

## I Will Take A Nap An Elephant And Piggie Book

Offers a witty guide to improving one's life, achieving health, and promoting financial security with the help of a good nap, suggests places for napping, describes the art of fantasy naps, and offers a host of excuses for taking a nap

A celebration of motherhood, *It's Okay to Take a Nap* illustrates the joys, struggles, and triumphs of being a mother. with reminders to moms of simple reassuring truths - like how you deserve a break and how you are a queen, not a maid - this book will strengthen and empower women while at the same time assuring them that their sacrifices to be a mother have not gone unnoticed. Simply and beautifully written, this book is a wonderful gift for any mother.

A poem about the visit that Santa Claus pays to the children of the world during the night before every Christmas.

"A small boy says so many 'good mornings' that by the time he is done, it's nap time!"--

Aren't babies precious? So is sleep. Your baby is capable of sleeping through the night and this book will show you how. A whip smart and entertaining guide that focuses on WHY babies sleep the way they do, this book arms you with evidence-based and flexible tools that work for every unique situation so that you can teach your baby how to sleep well. This book will help you tackle the thorniest sleep snags, including: > Navigating the tricky newborn phase like a pro > Getting your child to truly sleep through the night > Weaning off the all-night buffet > Mastering the precarious tango that is healthy napping > Solving toddler and preschooler sleep struggles Sleep expert Alexis Dubief, of the wildly popular website, podcast, and group Precious Little Sleep, imparts effective, accessible, and flexible strategies based on years of research that will dramatically improve your child's sleep. You'll love the practical solutions and the way she presents them. And it works! Buy it now.

Discusses why napping is important to physical and mental health, explains sleep patterns and how napping can enhance them, and includes a "Nap Wheel" on the front cover to help readers plan the optimum nap.

Shhh...someone is TRYING to sleep in this rowdy picture book, winner of the General Mills Spoonful of Stories contest. The newest winner of the General Mills Spoonfuls of Stories contest is a young boy who's very tired from his busy day, but can't seem to find enough peace and quiet to fall asleep. *Can I Just Take a Nap?* is the winner of the 4th annual Cheerios® New Author Contest. Selected from more than 8,000 entries by a team of editors, teachers, librarians, and General Mills staff, *Can I Just Take a Nap?* will also appear in a bilingual (English/Spanish) mini-paperback edition in 3 million specially marked boxes of Cheerios.

A kangaroo gets ready for naptime along with other animals at the zoo.

Gerald is careful. Piggie is not. Piggie cannot help smiling. Gerald can. Gerald worries so that Piggie does not have to. Gerald and Piggie are best friends. In *I Will Take a Nap!* Gerald is tired and cranky. Will Piggie be in his dreams? Or will she keep Gerald from dreaming at all?

Gerald the elephant and Piggie learn to play catch with their new friend Snake, even though Snake doesn't have any arms! By the author of the Theodor Seuss Geisel Medal-winning book, *Are You Ready to Play Outside?*

A poor Japanese woman maneuvers events to change the lazy habits of her son.

Gerald is tired and cranky and wants to take a nap, but Piggie is not helping.

With lilting lullaby text and lovely illustrations, the *New Books for Newborns* stories are the perfect first books for new parents to share with their little ones right from the start! Start here. If only raising a child was that easy. It can be difficult in the first year to figure out what's just right for your baby. But with this new line of books—*New Books for Newborns*— story time is really that simple. Designed as the first books to start reading with your baby, these just-right stories hit all the right notes with soothing texts, lovely art, and, most importantly, stories meant for sharing any time of the day. Start here. Snuggle up. It's story time! In this lovely bedtime story, animals tuck in their babies, sing a song, and give a kiss good night, ending with parents tucking in their child for a sweet sleep.

What is science for a child? How do children learn about science and how to do science? Drawing on a vast array of work from neuroscience to classroom observation, *Taking Science to School* provides a comprehensive picture of what we know about teaching and learning science from kindergarten through eighth grade. By looking at a broad range of questions, this book provides a basic foundation for guiding science teaching and supporting students in their learning. *Taking Science to School* answers such questions as: When do children begin to learn about science? Are there critical stages in a child's development of such scientific concepts as mass or animate objects? What role does nonschool learning play in children's knowledge of science? How can science education capitalize on children's natural curiosity? What are the best tasks for books, lectures, and hands-on learning? How can teachers be taught to teach science? The book also provides a detailed examination of how we know what we know about children's learning of science--about the role of research and evidence. This book will be an essential resource for everyone involved in K-8 science education--teachers, principals, boards of education, teacher education providers and accreditors, education researchers, federal education agencies, and state and federal policy makers. It will also be a useful guide for parents and others interested in how children learn.

Gerald is careful. Piggie is not. Piggie cannot help smiling. Gerald can. Gerald and Piggie are best friends. In *I Am Going!*, Piggie ruins a perfectly good day by telling Gerald she is going. If Piggie goes, who will Gerald skip with, play Ping-Pong with, and wear silly hats with? Willems's Geisel Award-winning duo continues to delight readers with their silly shenanigans. Packed full of humor and heart, the *Elephant & Piggie* Books are vetted by an early-learning specialist and early learners themselves, so they'll be right on target for new readers.

Gerald is careful. Piggie is not. Piggie cannot help smiling. Gerald can. Gerald worries so that Piggie does not have to. Gerald and Piggie are best friends. Read all of *Elephant & Piggie's* funny

adventures with the complete collection of all 25 titles. Create an instant Elephant & Piggie library with the sturdy metallic Elephant & Piggie bookends included with each set. Mo Willems' number one New York Times best-selling Elephant & Piggie series has won two Theodor Seuss Geisel Awards and five Theodor Seuss Geisel Honors! Collect them all in this deluxe box set. Baby animals nap in interesting places, but a tired little girl and her puppy like to nap in a lap.

Humorous, heartfelt observations on life from an everymom trying to follow God Too often, women wonder if the abundant life Jesus promised is buried somewhere beneath the piles of dirty laundry or the layers of crumbs and abandoned toys on the floor of the minivan. Overwhelming to-do lists--pay the bills, go to work, parent the children, volunteer at church, bake four dozen cupcakes before bed--can feel like weights around their necks. Jessie Clemence knows the struggles of women everywhere who are just trying to get through the million stresses--small and large--that come with living day to day. This funny, warm, and honest book speaks directly to them, and offers real hope. With hilarity and wit sure to make every mom chuckle in recognition, Jessie discusses what the Bible says about reactions to daily frustrations and God's expectations for Christians' lives. For any overwhelmed woman wanting a new way of handling life's crazy moments, God is waiting to offer abundant life, peace, and joy--all found through seeking Him. I Could Use a Nap and a Million Dollars will give readers a respite, time to laugh out loud, and a new focus on the God who can turn their stresses into blessings.

Sloth wants to nap. Rabbit doesn't. Who will win in the end? For every parent who's struggled to get their child to nap, But First, We Nap is a hilarious book to replace the naptime wrestle. Funny illustrations depict Rabbit upping his antics while the ever-patient sloth repeats, "But first, we nap." Finally worn out, Rabbit gives in, and the pair and hopefully your child snuggle and nod off. The perfect book for nap time!

Imagine if you could steal your toddler's nap? This picture book debut from a #1 New York Times bestselling author turns the universal dilemma of getting kids to sleep upside down! It's time for a nap but, just like stubborn toddlers everywhere, Annalise Devin McFleece won't have anything to do with bedtime. Dad tries to encourage sleepiness by pushing her around the park in her stroller. Along the way, they pass a man sitting on a bench, dog walkers walking dogs, a boy on a skateboard, kids playing ball, a girl practicing her juggling, and others. Each of them thinks that taking a nap is a great idea and if Annalise Devin McFleece doesn't want hers, they'll happily take it. And one by one, everyone falls asleep...except Annalise Devin McFleece. But when she's finally ready for her nap, all the naps are taken! Is there anyone who has an extra nap to spare? With every turn of the page, the busy city scene becomes more and more quiet...except for Annalise Devin McFleece. Will she ever take a nap?

I Will Take A Nap! (An Elephant and Piggie Book) Disney-Hyperion

Mr. Brown is a very important tiger who works in a very important office all day long. His briefcase contains some very important things, so he keeps it by his side at all times. When Mr. Brown's briefcase goes missing, his world is turned upside down. He must get his briefcase back! Mr. Brown goes on a wild chase all over town. Will he find it--and what could possibly be inside?

The science columnist for Babble.com and a Mommy and Me counselor challenges the practices of popular sleep methods to outline mindfulness-based techniques for helping both babies and their sleep-deprived caregivers to sleep in healthy ways. Original. 15,000 first printing.

Gerald the elephant is certain that he cannot dance but his friend Piggie convinces him to try.

Bobby the bear does not want to leave his friends to nap over the long winter, and he keeps thinking of reasons to get out of bed and disturb his parents' rest.

Gerald is determined to teach Piggie that ball-throwing is a serious business, but Piggie is just as determined to have serious fun. Told entirely in speech bubbles with a repetitive use of familiar phrases, this original book encourages children who are just learning to read.

Gerald believes he is allergic to his best friend! Will he have to stay away from Piggie forever?

Proven solutions for a better night's sleep, from the "sleep guru" to elite athletes--rest for success in work, sports, and life One-third of our lives--that's 3,000 hours a year--is spent trying to sleep. The time we spend in bed shapes our moods, motivation, alertness, decision-making skills, reaction time, creativity...in short, our ability to perform, whether at work, at home, or at play. But most of us have disturbed, restless nights, relying on over-stimulation from caffeine and sugar to drag us through the day. The old eight-hour rule just doesn't work, and it's time for a new approach. Endorsed by leading professionals in sports and business, Sleep shares a new program to be your personal best. Nick Littlehales is the leading sport sleep coach to some of the biggest names in the sporting world, including record-breaking cyclists for British Cycling and Team Sky, international soccer teams, NBA and NFL players, and Olympic and Paralympic athletes. Here, he shares his proven strategies for anyone to use. You'll learn how to map your unique sleep cycle, optimize your environment for recovery, and cope with the demands of this fast-paced, tech-driven world. Read Sleep and rest your way to a more confident, successful, and happier you.

Winner of Disney's iParenting Media Award for Best Product "Easy naptime solutions that really work--without any tears." Kathy Lynn, President, Parenting Today "Naps: Children need them. Parents want them. Here are the tools to make them happen." Maureen A. Doolan Boyle, Executive Director, MOST (Mothers of Supertwins), Inc. Does your child: nap only in your arms, a sling, a swing, or the car? require elaborate rituals before sleeping? get fussy, act cranky, or have tantrums due to lack of sleep? take very short naps--or none at all? Naps are important to a child's mood, well-being, and development. The No-Cry Nap Solution offers you a proven formula to allow your baby, toddler, or preschooler to get daily restorative rest. You'll learn gentle, loving, tear-free techniques, developed by world-renowned parenting expert Elizabeth Pantley and tested by hundreds of families around the world, guaranteed to help you: Convince any child to nap every day Effortlessly settle your child for naptime in his or her own bed Turn short, fitful naps into long, peaceful ones Establish a nap schedule that works for you and your child Easily adapt nap routines to your child's developing needs Confidently deal with sudden changes, nap strikes, and travel

Naps are just a little break—but when it's naptime, many toddlers have trouble settling into sleep. This calming, encouraging book helps young children quiet down so they can get the rest they need. Eyes are closed, lights are dimmed...and (yawn, s-t-r-e-t-c-h) before little ones know it, it's time to wake up. Cozy illustrations enhance the text. An award-winning author/illustrator team offers a fresh look at the times and transitions all toddlers face daily, giving young children the tools to handle routines with confidence and cooperation. Part of the Toddler Tools series, Naptime can be shared before (or during) the desired "time," or whenever toddlers need encouragement with routines. Includes tips for parents and caregivers.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

When Little Big Nate gets a new pack of crayons, his illustrations really come to life! In this delightful board book, Little Big Nate's imagination and love of drawing will inspire even the youngest readers to express themselves through artwork.

Too tired to hop. No zip, no zap . . . What time is it? TIME FOR A NAP! The perfect board book for tired toddlers. This charming and cozy entry in the Snuggle Time series is now in board format! Every day's a busy day, with places to go, people to see, and things to do. But sometimes all that activity leaves a toddler tired and cranky. What time is it then? NAP TIME! With plenty of humor and fun, Phillis Gershator and David Walker capture a child's resistance to some much-needed sleep--and the Illustrations show little bunny throughout the days of the week, adding a concept lesson to the great message about the necessity of rest.

The long-anticipated new version of the internationally recognized Early Childhood Environment Rating Scale®, ECERS-3, focuses on the full range of needs of preschool- and kindergarten-aged children. This widely used, comprehensive assessment tool measures both environmental provisions and teacher-child interactions that affect the broad developmental needs of young children, including: Cognitive Social-emotional Physical Health and safety ECERS-3 also includes additional Items assessing developmentally appropriate literacy and math activities. Designed for preschool, kindergarten, and child care classrooms serving children 3 through 5 years of age, ECERS-3: Provides a smooth transition for those already using ECERS-R. Emphasizes the role of the teacher in creating an environment conducive to developmental gains. Is designed to predict child outcomes more accurately and with greater precision. Provides a stronger method of distinguishing between good and truly excellent programs. Offers a complete training program with ongoing support available at the Environment Rating Scales Institute (ERSI) website ([www.ersi.info](http://www.ersi.info)). ECERS-3 is appropriate for state and district-wide QRIS and continuous improvement; program evaluation by directors and supervisors; teacher self-evaluation; monitoring by agency staff; and teacher education. The established reliability and long term evidence of validity of the ERS family of instruments make this new version of ECERS particularly useful for RTTT-ELC accountability and research. Suitable for use in inclusive and culturally diverse programs, ECERS-3 subscales evaluate: Space and Furnishings Personal Care Routines Language and Literacy Learning Activities Interaction Program Structure

"Sleep is one of the most important but least understood aspects of our life, wellness, and longevity ... An explosion of scientific discoveries in the last twenty years has shed new light on this fundamental aspect of our lives. Now ... neuroscientist and sleep expert Matthew Walker gives us a new understanding of the vital importance of sleep and dreaming"--Amazon.com.

Even the bees are catching some Zs. All the llamas are in their pajamas. The most challenging part of a parent's day? Nap time! The Nap Rap offers a perfect solution. This original rap-along-song is aimed at getting young ones to sleep by creating a fun and entertaining bed-time ritual. Readers of all ages, sleepy or not, will enjoy The Nap Rap. Follow the story and the whimsical illustrations as you rap and nap your child into slumber. Take off your cap... snuggle on a lap. Take off your shoes, get ready to snooze. Sweet Drams!

Meet babies from around the world in this bilingual (Spanish/English), best-selling celebration of global heritage! First in the Global Babies series. From Guatemala to Bhutan, seventeen vibrantly colored photographs embrace our global diversity and give glimpses into the daily life, traditions, and clothing of babies from around the world. Simple text in Spanish and English teaches the littlest readers that everywhere on earth, babies are special and loved. A perfect baby shower gift or first book for the toddler in your life. Babies love to look at babies and this bright collection of photos is a ticket to an around-the-world journey. Part of the proceeds from this book's sales will be donated to the Global Fund

for Children to support innovative community-based organizations that serve the world's most vulnerable children and youth.

Gerald is careful. Piggie is not. Piggie cannot help smiling. Gerald can. Gerald worries so that Piggie does not have to. Gerald and Piggie are best friends. In I'm a frog! Piggie has some ribbiting news! Can Gerald make the leap required to accept Piggie's new identity?

The star of the bestselling Big Nate book series is back in another board book adventure for preschool-aged children. Big Nate doesn't want to take a nap. But once he does drift off to sleep, he's delighted to find his imagination can take him to some fascinating places. The second book in the Little Big Nate series by bestselling author Lincoln Peirce is an interactive joy for young children and their parents.

Every year Tortoise sleeps through winter. He assumes he isn't missing much. However, his friends are determined to prove otherwise! Will Tortoise sleep through another winter, or will his friends convince him to stay awake and experience the frosty fun of winter? Best-selling author Katy Hudson's charming picture book will have everyone excited for winter.

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