

Mount Misery Samuel Shem

By giving middle and high school students the tools for creating connections across genders, building community, and addressing disconnections, Making Connections creates a supportive forum that gives students opportunities to openly ask and discuss questions genders want to know about each other.

The New York Times bestseller starring Anna Pigeon from the author of *Winter Study*. "Action-packed...a narrative that plunges readers into mystery [and] mayhem."—The Denver Post Hoping a raft trip in Big Bend National Park will lift her spirits, Anna Pigeon and her husband Paul go to southwest Texas, where the Rio Grande is running high. The beauty of the Chihuahuan Desert and the power of the river work their magic—until the raft is lost in the rapids and a young college student makes a grisly discovery. Caught in a strainer between two boulders—and more dead than alive—is a pregnant woman. Anna will soon discover that nature isn't the only one who wants to see the woman and her baby dead...

A missing child is every parent's nightmare. What comes next is even worse in this riveting thriller from the bestselling author of "Bring Her Home" and "Somebody I Used to Know." Tall Premium Edition.

Richard Gordon's acceptance into St Swithan's came as no surprise. However, it was a shock to discover that, once there, he would have to work. Fortunately, life proved not to be all work and no play. This hilarious hospital comedy is for anyone who wonders what medical students get up to. Just don't read it on the way to the doctor's!

Establishing a specialty in diagnosing abandoned patients with conflicting symptoms, Chief of Rheumatology Paul Allen is placed in the position of having to unlock the mind of his son, who has attempted to assassinate a presidential candidate.

"Ingeniously twisted." —Entertainment Weekly, "Must List" "Will leave even the most seasoned crime fiction readers guessing."

—CrimeReads "[Jeong] maintains suspense about her inhuman-seeming protagonist's fate until the bitter end." —The Wall Street Journal Finalist for The Tonight Show Starring Jimmy Fallon's "Summer Reads" Book Club The Talented Mr. Ripley meets The Bad Seed in this breathless, chilling psychological thriller by the #1 bestselling novelist known as "Korea's Stephen King" Who can you trust if you can't trust yourself? Early one morning, twenty-six-year-old Yu-jin wakes up to a strange metallic smell, and a phone call from his brother asking if everything's all right at home – he missed a call from their mother in the middle of the night. Yu-jin soon discovers her murdered body, lying in a pool of blood at the bottom of the stairs of their stylish Seoul duplex. He can't remember much about the night before; having suffered from seizures for most of his life, Yu-jin often has trouble with his memory. All he has is a faint impression of his mother calling his name. But was she calling for help? Or begging for her life? Thus begins Yu-jin's frantic three-day search to uncover what happened that night, and to finally learn the truth about himself and his family. A shocking and addictive psychological thriller, *The Good Son* explores the mysteries of mind and memory, and the twisted relationship between a mother and son, with incredible urgency. Named a Must-Read Book of the Summer by Elle, Entertainment Weekly, Vulture, Bustle, CrimeReads, Lit Hub, The Millions, Electric Literature, and Brit + Co

Intern Roy Basch becomes disillusioned with the medical establishment when he sees his fellow interns fall for the illusions that destroy a doctor's ability to relate to and really care for his patients. Reprint.

A "finely gifted writer" shares "fifteen brilliantly written episodes covering the years from studenthood to the end of medical residency" (Oliver Sacks, MD, author of *The Man Who Mistook His Wife for a Hat*) *Singular Intimacies* is the story of becoming a doctor by immersion at Bellevue Hospital, the oldest public hospital in the country—and perhaps the most legendary. It is both the classic inner-city hospital and a unique amalgam of history, insanity, beauty, and intellect. When Danielle Ofri enters these 250-year-old doors as a tentative medical student, she is immediately plunged into the teeming world of urban medicine: mysterious illnesses, life-and-death decisions, patients speaking any one of a dozen languages, and overworked interns devising creative strategies to cope with the feverish intensity of a big-city hospital. Yet the emphasis of *Singular Intimacies* is not so much on the arduous hours in medical training (which certainly exist here), but on the evolution of an instinct for healing. In a hospital without the luxury of private physicians, where patients lack resources both financial and societal, where poverty and social strife are as much a part of the pathology as any microbe, it is the medical students and interns who are thrust into the searing intimacy that is the doctor-patient relationship. In each memorable chapter, Ofri's progress toward becoming an experienced healer introduces not just a patient in medical crisis, but a human being with an intricate and compelling history. Ofri learns to navigate the tangled vulnerabilities of doctor and patient—not to simply battle the disease.

For many doctors, their role as powerful healer precludes thoughts of ever getting sick themselves. When they do, it initiates a profound shift of awareness-- not only in their sense of their selves, which is invariably bound up with the "invincible doctor" role, but in the way that they view their patients and the doctor-patient relationship. While some books have been written from first-person perspectives on doctors who get sick-- by Oliver Sacks among them-- and TV shows like "House" touch on the topic, never has there been a "systematic, integrated look" at what the experience is like for doctors who get sick, and what it can teach us about our current health care system and more broadly, the experience of becoming ill. The psychiatrist Robert Klitzman here weaves together gripping first-person accounts of the experience of doctors who fall ill and see the other side of the coin, as a patient. The accounts reveal how dramatic this transformation can be-- a spiritual journey for some, a radical change of identity for others, and for some a new way of looking at the risks and benefits of treatment options. For most however it forever changes the way they treat their own patients. These questions are important not just on a human interest level, but for what they teach us about medicine in America today. While medical technology advances, the health care system itself has become more complex and frustrating, and physician-patient trust is at an all-time low. The experiences offered here are unique resource that point the way to a more humane future.

More than 100 Original Illustrations Bonus Content: *The Life of John Bunyan*, by William Brock For we wrestle not against flesh and blood, but against principalities, against powers, against the lords of this age, rulers of this darkness, against spiritual wickedness in the heavens. (Ephesians 6:12) What if you were able to see your life from a spiritual perspective and see the actual reality of the verse above? How does our enemy, Diabolus, plan and carry out his attacks? How do his demons help, and what are their objectives? Why and how must we petition Emmanuel to get His attention and help in this great, holy war? Written four years after *The Pilgrim's Progress*, John Bunyan followed up with this second allegorical classic, which has touched hearts and minds of readers for generations. The epicenter of this book is the town of Mansoul, its people (such as Conscience, Self-Denial, and Do-Right), and its gates (Eye-gate, Ear-gate, Mouth-gate, Nose-gate, and Feel-gate). The attack by Diabolus and his demons, all of whom have appropriate names, is carefully planned and executed. As still happens to men today, Mansoul fell hard. Emmanuel is of course willing to help, but can only do so on special, seemingly strict terms. As you watch this intense battle unfold, you'll be emboldened to fight with new vigilance, to guard the gates with tenacity, and to rely on Emmanuel's sovereignty like never before. It should be noted that John Bunyan focused not so much on biblical sequence or even perfect accuracy in every aspect. Instead, he honed in specifically on the spiritual battle being waged for each individual soul, filling in other details as needed to create the scenes. In this edition, we updated the text to clarify the meaning of each scene and inserted Bible verses in key areas to bring to light the depth and spiritual meaning of this powerful allegory.

Argues against the idea that taking medication can solve all of life's problems, stating that people must first examine their lives and their souls in order to become fulfilled persons.

Fifty years before *Resident Life* became a reality television show on The Learning Channel, Clifton Meador lived, breathed, and sometimes

slept the life of a med student at Vanderbilt University. Dr. Meador recalls those days in a fascinating and entertaining memoir, packed with stories, vignettes, and experiences that capture a time and place gone by. Med School celebrates the joy of learning, the excitement of medical discovery, and the adventure of caring for patients in a setting that helped shape modern medicine. While Med School will resonate with medical practitioners, its sheer charm will appeal to anyone who enjoys a wonderfully told story.

Shelley, darling, ' Mum said. 'Don't be frightened. He just wants money. If we do everything he says, he's going to go away and leave us alone.' I didn't believe her, and I could tell from the trembling of her hands and the catch in her voice that she didn't believe it herself. When a cat gets into the mousehole, it doesn't go away leaving the mi..

There are new residents in the Long Island Sound . . . and they have a taste for flesh. The first time the creatures tasted human blood, their savagery went undetected. Thus begins *Mount Misery*, a terrific horror tale by writer Angelo Peluso. Located on the Long Island Sound, random attacks by unknown creatures are terrorizing local residents. The question: Who is going to do something about it? Marine biologist Katie DiNardo and ichthyologist Nick Tanner have seen the damage caused by their mystery creatures but are at a complete loss as to the attacking species. All they know is that they need to get to the bottom of this . . . and fast. While they continue to do their research, people are dropping like flies, and if they don't figure out what's going on, there's no saying what this destructive species will do next. In a similar style to *Jaws*, *Mount Misery* is a spectacular suspense novel that grips you from the first page and doesn't let its teeth out! Fans of horror will rejoice with *Mount Misery*, and readers will enjoy the throwback style that made this genre what it is today. Skyhorse Publishing, under our Night Shade and Talos imprints, is proud to publish a broad range of titles for readers interested in science fiction (space opera, time travel, hard SF, alien invasion, near-future dystopia), fantasy (grimdark, sword and sorcery, contemporary urban fantasy, steampunk, alternative history), and horror (zombies, vampires, and the occult and supernatural), and much more. While not every title we publish becomes a New York Times bestseller, a national bestseller, or a Hugo or Nebula award-winner, we are committed to publishing quality books from a diverse group of authors.

A prizewinning, "riveting" (The New York Times Book Review) psychological suspense novel inspired by a true story about a couple in an insular French village whose lives are upended when a family of outsiders moves in. "Icy and chilling . . . In sharply drawn sentences, Sedira summons the beauty of a small French village, and the shocking acts of the people inside it." —Flynn Berry, Edgar Award-winning and bestselling author of *Under the Harrow* and *Northern Spy* "Disturbing and powerful . . . I loved it." —Leila Slimani, bestselling author of *The Perfect Nanny* Anna and Constant Guillot live with their two daughters in the peaceful, remote mountain village of Carmac, largely deaf to the upheavals of the outside world. Everyone in Carmac knows each other, and most of its residents look alike—until Bakary and Sylvia Langlois arrive with their three children. Wealthy and flashy, the family of five are outsiders in the small town, their impressive chalet and three expensive cars a stark contrast to the modesty of those of their neighbors. Despite their differences, the Langlois and the Guillots form an uneasy, ambiguous friendship. But when both families begin experiencing financial troubles, the underlying class and racial tensions of their relationship come to a breaking point, and the unthinkable happens. With piercing psychological insight and gripping storytelling, *People Like Them* asks: How could a seemingly "normal" person commit an atrocious crime? How could that person's loved ones ever come to terms with it afterward? And how well can you really know your own spouse?

Drama / 3m, 3f (w/doubling) / Unit set Newly revised edition! From the author of the best-selling novel, *The House of God*, this critically acclaimed version which played Off-Broadway in 2007, tells the amazing story of the two men who pioneered Alcoholics Anonymous, and of their wives, who founded Al Anon. During the roaring '20s, New York stockbroker Bill Wilson rides high on money, fame, and booze. In '29, both he and the market crash and he becomes a hopeless drunk. Dr. Bob Smith, a surgeon

Recounts how the author learned to deliver babies and her experiences in rural communes, political activism, and urban counterculture in the 1970s.

The story of two mothers and a father in love with the same daughter, Samuel Shem's *At the Heart of the Universe* is an epic novel set deep in rural China against the backdrop of an ancient mountain monastery during the time of the one-child-per-family policy. Inspired by the author's experiences as parent of an adopted child, it describes the drama of adoption and the journey of loss and rebirth that can happen when a daughter brings together her adopted mother and father with her birth mother high on a mountaintop. Set in 1991 in Changsha, capital of Hunan province, as a Chinese woman abandons her one-month-old daughter in a pile of celery in a busy market, and then shifting to Changsha ten years later as the daughter returns with her adopted American parents, the story moves across southern China until, high atop Emei San, one of China's "sacred mountains" with a Buddhist temple, the four are brought together in the wilderness—a perilous and explosive time that unleashes their heartbreak and suffering and, remarkably, transcends it to shared compassion, and new beginnings.

The gripping, moving story of a mother and daughter's quest to uncover a dark secret in the Alaskan wilderness, from the New York Times bestselling author of *Sister* and *Afterwards*. Thrillingly suspenseful and atmospheric, *The Quality of Silence* is the story of Yasmin, a beautiful astrophysicist, and her precocious deaf daughter, Ruby, who arrive in a remote part of Alaska to be told that Ruby's father, Matt, has been the victim of a catastrophic accident. Unable to accept his death as truth, Yasmin and Ruby set out into the hostile winter of the Alaskan tundra in search of answers. But as a storm closes in, Yasmin realizes that a very human danger may be keeping pace with them. And with no one else on the road to help, they must keep moving, alone and terrified, through an endless Alaskan night.

Most people have visited a doctor's office or emergency room in their lifetime to gain clarity about an ailment or check in after a procedure. While doctors strive to ensure their patients understand their diagnoses, rarely do those outside the medical community understand the words and phrases we hear practitioners yell across a hospital hallway or murmur to a colleague behind office doors. Doctors and nurses use a kind of secret language, comprised of words unlikely to be found in a medical textbook or heard on television. In *The Secret Language of Doctors*, Dr. Brian Goldman decodes those code words for the average patient. What does it mean when a patient has the symptoms of "incarceritis"? What are "blocking" and "turfiging"? And why do you never want to be diagnosed with a "horrendoma"? Dr. Goldman reveals the meaning behind the colorful and secret expressions doctors use to describe difficult patients, situations, and medical conditions—including those they don't want you to know. Gain profound insight into what doctors really think about patients in this funny and biting examination of modern medical culture.

Mount Misery A Novel Ballantine Books

It comprises essays written during a difficult time in Twain's life (1904–1909), when he was deeply in debt and had recently lost his wife and one of his daughters. The content concerns morality and religion and strikes a tone that is sarcastic - Twain's own term throughout the book.

From the *Laws of Mount Misery*: There are no laws in psychiatry. Now, from the author of the riotous, moving, bestselling classic, *The House of God*, comes a lacerating and brilliant novel of doctors and patients in a psychiatric hospital. *Mount Misery* is a prestigious facility set in the rolling green hills of New England, its country club atmosphere maintained by generous corporate

contributions. Dr. Roy Basch (hero of *The House of God*) is lucky enough to train there *only to discover doctors caught up in the circus of competing psychiatric theories, and patients who are often there for one main reason: they've got good insurance. From the *Laws of Mount Misery*: Your colleagues will hurt you more than your patients. On rounds at Mount Misery, it's not always easy for Basch to tell the patients from the doctors: Errol Cabot, the drug cowboy whose practice provides him with guinea pigs for his imaginative prescription cocktails . . . Blair Heiler, the world expert on borderlines (a diagnosis that applies to just about everybody) . . . A. K. Lowell, née Aliyah K. Lowenschteiner, whose Freudian analytic technique is so razor sharp it prohibits her from actually speaking to patients . . . And Schlomo Dove, the loony, outlandish shrink accused of having sex with a beautiful, well-to-do female patient. From the *Laws of Mount Misery*: Psychiatrists specialize in their defects. For Basch the practice of psychiatry soon becomes a nightmare in which psychiatrists compete with one another to find the best ways to reduce human beings to blubbing drug-addled pods, or incite them to an extreme where excessive rage is the only rational response, or tie them up in Freudian knots. And all the while, the doctors seem less interested in their patients' mental health than in a host of other things *managed care insurance money, drug company research grants and kickbacks, and their own professional advancement. From the *Laws of Mount Misery*: In psychiatry, first comes treatment, then comes diagnosis. What *The House of God* did for doctoring the body, *Mount Misery* does for doctoring the mind. A practicing psychiatrist, Samuel Shem brings vivid authenticity and extraordinary storytelling gifts to this long-awaited sequel, to create a novel that is laugh-out-loud hilarious, terrifying, and provocative. Filled with biting irony and a wonderful sense of the absurd, *Mount Misery* tells you everything you'll never learn in therapy. And it's a hell of a lot funnier.

Growing up with an abusive father and his brother Gates, now an imprisoned felon, Mason Hunt has made a success of his life as the attorney for the Commonwealth of Virginia, until his brother attempts to have Mason use his legal influence to get him out of jail.

This text reflects on Samuel Shem's *The House of God* and its impact on medical resident education. Shem's work is widely regarded as one of the most influential novels about the medical education in the 20th century. This is a scholarly and creative response to the novel. The sequel to the bestselling and highly acclaimed *The House of God* One of the most prominent and enduring titles in medical fiction is the bitingly funny *House of God*, which has sold more than 2 million copies, becoming required reading for generations of medical students and health care professionals. With *Man's 4th Best Hospital*, Samuel Shem "the comic genius and holy terror of medicine"* returns us to the hilarious and heartbreaking world of modern medicine. After *The House of God*, the resident known as The Fat Man and his eccentric band of interns scattered to the four corners of the country. Today Fats, now rich and famous, has been lured across town to the *House of God's* WASPy rival, *Man's Best Hospital*. But the august institution has sunk from being ranked the best hospital in the country to an embarrassing, and unacceptable, 4th! Fats' mission? To help the hospital climb back up the rankings. But as always, he's pursuing his own agenda. . . At his new *Future of Medicine Clinic*, the team comes back together to renew their life-changing friendships and teach a new generation of interns and residents. In a medical landscape dominated by computer screens and corrupted by money, they have a daunting goal: "To put the human back into healthcare." What follows is an emotional and laugh-out-loud novel that reflects the issues in American healthcare today, from the tyranny of computer screens to doctor burnout to the greed of the health insurance industry. * Bill McKibben

In this chilling new novel from the one and only Robin Cook, New York City medical examiners Laurie Montgomery and Jack Stapleton rush to India to help a UCLA student investigating medical tourism-and a sinister global conspiracy.

"We have to talk." For many men, these are the four worst words in the English language, especially when they're uttered by a female partner. But it doesn't have to be that way, argue Samuel Shem and Janet Surrey in their pathbreaking and practical new book. "Male relational dread"—that all-too-familiar reaction set off by women's "relational yearnings"—can be tamed, and in its place can emerge true satisfaction for men and women. To demonstrate how this is done, Shem and Surrey take us behind the scenes of their popular workshops. We hear couples speak intimately about anger, guilt, resentment, shame, and sex. We watch them wrestle collectively with the gender divide in their relationships—the deep disconnects, or "impasses," that reflect the vastly different developmental paths men and women have traveled. We see couples learn to bridge the poles of dread and yearning, to emerge from isolation into mutuality. We witness their moments of sadness, humor, and, ultimately, discovery. Filled with moving stories of real people struggling with real problems, *We Have to Talk* shatters the "rules" and offers dramatic proof that men and women are not from different planets after all. It is certain to be seen as the relationship book for the new millennium.

An emergency physician discusses the importance of a doctor's honesty and communication as part of connecting personally with patients, in an account that challenges popular opinions about such topics as pharmaceuticals, standardized testing, and CPR. Reprint.

From the bestselling author of the *The House of God* comes an ambitious novel about the complicated relationships between mothers and sons, doctors and patients, the past and the present, and love and death... Settled into a relationship with an Italian yoga instructor and working in Europe, Dr. Orville Rose's peace is shaken by his mother's death. On his return to Columbia, a Hudson River town of quirky people and "plagued by breakage," he learns that his mother has willed him a large sum of money, her 1981 Chrysler, and her Victorian house in the center of town. There's one odd catch: he must live in her house for one year and thirteen days. As he struggles with his decision—to stay and meet the terms of the will or return to his life in Italy—Orville reconnects with family, reunites with former friends, and comes to terms with old rivals and bitter memories. In the process he'll discover his own history, as well as his mother's, and finally learn what it really means to be a healer, and to be healed.

Christmas, 1995. A 14-year-old girl is kidnapped by a bloodthirsty Satanic cult. Bob Hightower, the girl's father and a small-town cop, embarks on a desperate mission to find her, but his only hope lies with Case Hardin, an ex-cult member and ex-junkie living in a halfway house in Hollywood.

What do you do when you find a stranger in your closet and she can disappear and reappear at whim? What if she then tells you that her body is actually in a coma on the other side of town? What starts off as a dilemma that Arthur is faced with when he discovers Lauren in his apartment, becomes a heartwarming love story.

A contemporary classic that has sold more than two million copies and was a selection of Oprah's original Book Club, *Midwives* is a compulsively readable novel that explores questions of human responsibility that are as fundamental to our society now as they were when the book was first published twenty years ago. On an icy winter night in an isolated house in rural Vermont, a seasoned midwife named Sibyl Danforth takes desperate measures to save a baby's life. She performs an emergency cesarean section on a mother she believes has died of stroke. But what if—as Sibyl's assistant later charges—the patient wasn't already dead? The ensuing trial bears the earmarks of a witch hunt, forcing Sibyl to face the antagonism of the law, the hostility of traditional doctors, and the accusations of her own conscience. Exploring the complex and emotional decisions surrounding childbirth, *Midwives* engages, moves, and transfuses us as only the very best novels ever do. Based on a true story, tells the tale of a Somali girl who risked her life on a migrant journey to Europe to run in the Olympic Games.

As the category of women's spirituality continues to grow, *The Buddha's Wife* offers to a broad audience for the first time the intimate and profound story of Princess Yasodhara, the wife Buddha left behind, and her alternative journey to spiritual enlightenment. What do we know of the wife and child the Buddha abandoned when he went off to seek his enlightenment? *The Buddha's Wife* brings this rarely told story to

the forefront, offering a nuanced portrait of this compelling and compassionate figure while also examining the practical applications her teachings have on our modern lives. Princess Yasodhara's journey is one full of loss, grief, and suffering. But through it, she discovered her own enlightenment within the deep bonds of community and "ordinary" relationships. While traditional Buddhism emphasizes solitary meditation, Yasodhara's experience speaks of "The Path of Right Relation," of achieving awareness not alone but together with others. *The Buddha's Wife* is comprised of two parts: the first part is a historical narrative of Yasodhara's fascinating story, and the second part is a "how-to" reader's companion filled with life lessons, practices, and reflections for the modern seeker. Her story provides a relational path, one which speaks directly to our everyday lives and offers a doorway to profound spiritual maturation, awakening, and wisdom beyond the solitary, heroic journey.

A 2008 Indie Next Pick Despite nurse-midwife Patsy Harman's own financial and personal medical trials, including her private battle with uterine cancer, she devotes herself to her patients' well-being in all aspects of their lives. They, in turn, tell her intimate stories both heartbreaking and uplifting.

Learning anatomy requires more than pictures and labels; it requires a way "into" the subject, a means of making sense of what is being shown. *Anatomy of the Moving Body* addresses that need with a simple yet complete study of the body's complex system of bones, muscles, and joints and how they function. Beautifully illustrated with more than 100 3D images, the book contains 31 lectures that guide readers through this challenging interior landscape. Each part of the body is explained in brief, manageable sections, with components described singly or in small groups. The author doesn't just name the muscles and bones but explains the terminology in lay language. Topics include the etymology of anatomical terms; origins and attachments of muscles and their related actions; discussion of major functional systems such as the pelvis, ankle, shoulder girdle, and hand; major landmarks and human topography; and structures relating to breathing and vocalization. This second edition features all-new illustrations that use a 3D digital model of the human anatomical form. The book's thoroughness, visual interest, and clear style make it ideal for students and teachers of the Alexander and Feldenkrais techniques as well as for practitioners of yoga, Pilates, martial arts, and dance.

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