

How Women Rise Break The 12 Habits Holding You Back From Your Next Raise Promotion Or Job

Ready to take the next step in your career . . . but not sure what's holding you back? Read on. Leadership expert Sally Helgesen and bestselling leadership coach Marshall Goldsmith have trained thousands of high achievers--men and women--to reach even greater heights. Again and again, they see that women face specific and different roadblocks from men as they advance in the workplace. In fact, the very habits that helped women early in their careers can hinder them as they move up. Simply put, what got you here won't get you there . . . and you might not even realize your blind spots until it's too late. Are you great with the details? To rise, you need to do less and delegate more. Are you a team player? To advance, you need to take credit as easily as you share it. Are you a star networker? Leaders know a network is no good unless you know how to use it. Sally and Marshall identify the 12 habits that hold women back as they seek to advance, showing them why what worked for them in the past might actually be sabotaging their future success. Building on Marshall's classic best seller *What Got You Here Won't Get You There*, their new book *How Women Rise* is essential reading for any woman who is ready to advance to the next level.

A powerful call to action for achieving equality in leadership. Women make up fewer than ten per cent of national leaders worldwide, and behind this eye-opening statistic lies a pattern of unequal access to power. Through conversations with some of the world's most powerful and interesting women--including Jacinda Ardern, Hillary Rodham Clinton, Christine Lagarde, Michelle Bachelet, and Theresa May--*Women and Leadership* explores gender bias and asks why there aren't more women in leadership roles.

"Today, only twenty percent of Americans are wed by age twenty-nine, compared to nearly sixty percent in 1960. The Population Reference Bureau calls it a 'dramatic reversal.' [This book presents a] portrait of contemporary American life and how we got here, through the lens of the single American woman, covering class, race, [and] sexual orientation, and filled with ... anecdotes from ... contemporary and historical figures"--

How Women Rise Break the 12 Habits Holding You Back from Your Next Raise, Promotion, or Job Hachette Books

An Amazon Best Business Book of 2018 Selected by Audible as the Best Business Book of 2018 Named "Best New Book" by People Magazine and Refinery29 Named a Most Anticipated Title of April 2018 by Bustle and Levo A Women@Forbes "Boss Moves Book Club" pick A candid guide for ambitious women who want to succeed without losing themselves in the process Fran Hauser deconstructs the negative perception of "niceness" that many women struggle with in the business world. If women are nice, they are seen as weak and ineffective, but if they are tough, they are labeled a bitch. Hauser proves that women don't have to sacrifice their values or hide their authentic personalities to be successful. Sharing a wealth of personal anecdotes and time-tested strategies, she shows women how to reclaim "nice" and sidestep regressive stereotypes about what a strong leader looks like. Her accessible advice and hard-won wisdom detail how to balance being empathetic with being decisive, how to rise above the double standards that can box you in, how to cultivate authentic confidence that projects throughout a room, and much more. *THE MYTH OF THE NICE GIRL* is a refreshing dose of forward-looking feminism that will resonate with smart, professional women who know what they want and are looking for real advice to take their career to the next level without losing themselves in the process.

Provides leaders with a simple strategy to improve the performance of their teams through the calculating of "priorities," "who" and "relationships" and by increasing that total, realize more value, impact, earnings and overall success.

"Web of inclusion" is used to describe integrated and organic organizations that become effective because management puts itself at the center rather than at the top.

A new kind of career playbook for a new era of feminism, offering women a new set of rules for professional success: one that plays to their strengths and builds on the power they already have.

Marking the centenary of female suffrage, this definitive history charts women's fight for the vote through the lives of those who took part, in a timely celebration of an extraordinary struggle An Observer Pick of 2018 A Telegraph Book of 2018 A New Statesman Book of 2018 Between the death of Queen Victoria and the outbreak of the First World War, while the patriarchs of the Liberal and Tory parties vied for supremacy in parliament, the campaign for women's suffrage was fought with great flair and imagination in the public arena. Led by Emmeline Pankhurst and her daughters Christabel and Sylvia, the suffragettes and their actions would come to define protest movements for generations to come. From their marches on Parliament and 10 Downing Street, to the selling of their paper, *Votes for Women*, through to the more militant activities of the Women's Social and Political Union, whose slogan 'Deeds Not Words!' resided over bombed pillar-boxes, acts of arson and the slashing of great works of art, the women who participated in the movement endured police brutality, assault, imprisonment and force-feeding, all in the relentless pursuit of one goal: the right to vote. A hundred years on, Diane Atkinson celebrates the lives of the women who answered the call to 'Rise Up'; a richly diverse group that spanned the divides of class and country, women of all ages who were determined to fight for what had been so long denied. Actresses to mill-workers, teachers to doctors, seamstresses to scientists, clerks, boot-makers and sweated workers, Irish, Welsh, Scottish and English; a wealth of women's lives are brought together for the first time, in this meticulously researched, vividly rendered and truly defining biography of a movement.

Stephen King's legendary debut, the bestselling smash hit that put him on the map as one of America's favorite writers "Gory and horrifying. . . . You can't put it down." —Chicago

Tribune Unpopular at school and subjected to her mother's religious fanaticism at home, Carrie White does not have it easy. But while she may be picked on by her classmates, she has a gift she's kept secret since she was a little girl: she can move things with her mind. Doors lock. Candles fall. Her ability has been both a power and a problem. And when she finds herself the recipient of a sudden act of kindness, Carrie feels like she's finally been given a chance to be normal. She hopes that the nightmare of her classmates' vicious taunts is over . . . but an unexpected and cruel prank turns her gift into a weapon of horror so destructive that the town may never recover.

From an inspiring voice in the movement for gender equality, a practical guide to achieving success through a new kind of leadership--rooted in purpose and activism for social change We live in a time of unprecedented opportunity for women. Yet despite centuries of progress, true equality remains out of reach. What will it take to bring us to a tipping point? To leadership expert and social entrepreneur Claudia Chan, the key is shifting to a "me for we" mindset, where individuals root their effort in a mission far bigger than personal success, and getting everyone--women and men--to work together for social change. By lifting others, we not only make the world better, but we can also discover our greatest meaning and achieve lasting fulfillment. In *This Is How We Rise*, Claudia encourages readers to join a new breed of leaders and become change makers for gender equality. Distilling wisdom and insights from her own personal and professional journey, she shares key lessons learned and offers a toolbox of thirteen foundational habits. Claudia shows how to define and develop your own purpose, vision, and pathway to becoming a thriving agent for good. Whether you own your own business or are part of the corporate world, whether you're at the top of your field or are just starting out in your career, you have the power to lead change and achieve extraordinary success in all areas of your life. *This Is How We Rise* will show you how to unleash it.

#1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Look for Brené Brown's new podcast, *Dare to Lead*, as well as her ongoing podcast *Unlocking Us!* NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 500 companies all ask the same question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read *Daring Greatly* and *Rising Strong* or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership.

Helgesen and Johnson delve into the stories of a number of women whose vision improved their companies and show how organizations can create environments that welcome women's perspectives.

Before you were told to "Lean In," Dr. Lois Frankel told you how to get that corner office. The New York Times bestseller, is now completely revised and updated. In this edition, internationally recognized executive coach Lois P. Frankel reveals a distinctive set of behaviors--over 130 in all--that women learn in girlhood that ultimately sabotage them as adults. She teaches you how to eliminate these unconscious mistakes that could be holding you back and offers invaluable coaching tips that can easily be incorporated into your social and business skills. Stop making "nice girl" errors that can become career pitfalls, such as: Mistake #13: Avoiding office politics. If you don't play the game, you can't possibly win. Mistake #21: Multi-tasking. Just because you can do something, doesn't mean you should do it. Mistake #54: Failure to negotiate. Don't equate negotiation with confrontation. Mistake #70: Inappropriate use of social media. Once it's out there, it's hard to put the toothpaste back in the tube. Mistake #82: Asking permission. Children, not adults, ask for approval. Be direct, be confident.

A Huffington Post columnist and women's leadership expert outlines practical skills that women can use to implement positive change, covering such topics as self-esteem and how to overcome sabotaging gender rules of conduct. 50,000 first printing.

Why are men still winning at work? If women have equal leadership ability, why are they so under-represented at the top in business and society? Why are we still living in a man's world? And why do we accept it? In this provocative book, Gill Whitty-Collins looks beyond the facts and figures on gender bias and uncovers the invisible discrimination

that continues to sabotage us in the workplace and limits our shared success. Addressing both men and women and pulling no punches, she sets out the psychology of gender diversity from the perspective of real personal experience and shares her powerful insights on how to tackle the gender equality issue. 'This book tells the inconvenient truth about the gender inequality issue, providing some real deep insights into what truly gets in the way of driving diversity - even in companies that are trying to do the right thing. It may be uncomfortable reading for some but crucial for driving the needed change to create a long-term advantage.' - Paul Polman, Founder & Chair, Imagine and Ex CEO, Unilever

Mojo is the moment when we do something that's purposeful, powerful, and positive and the rest of the world recognizes it. This book is about that moment--and how we can create it in our lives, maintain it, and recapture it when we need it. In his follow-up to the New York Times bestseller *What Got You Here Won't Get You There*, #1 executive coach Marshall Goldsmith shares the ways in which to get--and keep--our Mojo. Our professional and personal Mojo is impacted by four key factors: identity (who do you think you are), achievement (what have you done lately?), reputation (who do other people think you are--and what have you've done lately?), and acceptance (what can you change--and when do you need to just "let it go"?). Goldsmith outlines the positive actions leaders must take, with their teams or themselves, to initiate winning streaks and keep them coming. Mojo is: that positive spirit--towards what we are doing--now--that starts from the inside--and radiates to the outside. Mojo is at its peak when we are experiencing both happiness and meaning in what we are doing and communicating this experience to the world around us. The Mojo Toolkit provides fourteen practical tools to help you achieve both happiness and meaning--not only in business, but in life.

The perfect graduation gift: the iconic #1 best seller, expanded and updated exclusively for graduates entering the workforce. This extraordinary edition of *Lean In*, by Sheryl Sandberg, chief operating officer of Facebook and coauthor of *Option B*, with Adam Grant, includes a letter to graduates from Sandberg and six additional chapters from experts offering advice on finding and getting the most out of a first job; résumé writing; best interviewing practices; negotiating your salary; listening to your inner voice; owning who you are; and leaning in for millennial men. In 2013, Sheryl Sandberg's *Lean In* became a massive cultural phenomenon and its title became an instant catchphrase for empowering women. The book soared to the top of best-seller lists both nationally and internationally, igniting global conversations about women and ambition. This enhanced edition provides the entire text of the original book updated with more recent statistics and features a passionate letter from Sandberg encouraging graduates to find and commit to work they love. A combination of inspiration and practical advice, this new edition will speak directly to graduates and, like the original, change lives. New Material for the Graduates Edition: · A Letter to Graduates from Sheryl Sandberg · Find Your First Job, by Mindy Levy (Levy has more than twenty years of experience in all phases of organizational management and holds degrees from Wharton and Penn) · Negotiate Your Salary, by Kim Keating (Keating is the founder and managing director of Keating Advisors) · Man Up: Millennial Men and Equality, by Kunal Modi (Modi is a consultant at McKinsey & Company and a recent graduate of the Harvard Kennedy School and Harvard Business School) · Let's Lean In Together, by Rachel Thomas (Thomas is the president of The Sheryl Sandberg & Dave Goldberg Family Foundation) · Own Who You Are, by Mellody Hobson (Hobson is the president of Ariel Investments) · Listen to Your Inner Voice, by Rachel Simmons (Simmons is cofounder of the Girls Leadership Institute) · 12 Lean In stories, short essays by readers around the world who have been inspired by Sandberg

Now in Currency paperback -- Sally Helgesen's classic study of female leaders and how their strategies represent a highly successful revision of male leadership styles. Sixty thousand copies in print! In her bestselling 1990 book, Sally Helgesen discovered that men and women approach work in fundamentally different ways. Many of these differences hold distinct advantages for women, who excel at running organizations that foster creativity, cooperation, and intuitive decision-making power, necessities for companies of the twenty-first century. Helgesen's findings reveal that organizations run by women do not take the form of the traditional hierarchical pyramid, but more closely resemble a web, where leaders reach out, not down, to form an interrelating matrix built around a central purpose. The strategy of the web concentrates power at the center by drawing others closer and by creating communities where information sharing is essential. She presents her findings through unique, closely detailed accounts of four successful women business leaders -- Frances Hesselbein of Girl Scouts USA, Barbara Grogan of Western Industrial Contractors, Nancy Badore of Ford Motor Company's Executive Development Center, and Dorothy Brunson of Brunson Communications. Helgesen observes their meetings, listens to their phone calls and conferences, and reads their correspondence. Her "diary studies" document how women leaders make decisions, schedule their days, gather and disperse information, motivate others, delegate tasks, structure their companies, hire, and fire. She chronicles how their experiences as women -- wives, mothers, friends, sisters, daughters -- contribute to their leadership style.

Winner of the 2014 Silver Nautilus Award *Are You Ready for Your Life Reimagined Moment?* Are you at a point in your life where you're asking, "What's next?" You've finished one chapter and you have yet to write the next one. Many of us face these transitions at midlife, but they can happen at any point. It's a time full of enormous potential, and it defines a whole new phase of life. It's called *Life Reimagined*. Here is your map to guide you in this new life phase. You can use the powerful practices and insights—enhanced with online tools and exercises at AARP's *LifeReimagined.org* website—to help you uncover your own special gifts, connect with people who can support you, and explore new directions. You'll be inspired by meeting ordinary people who have reimagined their lives in extraordinary ways. You'll also read the stories of pioneers of the *Life Reimagined* movement such as Jane Pauley, James Brown, and Emilio Estefan. They show us that this journey of discovery can help us find fulfillment in surprising new places. One of the profound truths that underlies this book is the liberating notion that each of us is “an experiment of one,” free to find our own path in this new phase of our lives. No old rules, no outdated societal norms, no boundaries of convention or expectation. Let *Life Reimagined* help you discover your new life possibilities!

Following the success of *Lean In* and *Why Women Should Rule the World*, the authors of the bestselling *Womenomics* provide an informative and practical guide to understanding the importance of confidence—and learning how to achieve it—for women of all ages and at all stages of their career. Working women today are better educated and more well qualified than ever before. Yet men still predominate in the corporate world. In *The Confidence Code*, Claire Shipman and Katty Kay argue that the key reason is confidence. Combining cutting-edge research in genetics, gender, behavior, and cognition—with examples from their own lives and those of other successful women in politics, media, and business—Kay and Shipman go beyond admonishing women to "lean in." Instead, they offer the inspiration and practical advice women need to close the gap and achieve the careers they want and deserve.

Reinvent yourself as a woman of influence—and become the leader you were meant to be Have you ever felt like your organization's best-kept secret? Are you the go-to person for work that downplays your potential? Do you want to hone your leadership skills while still staying true to who you are? If you answered yes to any of these questions, or if your reputation as a standout contributor is not translating into career advancement, *Woman of Influence* is for you. With more than two decades of experience working with hundreds of thousands of women and clients including eBay, GM, Microsoft, and more, Be Leaderly CEO Jo Miller has the strategies, stories, and research to help women shift their focus from doing to leading. In *Woman of Influence*, she provides a practical, hands-on roadmap that walks you through 9 specific steps to build your brand, establish your legacy, and thrive. Each step is reinforced with self-assessments, inspiring exercises, and checklists that have been road-tested by tens of

thousands of professional women.

The #1 international best seller *In Lean In*, Sheryl Sandberg reignited the conversation around women in the workplace. Sandberg is chief operating officer of Facebook and coauthor of *Option B* with Adam Grant. In 2010, she gave an electrifying TED talk in which she described how women unintentionally hold themselves back in their careers. Her talk, which has been viewed more than six million times, encouraged women to “sit at the table,” seek challenges, take risks, and pursue their goals with gusto. *Lean In* continues that conversation, combining personal anecdotes, hard data, and compelling research to change the conversation from what women can't do to what they can. Sandberg provides practical advice on negotiation techniques, mentorship, and building a satisfying career. She describes specific steps women can take to combine professional achievement with personal fulfillment, and demonstrates how men can benefit by supporting women both in the workplace and at home. Written with humor and wisdom, *Lean In* is a revelatory, inspiring call to action and a blueprint for individual growth that will empower women around the world to achieve their full potential.

A renowned executive coach and psychologist shows readers how to recognize and overcome the emotional and psychological triggers that set off a reaction or a behavior that often is detrimental so that they can achieve meaningful and sustained change.

Zelie Adebola remembers when the soil of Or sha hummed with magic. Burners ignited flames, Tiders beckoned waves, and Zelie s Reaper mother summoned forth souls. But everything changed the night magic disappeared. Under the orders of a ruthless king, maji were killed, leaving Zelie without a mother and her people without hope.

Discover how to become an effective woman in leadership -- even if you're shy, avoid conflict at all costs, or lack confidence. Are you tired of seeing men at work get promoted, be given better assignments, and enjoy pay raises even though you know your skills and results are just as good, if not better? Do you find it difficult to express yourself during work meetings without being hostile or apologetic? Perhaps you're tired of coming home feeling frustrated because you didn't speak up at the meeting, or maybe you feel as though, no matter what you try, people just walk all over you. You know that there must be another way. And you're right. But don't worry: help is at hand. In an incredibly male-dominated world, it's crucial -- now more than ever -- to develop the necessary skills to become an effective leader and start demanding what you deserve. Luckily, it's easier than you think. You don't have to buy into the self-help industry, which wastes your time, resources and energy on costly and often condescending life coaches and counselling sessions. All you need are easy, proven skills and traits that will help you gradually develop your self-esteem, sharpen your trust, and hone your boundary-setting and communication skills. If you're someone who: Is new into leadership Wants to know how to manage a team more effectively Finds it difficult to deal with employees Doesn't feel worthy of their leadership position (or doesn't know how to reach one) Lacks self-confidence Wants to know the secrets to improving communication then Ava Clarke can help you. Many people don't understand that there's a lot more to being a leader than just managing people. The first step to thinking like a boss is having the insight and understanding that pioneering successful women have -- and using it to take constructive action. In *She Thinks Like a Boss*, here's just a fraction of what you will discover: What successful women in leadership are doing -- and how you can copy them What 'imposter syndrome' is, and how to FINALLY defeat it Essential strategies for overcoming the fears that are holding you back Why having a great team is the foundation to every business success (and how to build yours) A blueprint for optimizing your team and the outstanding results it can produce The 4-step communication model for setting strong boundaries The rules of negotiation -- and how to use them to get what you deserve And much more. Even if you feel uncomfortable or scared to face the issues that being a great leader brings, the key is to dive straight in. In *She Thinks Like a Boss*, you will be given specific and practical techniques to help you gradually overcome the problems you're facing. You're on a personal journey, but there are key steps you can take to set you on the path to live the life you dream of and be an inspiration to other women in business. Become an inspirational female leader today: scroll up, and click the "Add to Cart" button right now.

In the age of multiple equity movements, it is critical to explore an unspoken nuance—the silencing of women leaders. Carrie Lynn Arnold calls attention to the history and complex dynamics that can suppress a leader's voice while offering solutions for change. Women are taught to speak up, develop confidence, leverage their strengths, polish their interpersonal skills, widen their competencies, and fight to sit at the table. But once they make it to that executive chair, they rarely examine the unspoken dynamics that impact their success. The silencing of female voices is an all too common epidemic, preventing women from harnessing their full capabilities and leading with maximum potential. This phenomenon of isolating women by subduing their voices is a decades-old tradition. It can be impossible to avoid encounters, organizational cultures, and even feelings of self-suppression that all foster silencing. It is no longer about questioning competency or confidence. It is about understanding the complex factors and biases that are deeply embedded in relationships between men and women, amongst women, and within the dynamics of systems and the self that allows for this trend to continue despite growing successes in equity. Carrie Lynn Arnold examines silencing, which is essential to name and recognize, as a pre-requisite to effective leadership. By understanding where we have been before, we may fully appreciate and call attention to where we need to go. Regardless of your gender or whether you are an emerging leader or a CEO of a large corporation, the silencing virus is capable of infecting everyone. *Silenced and Sidelined* explores what it means to feel suppressed, giving words to the experience so that leaders can begin different types of conversations about voice and leadership. There are no shortcuts or simple, easy steps; this call to leadership is a call for courage. It requires the ability to communicate with a voice that carries currency—one, people will not just hear, but follow. Given the complexity of our world and the challenges society faces, we can no longer afford leaders with silenced voices.

Your hard work is paying off. You are doing well in your field. But there is something standing between you and the next level of achievement. That something may just be one of your own annoying habits. Perhaps one small flaw - a behaviour you barely even recognise - is the only thing that's keeping you from where you want to be. It may be that the

very characteristic that you believe got you where you are - like the drive to win at all costs - is what's holding you back. As this book explains, people often do well in spite of certain habits rather than because of them - and need a "to stop" list rather than one listing what "to do". Marshall Goldsmith's expertise is in helping global leaders overcome their unconscious annoying habits and become more successful. His one-on-one coaching comes with a six-figure price tag - but in this book you get his great advice for much less. Recently named as one of the world's five most-respected executive coaches by Forbes, he has worked with over 100 major CEOs and their management teams at the world's top businesses. His clients include corporations such as Goldman Sachs, Glaxo SmithKline, Johnson and Johnson and GE.

2016 will be one of the most historic years in politics: It marks the potential for the first female President of the United States, and the 100th anniversary of the first woman elected to Congress. Additionally, in 2016, single women will be one of the most pivotal voting groups heading into the general election, being courted by both Democrats and Republicans. At the centennial of the first woman elected to Congress (which was three years before women legally earned the right to vote), their presence and influence in Washington has reached a tipping point that affects not only the inner workings of the Federal Government, but also directly influences how Americans live and work. Never before have women been represented in such great numbers in the Supreme Court, both chambers of Congress, and in the West Wing. In *Broad Influence*, Jay Newton-Smith, one of the nation's most deeply respected and sourced journalists takes readers through the corridors of Washington D.C., the offices and hallways of Capital Hill and everywhere else conversations and deals are happening to demonstrate how women are reaching across the aisles, coalescing, and affecting lasting change. With deep, exclusive and behind-closed-doors reporting and interviews, including conversations with Nancy Pelosi, Barbara Mikulski, Kirsten Gillibrand, Valerie Jarrett, Sarah Palin, Kelly Ayotte, Cathy McMorris Rogers and dozens of other former and current senators, representatives, senior White House staffers, governors and cabinet members, *Broad Influence* is an insightful look at how women are transforming government, politics, and the workforce, and how they are using that power shift to effect change throughout America.

In this groundbreaking book about how women perceive, are prepared for, and cope with ambition and achievement, psychiatrist Anna Fels examines ambition at the deepest psychological level. Cutting to the core of what ambition can provide—the essential elements of a fulfilling life—Fels describes why, for women but not for men, ambition still remains fraught with often painful conflict. Fels draws on case studies, research, interviews, and autobiographies of accomplished and celebrated women past and present—writers, artists, architects, politicians, actors—to explore the ways in which women are brought up to avoid recognition and visibility in favor of traditional feminine values and why they often choose to nurture and defer to rather than compete with men. She poses invaluable questions: What is the nature of ambition and how important is it in a woman's life? What are the forces that promote or impede its development? To what extent does ambition go against a woman's very nature? And she challenges currently held theories about the state of mind and the needs of men. Incisive and highly readable, *Necessary Dreams* is a unique exploration of the options and obstacles women face in the pursuit of their goals. It is a book that every woman will want—and need—to read.

Have you ever felt a subtle nudge that there's MORE for you in life? Maybe a message that you want to share or a passion project you want to create? Is there a bigger purpose for you to fulfill? A lot of us women feel these subtle love taps from our souls, but it takes a special kind of woman to follow her nudge--someone like you. Whether you're already crystal clear about your purpose, or you've simply felt a subtle nudge that you are meant for more, this interactive book will show you how to leverage the power that's already within you to make your mark on the world. You'll learn how . . . You always have access to confidence and how to tap into it. Comparing yourself to others kills off all your creativity and what to do about it. Releasing the death grip you have on your comfort zone will allow you to fly. Leveraging the power of language can manifest results quickly. Mastering these simple concepts gives you the ability to create results in ANY area of life that's important to you.

Popular leadership blogger gives the low-down on standing up for yourself In *Pushback*, top leadership consultant Selena Rezvani argues that self-advocacy is critical to success. Yet women initiate negotiations four times less often than men, resulting in getting less of what they want—promotion opportunities, plum assignments, and higher pay. This book shines a light on the real rules of holding your own and pushing back for what is rightfully yours. Drawing on interviews with high-level leaders, Rezvani offers readers in the first half of their career the unedited truth about how women have asked their way to the top and triumphed—and how you can too. Includes interviews with top business leaders such as Marie Chandoha, CEO of Charles Schwab Investment Management; Cindi Bigelow, President of Bigelow Tea Company; Fizzah Jafri, COO at Morgan Stanley; Rosemary Turner, President at UPS; and Irene Chang Britt, Chief Strategy Officer at Campbell's Soup Offers a reliable and methodic approach to negotiating and navigating tough conversations Highlights compelling facts and research from the world of psychology and leadership Insightful and accessible, *Pushback* is a timely resource for savvy women who want to leverage their skills, promote themselves effectively, and fast track their careers.

_____ By the bestselling author of *What Got You Here Won't Get You There* Do you hesitate about putting forward ideas? Are you reluctant to claim credit for your achievements? Do you find it difficult to get the support you need from your boss or the recognition you deserve from your colleagues? If your answer to any of these is 'Yes', *How Women Rise* will help get you back on track. Inspiring and practical by turns, it identifies 12 common habits that can prove an obstacle to future success and tells you how to overcome them. In the process, it points the way to a career that will satisfy your ambitions and help you make the difference you want to make in the world. _____ 'Guidance on the habits you fall into that aren't helping you achieve the success you deserve. It's fascinating.' *Sunday Times* 'How Women Rise is a great read.' Lois P. Frankel, author of *Nice Girls Don't Get the Corner Office* 'A great resource to discover the 12 habits that hold women back and how to overcome them.' *Forbes*

The Senior Vice President of Christie's and seasoned auctioneer Lydia Fenet, with her "razor-sharp humor and her don't-mess-with-me gavel strike" (Mariska Hargitay, star of *Law & Order: Special Victims*

Unit), shares the secrets of success and the strategies behind her revolutionary sales approach to show you how to embrace and channel your own power in any room. Who is the most powerful woman in the room? She's the one who can raise a million dollars in a minute. She's the one who can command the attention of a group of any size from one person to five thousand. She's the one who can sell anything to anyone. And she can be you. As a senior executive at Christie's, leader in her field, and one of Gotham magazine's Most Influential Women in New York, Lydia Fenet knows firsthand that the one skill that can set women apart in both their personal life and career is the ability to sell. *The Most Powerful Woman in the Room Is You* equips you with everything you need to know—from how to sell authentically and how to network (or die), to the importance of never apologizing (start negotiating instead), how to perfect your poker face, and always, always, tell the truth. Most of all, she offers plenty of encouragement to take ownership in your position and look for opportunities to innovate. Filled with additional case studies, thoughtful insights, and meaningful advice from some of the most powerful and successful women in business, fashion, journalism, sports, and the arts, *The Most Powerful Woman in the Room Is You* "is an insightful, inspiring guide for women who are trying to claim their own seat at the table" (New York Journal of Books).

If you have outstanding balances on your credit cards...don't have assets in your own name...are saving instead of investing, then chances are you're not rich and not living the life you want. Without your awareness, behaviors learned as a girl are preventing you from becoming a woman who is financially independent and free to follow her dreams. Now, with the same frank advice and empowering information that made *Nice Girls Don't Get the Corner Office* a bestseller, Lois Frankel tackles the 75 financial mistakes that keep women from having the wealth they deserve. She isolates the messages about money given to little girls that little boys never hear. Then she helps you discover the financial thinking that is keeping you stuck in old patterns, dependent relationships, and jobs where you earn less than you deserve. Once you get to the root of the problem, Frankel helps you solve it—with fabulous results. Her coaching tips help you take control of your finances and make more money than you ever thought possible. Do you make these "nice girl" mistakes? * Mistake #4: Not playing to win. Being polite, quiet, and fair to a fault is playing the financial game "like a girl." * Mistake #10: Choosing to remain financially illiterate. Knowledge is power. Learn to manage your major purchases, investments, and banking. * Mistake #20: Spending as an emotional crutch. Understand your emotions; don't make purchases just to lift your spirits. * Mistake #45: Saving instead of investing. Fear can keep your funds in low-interest accounts. Get educated about investing. Get wealthy. Frankel gives you the financial savvy to change negative behaviors, make smart money choices, and embrace the life you want sooner than you think.

A New York Times bestseller! "Lively and absorbing. . ." —The New York Times Book Review "Engrossing." —Wall Street Journal "Entertaining and well-researched . . ." —Houston Chronicle Three noted Texan writers combine forces to tell the real story of the Alamo, dispelling the myths, exploring why they had their day for so long, and explaining why the ugly fight about its meaning is now coming to a head. Every nation needs its creation myth, and since Texas was a nation before it was a state, it's no surprise that its myths bite deep. There's no piece of history more important to Texans than the Battle of the Alamo, when Davy Crockett and a band of rebels went down in a blaze of glory fighting for independence from Mexico, losing the battle but setting Texas up to win the war. However, that version of events, as *Forget the Alamo* definitively shows, owes more to fantasy than reality. Just as the site of the Alamo was left in ruins for decades, its story was forgotten and twisted over time, with the contributions of Tejanos--Texans of Mexican origin, who fought alongside the Anglo rebels--scrubbed from the record, and the origin of the conflict over Mexico's push to abolish slavery papered over. *Forget the Alamo* provocatively explains the true story of the battle against the backdrop of Texas's struggle for independence, then shows how the sausage of myth got made in the Jim Crow South of the late nineteenth and early twentieth century. As uncomfortable as it may be to hear for some, celebrating the Alamo has long had an echo of celebrating whiteness. In the past forty-some years, waves of revisionists have come at this topic, and at times have made real progress toward a more nuanced and inclusive story that doesn't alienate anyone. But we are not living in one of those times; the fight over the Alamo's meaning has become more pitched than ever in the past few years, even violent, as Texas's future begins to look more and more different from its past. It's the perfect time for a wise and generous-spirited book that shines the bright light of the truth into a place that's gotten awfully dark.

A life-changing journey from the wasteland of modern society to a place of nourishment and connection. Fifth anniversary edition, with new afterword for 2021. 'Mind-blowing. An anthem for all we could be . . . I sincerely hope every woman who can read has the time and space to read it.' Manda Scott, author of *Boudica* and *A Treachery of Spies* 'This is the core of our task: to respect and revere ourselves, and so bring about a world in which women are respected and revered, recognised once again as holding the life-giving power of the earth itself.' *If Women Rose Rooted* has been described as both transformative and essential. Sharon Blackie leads the reader on a quest to find their place in the world, drawing inspiration from the wise and powerful women in native mythology, and guidance from contemporary role models who have re-rooted themselves in land and community and taken responsibility for shaping the future. Beautifully written, honest and moving, *If Women Rose Rooted* is a passionate song to a different kind of femininity, a rallying, feminist cry for the rewilding of womanhood; reclaiming our role as guardians of the land. 'Powerful and inspiring.' Melissa Harrison, author of *All Among the Barley* Chapters include, among others, "9 Non-threatening Leadership Strategies for Women," "How to Ace Your Job Interview Without Over-acing It," and "Choose Your Own Adventure: Do You Want to Be Likable or Successful?" It even includes several pages to doodle on while men finish what they're saying. Each chapter also features an exercise with a set of "inaction items" designed to challenge women to be less challenging. And, when all else fails, a set of wearable mustaches is included to allow women to seem more man-like. This will cancel out any need to change their leadership style. In fact, it may even lead to a quick promotion!

The revolutionary literary vision that sowed the seeds of Objectivism, Ayn Rand's groundbreaking philosophy, and brought her immediate worldwide acclaim. This modern classic is the story of intransigent young architect Howard Roark, whose integrity was as unyielding as granite...of Dominique Francon, the exquisitely beautiful woman who loved Roark passionately, but married his worst enemy...and of the fanatic denunciation unleashed by an enraged society against a great creator. As fresh today as it was then, Rand's provocative novel presents one of the most challenging ideas in all of fiction—that man's ego is the fountainhead of human progress... "A writer of great power. She has a subtle and ingenious mind and the capacity of writing brilliantly, beautifully, bitterly...This is the only novel of ideas written by an American woman that I can recall."—The New York Times

Many women focus on their performance, expecting that if they excel and accomplish the most, they'll get the promotions and recognition they deserve. And yet, all too often, women are outsiders to the networks of power and influence where the decisions are made that affect their careers. They may view politics as dirty; they may be slow to self-promote, build and nurture relationships with key stakeholders, and seek sponsorship. The result? They get blindsided, experiencing deep disappointment when their hard work alone doesn't pay off with an anticipated promotion or raise. Ambitious women understand they must play politics, but how can they learn to do it successfully? *The Politics of Promotion* demonstrates to women the importance of understanding workplace politics and provides them with the necessary tools to successfully navigate the political realities of their organization. While there are many books that advise women to be more assertive and embrace their ambition, and books that address office politics, there is little information focused specifically on how women can successfully navigate the politics in the current work environment. *The Politics of Promotion* provides a unique and proven method to guide women through the complexities of office politics, so that they can avoid a political "blindside" that may sabotage their career.

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