

I Love Female Orgasm An Extraordinary Orgasm Guide

Combining sex education with humor and cultural criticism, this guide to the Big "O" features advice for women looking to have their first orgasm, accompanied by first orgasm stories from a vast array of women, and provides discussions on orgasms during sex, toys, the G-spot, and more. Original.

An unparalleled exploration of the mysteries underlying women's sexuality that rivals the culture-shifting Kinsey Report, from two of America's leading research psychologists Do women have sex simply to reproduce or display their affection? When University of Texas at Austin clinical psychologist Cindy M. Meston and evolutionary psychologist David M. Buss joined forces to investigate the underlying sexual motivations of women, what they found astonished them. Through the voices of real women, Meston and Buss reveal the motivations that guide women's sexual decisions and explain the deep-seated psychology and biology that often unwittingly drive women's desires—sometimes in pursuit of health or pleasure, or sometimes for darker, disturbing reasons that a woman may not fully recognize. Drawing on more than a thousand intensive interviews conducted solely for the book, as well as their pioneering research on physiological response and evolutionary emotions, *Why Women Have Sex* uncovers an amazingly complex and nuanced portrait of female sexuality. They delve into the use of sex as a defensive tactic against a mate's infidelity (protection), as a ploy to boost self-confidence (status), as a barter for gifts or household chores (resource acquisition), or as a cure for a migraine headache (medication). *Why Women Have Sex* stands as the richest and deepest psychological understanding of female sexuality yet achieved and promises to inform every woman's (and her partner's) awareness of her relationship to sex and her sexuality.

Do you want amazing, mind-blowing sexual ecstasy--full-body, multiple and extended orgasms, as well as the elusive and mysterious experience of female ejaculation? In this book, you'll learn how to awaken your secret orgasmic trigger, the G-spot. With step-by-step instruction for both men and women, this book shows how to give and receive incred...

American culture is more sexually liberal than ever. But compared to men, women's sexual pleasure has not grown: Up to 40 percent of American women experience the sexual malaise clinically known as low sexual desire. Between this low desire, muted pleasure, and experiencing sex in terms of labor rather than of lust, women by the millions are dissatisfied with their erotic lives. For too long, this deficit has been explained in terms of women's biology, stress, and age. In *The Pleasure Gap*, Katherine Rowland rejects the idea that women should settle for diminished pleasure; instead, she argues women should take inequality in the bedroom as seriously as we take it in the workplace and understand its causes and effects. Drawing on extensive research and interviews with more than one hundred women and dozens of sexual health professionals, Rowland shows that the pleasure gap is neither medical malady nor psychological condition but rather a result of our culture's troubled relationship with women's sexual expression. This provocative exploration of modern sexuality makes a case for closing the gap for good.

A holistic guide to female sexuality integrates the latest in Western medical research with the wisdom of the East to explain how any woman can enhance her pleasure in lovemaking and reach her full sexual potential. Reprint. 20,000 first printing.

A revolutionary approach to female sexuality that focuses on relaxation as the key to achieving deep orgasmic states • Explores how receptive feminine energy influences the male-female exchange • Reevaluates the role of the clitoris, breasts, and vagina in achieving orgasm • Provides ancient tantric meditations for increased sensitivity and awareness Fulfilling sex nourishes love, rejuvenates the body, and boosts mental health. Unfortunately, prevailing attitudes in the West work against the natural capacity of women to realize their sexual potential and experience deep orgasmic states. *Tantric Orgasm for Women* offers women a fresh look at the ecstatic bliss possible within their bodies, using knowledge and approaches from the sensually cultivated traditions of the East. Exploring Tantra from the female perspective, Diana Richardson reveals the critical role receptive feminine energy plays in allowing orgasmic states to arise. Her 20 years of tantric research and personal experience provide readers with an understanding of how the various parts of the female body may be activated to deepen ecstatic states. Readers will learn how to re-circulate orgasmic energy; why breast stimulation takes priority over vaginal attention; the difference between soft penetration and deep sustained penetration, including how to avoid premature male ejaculation; and how women can strengthen the erection response of male partners. *Tantric Orgasm for Women* shows how women can exert a powerful influence on their sexual experiences when they understand the inner workings of their bodies and when they avoid adopting conventional ideas about what should be satisfying to them.

No matter how old or young, experienced or not, anyone can achieve levels of fulfillment and satisfaction never before thought possible. Sex therapist Dr. Barbara Keesling tells men and women the simple secret that can give couples unmatched pleasure for years. Using Dr. Keesling's techniques, you and your partner will embark on an erotic exploration of the realm of the senses and experience intimacy like never before. Her proven, helpful tips include: How to prolong lovemaking for as long as you want Exercises that can enhance pleasure Learning how to touch and how to feel Igniting your partner's passion And so much more!

Why women evolved to have orgasms--when most of their primate relatives don't--is a persistent mystery among evolutionary biologists. In pursuing this mystery, Elisabeth Lloyd arrives at another: How could anything as inadequate as the evolutionary explanations of the female orgasm have passed muster as science? A judicious and revealing look at all twenty evolutionary accounts of the trait of human female orgasm, Lloyd's book is at the same time a case study of how certain biases steer science astray. Over the past fifteen years, the effect of sexist or male-centered approaches to science has been hotly debated. Drawing especially on data from nonhuman primates and human sexology over eighty years, Lloyd shows what damage such bias does in the study of female orgasm. She also exposes a second pernicious

form of bias that permeates the literature on female orgasms: a bias toward adaptationism. Here Lloyd's critique comes alive, demonstrating how most of the evolutionary accounts either are in conflict with, or lack, certain types of evidence necessary to make their cases--how they simply assume that female orgasm must exist because it helped females in the past reproduce. As she weighs the evidence, Lloyd takes on nearly everyone who has written on the subject: evolutionists, animal behaviorists, and feminists alike. Her clearly and cogently written book is at once a convincing case study of bias in science and a sweeping summary and analysis of what is known about the evolution of the intriguing trait of female orgasm.

The reader can better activate the sexual response of herself or that of a lover after following the steps in this book. Dr. Runels brings to this book his 23 years of experience in treating and conducting research with thousands of women suffering with sexual and hormonal problems. Also, since he invented and was first to do the O-Shot (R) procedure {Orgasm Shot (R)}, he offers unique insight about how the procedure was invented and how to know if it may benefit you or someone you love. He also explains the components of the "Female Orgasm System" (he was first to use the term). By understanding the system, including the O-Spot (a new idea that he introduced into the medical literature). He also explains the role of the O-Shot (R) procedure in rejuvenating the Female Orgasm System. The last chapter helps the reader make treatment plans for common sexual problems in women: (1) decreased sex drive (libido), (2) decreased arousal, (3) dyspareunia (pain with sexual intercourse), and (4) difficulty with orgasm. He also explains female ejaculation, the anatomy of the phenomenon, and how the O-Shot (R) can enhance and promote that experience. Also, see plans for treatment of urinary incontinence and depression and anxiety.

Imagine you could give an essay entitled How to Make Me Come to a past, present or future sex partner, free of judgment or repercussion. In this book inspired by Emma Koenig's wildly popular website, a diverse collective of women do just that. Emma Koenig was inspired to answer this question after a truly frustrating sexual experience with a partner. As she says, "The simplest version of this story devoid of all identifying details: He thought I had an orgasm. I hadn't." She knew she couldn't be the only woman to have been mystified by an experience such as this, and so her Tumblr, How to Make Me Come, was born as a safe space for women to talk honestly and openly. The website touched a major chord. It received tons of press and garnered over a million page views in a month. And now, a broad range of the best of these anonymous essays have been collected into Moan. The ways through which women achieve sexual pleasure are often ignored, devalued, or misunderstood. Moan tackles the ideas surrounding the sometimes elusive orgasm head on. Here is a look into the spectrum of desire. Of frustration. Of experiences that have left an impact. From the hilarious to the tragic, from the intellectual to the erotic, these essays will leave you feeling inspired and excited to embark on your own journey of sexual exploration and empower women to do what most of the time is hardest for us: asking for what we want and don't in the bedroom and beyond. What people are saying about it: "Prioritizing women's pleasure is a critical part of our liberation. Not only is Moan an intimate, educational and funny collection about orgasm and desire but it pushes the cultural conversation forward." -- Rashida Jones, actress, writer, producer "Koenig's book is exactly what we need to break the absurd, toxic silence around female sexual pleasure." -- Peggy Orenstein, bestselling author of *Girls & Sex* and *Cinderella Ate My Daughter*

Kim Cattrall, best known for her depiction of *Sex and the City's* Samantha, slides between the sheets with readers to share her secrets on reaching the heights of pleasure. In this illustrated guidebook for women looking to improve their sex, Kim Cattrall teams up with her husband to share tips and tricks. This how-to-sex book is based on viewer feedback from the show and designed to help couples focus on achieving the female orgasm.

About 7 years ago, the love of my life dumped me because I "wasn't satisfying her in bed." Naturally, my ego was crushed and I went into a severe depression for a few months. But eventually when I finally got over my depression, I knew that I had to figure this whole "female orgasm" thing out. I didn't want to live the rest of my life not being able to make a woman orgasm. So, I began my search. The books that I found offered the same regurgitated information on where the clitoris is located, and the best positions to stimulate it. And as much as you'd think that information would help, it didn't get me the results I was looking for. I couldn't make my partner - whoever she was - consistently orgasm. To say my "orgasm ratio" was 10% - making her cum 1 out of 10 times - would be generous. So, I did what I thought was the next best thing. I went to my best girlfriend at the time and asked her if she would let me interview her about her orgasmic process. Thankfully, she did. And she liked my questions so much that she referred me to her friends, who referred me to their friends, who referred me to their friends, so on. Within 9 months, I had over 360 interviews... and I had completely changed in the process. I spent the next 6 years practicing the things I had learned from those interviews... and a few more things that I learned along the way. And now..? More than 90% of the time, I can make my lover orgasm. If we're dating, 100% of the time. Here's what I learned: 1) As long as you understand the sexual philosophy of the woman you're about to undress, you'll know how to treat her through the process (Soft, Hard, Combinations) 2) The only way you can truly understand her sexual philosophy is by asking the right questions and mastering the art of sexual communication. 3) Then you must own your role in the sexual process. Especially when playing the role of the leader. If you are to lead her to her orgasm, you must feel confident in not just your sexual abilities, but yourself as a whole. 4) Once you have the above 3 handled, you then use the key positions with the right rhythms to bring her to an intense - whole body - orgasm... whether or not clitoral stimulation is involved. Within the book, "The Real Orgasm" you will see the detailed breakdowns of the sexual philosophies I encountered throughout my interviews and the types of sexual personalities those women had. You will also learn the questions I asked to learn everything that I learned from those women. And in case you're wondering... yes, I did sleep with a few of the women that I interviewed. I'm not saying it to boast... well, maybe a little... but I'm mainly saying it because these questions work. They let her know that you're interested in HER... and if you actually pay attention, you'll learn EVERYTHING you need to know to make her

cum like a geyser. You will also learn the best strategies and tactics that thousands of men use - including myself - to build an inner core of confidence, dominance, and seduction. This is not about being an overbearing asshole. It's about owning your place as the leader and feeling comfortable there. And finally... you will learn the key positions that virtually guarantee orgasm, as well as, my secret hacks for developing the best sexual rhythm for repetitive orgasms. This information truly transformed my life... The simple fact that I know all of this gives me the type of confidence that most guys would kill for. Not conceit. Confidence. The kind of stuff that "dime pieces" notice. The kind of stuff that gets their panties wet before any physical contact is made. And when we end up in the bedroom, everything flows so smoothly and most importantly. I'm in control of myself the whole time and therefore, can comfortably control the situation. My partner orgasms over and over and OVER again... and most importantly... ..it's all so very sexy.

Are you one of the thirty percent of women who has difficulties with orgasm? Do you want to experience greater sexual satisfaction? In easy to read language, *The Elusive Orgasm* provides a full overview of women's sexual pleasure, covering sexual triggers, stages of arousal, the power of mind, and how women differ from men. Longtime clinical psychologist and sex therapist Dr. Vivienne Cass reveals all the causes of women's orgasm difficulties-and how to remedy them. In *The Elusive Orgasm*, you'll learn: What an orgasm is, How the clitoris is much more than "a little button", The five types of orgasm difficulties, The twenty-five causes of those difficulties, Self-awareness via quizzes and questionnaires, Step-by-step plans to help you and your partner. An extraordinarily thorough, all-inclusive exploration of every possible reason why women have orgasm challenges, *The Elusive Orgasm* gives you the tools to discover the source of your own orgasm difficulties, along with straightforward remedies. Book jacket.

From A to Z, everything you need to understand about women's orgasms - what works, what doesn't and why.

An essential exploration of why and how women's sexuality works—based on groundbreaking research and brain science—that will radically transform your sex life into one filled with confidence and joy. Researchers have spent the last decade trying to develop a “pink pill” for women to function like Viagra does for men. So where is it? Well, for reasons this book makes crystal clear, that pill will never be the answer—but as a result of the research that's gone into it, scientists in the last few years have learned more about how women's sexuality works than we ever thought possible, and *Come as You Are* explains it all. The first lesson in this essential, transformative book by Dr. Emily Nagoski is that every woman has her own unique sexuality, like a fingerprint, and that women vary more than men in our anatomy, our sexual response mechanisms, and the way our bodies respond to the sexual world. So we never need to judge ourselves based on others' experiences. Because women vary, and that's normal. Second lesson: sex happens in a context. And all the complications of everyday life influence the context surrounding a woman's arousal, desire, and orgasm. Cutting-edge research across multiple disciplines tells us that the most important factor for women in creating and sustaining a fulfilling sex life, is not what you do in bed or how you do it, but how you feel about it. Which means that stress, mood, trust, and body image are not peripheral factors in a woman's sexual wellbeing; they are central to it. Once you understand these factors, and how to influence them, you can create for yourself better sex and more profound pleasure than you ever thought possible. And Emily Nagoski can prove it.

A new edition of the bestseller • The first book to reveal in the West the Taoist techniques that enable women to cultivate and enhance their sexual energy • Reveals Taoist secrets for shortening menstruation, reducing cramps, and compressing more chi into the ovaries for greater sexual power • Teaches the practice of total body orgasm For thousands of years the sexual principles and techniques presented here were taught by Taoist masters in secret only to a small number of people (sworn to silence), in the royal courts and esoteric circles of China. This is the first book to make this ancient knowledge available to the West. The foundation of healing love is the cultivation, transformation, and circulation of sexual energy, known as jing. Jing energy is creative, generative energy that is vital for the development of chi (vital life-force energy) and shen (spiritual energy), which enables higher practices of spiritual development. Jing is produced in the sexual organs, and it is energy women lose continually through menstruation and child bearing. Mantak Chia teaches powerful techniques developed by Taoist masters for the conservation of jing and how it is used to revitalize women's physical, mental, and spiritual well-being. Among the many benefits conferred by these practices are a reduction in the discomfort caused by menstruation and the ability to attain full-body orgasm.

Yes, It's true! Women not just can enjoy anal sex, they actually can have anal orgasms, and this book tells you everything you need to know, in order to achieve this goal. This little guide explains what anal sex feels like and how a variety of lustful sensations are produced by anal penetration, so that you can imagine it beforehand and decide, whether to try it or not. This book also shows you techniques to combine clitoral and vaginal pleasure with anal lust, in order to achieve comprehensive or "holistic" orgasms. But this book is not just educational, it's fun to read, and it will open your mind for lustful experimentation. Your erotic fantasies will go crazy, and soon you will have improved your sex-life with a set of unbelievably ecstatic experiences.

How women can dramatically increase their sexual desire and pleasure as well as their general vitality Following the past success of *The Multi-Orgasmic Man* and *The Multi-Orgasmic Couple*, this book combines the profound sexual wisdom of the orient with the best of Western medical research to show women how they can feel more desire, experience greater energy and attain more orgasms. Women in general have difficulty accepting and cultivating the fullness of their desire. *The Multi-Orgasmic Woman* sets desire in the context of overall health, energy and spirituality; explores the development of sexual sensitivity; offers helpful advice on relationships and the formation of 'good libido habits'; and shows every woman how she can develop her own personalised sexual satisfaction plan.

Whether you're celebrating your thousandth female orgasm, searching for your first, or cheering on your girlfriend or wife, women and men across the country agree: *I Love Female Orgasm!* *I Love Female Orgasm* is crammed with everything you want to know about the big O, including: How to have an orgasm during intercourse--and why most women don't

Directions on finding your way to the G-spot Detailed advice on how to have your first orgasm Advice for better oral sex Tips on surfing waves of multiple orgasms (even if you usually have just one) The truth about female ejaculation (yes, it exists!) Answers to your questions about vibrators, sex toys, piercings, and more The real deal on orgasms for lesbian, bisexual, and queer women An entire chapter for men on how to turn her on and get her off Plus tips for partners in every chapter Solot and Miller have spoken to thousands of men and women and surveyed thousands more about their experiences with female orgasm. Here they share all that they've learned--plus give you a sneak peek behind bedroom doors as women and men share their favorite moves, mistakes to avoid, and best "oh, yeah!" moments. span

HOW TO EASILY MAKE A WOMAN SQUIRT You won't get the information embedded in this book anywhere else in the world. This book was born out of the desire to help a brother whose wife was messing around with other men. I gave him some tips and tricks, and that was all he needed to keep his beautiful wife back at home. I have slept with countless women, and I know every single damn thing about a woman's body. Making a woman squirt is a technique that isn't common among the male folks. Whoever makes a woman squirt keep her for life irrespective of your misdoings. Several years, making a woman squirt was an art only Cassanova knew, but today I will show you all you need to make her squirt and want more of you all the time. If you've never seen or felt a true G-Spot orgasm, imagine for a moment, an orgasm that causes the whole vagina to spasm rigorously, often contracting so tight that it literally forces out your finger or any object inside the vagina. And imagine that while these intense contractions are throbbing and pulsing throughout the vagina, the vagina becomes very wet and ejaculates a stream or spurt of fluid with each contraction. Imagine an orgasm that causes such intense ecstasy that even the quietest and most controlled woman will yell, buck and become wild; one that makes normal "screamers" go dead silent--the scream caught in her throat--a scream that if freed may wake all the neighbours within a four-block radius. Then you can imagine the satisfaction of never having to wonder: "Did she orgasm? Was it fake, or was it real?" But instead knowing the instant her orgasm begins with clear physical signs that occur involuntarily and comes along with the orgasm. This is the glory of a G-Spot orgasm!!! But we don't want you to take our word for it. We want you to see for yourself. **SEE WHAT PEOPLE ABOUT THE MAKING A WOMAN SQUIRT** "It was absolutely the furriest, most wonderful climax I've had! It was like warmth started in my vagina center and splashed outward all over my body. Wonderful!" -- J. K. "I thought I took a leak! And then (name withheld) explained what had happened after reading series of books and I could hardly believe it finally happened to me. . . I would prefer having this every day and take the stress of washing the sheets everyday"-- T.C. "After I felt what it's like to squirt, I'd rather die than (name withheld) stop making love to me! Our love life has never been better. . ." -- K. C. Like I said, whoever makes a woman squirt owns her for life. If your wife is about to leave you, divorce you, or having an affair with another man, then you need to satisfy her on bed and watch how she turns over a new leaf. The secrets are embedded right inside this book. this book will expose you to How to initiate sex the right way Ways to make a woman want you on bed How to get her wet Where to locate her G-spot The right way to stimulate the G-spot and Clitoris Understanding a Woman's anatomy How to stimulate yourself as a woman Advanced sexual techniques for ultimate pleasure Sexy positions for G-spot stimulation Making a woman finally squirt If you really want to improve your sex life as a man, or help your husband bedroom skills as a woman, then this book is a must buy. What are you waiting for? Just click the purchase button NOW!!! Now with this bold but simple 3-step program, any woman can achieve orgasm without difficulty during sex. It's possible with the quick and easy formula in this book.

A practical guide to deepen and expand your orgasmic experience by yourself. Based on ancient Tantric teachings, modern sexology and tons of experience, *Orgasm Unleashed* is filled with inspiring ideas and powerful practices that will transform your sex life. It might even change your life.

Like men, women also can ejaculate, enhancing and intensifying their sexual pleasure. In an open, positive style, Deborah Sundahl presents information about female ejaculation including scientific findings, anatomical illustrations, historical accounts, a chapter on how men can help their female partners to ejaculate, and women's and men's experiences collected during the past two decades.

Is sex more trouble than it's worth? In "5 Minutes To Orgasm Every Time You Make Love", author D. Claire Hutchins opens a discussion for women who are unhappy with their sex lives. She suggests that a perfect lover is not the answer to a woman's difficulty reaching orgasm. Giving down-to-earth information she explains the quick, easy formula, and shows women how to take control of their orgasmic response.

When is it timely to publish a synthesis of previously published and original materials from a specific discipline? I believe it to be timely when one has a sufficient amount of high-quality material covering the critical areas of that topic, when the previously published material is scattered over a wide range of journals and books, and when there is no single book that synthesizes the discipline. The treatment of sexual dysfunction emerged to the front lines of health delivery only during the past decade with the pioneering work of William Masters and Virginia Johnson. In spite of the rash of sex clinics and sex therapists that followed, precious little solid research has been conducted on the various strategies of therapy, the means of assessing complex interpersonal sexual relationships, and the manner by which clinical change is objectively assessed. No one reader can keep pace with the multitude of journals that publish key material by sophisticated investigators. And no one investigator can cover these salient areas alone with his or her original work in a single volume. The critical papers have now been written. Ten were written specifically for this volume and thirty-three have previously appeared. This volume laces them together into a coherent pattern. Thus, the time for a synthesis in sexual dysfunction.

We've been thinking about sex all wrong. Mainstream media, movies, and porn have taught us that sex = penis + vagina, and everything else is just secondary. Standard penetration is how men most reliably achieve orgasm. The problem is, women don't orgasm this way. We've separated our most reliable route to orgasm—clitoral stimulation—from how we feel we should orgasm—penetration. As a result, we've created a pleasure gap between women and men: 50% of 18-35-year-old women say they have trouble reaching orgasm with a partner 64% of women vs 91% of men said they had an orgasm at their last sexual encounter

55% of men vs. 4% of women say they usually reach orgasm during first-time hookup sex In *Becoming Cliterate*, psychology professor and human sexuality expert Dr. Laurie Mintz exposes the broader cultural problem that's perpetuating this gap, and what we can do about it. Pulling together evidence from biology, sociology, linguistics, and sex therapy into one comprehensive, accessible, and prescriptive book, *Becoming Cliterate* features: Cultural & historical analysis of female orgasm (spoiler: the problem's been going on for ages) An anatomy section (it's all custom under the hood) Proven techniques for cliterate sex (it starts with training the sex organ between your ears) A comprehensive final chapter for men (because you don't have to have a clitoris to be cliterate) By dispelling the lies, misunderstandings, and myths that have been holding us back, *Becoming Cliterate* tackles both personal and political problems and replaces them with updated outlooks and practical skills needed to change our collective perspective on sex. It's time to finally inform women and men on how to have satisfying experiences in bed that benefit both parties. The revolution is cuming—and *Becoming Cliterate* offers a radical, simple solution to progress and pleasure for all. Explains how to use the growing practice of Orgasmic Meditation to slow down, connect emotionally, and achieve authentic female sexual satisfaction.

In *The Technology of Orgasm*, Rachel Maines offers readers a stimulating, surprising, and often humorous account of hysteria and its treatment throughout the ages, focusing on the development, use, and fall into disrepute of the vibrator as a legitimate medical device.

A reproduction of the classic text, unavailable now for more than a decade, with a new introduction by the author. The Hite Report, first published in 1976, was a sexual revolution in six hundred pages. To answer sensitive questions dealing with the most intimate details of women's sexuality, Hite's innovation was simple: she asked women, a lot of them, everything--and published the results. One hundred thousand women, ages fourteen to seventy-eight, were asked what they do and don't like about sex; how orgasm really feels, with and without intercourse; how it feels not to have an orgasm during sex; the importance of clitoral stimulation and masturbation; and to name the greatest pleasures and frustrations of their sexual lives, among many other questions. The Hite Report declares that orgasm is easy and strong for women, given the right stimulation; that most women have orgasm most easily during masturbation or clitoral stimulation by hand; that sex as we define it is a cultural institution, not a biological one; and that attitudes must change to include the stimulation women desire.

Did you know that the clitoris has 8000 nerve endings, twice as many as the penis? Here is everything you've wondered about the female orgasm and how to make it happen. A witty, well-researched and revealing guide to giving your lover an orgasm every time. More than just foreplay, Ian Kerner argues that oral sex is the key to a great sex life for both partners. Short sections cover philosophy, technique, step-by-step instructions and detailed anatomical information, essential to both beginners and experienced lovers. It's time to close the sex gap and create a level playing field in the exchange of pleasure, and cunnilingus is far more than just a means for achieving this noble end; it's the cornerstone of a new sexual paradigm, one that exuberantly extols a shared experience of pleasure, intimacy, respect and contentment. It's also one of the greatest gifts of love a man can bestow upon a woman.' Ian Kerner

The embarrassment and alienation we often feel when the word 'vagina' comes up in conversation is fairly new. In this book, Naomi Wolf explains why the vagina deserves an understanding of its own cultural lineage and ancestry because, what is true of the female body in general, is more true of the vagina than of any other feminine aspect.

From the *One Who Made Squirt Hundred of Hollywood Goddesses*. Prepare to become a Sexual Goddess Forever. Don't try to understand my advices but follow them. I promise you will reach your sexual nirvana. You will discover your most secret erogenous zones. You will learn to let go and have the best Orgasm ever. This book will teach you to have your first vaginal orgasm. If you are a Man, this book will teach you how to never miss her G-spot, make her squirt and soak the bed every time you have sex. It will teach you the perfect oral Sex technique. She will always wonder how you learn about "analingus" her biggest secret pleasure. She will know that you are the one even before you enter in the bedroom. It will teach you how to Penetrate her and drive her crazy. She will wonder how you discover the ultimate sexual power of her A spot or U spot. You will learn about the two vibrators that you absolutely need to drive her insane and how to use them. If you are a Woman it will give you the secret to welcome Sex anytime. It will teach you how to talk about sex and your desire before to enter in the bedroom. This is the only sex book you will ever need. To men and women those secrets will change your entire sex life forever. From the same author: *Confessions of a Hollywood Tantra Masseur: The Untold Secret of the G-Spot Power*.

This is a laugh-out-loud exploration of sexuality, family, female friendship, grief, and community. With the heart and hilarity of Netflix's critically-acclaimed *Sex Education*, Wibke Brueggemann's sex positive debut *Love Is for Losers* is required reading for Generation Z teens. Did you know you can marry yourself? How strange / brilliant is that? Fifteen-year-old Phoebe thinks falling in love is vile and degrading, and vows never to do it. Then, due to circumstances not entirely in her control, she finds herself volunteering at a local thrift shop. There she meets Emma . . . who might unwittingly upend her whole theory on life.

Orgasmic Bodies explores how bodily experiences of orgasm are worked up as present/absent, complicated/straightforward, too slow/too fast, fake or real, in the doing of masculinities and femininities. Engaging with both science and popular culture it examines the meanings given to orgasmic bodies in contemporary heterosex.

Whether you're celebrating your thousandth female orgasm, searching for your first, or cheering on your girlfriend or wife, women and men across the country agree: *I Love Female Orgasm!* *I Love Female Orgasm* is crammed with everything you want to know about the big O, including: How to have an orgasm during intercourse--and why most women don't Directions on finding your way to the G-spot Detailed advice on how to have your first orgasm Advice for better oral sex Tips on surfing waves of multiple orgasms (even if you usually have just one) The truth about female ejaculation (yes, it exists!) Answers to your questions about vibrators, sex toys, piercings, and more The real deal on orgasms for lesbian, bisexual, and queer women An entire chapter for men on how to turn her on and get her off Plus tips for partners in every chapter Solot and Miller have spoken to thousands of men and women and surveyed thousands more about their experiences with female orgasm. Here they share all that they've learned--plus give you a sneak peek behind bedroom doors as women and men share their favorite moves, mistakes to avoid, and best "oh, yeah!" moments.

I Love Female Orgasm An Extraordinary Orgasm Guide Da Capo Lifelong Books

Due to general agreement about the male orgasm having a straightforward evolutionary function, male now want to have more sex often. However, what happens to female orgasm since 89% of them don't reach orgasm during loving making? Are their orgasm buried in the dust forever? The truth is that there are techniques to make women climax and they yearn to climax. In this book *THE FEMALE ORGASM UNCOVERED*, Dr. Solomon Gates an American Sex Therapist and a Member of American Association of Sex Therapist reveals the impressive ways, Techniques, step by step approach and sex positions that have been tested and proven to give women both old and young

the best orgasm of their life. Though built on a comprehensive survey of female sex research, the book is more detailed than a lay reader will understand every step to give his woman that best she need from this book. An intense female orgasm is very possible with this book. This book will make you to exclaim wow I love female orgasm, hence the title of this book THE FEMALE ORGASM UNCOVERED

Soon to be an HBO Max series starring Ray Romano and Cristin Milioti From one of our most exciting and provocative young writers, a poignant, riotously funny story of how far some will go for love—and how far some will go to escape it. Hazel has just moved into a trailer park of senior citizens, with her father and Diane—his extremely lifelike sex doll—as her roommates. Life with Hazel's father is strained at best, but her only alternative seems even bleaker. She's just run out on her marriage to Byron Gogol, CEO and founder of Gogol Industries, a monolithic corporation hell-bent on making its products and technologies indispensable in daily life. For over a decade, Hazel put up with being veritably quarantined by Byron in the family compound, her every movement and vital sign tracked. But when he demands to wirelessly connect the two of them via brain chips in a first-ever human "mind-meld," Hazel decides what was once merely irritating has become unbearable. The world she escapes into is a far cry from the dry and clinical bubble she's been living in, a world populated with a whole host of deviant oddballs. As Hazel tries to carve out a new life for herself in this uncharted territory, Byron is using the most sophisticated tools at his disposal to find her and bring her home. His threats become more and more sinister, and Hazel is forced to take drastic measures in order to find a home of her own and free herself from Byron's virtual clutches once and for all. Perceptive and compulsively readable, Made for Love is at once an absurd, raunchy comedy and a dazzling, profound meditation marriage, monogamy, and family.

A FRANK, FUNNY AND EMPOWERING CELEBRATION OF FEMALE PLEASURE An orgasm will help you sleep and keep you looking younger, it doesn't cost money and isn't a scarce resource. So why is it that, like the pay gap, there is an 'orgasm gap' between women and men? The Hotbed Collective began life as a podcast with a mission 'to make life better one orgasm at a time'. Their debut book, More Orgasms Please is an open, honest and at moments hilarious dive into all aspects of sex for women. It covers feminist porn, body image, menopause and much more. Like the podcast that inspired it, More Orgasms Please is like the best sort of chat between friends: punchy and playful, normalising and educating. It is an eye-opening read that puts women's bodies and our right to pleasure firmly on the map. Think of it as 'Couch to 5k' ... for orgasms.

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