraging doesn't just introduce us to new tastes and sensations, it also brings us closer to the natural world on our doorstep. Beautifully illustrated and rich in detail, *Where the Wild Things Grow* is more than a field guide - it is a celebration of the wonderful and fragile gifts hidden in our landscape.

A mountain adventure guide to boys and girls who love the outdoors.

Nudinits is back with a guide to getting it all out in the open. Bernard and Barbara, from the eccentric village of Woolly Bush, deep in the English countryside, are here to give you some helpful reflections on outdoor life. Woolly Bush has all the standard features of a typical village – the cake shop, the vegetable show, the vicar – apart from two big differences: it's all made of wool, and none of the characters have clothes on! With all the usual bare-bottomed fun from nudinits, brimming with double entendres and jollity, this outdoorsy set of pictures and comments will have you laughing out loud. Bursting with British eccentricity and the odd bare bottom, this enchanting book will appeal to humour-lovers and knitting fans alike. N.B. This book does not contain any knitting

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patterns. For nudinits knitting patterns, check out Nudinits: Bare-bottomed Fun from the Village of Woolly Bush and Nudinits: A Naughty Knitted Noel.

If you want to ski off a cliff or swim with sharks, stop reading now. This book is about achievable adventures that celebrate the best of Britain and Britishness. Join in with a nature treasure hunt and discover more about amazing objects that can be found in the woods.

A charmingly illustrated ode to increasingly threatened wildlife. The much-loved illustrations of Hannah Dale celebrate a new generation of wildlife around the world, including many endangered animals. Born to Be Wild features 50 charming portraits of new cubs, chicks and calves, some with the mother and father, some in their pride or tribe and some setting off on their own. Wildlife has never been under such threat from climate change, habitation loss and poachers and hunters. This book is a timely reminder of the beauty of the wild and the accompanying text explains how the parents undertake their role of nurturer in the wild. From orangutans to humpback whales, tigers to hedgehogs, penguins to elephants, and meerkats to koalas, Hannah Dale captures and preserves the essence of wildlife in this pocket sized book. A wonderful reference and beautiful little gift book for nature lovers.

A celebration of Britain's most wild and wonderfully atmospheric places: its ruins,

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including castles, follies, abbeys, and country houses. From romantic ruined castles to mysterious stone circles, from frivolous follies to crumbling towers by the sea, there is something about ruins that excites our imagination--and the National Trust has many of the best examples in Britain. Featuring more than 50 captivating sites, this is a superbly illustrated celebration of these wild and wonderfully atmospheric places across the country, dating from Roman times to the 20th century. From Cornwall to Scotland, the book is organized by region and includes overview maps, so you can plot your own journey around Britain's remarkable ruins.

There are lots of creatures in the woods. Where are they hiding and what are they doing? In this innovative lift-the-flap book, little ones can pore over the beautiful collaged pages and explore under rocks and logs to learn lots of interesting facts about the forest. This is a perfect introduction to the outdoors. Young people these days are often homebound, entertaining themselves with the Internet, television, video games, and text messages, but completely disconnected from the reality of the great outdoors. Many have never experienced simple pleasures such as telling stories around a warm campfire, camping outdoors, or whittling a stick. Go Wild! is the perfect book for families with children ages 10 to 14 wanting to get in touch with the natural world. The authors describe a range of wild and fun adventures for

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families to share. Readers learn potentially life-saving skills that give them confidence, independence, and a sense of environmental awareness. Topics include building shelter, building a fire, foraging for food, cooking outdoors, tools and weapons, bushcraft skills, water and keeping clean, and safety. From making a catapult to catching crayfish, creating fire without matches to constructing a tepee, Go Wild! is all about thrilling activities, amazing discoveries, and young people having the time of their lives in the great outdoors.

Encourage children to discover their inner explorer with this fascinating introduction to the wildlife, plants, history and magic surrounding woodlands. Full of lots of fun activities, including how to spot and identify trees and animals, how to build woodland shelters and set up camp, and how to draw maps and explore the woods. A refreshing way for children to discover the world around them and engage with their environment without using the internet. With fascinating facts about nature and the changing seasons in woodlands. Full of fun woodland activities.

This pocket-sized adventure guide teaches young adventurers about all the fun you can have on the river: what to pack, how to spot river animals and wildlife, how to build your own raft, how to catch a fish and much, much more! Children will also learn exactly what not to do, from getting caught in a current to slipping down waterfalls. With fun games to play on and around the river, interesting information about the water cycle, and a useful chapter on what to do in a river emergency, this is the perfect book for

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young adventurers!

Clarence, a young Cree Indian, and his grandmother pick blueberries together as they sing, look out for the animals, and enjoy sampling the fruit.

The stick is a universal toy. Totally natural, all-purpose, free, it offers limitless opportunities for outdoor play and adventure and it provides a starting point for an active imagination and the raw material for transformation into almost anything! As New York's Strong National Museum of Play pointed out when they selected a stick for inclusion in their National Toy Hall of Fame, 'It can be a Wild West horse, a medieval knight's sword, a boat on a stream, or a slingshot with a rubber band . . .' In this book Fiona Danks and Jo Schofield offer masses of suggestions for things to do with a stick, in the way of adventures and bushcraft, creative and imaginative play, games, woodcraft and conservation, music and more.

The National Trust cares for some of the most spectacular countryside in Britain. This guide features 100 walks from across the country, from the ancient majesty of Avebury's stone circle and the wonder of Giant's Causeway to the dramatic peaks towering about Lake Windermere. The walks are organised by region, making it easy to explore historical sites, spot wildlife and stunning views wherever you are. The routes are graded according to ease, from two to eight miles in length, to include family-friendly rambles across parkland, adventurous hikes and everything in between. With information on transport links, facilities, local attractions and fun stuff for the kids, along

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with maps of each route, this is the perfect guide for exploring Britain's countryside and discovering your new favourite walk.

The scientific evidence behind why maintaining a lifestyle more like that of our ancestors will restore our health and well-being. In GO WILD, Harvard Medical School Professor John Ratey, MD, and journalist Richard Manning reveal that although civilization has rapidly evolved, our bodies have not kept pace. This mismatch affects every area of our lives, from our general physical health to our emotional wellbeing. Investigating the power of living according to our genes in the areas of diet, exercise, sleep, nature, mindfulness and more, GO WILD examines how tapping into our core DNA combats modern disease and psychological afflictions, from Autism and Depression to Diabetes and Heart Disease. By focusing on the ways of the past, it is possible to secure a healthier and happier future, and GO WILD will show you how. "Spurious Correlations ... is the most fun you'll ever have with graphs."--Bustle Military intelligence analyst and Harvard Law student Tyler Vigen illustrates the golden rule that "correlation does not equal causation" through hilarious graphs inspired by his viral website. Is there a correlation between Nic Cage films and swimming pool accidents? What about beef consumption and people getting struck by lightning? Absolutely not. But that hasn't stopped millions of people from going to tylervigen.com and asking, "Wait, what?" Vigen has designed

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software that scours enormous data sets to find unlikely statistical correlations. He began pulling the funniest ones for his website and has since gained millions of views, hundreds of thousands of likes, and tons of media coverage.

Subversive and clever, Spurious Correlations is geek humor at its finest, nailing our obsession with data and conspiracy theory.

Take an inspirational month-by-month journey through the seasons with 2022 Nature Month-By-Month: A Children's Almanac.

A snowy owl flying, a giant panda climbing, a huge gray whale emerging from the waves: See these beautiful animals in the wild, where they belong. These amazing photos from the archives of the National Wildlife Federation showcase a menagerie of marvelous creatures. Children will look wide-eyed at a herd of wildebeests rushing through water; a mama brown bear attending to her adorable cubs; a smiling alligator, its powerful jaws opened wide; adult elephants protectively surrounding their young; and more. While enjoying their close-up look at this wonderful world of wildlife, kids will gain an early and lifelong appreciation for the marvelous creatures who also call Earth home.

'A comfortable chair and a Mary Stewart: total heaven. I'd rather read her than most other authors.' Harriet Evans Ashley Court: the tumbledown ancestral home of the Ashley family, all blessed with 'the gift' of being able to speak to each other

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without words. When Bryony Ashley's father dies under mysterious circumstances, his final words a cryptic warning to her, Bryony returns from abroad to uncover Ashley Court's secrets. What did her father's message mean? What lies at the centre of the overgrown maze in the gardens? And who is trying to prevent Bryony from discovering the truth? Tell Bryony. The cat, it's in the cat on the pavement. The map. The letter. In the brook. Tell Bryony. My little Bryony to be careful. Danger.

Fans of Cheryl Strayed's *Wild*, Bill Bryson's *A Walk in the Woods*, and Elizabeth Gilbert's *Eat, Pray, Love* will enjoy author Toby Neal's road trip travel memoir of self-discovery as she and her husband journey through the National Parks! I had a dream to live a "normal" life and I attained it; but along the way, I lost myself. My story began in *Freckled: a Memoir of Growing up Wild in Hawaii*, but it continued after I married the man of my dreams, completed my education with multiple degrees, had a successful career, and raised two beautiful children. I sacrificed to get to where I was. Though I didn't regret anything, flat on my back in the doctor's office on the cusp of my fiftieth birthday, my health was crumbling. I no longer recognized myself. I turned my head and saw a calendar on the wall: Bryce Canyon National Park in Utah beckoned me with its mysterious sandstone hoodoos. A road trip traveling through the National Parks was just what I needed

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to rediscover the girl I'd been; it could help me turn a corner into my new career as a writer, and my husband would enjoy a chance to photograph the natural wonders we saw. Sometimes, a twelve-thousand-mile road trip is also a personal quest. ?An absorbing travel narrative about defining and facing the limitations and opportunities of midlife. An absorbing travel narrative about defining and facing the limitations and opportunities of midlife. —Kirkus Reviews

Why rush through life when you could stop, ponder and truly experience the world around you? This unhurried exploration of the great outdoors encourages you to engage all of your senses and fully appreciate the beauty of your surroundings. With the emphasis on experiencing, rather than simply passing through, *Slow Adventures* asks us to pause for a moment and reconnect with nature. Try willow weaving in Somerset, rock pooling in East Sussex, wild camping in Cambridgeshire, foraging in Herefordshire, spoon carving in Cumbria, fossil hunting in Yorkshire, lino printing in Monmouthshire, bushcraft in Northumberland, sea kayaking in Inverness-shire and many more memorable experiences. These immersive adventures will awaken your senses, revive your spirits and allow you to make the most of your time in our glorious countryside.

National Trust: Go Wild in the Woods
Go Wild on the River
An adventure guide for boys and girls who love the beach

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Adventures, games and crafts to get you outdoors all the year round. Playing outdoors should be an essential part of growing up; developing your imagination, keeping fit and letting the wild world weave its magic spell on you. In The Wild Year Book, Fiona and Jo have selected 70 of their favourite activities to help you enjoy spending time outdoors, season by season. Perhaps you'll want to play camouflage games in Spring and make enormous bubbles in the summer, challenge your friends to a foraging bake-off in the autumn, or create ice mobiles in the winter. With this book you will never be short of inspiration! Over 100,000 copies sold of Fiona and Jo's Going Wild series.

It's about time the UK's children got away from their computers and games consoles and embraced the great outdoors. This fun-filled, inspirational book, published in conjunction with the National Trust's phenomenally successful media and internet campaign, is packed with ideas to encourage your sofa-bound offspring to get outside and learn all those time-honoured skills every child should know. 50 Things to Do Before You're 11 3/4 will take your children into the woods, up hills, along riverbanks and down to the beach. They'll learn to light a fire without matches, catch a fish with a net, dam a stream, climb a tree, hunt for bugs and experience the fascinating 21st-century craze of geocaching. With the activities in this book they'll discover a whole new world of outdoor adventure,

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and get happier and healthier along the way! Exclusively for this book, we've expanded the main 50 Things to Do list with 50 extra things to do – at the seaside, in the rain, in the winter and in the spring – and we've provided some great suggestions for easy things to plant in your garden or window box. Full of fun and excitement, this book is all you need to get the kids outside and revelling in the joys of nature.

From getting back to nature with a tent, some matches and a few litres of bottled water, to enjoying a pub dinner and camping out in the garden afterwards, this book shows how to get stuck into wild camping in all its forms. Beautiful wildernesses; tiny budgets; environmentally-friendly... What's not to like? There's an idea that wild camping is illegal in Britain, but it isn't – you just need to know the rules and where to go. This guide will open up this amazing experience for all, covering: - what is wild camping and why bother? - different types (bivvying, tenting, hammocking, on the water) - what the law says (Scotland, England, Northern Ireland, Wales, Ireland, EU, waterways) - how many of the largest landowners in the UK are actively encouraging wild camping - getting started (vital equipment, where to go, when to go, safety) - drinking water and foraging for food The majority of the book features the best places to go in England, Wales, Ireland and Scotland, along with stories, tips, helpful maps and inspiring

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photos. The new edition includes a Foreword by Ed Stafford, as well as a completely new chapter introducing the exciting new English Coastal Path, opening 2020 after years of campaigning. This fully updated guide will give readers the knowledge and the inspiration to escape the noise, clutter and stress of day to day life and go wild.

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