

Life Visioning A Transformative Process For Activating Your Unique Gifts And Highest Potential Michael Bernard Beckwith

For more than 35 years, the Hoffman Process has been recognized as one of the most potent transformational processes; however, the 8-day residential program is out of reach for most people. Now, Tim Laurence reveals this powerful methodology with warmth and clarity. Using practical exercises, personal stories, case histories, and insightful commentary, Laurence skillfully teaches how to identify and resolve the inherited patterns of behavior that cause emotional and spiritual pain. In this book readers will learn powerful ways to: Break the compulsive patterns that run your life, exercise your own free will, and regain control of your thoughts and behavior Free up energy by releasing your pent-up resentments and directly experience your own spirituality Identify what you really want in life, and finally make the changes you have been putting off for years The Hoffman Process is endorsed by an extraordinary array of experts and leaders from all walks of life, and it includes the results of a grant research study proving the long-term effectiveness of the Process.

The authors have done a masterful job of charting the important story of DARPA, one of the key catalysts of technological innovation in US recent history. By plotting the development, achievements and structure of the leading world agency of this kind, this book stimulates new thinking in the field of technological innovation with bearing on how to respond to climate change, pandemics, cyber security and other global problems of our time. The DARPA Model provides a useful guide for governmental agency and policy leaders, and for anybody interested in the role of governments in technological innovation. —Dr. Kent Hughes, Woodrow Wilson International Center for Scholars This volume contains a remarkable collection of extremely insightful articles on the world's most successful advanced technology agency. Drafted by the leading US experts on DARPA, it provides a variety of perspectives that in turn benefit from being presented together in a comprehensive volume. It reviews DARPA's unique role in the U.S. innovation system, as well as the challenges DARPA and its clones face today. As the American model is being considered for adoption by a number of countries worldwide, this book makes a welcome and timely contribution to the policy dialogue on the role played by governments in stimulating technological innovation. — Prof. Charles Wessner, Georgetown University The U.S. Defense Advanced Research Projects Agency (DARPA) has played a remarkable role in the creation new transformative technologies, revolutionizing defense with drones and precision-guided munitions, and transforming civilian life with portable GPS receivers, voice-recognition software, self-driving cars, unmanned aerial vehicles, and, most famously, the ARPANET and its successor, the Internet. Other parts of the U.S. Government and some foreign governments have tried to apply the 'DARPA model' to help develop valuable new technologies. But how and why has DARPA succeeded? Which features of its operation and environment contribute to this success? And what lessons does its experience offer for other U.S. agencies and other governments that want to develop and demonstrate their own 'transformative technologies'? This book is a remarkable collection of leading academic research on DARPA from a wide range of perspectives, combining to chart an important story from the Agency's founding in the wake of Sputnik, to the current attempts to adapt it to use by other federal agencies. Informative and insightful, this guide is essential reading for political and policy leaders, as well as researchers and students interested in understanding the success of this agency and the lessons it offers to others.

Offers advice on how to lead an organization into change, including establishing a sense of urgency, developing a vision and strategy, and generating short-term wins.

Why have you been given this singular treasure that is your life—and how will you use it? What is the purpose for the unique blend of gifts, skills, experiences, and perspectives that you alone possess? To support you in answering these questions and living in sync with your inner calling, Michael Bernard Beckwith presents Life Visioning—an essential companion for anyone seeking to accelerate their spiritual evolution. Here he offers his complete Life Visioning Process—transformational technology for applying deep inquiry and spiritual practice to enable the growth, development, and unfoldment of your soul. Join him to learn more about: The four stages of consciousness: Victim, Manifester, Channel, and Being—the characteristics of each stage, and how we move through them The dance of co-creation—establishing the balance between effort and surrender Applying the Life Visioning Process in all of your life structures, including relationships, finances, livelihood, and spiritual practice “When your thoughts and actions begin to align with the imperatives of your soul,” explains Beckwith, “you enroll the full support of the universe. Unimagined possibilities begin to open up as you synchronize with the divine.” In this book, you will discover an unparalleled method for navigating every stage of your evolutionary journey—and fulfilling your highest calling as only you can.

Walt Rakowich brings a real-world perspective to leadership that's based on experience, not just theory. Walt was CEO of Prologis, the world's largest owner of industrial warehouses and a critical partner to companies distributing products throughout the global supply chain. The company was near bankruptcy when Walt took over at the height of the Great Recession. While leading Prologis back to prominence, and in the years since, Walt realized leaders today must lean into timeless values and principles, but with a fresh perspective on the new realities of our leadership climates. The modern leadership environment exists at the convergence of three distinct and dynamic climates: the climates of access, diversity, and acceleration. On their own or in the aggregate, these climates produce significant opportunities and tensions that will challenge leaders for generations. With a fundamental understanding of these climates, leaders develop a selfless approach that withstands the toughest storms.

Transfluence shows leaders how they can have transformative influence by overcoming their fears and pride, building transparency into their leadership, developing a strong core of authentic values, and passionately pursuing a meaningful purpose. When leaders do this, they seize opportunities, embrace challenges, and make their organizations and communities greater than ever.

In his bestselling book Emergence, Derek Rydall helps you throw aside the self-help books and recognize one simple, radical truth: the answer is already in you. The harder we try to change, the deeper in the hole we get. We find a new partner but have the same old fights. We strive for an ever-bigger paycheck but end up broke at a higher income bracket. This is what happens when the basic principle of life—the Law of Emergence—is disrupted, stopping you from knowing that you are the perfect you. Like an acorn is a perfect acorn that becomes a perfect oak tree, there is not a part of you from beginning to end that isn't exactly what you should be. The Law of Emergence provides the foundation to re-engage with this ancient principle. In this seven-stage framework, spiritual life coach Derek Rydall shows that we aren't lacking anything; everything we need to fulfill our full potential is already inside us. Backed by an ancient truth that has largely been lost, Rydall changes the conversation around how to achieve your potential by showing you how to activate the genius already in you and empower your purpose in life. If you are struggling to improve something about yourself—your health, your mindset, your relationships, then Emergence is the book and Derek is the teacher you have been waiting for.

Getting Unstuck People who are trying to solve tough economic, social, and environmental problems often find themselves frustratingly stuck. They can't solve their problems in their current context, which is too unstable or unfair or unsustainable. They can't transform this context on their own—it's too complex to be grasped or shifted by any one person or organization or sector. And the people whose cooperation they need don't understand or agree with or trust them or each other. Transformative scenario planning is a powerful new methodology for dealing with these challenges. It enables us to transform ourselves and our relationships and thereby the systems of which we are a part. At a time when divisions within and among societies are producing so many people to get stuck and to suffer, it

offers hope—and a proven approach—for moving forward together.

Now in its third edition, *Progressive Community Organizing: Transformative Practice in a Globalizing World* introduces readers to the rich practice of progressive community organizing for social change while also providing concrete tools geared toward practitioner skill building. Drawing from social movement scholarship and social theory, this book articulates a transformative approach to organizing that embraces emergent strategies and healing justice. It emphasizes framing processes and the power of stories using story-based strategy and digital activism. Embracing intersectional organizing, the book addresses topics such as identity politics, microaggressions, internalized oppression, and horizontal hostility with attention to recentering and allyship as a growth-oriented journey of solidarity and liberation. Readers will engage with case studies focused on issues such as poverty, racial justice, immigration, housing, health and mental health, and climate crisis. This new edition includes: Expanded content on transformative change approaches including healing justice New content on the role of digital technology and social media in organizing Case studies of the Poor People's Campaign and Extinction Rebellion Emphasis on the power of stories and story-based strategy for organizing and issue framing Transformative organizations with attention to feminist and decolonized organizational structures and cultures Expanded chapters on strategies and tactics focusing on power analysis and a range of tactics from direct action to resilience-based organizing The book will be of interest to students and practitioners who want to become more skilled in structural analysis, praxis, and self-reflexivity through critical and transformative engagement with historical and current social problems, social movements, and social welfare.

Visioning Technologies brings together a collection of texts from leading theorists to examine how architecture has been, and is, reframed and restructured by the visual and theoretical frameworks introduced by different 'technologies of sight' – understood to include orthographic projection, perspective drawing, telescopic devices, photography, film and computer visualization, amongst others. Each chapter deals with its own area and historical period of expertise, organized sequentially to mark out and analyse the historical evolution of how architecture has been transformed by technologically induced shifts in human perception from the 15th century until today. This book underlines the way in which architectural forms and design processes have developed historically in conjunction with the systems of sight we manufacture technologically and suggests this continues today. Paradoxically, it is premised on the argument that these technological systems tend, in their initial formulations, to obtain ever greater realism in our visualizations of the physical world.

A Huffington Post columnist and women's leadership expert outlines practical skills that women can use to implement positive change, covering such topics as self-esteem and how to overcome sabotaging gender rules of conduct. 50,000 first printing.

Well-being studies is an exciting and relatively new multi-disciplinary field, with data being gathered from different domains in order to improve social policies. In its reliance on a truncated account of well-being based implicitly on neoclassical economic assumptions, however, the field is deeply flawed. Departing from reductive accounts of well-being that exclude the normative or evaluative aspect of the concept and so impoverish the attendant conception of human life, this book offers a new perspective on what counts normatively as being well. In reconceptualising well-being holistically, it presents a fresh vista on how we can consider the meanings of human life in a manner that also serves as a source of constructive social critique. The book thus undertakes to invert the usual approach to the social sciences, in which the research is required to be objective in terms of methodology and subjective with regard to evaluative claims. Instead, the authors are deliberately objective about values in order to be more open to the subjectivities of human life. *Happiness, Flourishing and the Good Life* thus seeks to move away from economic considerations' domination of all social spaces in order to understand the possibilities of well-being beyond instrumentalisation or commodification. A radical new approach to the human well-being, this book will appeal to philosophers, social theorists and political scientists and all who are interested in human happiness.

A science journalist explores the latest research on dreams—how they work, what they're for, and how we can reap the benefits. While on a research trip in Peru, science journalist Alice Robb became hooked on lucid dreaming—the uncanny phenomenon in which a sleeping person can realize that they're dreaming and even control the dreamed experience. Finding these forays both puzzling and exhilarating, Robb dug deeper into the science of dreams at an extremely opportune moment: just as researchers began to understand why dreams exist. They aren't just random events; they have clear purposes. They help us learn and even overcome psychic trauma. Robb draws on fresh and forgotten research, as well as her experience and that of other dream experts, to show why dreams are vital to our emotional and physical health. She explains how we can remember our dreams better—and why we should. She traces the intricate links between dreaming and creativity, and even offers advice on how we can relish the intense adventure of lucid dreaming for ourselves. *Why We Dream* is both a cutting-edge examination of the meaning and purpose of our nightly visions and a guide to changing our dream lives in order to make our waking lives richer, healthier, and happier. "Robb offers a welcome antidote to the medicine administered by most sleep gurus." —*New Yorker*

Transformative Classroom Management The natural condition of any classroom is harmonious, satisfying, and productive, so why do so many teachers struggle with problems of apathy, hostility, anxiety, inefficiency, and resistance? In this groundbreaking book, education expert John Shindler presents a powerful model, *Transformative Classroom Management (TCM)*, that can be implemented by any teacher to restore the natural positive feelings in his or her classroom—the love of learning, collaboration, inspiration, and giving—and create a productive learning environment in which all students can achieve. Unlike other classroom management systems that view problems as something to be "handled," TCM offers suggestions for creating optimal conditions for learning, performance, motivation, and growth. This practical book shows teachers how to abandon ineffective short-term gimmicks, bribes, and punishments and adopt the proven management practices and new habits of mind that will transform their classrooms. Praise for *Transformative Classroom Management* "Transformative Classroom Management is a practical resource that explains the how and why of classroom management for novice and veteran teachers. Dr. Shindler recognizes the importance of preserving the teacher's sanity while ensuring the student's development of a personal sense of responsibility and a positive self-esteem."

—EILEEN MATUS, principal, South Toms River Elementary School, New Jersey "I have read many other management books by other authors, but *Transformative Classroom Management* has been the best so far at demystifying the invisible forces in the classroom." —WILL McELROY, 4th grade teacher, Los Angeles United School District "This book was an invaluable tool for me during my student teaching. It served as a reference book that I found myself continually drawn to while struggling to find ways to effectively manage 29 first graders. The ideas, concepts and suggestions in the book were so innovative and helpful that even my Master Teacher found herself implementing some of the ideas! A must have for all student teachers!" —CAROL GILLON, student teacher, Seattle University "Insightful and thoroughly researched, *Transformative Classroom Management* is an invaluable tool to help teachers, newbies and veterans alike, develop fully functional and engaged learning communities." —LISA GAMACHE RODRIGUEZ, teacher, Los Angeles Unified School District

It's Not Just About the Money True wealth is not about buckets of cash. True wealth is not about designer clothes. It is not about a new Mercedes. It is not about living in a palatial estate. True wealth, asserts David Gikandi, is about discovering value within yourself and value within other people. It is about a kind of conscious living that incorporates gratitude, a belief in abundance, and the experience of joy. Based on the recent discoveries of theoretical physics and a close reading of inspirational classics of the last century, Gikandi creates a new model for the creation of personal wealth; a new model that shows readers how to create abundance by saving, giving, offering charity, and building happy relationships. Learn to use an internal mantra to build wealth consciousness. Practice conscious and deliberate

thoughts and intentions. Decide, define, and set goals you can believe in. Practice gratitude, giving, and faith, and experience abundance and joy in your life. Includes a 16-page study guide—for individuals and group use.

Life Visioning A Transformative Process for Activating Your Unique Gifts and Highest Potential Sounds True

Uncover the secret to defeating anxiety and create a better life with neuroplasticity. Are you searching for a powerful way to hack into your subconscious mind and transform the way you think? Have you heard about the revolutionary science behind neuroplasticity before, but you're not sure what it's all about? Then keep reading. Neuroplasticity is a powerful, proven method of reshaping your mindsets and taking advantage of the brain's natural ability to change. Whether you want to overcome anxiety, improve your focus and memory, or defeat phobia and addiction, the ability to hack into your mind and reshape your subconscious beliefs is a powerful way to achieve lasting, positive change. Now, this essential guide offers you a practical way of harnessing the adaptive power of neuroplasticity to alter the way you think. Drawing on the latest research, you'll find tried-and-tested exercises and easy-to-follow advice designed to help you master this life-changing skill. Here's just a little of what you'll discover inside: Exploring the Origins and History of Neuroplasticity The Surprising Reasons That Neuroplasticity Can Help You Defeat Anxiety and Depression Practical Exercises for Becoming More Focused Simple Methods for Naturally Improving Your Brain's Adaptive Capabilities Tips and Tricks to Keep Your Hypothalamus Healthy And How to Harness Neuroplasticity to Overcome Addictions Phobias, Insomnia and More With easy-to-follow instructions backed by the latest neurological research, this audiobook is the perfect tool for mental mastery. So don't wait - it's time for you to discover how you can supercharge your productivity and memory, stop mental illness in its tracks, and transform your mind with the help of neuroplasticity. Scroll up and buy now to begin unlocking the secrets of neuroplasticity today!

Numbers held great significance to the ancients, and the number 40 is constant in a variety of spiritual traditions. With 40 Day Mind Fast Soul Feast, you may begin your own 40 day transformational, mystical journey with a wise, experienced guide who has walked the terrain for 30 years as a practitioner and teacher of meditation, affirmative prayer and the Life Visioning Process.

A Grief and Trauma Recovery and Wellness Guide “Lily has written a heart-warming, courageous book, offering pages of wisdom, guidance, and hope to all who are grieving unbearable loss.” ?Trudy Goodman, founder of InsightLA How inspired qualities and affirmations helped one mother honor her loved one, cope with grief, and give grief meaning. Help through the mourning process using self-healing methods. How do you make sense of loss and tragedy? After the sudden and devastating loss of her infant daughter, Lily Dulan (a marriage and family therapist, psychotherapist and certified yoga teacher) meditated, prayed, and ruminated on the only thing she had left—her baby girl’s name. In Lily’s courage to address and move through her pain, she developed a cross pollination of proven psychological modalities, 12-step wellness tools, spiritual healing applications, meditations, and ancient yoga self-help processes she called “The Name Work”. In her heartfelt memoir, Lily shares her healing journey and her method for unleashing the power in names and giving them special meaning to help move through the grief process in a thoughtful and transformative way. What’s in a name? Meanings! The Name Work method teaches you how to assign special meaning and qualities to the letters in names—a deceased loved one’s or your own—and how to create positive affirmations for each letter’s attribute. It is a tangible and personal self-healing method for whatever obstacles arise; a unique, new wellness tool for healing and self-discovery. The Name Work also includes: • Affirmations, self-guided questions, meditations, and practices • An A-Z dictionary of qualities to help create your own affirmations • Life hacks for addictive behaviors and moving through trauma and loss • A first-hand account of the author’s personal healing journey If you benefited from books like Finding Meaning, It’s OK That You’re Not OK, or Healing After Loss, then you’ll be inspired by Giving Grief Meaning.

A critical and accessible text, this book provides a foundation for translanguaging theory and practice with educating emergent bilingual students. The product of the internationally renowned and trailblazing City University of New York-New York State Initiative on Emergent Bilinguals (CUNY-NYSIEB), this book draws on a common vision of translanguaging to present different perspectives of its practice and outcomes in real schools. It tells the story of the collaborative project’s positive impact on instruction and assessment in different contexts, and explores the potential for transformation in teacher education. Acknowledging oppressive traditions and obstacles facing language minoritized students, this book provides a pathway for combatting racism, monolingualism, classism and colonialism in the classroom and offers narratives, strategies and pedagogical practices to liberate and engage emergent bilingual students. This book is an essential text for all teacher educators, researchers, scholars, and students in TESOL and bilingual education, as well as educators working with language minoritized students.

Envision and enact transformative change with an iterative visioning process, thought-provoking vignettes, case studies from exemplary schools, key strategies and tools, and practical implementation ideas.

Have you ever been in a position where not one muscle in your body is willing to push on? And the easy way out is just to give up? Our Transformative Journey is a compilation of transformation stories from 21 Health and Wellness Coaches who come from diverse cultures and backgrounds. The stories will encourage and inspire both men and women to DREAM BIG, never give up and to remain focused irrespective of the challenges or mountains they face. In Our Transformative Journey, the authors share their personal stories to inspire you into action and to show you that it is possible to become victorious and conquer any mountain that you may be facing. Each story will serve as a guide as it walks its reader through storms and challenges of life that serves as uncovered hidden opportunities in difficult situations. Our Transformative Journey is a purpose-driven book focused on providing success-minded individuals with a strong hope and belief in the results, not the processes. So often individuals get stuck in the process. Fears come up, obstacles get in the way, you think that’s it’s too hard or that you’re not good enough. Throughout Our Journey each author made a decision to trust the process, and open themselves up to unlimited possibilities in order to heal in order to get to where they are today. During the process is where learning and growth is experienced. And the process will ultimately

lead you towards your vision and dreams. Through their transparent stories, the authors motivate and empower their readers to take a stand, live and continue to fight for their dreams. In this masterful compilation, you will discover the true meaning of how their transformations led to each of them living a happier and healthier life that is filled with purpose and meaning. We invite you to take on this journey with us and experience the peace, love, joy, and state of well being that comes with it. We live better when we are better. Life is a continuous learning process and I urge you to learn, get results, be better, and live better. Are you in need of inspiration to help you transform your life into something extraordinary?

Exploring the concept of individual and collective transformation as the underlying driver for media pedagogy, this book offers valuable insights and practical strategies for implementing transformative media pedagogies across learning environments and civic ecosystems. Each chapter takes the form of critical and reflective writing on specific processes and practices that emerged from contributors' experiences of participating in the Salzburg Academy on Media and Global Change, an experimental and immersive transformational media pedagogy project born in 2007, and continuing to this day. Together, contributors examine media pedagogies that prioritize value constructions like human connection, care, imagination, and agency, all of which collectively support a transformative approach to learning. While this book takes into account media pedagogies that focus on competencies and skills, its priority is to reveal and offer learning pathways that develop media makers and storytellers focused on positive social impact in the world. This book will be of interest to any media educators, researchers, practitioners, and entrepreneurs seeking to implement transformative media pedagogies that support equitable and just civic futures.

This book directly helps decision-makers and change agents in companies, NGOs, and government bodies become more proficient in transformative, collaborative change in realizing the SDGs. This practitioner's handbook translates a systemic – and enlivening – approach to collaboration into day-to-day work and management. It connects the emerging practice of multi-stakeholder collaboration to easily understandable models, tools, and cases. Numerous, concrete cases not only bring this methodology to life, but also help identify the challenges and avoid common mistakes. The book can be used as a guide to apply a breakthrough approach for navigating the complexity of stakeholder systems, designing results-oriented process architectures, ensuring the success of cross-sector change initiatives, and enlivening collaboration ecosystems for SDG implementation. It is designed to enhance high quality stakeholder engagement, dialogue, and collaboration. A must-read, the book sets a new standard for the collaborative implementation of Agenda 2030 and is a foundational guide for leading sustainability transformations collectively to achieve climate change mitigation, social integration, equitable value chains, and broad sustainability challenges.

In the tradition of Octavia Butler, here is radical self-help, society-help, and planet-help to shape the futures we want. Change is constant. The world, our bodies, and our minds are in a constant state of flux. They are a stream of ever-mutating, emergent patterns. Rather than steel ourselves against such change, Emergent Strategy teaches us to map and assess the swirling structures and to read them as they happen, all the better to shape that which ultimately shapes us, personally and politically. A resolutely materialist spirituality based equally on science and science fiction: a wild feminist and afro-futurist ride! adrienne maree brown, co-editor of Octavia's Brood: Science Fiction from Social Justice Movements, is a social justice facilitator, healer, and doula living in Detroit.

There are pivotal moments in the lives of all seekers when we realize that we've been traveling on our path of growth toward happiness and fulfillment, but, simply put, we want to go faster. How we have been living, working, and loving just isn't enough or even acceptable anymore. We know we're being called to something more significant and expanded—we can feel it. At these times what's needed is not simply more change or an adjustment in our outer life, but profound transformation. We don't just want to rearrange the pieces of ourselves so that they look better temporarily. We want nothing less than rebirth. We are ready for Soul Shifts. Soul Shifts is the groundbreaking new book from New York Times best-selling author and renowned transformational teacher Barbara De Angelis, Ph.D. Now, in her most powerful offering yet—and the culmination of her life's work—Dr. De Angelis offers a practical handbook for awakening, and a brilliant revisioning of the journey of personal and spiritual transformation that will inspire and enlighten longtime seekers as well as new arrivals to the path of growth. Soul Shifts are radical, vibrational internal shifts that spontaneously and inevitably transform the way you relate to yourself, to others, and to the world. For transformation to be real and lasting, it must originate from the inside out, so that instead of trying to constantly micromanage everything, you operate from true mastery at the deepest level of who you are—the soul level. When you learn how to make these Soul Shifts on the inside, everything on the outside of your life shifts. Places where you've felt stuck or confused become illuminated with new clarity and understanding. Obstacles turn into possibilities, dead ends transform into doorways, and challenges convert into astonishing maps leading you to exciting new territories . . . all because you have made a Soul Shift. A masterful and moving teacher, Dr. De Angelis will offer you illuminating guidance and invaluable techniques for living a life of practical spirituality and making your own personal Soul Shifts. Written with Barbara De Angelis's trademark eloquence, keen insight, and compassionate wisdom, Soul Shifts takes you on nothing less than a sacred inner journey to emotional and spiritual rebirth and lasting attainment. Reading it will leave you truly and authentically uplifted and transformed.

"Based on the PBS Television Special 'The Answer Is You,' Michael Bernard Beckwith"--T.p. vers

A spiritual leader featured in The Secret challenges readers to search within themselves for the key to unlocking their future and changing their lives in amazing ways, in a book that teaches inner spiritual work, rather than religiosity or dogma, and is structured around the key themes of transformation, peace, abundance, and more. Original.

A book for anyone who wants to understand the psychological nature of contemplative practice as a transformative process. Renowned psychologist Han de Wit explores the psychology found in age-old contemplative traditions and takes us deep into the mind of the spiritual practitioner. Using Buddhism as a framework, and drawing insights from several world religions, he

demonstrates how contemplative practices can open us up to our own wisdom and compassion. The result is a vivid illumination of the process of spiritual transformation and an important contribution to contemporary psychology and psychotherapy.

"Johnson and Suskewicz have raised a battle cry for the kind of leadership we need in these uncertain times." -- Sandi Peterson, Member, Board of Directors, Microsoft We all know a visionary leader when we see one. They're bold and prophetic and at the same time pragmatic. They don't just promote change--they drive it, while inspiring and mobilizing others to do the same. Visionaries like Steve Jobs and Jeff Bezos possess a host of innate qualities that make them extraordinary, but what truly sets them apart is their ability to turn vision into action. In *Lead from the Future*, Innosight's Mark W. Johnson and Josh Suskewicz introduce a new way of thinking and managing, called "future-back," that enables any manager to become a practical visionary. Addressing the many barriers to change that exist in established organizations, they present a systematic approach to overcoming them that includes: The principles and mind-set that allow leadership teams to look beyond typical short-term planning horizons A method for turning emerging challenges into the growth opportunities that can define an organization's future A step-by-step approach for translating a vision into a strategic plan that teams can align around and commit to Ways to ensure that visionary thinking becomes a repeatable organizational capability As practical as it is inspiring, *Lead from the Future* is the guide you and your team need to develop a vision and translate it into transformative growth.

A "book of meditation that will help you achieve new dimensions of stress-free living"--

The Wilbur Award-winning book *Grateful* is now available in paperback and with an updated subtitle. If gratitude is good, why is it so hard to do? In *Grateful*, Diana Butler Bass untangles our conflicting understandings of gratitude and sets the table for a renewed practice of giving thanks. We know that gratitude is good, but many of us find it hard to sustain a meaningful life of gratefulness. Four out of five Americans report feeling gratitude on a regular basis, but those private feelings seem disconnected from larger concerns of our public lives. In *Grateful*, cultural observer and theologian Diana Butler Bass takes on this "gratitude gap" and offers up surprising, relevant, and powerful insights to practice gratitude. Bass, author of the award-winning *Grounded* and ten other books on spirituality and culture, explores the transformative, subversive power of gratitude for our personal lives and in communities. Using her trademark blend of historical research, spiritual insights, and timely cultural observation, she shows how we can overcome this gap and make change in our own lives and in the world. With honest stories and heartrending examples from history and her own life, Bass reclaims gratitude as a path to greater connection with god, with others, with the world, and even with our own souls. It's time to embrace a more radical practice of gratitude—the virtue that heals us and helps us thrive.

As visionary and illuminating as it is instructive and practical, *A Shift in Being* is a guide for all those who desire to support others to explore and transform their inner world, and to embody new levels of personal reality. This book takes you on an inspiring journey that reveals how transformational coaching is perfectly positioned to enable people to experience and express their true selves. Not by using an intellect-driven, 'figure it out' approach, but by shifting their attention to what is emanating from deep within. Their paradigm then shifts, radically changing how they experience themselves and the world around them. In clear, relaxed prose, Leon VanderPol takes you through the process of facilitating soul-deep transformation, masterfully weaving together coaching, healing, psychology, and spirituality with an in-depth knowledge of what it takes to open people to their highest truths.*The first part explores the stages, patterns, and dynamics of human transformation--essential knowledge for all those who do transformative work. *The second part introduces the Deep Coaching approach and nine transformative practices that will forever change the potentials of your work. In fact, *A Shift in Being* will change your life - and through you, the lives of others.

Transformative learning involves experiencing a deep, structural shift in the basic premises of thought, feelings, and actions. It is a shift of consciousness that dramatically and permanently alters our way of being in the world. Such a shift involves our understanding of ourselves and our self-locations; our relationships with other humans and with the natural world; our understanding of relations of power in interlocking structures of class, race and gender; our body awarenenses; our visions of alternative approaches to living; and our sense of possibilities for social justice and peace and personal joy. The editors of this collection make several challenges to the existing field of transformative learning - the first is to theoreticians, who have attempted to describe the nature of transformative learning without regard to the content of transformative learning. The editors argue that transformative learning theory cannot be constructed in a content-neutral or context-free way. Their second challenge, which assumes the importance content for transformative learning, is to educators as practitioners. The editors argue that transformative learning requires new educational practices consistent with the content. Arts-based research and arts-based teaching/learning practices are one example of such new educational practices. Education for the soul, or spiritual practices such as meditation or modified martial arts or indigenous peoples' forms of teaching/learning, is another example. Each article in the collection presents a possible model of these new practices.

Loyalty to Your Soul establishes Spiritual Psychology as a paradigm-altering frontier. It initiates a radical shift at the core of contemporary psychological thought by unveiling a technology for using everyday life experiences as rungs on the ladder of spiritual evolution. This book is uniquely suited for anyone seeking to discover and cross the bridge that spans the waters between life referenced in material reality and life lived within the context of spiritual reality. *Loyalty to Your Soul* shows you how to first gain access to, and then gradually learn to live from, that sacred place inherent within everyone referred to by the authors as the Authentic Self—a place where emotional suffering ceases and profound peace and love are present. While many people have written about such an inner state, Ron and Mary Hulnick show you how to travel there . . .and what to anticipate once you arrive. The radical technology they introduce empowers readers to transform challenging or negative human experiences into direct experiences of the Soul.

Summary: "Creative Community Planning provides clear access to emerging innovations in artistic, narrative, embodied and technological methods, exploring the frontiers of community engagement within a fresh sustainability framework. Academics, professionals and community members increasingly acknowledge that multiple perspectives enrich planning outcomes. Furthermore, it's acknowledged that the engagement process itself can create imaginative forums and spaces to nurture understanding and empathy for ourselves and for our environments. Reflecting on the wide continuum of participatory practice, the authors of *Creative Community Planning* discuss the work of planning theorists, researchers and practitioners engaging a diversity of people living in ever changing communities. The authors discuss how engagement practices are enhanced using practices such as visioning and participatory research processes,

