

Mike Dooley Playing The Matrix

An enchanted night reveals what every little girl and boy already knows: that dreams come true, all they need is you! During a nighttime dream, three young friends lift off in a hot air balloon over the moon and past the stars to a wonderland of dolphins, islands, and the simplest of rhyming life-lessons that are easy to learn and fun to share.

Demonstrates that consciousness is the key to life, and that nothing is impossible, not even the manifestation of unlimited wealth and financial independence--also includes The 40-Day Prosperity Plan on CD, which will expand your consciousness and help you create a more abundant life. Original.

In Playing the Matrix, New Thought leader and New York Times best-selling author Mike Dooley shares his most impactful, transformational program for creating major life changes and shaping our futures. Previously only available at live workshops, this information has been delivered in 132 cities, 34 countries, upon 6 continents. For the first time, these complete ideas can be at your fingertips in book form. At the heart of the Matrix lies a simple yet highly unexpected concept for creating major life change, unlike anything shared by other teachers, past or present. It clearly reveals why "manifesting" sometimes works with incredible ease, why it sometimes doesn't work at all, and why, on occasion, it works and yet in hindsight we wish it hadn't. You'll not only learn about the "Bermuda Triangle of Manifesting" that too often leads to heartbreak and loss, you'll discover how to navigate around it, under full sail, with new "Aha!" moments as you come to understand:

- How to achieve clarity in purpose and desire
- How to avoid contradictions and self-sabotage
- How to fuel your dreams with passion while

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not attaching to unimportant details and outcomes •How to plan and take action on your dreams without messing with the "cursed hows" •And so much morePlaying the Matrix lays out the actual physical and metaphysical mechanics of manifestation, including your role in the equation of reality creation, so that you can deliberately orchestrate the changes you most wish to see. Once you begin working with the Universe instead of unwittingly working against it, you will truly astound yourself.

What's standing between you and the life you were meant to lead? The answer lies in your energy field and how you manage it. When our energy pathways are blocked by pain and trauma, we weaken both our personal and universal energy fields, hindering our ability to live our best lives. LifeForce Energy has its origins in the living force that Hindus call prana, the Chinese call chi, and the Japanese call qi. This primal force is connected to your spirit as well as to your physical, emotional, and mental self. It is, in fact, the substance of spirit, what Master energy healer Deborah King calls "LifeForce energy." Within Heal Yourself--Heal the World you will be able to explore the origins and benefits of energy healing as well as learn self-healing practices and techniques, moving you from basic concepts to hands-on learning to, ultimately, whole world healing.

In this book, gifted medium, intuitive healer, and channel Marisa Moris introduces readers to her bevy of guides. Marisa also shares the story of her spiritual awakening and the steps that have led her to her present abilities. Readers will learn that they, too, can develop these abilities, as she will demystify the spiritual world for a new generation. Marisa offers simple exercises readers can do to attune themselves to the highest universal energies. These exercises include meditation, grounding, Heart Space Attunement, an energy-clearing Soul

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Bath, the Snow Globe visualization technique, and more!"Experience YOU in a whole new way.... Meet and become your Higher Self!"

This workbook includes 30 activities that are designed to help you move closer to living your dreams, whatever they may be, such as writing your first novel, living a healthier lifestyle, tackling that creative project you've been fantasizing about for so long, or launching your new business. Inside you'll find: * 30 activities that take 10 minutes or less each day. * Tips to help you apply the lessons from each activity to your life. * Journal pages to record your thoughts and insights along the way. * Inspirational quotes about living your dreams, following your heart, and trusting the universe. * 30 short online video lessons to accompany each activity, in which Mike Dooley shares tips and insights, including some of his own personal stories and experiences.

The New York Times bestselling author, teacher, and speaker provides the next step beyond his immensely popular Notes from the Universe trilogy with this special 10th anniversary edition of the modern classic that contains even more enriching wisdom for living an abundant, joyous life. We create our own reality, our own fate, and our own luck. We are all filled with infinite possibilities, and it's time to explore how powerful we truly are. With clear-eyed and masterful prose, Infinite Possibilities effortlessly reveals our true spiritual nature and exactly what it takes to find true happiness and fulfillment. Witty and intelligent, this is "the perfect book at the perfect time. It is full of wisdom, answers, and guidance—a unique combination that is guaranteed to help anyone during times of change and transition" (Ariane de Bonvoisin, bestselling author of The First 30 Days). This tenth anniversary edition features a new foreword by Bob Proctor and a new introduction from the author.

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"Includes a past-life regression audio download!"--Cover.

Discusses how to achieve love that is not dependent on external circumstances, defining it as a readily accessible inner state through which people bring love to the outside world by emulating the methods of leading spiritualists and scientists.

120 Thoughts about life, dreams and happiness.

Playing the Matrix is a master class for creating the life you want to live. Tried and true, delivered and perfected over a decade while being shared live with tens of thousands of students in 132 cities, in 34 countries, upon 6 continents. This is Mike Dooley's advanced course on living deliberately and creating consciously. The concepts he shares were born of material he's delivered to live audiences the world over, culminating in his most impactful, most transformational program ever. Now, for the first time in 17 years of touring, these ideas are to be shared in book form. At the heart of the Matrix lies a simple yet highly unexpected concept for creating major life change that's unlike anything shared by other teachers, past and present. It clearly reveals why "manifesting" sometimes works with incredible ease, why it sometimes doesn't work at all, and why, on occasion, it works, and yet in hindsight we wish it hadn't. Readers will not only learn about the "Bermuda Triangle of Manifesting" that too often leads to heartbreak and loss, they'll learn how to navigate around it, under full sail, with their own new "a-ha" moments that will teach them: • How to achieve clarity in purpose and desire and thereby avoid contradictions and self-sabotage • How to fuel their dreams

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with passion while not attaching to unimportant details and outcomes • How to plan and take action on their dreams without “messing with the cursed how’s”! And so much more...

What if the Universe were to send you frequent reminders of the absolute power you have over your life? Author Mike Dooley, an interpreter for the Universe, has done exactly that in *Notes from the Universe*—a collection of empowering, invaluable truths that can be read front to back or opened at random. This first book in the *Notes from the Universe* trilogy teaches its readers to live a life far richer than they had previously thought imaginable. The Universe is here to remind us that we are in control. To have the life you desire, all you have to do is ask. The secret to manifesting change is not focusing on the how but instead, the end result of what you’re after—the kind of life you want. Then, once you are truly focused, the Universe will conspire on your behalf. Author Mike Dooley has turned over every stone, knocked on every door, and followed every impulse. He has immersed himself in the truths he needed to hear most; these were the kind of lessons he wrote about in his weekly emails. What started in 1998 as a little poem sent out once a week to 38 email addresses has evolved into an inspiring anecdote delivered to over 300,000 subscribers from 169 countries, each receiving a new note from the Universe five days a week. Mike Dooley serves as an interpreter for the Universe. *Notes from the Universe* begins a three-volume set that is brimful with powerful affirmations that will have you thinking positively, feeling confident, and

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walking the path to personal success. When readers discover the truths the Universe is unveiling in *Notes from the Universe*, they will begin living happier, more fulfilling lives. A God-optional approach to personal spirituality that is alive, flexible, and positively addictive.

In the tradition of the New Thought movement, the early "New Age" philosophy popular at the turn of the 20th century, Haanel teaches his readers how the mind is capable of shaping reality. Whether readers want to improve their health or just have better luck, by proper thinking, they can achieve their desired goals. He explains how even destiny is not a force outside our ability to change. Anyone looking for a way to take control of his or her life will be inspired by Haanel's self-help system, first published in 1922.

American author and entrepreneur CHARLES F. HAANEL (1866-1949) was a self-made millionaire, member of the American Scientific League and the American Society of Psychical Research, and author of several books including *The Master Key System* and *The New Psychology*.

From Deep Space with Love gives readers the chance to listen in on a fascinating conversation between one of today's most celebrated New Thought leaders—*New York Times* best-selling author **Mike Dooley**—and Frank, a collective of eight beings who currently live in a distant galaxy, channeled by **Tracy Farquhar**.

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The book is divided into four parts: Life on Brahoska (Frank's planet), Life on Earth, The Greater Universe, and Building a Better World. Topics include:

- Brahoskans' culture, relationships, technology, leisure, conception of time, and much more
- Aspects of Earthly existence, from current political and social realities to the truth about the Loch Ness Monster
- Angels, divination, other dimensions, and what we can do to make a better world, starting now

Drawing on the experiences and wisdom of Frank's much older civilization and the trials and tribulations they have moved beyond—which once rivaled those we're now undergoing on Earth—*From Deep Space with Love* is a compelling, irresistibly readable guide to a new era. Readers will find their awareness expanded and their beliefs stretching to encompass ideas that challenge the status quo and reveal the true limitless nature of the Universe—and of humanity itself.

“Kindness is exactly what we need in our fractured world right now—it provides the simplest path to healing.” A single act of kindness, whether to a friend or a stranger,

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can become a spool of generosity that unwinds and touches the lives of so many. . . From Woman's Day Editor-in-Chief Susan Spencer comes a heartwarming book featuring 365 kindness-focused actions. With beautifully whimsical illustrations by artist Jutta Kuss, this book shows how small acts can make a big difference. When Action Follows Heart was inspired by the Kindness Project, a monthly column in the magazine that highlights good deeds and everyday kindnesses from Woman's Day readers from all over. The idea behind it is simple: to showcase readers' kind acts toward others. Whether it's bringing a box of doughnuts to a fire station, yielding a parking space to the other person vying for it, collecting blankets for the homeless, or even sharing a smile —these acts are sure to make your world a little brighter. Full of practical advice; uplifting stories; and inspirational quotations, this book is a must-have for anyone looking to bring positivity and joy into their lives —and the lives of others.

A new and accessible approach to minimalism as a means to unburden your physical and mental space. Minimalism is so much more than decluttering. Find gratitude, richness and value in your everyday life as you create space for contentment, purpose and joy. Minimalism is about living more mindfully. It's about letting your life work smarter, not harder. It's about releasing anything that doesn't serve you, whether that be clutter in your kitchen or your mind. It's about connecting with what you hold as valuable and designing your life around it. In Simplify Your Life, Mary Conroy explains how simplicity is the key. This book will help you to make sense of your choices, to put

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you back in control of your life. Minimalism is not just for nomadic entrepreneurs or burnt out CEOs. It's for you. This practical guide is for anyone who wants to:

- liberate themselves from the cost of their clutter
- cut down on waste and consume consciously
- spend more time with the people they love
- stop scrolling aimlessly through the day
- return to a point of mental clarity

· Simplify Your Life will help you to do all that, and more.

From the afterlife—a new perspective on your life "I know this may come as a shock, and you know I'm not fond of using stale one-liners, but—'reports of my death have been greatly exaggerated.' I'm as alive now as I was on the day we met, except, maybe, more so." If the dead could speak, don't you wonder what they would say to those of us they've left behind? What would they tell us to soothe our sorrow for their loss, calm our fears of what happens when we die, and fire us up to live the best possible lives we can right now? In pages filled with wisdom, humor, and, yes, joy, New York Times best-selling author Mike Dooley explores our most pressing and profound questions about the afterlife—and this life—from the fresh perspective of those who have made the transition to the next phase. Among the revelations and insights they share:

- We were ready; you are not.
- There's no such thing as a devil or hell.
- We're sorry for any pain we may have caused.
- Your pets are just as crazy, brilliant, and loving here as they were there.
- Nothing we say can prepare you for the beauty of the moment you arrive.

You'll learn that our loved ones are not lost to us; that our time on earth is both

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a school and an adventure; that, all appearances to the contrary, life truly is fair; and that we have it in us to reshape our own fortunes, starting today.

The Universe is here to remind us that we are in control. To have the life you desire, all you have to do is ask. The secret to manifesting change is not focusing on the how, but instead the end result of what you're after and the kind of life you want. Then, once you are truly focused, the Universe will conspire on your behalf. Author Mike Dooley has turned over every stone, knocked on every door, and followed every impulse. From the lessons he learned, Dooley is now able to share the Universe's wisdom with the world. He serves as an interpreter for the Universe and this second collection of empowering, invaluable truths can be read front to back or at random.

The New York Times bestselling author of *Infinite Possibilities* brings “his signature wisdom, wit, and warmth” (Mike Robbins, author of *Nothing Changes Until You Do*) to this inspirational collection based on his bestselling *Notes from the Universe* trilogy, featuring a new foreword, introduction, and fresh, invaluable truths. For the first time ever, the hugely popular *Notes from the Universe* trilogy is presented in one volume, making it even easier to share the love and wisdom of Mike Dooley’s Universe. Since 2000, Mike Dooley has created empowering and positive affirmations to remind us that we have power over our lives and a say in our destiny. In order to bring about change, we must simply ask and show up. His insights can help you harness the metaphysical laws of the Universe so that you can be swept off your feet and carried along, as divine

intelligence puts the right people in your path at just the right time. Soon you can find yourself living in a physical world that mirrors the life you thought could only exist in dreams. Now, you can discover fresh and inspirational notes in this ultimate volume, spread goodwill, and bring happiness and hope to your everyday life.

Everything Is Here to Help You offers an emotionally supportive way to shift out of the inner war of ego, and into the illuminated presence of your soul. In this book, spiritual teacher and intuitive Matt Kahn redefines the spiritual path for the modern-day seeker, and offers original, innovative ways to resolve fear, unravel judgments, and learn how to view life from a clear, expanded perspective. By redefining our understanding of the spiritual journey from the point of view of the soul, Matt breathes fresh life into all aspects of the healing journey to usher in a revolutionary and loving approach to personal growth. Each chapter highlights Matt's most cutting-edge teachings and loving wisdom. From teaching you how to unravel blame by exploring the four stages of surrender, to providing step-by-step energy clearings and recited activations to amplify the power of your consciousness, this book offers a clear road map to explore the magic, mysteries, and miracles that reside in every heart. This book also includes engaging questions to contemplate, as well as energetically encoded mantras to experience our unlimited spiritual potential. Get ready to explore a deeper reality, daring to view your life through the loving eyes of Source and opening yourself up to life's miracles! "No matter how anything seems or appears—everything is here to help you

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become the one you were born to be."

The beloved creator of "Notes from the Universe" distills a career's worth of inspiration into elegant, brief lessons for making our way through the world--conceived as a guidebook for his young daughter yet relevant to everyone who's living a life on earth. (In other words, everyone.) Mike Dooley returns with what he expects to be his most impactful book yet: a volume of elegant, brief lessons conceived as a message from a father to his daughter, and equally relevant to everyone who's living a life on earth. (In other words, everyone.) Mike is a beloved teacher and thought leader for seekers around the world, known for his trademark humor, wisdom, and sheer joy in living--all of which he's shared in his 17 books and his free daily e-mails of "Notes from the Universe." His Beginner's Guide to the Universe, inspired by such classics of gem-like wisdom as Life's Little Instruction Book, The Four Agreements, and The Things You Can See Only When You Slow Down, gives voice to his most essential, heartfelt advice about living deliberately and creating consciously. Guiding the reader thoughtfully and joyfully through a range of topics--including family and relationships, power and responsibility, adversity and bouncing back from it, even the nature of heaven, angels, and God--Mike succeeds in making a happy life in this universe seem easily within our reach. With short passages of text placed artfully on each page, and a format that's a pleasure to hold in the hand, this is an ideal gift for a parent, a parent-to-be, a child, a new grad, a dear friend, or anyone who needs a dose of Dooley, whether they know it

or not.

Shares advice on realizing one's goals and offers inspirational views on universal mysteries while explaining how to overcome psychological obstacles using spiritual exercises and illustrative analogies.

Most of us focus on thinking positively to create what we really want in life. But science shows it's actually our feelings that matter most. In her relatable and engaging way, psychologist and researcher, Melanie Dean, Ph.D., explains not just what to do to shift your emotions and focus your energy to attract the people, things, and opportunities you want most in life, but how and why it works. Once you understand that your feelings and emotions are real energy waves that go out into the world and connect with (or repel) others, you can start to notice and shift your emotions-and intentionally direct your energy-so you are sending out the waves that will connect with what you really want. By reading *The Hidden Power of Emotions*, you will discover:

- There is a whole world of energy at work in, around, and through you.
- Your emotions, which are more powerful than your thoughts, create energy waves that leave your body, connecting with similar energy.
- Your emotions are the way in which you receive communication back from the shared energy field.
- How to purposefully direct your emotions to connect you with what you want to receive.

Throughout the book, Dean highlights the science behind your power as well as specific tips and strategies to help you apply it in your everyday life, including a Power Zapper section of common struggles that weaken

your power, and a Power Booster section of recommendations for increasing your personal power.

A charismatic visionary and transformational teacher offers a bold new look at spiritual awareness providing the tools needed to live a life truly inspired by love for a whole new generation. Kute Blackson comes from a long line of spiritual leaders and works with people from all walks of life, offering his own uniquely powerful process to transform lives from the inside out. His inspirational and life-changing YouTube videos, seminars, and conferences are known throughout the world, but it's his trademark transformation experiences that sets him apart. The intensive one-on-one and one-of-a-kind transformational mother of all trips is a 14-day, 24/7 journey into the heart of India where the client—armed with nothing but a backpack, a change of clothes, and a journal—works with Blackson until he discovers what he hasn't yet found. Whether it's about forgiveness, confronting inner demons, letting go of self-hatred or the scars of the past, those hard-earned, sweat-proof lessons Blackson instills in his clients are right here, in this book, *You Are The One*. No need to pack your bags or renew your passport. So what are you waiting for? For someone to save you? If so, you're not alone. But it's not going to happen. Your parents won't rescue you. Your friends won't carry you. No one's coming. Know why? Everything you are seeking is within you already. Because you're already here. You. Are. The. ONE. *You Are The One* is a reflection of Blackson's unique and distinctive thoughts, teachings, stories, and poetic inspirations to help you access your true power and live boldly and fully in the world—with no regrets.

Mike Dooley's advanced course on living deliberately and creating consciously. At the heart of the Matrix lies a simple yet highly unexpected concept for creating major life change. Readers

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will not only learn about the "Bermuda Triangle of Manifesting" that too often leads to heartbreak and loss, they'll learn how to navigate around it, under full sail, with their own new "a-ha" moments. Print run 30,000.

The best-selling author of the Notes from the Universe trilogy and featured instructor in the movie and book *The Secret* explains the importance of being courageous and trusting oneself to achieve a life of fulfillment, in an uplifting reference that shares practical advice on how to apply his "Law of Attraction" principles.

The beloved spiritual teacher builds on the message of his enduring New York Times and international bestseller *The Four Agreements* with this profound guide that takes us deeper into the tradition of Toltec wisdom, helping us find and use the hidden power within us to achieve our fullest lives. In *The Four Agreements*, Don Miguel Ruiz introduced seekers on the path to enlightenment to the tenets of Mesoamerican spiritual culture—the ancient Toltec. Now, he takes us deeper into Native American practice, and asks us to consider essential questions that drive our lives and govern our spiritual power. Three eternal questions can help us into our power and use it judiciously: Who am I? What is real? How do I express love? At each stage in our lives, we must ask these simple yet deeply profound questions. Finding the answers will open the door to the next stage in our development, and eventually lead us to our complete, truest selves. But as Don Miguel Ruiz makes clear, we suffer if we do not ask these questions—or if we fail to pay attention to their answers—because we either never act on our power or use it destructively. Only when power is anchored in our identity and in reality will it be able to be in synch with the universe—and be of true benefit to ourselves and to others. The three questions provide a practical framework that allows readers to engage with Ruiz's

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transformative message and act as a vehicle for overcoming fear and anxiety and discovering peace of mind. An essential guide for all travelers pursuing self-knowledge, understanding, and acceptance, *The Three Questions* is the next step in our unique spiritual metamorphosis. Builds on the author's principles from *Infinite Possibilities* and *Manifesting Change* in a step-by-step guide to self-fulfillment that explains how to tap the unlimited energy of the universe to transform a life in spite of personal circumstances, make appropriate choices and align beliefs in accordance with goals. Reprint.

This is no ordinary coloring book - it is a unique tool that will inspire and empower you to embark on the journey you've always dreamed of. The uplifting messages within these pages will do more than awaken your creativity - they will give you the loving, encouraging boost you need to begin brand-new, life-changing adventures. Are you ready to see where this journey will take you?

Navigate change with clarity and ease using the tools of EFT in this guide from New York Times best-selling author and Tapping expert Jessica Ortner. "The Tapping Solution to Create Lasting Change gets right down to the heart of what it takes to change and have a better, healthier, and more love-filled life." -- Christiane Northrup, M.D. Why do we fear the unknown so intensely that we're willing to shy away from our deepest desires and settle for playing small? Why do we get enthused when we first start something, only to burn out the moment things feel challenging? And why, even when we get the outcomes we desire, do we often struggle to sustain them and instead slip back into old, self-sabotaging patterns? In *The Tapping Solution to Create Lasting Change*, available for the first time in paperback, New York Times best-selling author Jessica Ortner shares the lessons she's learned about what it feels

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like to flow through change and how to bring about real transformation in ways that are both authentic and empowering. Her gentle, relatable guidance shows you how to use Tapping, also known as EFT, as a tool for finding the clarity and the ease you crave to move forward; how to navigate the unknown with new energy, hope and an open heart; and how to release the doubts and fears that are clouding your judgment so you can rediscover your true path. It's a new way to look at the one unavoidable constant in life--change--not as an obstacle in our path but as a doorway to joy.

A story about the origins of space, time, miracles and more. "Lost in Space" offers a totally unique way for each of its readers to assess their own place in reality. This book is for all those who are in search of life's truths.

Content analysis is one of the most important but complex research methodologies in the social sciences. In this thoroughly updated Second Edition of The Content Analysis Guidebook, author Kimberly Neuendorf provides an accessible core text for upper-level undergraduates and graduate students across the social sciences. Comprising step-by-step instructions and practical advice, this text unravels the complicated aspects of content analysis.

THE DIVINE MATRIX Are the miracles that we see in the quantum world actually showing us our greatest possibilities rather than our scientific limits? Could the spontaneous healing of disease, an instant connection with everyone and everything, and even time travel, be our true heritage in the universe? There is a place where all things begin, the place of pure energy that simply "is." In this quantum incubator for

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reality, everything is possible. In 1944, Max Planck, the father of quantum theory, shocked the world by saying that this "matrix" is where the birth of stars, the DNA of life, and everything between originates. Recent discoveries reveal dramatic evidence that Planck's matrix - The Divine Matrix - is real. It is this missing link in our understanding that provides the container for the universe, the bridge between our imagination and our reality, and the mirror in our world for what we create in our beliefs. To unleash the power of this matrix in our lives, we must understand how it works and speak the language that it recognizes. For more than 20 years, Gregg Braden, a former senior aerospace computer systems designer, has searched for the understanding to do just that. From the remote monasteries of Egypt, Peru, and Tibet to the forgotten texts that were edited by the early Christian church, the secret of the Divine Matrix was left in the coded language of our most cherished traditions. It is verified in today's science. In this paradigm-shattering book, Gregg shares what he's found. Through 20 keys of conscious creation, we're shown how to translate the miracles of our imagination into what is real in our lives. With easy-to-understand science and real-life stories, Gregg shows us that we're limited only by our beliefs, and what we once believed is about to change!

Playing the MatrixA Program for Living Deliberately and Creating ConsciouslyHay House, Inc

Infinite Possibilities is the masterwork from teacher, author, and featured speaker Mike

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Dooley. As the next step beyond his immensely popular Notes from the Universe trilogy, and his follow up, Choose them Wisely, this book contains even more enriching wisdom for living an abundant, joyous life. Mike Dooley knows that we create our own reality, our own fate, and our own luck. We're beings filled with infinite possibility—just ready to explore how powerful we truly are. Manifesting the magnificence of our dreams isn't about hard work, but rather about belief and expectation. These principles transcend belief, realizing the truth about our human nature. Your dreams are not accidental, nor inconsequential. And if someone were tell the truth about life, reality, and the powers we all possessed, would it be recognized? Our lives are full of adventures—and not exactly the sky-diving, mountain-climbing variety—but something better. Readers will laugh, applaud, and be inspired by Mike Dooley's wit and wisdom.

- What's happening in the world lately?
- How can I be happy when so many are not?
- Is life about following your heart or taking what's served to you?
- Who were the prophets, what are angels, and what happens when we die?
- What happened to our ancient civilizations, do secret societies have any real secrets, and are aliens now visiting us?
- What's real? What matters? Who says? Who cares?
- How do we know or find our purpose? Many of us ask ourselves these questions, and many more, as we go through our days and try to make sense of our lives. Mike Dooley asks them too, except . . . his questions get answered. Wisely. Compassionately. Fully. One such answer explained its source, stating that we all have a higher self within that predates this life

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and will live beyond it, and thus it knows a whole lot more than we do about where we've been, why we're here, and what will likely happen next on planet Earth. Life on Earth takes the form of a journal in which Mike asks what's on his mind during pivotal times in his life. As one of today's most respected New Thought leaders and reality theorists, he offers a lofty platform for this wide-ranging dialogue that powerfully expands our perspectives on essential truths, taking on topics such as: · Why and how to see through the "illusions" of life on earth · How to make sense of natural disasters and man-made tragedies · Living deliberately, creating consciously, and finding your power · Wealth, relationships, "past lives," and the evolution of consciousness · The ultimate reason for life on earth (it's shockingly simple) These are questions asked from the heart with a cautious, even suspicious, mind. Mike explores the subtleties of the replies in depth and detail using his trademark wit and realism, in this intrepid explorer's guide to the jungles of time and space.

"Alan Cohen brings to life ancient wisdom for a new era deeply in need of enlightenment. Fresh insights, practical, easy entry, and immense delight!" — Chungliang Al Huang, president-director, Living Tao Foundation, and co-author with Alan Watts of *Tao: The Watercourse Way* May you live during interesting times: so goes an ancient Chinese blessing—or some say curse. That wish has come true for us. Now what? In this radically illuminating book, Alan Cohen delves into one of the world's most venerated wisdom texts for answers and brings the lofty and enigmatic concepts

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of the Tao Te Ching down to earth in fresh, easy-to-grasp language with practical, personal examples we can use to uplift our daily lives. Most other interpretations of the Tao march through the stanzas one by one. Here Alan Cohen calls forth the ancient verses around themes that are central to our modern lives —from love to work to the lessons we learn from pain. Then he brings each message to life in short vignettes where he imagines himself a student of Lao Tse and interacts with the master directly and intimately. He invites you to join the ancient sage and the contemporary seeker as they wend their way through the challenges and triumphs of the same journey you're taking yourself.

'Ken Carey is one of the greatest living teachers... Read him, and you'll have hope.'

MARIANNE WILLIAMSON Exploring the transformative impact of Native American spirituality on contemporary events, this is the third book in Ken Carey's be

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