

La Cucina Dellantica Roma Enewton Zeroquarantanove

IN THE EPIC HISTORICAL NOVEL SWORD OF HONOR, DAVID KIRK CONTINUES THE SAGA OF MUSASHI MIYAMOTO, THE GREATEST SWORDSMAN IN JAPANESE HISTORY, AS HE JOURNEYS TO THE ANCIENT CITY OF KYOTO TO FIGHT FOR HIS LIFE AND HIS IDEALS. Having survived the cataclysmic battle of Sekigahara, which established the mighty Tokugawa Shogunate, young Musashi Miyamoto travels through Japan determined to proclaim his revolutionary epiphany that the “way of the samurai,” the ancient code that binds warriors to their masters, needs to be abolished. But during the battle Musashi insulted an adept of the powerful Yoshioka school, and a price has been put on his head. Musashi is drawn to Kyoto, domain of the Yoshioka, driven by anger and certain that he will deal a crushing blow to the traditional samurai dogma by destroying the school. Musashi will learn, however, that the capital of the nation is rife with intrigue and potential rebellion against the newly established government, a struggle into which he unwittingly enters. Among other outcasts, Musashi will find the worth of his spectacular skill with the sword weighed against the deep cunning of manipulative Lords, and must make his reckoning with the Yoshioka, the way of the samurai, and ultimately his own nature. Only then will he be able to take one step closer to becoming the wise old sage who wrote The Book of Five Rings. Sword of Honor seamlessly blends meticulous research, mesmerizing action sequences, and a driving narrative to bring this extraordinary figure to life.

A workbook that will help you stop compulsive eating from the #1 New York Times bestselling author of Women Food and God. With the publication of her ground-breaking books, Feeding the Hungry Heart and Breaking Free From Compulsive Eating, Geneen Roth has helped hundred of thousands of people win their battle against the destructive binge-diet cycle. Now this remarkable companion workbook shows compulsive eaters—in a constructive, non-judgmental way—how to stop using food as a substitute for handling difficult emotions or situations...and how to enjoy eating and still lose weight naturally. By using the liberating exercises and techniques developed by Geneen Roth in her highly succesful Breaking Free® workshops, dieters, who've tried every conceivable diet—losing weight again and again, only to gain it back—and bingers, who are harming their health, can learn wholesome, beneficial ways to achieve their goals. This proven program offers reassuring guidelines on:

- Letting food become a source of pleasure rather than anxiety
- Kicking the scale-watching the habit—forever!
- Recognizing the difference between physical and emotional hungers
- Learning to say no
- Listening to, and trusting, your body's hunger and fullness signals
- Distinguishing "forbidden foods" from those you truly want
- Uncovering the conflicts that stand between your desire to lose weight and your urge to eat compulsively
- Discovering other pleasures besides food

Describes the preparation techniques and ingredients used to prepare food in Imperial Rome, with dozens of recipes for authentic dishes from the era.

This voyage of exploration chronicles twenty-four hours in the life of a Roman patrician, beginning at dawn on an ordinary day in the year 115 A.D., with Imperial Rome at the height of its power.

OVER 1 MILLION COPIES SOLD #1 WALL STREET JOURNAL BESTSELLING SERIES "Compelling at every turn! The Girl in the Ice grabs us from the first page and simply won't let go." --Jeffery Deaver, #1 internationally bestselling author Her eyes are wide open. Her lips parted as if to speak. Her dead body frozen in the ice...She is not the only one. When a young boy discovers the body of a woman beneath a thick sheet of ice in a South London park, Detective Erika Foster is called in to lead the murder investigation. The victim, a beautiful young socialite, appeared to have the perfect life. Yet when Erika begins to dig deeper, she starts to connect the dots between the murder and the killings of three prostitutes, all found strangled, hands bound and dumped in water around London. What dark secrets is the girl in the ice hiding? As Erika inches closer to uncovering the truth, the killer is closing in on Erika. The last investigation Erika led went badly wrong... resulting in the death of her husband. With her career hanging by a thread, Erika must now battle her own personal demons as well as a killer more deadly than any she's faced before. But will she get to him before he strikes again? "A riveting page-turner. An astonishingly good plot with perfectly drawn characters and sharp, detailed writing. The Girl in the Ice is a winner." --Robert Dugoni, #1 Wall Street Journal bestselling author

An energy expert shows why hydrogen can fight climate change and become the fuel of the future We're constantly told that our planet is in crisis; that to save it, we must stop traveling, stop eating meat, even stop having children. But in The Hydrogen Revolution, Marco Alverà argues that we don't need to upend our lives. We just need a new kind of fuel: hydrogen. From transportation and infrastructure to heating and electricity, hydrogen could eliminate fossil fuels, boost economic growth, and encourage global action on climate change. It could also solve the most bedeviling aspects of today's renewable energy—from transporting and storing wind and solar energy and their vulnerability to weather changes to the inefficiency and limited utility of heavy, short-lasting batteries. The Hydrogen Revolution isn't just a manifesto for a powerful new technology. It's a hopeful reminder that despite the gloomy headlines about the fate of our planet, there's still an opportunity to turn things around.

Bolt's book draws on the ancient wisdom of bibliomancy--the art of foretelling the future using books--to help those enraptured or demolished by love. Created by the bestselling author of the original Book of Answers, this seductive divination tool provides answers to any yes/no question about romantic life.

Cases of responsive xenoglossy thus add to the evidence concerning the survival of human personality after death.

"Highsmith's writing is wicked . . . it puts a spell on you, after which you feel altered, even tainted."—Entertainment Weekly Slowly, Slowly in the Wind brilliantly assembles many of Patricia Highsmith's most nuanced and psychologically suspenseful works. Rarely has an author articulated so well the hypocrisies of the Catholic Church while conveying the delusions of a writer's life and undermining the fantasy of suburban bliss. Each of these twelve pieces, like all great short fiction, is a crystal-clear snapshot of lives both static and full of chaos. In "The Pond" Highsmith explores the unforeseen calamities that can unalterably shatter a single woman's life, while "The Network" finds sinister loneliness and joy in the mundane yet engrossing friendships of a small community of urban dwellers. In this enduring and disturbing collection, Highsmith evokes the gravity and horror of her characters' surroundings with evenhanded prose and a detailed imagination.

This book treats such topics as the structure of archaic Roman society; social changes from the beginning of Roman expansion to the Second Punic War; slave uprisings and other conflicts in the society of the Late Republic; the social system of the early Empire; the crisis of the Roman Empire; and late Roman society to the fall of the Empire.

Attraversata dall'Adige, resa famosa dalla tragedia shakespeariana, dichiarata patrimonio dell'umanità dall'UNESCO, la città scaligera conserva tutt'oggi un fascino romantico sia per i suoi abitanti, sia per chi la visita, magari attratto dal più celebre dei balconi o dall'Arena, il cui prestigio rende la città famosa in tutto il mondo. Ma Verona è anche altro: secoli di storia conservati tra le sue strade, palazzi e monumenti, anche quelli meno battuti o meno noti, feste e appuntamenti enogastronomici, piatti tipici che dai tempi dell'Antica Roma rendevano le nobili famiglie famose in tutto l'impero. Questa guida alternativa condurrà il lettore attraverso esperienze da fare, ascoltare, gustare, per attivare tutti i sensi e scoprire ogni aspetto della città rimasto nascosto. Verona come non l'avete mai vista! Ecco alcune delle 101 esperienze: Camminare sulle orme di Dante Contare 14 sfumature di tortora davanti a Ponte Pietra Provare l'arte della tipografia d'autore Fare la dichiarazione d'amore sotto al Balcone di Giulietta Perdersi nel labirinto del paradiso verde di Verona: il Giardino Giusti Percorrere le mura di cinta cercando i tunnel sotterranei e le stanze segrete della Gestapo Giocare a sciàncò al Festival dei Giochi Antichi Alessandra Bitiè laureata in Filosofia e ha conseguito un master in Organizzazione di eventi culturali e in Marketing e Comunicazione. Nutre da sempre una grande passione per le tecniche e le strategie di comunicazione e in particolare per la green communication e per il green marketing. È presidente della Studioventisette srl, Società di Comunicazione e Organizzazione Eventi; socio fondatore e membro del Consiglio Direttivo dell'Associazione Culturale Retròbottega e docente della Moodart Fashion School.

Building on the achievements of Goethe in his Theory of Colour, Rudolf Steiner shows how colour affects us in many areas of life, including our health, our sense of well-being, and our feelings. Distinguishing between 'image' and 'lustre' colours, he lays the foundation, based on his spiritual-scientific research, for a practical technique of working with colour that leads to a new direction in artistic creativity. His many penetrating remarks on some of the great painters of the past are supplemented by a deep concern to see a cultural, spiritual renewal emerge in the present time. 'If you realize', he states, 'that art always has a relation to the spirit, you will understand that both in creating and appreciating it, art is something through which one enters the spiritual world.' This volume is the most comprehensive compilation of Rudolf Steiner's insights into the nature of colour, painting and artistic creation. It is an invaluable source of reference and study not only for artists and therapists but for anyone interested in gaining an appreciation of art as a revelation of spiritual realities.

When Sarah leaves him - heartbroken by their inability to conceive - Pietro reverts to a younger self, leaving the dishes unwashed, his bed unmade and the post unopened. Soon afterwards, Sarah confesses that she is pregnant, but from a casual encounter. She comes to rely on Pietro's mother for support, leaving all three in a painful limbo, unable to move on or return to the way things were. Into the void falls Olmo, an old man haunted by memories of war. At first he provides a distraction, but when he asks Pietro to travel to Russia on his behalf, to right a wrong from his past, he offers this most troubled of young men the chance of a new

beginning.

In this readable and thought-provoking history of bisexuality in the classical age, Eva Cantarella draws on the full range of sources--from legal texts, inscriptions, and medical documents to poetry and philosophical literature--to reconstruct and compare the bisexual cultures of Athens and Rome. Reviews of the earlier edition: "Cantarella presents the ancient evidence in a straightforward fashion, draws insightful comparisons between heterosexuality and homosexuality, and elucidates the larger cultural context of erotic experience. With its wide scope the book speaks to the classicist, the layman with an interest in antiquity, the student of sexuality, and even to the unabashed seeker of piquant anecdotes." --John F. Makowski, *Classical Journal* "An important study that is destined to take its place next to the classic works of Foucault and Pomeroy." --Alan Mendelson, *History: Reviews of New Books* "Offers a valuable, close-in reassessment of intricate evidence, freshly researched, readable, and open-minded." --Alan Sinfield, *Gay Times* "This is a book I recommend for all students of sexology."--Milton Diamond, *Journal of Psychology & Human Sexuality* "Easily the best book on the topic." --John Buckler, *Historian*

Apicius, first century author of *De Re Conquinaria* (On Cookery), has been described as the most demanding of gourmets, and his amazingly sophisticated recipes have long been awaiting rediscovery with practical adaptation for the modern kitchen. In *The Roman Cookery of Apicius*, John Edwards has given us a new, close translation of Apicius' manual, coupled with his adapted and tested versions of 360 superb recipes. Most attractive for modern lovers of fine cookery is the enormous variety, originality and richness of flavours, achieved with entirely pure and natural ingredients. The many kinds of meats, vegetables, fish, fowl, shellfish, cheeses, fruits, nuts, herbs, spices, honey and wines - all familiar in themselves - here appear delectably transformed in surprising combinations. One can prepare these recipes and actually experience the distinctive dishes of Apicius' day, with flavours that range from the delicate and subtle to the hot and pungent, or the richly sweet. This is a perfect manual for food lovers and adventurous cooks, hoping to be inspired.

In this unconventional and accessible history, Italian best-seller Alberto Angela literally follows the money to map the reach and power of the Roman Empire. To see a map of the Roman Empire at the height of its territorial expansion is to be struck by its size, stretching from Scotland to Kuwait, from the Sahara to the North Sea. What was life like in the Empire, and how were such diverse peoples and places united under one rule? *The Reach of Rome* explores these questions through an ingenious lens: the path of a single coin as it changes hands and traverses the vast realms of the empire in the year 115. Admired in his native Italy for his ability to bring history to life through narrative, Alberto Angela opens up the ancient world to readers who have felt intimidated by the category or put off by dry historical tomes. By focusing on aspects of daily life so often overlooked in more academic treatments, *The Reach of Rome* travels back in time and shows us a world that was perhaps not very different from our own. And by following the path of a coin through the streams of commerce, we can touch every corner of that world and its people, from legionnaires and senators to prostitutes and slaves. Through lively and detailed vignettes all based on archeological and historical evidence, Angela reveals the vast Roman world and its remarkable modernity, and in so doing he reinforces the relevance of the

ancient world for a new generation of readers.

A gripping conspiracy thriller series for fans of Scott Mariani and Dan Brown. On a trip to Prague to visit an exhibition of precious objects of alchemy, Lorenzo Aragona finds himself caught in the dark murder of an old antiquarian, also fond of mysteries. He is suddenly catapulted into a hidden and disturbing world, run by a mysterious brotherhood that will force him to return to Naples. Helped by the Masons in the deciphering of a series of puzzles, but under the blackmail of shady figures who are threatening to kill him and those he holds dearest, Lorenzo finds himself in front of a real alchemic puzzle, which brings him back to studying the experiments of the famous Prince of Sansevero, who lived in Naples in 1700. The recovered traces, however, lead him away from his city, to France, looking for a stunning cathedral, containing nine mysterious mirrors. But what is this cathedral and what powerful secret is it hiding? What readers are saying about THE ALCHEMIST'S GIFT: 'If you are at all interested in alchemy, freemasonry, conspiracy with a good dose of murder, then Martin Rua's books are a must read'

Marcus Scaurus, leader of a Roman legion mysteriously transported to a world of magic, defeats an army of rebel mercenaries and returns to the city of Videssos, only to encounter deadly intrigue, treason, and betrayal.

Provides a narrative history of this sanctuary and city, from its founding to its modern rediscovery, to show more clearly than ever before why Delphi was one of the most important places in the ancient world for so long. Scott covers the whole history and nature of Delphi, from the literary and archaeological evidence surrounding the site, to its rise as a center of worship with a wide variety of religious practices, to the constant appeal of the oracle despite her cryptic prophecies. He describes how Delphi became a contested sacred site for Greeks and Romans and a storehouse for the treasures of rival city-states and foreign kings. He also examines the eventual decline of the site and how its meaning and importance have continued to be reshaped right up to the present. Finally, for the modern visitor to Delphi, he includes a brief guide that highlights key things to see and little-known treasures. --From publisher description.

The simple past tense is used prominently in these readers. Thus, students gain exposure to the conjugation of some irregular verbs. Most also include verbs in the simple future. A few modal verbs are presented, with explanations of their use. These stories also use a greater variety of verbs of speech. There is deeper exploration of comparative and superlative adjectives. Some of these readers also include explanations of more complex grammatical structures, such as first conditional and infinitive constructions, and most have examples of verb use in interrogative and negative sentences.

This exciting adventure story follows a family of slaves in the USA in 1860 as they escape from a cotton plantation via the legendary Underground Railroad. An enthralling story of courage and resilience, centring on 10-year-old Tommy, it will fascinate children who might not know much about this secret escape route into Canada that was used by as many as 100,000 people. Ten-year-old Tommy roams the cotton fields of Alabama owned by the notorious Captain Archer. Intimidating guards with fierce dogs protect the land to prevent any slaves from leaving. That is until a supernatural spirit visits Tommy offering a way out. With his banjo slung over his shoulder, Peg Leg Joe guides Tommy, his family and other slaves out of Southern USA, and into Canada through the legendary Underground Railroads. Stretched for miles across the country's vastness, the network famously facilitated more than 100,000 slaves to a new life. For Tommy and his family, the escape is far from an easy ride. The young boy is forced to mature through this testing period and allow his strong will to guide himself and others to safety under the guidance of Peg Leg Joe. Set in the 19th century, D'Adamo's well-constructed novel tells a story distant in time, remains

grounded in a reality that still exists today. Millions of people across the globe continue to be enslaved, including children.

The book examines the major issues in perinatal clinical psychology with the presence of theoretical information and operational indications, through a biopsychosocial approach. The multiplicity of scientific information reported makes this book both a comprehensive overview on the major perinatal mental health disorders and illnesses, and a clinical guide. It covers perinatal clinical psychology through a journey of 15 chapters, putting the arguments on a solid theoretical basis and reporting multiple operational indications of great utility for daily clinical practice. It has well documented new evidence bases in the field of clinical psychology that have underpinned the conspicuous current global and national developments in perinatal mental health. As such, it is an excellent resource for researchers, policy makers, and practitioners – in fact, anyone and everyone who wishes to understand and rediscover, in a single opera, the current scientific and application scenario related to psychological health during pregnancy and after childbirth.

An enthralling work of history about the Libertine generation that came up during—and was eventually destroyed by—the French Revolution. *The Last Libertines*, as Benedetta Craveri writes in her preface to the book, is the story of a group of “seven aristocrats whose youth coincided with the French monarchy’s final moment of grace—a moment when it seemed to the nation’s elite that a style of life based on privilege and the spirit of caste might acknowledge the widespread demand for change, and in doing so reconcile itself with Enlightenment ideals of justice, tolerance, and citizenship.” Here we meet seven emblematic characters, whom Craveri has singled out not only for “the romantic character of their exploits and amours—but also by the keenness with which they experienced this crisis in the civilization of the ancien régime, of which they themselves were the emblem.” Displaying the aristocratic virtues of “dignity, courage, refinement of manners, culture, [and] wit,” the Duc de Lauzun, the Vicomte de Ségur, the Duc de Brissac, the Comte de Narbonne, the Chevalier de Boufflers, the Comte de Ségur, and the Comte de Vaudreuil were at the same time “irreducible individualists” and true “sons of the Enlightenment,” all of them ambitious to play their part in bringing around the great changes that were in the air. When the French Revolution came, however, they found themselves condemned to poverty, exile, and in some cases execution. Telling the parallel lives of these seven dazzling but little-remembered historical figures, Craveri brings the past to life, powerfully dramatizing a turbulent time that was at once the last act of a now-vanished world and the first act of our own.

At the height of its power, the Roman Empire encompassed the entire Mediterranean basin, extending much beyond it from Britain to Mesopotamia, from the Rhine to the Black Sea. Rome prospered for centuries while successfully resisting attack, fending off everything from overnight robbery raids to full-scale invasion attempts by entire nations on the move. How were troops able to defend the Empire’s vast territories from constant attacks? And how did they do so at such moderate cost that their treasury could pay for an immensity of highways, aqueducts, amphitheatres, city baths, and magnificent temples? In *The Grand Strategy of the Roman Empire*, seasoned defense analyst Edward N. Luttwak reveals how the Romans were able to combine military strength, diplomacy, and fortifications to effectively respond to changing threats. Rome’s secret was not ceaseless fighting, but comprehensive strategies that unified force, diplomacy, and an immense infrastructure of roads, forts, walls, and barriers. Initially relying on client states to buffer attacks, Rome moved to a permanent frontier defense around 117 CE. Finally, as barbarians began to penetrate the empire, Rome fielded large armies in a strategy of “defense-in-depth,” allowing invaders to pierce Rome’s borders. This updated edition has been extensively revised to incorporate recent scholarship and archeological findings. A new preface explores Roman imperial statecraft. This illuminating book remains essential to both ancient historians and students of modern strategy.

Buon appetito! Everyone loves Italian food. But how did the Italians come to eat so well? The answer lies amid the vibrant beauty of Italy's historic cities. For a thousand years, they have been magnets for everything that makes for great eating: ingredients, talent, money, and power. Italian food is city food. From the bustle of medieval Milan's marketplace to the banqueting halls of Renaissance Ferrara; from street stalls in the putrid alleyways of nineteenth-century Naples to the noisy trattorie of postwar Rome: in rich slices of urban life, historian and master storyteller John Dickie shows how taste, creativity, and civic pride blended with princely arrogance, political violence, and dark intrigue to create the world's favorite cuisine. *Delizia!* is much more than a history of Italian food. It is a history of Italy told through the flavors and character of its cities. A dynamic chronicle that is full of surprises, *Delizia!* draws back the curtain on much that was unknown about Italian food and exposes the long-held canards. It interprets the ancient Arabic map that tells of pasta's true origins, and shows that Marco Polo did not introduce spaghetti to the Italians, as is often thought, but did have a big influence on making pasta a part of the American diet. It seeks out the medieval recipes that reveal Italy's long love affair with exotic spices, and introduces the great Renaissance cookery writer who plotted to murder the Pope even as he detailed the aphrodisiac qualities of his ingredients. It moves from the opulent theater of a Renaissance wedding banquet, with its gargantuan ten-course menu comprising hundreds of separate dishes, to the thin soups and bland polentas that would eventually force millions to emigrate to the New World. It shows how early pizzas were disgusting and why Mussolini championed risotto. Most important, it explains the origins and growth of the world's greatest urban food culture. With its delectable mix of vivid storytelling, groundbreaking research, and shrewd analysis, *Delizia!* is as appetizing as the dishes it describes. This passionate account of Italy's civilization of the table will satisfy foodies, history buffs, Italophiles, travelers, students -- and anyone who loves a well-told tale. "Cookery and Dining in Imperial Rome" by Apicius (translated by Joseph Dommers Vehling). Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

The third edition of *Online Journalism* builds on the foundations of journalism to clearly show how they can be integrated into online environments. It takes the perspective that web content shouldn't be a separate component or an afterthought but instead is a vital part of story creation. From doing research to creating the web space, to posting and getting stories into the hands of users, this useful resource gives students the tools they need. *Online Journalism* readies readers for wherever their news careers take them, whether it's to the online portion of legacy news organizations, to online-only startups, or to blogs, news apps and beyond. Key features include a companion website, practical activities at the end of each chapter, screenshots illustrating key concepts and a Glossary.

The first in a gripping conspiracy thriller series for fans of Scott Mariani and Dan Brown. A dark figure. A secret code. A battle between good and evil... Years ago the Knights Templar developed a secret code. A code so secret that only one man could remember it. The code lies in the hidden recesses of Lorenzo Aragona's memory. The alchemist has always known it, but, until he crosses paths with a beautiful but brutal Russian spy, he does not realise its significance. In a race against the clock from Naples to Kiev, Lorenzo uncovers an ancient history involving Nazis and Freemasons, secrets and spies. He must remember the code, unlock the Baphomet and take control of The Guardian of the Threshold. The lives of the Pope, his dying wife and all of mankind are at stake and only Lorenzo has the power to save them... What readers are saying about THE ALCHEMIST'S CODE: 'A great idea: has anybody ever imagined waking up and figuring out that their life is

nothing but a fictional play? Rua describes this feeling the way all of us would imagine it. I read it in one night. Overwhelming! 5 stars because I cannot give more' 'The author masters the suspense and the reader encounters thrilling mysteries step by step, like the pieces of a puzzle' 'I did not know this author before I read The Alchemist's Code and I have to admit that he is a pleasant discovery. The story captures you from the first page and the reader can enjoy the story although it is all about mysteries, esotericism, codes, and... that's it, I'm not going to reveal anything else, just read it!'

The story of the medieval genius whose 1202 book changed the course of mathematics in the West and helped bring on the modern era. ARENA is a Sunday Times bestselling novel from Simon Scarrow, author of INVICTUS, CENTURION and THE GLADIATOR, and T.J. Andrews. Perfect for fans of Bernard Cornwell. Praise for Simon Scarrow's gripping novels: 'Ferocious and compelling' Daily Express It is AD 41. The city of Rome is a dangerous place. Optio Macro of the Second Legion, recently decorated for courage on the battlefield, can't wait to leave the teeming city behind. He's dismayed when he's compelled to stay in Rome to train Marcus Valerius Pavo, a young gladiatorial recruit. Though fearless Pavo has fought for his life before, he's a novice in the arenas. But he's a driven man, with a goal dearer than survival - to avenge his father's death at the hands of a champion gladiator. Will he live to face his nemesis? ARENA has previously been published as five separate ebook novellas. This print edition brings the complete series together.

This is a history of life in ancient Rome from the third to the seventh centuries AD. At the beginning of the period Rome was the centre of civilisation, by far the greatest city in the world, whose vast revenues supplied its million people with lavish provisions of food and wine and at least one hundred days of spectacular entertainment each year. It was a city of pristine marble, brightly coloured stucco, with temple and government buildings roofed in dazzling gold and bronze. Its citizens had access to public baths, gardens, libraries, circuses, amphitheatres, and venues for sea-fight spectacles. Well-maintained roads and aqueducts stretched from it in all directions. When Pope Gregory died in Rome in 604 Rome had become a papal power, the centre of western Christianity, the Pantheon itself transformed into a church. The author examines the conversion first of the plebs and later of the nobility, the long struggle between ancient rituals of worship and Christianity, and charts the effects of the latter's triumph on the social and physical fabric of the city. Professor Lancon describes the building of the great city wall which in 410 failed to prevent the first of a series of violent Gothic and Vandal incursions, and the citizens' valiant and repeated efforts to restore their city's glory. He considers changes in sexuality, the position of women, education, the family and life cycle, in the measurement, of time, and in the calendar of games and festivals. He examines the continuing role and prestige of the Senate, and the early years and rise of the papacy. Bertrand Lancon brings three turbulent centuries of life in the world's greatest city vividly before the reader's eye: his account is as readable as it is scholarly. The book is introduced by Mark Humphries, who has also provided a guide to further reading for anglophone readers.

Mistress of Rome Penguin

Don't miss the next epic novel in the Eagles of the Empire series - TRAITORS OF ROME is out on 14th November 2019, and available for pre-order now! THE SUNDAY TIMES BESTSELLER The gripping and action-packed new adventure in Simon Scarrow's bestselling Eagles of the Empire series, not to be missed by readers of Conn Iggulden and Bernard Cornwell. It is AD 55. As trouble brews on the eastern fringes of the Roman Empire, Prefect Cato and Centurion Macro prepare for war... The wily Parthian Empire has invaded Roman-ruled Armenia, ousting King Rhadamistus. The King is ambitious and ruthless, but he is loyal to Rome. General Corbulo must restore him to power, while also readying the troops for war with Parthia. Corbulo welcomes new arrivals Cato and Macro, experienced soldiers who know how to

knock into shape an undermanned unit of men ill-equipped for conflict. But Rhadamistus's brutality towards those who ousted him will spark an uprising which will test the bravery of the Roman army to the limit. While the enemy watches from over the border... Praise for Scarrow's bestselling novels: 'Blood, gore, political intrigue... A historical fiction thriller that'll have you reaching for your gladius' Daily Sport What readers are saying about THE BLOOD OF ROME: 'Yet another masterful story of the legions by Simon Scarrow' 'Well-crafted book incorporating fact and fiction. As usual, a great read. Simon Scarrow at his best again' 'Simon Scarrow is a master of storytelling and rip-roaring adventures. Totally enthralling'

ONE WAR. TWO WOMEN. WILL THEY BE ABLE TO SAVE THE ONES THEY LOVE? A sweeping new novel from the number one Sunday Times bestselling author of The Tea Planter's Wife In 1943, Contessa Sofia de' Corsi's peaceful Tuscan villa among the olive groves is upturned by the sudden arrival of German soldiers. Desperate to fight back, she agrees to shelter a wounded British radio engineer in her home, keeping him hidden from her husband Lorenzo - knowing that she is putting all of their lives at risk. When Maxine, an Italian-American working for the resistance, arrives on Sofia's doorstep, the pair forge an uneasy alliance. Feisty, independent Maxine promised herself never to fall in love. But when she meets a handsome partisan named Marco, she realizes it's a promise she can't keep... Before long, the two women find themselves entangled in a dangerous game with the Nazis. Will they be discovered? And will they both be able to save the ones they love? 'Dinah Jefferies has a remarkable gift for conjuring up another time and place with lush descriptions, full of power and intensity' Kate Furnivall 'A stunning story of love and loyalty in wartime' Rachel Hore 'Beautiful writing, wonderful characters, gripping story, and such a gorgeously evoked Tuscan setting - how I loved this! Such a perfect, immersive summer read!' Jenny Ashcroft 'A lush, fast-moving, gripping story that will keep you guessing till the last pages. A perfect summer read' Gill Paul 'It's so rich & the historical details so transporting. Reading this novel is like being swept into a wonderful movie' Eve Chase

Originally published for the centennial of Emily Dickinson's death in 1886, contains the drafts of three letters to a person Emily addresses as 'Master,' accompanied by an introduction and comments by the noted Dickinson manuscript scholar, R. W. Franklin

Dal foro romano alle terme, dallo star system al mercato globale: un viaggio nella società più moderna della storia Un viaggio nel passato che è un ritorno al futuro per capire che siamo moderni come gli antichi romani La tecnologia non è un'invenzione dei tempi moderni, ma accompagna la vita dell'uomo da sempre. Nella sua accezione antica, indicava il "saper fare", ovvero la capacità di trovare soluzioni tecniche per migliorare le condizioni di vita della collettività. E proprio questa capacità è stata la chiave del successo intramontabile di Roma. Storie, curiosità, gossip e aneddoti ci conducono alla scoperta di una mentalità moderna, pratica e lungimirante che è penetrata nel nostro DNA. Sbirciando i segreti con cui i romani hanno progettato la città, gestito l'Impero e organizzato il tempo libero, ovvero svelando la più grande "invenzione" di questa intramontabile civiltà – il suo sistema di vita – si tocca con mano che il modus vivendi di gran parte della società contemporanea è una versione aggiornata di quello degli antichi romani e che, in sostanza, siamo moderni come loro. Ma ci si accorge anche che, per alcuni aspetti, erano molto più avanti di noi e potrebbero ancora ispirarci per migliorare il nostro futuro. Tutto questo c'era già nell'Antica Roma: seguitemi nei luoghi che hanno cambiato il futuro! Le vie come moderne autostrade Globalizzazione e cosmopolitismo Il Foro romano: centro della vita politica Tra welfare e consenso: la politica del panem et circenses Lo struscio al Foro e gli affari degli altri Cultura del cibo e l'arte di mangiare bene Le insulae: i condomini della plebe Quando le donne scesero in piazza ...e molto altro ancora Giulia Fiore Coltellacci È nata a Roma nel 1982. È giornalista pubblicista e ha collaborato con la RAI scrivendo e conducendo trasmissioni radiofoniche dedicate alla cultura. Ha pubblicato *Rome sweet Rome*. Roma è come un millefoglie e, per la Newton Compton,

365 giornate indimenticabili da vivere a Roma, I libri che ci aiutano a vivere felici e I segreti tecnologici degli antichi romani.

The first in an unforgettable historical saga from the New York Times bestselling author of *The Alice Network* and *The Rose Code*. “So gripping, your hands are glued to the book, and so vivid it burns itself into your mind’s eye and stays with you long after you turn the final page.”—Diana Gabaldon, #1 New York Times bestselling author *First-century Rome: One young woman will hold the fate of an empire in her hands. Thea, a captive from Judaea, is a clever and determined survivor hiding behind a slave’s docile mask. Purchased as a toy for the spoiled heiress Lepida Pollia, Thea evades her mistress’s spite and hones a secret passion for music. But when Thea wins the love of Rome’s newest and most savage gladiator and dares to dream of a better life, the jealous Lepida tears the lovers apart and casts Thea out. Rome offers many ways for the resourceful to survive, and Thea remakes herself as a singer for the Eternal City’s glittering aristocrats. As she struggles for success and independence, her nightingale voice attracts a dangerous new admirer: the Emperor himself. But the passions of an all-powerful man come with a heavy price, and Thea finds herself fighting for both her soul and her destiny. Many have tried to destroy the Emperor: a vengeful gladiator, an upright senator, a tormented soldier, a Vestal Virgin. But in the end, the life of Rome’s most powerful man lies in the hands of one woman: the Emperor’s mistress.*

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