

John Assaraf Books

If any area of your life is somewhat unfulfilled, the Law of Attraction can change this for you. Because the Law of Attraction is always in action, the key is knowing how to utilize it to transform your life forever. In *You Can Attract It*, Authors Steve G. Jones and Frank Mangano provide a lifestyle program that contains multiple tools for the proper application of the Law of Attraction. From simple lifestyle changes to hypnosis exercises to six step-by-step instructions for bringing people and events into your life, *You Can Attract It's* combination of methods are scientifically proven to work. And if scientific proof is not enough, see how both authors have changed their lives with this program by learning, living, and mastering it. Delve into the pages and prepare to attract health, wealth, love or anything else you desire. Experience the life you truly deserve.

In this original and groundbreaking book, Dr Andrew Newberg and Mark Robert Waldman turn their attention to the pinnacle of the human experience: enlightenment. Through his brain-scan studies on Brazilian psychic mediums, Sufi mystics, Buddhist meditators, Franciscan nuns, Pentecostals, and participants in secular spirituality rituals, Newberg has found the specific neurological mechanisms responsible for an enlightenment experience - and how we can activate those circuits in our own brains. In his survey of more than one thousand people who have experienced enlightenment, Newberg has also discovered that in the aftermath they have had profound, positive life changes. Enlightenment offers us the possibility to become permanently less stress-prone, to break bad habits, to improve our collaboration and creativity skills, and to lead happier, more satisfying lives. Relaying the story of his own transformational experience as well as including the stories of others who try to describe an event that is truly indescribable, Newberg brings us a new paradigm for deep and lasting change.

Most people wake up and drive to a job that they hate. Think about your five closest friends. Are they happy? Do they live their lives with purpose? Do you? We put on a fake front for what we want people to see and think about us, but the reality is most people aren't happy. We're lost. We settle. We aren't happy with where we are. You can't be happy if you don't know your purpose. It's not possible. You want more but you don't even know where to start. You know there is more out there. You see others having success and you want it, too; there is nothing wrong with that. You just need help finding your purpose so you can find the success you see all around you. You can be productive, crush your goals, pretend that all the things that you've acquired actually mean something...but at the end of the day, if you don't know your purpose, you'll always feel like there's something missing. You'll know that you're capable of more and that you're not living the life you should be. You might be fooling the world, but you're not fooling the person looking back at you in the mirror. You need to find your actual power source. Your purpose is your source of power. Once you find your purpose it'll fuel you for life. You'll do things that you never thought you were capable of. Achieving your purpose will force you to morph into a stronger version of yourself. You'll have to push through fears, insecurities, and doubts that held you back. But somehow it'll all feel possible and necessary because you're purpose-driven now...and that's the only thing you'll ever need.

Praise for *MEET & GROW RICH* "I'm a big fan of mastermind groups. I've used them for over thirty years and know the power they provide everyone in such a group. I'm delighted to see this inspiring, easy-to-follow manual. Read it and follow what it suggests." --Jack Canfield co-creator of the *Chicken Soup for the Soul* series and bestselling author of *The Success Principles* "Absolutely the best practical guide to creating, profiting, and growing your business with your own mastermind group. A must-read for anyone who wants to succeed in ANY business!" --Jim Edwards author and speaker (www.ebookfire.com) "I have been part of various mastermind groups for over twenty years that have easily made me millions. Without a doubt this book is the most advanced definitive guide to why and how any serious human should be a part of one." --John Assaraf cofounder, OneCoach (www.onecoach.com)

At any one time, hundreds of thousands of people feel stuck professionally and don't know what to do to get out of their rut. In today's complex business world, the brutal reality is that there are no guarantees for success. Surprisingly, many of us are unconsciously conditioned to fail although, ironically, it's not all that difficult to dramatically reverse the odds. John Assaraf has developed a unique and amazing formula that will help people overcome obstacles, transform their careers and businesses and start making the kind of money needed to live an extraordinary life. In his latest book, *The Answer*, Assaraf draws on new findings in neuroscience, understanding why we do what we do and, more importantly, why we don't do what we know we should be doing. His methods will help individuals 'rewire' their brains for success so they can emerge as winners no matter what they currently know or understand. It will also teach them how to attract and use newly discovered 'uncommon' sense to achieve business success.

Apply the knowledge of *The Secret* to three key areas of your life with this 3-in-1 masterclass guide to attracting fulfilling relationships, the best health and more money from #1 bestselling author Rhonda Byrne. In *THE SECRET TO LOVE, HEALTH AND MONEY*, Rhonda Byrne presents many inspiring examples of real-life cases from people who have used *The Secret* to achieve personal happiness, wellbeing and success. Subjects covered in Part I include the power of positive thoughts and feelings, gratitude in relationships, imagining the perfect partner, and the creative process for attracting new and better relationships. Part 2 features a series of focused and intensive lessons about topics including health and wellbeing, self-healing, overcoming chronic and incurable diseases, weight loss, the subconscious mind and the immune system and the placebo of positive thinking. Throughout the lessons, Rhonda explains in detail how the law of attraction applies specifically to health, as she offers vital tips and powerful processes such as visualization, affirmations, gratitude, and *The Secret's* famous creative process—ask, believe and receive. *The Secret to Health Masterclass* also features real-life stories of people who have used *The Secret* to overcome health crises such as tuberculosis, multiple sclerosis, epilepsy, cancer, autoimmune disease, chronic pain, depression and anxiety. Part 3

explains how the law of attraction applies specifically to wealth and your relationship with money. By applying the knowledge in *The Secret*, you can stop money from slipping through your fingers, and eliminate forever the perpetual state of “not having enough money.” You will discover the power you have to bring money to you and to live a life of abundance, where you can be, do or have anything you want. Subjects covered by Rhonda include personal finance, eradicating a poverty mindset and adopting a wealth mindset, job hunting, career advancement, creating a successful business, and giving and sharing wealth. Rhonda also presents many inspirational real-life stories of people who have used *The Secret* to attract wealth, build a company, pay off debts, acquire a home and secure a high paying job. Using these powerful processes, you will experience first-hand the transformation that can happen across all areas of your life—in your relationships, health, finances, personal goals and dreams, and in your level of joy and happiness.

SUPERANNO The Secret of Letting Go has touched people around the world. Now Guy Finley's bestselling message of hope and liberation is available in this portable treasury of wisdom, featuring an empowering quote for each day. It features a new introduction, inspirational photos, all in a handy take-anywhere size. *Letting Go: A Little Bit at a Time* makes it easy to let go of fear and reach a new kind of self-understanding that leads to true happiness. Original.

Conscious Millionaire provides a revolutionary approach to building and growing a business. In the book, the author introduces a new universal model that helps entrepreneurs, business owners, managers, and leaders grow their companies while achieving their higher purpose in life. Groundbreaking in its formula, this step-by-step approach combines raising one's consciousness with a bottom-line methodology to building a business. *Conscious Millionaire* is about creating wealth in ways that are honest, provide high value, and will have a positive impact on today's society. For John Assaraf's "Neurogym", "Law of Attraction" and "Winning the Game of Money" fans. Looking forward to the "Brain a Thon"? On this annual event, take this notebook with you. It will be the perfect companion because: On the first four pages it asks you about your life's purpose, your outer and inner mission and your values, plus dot grids for you to take notes. The rest of the notebook has enough pages to accompany you through 8 weeks. There are questions about your priorities, skills, beliefs and habits, plus more dot grids. Reprogram your mind and succeed!

This book shares essential elements of the IGI formula such as forgiveness, gratitude, morality, service, and trust. It explains how they can be expressed in your personal and professional life and why they are essential for success.

Our schools and parents teach us only a small fraction of what we need to learn in order to reach our true potential and achieve success. The rest we must learn through our own trials and tribulations. 'Street kid' John Assaraf broke free from a troubled past to create a multi-million dollar empire. In *Having it All*, Assaraf tells of his discovery that, no matter what kind of difficult circumstances someone happens to be in at any one time, he or she can achieve whatever they want in life. By combining old-world wisdom and street-smart tactics, Assaraf created the life of his dreams. He shares his method here.

If money were about math, none of us would be carrying any debt. The numbers are simple. What's complicated is what we do with money. We use money to soothe our feelings and buy respect, to show how much we care or how little. We don't simply earn, save, and spend money: we flirt with it, crave it, and scorn it; we punish and reward ourselves with it. Without realizing it, we give money meaning it doesn't really have—what former psychiatrist and current business coach David Krueger calls our “money story.” And in the process of playing out that money story, we often sacrifice the most important things in our life: our health, freedom, relationships, and happiness. What is your money story? Do you consistently spend more than you have? Do you follow the herd in your investments—even though you know the herd is usually wrong? Have you neglected to save for the future, even when you have the means? Do you feel controlled or shackled by debt? Is your money somehow never “enough”? Is money, or the lack of it, always on your mind? *The Secret Language of Money* is a guided tour to the subconscious meanings we give money, the conflicted ways our brains deal with money, the reasons we tend to make the same money mistakes over and over—and most importantly, how you can change all that. A brilliant blend of cutting-edge science and real-world application, *The Secret Language of Money* helps you rewrite your money story and find that elusive balance of wealth, health, and joy we all seek. For over twenty-five years, leadership legend and personal-mastery path-blazer Robin Sharma has mentored billionaires, business titans, professional-sports superstars and entertainment royalty via a revolutionary methodology that led them to accomplish rare-air results. Now, in this groundbreaking book, Sharma makes his transformational system available to anyone who is ready for undefeatable positivity, monumental productivity, deep spiritual freedom and a life of helping others. In *The Everyday Hero Manifesto* you will discover: · The hidden habits used by many of the world's most creative and successful people to realize their visionary ambitions · Original techniques to turn fear into fuel, problems into power and past troubles into triumphs · A breakthrough blueprint to battle-proof yourself against distraction and procrastination so that you produce magic that dominates your domain · Pioneering insights on adopting world-class routines that will lead you to achieve superhuman fitness and become the most disciplined person you know · Unusual wisdom to operate with far more simplicity, beauty and peace Part memoir of a life richly lived, part instruction manual for virtuoso-grade performance, and part handbook for spiritual freedom in an age of high-velocity change, *The Everyday Hero Manifesto* will completely transform your life. Forever. ROBIN SHARMA is a humanitarian who has devoted his life to helping people express their highest natural gifts. He is widely regarded as one of the top leadership and personal-mastery experts in the world. His clients include NASA, Microsoft, NIKE, Unilever, GE, FedEx, HP, Starbucks, Oracle, Yale University, PwC, IBM Watson and the Young Presidents' Organization. His #1 international bestsellers, such as *The 5 AM Club*, *The Monk Who Sold His Ferrari*, *The Greatness Guide* and *Who Will Cry When You Die?*, have sold millions of copies in over ninety-two languages, making him one of the most widely read authors on the planet.

"If you really have so much potential...why are you NOT using all of it? The latest brain science delivers the answers you need to break free and unlock the hidden power of your subconscious mind, so you earn more, live more, and achieve more than ever before. By using the latest technologies and evidence-based training techniques, you can release years of old programming, limiting beliefs and habits that keep you stuck achieving the same results over and over again. Discover powerful brain-based techniques that elite athletes, Navy SEALs, CEOs, and astronauts use to upgrade their mindset, focus, and emotional fortitude!" -- First time available in ebook! *The Secret Daily Teachings*, the much-loved companion guide for living *The Secret* day by day, is now available in a new ebook format. Take the next step with *The Secret Daily Teachings*—the much-loved companion guide for living *The Secret* day by day is now available in a new ebook format. *The Secret* contains clear principles on how to live your life in

accordance with the natural laws of the Universe, but the important thing for every person is to LIVE IT. Now, with *The Secret Daily Teachings*, Rhonda Byrne takes you through a year of teachings, sharing wisdom and insights for living in harmony with the laws that govern all human beings, so that you may become the master of your life. Building upon *The Secret's* powerful truths, your knowledge of the law of attraction is about to expand far beyond what you can imagine. More joy, more abundance, more magnificence—every single day of the year.

A vision board is a powerful tool that anyone can use to shape an ideal future through the power of intention and visualization. Learning how to vividly imagine your desired results--attracting your perfect soul mate, radiant health, abundant career opportunities, or building personal and community relationships to give back--is the first step on the path to making them happen. Break through unconscious, limiting beliefs and get ready to transform your future now. If you can envision it, you're halfway there! This book will explain and walk you through exactly how to create a vision board in conjunction with how to retrain your brain to actually start believing that you can achieve all your goals and dreams. Then, the universe will work its magic! This is a great personal gift and one your friends and family will love.

Create a roadmap to success on your own terms with this accessible and up-to-date guidebook on vision boards from the internationally bestselling author and contributor to *The Secret*. Are you ready to see your dreams become reality? After the success of his *The Complete Vision Board Kit*, John Assaraf returns with this newly updated standalone handbook on how to kickstart your perfect vision of health, wealth, and abundance. With clear and engaging language, *The Vision Board Book* takes you through a step-by-step process of manifesting all that you desire through the use of vision boards. Read and be inspired by the amazing accounts from people who have mastered the use of these simple tools for decades. You'll discover how you, too, can align your desires with the images you choose to show yourself every day, to make any dream into a tangible reality. *Success Habits of Super Achievers* is filled with proven strategies from over 80 iconic thought leaders, entrepreneurs, professionals, coaches, authors, investors, musicians, and more, this book is stuffed with wisdom you can apply today to change your life.

You hate politicians. Who doesn't in today's world? But you have more in common with politicians than you may think: you both need a proven, foolproof marketing system to succeed in today's tumultuous marketplace. The stakes have always been high, but with so much economic disruption in the world, they're even higher now--and you can feel it. What if the key to future success lies in a simple and secret marketing approach that presidents use to get elected and startup companies use to become billion-dollar unicorns? What if you could use this approach to convert customers in half the time, eliminate your financial risk, and secure huge profits? Now you can. ? In *The Undefeated Marketing System*, bestselling author Phillip Stutts shows you how his groundbreaking five-step marketing formula used by winning presidents and successful companies will also grow your business. With more than twenty-five years of campaign and research experience, Phillip will reveal, for the first time ever, his system that elects presidents and builds billion-dollar companies. If you're a small business owner, entrepreneur, executive, or marketing professional determined to beat the competition in any economic environment, this is your next must-read book.

A key team member behind *The Secret* and his business partner offer the specific tools and mental strategies to help readers leap ahead in any career or business venture and achieve major financial success. In this visionary work, New York Times bestselling author John Assaraf and business guru Murray Smith reinvent the business book for the twenty-first century. Two of the most successful entrepreneurs in the world, they combine forces to bring their special insights and techniques together in a revolutionary guide for success in the modern business environment. Assaraf and Smith know how to minimize risk and maximize success, and *The Answer* provides a framework for sharing their wisdom, experience, and skills with the millions of people who want to accomplish their own dreams in life. Using cutting-edge research into brain science and quantum physics, they show how readers can actually rewire their brains for success and create the kind of extraordinary lives they want. By teaching readers how to attract and use newly discovered "uncommon" senses to achieve business success, the authors demonstrate the beliefs, habits, thoughts, and actions that they have used to build eighteen multimillion-dollar companies. Any reader who follows this step-by-step process to build his or her career will experience an enormous life transformation and reach an exceptional level of living.

Did you know that asking a new kind of question can immediately change your life? One morning in 1997, college student Noah St. John was in the shower when he asked himself a question that changed his life: Why are we trying to change our lives saying statements we don't believe . . . when the human mind responds automatically to something even more powerful? That's when he invented the stunningly simple yet amazingly effective method he named Affirmations—a method that's since helped tens of thousands of people around the world to attract more money, lose hundreds of pounds, find their soul mates, grow their businesses, and dramatically improve their lives, with just four simple steps. *The Book of Affirmations* isn't just another book on abundance. It's a proven, step-by-step guidebook to living the life of your dreams. Inside this book, you'll discover: • What the Belief Gap is and why it's keeping you stuck • How a struggling insurance salesman increased his income by 560 percent in less than a year—and found the love of his life—using this method • How a 13-year-old girl cured her chronic insomnia using this simple technique—in just one night • What they told you about the Law of Attraction that's just flat-out wrong • How to quit smoking and overcome depression without drugs or therapy • The 2 most effective questions of all time, and the 1 question you should never ask • How to create instant superstar performance in yourself and everyone in your organization • And that's just the beginning . . . Are you ready to join the Affirmations Revolution?

This book will assist you to release the past and build the skills, habits, and mindset required to break through barriers and transform your life. Jeffery Combs shares powerful insights gleaned from his alcohol and drug addiction recovery, his failures and successes in entrepreneurship, and his success and addiction coaching. If you find yourself at a place in life where you are committed to achieving peace and prosperity, Jeffery will walk you through the process of understanding why you do what you do, uncover past events that created your conditioned behavior, and show you how to let go so you can become the person you deserve to be. By the end of this book, you will know how to make breakthroughs a way of life.

Having it All Simon and Schuster

A detailed system that will help you achieve your professional and personal goals *Moving the Needle* provides both the "kick in the pants" and the game plan many of us need to break out of the rut and get moving to achieve our goals. CEOs, vice presidents, professionals, military personnel, and even college students frequently express frustration at the entrenched status quo, in which initiating progress feels like moving mountains. This book lights a path toward continual improvement, helping readers first find a direction, then make the key transitions that jumpstart forward progress. This highly practical guide outlines a change process that

can be applied to professional or personal goals, giving readers a concrete plan for making big things happen. Rather than blindly shooting for the moon, readers will formulate a solid, systematic, actionable plan that can only result in progress. In today's tenuous business climate, employers and employees alike can be glued to the ground, unsure of the path they should take, or whether they have the freedom to move forward. Moving the Needle helps readers clarify their current position, identify their optimum position, and formulate a workable strategy for getting from here to there. Find what "moving forward" means for your career and life Shake off the doldrums of routine and establish a culture of innovation Improve performance on a consistent basis, at every level Break the inertia and get moving in the right direction Stagnation is diametrically opposed to progress. Moving forward requires a vision, a plan, and the impetus to get things done. Those who sense that big things can happen need to get clear, get free, and start Moving the Needle.

Lack of knowledge or skill is not what really holds you back. It is your mindset, emotional blocks, and deeply ingrained habits that you must release to clear the path to your greatest victories and successes. Unlock Your Hidden Brain Power is a comprehensive guide to science-based mental and emotional techniques to strengthen your mindset and unleash the hidden power of your brain. Learn to change your habitual patterns, and eliminate disempowering emotions like fear of failure or success, embarrassment or being judged, disappointment, low self-worth and self-esteem, negativity and pessimism, and lack of confidence. Cutting-edge technology and the science of neuroplasticity have finally unlocked the door to breaking free from these patterns. This book will empower you to recognize and release whatever is holding you back from your fullest potential and the grandest vision for your life. DISCOVER HOW TO: • Recognize and release mental/emotional obstacles • Increase your self-confidence and self-worth • Turn any fear into fuel for success • Train your brain to focus on how to achieve your goals versus why you can't • Enjoy life with greater significance, purpose, and meaning JOHN ASSARAF is one of the leading mindset and behavioral experts in the world. The founder and CEO of NeuroGym, a company dedicated to using the most advanced technologies and evidence-based brain training methods, he has built five multimillion-dollar companies, written two New York Times bestselling books and has been featured in eight movies, including the blockbuster hit The Secret.

Everyone wants to be happy--yet so many people are unhappy today. What are they doing wrong? Clearly, a new approach is needed. Self-help guru Shimoff presents three new ideas and a practical program to change the way readers look at creating happiness in their lives: 1. Happiness is not an emotion, a spike of elation or euphoria, but a lasting, neuro-physiological state of peace and well-being. 2. True happiness is not based on what people do or have--it doesn't depend on external reasons or circumstances. 3. Research indicates that everyone has a happiness set-point. No matter what happens to a person, they will tend to return to a set range of happiness. This book shows how you can actually reprogram your set-point to a higher level.--From publisher description.

In The Vision Board, influential career strategist Joyce Schwartz describes a transformative exercise that offers a simple way to change your life for the better. As featured on the Oprah Winfrey show, vision boards are a practical, effective approach to identifying and achieving your goals. With a foreword from Bob Proctor, featured teacher in The Secret, and an afterword by Jack Canfield, co-creator of the hugely popular Chicken Soup for the Soul series, The Vision Board offers concrete advice and motivation anecdotes designed to help you utilize vision boards in your own daily life.

The successful CEO of the internationally renowned Peak Potentials—who has trained thousands of people to find new jobs, careers, and directions—shares his practical and inspirational program for reinventing yourself, whether you are out of work or want to change your professional trajectory. What would you do in your life if you knew you could not fail? That's the question answered in Pivot, a roadmap for embracing your true potential without abandoning your responsibilities or risking your future. As a transformational teacher and the CEO of Peak Potentials, which has trained more than one million people worldwide, Adam Markel can help you leap out of your comfort zone and into the destiny you've always dreamed of. Whether you are transitioning your career, or have been downsized, or believe that your true potential has yet to be fully tapped, Pivot is a guide to reinvention for anyone, at any age. With clear-eyed compassion and frank assessments, Adam shares the secrets that will guide you away from fear and toward a powerful new vision for your life. The uplifting stories, introspective prompts, clear step-by-step exercises, and energizing calls to action throughout this remarkable book will guide you through the process of personal and career transformation, from creating a vision and clearing space for change to building a supportive environment and establishing daily rituals that will regenerate your soul. Success and personal fulfillment are within reach! Program your internal GPS to a destination of your wildest imagination—all it takes to change your path is one right turn.

The Secret opened the world to the power of positive thinking. Now, Law of Attraction will guide you through every step toward getting the life you've always desired -- and deserved. Have you noticed that sometimes what you need just falls into place? Perhaps you've met the perfect client or life partner merely by being at the right place at the right time. On the other hand, there are some people who find themselves in one terrible relationship after another or who seem unable to shake off their bad luck. These experiences are evidence of a very powerful force. It's called the Law of Attraction, and right now it's attracting people, jobs, situations, and relationships to you. The Law of Attraction can be defined as: I attract to my life whatever I give my attention, energy, and focus to, whether positive or negative. Now, with this book, readers can learn how to use the Law of Attraction deliberately and integrate it into their daily life. By doing this, they will attract all they need to do, know, and have so they can get more of what they want and less of what they don't want. With its easy-to-follow 3-step formula (Identify Your Desire, Give Your Desire Attention, and Allowing), complete with tips, tools, exercises, and scripts, Law of Attraction shows readers how to: Attract their ideal mate and ideal relationships Increase wealth and abundance Improve their business with more customers, clients, and referrals Discover their ideal job, true calling, or career and more!

Have you ever struggled with fear and anxiety so much that it prevented you from pursuing your goals or dreams? Or perhaps you have spent considerable time fearing the judgment of others . . . so caught up in worrying about what others think of you that you won't risk engaging in an activity that you're not good at, nor will you speak in public and risk feeling embarrassed, ridiculed or thought stupid. In this stimulating new book, speaker, author and psychologist, Dr. Joan Rosenberg leads you step-by-step through several processes that have helped hundreds of individuals, clients, entrepreneurs and business professionals diminish or end the anxiety that held them back for months or, in some cases, years. No longer faced with the experience of anxiety, these individuals are now busy actively and confidently pursuing lives of their own design. Learn the strategies described here and see for yourself what a difference they can make in your life. The opportunity to experience confidence, emotional strength and inner peace is in your hands.

The best-selling author of The Millionaire Manager presents a case for a new approach to human ambition and achievement in today's stressful, technologically driven world, drawing on neuroscience studies and case studies to profile 10 sources of motivation that can be strategically applied by today's business leaders. 150,000 first printing.

An Official Publication of The Napoleon Hill Foundation with Never Before Published Content from Napoleon Hill In Think and Grow Rich – Success and Something Greater, authors Sharon Lechter and Greg Reid once again join forces with the Napoleon Hill Foundation including

never before published original content from Napoleon Hill. In today's world of instant news and social media, businesses, leaders and influencers must find a way to differentiate themselves from all their competition and engage people in their missions. They need to rise above all the noise. They can do this by defining their Success Secrets or Magic Key. Reid and Lechter followed the proven path of Hill and sought out multi-millionaires and asked them to share the Magic Keys to their success and legacy. While their individual stories differ significantly, they all share a devotion to their mission...to their Success Secrets...their Magic Key...their legacy. John Assaraf – Mastery of Thought John Ashworth – Find the Gap in the Marketplace Michael Houlihan and Bonnie Harvey – Ask the Right Questions Rita Davenport – Build Your People These are just a few of the people who share their stories in Think and Grow Rich – Success and Something Greater. Their stories are not just motivational...they are real...they are honest...they take the reader on their personal journeys. The readers will not just relate to the individuals highlighted in the book they will begin looking for how they can adopt their Magic Keys into their own journeys. Before reaching the last page, the reader will already be more self-confident, more energized, more focused, ready to ask the right questions and most importantly ready to take action and realize their own success, wealth and achievement, and in doing so, define and create their legacy. Be Fearless is researched-based call to action for those seeking to live extraordinary lives and bring about transformational change. LOS ANGELES TIMES BESTSELLER * NATIONAL BESTSELLER Weaving together storytelling, practical tips and inspiration, the book will teach you how to put the five fearless principles to work so that you too can spark the sorts of remarkable breakthroughs that can impact the world. Philanthropist, investor, and technology pioneer Jean Case brings to life the five Be Fearless principles common to the people and organizations that bring about transformational change. When National Geographic Chairman Jean Case set out to investigate the core qualities of great change makers, past and present, from inventors to revolutionaries, she found five surprising traits they all had in common. These weren't wealth, privilege, or even genius. What all of these exceptional men and women shared was that they had chosen to make a "big bet," take bold risks, learn from their failures, reach beyond their bubbles, and let urgency conquer fear. Throughout Be Fearless, Jean vividly illustrates these principles through storytelling—from her own transformational life experiences, to Jane Goodall's remarkable breakthroughs in understanding and protecting chimpanzees, to celebrity chef José Andrés' decision to be a "first responder" and take his kitchen to the sites of devastating hurricanes to feed the hungry, to Madame C.J. Walker's vision to build a hair care empire that would employ thousands across the country, and more. She shares new insights to stories you might think you know—like Airbnb's tale of starting from scratch to transform the hospitality industry, to John F. Kennedy's history-making moonshot—and gems from changemakers you've never heard of. Be Fearless features a compelling foreword from Jane Goodall saying "there is no time in history when it has been more important to Be Fearless" and a new afterword with stories of people inspired to take action after reading the book.

Provides a step-by-step system to achieve success in every aspect of life.

The tenth-anniversary edition of the book that changed lives in profound ways, now with a new foreword and afterword. In 2006, a groundbreaking feature-length film revealed the great mystery of the universe—The Secret—and, later that year, Rhonda Byrne followed with a book that became a worldwide bestseller. Fragments of a Great Secret have been found in the oral traditions, in literature, in religions and philosophies throughout the centuries. For the first time, all the pieces of The Secret come together in an incredible revelation that will be life-transforming for all who experience it. In this book, you'll learn how to use The Secret in every aspect of your life—money, health, relationships, happiness, and in every interaction you have in the world. You'll begin to understand the hidden, untapped power that's within you, and this revelation can bring joy to every aspect of your life. The Secret contains wisdom from modern-day teachers—men and women who have used it to achieve health, wealth, and happiness. By applying the knowledge of The Secret, they bring to light compelling stories of eradicating disease, acquiring massive wealth, overcoming obstacles, and achieving what many would regard as impossible.

The Awakening Moment is a book that will awaken you to the life you were born to live. This book and journal is for all who are striving to live their purpose filled life. Through these pages you will heal, overcome and experience a breakthrough on a new level to experience something that you have been waiting for, happiness. When you awaken not only will happiness follow you; a new person and new possibilities will emerge. Possibilities that your visions manifest, advance your career, own a business, travel, build healthy relationship and mostly importantly live authentic and walk in confidence. Once you awaken you are not merely alive, but are awakened to a life that you were never aware existed in the past. At the end of chapters you will find Self-Reflection Questions and Answers for you to complete. These will help you evaluate your thoughts and actions to determine areas of growth. Take the time to answer these questions thoughtfully. Be truthful and honest with yourself. It is time to awaken to the life you were born to live and live your truth. The world is waiting on you. Share your story and demonstrate the glory of God in your life to help others to overcome trials and tribulations.

Have you ever been shaken to the core as a result of a life-changing experience? We all face personal struggles, and it's great when we can get some help in working through them and understanding them. Expanding Your Heart: Four Stages of a Spiritual Opening offers such help by providing a spiritual and inspiring perspective on personal struggle. It is a tool for healing, and an explanation on how and why your deepest struggles may be a doorway to your greatest freedom. This book explains the Four Stages of a Spiritual Opening and how you may have experienced one, two, or all of these stages without even realizing it. If you have hit the wall, had the rug pulled out from under you, or are feeling stuck, lost, anxious, or depressed, you may be on the brink of an incredible awakening. You just may not know it yet.

Perfect for readers of How God Changes Your Brain, two researchers present over thirty brain exercises to help readers generate happiness and success, in business and in life. "This remarkable book translates state-of-the art neuroscience into practical techniques that rapidly promote personal transformation. If you want to double your happiness and your income, start using these powerful brain-changing exercises today!" ?John Assaraf, New York Times bestselling author and CEO of NeuroGym Adapted from a business school course they created for professionals, bestselling author Mark Waldman and Chris Manning present simple brain exercises, based on the latest neuroscience research, to guide readers to improvement in all parts of life, from work to home, from how we think to how we feel. Their promise is to help people create more "wealth" in their lives, defined as the combination of money, happiness, and success. Using the latest research studied by two experts in their field, the book presents both the scientific background and sets of "NeuroWisdom" exercises that will help people reduce neurological stress and increase happiness, motivation, and productivity. The "worry" centers of the brain are turned off and the optimism circuits are turned on. Work becomes more pleasurable and creativity is increased, enabling the brain to anticipate and solve problems more efficiently. From the cutting edge of brain science to real-world solutions, these exercises help readers gain the wisdom that leads to greater fulfillment.

From one of the boldest voices in the world of personal growth and motivation, a guide to moving past inner struggle to discover the power of relinquishing control. Too often we limit our lives by putting conditions on them. We think things should go a certain way, and when they don't, we hold on to what isn't working, reinforcing what is causing us pain and affirming our lack of trust in the universe. There is another way: We can harness the power of relinquishing control and discover more purpose and meaning in our lives. After the passing of Kute Blackson's mother in 2017, he discovered that the powerful lesson his mother had been modeling her whole life had always been at the heart of his own teachings--he just hadn't realized it. What was that keen insight? Surrender

isn't passive. It isn't giving up. It's strong and courageous. It's about tapping in. In this inspiring book, Blackson traces how surrender was a key factor in the lives of so many great people throughout history, and shows readers how they can move past self-imposed barriers in their lives to discover the freedom and possibility on the other side of surrender.

Thrive as the Divinely Connected Intuitive You Were Born to Be “Wendy is precisely the spiritual mentor I would pray for you to find. By opening this book, you will receive the energetic nurturing that she has infused into every page.” — Gabrielle Bernstein, from the foreword As an empathic person, you likely feel the energy of the unseen world and unknowingly take on other people’s energy and emotions. This can lead to anxiety, overwhelm, and chronic health issues. Personal growth work alone is not enough to shift this lifelong pattern. In *Becoming an Empowered Empath*, intuitive healer and teacher Wendy De Rosa will guide you step-by-step to help you: • understand your empathic nature • stop taking on other people’s energy • detoxify your subtle body, including your chakras and grounding cord • recognize and heal ancestral, familial, and personal traumas • turn your oversensitivity into powerful intuition Through guided meditations, journaling exercises, and practices for energetic self-care, Wendy empowers you to embrace your gifts, embody light, and become a vital agent for positive change.

This book will inspire you to fall more deeply in love with your partner, yourself, and your relationship! Internationally renowned relationship coach Eri Kardos presents what people around the world have been waiting for: a simple and effective guide to using *RELATIONSHIP AGREEMENTS* - a beautiful tool that unpacks the spoken and unspoken understandings that hold a relationship together so that each aspect can be articulated, understood, and explored. With her unique ability to create a space that is warm, inviting, and fun, Eri effortlessly breaks down this highly effective tool into simple and sensible sections while sharing advice, activities, self-reflections, and exercises that provide partners with step-by-step methods to successfully navigate potentially challenging topics while building more intimacy and connection through the process. With years of experience and expertise in this area, Eri boldly takes readers beyond the traditional constructs of what relationships have been and brilliantly paints a new perspective of what relationships can become: a living and breathing experience that grows as you grow! Eri Kardos is one of the most highly referred relationship coaches in the Pacific Northwest and worldwide. Eri works globally with her clients: from the U.S. to Japan, from Argentina to India, from South Africa to Germany - Eri has delivered hundreds of self-development presentations, workshops, unconferences, and private coaching sessions. She regularly partners with corporations, universities, business groups, and community organizations to bring light to how communication and connection is inherently tied to success. She is passionate about applying her years of experience and understanding to help people in all stages of their relationship - whether intimately dating, newly married, at the brink of divorce, or partnered for over 40 years. Eri inspires people to fall in love more deeply with their partners, themselves, and their relationship!

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