

Life At The Bottom The Worldview That Makes The Underclass

A pioneering marine biologist takes us down into the deep ocean to understand bioluminescence—the language of light that helps life communicate in the darkness—and what it tells us about the future of life on Earth in this “thrilling blend of hard science and high adventure” (The New York Times Book Review). “Edith Widder’s story is one of hardscrabble optimism, two-fisted exploration, and groundbreaking research. She’s done things I dream of doing.”—James Cameron

Edith Widder’s childhood dream of becoming a marine biologist was almost derailed in college, when complications from a surgery gone wrong caused temporary blindness. A new reality of shifting shadows drew her fascination to the power of light—as well as the importance of optimism. As her vision cleared, Widder found the intersection of her two passions in oceanic bioluminescence, a little-explored scientific field within Earth’s last great unknown frontier: the deep ocean. With little promise of funding or employment, she leaped at the first opportunity to train as a submersible pilot and dove into the darkness. Widder’s first journey into the deep ocean, in a diving suit that resembled a suit of armor, took her to a depth of eight hundred feet. She turned off the lights and witnessed breathtaking underwater fireworks: explosions of bioluminescent activity. Concerns about her future career vanished. She only wanted to know one thing: Why was there so much light down there? *Below the Edge of Darkness* takes readers deep into our planet’s oceans as Widder pursues her questions about one of the most important and widely used forms of communication in nature. In the process, she reveals hidden worlds and a dazzling menagerie of behaviors and animals, from microbes to leviathans, many never before seen or, like the legendary giant squid, never before filmed in their deep-sea lairs. Alongside Widder, we experience life-and-death equipment malfunctions and witness breakthroughs in technology and understanding, all set against a growing awareness of the deteriorating health of our largest and least understood ecosystem. A thrilling adventure story as well as a scientific revelation, *Below the Edge of Darkness* reckons with the complicated and sometimes dangerous realities of exploration. Widder shows us how when we push our boundaries and expand our worlds, discovery and wonder follow. These are the ultimate keys to the ocean’s salvation—and thus to our future on this planet.

From the acclaimed Nobel Prize winner: Two girls who grow up to become women. Two friends who become something worse than enemies. This brilliantly imagined novel brings us the story of Nel Wright and Sula Peace, who meet as children in the small town of Medallion, Ohio. Nel and Sula’s devotion is fierce enough to withstand bullies and the burden of a dreadful secret. It endures even after Nel has grown up to be a pillar of the black community and Sula has become a pariah. But their friendship ends in an unforgivable betrayal—or does it end? Terrifying, comic, ribald and tragic,

Sula is a work that overflows with life.

When the end of life makes its inevitable appearance, people should be able to expect reliable, humane, and effective caregiving. Yet too many dying people suffer unnecessarily. While an "overtreated" dying is feared, untreated pain or emotional abandonment are equally frightening. Approaching Death reflects a wide-ranging effort to understand what we know about care at the end of life, what we have yet to learn, and what we know but do not adequately apply. It seeks to build understanding of what constitutes good care for the dying and offers recommendations to decisionmakers that address specific barriers to achieving good care. This volume offers a profile of when, where, and how Americans die. It examines the dimensions of caring at the end of life: Determining diagnosis and prognosis and communicating these to patient and family. Establishing clinical and personal goals. Matching physical, psychological, spiritual, and practical care strategies to the patient's values and circumstances. Approaching Death considers the dying experience in hospitals, nursing homes, and other settings and the role of interdisciplinary teams and managed care. It offers perspectives on quality measurement and improvement, the role of practice guidelines, cost concerns, and legal issues such as assisted suicide. The book proposes how health professionals can become better prepared to care well for those who are dying and to understand that these are not patients for whom "nothing can be done."

The Bottom Line is the book that tells you how to become successful in life regardless of education level or how much you've messed up in the past. It helps readers develop the elemental skills of business, leadership, and life. This book is for: ? The high-powered executive made redundant by pandemic-inspired cost-cutting, now seeking a refresher course in what made her successful in the first place. ? The unemployed teen who aspires to become a wealthy entrepreneur but has no idea where to start. ? The recent graduate who just can't seem to find a job in the toughest employment climate in decades. ? The burnt-out manager who realized, during the lockdown, that she's dying to change careers, but who is overwhelmed by the challenge of starting over. Author Michael Contento knows it's possible for them, and you, to become successful because his story is less likely than anyone's. He didn't go to a fancy school. In fact, he didn't even finish high school. And yet, as the CEO of a fast-growing managed-services IT firm and a director on the national board of Big Brothers Big Sisters Canada, among many other ventures, he's successful by any measure. How did Michael go from being a problem for the boss, to running things for the boss, to being the boss, to owning the holding company that hired the boss? He followed a set of basic principles that can be used by anyone to achieve success. At the heart of this method is the concept of D2: Deliver simplicity, drive growth. Once you're done this book, D2 will guide every business interaction you have. But deliver simplicity isn't the only imperative required to achieve success. Among the fundamental principles that this book will deliver to readers are such insights as: Your time is too valuable for Game of Thrones. 2.

Don't say "can't" to the boss. 3. Take the word "kiss-ass" out of your vocabulary. 4. Communicating is about what they hear, not what you say. 5. There's no such thing as a dead-end job. Finding success difficult to achieve in business, leadership and life? The problem isn't that you went to the wrong school or that you're not smart enough. Instead, the bottom line is that you need The Bottom Line—the primary elements required to win supporters, communicate your ideas, overcome obstacles and sell deals. Read this book—and you'll learn to deliver simplicity, achieve success, and never quit. For more resources and supplementary materials related to the book, visit deliversimplicity.ca.

In search of answers and action, the award-winning poet and essayist Lisa Wells brings us *Believers*, introducing trailblazers and outliers from across the globe who have found radically new ways to live and reconnect to the Earth in the face of climate change. We find ourselves at the end of the world. How, then, shall we live? Like most of us, Lisa Wells has spent years overwhelmed by increasingly urgent news of climate change on an apocalyptic scale. She did not need to be convinced of the stakes, but she could not find practical answers. She embarked on a pilgrimage, seeking wisdom and paths to action from outliers and visionaries, pragmatists and iconoclasts. *Believers* tracks through the lives of these people who are dedicated to repairing the earth and seemingly undaunted by the task ahead. Wells meets an itinerant gardener and misanthrope leading a group of nomadic activists in rewilding the American desert. She finds a group of environmentalist Christians practicing “watershed discipleship” in New Mexico and another group in Philadelphia turning the tools of violence into tools of farming—guns into ploughshares. She watches the world’s greatest tracker teach others how to read a trail, and visits botanists who are restoring land overrun by invasive species and destructive humans. She talks with survivors of catastrophic wildfires in California as they try to rebuild in ways that acknowledge the fires will come again. Through empathic, critical portraits, Wells shows that these trailblazers are not so far beyond the rest of us. They have had the same realization, have accepted that we are living through a global catastrophe, but are trying to answer the next question: How do you make a life at the end of the world? Through this miraculous commingling of acceptance and activism, this focus on seeing clearly and moving forward, Wells is able to take the devastating news facing us all, every day, and inject a possibility of real hope. *Believers* demands transformation. It will change how you think about your own actions, about how you can still make an impact, and about how we might yet reckon with our inheritance.

What a rare mushroom can teach us about sustaining life on a fragile planet. Matsutake is the most valuable mushroom in the world—and a weed that grows in human-disturbed forests across the Northern Hemisphere. Anna Lowenhaupt Tsing’s account of these sought-after fungi offers insights into areas far beyond just mushrooms and addresses a crucial question: What manages to live in the ruins we have made? *The Mushroom at the End of the World* explores the

unexpected corners of matsutake commerce, where we encounter Japanese gourmets, capitalist traders, Hmong jungle fighters, Finnish nature guides, and more. These companions lead us into fungal ecologies and forest histories to better understand the promise of cohabitation in a time of massive human devastation. *The Mushroom at the End of the World* delves into the relationship between capitalist destruction and collaborative survival within multispecies landscapes, the prerequisite for continuing life on earth.

What should medicine do when it can't save your life? The modern healthcare system has become proficient at staving off death with aggressive interventions. And yet, eventually everyone dies—and although most Americans say they would prefer to die peacefully at home, more than half of all deaths take place in hospitals or health care facilities. *At the End of Life*—the latest collaborative book project between the Creative Nonfiction Foundation and the Jewish Healthcare Foundation—tackles this conundrum head on. Featuring twenty-two compelling personal-medical narratives, the collection explores death, dying and palliative care, and highlights current features, flaws and advances in the healthcare system. Here, a poet and former hospice worker reflects on death's mysteries; a son wanders the halls of his mother's nursing home, lost in the small absurdities of the place; a grief counselor struggles with losing his own grandfather; a medical intern traces the origins and meaning of time; a mother anguishes over her decision to turn off her daughter's life support and allow her organs to be harvested; and a nurse remembers many of her former patients. These original, compelling personal narratives reveal the inner workings of hospitals, homes and hospices where patients, their doctors and their loved ones all battle to hang on—and to let go.

Life at the Bottom The Worldview That Makes the Underclass Ivan R. Dee

Best selling author, award winning comedian and international keynote speaker Gavin Oattes challenges you to live life better than you have to, to never be afraid of your own style and to blow your own god damn mind for a change. Cast your mind back to that album that changed your life? The riffs, the hooks and the lyrics that blew your mind? That movie that moved your whole world and assured you that life was going to be special? Transporting you to a place you'd never been before, the opening chapter of that book that changed your life forever? The hairs on the back of your neck stood, adrenaline rushed through your entire body with the weight of the world gone from your young shoulders. Energised, inspired, alive, all in and ready to turn up to this wonderfully f*cked up thing we call life. Close your eyes and remember that feeling right there in that moment? *Life Will See You Now* is a rousing, uplifting anthem that will inspire you to put down your phone, rediscover what truly matters and completely rethink what 'making it' in life actually means. A personal development title with a difference – there's no step-by-step guide and no map to change your life – instead, it provides you with hilarious, real life inspiration, motivation and energy to figure it out for yourself and rediscover that wee piece of magic you had when you were just five years old. Oattes makes the argument – backed by both positive psychology and an abundance of childlike wonder – that in an anxious world ruled by pressure, ego and other people's

expectations, we are all incredibly lucky to be alive at a time where kindness, gratitude, play and ice-lollies really do matter.

Remember, you don't have to do what everyone else is doing. . .

AN INSTANT NEW YORK TIMES BESTSELLER “A stunning debut.” —Washington Post “Haunting [and] powerful.” —The New York Times “A modern-day classic.” —Jeffery Deaver, New York Times bestselling author of *The Bone Collector* “Fantastic, I loved it.” —Paula Hawkins, New York Times bestselling author of *The Girl on the Train* She thought she had escaped her past. But there are some things you can't outrun. Lex Gracie doesn't want to think about her family. She doesn't want to think about growing up in her parents' House of Horrors. And she doesn't want to think about her identity as Girl A: the girl who escaped, the eldest sister who freed her older brother and four younger siblings. It's been easy enough to avoid her parents--her father never made it out of the House of Horrors he created, and her mother spent the rest of her life behind bars. But when her mother dies in prison and leaves Lex and her siblings the family home, she can't run from her past any longer. Together with her sister, Evie, Lex intends to turn the home into a force for good. But first she must come to terms with her siblings--and with the childhood they shared. What begins as a propulsive tale of escape and survival becomes a gripping psychological family story about the shifting alliances and betrayals of sibling relationships--about the secrets our siblings keep, from themselves and each other. Who have each of these siblings become? How do their memories defy or galvanize Lex's own? As Lex pins each sibling down to agree to her family's final act, she discovers how potent the spell of their shared family mythology is, and who among them remains in its thrall and who has truly broken free. For readers of *Room* and *Sharp Objects*, an absorbing and psychologically immersive novel about a young girl who escapes captivity—but not the secrets that shadow the rest of her life.

A searing account of life in the underclass and why it persists as it does, written by a British psychiatrist.

"An audacious and concrete proposal...Half-Earth completes the 86-year-old Wilson's valedictory trilogy on the human animal and our place on the planet." —Jedediah Purdy, *New Republic* In his most urgent book to date, Pulitzer Prize-winning author and world-renowned biologist Edward O. Wilson states that in order to stave off the mass extinction of species, including our own, we must move swiftly to preserve the biodiversity of our planet. In this "visionary blueprint for saving the planet" (Stephen Greenblatt), *Half-Earth* argues that the situation facing us is too large to be solved piecemeal and proposes a solution commensurate with the magnitude of the problem: dedicate fully half the surface of the Earth to nature. Identifying actual regions of the planet that can still be reclaimed—such as the California redwood forest, the Amazon River basin, and grasslands of the Serengeti, among others—Wilson puts aside the prevailing pessimism of our times and "speaks with a humane eloquence which calls to us all" (Oliver Sacks).

"In this warm, wise, and witty overview, Jonathan Rauch combines evidence and experience to show his fellow adults that the best is yet to come." —Steven Pinker, bestselling author of *Enlightenment Now* This book will change your life by showing you how life changes. Why does happiness get harder in your 40s? Why do you feel in a slump when you're successful? Where does this malaise come from? And, most importantly, will it ever end? Drawing on cutting-edge research, award-winning journalist Jonathan

Rauch answers all these questions. He shows that from our 20s into our 40s, happiness follows a U-shaped trajectory, a “happiness curve,” declining from the optimism of youth into what’s often a long, low slump in middle age, before starting to rise again in our 50s. This isn’t a midlife crisis, though. Rauch reveals that this slump is instead a natural stage of life—and an essential one. By shifting priorities away from competition and toward compassion, it equips you with new tools for wisdom and gratitude to win the third period of life. And Rauch can testify to this personally because it was his own slump, despite acclaim as a journalist and commentator that compelled him to investigate the happiness curve. His own story and the stories of many others from all walks of life—from a steelworker and a limo driver to a telecoms executive and a philanthropist—show how the ordeal of midlife malaise reboots our values and even our brains for a rebirth of gratitude. Full of insights and data and featuring many ways to endure the slump and avoid its perils and traps, *The Happiness Curve* doesn’t just show you the dark forest of midlife, it helps you find a path through the trees. It also demonstrates how we can—and why we must—do more to help each other through the woods. Midlife is a journey we mustn’t walk alone.

#1 NEW YORK TIMES BEST SELLER • At last, a book that shows you how to build—design—a life you can thrive in, at any age or stage. Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve. In this book, Bill Burnett and Dave Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise.

Krill. It’s a familiar word that conjures oceans, whales, and swimming crustaceans. Scientists say they are one of most abundant animals on the planet. But few can accurately describe krill or explain their ecological importance. Eminent krill scientist Stephen Nicol wants us to know more about these enigmatic creatures and how we can protect them as Antarctic ice melts. This engaging account takes us to the Southern Ocean to learn firsthand the difficulties and rewards of studying krill in their habitat. From his early education about the sex lives of krill in the Bay of Fundy to a krill tattoo gone awry, Nicol uses humor and personal stories to bring the biology and beauty of krill alive.

Adam Silvera reminds us that there’s no life without death and no love without loss in this devastating yet uplifting story about two people whose lives change over the course of one unforgettable day. New York Times bestseller * 4 starred reviews * A School Library Journal Best Book of the Year * A Kirkus Best Book of the Year * A Booklist Editors' Choice of 2017 * A Bustle Best YA Novel of 2017 * A Paste Magazine Best YA Book of 2017 * A Book Riot Best Queer Book of 2017 * A BuzzFeed Best YA Book of the Year * A BookPage Best YA Book of the Year On September 5, a little after midnight, Death-Cast calls Mateo Torrez and Rufus Emeterio to give them some bad news: They’re going to die today. Mateo and Rufus are total strangers, but, for different

reasons, they're both looking to make a new friend on their End Day. The good news: There's an app for that. It's called the Last Friend, and through it, Rufus and Mateo are about to meet up for one last great adventure—to live a lifetime in a single day. In the tradition of *Before I Fall* and *If I Stay*, *They Both Die at the End* is a tour de force from acclaimed author Adam Silvera, whose debut, *More Happy Than Not*, the *New York Times* called “profound.”

Once defiant of death—or even in denial—many American families and health care professionals are embracing the notion that a life consumed by suffering may not be worth living. Sociologist Roi Livne documents the rise and effectiveness of hospice and palliative care, and the growing acceptance that less treatment may be better near the end of life.

NATIONAL BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. A NATIONAL BOOK AWARD FINALIST • A MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE *A Little Life* follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara's stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara's new novel, *To Paradise*, coming in January 2022. Thirty years after its publication, *The Death and Life of Great American Cities* was described by *The New York Times* as “perhaps the most influential single work in the history of town planning....[It] can also be seen in a much larger context. It is first of all a work of literature; the descriptions of street life as a kind of ballet and the biting satiric account of traditional planning theory can still be read for pleasure even by those who long ago absorbed and appropriated the book's arguments.” Jane Jacobs, an editor and writer on architecture in New York City in the early sixties, argued that urban diversity and vitality were being destroyed by powerful architects and city planners. Rigorous, sane, and delightfully epigrammatic, Jacobs's small masterpiece is a blueprint for the humanistic management of cities. It is sensible, knowledgeable, readable, indispensable. The author has written a new foreword for this Modern Library edition.

Writers and rock music critics describe their experiences touring with the rock band they formed to raise money for charity. From award-winning Nordic author and illustrator Linda Bondestam comes a new kind of climate change story, narrated by an adorable axolotl who is--possibly--the last of its kind. In a forest of seaweed there was ME, a rare and beautiful little axolotl, going for my first-ever swim. So graceful, and yet so lonesome--out of 987 eggs, mine was the only one that hatched. Who knows, maybe I was the last axolotl in these waters? At the bottom of a lake in Mexico City, our axolotl narrator goes to underwater school, collects treasures tossed away by the big lugs on land, and has dance parties with tiger salamander friends. Life is good! But as the world gets hotter and hotter, the water gets murkier. Friends become harder to find, and the lonesome axolotl grows even lonelier. Until one day when, out of the blue, a colossal wave carries the axolotl into a surprising new future.... Bittersweet,

droll, existential, and hopeful, *My Life at the Bottom* is a tale from the climate crisis unlike any other. Combining her irresistible visual wit with exquisite aquatic art and rare empathy, Linda Bondestam brings us a story of catastrophe that bursts with life. "Grounded in ethnographic data, the book offers an examination of how policy and meaning frame the choices Japanese make about how to die. As an essay in descriptive bioethics, it engages an extensive literature in the social sciences and bioethics to examine some of the answers people have constructed to end-of-life issues. Like their counterparts in other postindustrial societies, Japanese find no simple way of handling situations such as disclosure of diagnosis, discontinuing or withholding treatment, organ donation, euthanasia, and hospice. Through interviews and case studies in hospitals and homes, Susan Orpett Long offers a window on the ways in which "ordinary" people respond to serious illness and the process of dying."--BOOK JACKET.

The Spirit Ambulance is a journey into decision-making at the end of life in Thailand, where families attempt to craft good deaths for their elders in the face of clashing ethical frameworks, from a rapidly developing universal medical system, to national and global human-rights politics, to contemporary movements in Buddhist metaphysics. Scott Stonington's gripping ethnography documents how Thai families attempt to pay back a "debt of life" to their elders through intensive medical care, followed by a medically assisted rush from the hospital to home to ensure a spiritually advantageous last breath. The result is a powerful exploration of the nature of death and the complexities arising from the globalization of biomedical expertise and ethics around the world.

Life at the End of the Rod: Tales of a Fisherman is the lifelong journey of Robert Veltidi as he grows into a man. The outdoors was an important part of his upbringing, and he transported that love of the outdoors into his way of life. This book begins with his earliest recollection of fishing, takes us through a time of self-discovery and exploration, then to a rebirth of his love of fishing. Then the author leaps back into fishing as a means of relaxation and camaraderie between him and his father and brothers. Later on, after the death of his father, his son joins the group, along with a host of friends of all the Veltidi boys. Each story is the tale of one time that the author feels either fishing has affected his life or that he affected somebody else's life by fishing. *My Fishing Beginnings* is the author's first recollections of his fishing life. It introduces you to the boy that he was and later the man he would become. Like the prologue, *My Fishing Beginnings*, gives you the background information about the people in the rest of the stories. *The Home Pond* is a tribute to the author's grandparents. They played a huge role in his early childhood. Although the story takes place on one brief day, it depicts life in a rural area in the early 1950s. *Huck Grows Up* takes place over two summers and tells of the fishing adventures of the author when he was first given his independence and allowed to go out fishing and into town on his own. It was a turning point in his life when childhood dreams change and his life takes a new direction. *The Norma K* is the author's first experience into ocean fishing. It's interesting because the story is divided into three sub-chapters: *The Norma K*, *The Norma K II*, and *The Norma K III*. All three were party boats out of Point Pleasant, New Jersey, that the author fished on in various times in his life, first with his father, then with his wife, and finally with his son. All three experiences were surprisingly

similar in some ways and subtly different in others. The Norma K is the last story of the author as a child and it finishes up with him as an adult. The remaining stories depict the author as an adult or as near to one as he can be while still having as much fun as he can while fishing. My Turn is the first story the author ever wrote. It came after the death of his father, and it was part of the grieving process the author went through. The story tells of the changing of the guard when the son becomes the leader, and mentor, and fulfills one of his fathers lifelong dreams with surprising results. Fixing a Roof is a whimsical tale of grown men deciding to play hooky for the day and go fishing. This is where you meet Alan, the authors brother, and are introduced to one of Alans friends. Lake Ontario is an ongoing process; it started in 1987 when the authors father died and chronicled the first eight years of an ongoing trip that continues even to today. In this tale you become more acquainted with Doug, the authors son, and he becomes a vital part of the rest of the saga. New Jersey Trout is the exploration into new waters and the discovery of a whole new fishery. Along the way, the author meets new friends and bonds closely with his son. Tiger Muskies is the start of something new; the author has stepped up and bought a bigger boat. The small lake fishing and wading by the edge of the streams has been replaced by fishing for trophy sport fish. It is also the second story written by the author. Thoughts on Retirement is a reflective essay that was written one afternoon in August when the author was sitting down in his shed by the lake and was a little scared of what the future would bring. For the first time in fifty years the author was free of any obligations. Shark Fishing at Montau Living with Uncertainty gives a broad perspective on the complexities and challenges of the practice of end-of-life care, as well as the perceived benefits and limitations of medical intervention. Drawn from research and clinical and pastoral experience, the book examines the feelings associated with the end of life, highlighting the demands that people are faced with and their consequences. It moves into the difficult area of people who feel defeated by their illness and can or want to live no longer, as well as the family, caregivers and professionals who surround them. These perspectives have been built upon around a hundred narratives of lived experience, combined with the wider clinical and practical range of voices. A topical post-script Lessons from Covid-19 captures the choices and challenges on a personal, professional and systemic level which the pandemic acutely revealed with a multiplicity of examples. This will be essential reading for students and professionals in palliative and end-of-life care. Families and friends will also benefit from this book as they try to come to terms with the delicate but universal issues of death and dying.

Life as a Dalit looks at caste society from the point of view of the Dalits, focusing on their worldview, emotions, and critical appraisal of their own position and of the higher groups. It is a volume based on the critical perspectives provided by scholars who have turned around the more acclaimed and accepted theories of caste society privileging the Brahmanical and textual interpretations of caste. It shows that those at the bottom have their own interpretations and follow a rationality that is tutored by their own life conditions and not what is fed to them from the top. These views from the bottom are indicative of the way in which the oppressed live their lives, make critical judgments, and also stage

protests, both symbolic and based on real violence against the oppressive system. The focus is more experiential and based on ground-level data-based chapters. It foregrounds the fact that history is created from the bottom of society as well as from the top and those at the bottom are their own agents and well aware of their subject positions.

Hitting Rock Bottom is one of those simple, easy, and quick to read novels that explains what depression is, how it may be viewed as a stigma, and if not treated with proper time and care, can ultimately lead to great devastation in a persons life. Chris Brown has written this book to explain to readers what he experienced when he was living in those dark days of depression, how he overcame the illness, and if you're going through a tough time now with depression, anxiety, stress, and fear. How you can ultimately regain control over your life as well.

Theodore Dalrymple argues that long-term poverty is caused not by economics but by a dysfunctional set of values, one that is continually reinforced by an elite culture searching for victims.

A collection of oral histories reveals the lives of ordinary Chinese men and women, including a professional mourner, a leper, an abbot, a retired government official, and a political prisoner.

This new collection of essays by the author of Life at the Bottom bears the unmistakable stamp of Theodore Dalrymple's bracingly clear-sighted view of the human condition. In these pieces, Dr. Dalrymple ranges over literature and ideas, from Shakespeare to Marx, from the breakdown of Islam to the legalization of drugs. Here is a book that restores our faith in the central importance of literature and criticism to our civilization. "Theodore Dalrymple is the best doctor-writer since William Carlos Williams." Peggy Noonan. Includes "When Islam Breaks Down," named the best journal article of 2004 by David Brooks of the New York Times."

An adrenaline-charged tale of unrelenting suspense that sparks with raw and savage energy... The newspapers scream out headlines that spark terror across the city. Ten murders on the New York City subway. Ten grisly crimes that defy all reason -- no pattern, no m.o., no leads for police to pursue. The press dubs the fiend the "Subway Psycho"; the NYPD desperately seeks their quarry before the city erupts in mass hysteria. But they won't find what they're looking for.

Because they all think that the killer is human. Only a few know the true story -- a story the papers will never print. It is a tale of abject terror and death written in grit and steel... and blood. The tale of a man who vanished into the bowels of the urban earth one night, taken by a creature of unholy evil, then left as a babe abandoned on the doorstep of Hell. Now he is back, driven by twin demons of rage and retribution. He is unstoppable. And we are all his prey... unless a ragtag band of misfit souls will dare to descend into a world of manmade darkness, where the real and unreal alike dwell in endless shadow. A place where humanity has been left behind, and the horrifying truth will dawn as a madman's chilling vendetta comes to light... Filled with gripping drama and harrowing doomsday dread, The Light at the End is the book that ushered

in a bold new view of humankind's most ancient and ruthless evil; a mesmerizing novel from two acknowledged masters of spellbinding suspense.

Theodore Dalrymple's brilliant new collection of writings follows on the extraordinary success of his earlier books, *Life at the Bottom* and *Our Culture, What's Left of It*. No writer today is more adept and incisive in exploring the state of our culture and the ideas that are changing our ways of life. In *Not with a Bang But a Whimper*, he takes the measure of our cultural decline, with special attention to Britain-its bureaucratic muddle, oppressive welfare mentality, and aimless young-all pursued in the name of democracy and freedom. He shows how terrorism and the growing numbers of Muslim minorities have changed our public life. Also here are Mr. Dalrymple's trenchant observations on artists and ideologues, and on the treatment of criminals and the mentally disturbed, his area of medical interest.

Some people spend more time planning their next vacation than they spend planning a comfortable financial life. You can do better with **BOTTOM LINE FINANCIAL PLANNING!** Learn key concepts from experienced professionals--from efficient investing to tax and debt management, from retirement -wish-list- planning to guarding your loved ones from financial hazards, from estate planning essentials to building the legacy you leave for your heirs. On your terms, and your timeline. Know what you can DIY...and how to assemble your expert team to handle the rest. Scan each chapter's introductory bullet list of -bottom line- planning necessities to see what you're already doing right--and what you may be missing. Concise, clear explanations follow, with helpful tips and stories from seasoned financial professionals focused on helping clients manage risk and fund their good life.

Finding Dignity at the End of Life discusses the need for palliative care as a human right and explores a whole-person methodology for use in treatment. The book examines the concept of palliative care as a holistic human right from the perspective of multiple aspects of faith, ideology, culture, and nationality. Integrating a humanities-based approach, chapters provide detailed discussions of spirituality, suffering, and healing from scholars from around the world. Within each chapter, the authors address a different cultural and religious focus by examining how this topic relates to questions of inherent dignity, both ethically and theologically, and how different spiritual lenses may inform our interpretation of medical outcomes. Mental health practitioners, allied professionals, and theologians will find this a useful and reflective guide to palliative care and its connection to faith, spirituality, and culture.

This is a searing account of life in the underclass and why it persists as it does, written by a British psychiatrist who treats the poor in a slum hospital and a prison in England. Dr. Dalrymple's key insight is that long-term poverty is caused not by economics but by a dysfunctional set of values.

An enthralling literary tour-de-force that pays tribute to Detroit's legendary neighborhood, a mecca for jazz, sports, and politics, *Black Bottom Saints* is a powerful blend of fact and imagination reminiscent of E.L. Doctorow's classic novel *Ragtime* and Marlon James' Man Booker Award-winning masterpiece, *A Brief History of Seven Killings*. From the Great Depression through the post-World War II years, Joseph "Ziggy" Johnson, has been the pulse of Detroit's famous Black Bottom. A celebrated gossip columnist for the city's African-American newspaper, the *Michigan Chronicle*, he is also the emcee of one of the hottest night clubs, where he's rubbed elbows with the legendary black artists of the era, including Ethel Waters, Billy Eckstein, and Count Basie. Ziggy is also the founder and dean of the Ziggy Johnson

School of Theater. But now the doyen of Black Bottom is ready to hang up his many dapper hats. As he lays dying in the black-owned-and-operated Kirkwood Hospital, Ziggy reflects on his life, the community that was the center of his world, and the remarkable people who helped shape it. Inspired by the Catholic Saints Day Books, Ziggy curates his own list of Black Bottom's venerable "52 Saints." Among them are a vulnerable Dinah Washington, a defiant Joe Louis, and a raucous Bricktop. Randall balances the stories of these larger-than-life "Saints" with local heroes who became household names, enthralling men and women whose unstoppable ambition, love of style, and faith in community made this black Midwestern neighborhood the rival of New York City's Harlem. Accompanying these "tributes" are thoughtfully paired cocktails—special drinks that capture the essence of each of Ziggy's saints—libations as strong and satisfying as Alice Randall's wholly original view of a place and time unlike any other.

The book's main contribution is its interdisciplinary approach to the issue of sedation at the end-of-life. Because it occurs at the end of life, palliative sedation raises a number of important ethical and legal questions, including whether it is a covert form of euthanasia and for what purposes it may legally be used. Many of the book chapters address the first question and almost all deal with a specific form of the second: whether palliative sedation should be used for those experiencing "existential suffering"? This raises the question of what existential suffering is, a topic that is also discussed in the book. The different chapters address these issues from the perspectives of the relevant disciplines: Palliative Medicine, Bioethics, Law and Theology. Hence, helpful accounts of the clinical and historical background for this issue are provided and the importance of drawing accurate ethical and legal distinctions is stressed throughout the whole book. So the volume represents a valuable contribution to the emerging literature on this topic and should be helpful across a broad spectrum of readers: philosophers, theologians and physicians.

In the spring of 2010, Harvard Business School's graduating class asked HBS professor Clay Christensen to address them—but not on how to apply his principles and thinking to their post-HBS careers. The students wanted to know how to apply his wisdom to their personal lives. He shared with them a set of guidelines that have helped him find meaning in his own life, which led to this now-classic article. Although Christensen's thinking is rooted in his deep religious faith, these are strategies anyone can use. Since 1922, Harvard Business Review has been a leading source of breakthrough ideas in management practice. The Harvard Business Review Classics series now offers you the opportunity to make these seminal pieces a part of your permanent management library. Each highly readable volume contains a groundbreaking idea that continues to shape best practices and inspire countless managers around the world.

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