

## Inside Out And Outside In Psychodynamic Clinical Theory And Psychopathology In Contemporary Multicultural Contexts

The "war on terror" has generated a scramble for expertise on Islamic or Asian "culture" and revived support for area studies, but it has done so at the cost of reviving the kinds of dangerous generalizations that area studies have rightly been accused of. This book provides a much-needed perspective on area studies, a perspective that is attentive to both manifestations of "traditional culture" and the new global relationships in which they are being played out. The authors shake off the shackles of the orientalist legacy but retain a close reading of local processes. They challenge the boundaries of China and question its study from different perspectives, but believe that area studies have a role to play if their geographies are studied according to certain common problems. In the case of China, the book shows the diverse array of critical but solidly grounded research approaches that can be used in studying a society. Its approach neither trivializes nor dismisses the elusive effects of culture, and it pays attention to both the state and the multiplicity of voices that challenge it.

This fourth volume of the Iconicity series is like its predecessors devoted to the study of iconicity in language and literature in all its forms. Many of the papers turn the notion of iconicity 'inside-out', some suggesting that 'less-is-more'; others focus on the cognitive factors 'inside' the brain that are important for the iconic phenomena that are produced in the 'outside' world. In addition this volume includes a paper related to iconicity in music and its interaction with language. Other papers range from the theoretical issues involved in the evolution of language, to those that offer many 'inside-out' claims, such as claiming that nouns are derived from pronouns, and as such should more properly be called 'pro-pronouns'. Also, this volume includes perhaps the first English-language analysis of the iconic aspects of sound symbolism in a prayer from the Koran. This is a truly interdisciplinary collection that should turn some of the notions of iconicity in language and literature 'outside-in' and 'inside-out'.

Territory is back with a vengeance. Although territorial politics never really went away, it was often perceived that way in public discussion and among scholars. The territorial conflicts of the last several years, however, have raised new academic and policy questions, revived old debates that were nearly forgotten, and forced us to rethink many of our common conceptions. Social scientists broadly agree that territory, as well as the boundaries that confine it and group identity that relates to it, are socially constructed rather than natural or primordial. But how and through which mechanisms is the meaning of territory constructed? By whom? For which purposes and by what tools? Which forces

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influence such territorial designs? How do different territorial designs affect state behavior in particular, and the dynamics of international politics in general? This book brings together political scientists and geographers both disciplines in which scholars have long researched such questions to create a mutually fertilizing dialogue, which will advance our understanding of territorial designs. The authors tackle core theoretical questions, institutions and ideas of territoriality, borders, space, place, and identity, as well as the methodologies used to study them. They utilize case studies as far apart as the Ottoman Empire, the colonization of Ireland, and current day Middle East; and they interrogate the characteristics of spaces as different as land, air, and water. The chapters were originally published as a special issue of *Territory, Politics, Governance*.

Suitable for mental health practitioners in a variety of disciplines, this work reflects the theory and clinical practice. It offers chapters, on attachment, relational, and intersubjective theories, respectively, as well as on trauma.

Trella, a scrub whose life consists of cleaning for the socially superior Uppers, finds her peaceful life disturbed when she encounters a prophet who promises a better life for her people and ends up in the middle of a rebellion.

Through a series of poems, a young girl chronicles the life-changing year of 1975, when she, her mother, and her brothers leave Vietnam and resettle in Alabama.

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Jason Aronson

Would you like to experience amazing clarity, peace, and freedom, even in the midst of challenging circumstances? In this groundbreaking new book, bestselling author Michael Neill shares an extraordinary new understanding of how life works that turns traditional psychology on its head. This revolutionary approach is built around three simple principles that explain where our feelings come from and how our experience of life can transform for the better in a matter of moments. Understanding these principles allows you to tap into the deeper intelligence behind life, access your natural wisdom and guidance, and unleash your limitless creative power. You'll be able to live with less stress, greater ease, and a sense of connection to the larger unfolding of life. Welcome to the space where miracles happen... Are you ready to begin?

Is there a right way to study how the brain works? Following the empiricist's tradition, the most common approach involves the study of neural reactions to stimuli presented by an experimenter. This 'outside-in' method fueled a generation of brain research and now must confront hidden assumptions about causation and concepts that may not hold neatly for systems that act and react. György Buzsáki's *The Brain from Inside Out* examines why the outside-in framework for understanding brain function have become stagnant and points to new directions for understanding neural function. Building upon the success of *Rhythms of the Brain*, Professor Buzsáki presents the brain as a foretelling device that interacts with its environment through action and the examination of action's consequence. Consider that our brains are initially

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filled with nonsense patterns, all of which are gibberish until grounded by action-based interactions. By matching these nonsense "words" to the outcomes of action, they acquire meaning. Once its circuits are "calibrated" by action and experience, the brain can disengage from its sensors and actuators, and examine "what happens if" scenarios by peeking into its own computation, a process that we refer to as cognition. The Brain from Inside Out explains why our brain is not an information-absorbing coding device, as it is often portrayed, but a venture-seeking explorer constantly controlling the body to test hypotheses. Our brain does not process information: it creates it.

Inside Out, Outside In takes familiar historical narratives and provides alternative readings for them. It endeavours to expand the parameters of comparative history by focusing on the economic, social, political and historiographical connections among societies, and by observing these intertwined histories from different vantage points. Iconoclastic, provocative, even quirky, Inside Out, Outside In takes us beyond culture and society into the imperial webs of association found inside and outside the discipline of history.

This book presents cutting edge developments in Adult Mental Health through the presentation of creative and innovative applications of systemic theory to practice. The first section deconstructs the medical model with some of the current beliefs and practices shaping services whilst placing adult mental health in a wider social and political context. The second half of the book showcases good practice from the field. At either end of the volume "bookends" invite current clients and staff to write about their experiences with the aim of bringing a powerful personal context into the work. We intend to create a shift from third person objectivity to a first person experience as a political act which flows through the book.

Reveals how the everyday activities of Palestinians have become encumbered by the permits, curfews, and other bureaucratic hurdles associated with the region's institutionalized peace-keeping methods, in a report that offers insight into the tragic ways in which communities are becoming increasingly isolated from their lands and livelihoods.

Only a decade ago, the notion that museums, galleries and heritage organisations might engage in activist practice, with explicit intent to act upon inequalities, injustices and environmental crises, was met with scepticism and often derision. Seeking to purposefully bring about social change was viewed by many within and beyond the museum community as inappropriately political and antithetical to fundamental professional values. Today, although the idea remains controversial, the way we think about the roles and responsibilities of museums as knowledge based, social institutions is changing. Museum Activism examines the increasing significance of this activist trend in thinking and practice. At this crucial time in the evolution of museum thinking and practice, this ground-breaking volume brings together more than fifty contributors working across six continents to explore, analyse and critically reflect upon the museum's relationship to activism. Including contributions from practitioners, artists, activists and researchers, this wide-ranging examination of new and divergent expressions of the inherent power of museums as forces for good, and as activists in civil society, aims to encourage further experimentation and enrich the debate in this nascent and uncertain field of museum practice. Museum Activism elucidates the largely untapped potential for museums as key intellectual and civic resources to address inequalities, injustice and environmental challenges. This makes the book essential reading for scholars and students of museum and heritage studies, gallery studies, arts and heritage management, and politics. It will be a source of inspiration to museum practitioners and museum leaders around the globe.

Atopic dermatitis (eczema) is one of the most common and most challenging skin conditions, for patients and practitioners alike. Uniquely organized by intrinsic and extrinsic etiologies, Atopic Dermatitis: Inside Out or Outside In? examines a myriad of causes that start from both the inside of the body and from the external environment, offering physicians practical ways to design treatments that specifically address

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these causes. Drs. Lawrence S. Chan and Vivian Y. Shi, along with a team of expert contributing authors, examine the etiology of this complex disorder and provide targeted, comprehensive solutions and the most useful therapeutic plans based on pathophysiology, including evidence-based integrative management. Analyzes the pathophysiology of atopic dermatitis from two distinct fronts: inside out and outside in—an approach that is unique in the field. Begins with an overview of the disease, then delves into both internal and external pathogenic factors, followed by the Clinician's Corner, which offers practical recommendations for treatment. Organizes therapeutic discussions by corresponding pathophysiology rather than a one-size-fits-all approach. Covers recent FDA-approved medications, as well as atopic comorbidities. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

In this inspirational yet practical book, the man Parade called “the most important coach in America,” subject of the national bestseller *Season of Life*, Joe Ehrmann, describes his coaching philosophy and explains how sports can transform lives at every level of play, from the earliest years to professional sports. Coaches have a tremendous platform, says Joe Ehrmann, a former Syracuse University All-American and NFL star. Perhaps second only to parents, coaches can impact young people as no one else can. But most coaches fail to do the teaching, mentoring, even life-saving intervention that their platform provides. Too many are transactional coaches; they focus solely on winning and meeting their personal needs. Some coaches, however, use their platform. They teach the Xs and Os, but also teach the Ys of life. They help young people grow into responsible adults; they leave a lasting legacy. These are the transformational coaches. These coaches change lives, and they also change society by helping to develop healthy men and women. *InSideOut Coaching* explains how to become a transformational coach. Coaches first have to “go inside” and articulate their reasons for coaching. Only those who have taken the *InSideOut* journey can become transformational. Joe Ehrmann provides examples of coaches in his life who took this journey and taught him how to find something bigger than himself in sports. He describes his own *InSideOut* experience, starting with the death of his beloved brother, which helped him understand how sports could transcend the playing field. He gives coaches the information and the tools they need to become transformational. Joe Ehrmann has taken his message about the extraordinary power of sports all over the country. It has been warmly endorsed by NFL head coaches, athletic directors at major universities, high school head coaches, even business groups and community organizations. Now any parent-coach or school or community coach can read Ehrmann’s message and learn how to make sports a life-changing experience.

Me? A leader? Okay, I did prove that there's more to Inside than we knew. That a whole world exists beyond this cube we live in. And finding that led to a major rebellion—between worker scrubs like me and the snobby uppers who rule our world. Make that ruled. Because of me, we're free. I thought that meant I was off the hook, and could go off on my own again—while still touching base with Riley, of course. He's the one upper I think I can trust. But then we learned that there's outside and then there is Outside. And something from Outside wants In. Two research analysts describe how companies can truly understand the real needs of their customers by seeing a business through their eyes and enforcing the concept of “customer service” through every facet of the company, from finance to legal to marketing.

Recognizing how the need to grieve is anchored in one’s capacity to care for someone, this calming guide contends that the act of mourning is healthy—and necessary—following a life-changing loss. The very foundation of attachment is

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reflected upon, illustrating devotion as both the primary cause of grief and a crucial source of emotional recovery. Exploring the essential principles of love as well as the reasons behind it, this heartfelt handbook makes it possible to embrace a trying but vital process.

A more powerful innovation, which seeks to discover not how things work but why we need things. The standard text on innovation advises would-be innovators to conduct creative brainstorming sessions and seek input from outsiders—users or communities. This kind of innovating can be effective at improving products but not at capturing bigger opportunities in the marketplace. In this book Roberto Verganti offers a new approach—one that does not set out to solve existing problems but to find breakthrough meaningful experiences. There is no brainstorming—which produces too many ideas, unfiltered—but a vision, subject to criticism. It does not come from outsiders but from one person's unique interpretation. The alternate path to innovation mapped by Verganti aims to discover not how things work but why we need things. It gives customers something more meaningful—something they can love. Verganti describes the work of companies, including Nest Labs, Apple, Yankee Candle, and Philips Healthcare, that have created successful businesses by doing just this. Nest Labs, for example, didn't create a more advanced programmable thermostat, because people don't love to program their home appliances. Nest's thermostat learns the habits of the household and bases its temperature settings accordingly. Verganti discusses principles and practices, methods and implementation. The process begins with a vision and proceeds through developmental criticism, first from a sparring partner and then from a circle of radical thinkers, then from external experts and interpreters, and only then from users. Innovation driven by meaning is the way to create value in our current world, where ideas are abundant but novel visions are rare. If something is meaningful for both the people who create it and the people who consume it, business value follows.

With its simple, respectful, user-friendly tone, the first edition of *Inside Out and Outside In* quickly became a beloved book among mental health practitioners in a variety of disciplines. The second edition continues in this tradition with chapters revised to reflect the most current theory and clinical practice. In addition, it offers exciting new chapters, on attachment, relational, and intersubjective theories, respectively, as well as on trauma.

Featuring an original story from the world of Pixar's *Inside Out*, this jacketed picture book will appeal to every fan of this remarkable film.

Positioning is hot. Not only in the realm of consumer goods manufacturers, but also for other companies, institutions, governments and even individual persons. An explosion of good quality products on the market and targeted media and advertising campaigns has led to an increasing interest from organizations as to how to strategically position their brand. Up to now, only a few books on positioning were published. *Positioning the Brand* picks up the gauntlet with an approach

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based on two fundamental choices: Firstly, the book was written from the perspective of the brand manager, and has therefore been shaped as a practical roadmap. Secondly, this book advocates a new stance on positioning, teaching the reader to look from the inside-out, instead of adopting the usual outside-in methodology. This inside-out approach departs from an analysis of the corporate identity, enabling better fulfilment of external positioning, and ensuring internal support. This book is intended for (future) managers, marketing professionals and communication professionals responsible for the commercial success and reputation of a brand. The contents have a practical set-up, reinforced by engaging examples, and enable the reader to individually complete a positioning process.

This fourth volume of the Iconicity series is like its predecessors devoted to the study of iconicity in language and literature in all its forms. Many of the papers turn the notion of iconicity 'inside-out', some suggesting that 'less-is-more'; others focus on the cognitive factors 'inside' the brain that are important for the iconic phenomena that are produced in the 'outside' world. In addition this volume includes a paper related to iconicity in music and its interaction with language. Other papers range from the theoretical issues involved in the evolution of language, to those that offer many 'inside-out' claims, such as claiming that nouns are derived from pronouns, and as such should more properly be called 'pro-pronouns'. Also, this volume includes perhaps the first English-language analysis of the iconic aspects of sound symbolism in a prayer from the Koran. This is a truly interdisciplinary collection that should turn some of the notions of iconicity in language and literature 'outside-in' and 'inside-out'.

Discover 8 Ways to Be Happier, Starting Right Now Many think that happiness, like success, comes from getting what they want. But new evidence from positive psychology suggests that happiness is something else, or at least something more. Presenting surprisingly practical wisdom in a playful and entertaining format, Rob Mack delivers a simple-to-follow instruction manual, based in both science and personal experience, for living a happier, healthier, and wealthier life, starting today. Mack describes eight tried-and-true principles for realizing unconditional happiness and achieving the unparalleled success that comes with it. With a little effort, anyone — regardless of current circumstances — can discover new levels of joy and contentment on the inside and live a wonderfully prosperous and abundant life on the outside.

For the first time, poetry, short stories, critical and creative essays, chants, and excerpts of plays by Indigenous Micronesian authors have been brought together to form a resounding—and distinctly Micronesian—voice. With over two thousand islands spread across almost three million square miles of the Pacific Ocean, Micronesia and its peoples have too often been rendered invisible and insignificant both in and out of academia. This long-awaited anthology of contemporary indigenous literature will reshape Micronesia's historical and literary landscape. Presenting over seventy authors and one hundred pieces, Indigenous Literatures from Micronesia features nine of the thirteen basic language groups, including Palauan, Chamorro, Chuukese, I-Kiribati, Kosraean, Marshallese, Nauruan, Pohnpeian, and Yapese. The volume editors, from Micronesia themselves, have selected representative works from throughout the region—from Palau in the west, to Kiribati in the

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east, to the global diaspora. They have reached back for historically groundbreaking work and scouted the present for some of the most cited and provocative of published pieces and for the most promising new authors. Richly diverse, the stories of Micronesia's resilient peoples are as vast as the sea and as deep as the Mariana Trench. Challenging centuries-old reductive representations, writers passionately explore seven complex themes: "Origins" explores creation, foundational, and ancestral stories; "Resistance" responds to colonialism and militarism; "Remembering" captures diverse memories and experiences; "Identities" articulates the nuances of culture; "Voyages" maps migration and diaspora; "Family" delves into interpersonal and community relationships; and "New Micronesia" gathers experimental, liminal, and cutting-edge voices. This anthology reflects a worldview unique to the islands of Micronesia, yet it also connects to broader issues facing Pacific Islanders and indigenous peoples throughout the world. It is essential reading for anyone interested in Pacific, indigenous, diasporic, postcolonial, and environmental studies and literatures.

Internal branding is the cultural shift that occurs within an organization when employees become more customer-focused. By getting employees to truly commit to a brand's ideology internally, companies will find that their brand messages are conveyed externally much more effectively. *Branding Inside Out* is a multi-contributor text containing chapters from an array of senior professionals and academics, edited by the renowned branding expert and prolific author Nicholas Ind. *Branding Inside Out* contains both new thinking and new practice on internal branding. The new thinking chapters in the book feature original research on the principles that underpin effective internal branding programmes, while the new practice chapters provide examples of how such companies as Patagonia, NN Group and Adidas both attract new employees and build employee engagement. Taken together, these contributions and case studies form a vital book to help any marketer understand and implement successful internal branding programmes, and win the active involvement of their people. Online resources include supporting PowerPoint slides and case studies for each chapter.

INSTANT #1 NEW YORK TIMES BESTSELLER A Best Book of the Year: *The New Yorker*, *The Guardian*, *The Sunday Times*, *The Daily Mail*, *Good Morning America*, *She Reads* Famed American actress Demi Moore at last tells her own story in a surprisingly intimate and emotionally charged memoir. For decades, Demi Moore has been synonymous with celebrity. From iconic film roles to high-profile relationships, Moore has never been far from the spotlight—or the headlines. Even as Demi was becoming the highest paid actress in Hollywood, however, she was always outrunning her past, just one step ahead of the doubts and insecurities that defined her childhood. Throughout her rise to fame and during some of the most pivotal moments of her life, Demi battled addiction, body image issues, and childhood trauma that would follow her for years—all while juggling a skyrocketing career and at times negative public perception. As her success grew, Demi found herself questioning if she belonged in Hollywood, if she was a good mother, a good actress—and, always, if she was simply good enough. As much as her story is about adversity, it is also about tremendous resilience. In this deeply candid and reflective memoir, Demi pulls back the curtain and opens up about her career and personal life—laying bare her tumultuous relationship with her mother, her marriages, her struggles balancing stardom with raising a family, and her journey toward open heartedness. *Inside Out* is a story of survival, success, and surrender—a wrenchingly honest portrayal of one woman's at once ordinary and iconic life.

This collection of essays interrogate and extend the work of Jerry Mashaw, the most boundary-pushing scholar in the field of administrative law.

One third of humanity is governed by two capitals, New Delhi and Beijing. Increasingly, these two countries are being led not from the top down, but rather from the Inside Out. In 2014, India overwhelmingly elected Narendra Modi minister, a man who rose to national prominence

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as chief minister of Gujarat, India's fastest growing state. Likewise, in 2013, Xi Jinping took over as president of China, having served as top official in Zhejiang and Shanghai, two of China's most prosperous provinces. Anticipating these trends and leadership transitions, William Antholis spent five months in 2012 traversing twenty Indian states and Chinese provinces, conducting over three hundred interviews, including with Narendra Modi. Antholis's detailed narratives show what both Modi and Xi Jinping learned firsthand: that local successes—and failures—will determine the future of the world's largest two nations. And his new forward, prepared for this edition, lays out key takeaways from the transitions of 2013 and 2014.

Using the successful Inside-Out program, in which incarcerated and non-incarcerated college students are taught in the same classroom, this book explores the practice of community-based learning, including the voices of teachers and participants, and offers a model for courses, student life programs, and faculty training.

Shows how to find value in understanding people's pain and resilience in the context of their internal dynamic struggles, biological make-up, and social realities. This book demonstrates how to use this knowledge to create a language of meaning for people's difficulties.

A history and theory of settler colonialism and social control Many would rather change worlds than change the world. The settlement of communities in 'empty lands' somewhere else has often been proposed as a solution to growing contradictions. While the lands were never empty, sometimes these communities failed miserably, and sometimes they prospered and grew until they became entire countries. Building on a growing body of transnational and interdisciplinary research on the political imaginaries of settler colonialism as a specific mode of domination, this book uncovers and critiques an autonomous, influential, and coherent political tradition - a tradition still relevant today. It follows the ideas and the projects (and the failures) of those who left or planned to leave growing and chaotic cities and challenging and confusing new economic circumstances, those who wanted to protect endangered nationalities, and those who intended to pre-empt forthcoming revolutions of all sorts, including civil and social wars. They displaced, and moved to other islands and continents, beyond the settled regions, to rural districts and to secluded suburbs, to communes and intentional communities, and to cyberspace. This book outlines the global history of a resilient political idea: to seek change somewhere else as an alternative to embracing (or resisting) transformation where one is.

The Interior Architecture Theory Reader presents a global compilation that collectively and specifically defines interior architecture. Diverse views and comparative resources for interior architecture students, educators, scholars, and practitioners are needed to develop a proper canon for this young discipline. As a theoretical survey of interior architecture, the book examines theory, history, and production to embrace a full range of interior identities in architecture, interior design, digital fabrication, and spatial installation. Authored by leading educators, theorists, and practitioners, fifty chapters refine and expand the discourse surrounding interior architecture.

Make customer value a C-Suite priority for lasting profits and growth While the Great Recession ravaged the balance sheets of long-standing leaders in their respective industries, many companies have actually gained market share, grown revenues and profits, and created more value for customers. These are not flash-in-the-pan companies—world-beaters one year and stragglers the next. They are companies like Johnson & Johnson, Procter & Gamble, Fidelity, Cisco, Philips, Walmart, and Amazon. The success of these organizations isn't the result of a brilliant strategy for bad times; it's the outcome of a highly effective long-term strategy that manages the company from the outside in. In *Strategy from the Outside In*, George S. Day and Christine Moorman explain that the key to such lasting and highly profitable success is the ability to compete on and profit from customer value. It means operating from the outside in. It means always building strategy on market

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insight, and ensuring that every part of the company puts customer value first. Applying years of research, Day and Moorman illustrate that an outside-in view requires constant vigilance and focus on four customer value imperatives: Be a customer value leader Innovate new value for customers Capitalize on the customer as an asset Capitalize on the brand as an asset Day and Moorman take you from theory to practice, with an emphasis on real world stories, practical models, and useable metrics so that you can profit from customer value. From the outside in. Topic Editor Paolo Preziosa received speaker honoraria from Biogen Idec, Novartis, Merck Serono and ExceMED. The rest of Topic Editors declare no competing interests with regards to the Research Topic.

This book updates psychodynamic approaches by adding the essential biological and social perspectives that they often lack. We know that everyone is born with innate, highly individual inner characteristics, some of which are biologically based. These traits--a quickness to anger, an easy smile, a way of being calm or fidgety, a lively curiosity, a tendency to melancholy--are not easily visible, yet they play a crucial role in shaping the course of a person's life. We also know that each of us is born into an outer world with great specifications of its own: time, place, class, race, family, community, country, ethnic group, religion, political-economic climate. An African-American baby, a Korean-American baby, and a Swedish-American baby born on the same day in the same hospital will each be strengthened or assaulted by very different outside forces The authors of this book show how to find value in understanding people's pain and resilience in the context of their internal dynamic struggles, biological make-up, and social realities. They demonstrate how to use this knowledge to create a language of meaning for people's difficulties, and most important, a road to their healing. Inside Out and Outside In provides a guide for understanding and working with the complex inner and outer forces that make up people's lives. A Jason Aronson Book

An examination of why government agencies allow environmental injustices to persist. Many state and federal environmental agencies have put in place programs, policies, and practices to redress environmental injustices, and yet these efforts fall short of meeting the principles that environmental justice activists have fought for. In *From the Inside Out*, Jill Lindsey Harrison offers an account of the bureaucratic culture that hinders regulatory agencies' attempts to reduce environmental injustices. It is now widely accepted that America's poorest communities, communities of color, and Native American communities suffer disproportionate harm from environmental hazards, with higher exposure to pollution and higher incidence of lead poisoning, cancer, asthma, and other diseases linked to environmental ills. And yet, Harrison reports, some regulatory staff view these problems as beyond their agencies' area of concern, requiring too many resources, or see neutrality as demanding "color-blind" administration. Drawing on more than 160 interviews (with interviewees including 89 current or former agency staff members and more than 50 environmental justice activists and others who interact with regulatory agencies) and more than 50 hours of participant observation of agency meetings (both open- and closed-door), Harrison offers a unique account of how bureaucrats resist, undermine, and disparage environmental justice reform—and how environmental justice reformers within the agencies fight back by trying to change regulatory practice and culture from the inside out. Harrison argues that equity, not just aggregated overall improvement, should be a metric for evaluating environmental regulation.

In her charming and witty manner of drawing, Australian Jenny K. Blake depicts the Norwegians like no one has done before. Through her eye of humoristic details she describes everything from packet lunch to cheese slicers and the Norwegians precarious relationship with alcohol. Med sin sjarmerende og morsomme strek tar australske Jenny K. Blake nordmenn på kornet slik ingen har gjort det før henne! Med sitt blikk for humoristiske detaljer skildrer hun alt fra matpakker med mellomleggspapir til tørrfisk, ostehøvl, hytteliv og alkoholvaner.

(Continued). "Each author examines an unnoticed moment--a single year or decade--that redefined Asia in some important way. Heide

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Walcher explores the founding of the Safavid dynasty in the crucial battle of 1501, while Peter C. Perdue investigates New World silver's role in Sino-Portuguese and Sino-Mongolian relations after 1557. Victor Lieberman synthesizes imperial changes in Russia, Burma, Japan, and North India in the seventeenth century, Charles Wheeler focuses on Zen Buddhism in Vietnam to 1683, and Kerry Ward looks at trade in Pondicherry, India, in 1745. Nancy Um traces coffee exports from Yemen in 1636 and 1726, and Robert Hellyer follows tea exports from Japan to global markets in 1874. Anand Yang analyzes the diary of an Indian soldier who fought in China in 1900, and Eric Tagliacozzo portrays the fragility of Dutch colonialism in 1910. Andrew Willford delineates the erosion of cosmopolitan Bangalore in the mid-twentieth century, and Naomi Hosoda relates the problems faced by Filipino workers in Dubai in the twenty-first.

In the final volume of *Asia Inside Out*, a stellar interdisciplinary team of scholars shows the ways that itinerant groups criss-crossing the continent have transformed their culture and surroundings. Going beyond time and place, which animated the first two books, this third one looks at human beings on the move.

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