

## Messages From The Masters Tapping Into Power Of Love Brian L Weiss

In his revolutionary book *Miracles Happen*, Brian Weiss M.D., the New York Times bestselling author of *Many Lives, Many Masters*, examines the physical, emotional, and spiritual healing that is possible when you freely accept and embrace the reality of reincarnation. Trained as a traditional psychotherapist, Dr. Weiss began to explore how reincarnation and past life regression can lead us to our higher selves after a startling encounter with a patient. Now a leading proponent of past-life therapy, Dr. Weiss shows us that, indeed, *Miracles Happen*, with seemingly incredible but true stories that demonstrate how, by getting in touch with and understanding our past lives, we can dramatically improve the present.

In *Many Lives, Many Masters*, Brian Weiss opened an unexpected door into the astonishing realm of past-life regression. Now he reveals the miraculous potential of love. You'll hear the intimate and startling testimonies of real people who express a profound but simple truth—one that comes from the eternal souls around us. You'll discover what happens to us after we die, strategies for fighting anxiety and healing relationships, and the role of God and self-determination. You'll explore exercises and meditations to tap into the power of love and utterly transform your life. The Messages from the Masters are here. Are you ready for them?

This ground-breaking study confirms that life choices are individually made within a between-life state called Bardo, where explanations for life's burdens and ideas for relief are also offered

*Love is the Wine* presents an intoxicating mix of essays to satisfy the spiritual thirst of those with long experience in Islam, as well as those encountering Sufism and the meaning of spiritual love for the first time. Themes including generosity, faith, self-knowledge, patience, and love are developed with stories and teachings by Turkish Sufi master Sheikh Muzaffer Ozak. A mesmerizing storyteller, master teacher, and prolific author in his native country, he was ideally suited to bring the richness of the Sufi tradition to the West. The chapters of this book, skillfully edited and compiled by the psychologist and Sufi teacher Dr. Robert Frager, were derived from talks given during Sheikh Muzaffer's visits to New York and California over the last years of his life. Sheikh Muzaffer Ozak understood Westerners as almost no Sufi master before him has. His religious bookshop in Istanbul attracted hundreds of Western seekers visiting Turkey. In his travels, he initiated hundreds of Americans and Europeans into the Halveti Jerrahi Order, interpreted their dreams, and answered their questions about everything from theology and mysticism to marriage and earning a living. These stories and teachings are memorable, yet highly enigmatic, and meant to be told and retold. Like great spiritual parables, the themes are universal and their applications ageless. The astute reader will appreciate new levels of meaning in these profound teaching tales with each reading. *Love is the Wine* is a treasury filled with priceless items of Sufi wisdom. Dr. Brian Weiss, author of *Many Lives, Many Masters* presents a new book to help with the practice of meditation (audio download is also included to help guide people through the process). *Meditation: Achieving Inner Peace and Tranquility in Your Life* includes the techniques Dr. Weiss uses on his patients, many of whom have conquered insomnia, phobias, anxieties, weight issues, and disease. Meditation can also lower blood pressure, strengthen the immunological system, and reduce stress.

*Eliminating Stress, Finding Inner Peace* is an important step on the healing journey. Stress kills—there's no doubt. It eats away at you, affecting your level of happiness, as well as your stomach lining. It raises your blood pressure and directly harms your cardiovascular system. It depresses your immune system and allows chronic illnesses to overwhelm you—causing pain, disability, and even death. Basically, stress

prevents you from experiencing life's many pleasures. Stress is a mental state that can cause severe negative emotional and physical consequences. It can be entirely eliminated, or at least greatly lessened, by adjusting our understanding and attitudes, and by learning simple, yet very effective, relaxation techniques. This book, with its accompanying stress-reduction audio download, will help you deeply relax. It will enable you to release the acute and chronic tension you constantly carry in your body and mind. It can also help you remove the blocks and obstacles to your inner peace and contentment, and prevent stress-related illness and disease. To heal yourself in this manner is an act of self-love, because you're taking the time and expending the energy to work on yourself physically and emotionally, thereby bringing more joy into your life. You'll find that regular practice with the audio will produce profound, long-lasting results.

Nick Ortner, founder of the Tapping World Summit and best-selling filmmaker of *The Tapping Solution*, is at the forefront of a new healing movement. In his upcoming book, *The Tapping Solution*, he gives readers everything they need to successfully start using the powerful practice of tapping – or Emotional Freedom Techniques (EFT). Tapping is one of the fastest and easiest ways to address both the emotional and physical problems that tend to hamper our lives. Using the energy meridians of the body, practitioners tap on specific points while focusing on particular negative emotions or physical sensations. The tapping helps calm the nervous system to restore the balance of energy in the body, and in turn rewire the brain to respond in healthy ways. This kind of conditioning can help rid practitioners of everything from chronic pain to phobias to addictions. Because of tapping's proven success in healing such a variety of problems, Ortner recommends to try it on any challenging issue. In *The Tapping Solution*, Ortner describes not only the history and science of tapping but also the practical applications. In a friendly voice, he lays out easy-to-use practices, diagrams, and worksheets that will teach readers, step-by-step, how to tap on a variety of issues. With chapters covering everything from the alleviation of pain to the encouragement of weight loss to fostering better relationships, Ortner opens readers' eyes to just how powerful this practice can be. Throughout the book, readers will see real-life stories of healing ranging from easing the pain of fibromyalgia to overcoming a fear of flying. The simple strategies Ortner outlines will help readers release their fears and clear the limiting beliefs that hold them back from creating the life they want.

A medium recounts his experiences relaying messages from spirits in the afterlife, sharing the stories of the mourners he has served and showing readers how they can contact their departed loved ones

*A Bridge Across Two Worlds* "Nan Umrigar's astonishing and well-illustrated story will certainly open up many minds. It asks many questions and provides some answers that give new insights of life's greatest mysteries." - *Reincarnation International Magazine*, U. K. "I had absolutely no leanings towards spirituality or spiritualism for that matter," says Nan Umrigar. "And I must admit that the space for God remained restricted to simple visits to the Zoroastrian fire temple on birthdays and auspicious occasions. But all of this changed with the death of my son Karl, a champion jockey, whose accident on the race track of Mumbai cut short a brilliant career. After Karl's death, we felt betrayed and gave up God and religion and the belief that if you were good, kind and truthful, nothing would go wrong. My grieving family questioned the unjust hand of fate, and nothing could fill the void, till the time I met some people who communicated with their loved ones from the spirit world." Soon, Nan also began communicating with her son and received messages that were to change her life forever. Karl was determined to show his mother the way to happiness. Sounds came in from the silence - conquering the great divide and proving that there is something far beyond the life we live. *Sounds of Silence* traces in moving detail her joy at coming in touch with Karl once again, and her gradual introduction to Meher Baba, her son's guru in the afterlife. In *Sounds of Silence* Nan bares her soul, reflecting her own initial scepticism and doubts, until the weight of the evidence left her in no doubt about the reality of the messages. This is a book that challenges many concepts

about life and death and particularly life after death. Originally self-published, *Sounds of Silence* fast became an 'underground' bestseller, and a tremendous source of strength for thousands who were drawn to it. This is a story of a mother's unrelenting hope, and of a love that never dies.

Would you like to understand the deeper spiritual meaning of physical illness, parenting handicapped children, drug addiction, alcoholism, the death of a loved one, accidents, deafness, and blindness? *Your Soul's Plan* (which was originally published under the title *Courageous Souls: Do We Plan Our Life Challenges Before Birth?*) explores the premise that we are all eternal souls who plan our lives, including our greatest challenges, before we are born for the purpose of spiritual growth. Through compelling profiles of people who knowingly planned the experiences mentioned above, *Your Soul's Plan* shows that suffering is not purposeless, but rather imbued with deep meaning. Working with four gifted mediums, author Robert Schwartz reveals the significance of each person's life plan and allows us a fascinating look into the "other side." Each personal story focuses on a specific life challenge, organized by type for easy reference. Accessible both to those familiar with the metaphysical aspects of spirituality and to the general reader, the moving narratives that comprise *Your Soul's Plan* help readers awaken to the reality that they are transcendent, eternal souls. With this stirring book as a guide, feelings of anger, resentment, guilt, and victimization are healed and transformed into acceptance, forgiveness, gratitude, and peace. Robert Schwartz is also the author of *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*, which explores the pre-birth planning of spiritual awakening, miscarriage, abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. There's also a chapter about the pre-birth planning we do with our future pets. Robert Schwartz is a hypnotherapist who offers general Spiritual Guidance Sessions, Past Life Soul Regressions, and Between Lives Soul Regressions. Visit Robert online at [www.yoursoulsplan.com](http://www.yoursoulsplan.com).

The noted past-life therapist and author of *Many Lives, Many Masters* discusses his work with future life progression, drawing on dozens of case histories to explain how the choices that are made in one's present life impact the quality of future lives and revealing the benefits of progression therapy as a healing tool for present-life conditions. 100,000 first printing.

Revised edition of the groundbreaking New Age book that seamlessly merges Western psychology and science with spirituality, creating a compelling interpretation of the Eastern chakra system and its relevance for Westerners today. In *Eastern Body, Western Mind*, chakra authority Anodea Judith brought a fresh approach to the yoga-based Eastern chakra system, adapting it to the Western framework of Jungian psychology, somatic therapy, childhood developmental theory, and metaphysics and applying the chakra system to important modern social realities and issues such as addiction, codependence, family dynamics, sexuality, and personal empowerment. Arranged schematically, the book uses the inherent structure of the chakra system as a map upon which to chart our Western understanding of individual development. Each chapter focuses on a single chakra, starting with a description of its characteristics and then exploring its particular childhood developmental patterns, traumas and abuses, and how to heal and maintain balance.

WITH A BRAND NEW LOOK! ON FEBRUARY 22, 1980, KHORSHED AND RUMI BHAVNAGRI'S WORLD WAS SHATTERED. ONE MONTH LATER, A NEW ONE OPENED. Khorshed and Rumi Bhavnagri lost their sons, Vispi and Rato, in a tragic car crash. With both their sons gone, the couple felt they would not survive for long. They had lost all faith in God until a miraculous message from the Spirit World gave them hope and sent them on an incredible journey.

A true story, this fascinating page-turner demystifies what happens after we die and will forever change your views about life, death and the hereafter. Annie Kagan is not a medium or a psychic, she did not die and come back to life; in fact, when she was awakened by her

deceased brother, she thought perhaps she had gone a little crazy In *The Afterlife of Billy Fingers: How My Bad-Boy Brother Proved to Me There's Life After Death*, Kagan shares the extraordinary story of her after death communications (ADC) with her brother Billy, who began speaking to her just weeks after his unexpected death. One of the most detailed and profound ADC's ever recorded, Kagan's book takes the reader beyond the near-death experience. Billy's vivid, real-time account of his on-going journey through the mysteries of death will change the way you think about life. Death and your place in the Universe. In his foreword, Dr. Raymond Moody, author of *Life after Life*, explains the phenomena of walkers between the worlds, known to us since ancient times, and says that Dr. Kagan's thought-provoking account is an excellent example.

Learning to consciously interact in the domain of subtle energy is the next step in personal and planetary transformation. *The Path of Energy* is a unique handbook of principles, practices and exercises to help you access your energy awareness and live a more empowered life. In the book are 13 meditations that activate patterns of light within your energy body to awaken specific abilities and levels of awareness. Each meditation includes benefits and purpose, step-by-step written directions augmented with line drawings, and an interpretive illustration of the completed energy pattern. Subtle energy is more than life force; it is the substance of reality and the vehicle of consciousness. Your body is wired to navigate this domain. You are equipped with everything needed to engage the world of energy and creatively change your life. You simply need to remember how. *The Path of Energy* is a guide to living with expanded consciousness. Included are techniques that build energy awareness and use this skill to deepen your spiritual path, intimacy in relationships, align with earth energy, clear space, create protection, manifest goals, facilitate healing, and more.

The author look beyond the grave to explore Jewish beliefs about the afterlife, drawing on traditional Jewish texts to discuss numerous perspectives on this important topic.

The groundbreaking, bestselling classic, now available in a special fortieth-anniversary edition that includes a new Foreword from Eben Alexander, M.D., author of *Proof of Heaven*, and a new Afterword by the author. Raymond Moody is the "father" of the modern NDE (Near Death Experience) movement, and his pioneering work *Life After Life* transformed the world, revolutionizing the way we think about death and what lies beyond. Originally published in 1975, it is the groundbreaking study of one hundred people who experienced "clinical death" and were revived, and who tell, in their own words, what lies beyond death. A smash bestseller that has sold more than thirteen million copies around the globe, *Life After Life* introduced us to concepts—including the bright light, the tunnel, the presence of loved ones waiting on the other side—that have become cultural memes today, and paved the way for modern bestsellers by Eben Alexander, Todd Burpo, Mary Neal, and Betty Eadie that have shaped countless readers notions about the end life and the meaning of death.

The pioneering therapists who wrote *"Emotional Healing"* present that book's long-awaited sequel. A challenge to today's popular "tell-all" psychotherapy programs, this important guide teaches readers how to discern which secrets to tell and which to keep for optimum emotional healing.

Meditation is a technique that can be used to experience peace, tranquility and an inner beauty, leading us to rethink everything around us, even ourselves. It prompts us to trust in the ability we have to use and direct our energies to purify our bodies and minds... so that we can discover and develop our spirituality. Dr Brian Weiss, author of the million copy bestseller *Many Lives, Many Masters*, has written a very special book to help with the practice of meditation (an audio download is also included to help guide you through the process). *Meditation: Achieving Inner Peace and Tranquility in Your Life* includes the techniques Dr Weiss uses on his patients for past life regression, many of

whom have conquered insomnia, anxiety, phobias, weight issues and disease. Meditation can also lower blood pressure, strengthen the immune system and reduce stress. As Dr Weiss says, 'It all starts by closing our eyes, relaxing our muscles, and slowing down our breathing. Little by little, we ask our minds to block out the clamouring voices that usually bombard it... this means living this moment intensely, letting go and surrendering.' This book is the first step on a more peaceful, relaxing journey through life.

Gurdjieff was wrong but his teaching works...is the story of one man's remarkable journey of self-discovery which dispels the Gurdjieffian premise that man is not born with an immortal soul. With his own quest, Orest Stocco illustrates that we are all born with a spark of divine consciousness; but not until we take evolution into our own hands, which Gurdjieff's teaching helped him to do, will we realize our true self. Ahondando en el conocimiento de los sabios, los guías espirituales que dan forma a nuestros destinos, Brian Weiss nos transmite en este libro el mensaje impartido por los maestros y los testimonios íntimos y sorprendentes del milagroso potencial del amor.

The book that sheds new light on reincarnation and the extraordinary healing potential of past life and hypnotic regression therapy, from the New York Times bestselling author of *Many Lives, Many Masters*. Brian Weiss made headlines with his groundbreaking research on past life therapy in *Many Lives, Many Masters*. Now, based on his extensive clinical experience, he builds on time-tested techniques of psychotherapy, revealing how regression to past lifetimes provides the necessary breakthrough to healing mind, body, and soul. Using vivid past life case studies, Dr. Weiss shows how regression therapy can heal grief, create more loving relationships, uncover hidden talents, and ultimately shows how near death and out of body experiences help confirm the existence of past lives. Dr. Weiss includes his own professional hypnosis, dream recall, meditation, and journaling techniques for safe past life recall at home. Compelling and provocative, *Through Time Into Healing* shows us how to help ourselves lead healthy, productive lives, secure in the knowledge that death is not the final word and that the doorways to healing and wholeness are inside us.

Dr. Michael Newton is world-famous for his spiritual regression techniques that take hypnotic subjects back to their time in the spirit world. His two best-selling books of client case studies, *Journey of Souls* and *Destiny of Souls*, have left thousands of readers eager to discover their own afterlife adventures, their soul companions and guides, and their purpose in this lifetime. Now, for the first time in print, Dr. Newton reveals his step-by-step methods. His experiential approach to the spiritual realms sheds light on the age-old questions of who we are, where we came from, and why we are here. This groundbreaking guidebook, designed for both hypnosis professionals and the general public, completes the afterlife trilogy by Dr. Newton.

From author and psychotherapist Dr. Brian Weiss comes the classic New York Times bestseller on the true case of the past-life therapy that changed the lives of both the prominent psychiatrist and young patient involved—now featuring a new afterword by the author. As a traditional psychotherapist, Dr. Brian Weiss was astonished and skeptical when one of his patients began recalling past-life traumas that seemed to hold the key to her recurring nightmares and anxiety attacks. His skepticism was eroded, however, when she began to channel messages from the “space between lives,” which contained remarkable revelations about Dr. Weiss’ family and his dead son. Using past-life therapy, he was able to cure the patient and embark on a new, more meaningful phase of his own career. With more than one million copies in print, *Many Lives, Many Masters* is one of the breakthrough texts in alternative psychotherapy and remains as provocative and timeless as it was when first published.

Intuition and spiritual growth are inherently linked, according to professional psychic and therapist Sherrie Dillard. This groundbreaking guide offers a personalized approach to spiritual development, introducing four different psychic types and revealing how to develop the unique

talents of each. Designed for both beginning intuitives and advanced psychics, this book presents a simple, step-by-step plan: Take the insightful quiz to learn whether you are a physical, mental, emotional, or spiritual intuitive Discover more about each type's nature, personality, strengths, and potential challenges Develop your psychic abilities with the meditations and exercises designed for your specific intuitive style Throughout the book, Dillard shares remarkable stories from her professional practice to illustrate the incredible power of intuition and its connection to the spirit world, inner wisdom, and your higher self.

Messages from the Masters Tapping into the Power of Love Grand Central Publishing

The Master Key System is a personal development book by Charles F. Haanel. The book describes many New Thought beliefs such as the law of attraction, creative visualization and man's unity with God, and teaches the importance of truth, harmonious thinking and the ability to concentrate. The Book that will not only leave you 'feeling' good, but also 'thinking' good. In The Master Key System, presented as a series of twenty-four lessons, delivered to students, Charles Haanel discusses everything from how to feel healthy to how to become wealthy. Using precise logic and a consistent, common-sense frame-work, Haanel shows us how to achieve that what we most desire. Used as thus instructed "The Master Key" will make of the reader a greater, better personality, and equipped with a new power to achieve any worthy personal purpose and a new ability to enjoy life's beauty and wonder.

Describes the case of a young woman suffering from anxiety attacks, explains how hypnosis revealed her memories of past lives, and discusses the usefulness of regression therapy

Has your child lived before? In this fascinating, controversial, and groundbreaking book, Carol Bowman reveals overwhelming evidence of past life memories in children. Not only are such experiences real, they are far more common than most people realize. Bowman's extraordinary investigation was sparked when her young son, Chase, described his own past-life death on a Civil War battlefield--an account so accurate it was authenticated by an expert historian. Even more astonishing, Chase's chronic eczema and phobia of loud noises completely disappeared after he had the memory. Inspired by Chase's dramatic healing, Bowman compiled dozens of cases and wrote this comprehensive study to explain how very young children remember their past lives, spontaneously and naturally. In Children's Past Lives, she tells how to distinguish between a true past life memory and a fantasy, offers practical advice to parents on how to respond to a past life memory, and shows how to foster the spiritual and healing benefits of these experiences. Perhaps the most moving, convincing, and best-documented evidence yet for life after death, Children's Past Lives will stand alongside the classics of Betty J. Eadie, Raymond Moody, and Brian Weiss in its power to comfort, uplift, and transform our thinking about life after death

In Many Lives, Many Masters (1988, 2008), psychiatrist Brian L. Weiss describes his treatment of a young woman to show how medical science has only begun to comprehend the mysteries of human existence. In 1980, Weiss began to see Catherine, a 27-year-old lab technician employed by the hospital where he practiced, for debilitating fears that included drowning, choking, and the dark... Purchase this in-depth summary to learn more.

Stop living in the poor me world and take purposeful action with discipline and determination to practice self-care, no matter what your age. This book shows you how to become your own caregiver by tapping into your deep beauty and inner worth and transforming yourself through exercise, diet, meditation, and getting rid of toxic relationships.

The 10th anniversary edition of one of the most iconic, beloved, and bestselling books of our time from the bestselling author of City of Girls and Big Magic, Elizabeth Gilbert. Elizabeth Gilbert's Eat Pray Love touched the world and changed countless lives, inspiring and

empowering millions of readers to search for their own best selves. Now, this beloved and iconic book returns in a beautiful 10th anniversary edition, complete with an updated introduction from the author, to launch a whole new generation of fans. In her early thirties, Elizabeth Gilbert had everything a modern American woman was supposed to want—husband, country home, successful career—but instead of feeling happy and fulfilled, she was consumed by panic and confusion. This wise and rapturous book is the story of how she left behind all these outward marks of success, and set out to explore three different aspects of her nature, against the backdrop of three different cultures: pleasure in Italy, devotion in India, and on the Indonesian island of Bali, a balance between worldly enjoyment and divine transcendence. In his groundbreaking first book, *Your Soul's Plan*, Robert Schwartz brought the idea of pre-birth planning into the mainstream. Now, his brilliant sequel *Your Soul's Gift* delves even deeper by exploring the pre-birth planning of spiritual awakening, miscarriage and abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. Working with a team of gifted mediums, Schwartz brings forth great love and wisdom from the other side to explain why such experiences are planned and the deep, soul-level healing they can create. Through the stories in *Your Soul's Gift* you can:

- Develop greater self-love as you become aware of the tremendous courage it takes for you to plan a life on Earth and to live the life you planned
- Emerge from victim consciousness to know yourself as the powerful creator of your life
- Forgive those who have hurt you and create a lasting inner peace
- Understand the qualities you came into this lifetime to cultivate and express
- See profound purpose in experiences that once appeared to be meaningless suffering
- Develop a heartfelt knowing of your infinite worth, beauty, magnificence, and sacredness as an eternal soul.

Learn the latest details and most recent groundbreaking discoveries that reveal, for the first time, the mystery of life in the spirit world after death on Earth?proof that our consciousness survives?in *Journey of Souls* by Michael Newton, Ph.D. Using a special hypnosis technique to reach the hidden memories of subjects, Dr. Newton discovered some amazing insights into what happens to us between lives. *Journey of Souls* is the record of 29 people who recalled their experiences between physical deaths. Through their extraordinary stories, you will learn specifics about:

- How it feels to die
- What you see and feel right after death
- The truth about "spiritual guides"
- What happens to "disturbed" souls
- Why you are assigned to certain soul groups in the spirit world and what you do there
- How you choose another body to return to Earth
- The different levels of souls: beginning, intermediate, and advanced
- When and where you first learn to recognize soulmates on Earth
- The purpose of life

*Journey of Souls* is a graphic record or "travel log" by these people of what happens between lives on Earth. They give specific details as they movingly describe their astounding experiences. After reading *Journey of Souls*, you will gain a better understanding of the immortality of the human soul. You will meet day-to-day challenges with a greater sense of purpose. You will begin to understand the reasons behind events in your own life. *Journey of Souls* is a life-changing book. Already, over 165,000 people have taken *Journey of Souls* to heart, giving them hope in trying times. You should read a copy, too.

A "beautiful and sensitive" tale of true love that transcends time, from the multi-million bestselling author of *Many Lives, Many Masters* (Gary Zukav, author of *Seat of the Soul*). Recommended by Kendall Jenner. In *Many Lives, Many Masters*, a skeptical Dr.

Brian Weiss found his life changed profoundly after curing a patient using past-life therapy. Now he takes his research into transcendental messages one breathtaking step further. He portrays two strangers, Elizabeth and Pedro, who are unaware that they have been lovers throughout the long centuries -- until fate brings them together again. He shows how each and every one of us has a soulmate whom we have loved in past incarnations and who waits to reunite with us now. And he opens up entirely new worlds for all of us everywhere, based on a single, powerful truth...

The benefits of regression therapy extend far beyond the clearing of symptoms. Often, the result is healing at all levels—physical, emotional, and spiritual. *Mirrors of Time*, by Brian Weiss, M.D., allows you to take regression therapy to the next level. Now you can go back through time by recalling past events that may have led to difficulties in the present. Through the process of remembering, symptoms diminish, and a strong sense of relaxation and well-being often emerges. Even past-life memories can be elicited by these exercises, and regular practice will enhance your physical and emotional health and open up spiritual vistas that can bring new meaning to your life. An audio download is included that goes beyond meditation and visualization exercises—it contains the actual regression techniques Dr. Weiss uses with his patients. By reading *Mirrors of Time* and practicing the exercises on the accompanying audio, you'll find that you'll be filled with more peace, joy, and love—and virtually all aspects of your everyday life will benefit!

Mediumship offers a powerful tool for spiritual insight for living as they connect to those who have crossed over. Many people feel a calling toward mediumship and want to know more about how to expand their energy and raise their consciousness so they are able to connect with the spirit world. Author Kerrie Erwin has lived between two worlds since childhood and is able to see and hear spirit people talking. Now a spiritual medium and clairvoyant, she works with spirit rescues and hauntings and connects living people to loved ones who have passed over into the spirit world. This practical book will be an essential tool in the development of one's own mediumship as it explores the many aspects of what a medium does, practically and spiritually. It also shares the importance of meditation and how sitting in your power with dedication can enhance your direct communication skills with loved ones, your loving guides, and angel helpers-- your true spiritual teachers.

The world-famous medium and star of Lifetime Movie Network's #1 rated show *The Haunting Of . . .* tells her story, shares some astonishing, never-before-revealed details of her celebrity readings, and teaches you how to harness your own energy and access the world beyond our own. When she was nine years old, Kim Russo discovered she had an amazing gift—she could communicate with the dead. Deeply skeptical, she denied her talent for years. But as she gradually reconciled her ability with her religious beliefs, Kim embraced who she is—and ultimately accepted her soul's mission as a voice for the spirit world. Known as the “Happy Medium” for her authenticity, warmth, and her honest, positive readings, Kim has helped people from all walks of life to connect with those who have passed on. Now, this world-renowned medium demystifies the world of the dead for everyone. The key to understanding, she contends, is energy, which cannot be destroyed. *The Happy Medium* interweaves experiences from Kim's life with some of the best, most astounding behind-the-scenes stories of her celebrity readings from episodes of her Lifetime show,



The Haunting Of . . . . In addition, she gives you the tools to access the energy that is all around us, including the experiments and lessons she uses in many of her sold-out appearances and courses around the world. Following her mantra, "Let them lead you," Kim shows you how to let the world of the dead guide you to greater understanding of life's biggest questions.

Have you ever asked yourself, why do we reincarnate? How does reincarnation fit into quantum mysticism and our true purpose in life? What is the true nature of my being? What is consciousness? Why am I here? How is that going to make me happy right now? Take a mystical journey beyond the empirical reality of life on earth with wisdom clients received by connecting to a state of superconsciousness during life-between-lives spiritual regression, along with commentaries by the author. Understand your purpose here on earth and beyond. Pieter Elsen is a professional regression therapist with many years of experience, helping countless souls find their higher purpose in and beyond life. He travels the world conducting regression sessions and speaking about the nature of our soul.

The astonishing story of a woman with an extraordinary psychic gift and a powerful message from the Other Side that can help us to live more beautifully in the here and now.

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