

## Managing Self Harm Psychological Perspectives

This book provides an expert synthesis of these clinical advances. It covers the nature of personality disorders, assessment, diagnosis and classification, management and a broad range of therapeutic approaches. Written by practitioners with real expertise in the field, the book is equally suitable for psychiatric trainees and more experienced clinicians from the full range of disciplines in mental healthcare. Up to date and comprehensive. Includes service user experiences. Draws on a wealth of real clinical experience. Eclectic range of therapies and approaches. Covers all age groups and specialist settings. Five chapters have been specially commissioned for this book, while previous versions of the other 15 chapters have been published in the journal *Advances in Psychiatric Treatment* - many have been extensively updated by the authors.

This chapter explores the agency of women who do violence and have violence done to them. It contributes to the philosophical and theoretical debate, as well as offering practical, social and political responses to the issues examined. This chapter is available as open access under a CC BY license

Forensic psychotherapy explores the roots of violent, sexual and antisocial behaviour. It is a relatively recently created discipline that applies psychoanalytic knowledge to the assessment, management and treatment of mentally disordered offenders, forming a bridge between traditional forensic psychiatry – with its focus on diagnosis and risk – and traditional psychotherapy – with its focus on understanding why things happen. As a discipline, forensic psychotherapy seeks to understand the conscious and unconscious motivations that underpin specific offending behaviours. We need to understand not only the detail of the crime, but also the offender as a whole person within his environment, including the criminal justice environment. It aims to understand the perpetrator, the victim, and the victim within the perpetrator. In this collection, leading international experts in forensic psychotherapy explore the different aspects and developments within the field. These include first hand experiences of shaping the emerging discipline within the UK, Europe and the United States; working therapeutically with high-risk offenders in prisons and secure hospitals; exploration of female violence and work with incarcerated mothers and babies; and the latest developments in forensic psychotherapy training. This book will be of interest to professionals and academics working within the fields of forensic mental health, criminal justice, psychiatry, psychology, criminology, and sociology. This book was originally published as two special issues of *Psychoanalytic Psychotherapy*.

*Mothers Accused and Abused: Addressing Complex Psychological Needs* brings together stories about mothers who are accused of harming, and in some cases killing, their children, children who subsequently harm or kill others and the challenges to professionals who work with them. Contributors consider the deeply rooted cycles of neglect and abuse manifested in the childhoods of mothers, who only come to our attention when their extreme distress is expressed through their actions. By recognising the long-standing, unmet dependency needs of abused and neglected women, the book argues that longer term engagement can prevent a seemingly endless repetition of court hearings and imprisonment, and thereby address cycles of

neglect. With sections on mothers in prison and interventions following child care proceedings, Mothers Accused and Abused will be a valuable resource to those working in the criminal and civil justice systems, social work and mental health as well as others who, in a professional or personal capacity, encounter troubled mothers and their children.

The standard reference in the field, this acclaimed work synthesizes findings from hundreds of carefully selected studies of mental health treatments for children and adolescents. Chapters on frequently encountered clinical problems systematically review the available data, identify gaps in what is known, and spell out recommendations for evidence-based practice. The authors draw on extensive clinical experience as well as research expertise. Showcasing the most effective psychosocial and pharmacological interventions for young patients, they also address challenges in translating research into real-world clinical practice. New to This Edition \*Incorporates over a decade of research advances and evolving models of evidence-based care. \*New chapter topic: child maltreatment. \*Separate chapters on self-injurious behavior, eating disorders, and substance use disorders (previously covered in a single chapter on self-harming disorders). \*Expanded chapters on depression, anxiety, and conduct disorder. \*Includes reviews of the burgeoning range of manualized psychosocial "treatment packages" for children.

Includes Appendices. "The oak and the ash" [lyrics] : English folksong ; The prototype treatment manual ; The treatment stage summary ; Interview schedule ; Further details from the original qualitative data.

Time-Limited Adolescent Psychodynamic Psychotherapy: A Developmentally Focused Psychotherapy for Young People will be an indispensable clinician's guide to the practice of Time-Limited Adolescent Psychodynamic Psychotherapy (TAPP), providing comprehensive instruction on the theory and delivery of this distinctive model of psychotherapy. TAPP is a manualised brief psychodynamic psychotherapy of 20 sessions, for young people between, approximately, 14 and 25 years, combining psychodynamic psychotherapy with psychosocial understanding of adolescent difficulties. It places emphasis on the therapeutic engagement of young people and works with a developmental focus to effect change and growth. Divided into two parts, "Conceptual Framework" and "Practice", this book combines digestible scholarly analysis with case studies to effect a one-stop practitioner's guide to TAPP. Time-Limited Adolescent Psychodynamic Psychotherapy: A Developmentally Focused Psychotherapy for Young People will be of immense value to clinicians working with young people, researchers engaging with evaluating TAPP and students of psychotherapy.

It is clearly recognized that medical errors represent a significant source of preventable healthcare-related morbidity and mortality. Furthermore, evidence shows that such complications are often the result of a series of smaller errors, missed opportunities, poor communication, breakdowns in established guidelines or protocols, or system-based deficiencies. While such events often start with the misadventures of an individual, it is how such events are managed that can determine outcomes and hopefully prevent future adverse events. The goal of Vignettes in Patient Safety is to illustrate and discuss, in a clinically relevant format, examples in which evidence-based approaches to patient care, using established methodologies to develop highly functional multidisciplinary teams, can help foster an institutional culture of patient safety and high-quality care delivery.

This guideline has been developed to advise on the short-term physical and psychological management and secondary prevention of self-harm in primary and secondary care. The guideline recommendations have been developed by a multidisciplinary group of healthcare professionals, patients and their representatives, and researchers after careful consideration of the best available evidence. It is intended that the guideline will be useful to clinicians and service commissioners in providing and planning high quality care for those people who self-harm while also emphasising the importance of the experience of care for service users and carers.

Self-harm in adolescents is a growing problem which has been poorly de-fined, clinically neglected and insufficiently researched. This volume synthesizes the available research on adolescent self-harm and presents the reader with the best available evidence on self-harm treatment. It is aimed at those who treat, research and teach about self-harm.

This is a chapter from *A Global History of Execution and the Criminal Corpse* edited by Richard Ward. This chapter is available open access under a CC BY license. Capital punishment is an historical universal — it has been practiced at some point in the history of virtually all known societies and places. That is not to say, however, that it is an historical constant — the use, form, function and meaning of execution has varied greatly across different historical contexts. This is likewise true for an important — although relatively neglected — aspect of capital punishment: the fate of the criminal body after execution. This chapter is an introduction to the volume.

Integrating recent research and developments in the field, this revised second edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treatment plans. Concrete guidelines and updated case material are provided for developing conceptualizations for the five most common therapy models: Cognitive-Behavioral Therapy (CBT), Psychodynamic, Biopsychosocial, Adlerian, and Acceptance and Commitment Therapy. The chapters also include specific exercises and activities for mastering case conceptualization and related competencies and skills. Also new to this edition is a chapter on couple and family case conceptualizations, and an emphasis throughout on trauma. Practitioners, as well as graduate students in counseling and in clinical psychology, will gain the essential skills and knowledge they need to master case conceptualizations.

Praise is perhaps the most widely used technique to influence others. When used appropriately, praise can motivate people, make them feel better, and improve their social relationships. Often, however, praise fails to work as intended and may even cause harm. *Psychological Perspectives on Praise* reviews and integrates psychological theory and research to provide an overarching perspective on praise. With contributions from leading scholars in the field, this book amalgamates diverse theoretical and empirical perspectives on praise. The book starts with providing an overview of prominent theories that seek to explain the effects of praise, including self-enhancement theory, self-verification theory, attribution theory, and self-determination theory. It then discusses several lines of empirical research on how praise impacts competence and motivation, self-perceptions (e.g., self-esteem and narcissism), and social relationships. It does so in a range of contexts, including children's learning at school, employees' commitment at work, and people's behavior within romantic relationships. The book concludes by showing how praise can be understood in its developmental and cultural context. Revealing that praise is a message rich in information about ourselves and our social environments, this book will be of interest to social, organizational, personality, developmental, and educational psychologists; students in psychology and related disciplines; and practitioners including teachers, managers, and counselors who use praise in their daily practice.

Self-injury and cutting refers to harming one's own body on purpose, a troubling problem that tends to begin in the teen or early adult years. Also known by several other terms, including "self-harm" and "self-mutilation," the behavior is often used as an outlet to get temporary relief

from tormenting emotions. Written by a medical doctor, this book offers honest information about self-injury, who it tends to affect, and possible reasons people self-injure. The author is straightforward, yet sympathetic and supportive, in detailing the dangers of the behavior and how teens can help themselves or others to stop. Myths and facts, questions for a therapist, and organizations to contact for further information are helpful features.

Domestic violence is a major public health concern, affecting millions worldwide. It is underreported, often devastating and sometimes ends in murder. In *Toxic Couples: The Psychology of Domestic Violence*, Anna Motz integrates psychological and criminological data with clinical illustrations and discussion of current high-profile cases. She examines the complex manifestations and multiple causes of intimate partner violence. Motz disentangles the roles played by those involved and examines the addictive nature of these damaging partnerships. The book describes various forms of abuse, including physical, sexual and emotional, and analyses how intimate partner violence can escalate to murder. She explores important factors including: the role of addiction; homelessness and vulnerability; the intergenerational transmission of abuse; sadomasochistic relationships; honour-based violence. The book emphasizes the significance of female- as well as male-perpetrated violence and outlines the powerful impact on the children of abusive parents, extending the clinical awareness of professionals working with those affected. *Toxic Couples: The Psychology of Domestic Violence* is ideal for clinicians working with the victims and perpetrators of intimate partner violence, for students of psychology, gender studies and social care courses and for anyone interested in the psychological forces behind violence in relationships. ]

Managing Self-Harm Psychological Perspectives Routledge

This is a provocative collection exploring the different types of violence and how they relate to one another, examined through the integration of several disciplines, including forensic psychotherapy, psychiatry, sociology, psychosocial studies and political science. By examining the 'violent states' of mind behind specific forms of violence and the social and societal contexts in which an individual act of human violence takes place, the contributors reveal the dynamic forces and reasoning behind specific forms of violence including structural violence, and conceptualise the societal structures themselves as 'violent states'. Other research often stops short at examining the causes and risk factors for violence, without considering the opposite states that may not only mitigate, but allow for a different unfolding of individual and societal evolution. As a potential antidote to violence, the authors prescribe an understanding of these 'creative states' with their psychological origins, and their importance in human behaviour and meaning-seeking. Making a call to move beyond merely mitigating violence to the opposite direction of fostering creative potential, this book is foundational in its capacity to cultivate social consciousness and effect positive change in areas of governance, policy-making, and collective responsibility. This two-volume set includes: Volume 1: *Structural Violence and Creative Structures* ISBN 9781785925641 Volume 2: *Human Violence and Creative Humanity* ISBN 9781785925658

How we change over time - who we love, what work we do, how we die - is shaped both by internal, and external influences. This book explores the important subject of human growth and development by combining the social context of how people live with their personal ways of thinking and being. The result is a greater understanding of why people are who they are. Taking a psychosocial approach to exploring human growth and development, this book: • Provides an insightful exploration of the human

life course by looking at significant life stages and key themes (such as parenting, ill-health and violence). • Draws on both contemporary and classic research in the fields of psychology and sociology, to deliver an in-depth analysis of issues about self and society. • Moves beyond traditional, limiting approaches to understanding people's lives toward an interdisciplinary, psychosocial approach. Whether you are studying on a Social Work, Nursing or related Health or Social Care degree, or taking a course in the newly emerging field of Psychosocial Studies, this book is a clear and ground-breaking contribution to the understanding of human growth and development.

People who use forensic mental health services are defined by the fact that they have violated boundaries, often in many ways. This book provides a thorough introduction to the subject of professional and therapeutic boundaries and their particular complexities within forensic mental health settings.

Explores the contemporary significance of Alfred North Whitehead's 1927 book *Symbolism: Its Meaning and Effect*

This book is open access under a CC BY license and charts the rise and fall of various self-harming behaviours in twentieth-century Britain. It puts self-cutting and overdosing into historical perspective, linking them to the huge changes that occur in mental and physical healthcare, social work and wider politics.

Worried about your Mental Health placement? Will you fit in? Will you have the right skills? What do you need to learn for practice assessments? This book will help you with all these concerns. It will tell you what to expect from the placement, what you can learn, how to link theory and practice, and how to make the most of your learning opportunities. Placement Learning in Mental Health Nursing covers the following areas: A logical, step-by-step approach to preparing for a mental health placement Helps make the most of learning opportunities Explains how to develop mental health competencies Narratives from other students describe what the placement will really be like Honest discussion of the challenges of a mental health placement to help avoid problems Advice on possible approaches to situations that may arise Keeps the aim of recovery as a central philosophy in line with contemporary thinking in mental health services. Takes a logical, step-by-step approach to preparing for learning on a mental health placement Introduces the principles of care, support and treatment of an individual with mental health problems, linking university-learned theory to practice Uses narratives from other students to describe what the placement will really be like Highlights potential learning opportunities and experiences available on a mental health placement Explains how to develop your clinical portfolio by completing specific exercises and activities Maps all activities and exercises to the NMC competencies Discusses the possible challenges that may arise during a mental health placement and advises on approaches to a range of situations Keeps the aim of recovery as a central philosophy in line with contemporary thinking in mental health care. Series features: A unique guide to getting the most from clinical placements How to prepare for your placement What you can expect to learn during a placement Clear links to, and examples of, achieving NMC competencies Guidance on what to use as evidence for your portfolio Case studies that link theory with practice How to consolidate your experience and learn from the placement Tips, activities, further reading suggestions and useful websites.

Making Sense of Self-Harm provides an alternative approach to understanding nonsuicidal self-injury; using Cultural Sociology to analyse it more as a practice than an illness and exploring it as a powerful cultural idiom of personal distress and social estrangement that is peculiarly resonant with the symbolic life of late-modern society.

Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. Managing Self-Harm explores the meaning and impact of self-harm, and the sense in which it is a language of the body. It is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment. Each chapter integrates theory with clinical illustration, enabling the direct experiences of those who self-harm to be heard and reflecting the populations that are most likely to self-harm. The contributors are drawn from a wide range of backgrounds, including clinical psychology, psychotherapy, group analysis and psychiatric nursing. Areas of discussion include: self-harm and young people in foster care and residential settings self-harm in women's secure services self-harm in people diagnosed with personality disorder This book does not offer a prescription for self-harm cessation but rather describes therapeutic approaches to working with self-harm, and outlines the complex, subtle and meaningful interactions between those who engage in self-harm and those who seek to understand it. With a specialist interest in women's self-harm, Managing Self-Harm will be essential reading for all mental health professionals, including clinical psychologists, psychotherapists, psychiatrists, psychiatric nurses and social workers. There is an expectation that women will be nurturers and carers. Women who have been judged violent, destructive and criminal and who are detained in the criminal justice system can find themselves perceived through a distorted lens as unwomanly. This book explains how they become hypervisible in their difference, while the histories of trauma and suffering that are communicated through their offending and other risk behaviour remain hidden, and so are unseen. Bringing together authors uniquely placed as experts in their fields, Invisible Trauma argues that it is essential to trace the traumatic roots of women's violence and criminality. Powerful intergenerational factors perpetuate the cycles of offending and trauma re-enactment that current sentencing practice overlooks. The authors present a psychoanalytically informed account of the development of violence and other offending, identifying pathways for change to address trauma within the lives of these women and their children, and also to create a responsive, effective and sensitive workforce. Invisible Trauma highlights the role of emotional, social and cultural forces in traumatising women who come into contact with the criminal justice system and uncovers areas of their lives that are all too often hidden from view. It will be invaluable to those working in clinical and forensic psychology, mental health nursing, psychotherapy, social work, medical practice and women's health, as well as frontline practitioners in the criminal justice system, the health service and third sector organisations and for anyone with an interest in racism, equality and social justice.

This is a provocative collection exploring the different types of violence and how they relate to one another, examined through the integration of several disciplines, including forensic psychotherapy, psychiatry, sociology, psychosocial studies and political science. By examining the 'violent states' of mind behind specific forms of violence and the social and societal contexts in which an individual act of human violence takes place, the contributors reveal the dynamic forces and reasoning behind specific forms of

violence including structural violence, and conceptualise the societal structures themselves as 'violent states'. Other research often stops short at examining the causes and risk factors for violence, without considering the opposite states that may not only mitigate, but allow for a different unfolding of individual and societal evolution. As a potential antidote to violence, the authors prescribe an understanding of these 'creative states' with their psychological origins, and their importance in human behaviour and meaning-seeking. Making a call to move beyond merely mitigating violence to the opposite direction of fostering creative potential, this book is foundational in its capacity to cultivate social consciousness and effect positive change in areas of governance, policy-making, and collective responsibility. Volume 1: Structural Violence and Creative Structures covers structural and symbolic violence, with violent states and State violence, and with creative responses and creative states at the local and global levels. HMP Holloway was the largest women's prison in Europe, historically holding numerous infamous female criminals and eliciting intrigue and fascination from the public. *The End of the Sentence: Psychotherapy with Female Offenders* documents the rich and varied psychotherapeutic work undertaken by dedicated specialists in this intense and often difficult environment, where attempts to provide psychological security were often undermined by conflicting ideas of physical security. Women commit crime most often in the context of poverty, addiction and transgenerational violence or trauma, familial cycles of offending and imprisonment which are often overlooked. Using personal testimony and case studies, and screened through the lens of psychoanalytic theory, the book examines the enduring therapeutic and relational endeavour to find connection, closure and to experience a "good enough" ending with prisoners when the possibility of a positive new beginning often seemed remote. It also considers how the cultural and political discourse remains hostile towards women who are incarcerated, and how this may have culminated in the closure of the only female prison in London. Through insightful real-life accounts, this insightful book also emphasizes the importance of professionals finding ways of supporting one another to offer women who have entered the criminal justice system a way to leave it. It will prove fascinating reading for forensic psychotherapists, forensic psychologists and criminologists, as well as anything interested in the criminal justice system.

*Fundamentals of Mental Health Nursing* is an accessible evidence-based introduction to the role of the mental health nurse. This comprehensive overview explores concepts of mental health and distress, ethics and accountability, key nursing models to be aware of, and the prevalence, predisposing factors and features of the most commonly occurring mental health problems. **KEY FEATURES:** Places mental health conditions and interventions within a wider holistic context Situates recovery at the centre of mental health nursing practice Links key concepts to mental health across the lifespan Contains learning outcomes in each chapter and includes vignettes, activities and reflective exercises to root concepts in real life practice Information is placed in a practice context from the outset, making this an essential guide to both the theory and the practice of mental health nursing. It is ideal for students on courses relating to mental health care, as well as for registered nurses and health care practitioners looking to revise their knowledge of key concepts. [www.wiley.com/go/fundamentalsofmentalhealth](http://www.wiley.com/go/fundamentalsofmentalhealth) Interactive multiple-choice questions Links to online resources Chapter summary sheets Dr Andrew Clifton is Senior Lecturer in the Faculty of Health and Life Sciences

at De Montfort University. Dr Steve Hemingway is Senior Lecturer in Mental Health Nursing at the University of Huddersfield. Dr Anne Felton is Associate Professor in Mental Health and Social Care and Dr Gemma Stacey is Associate Professor in Mental Health and Social Care, both at the Faculty of Medicine and Health Sciences at the University of Nottingham. For more information on the complete range of Wiley nursing publishing, please visit: [www.wileynursing.com](http://www.wileynursing.com) To receive automatic updates on Wiley books and journals, join our email list. Sign up today at [www.wiley.com/email](http://www.wiley.com/email)

At a time when teenage depression is escalating to worrisome levels, parents are alarmed to hear their children saying life is becoming too painful and not worth living. *You Are Not Alone* is an illuminating exposition on the inner dynamics of young people who are journeying through life challenges in a rapidly changing world of stressful situations rarely encountered a generation ago. While coping skills need to be re-examined, the ultimate goal in battling anxiety for these young people is not freedom from pain but a worthy, meaningful journey to adulthood. This appealing guidebook for parents, teachers and caregivers help give insight into adolescent depression and how to intervene to prevent the worst possible outcomes.

'Perversion is taken to mean different things within psychoanalytic discourse. In this book the authors view perversions, not in terms of specific behaviours, but as a type of blueprint for object relations. While perversions may involve a quest for excitement through sex, drugs or gambling, for example, the focus here is on the underlying incapacity - or indeed at times refusal - to relate to the other as separate from the self and not as a narcissistic appendage. It is the anxieties aroused by intimacy and relatedness that drive the pursuit of ecstasy and excitement. Psychoanalytic thinking can help multidisciplinary teams to stand back and respond to the addictive state of mind in humane and containing ways that are not collusive. This book thus provides rich food for thought not only for the individual practitioner but also for those responsible for shaping services for addicted individuals.' - Alessandra Lemma, from the Preface.

The first book on self-harm written for parents by parents. Are you concerned that your child may be self-harming? Are you wondering what to do for the best? Do you need more information and help? If so, this is the book for you. An ever-increasing number of young people are turning to self-harm in order to cope with the pressures of modern living, and this poses a huge problem for parents and others who care for them. This book provides the answers you need to questions such as: how do I know for sure whether my child is self-harming?; how should I approach my child?; what help and treatment is available to us?; what can I do to help my child?; how have other parents coped? Full of the real-life experiences of other parents who have been there, this is a practical book that will both inform and equip you to help your child and yourself through this difficult time.

Nonsuicidal self-injury (NSSI) is a baffling, troubling, and hard to treat phenomenon that has increased markedly in recent years. Key issues in diagnosing and treating NSSI adequately include differentiating it from attempted suicide and other mental disorders, as well as understanding the motivations for self-injury and the context in which it occurs. This accessible and practical book provides therapists and students with a clear understanding of these key issues, as well as of suitable assessment techniques. It then goes on to delineate research-informed treatment approaches for NSSI, with an emphasis on functional assessment, emotion

regulation, and problem solving, including motivational interviewing, interpersonal skills, CBT, DBT, behavioral management strategies, delay behaviors, exercise, family therapy, risk management, and medication, as well as how to successfully combine methods.

This book is aimed at all practitioners working in healthcare and criminal justice community settings with individuals displaying antisocial, offending, and challenging behaviours, at times complicated by severe mental disorders. Despite risk assessment policies and procedures, we all know how disorientated we can feel when trying to make sense of what is going on in the course of our work. Contributors to this book describe familiar anxiety-provoking situations. Most importantly, they illustrate ideas and perspectives that can help you to rediscover meaning and purpose in your roles and tasks, with the ultimate objective of enabling service-users to manage more effectively the emotional turbulence that invariably lies behind their challenging behaviours.

Chapter 4 of this book is open access under a CC BY 4.0 license via [link.springer.com](http://link.springer.com). This edited collection explores the agency of women who do violence and have violence done to them. Topics covered include rape, pornography, prostitution, suicide bombing and domestic violence. The volume contributes to the philosophical and theoretical debate, as well as offering practical, social and political responses to the issues examined.

A contemporary overview of the major psychological therapies and psychological approaches to mental disorder for all mental health professionals.

Secure Recovery is the first text to tackle the challenge of recovery-oriented mental health care in forensic services and prison-based therapeutic communities in the UK. Recovery as an emergent paradigm in the field of mental health presents a challenge to all services to embrace a new clinical philosophy, but nowhere are the implications more profound than in services that are designed to meet the needs of mentally disordered and personality-disordered offenders, both men and women. The chapters collected together in this book represent a cross-section of experiences in high, medium and low secure services and prison-based therapeutic communities in England and Scotland that have begun to implement a recovery orientation to the rehabilitation of offenders with mental health needs. Secure Recovery sets out a road map of guiding principles, practical and evidence-based strategies for promoting service user participation in their care and treatment and further demonstrates the adaption of traditional treatment approaches, and the development of innovations in rehabilitation, as well as tackling training for staff teams, and the evaluation of service delivery. This book provides a valuable resource and an inspiration to practitioners working across forensic mental health settings, increasing understanding of contemporary challenges and suggesting ways of moving forward.

Adopting a predominantly psychological approach, this book provides carers with up-to-date information and resources to provide appropriately individualised care to people with learning disabilities who self-injure. Understanding and Working with People with Learning Disabilities who Self-Injure synthesises traditional (behavioural) and newer (psychological) approaches to understanding self-injury, drawing on psychoanalytic and social theory to provide practical guidelines for more sustained and effective support. It suggests that motivations for self-injury may be similar for people with and without learning disabilities, and draws on case work

examples to suggest person-centred techniques that encourage communication – particularly important with people who do not use verbal communication - and recovery. The book covers a range of specific needs, including people with autism who self-injure, and emphasises the views of people with learning disabilities themselves and their families about what has worked best, and why. At the end of each chapter, a variety of practical implications for the provision of support are given. This book is for those supporting people with learning disabilities who self-injure and will be a useful resource for social workers, psychologists, counsellors, learning support workers, nurses and social and health care students.

Understanding Children and Young People's Mental Health has been designed to help the student and newly qualified health care professional to familiarise themselves with the key theoretical frameworks underpinning the field of children and young people's mental health. It explores the mental health challenges that children and young people face, and how we as adults can work alongside them to help them face and overcome such challenges. This book provides comprehensive information on the theory and practice of particular mental health difficulties which children and young people may have to face, including self-harm, depression, suicide, child abuse, eating disorders, substance misuse, and early onset psychosis. Understanding Children and Young People's Mental Health is essential reading for pre-registration students in nursing and healthcare on child and mental health branches, and for newly qualified nursing, health and social care practitioners who work with children and young people. Brings together specialist practitioners and academics in the field Incorporates the latest guidelines and policies Practical and accessible in style with learning outcomes, activities, examples and recommended reading in each chapter

Psychoanalytic Thinking on the Unhoused Mind illuminates the psychological underpinnings of current societal problems: homelessness, mental distress, loneliness and states of societal breakdown and exclusion. Illustrated with a broad range of clinical work as well as thoughts on art and literature, the book brings to life complex tensions between the individual psyche, the group, and wider political and cultural structures. 'Unhoused' states of mind are explored in rough sleepers, ex-prisoners, survivors of institutional abuse and family trauma, and people living with personality disorder, addiction, psychosis and dementia. Chapters describe outreach, assessment and long-term psychotherapy, as well as reflective practice with staff teams and care systems, and learning from consultation, supervision and policy development. New therapeutic responses to chronic risk and to resilience are developed from psychoanalytic understandings of difficulties with containment and care. The collection will be of value to psychotherapists and other mental health practitioners, as well as those working in therapeutic, residential and criminal justice settings and outreach services.

This groundbreaking book explores the psychodynamics and socio-politics of the forensic therapeutic milieu, addressing some of the most difficult and complex issues facing practitioners. It sets out a psycho-social framework for understanding the predicament and the needs of those who live in and those who work in forensic mental health settings. It brings to life the thinking of those working on the frontline in an increasingly difficult and hostile environment, and draws together fresh and stimulating approaches to engagement with highly complex individuals who present challenges to traditional models of psychiatric assessment and

treatment. Contributors with considerable clinical experience and expertise from a range of disciplines consider the ethical, emotional and intellectual challenges of their work, and describe ways in which genuine containment and change can be achieved despite numerous perceived assaults on therapeutic relationships, and on the therapeutic milieu itself. Combining clinical case studies with organisational perspectives and clear descriptions of theoretical processes, they explore key issues including the challenges of maintaining role-appropriate, 'boundaried' relationships; the tensions between public protection and individual confidentiality; questions of risk and responsibility; duty of care and respect for individual liberty; the challenges posed by inter-professional tensions and rivalries; as well as specific clinical dilemmas. The difficulties they experience in fulfilling specific therapeutic roles in the face of uncertainties about the funding and commissioning of their services are addressed, and the final part of the book outlines some of the ways in which individuals, particular services and whole organisations may protect themselves when under attack. This unique and highly original book is essential reading for all those working, or training to work, in both forensic and non-forensic inpatient therapeutic milieux and for academics and lay readers interested in the societal dynamics of inclusion and exclusion that are replicated and magnified in these settings.

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