

## Hypnotic Language Advanced Ericksonian Hypnosis

Training Trances is about how to therapeutically communicate with the unconscious mind. The authors present their own unique integration of Ericksonian techniques, traditional models of hypnotherapy, and recent research in related areas. Numerous new patterns modeled from the work of Milton H. Erickson, M.D. are clearly explained and demonstrated. The use of trance in training design, to unconsciously install the skills being taught to the participants, is also covered. The book developed from transcripts of a four day workshop, and the design of the book parallels the design chosen for the training itself. Individual exercises or those done in groups of two or three are offered so that the reader may practice the techniques and learn the skills. There are numerous "live" demonstrations, inductions, and double inductions which create for the reader a real "feel" of how hypnosis is done and which are also a rich source for linguistic analysis for the advanced reader. Written with insight and humor, this book's most unique twist is its use of multi-level communication and hypnotic language to create a "training trance" for the readers as they journey through the text. Some hypnotic references are obvious and explicit -- those which are not obvious will create enjoyable "ah-ha!" experiences for the reader as they are discovered.

Presents over one hundred "teaching tales" of the hypnotherapist Milton Erickson, which he uses to influence his patients on conscious and unconscious levels, and discusses his approaches to hypnosis and psychotherapy

For nearly four decades, Trancework has been the definitive textbook for thousands of professionals undergoing training in the art and science of clinical hypnosis. Now in its 5th

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edition, this classic text continues its legacy of encouraging sound clinical practice based in established scientific research. This latest edition incorporates new studies and emerging topics within the field of hypnosis, including new chapters on depression and the construction of process-oriented interventions. Readers can expect to receive a comprehensive overview of current developments in the domain of hypnosis, an in-depth consideration of the practical and ethical issues associated with its use, and a greater appreciation for its many therapeutic applications. This thorough, engaging text equips professionals with the essential skills to change clients' lives by using hypnosis to enhance treatment of both medical and psychological issues.

Look Into My Eyes is an autobiography of one man's life through the lens of Asperger's syndrome - a high-functioning form of autism spectrum disorder. This second edition includes a chapter written by the authors wife about what it is like to be in a relationship with an someone with Asperger's Syndrome, she shares both the positive aspects, and the challenges. As a small child Dan Jones knew he was different to other children, they would want to play football and interact with each other, he would want to crawl around searching for snails keeping himself to himself. Dan found his own coping strategies to manage his anxieties, discovering meditation as an eight year old, and hypnosis as a teenager. This book offers a rare insight into what it is like to live with Asperger's. Dan has a unique perspective; not only does he have Asperger's, but a large part of his professional life has been spent working with people with autism spectrum disorder and their carers.

Have you ever fumbled for the right words in a difficult or unique situation during hypnotherapy? Wouldn't it be priceless to have a resource that provided you with scripts and

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patter to solve many problems and unexpected events during hypnosis? Knowing the magic words to use will help you turn any difficulty into an opportunity to really help clients, rather than give up in despair and these patter scripts will make you a better hypnotist. This book goes beyond just a few scripts of patter. This book will actually teach you how to structure hypnosis suggestions, compounding them and making them effective. This is not a script book that gives you start to finish "scriptnosis" scripts to read, but rather teaches you the useful patter to incorporate into your own hypnotherapy sessions; actually helping you to create your own scripts and suggestions.

Learn The Real Techniques To Hypnotize People And Talk To Their Subconscious If you have ever wondered about the mysteries of hypnosis, you are not alone. It's something that has always been surrounded by wonder and mystery. However hypnosis it's a natural phenomenon that people have harnessed and focused and if you learn the right techniques you too can successfully hypnotize other people and speak to their subconscious mind. In this book you'll learn everything you need to know to hypnotize anyone using a step-by-step process, from induction to deep trance, to speaking to the subconscious as well as ending the session and setting up goals. This guide will give you all the materials you need if you're starting from scratch, as well as more advanced scripts and hypnotic techniques to progress further. You'll get a strong understanding of the history of hypnosis, the different styles, philosophies, methods, and procedures that will open doors for you in your own practice. You'll also find answers to the most common questions like: How and why hypnosis works? What are we doing when we hypnotize people? What does it feel like? What are the conscious and subconscious? What is the difference between stage hypnosis and clinical hypnosis? Is

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hypnosis dangerous? Can I hypnotize myself? In This Book You'll Learn: What Is Hypnosis And How It Works 3 Steps To Induce A Trance (With Exact Scripts You Can Use) Hypnotic Techniques World's Top Hypnotists Use Betty Erickson's 3-2-1 Script 5 Techniques To Focus Anyone's Attention And Sneak Into The Subconscious How To Hypnotize Anyone Using Breath, Voice, Memorization And Language The Staircase: How To Use Metaphors To Speak To The Subconscious Hypnotic Tips, Tricks And Secrets That Most People Don't Know How To Use Hypnosis To Help People Achieve Their Goals Easier A Complete Script To Take Someone From Beginning To End In A Hypnotic Session Myths And Frequently Asked Questions About Hypnosis Believe me, once you get started with hypnosis you won't want to stop. Learn the real hypnotic techniques today! Scroll to the top and select BUY NOW! Features cards which put people into trance, and guide them to access the resources that help them make certain changes. They are helpful for doing formal hypnosis, public speaking, or telling engaging stories. They also include techniques for wiring in the NLP Milton Model. Magic Words and Language Patterns is a powerful, highly useful book, the first in the SCRIPTLESS HYPNOSIS HANDBOOK series. Hypnotists of all levels of experience will be able to expand their skills to new heights to create the most effective sessions and the most profitable practices. "Magic Words teaches you how to work without scripts, spontaneously and effortlessly in hypnosis and in your life." Michael Watson, International Hypnosis and NLP Trainer and Past President Hypnosis Education Association "Any serious hypnotist or therapist MUST read this book if they want to increase their influence and help more people." Dr. William Horton, author of The

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Secret Psychology of Persuasion "Magic Words is a must read for anyone who wants to really motivate themselves or others." Shelley Stockwell-Nicholas, PhD President-International Hypnosis Federation "This is a wonderful handbook for all Certified Instructors to offer their hypnosis students. Karen expertly anchors skills as she teaches the concepts." Larry Garrett BCH, OB Owner Garrett Hypnosis and Wellness Center "This book is captivating! Erika Flint, CEO Cascade Hypnosis Center Karen Hand, an award-winning Board Certified Hypnotist, Educator and World-Class Communicator, has helped thousands of people take control of their lives and trained countless hypnotists to help others make a change for good. Visit [www.karenhand.com](http://www.karenhand.com). A modern script book, with scripts based on Contextual Psychology, giving you tools for manifesting real change. These scripts are designed to draw on multiple tools such as NLP (Neuro-Linguistic Programming), ACT Therapy, Mindfulness Meditation, Direct Suggestion, Indirect suggestion and integration of hypnotic phenomena with contextual psychology. There are scripts for medical hypnosis applications, scripts for habit and lifestyle issues, and scripts to meet your clients metaphysical needs or needs for self-improvement. There are also scripts for Guided Mindfulness Meditation sessions. This incredible book contains 65 complete hypnosis scripts for professional hypnotherapy. If you want to know how hypnosis really works (and, no, it has nothing to do with waving of hands or other similar nonsense), you will want to read this book. If you want to know the "magic" behind Ericksonian techniques and Neuro-Linguistic Programming,

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you have to read this book. From one of the true masters of hypnotherapy, this is one book that can really change your life!!

This book dissects and describes the conceptual ingredients that construct hypnotic language. Clinical case examples and dozens of hypnotic language scripts are provided to illustrate the identified principles.

Committing to learning the Milton Model was perhaps the best thing I ever did for myself. I became a better conversational hypnotist, hypnotherapist, and my influence and persuasion skills saw many breakthroughs. I earned more money applying these patterns to the context of face-to-face selling that I retired early. This book is something that will serve you well. You'll be astonished to discover how clearly the hypnotic language patterns are presented, the many examples, and how much work has gone into creating this book. It is truly an exhaustive resources for all truly serious hypnotists. In this book you'll learn all the primary Milton Model patterns, i.e. hypnotic language patters, and a few other hypnotic patterns utilized by Milton H. Erickson with his hypnotherapy clients. In my professional opinion these patterns are a 'must know' for any truly serious hypnotist. I personally believe anyone, training another, in the ways of hypnosis, should have a solid grasp of these language patterns and how to effectively use them. It will be invaluable for yourself and your students. I have often wished there had been a book which taught only the Milton Model, and oddly never thought to write the book myself, though I happen to be an international hypnosis trainer, highly skilled

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in the Milton Model. Searching online one day for some Milton Model resources I became so frustrated I decided right there and then to write the book myself, since nobody else had. Here it is. I promise you'll learn something about the Milton Model you don't know. I have gone out of my way to deliver a resource that will birth insights for you. Grab your copy now!

This 3rd book in the Hypnotherapy Revealed series, Hypnotherapy Trance Scripts was previously released as 'Advanced Ericksonian Hypnotherapy Scripts'. This new and expanded 3rd edition contains 50% more content than the 2nd edition, with additional hypnotic inductions and updated therapeutic hypnosis scripts including information about the evidence for the use of hypnosis in the treatment of many of the conditions covered in this Hypnotherapy Trance Scripts book. This Hypnotherapy Trance Scripts book has been written to be as helpful as possible, there is information to help you understand the scripts, an introduction to Ericksonian hypnotic language and techniques being used, and an overview of how to do hypnotherapy, and how to hold hypnotherapy sessions. There are 88 hypnotic induction scripts, deepeners and scripts to help people stop smoking, lose weight, lift depression, calm anxiety, sooth pain, increase performance enhancement, tackle insomnia, and much more. . . This all round package makes this book a valuable resource for anyone wanting to learn more about Ericksonian hypnosis and therapy. Hypnotherapists in training can also read and analyse the scripts and study the language, structure and multi-level communication

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used to further their skill and knowledge.

George Gafner's Handbook of Hypnotic Inductions provided clinicians with inductions ready-made for practice. Here, in response to the overwhelming success of that book, he provides more brand-new inductions for the beginning and advanced hypnotherapist.

This book of more than 100 Hypnotherapy scripts is based on over 20 years of experience. This book is expanded on the first edition to include more hypnotic inductions & 'quit smoking scripts & strategies' and additional description about using the scripts. This isn't just another hypnosis scripts book. It also gives the reader ideas and suggestions on how to run a Hypnotherapy session from gathering information to carrying out the hypnotic work, ending a session and setting tasks. It also introduces Ericksonian Hypnotic language patterns and script structure so that the reader can have a deeper understanding of what is being done in the scripts and why they are written the way they are. This all round package makes this book a valuable resource for anyone wanting to learn more about Ericksonian hypnosis. "A must for all hypnosis and NLP students" Hypnotherapists in training can read and analyse the Hypnotherapy scripts & study the language, structure & multi-level communication used. Designed as a practical desktop reference, this official publication of the American Society of Clinical Hypnosis is the largest collection of hypnotic suggestions and metaphors ever compiled. It provides a look at what experienced clinicians actually say to their patients during hypnotic work. A book to be savored and referred to time and again, this handbook will become a dog-eared resource for the clinician using hypnosis.



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Professional techniques and procedures for doing outstanding hypnotherapy using direct suggestion, convincers, covert testing, age regression and more. This is an exciting new book for professionals who are using hypnotherapy in their work (or would like to). It is highly organized and readable, and outlines and explains some of the most powerful and reliable techniques and procedures available to the modern hypnotherapist. A treasure of over 180 Hypnotherapy Techniques and Procedures that lead to successful hypnotherapy including: how to hypnotize every client, how to show every client that he or she was hypnotized, how to make your hypnotic suggestions more powerful than ever, how to make each session 10 times more powerful than the last one, how to covertly test your clients and use convincers that cannot fail, how to expertly conduct age regression sessions that are successful, how to work with overly-analytical, resistant or nervous clients, and how to amaze your clients and receive referrals from other professionals.

The Healing Metaphor examines the power of metaphor in therapy and provides a range of original hypnotherapy scripts covering issues from Adoption, Grief and Anxiety to Cancer, IBS and Migraine.

Advanced Ericksonian Hypnotherapy Scripts: Expanded Edition Lulu Press, Inc

You are holding in your hands the keys to Ericksonian approaches to hypnotherapy, they unlock how to apply the solution oriented strategies of Milton Erickson, M.D. to a modern application of his ideas. This book will teach you how to tap into the treasure trove of resources Milton Erickson left us through his writings, case studies, and books. The book provides scripts, resources, and a clear understanding of what Ericksonian hypnotherapy is all about. You will learn the language patterns that create the foundation for conversational hypnosis,

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indirect suggestion, and the creation of sensorial experiences. After you read this book and complete the exercises, you will be able to speak Ericksonian fluently. This book is a practical guide and an instructional manual that will lead you into success.

This book is a collection of selected writings by Dr. Sidney Rosen that aim to demystify the work of the leading clinical psychiatrist, Dr. Milton Erickson, and illustrate Erickson's unconventional and life-changing hypnotic techniques and strategic therapy. An essential reading for those who seek to learn essential elements of psychotherapy, this collection elucidates fundamental aspects of Erickson's approaches and outlines factors effective in all forms of psychotherapy. It contains core teachings of many central elements in psychotherapy and stresses the importance of techniques such as therapeutic trance and hypnosis. As a student and close friend of Dr. Erickson, Dr. Rosen shares his own personal insights about Erickson's teaching methods in a direct and straightforward manner that allows readers easy access to Ericksonian philosophy and techniques. Many therapists, both psychoanalytic and others, will find both Rosen's and Erickson's approaches compatible with their own and far removed from their preconceptions about hypnosis. Providing guidelines for providers of individual and group therapy, this book is an excellent guide to Ericksonian hypnotherapy. This is the definitive training manual in the art of Ericksonian Psychotherapy. Accessible and elucidating, it provides a systematic approach to learning the subject.

Winner of the Arthur Shapiro Award for the 2013 Best Book on Hypnosis "The charm and value of Reidís book is that it is very personal... Reidís persona

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emerges as a warm, generous, and enthusiastic colleague, who is eager to share how he figured this clinical hypnosis stuff out and integrated it into his practice... [The book] serves quite well to introduce the uninitiated, and those who wish to guide them, about using the power of trance and therapeutic communication in practical ways to become more effective in helping those for whom we care. I wish I had read it in medical school." -- Laurence I. Sugarman, M.D., F.A.A.P., A.B.M.H., *Annals of Behavioral Sciences and Medical Education* "This is an excellent introductory book for any professional who deals with behavioral health issues and would like to add hypnosis to her arsenal of clinical tools."--*American Journal of Clinical Hypnosis* Clinical hypnosis has been proven through decades of rigorous research and practice to be an effective intervention in a wide range of mental, behavioral, and physical health issues. This highly practical text demystifies clinical hypnosis by providing step-by-step guidance for using its techniques to enhance the repertoire of practitioners in other psychotherapeutic modalities. It offers mental health providers with no formal training in hypnosis the requisite guidance and information they need to learn and confidently apply strategies to help their clients initiate constructive, health-oriented change in their lives. Chapters progress from initial assessment through the development of treatment plans and actual hypnotic techniques with clients. The author shows

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how to apply hypnosis to such clinical issues as anxiety, stress, somatic disorders, pain, and unwanted habits. In addition, the author shows clinicians how they can broaden their practice beyond mental or physical health parameters of treatment by applying hypnosis in areas of personal growth and wellness (motivation, athletic performance, conflict resolution). The text also covers ethical and professional issues related to clinical hypnosis, which does not require special licensure when it is integrated into a psychotherapeutic practice.

**Key Features:** Offers clinicians who have no or little background in clinical hypnosis clear, accessible information on how to safely and effectively use basic techniques with clients Helps psychotherapists expand their practice by providing effective interventions with behavioral health issues that are also eligible for insurance reimbursement Includes sample guided scripts for specific problems as well as experiential exercises and treatment plans Provides case histories drawn from the author's clinical work and those of the "father" of clinical hypnosis, Milton Erickson Instructs therapists on the use of hypnosis for clinical and personal growth and wellness issues

Have you ever wondered how the best speakers in the world are able to pull audiences under their spell, and move them in a way that changes their beliefs and propels them into action? Whether they're aware of it or not, the most

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powerful communicators in the world all use hypnotic patterns when they speak. By using these same hypnotic patterns we are able to communicate ideas to people in a way that allows them to respond to our suggestions without feeling that we're the one's telling them what to do. We're able to do this by using what we call indirect suggestion. Indirect suggestion is what allows us to present ideas as options, instead of ultimatums. What makes indirect suggestion so interesting is that the majority of people respond to indirect suggestion as if it were a direct command to do the thing being suggested. It's a way of presenting people with what they feel are options, but which they respond to as if they were direct orders. With the fill-in-the-blank hypnotic language framework in this book you'll have all the tools you need to speak as compellingly and powerfully as the most powerful communicators in the world.

The Oxford Handbook of Hypnosis is the long overdue successor to Fromm and Nash's Contemporary Hypnosis Research (Guilford Press), which has been regarded as the field's authoritative scholarly reference for over 35 years. This new book is a comprehensive summary of where field has been, where it stands today, and its future directions. The volume's lucid and engaging chapters on the scientific background to the field, fully live up to this uncompromising scholarly legacy. In addition, the scope of the book includes 17 clinical chapters which

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comprehensively describe how hypnosis is best used with patients across a spectrum of disorders and applied settings. Authored by the world's leading practitioners these contributions are sophisticated, inspiring, and richly illustrated with case examples and session transcripts. For postgraduate students, researchers and clinicians, or anyone wanting to understand hypnosis as a form of treatment, this is the starting point. Unequaled in its breadth and quality, The Oxford Handbook of Hypnosis is the definitive reference text in the field. The first edition of 'Advanced Ericksonian Hypnotherapy Scripts' has remained a bestseller since its release in 2011. It remains essential reading on many top hypnotherapy and NLP training courses as well as recommended reading for all those interested in self-hypnosis and creating their own hypnosis audio tracks (these hypnosis scripts can be used to make commercial audio tracks as long as credit is given to the author and the book). This new and expanded 2nd edition of 'Advanced Ericksonian Hypnotherapy Scripts' contains additional hypnotic inductions and additional therapeutic scripts. Many chapters have also been expanded with new helpful content to help you be as effective as possible and to help you to understand the scripts, the hypnotic language and techniques being used, and an overview of how to do hypnotherapy. This book of more than 100 Hypnotherapy scripts is based on over 20 years of experience that the author,

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one of the UK's leading hypnotherapists and hypnotherapy trainers, has had working with a wide range of clients and training other professionals in hypnotherapy, psychotherapy and the healing arts. There are scripts to help people stop smoking, lose weight, lift depression, calm anxiety, sooth pain, increase performance enhancement, tackle insomnia, and many more... This isn't just another hypnosis scripts book, the author hopes that readers will use these scripts as a starting point, rather than just reciting scripts verbatim. This book shares ideas and suggestions on how to run hypnotherapy sessions from gathering information to carrying out the hypnotic work, ending a session and setting tasks. It also introduces Ericksonian hypnotic language patterns and script structure so that the reader can have a deeper understanding of what is being done in the scripts and why they are written the way they are. This all round package makes this book a valuable resource for anyone wanting to learn more about Ericksonian hypnosis. Hypnotherapists in training can also read and analyse the hypnotherapy scripts and study the language, structure and multi-level communication used to further their skill and knowledge. The ultimate goal is to help hypnotherapists move beyond scripts to regularly performing script-free hypnotherapy sessions that occur in response to the client in front of the therapist. This hypnotherapy scripts book can help the hypnotherapist develop

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ideas from the scripts that can come out spontaneously once mastered. The author, Dan Jones, has had over 50,000 books purchased, over 1.5 million views of his self-hypnosis and self-help videos, and over 500,000 of his self-hypnosis and self-help mp3's downloaded. Jones has been published in magazines worldwide and appeared on UK TV and radio. He has been described in the British press as 'Remarkable', with 'Expert Insight', and 'Personal Development Guru...the UK's Leading Personal Development Coach'. Jones has also carried out extensive research into the effectiveness of using a Humanistic Solution Focused Approach with families to reduce youth crime and anti-social behaviour and has been published in the peer-reviewed journal 'Human Givens'.

'Hypnotherapy' is the definitive text if you want to learn all you need to know about hypnotherapy, from how to do hypnosis, how to work therapeutically, how to set up and run your own practice, and how to generate alternative income streams. Hypnotherapy covers: How problems are formed, What trance is, The SET model, How to do hypnosis, What to do before and after you have hypnotised clients, Emotional needs, Innate skills and abilities, Observation skills, The RIGAAR model, Self-hypnosis, Ericksonian hypnosis, Ideo-dynamic healing, Strategies and treatment ideas for many problems hypnotherapists work with, Setting up in practice, and Alternative income streams to make additional



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income. There are also two annotated session transcripts so that you can see all that you will have learnt being applied and follow along to see how it all works in live sessions (One session is an improving a clients artistic abilities, the other is helping a client that feels they can't say 'no' to people)

Provides salespeople with information on hypnotic techniques and how to use them in sales presentations and script books to win the customer's trust and make sales.

Hypnotherapy Scripts, 2nd Edition is a straightforward, practical guide for doing Ericksonian hypnotherapy. This book not only explains the rationale for every step in the hypnotherapeutic process, it also contains sample scripts for each step. This edition of Hypnotherapy Scripts guides professionals through the construction of their own hypnotherapy induction and suggestion scripts. Verbatim sample transcripts of various induction and therapeutic suggestion procedures with detailed guidelines for creating one's own hypnotherapeutic inductions and metaphors are included. Recent research and writings on the role of unconscious processes, wellness, and positive psychology have been added to this edition. Also included is a detailed review of the diagnostic trance process, a therapeutic procedure unique to this text.

The use of language lies at the core of most hypnotic interventions. Milton H Erickson developed complex language patterns that now form a major part of most therapists' work. In this book, the authors build on Erickson's approach, and develop it

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considerably further.

Crown House is pleased to announce the publication of the third edition of *The Art of Hypnosis: Mastering Basic Techniques* by Roy Hunter. This updated third edition includes a new introduction by Conrad Adams PhD together with a revised Chapter 1. Roy Hunter is an expert in the field of hypnosis. He was specially selected to carry on the work of the 'Grand Master of Hypnotherapy', the late Charles Tebbetts, who was a master teacher and contributor to the art/science of hypnosis and hypnotherapy. This book is based upon the training course of Tebbetts, which has been updated by Roy Hunter. Tebbetts' training has formed the basis of a large number of hypnotherapy courses taught in America and Europe. *The Art of Hypnosis* is well-written and easy to read and understand, even for the novice. In-depth and practical information is given on how to achieve maximum results in a hypnotic session by phrasing suggestions properly and by using various techniques to determine which approach is best for each individual client.

This practical resource makes three radically different types of hypnosis easy to use in daily hypnotic work, exploring the methods of Milton H. Erickson, George Estabrooks and David Elman. "A gem. Well-written, well-paced and packed with information." Andrew Bradbury, author of *Successful Presentation Skills* and *Develop Your NLP Skills*

*Transpersonal Hypnosis* presents a multidimensional, energy-based view of human

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awareness that integrates disparate biological, psychological, and spiritual therapeutic techniques. Each of the chapters - all from world-renowned contributors - includes both a historical overview and the theory behind the development of each technique. The authors emphasize experimental studies that examine the validity of using hypnotically accessed transpersonal states of consciousness to heal the body, mind, and spirit. Several clinical vignettes highlight the types of medical and psychological symptoms responsive to these approaches. The emerging field of spiritually-influenced treatments is transforming the practice of medicine.

'Zeig and Munion have provided us with a lucid insight into the life and work of a 20th century giant, and it is a book full of human warmth and humour. I congratulate you who still have the adventure of exploring Milton H Erickson's story ahead of you' - Hypnos

'This offering on Erickson does not set out to uncover new ground, but more to introduce one to Erickson (and the cases are so extraordinary they are worth repeating anyway). It does this in a number of easy to read sections' - New Therapist

'This book is an easily accessible primer for those who are new to studying Ericksonian methods.... its depth provides the reader with the experience of learning about the man, as well as the method' - Milton H Erickson Foundation Newsletter

Milton H Erickson provides a unique insight into the life and experiences of this influential figure, and a clear account of his specific contributions to psychotherapy, both theoretical and practical. Erickson was the dominant force in legitimizing the use of clinical hypnosis.

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Through his research and practice, he developed a scientific understanding of hypnotic phenomena and devised many novel clinical applications. He took the view that psychotherapy should be formulated to meet the uniqueness of an individual's strengths and needs, rather than tailoring the person to fit a particular theoretical approach. His directive and strategic interventions contributed substantially to the development of brief therapy approaches such as strategic therapy, solution-focused therapy, and the interactional approach.

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