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The perfect guide to help you choose the right suppliers for your wedding - full of handy hints and tips to guide you through the biggest day of your life

When her husband of a dozen years walks out in a huff, Caroline Sommers walks out too - to Europe, with her kids after impulsively selling her minivan for travel money. Tired of being the perfect wife, she escapes to rediscover herself, and possibly rekindle the unrequited love of a Frenchman from her college days. While shepherding her kids from London to Scotland then Paris to Provence, she finds herself at a crossroads. Does she choose love, or lust, in the arms of a European man, or should she try again with the father of her children and the man she truly loved, once?

Ditch the fads, ditch the fat and get lean for life - let Max, Lloyd, James and Tom show you how. This book is not a quick fix – it's a new way of life. Leaner, Fitter, Stronger is about how to make a fit and healthy lifestyle work hard for you; how to have a career, see your friends, go out, have a family, drink, eat burgers and get in the best shape of your life (and stay that way!). With Max, Lloyd, James and Tom as your guides you'll never feel tied down by a regime, like you can't accept a drinks invitation or like you have to force down that poached chicken fillet that you'd rather swap for fries. Featuring: - Over 60 easy-to-do recipes from PB & J French Toast and cookie dough protein bars to hearty salads, stir fries and roast chicken with a twist - Breakfasts, lunches, dinners, snacks and on-the-go, the sweet stuff and 4-ingredient heroes - Workouts for every body: Tabata circuits, home workouts, buddy training, gym how-to's and stretches Plus advice to keep you motivated, life hacks for fitting fitness into your life (and not the other way around!) and a host of myth-busting. These guys know their stuff; let them be your go-to-experts to getting leaner, fitter and stronger for good. About the authors: The Exton Twins and Bridger Brothers founded LDNM in 2013. LDNM is an internationally known and widely respected brand, having brought world-proven diet and training guides, fitness qualifications and education, apparel, a range of high quality supplements and a #1 app to their hundreds of thousands of followers worldwide, changing lives and physiques on every continent. Leaner, Fitter, Stronger is their first book.

@text:Providing an engaging and complete overview Special Educational Needs: The Basics examines the fundamental principles of the subject from policy to practice. This book covers: Concepts of special educational needs The historical development of special provision and key legislation Identification and assessment of young people's special learning and behaviour needs Working with a wide range of individual difficulties in practice The personal experiences of individuals with special needs Special needs provision and the children's workforce This book is an ideal starting point for all those with questions about what constitutes special educational needs and how individuals can be supported in practice. It is also essential reading for trainees, teachers and all others working with young people who experience difficulties in learning and behaviour, or who have special sensory or physical needs. .

"Hushed Up! A Mystery of London" by William Le Queux. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Special Educational Needs and Disability: The Basics provides an engaging and comprehensive overview of special educational, and additional support, needs in education contexts in the UK. The third edition of this bestselling publication covers the historical development of special provision and national policy-making, and summarises current and proposed legislation and statutory guidance across England, Scotland, Northern Ireland and Wales, examining the fundamental principles of the field from policy to practice. Additional focus is given to recent legislation in England extending the age range of young people identified as experiencing difficulties from birth to 25 years, and the implications this has for practice. Fully updated to incorporate recent research evidence, this indispensable book covers essential features of policy and practice that teachers need to consider in and outside of the classroom, including: the identification and assessment of young people's special or additional learning and behaviour needs, and/or disabilities approaches to planning in order to meet special or additional learning needs of children and young people ways to address barriers to learning and behaviour associated with a variety of difficulties statutory guidance outlined in the Codes of Practice in England (DfE, 2015), Scotland (2010), Wales (2004) and Northern Ireland (1998) special educational, or additional support, needs provision and the wider children's workforce implications of disability legislation across the UK This is an ideal starting point for all those with questions about what constitutes special educational, or additional support, needs and disability and how to support those children and young people who experience such needs. It is essential reading for trainee and practising teachers, policy-makers and all those working with young people and their families.

Rocco Fumento and Tony Williams present the final version of Robert Rossen's screenplay for Jack London's *The Sea Wolf*. Released in 1941, this classic film was directed by Michael Curtiz and starred Edward G. Robinson as Wolf Larsen, John Garfield as George Leach, Ida Lupino as fugitive Ruth Webster, Alexander Knox as writer Humphrey Van Weyden, and Howard da Silva as Harrison. Both the novel and the film feature a hard-luck assemblage condemned either by savage coercion or pure evil fortune to sail aboard the *Ghost*, a seal-harvesting vessel commanded by a power-mad tyrant—the aptly named Wolf Larsen. Discussing the process of turning literature into film, Fumento and Williams analyze in detail the differences between London's *Sea Wolf* and Rossen's screenplay. Re-creating the world into which the movie emerged, each editor provides a separate introduction. Fumento analyzes the role of Warner Brothers in determining relevant production and allegorical features of the final film version. Williams describes London's reasons for writing the original novel in 1903, its appeal for the cinema, the different film versions—at least eight—that have appeared, and the social and historical context influencing Rossen's screenplay.

Runaway global warming has decimated the world's agricultural output, and worldwide hunger has prompted mass migration. Attempts at climate modification have only inflamed regional conflicts. The United Nations and the G10 governments respond by funding a study into the feasibility of expanding human life elsewhere in our galaxy. The UN awards the project to QFT Global Industries; they name the project PRIME8. By 2144, eight spaceships approach the eight nearest habitable exoplanets; the craft carry no human crew, just androids. The human crews never leave earth; for twenty-four months, they remain cocooned in Stasis—neither alive nor dead—just stored in a secure location on earth. The future of humanity rests with our ability to transmit and receive entangled quantum data. If you have a physics PhD or a degree in Terraforming, then there's a

place in Stasis waiting for you. It's only a two-year mission; the pay's good, but the stress and six-month rehab after Stasis may kill you.

Set in Brighton over the bank holiday weekend of 1964, an ambitious and handsome young detective named Vince Treadwell is sent down to solve a murder and catch the elusive and powerful gangster, Jack Regent. In the tangled web of the crime, Vince falls for Jack's beautiful girlfriend, Bobbie LaVita, and discovers the truth about their own dark pasts. Kiss Me Quick goes behind the headlines of rioting Mods and Rockers, and into the deadly world of a secret Corsican crime organization, a burgeoning drug trade, police corruption, pornography rackets, and the dark side of the music business. With its elaborate and compelling plot, a cast of deliciously treacherous and vividly drawn characters, this page turning thriller introduces us to the dangerous world of Vince Treadwell.

This key text provides essential tools for understanding legislation, policy, provision and practice for children in the early years, particularly young children with special educational needs and disability (SEND). Based on extensive research and the four areas of need as defined in the Special Educational Needs and Disability Code of Practice: 0 to 25 Years (DfE, 2015), the book charts the development of young children and their growing constructions of learning, communication, language, motor movement and emotion. Providing material that translates into practice in a straightforward and practical way, this text is packed full of personal accounts and case studies, enabling readers to appreciate what the experience of SEND in the early years means for families and professionals, and also to learn more about how they might understand and respond appropriately to a child's needs. Understanding Special Educational Needs and Disability in the Early Years will be of interest to students studying Early Years courses, families, SENDCOs, teachers and other staff supporting young children with a range of special educational needs and disabilities.

If you want to know how to carry out your duties as a SENCO effectively, then this is the book for you! This straightforward and practical guide will give you confidence in the development and improvement of SEND provision in your school, so that you can survive, thrive and flourish in your role. Throughout the book you will find a number of helpful features, tools and resources, either for your own use or for use in professional development with other staff, including: • reflective activities to help you evaluate SEND policy and practice in your school • activities for discussion with other staff members in your school or college • checklists of effective inclusion practices as tools for 'learning walks' or staff professional development • audit tools to help you assess the quality of your school's SEND provision • examples of completed policy documents • observation tools for class groups and individual students • templates for assessing difficult behaviour and planning for improvement Whether you are new and in training or a more experienced SENCO, this is an essential resource that helps you get to grips with the role of the SENCO in line with the latest statutory guidance. It is particularly suitable for students and providers of the National Award for SEN Co-ordination as the book comprehensively covers the learning outcomes for the Award.

Essential textbook for all undergraduate students of neurobiology, physiology, cell biology and preclinical medicine.

London in His Own Time is based on Jeanne Reesman's nearly thirty-five years of archival research. The book offers surprising perspectives on Jack London's many sides by family, friends, fellow struggling young writers, business associates, high school and college classmates, interviewers, editors, coauthors, visitors to his Sonoma Valley Beauty Ranch in Glen Ellen, California, and more.

For centuries a faerie court has hidden itself beneath London: a place of shadows and intrigue, where the city's immortal inhabitants can watch and manipulate the mortals above. Through two royal dynasties, through rebellions and plots, through war and plague and fire, the Onyx Court endures. Now the court's first two centuries are collected in a single book. This omnibus contains the novels *Midnight Never Come* and *In Ashes Lie*, as well as the novella *Deeds of Men*, the novelette "And Blow Them at the Moon," and the short story "Two Pretenders."

Proceedings of the Royal Society of London
London Medical Gazette
Or, Journal of Practical Medicine
Leaner, Fitter, Stronger
Get the Body You Want with Our Amazing Meals and Smart Workouts
Random House

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