

How To Live 365 Days A Year John Schindler

Do you feel like you struggle to make time for everything? We are living in a time-poor society, working more than ever and with less time for ourselves and family. The pressures and stress of the obligations we feel we have, often leave us without time to do everything that we would like to. More critically, we lack the time to reflect, review our lives and consider our direction. Time to contemplate if the decisions we are making are going to lead us to a life of purpose or an old age filled with regret. Time for Anything is based on 5 years of research by Craig D Robinson. Using the techniques in this book, Craig went from working in an entry level position to, in just four years: start 2 companies, recharge with 12 weeks holiday a year, start a family, grow and sell his startups and retire at the age of 34. This book shows you how you too can have time for it all.

Feeling overwhelmed, anxious, or sad? This collection of daily reflections will lift your spirits and remind you of God's great love for you. Drawing from Scripture, the wisdom of the saints, and pastoral expertise, Anne Costa has written a spiritual resource that will enable you to look upon each day with hope. This book will help anyone who is overwhelmed by life or struggling with anxiety or depression to find peace and renew their connection with God and others.

Place the word Tao Into your heart. Use no other words. The Tao is constantly moving, the path that all life and the whole universe takes. There is nothing that is not part of it—harmonious living is to know and to move with the Tao—it is a way of life, the natural order of things, a force that flows through all life. 365 Tao is a contemporary book of meditations on what it means to be wholly a part of the Taoist way, and thus to be completely in harmony with oneself and the surrounding world. Deng Ming-Dao is the author of eight books, including The Living I Ching, Chronicles of Tao, Everyday Tao, and Scholar Warrior. His books have been translated into fifteen languages. He studied qigong, philosophy, meditation, and internal martial arts with Taoist master Kwan Saihung for thirteen years, and with two other masters before that.

Daniel Nash struggles to reconcile his feelings of betrayal with his desire to understand his life. His hopes of uncovering the secrets revealed in his father's journals are quickly dashed, and he works with a private investigator to discover the truth. Worry about his wife, Sarah, combines with his efforts to cope with his childhood trauma, an unexpected death, and the recent revelations. His obsession with the past threatens to destroy his stable life. Meanwhile, Sarah and her father, Tristan, continue to combat the lingering discord that developed between them years before but refuse to take their main focus from Daniel. As he reviews his biological father's efforts to be a good man, Daniel searches for a way to comprehend shocking disclosures. He questions his own goodness as he fights not to emotionally withdraw from those around him, especially the two people he knows will always love him, Sarah and Tristan.

Confused by conflicting exercise and nutrition "information?" Frustrated by too many sizes in your closet? Determined to "not quit this time" - but not sure how? Go Forward: 28 Days to Eat, Move, and Enjoy Life God's Way will help you understand what God's Word teaches about exercise, nutrition, stress management, sleep, and other health topics. But understanding what to do is only

the first step. Through this book you will also begin the second step: practicing how to make a habit for a lifetime. Broken into topical sections, you are encouraged to learn at your own pace and areas of interest. Scripture study is central to growing in your health, so several references and ample space is provided to write what God teaches you. Whether you are starting your health journey for the first time or the fiftieth time, you will find your footing here. If you are ready for the health and energy you need to accomplish your God-given dreams, if you want to find your unique path and fulfill your potential, then it is time to Go Forward! Walt Johnson has been a rolling stone most of his life, moving from town to town and living on the edges of homelessness. Now he has run out of time as lung cancer has left him only months to live. Walt then begins a quest to find the son with whom he lost contact decades earlier. Out of money, he lands a job at a small-town restaurant in an attempt to save enough to buy a bus ticket to the last known whereabouts of his son. The friends Walt makes at his new job soon become family for him, especially 14-year-old Danny who is emotionally paralyzed at the loss of his own father in Iraq. Faced with Danny's struggles to grow up and the struggles of his other new friends, Walt comes to realize he is not only on a journey to find his own son, but he is on a journey to find himself worthy of being a father.

The Lord told Deborah and Karriem to develop a 356 Day Daily Devotional. Led by the Holy Spirit each day we would read a scripture from the Bible and then would expound on the scripture in reference to what the Lord was saying to us. When his revelation is revealed there is a comfort that is given to the person. We believe that you shall be blessed by going through the journey we went through everyday. We believe that the scriptures and revelation shall jump off the page and resonate in your heart.

ARE YOU READY TO COMPLETELY CHANGE YOUR LIFE AND OBTAIN THE HEALTHIEST, HAPPIEST LIFE POSSIBLE? My name is Andrea and it is my job to make sure YOU live the healthiest life possible so that you can enjoy every moment you have on this planet without wasting your time, losing your energy, or falling into a negative, downward spiral. Come with me now and let's take this journey together. Are you tired of... Constant low energy levels? Poor performance at work? Intermittent bouts of depression? Periodic weight gain? The feeling of being in a downward spiral in your life, health and career that just keeps getting worse? Confusion about what exercises to perform at the gym to boost mood, energy levels and burn calories? 30 Days to Amazing Health is a month-long program to revitalize your health and wellness, using a combination of holistic healing ideas, exercise techniques and cutting edge dietary principles so that you can pull your life, health, and desires in life to the forefront with powerful new strategies from a veteran life and fitness coach. The foundation of 30 Days is the concept of negative and positive vortices. What causes people's lives to enter "downward spirals"? This is what we have to avoid in life, and whether through meditation techniques, positive psychology, or simply disciplining yourself to get out of bed and get active, the secret to leading a healthy life involves making sure that you stay in an upward momentum. Do you know how to do this? It's one of the keys to a life of vitality versus a life of despair, so you cannot neglect this - it's even more important than exercise and nutrition! By combining topics: from meditation, to the raw food diet, to anaerobic exercise, to understanding how we think on a day-to-day basis, this is

hopefully the ultimate action-plan for anyone who wants to turn their life around. It's time to implement a program that sees the BIG PICTURE - how to become healthy takes an action plan that incorporate MIND and BODY. I am going to teach you how. Some of the topics you will learn about: How negative vortices may be keeping you unhealthy. A simple holistic technique (getting back in touch with nature) to revitalize yourself. The importance of B vitamins and folic acid, and reintroducing them into your diet. Diet plans and how to overhaul your diet. How to recover from years of bad eating habits. The benefits of the raw food diet and how to get started on one. The essential fruits and vegetables for a raw food diet. Extremely important exercise motivation to help you get started on the ultimate fitness plan. The importance of anaerobic exercise and why it's probably the best choice for your life. An in-depth tutorial of anaerobic exercises you can perform at the gym or at home. How negative thinking is keeping you unhealthy and an action plan to overcome such thoughts. The amazing power of the placebo and nocebo effects. The secrets to succeed at your health goals and the types of inner-personalities we have. And a Lot More Download a Copy Today! Let's begin working together. For the price of a couple of cups of coffee I am offering myself as your coach, and I'm always available on e-mail to help you personally, as well!

An Urban Tale...Detective Bronson (aka DB) & his partner Detective Mitchell are lead detectives in Washington, D.C.'s Homicide Division. In one month they come across several murders that are linked together in more ways than one. Meanwhile Bleek (aka DaJuan), Detective Bronson's son, is a decent student and a star athlete. The absence of his deceased mother, and a father who's consumed by his career & new love interest, is slowly changing his life. So he clings to his closest friends, and his girlfriend Tykia for love & sense of family. An unexpected twist turns the case upside down & leaves Detective Bronson with one of the toughest choices in his life.

Each day this book is focused on encouraging you to become the best version of yourself. The author Shantal Cole was tired of looking to others for support and decided to learn how to become her own cheerleader. Through this process she wrote down everything she wanted to hear at some of the highest and lowest moments of her life. It was through this daily encouragement she found a strong inner confidence. She now shares with the world the quotes that forever changed her life, hoping it will also motivate and encourage others.

Upton Sinclair, one of America's foremost and most prolific authors, addresses the cultivation of the mind and the body in this 1922 volume. Sinclair's goal was to attempt to tell the reader how to live, how to find health, happiness and success, and how to develop fully both the mind and the body. Part One: The Book of the Mind covers such subjects as faith, reason, morality, and the subconscious. Part Two: The Book of the Body develops such subjects as errors in diet, the fasting cure, food and poisons, work and play, and diseases and their cures .

We all want our life to change for the better. These 366 inspirational daily devotionals were written for that purpose. You will notice that the date coincides with the chosen scripture. For example, the scripture for February 7 (2/7) is Proverbs 2:7. The Scripture for February 8 (2/8) is Genesis 2:8. They were written to be a guide for the rest of the day. If you prefer to read them at night, just read the devotional for the next day. These inspirational messages have endured the test of time. They have been sent on a daily basis for some ten years to around 30,000 people worldwide over the internet. While the author plans to continue this practice, some people prefer to have them all together in book format since the internet is not always available or convenient. God bless you and God bless us all on our journey day by date to arrive some day in the future at our Glory Home.

Draws a blueprint for maintaining physical well-being by creating a healthy attitude toward the disappointments and pleasures of daily life.

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Maggie Whitaker decides to forego college to work in her family-run jewelry shop. She becomes entangled with a mysterious John Doe.

A 365+ Day Biblical Devotional After 15 years of attending a Men's Bible study with my friends Wheeler and Paul, I decided to do an independent study of my own. I spend an hour each morning investigating real, tough, modern day biblical questions. After I get done, I try to distill the answers into a "Bible Minute" with a short introduction of the topic, a Bible verse or two or three and a short conclusion. I began posting these Bible Minutes on my Facebook page and before long I began to see true miracles. I heard stories of conversions, breakthroughs and restoration of relationships as a result of my studies. Make no mistake; I'm an average guy who just likes reading the Bible. I attended Bible College but after less than a year, I decided that my true calling was being a chiropractor so I'm no biblical scholar. I hope that my compiling the many studies I have done over the last few years and creating this book helps heal your soul, brings you closer to God, and allows you to grow a deeper relationship with Jesus. It is my prayer that this book provides the manna for your spirit, sets your soul free and becomes a true blessing in your life and in the lives of the people you gift this book to. In Health and Faith, Jay Donkey wants nothing more in life than to serve the king, but right now he's stuck in the boring job of trekking his master's goods to market each day. Although he does it humbly, he hopes it's not what he's meant to do. Each day he meets other animals living out their dreams and doing great things. However, Donkey tries not to compare himself to the other animals. He longs to do what he believes he was created to do: serve the king. But with the other animals teasing him, and his own fears of being let down by his big dreams, something needs to change--or else Donkey will lose his hope forever.

HOT ON AMAZON! Word Search 365 Puzzles Books Games Word. Easy Games.

One day I woke up and realized that I had been lost for quite some time. I had got comfortable with how life was treating me. I no longer cared about how I presented myself, stuck between life and death, you know Purgatory. The real me had left long ago and the figure that I saw before me was just a shell that protects me until I could be found again. I had everything a woman could ask for and more yet somehow and somehow I forgot about myself and ended up in the purgatory of living. When I had my epiphany, I discovered some things that I should have seen all along but was too busy allowing life to consume me that I didn't care to pay attention. You know, taking care of kids, husband, family, work, friends and oh yeah, then me if I'm not too tired.... Me! One day I found myself on the outside of the milk carton... Lost, hanging in the purgatory of living. It was the shock of my life yet not a shock for everyone else. Most often others can see what's going on in your life even when you cannot (or you think you do). Don't let that to happen to you or to allow it to continue. You can step out of the purgatory of living and into a new beginning. It could be easier than you think it is. For me... I have some changing to do and the changing can only be done by me for me. I cannot change you or the rest of the world but we can help each other with the process of changing for the better.... TOGETHER! And look who we shall find! (You and me too) Let's begin... how did I lose myself?

"A rich, sensual, bewitching adventure of good vs. evil with love as the prize." ~Publisher's Weekly on ETERNITY 300 years ago, Raven St. James was hanged for witchcraft. But she revives among the dead to find herself alive. She is an Immortal High Witch, one of the light. A note from her mother warns that there are others, those of the Dark, who preserve their own lives by taking the hearts of those like her. Duncan Wallace's forbidden love for the secretive lass costs him his life. 300 years later, he loves her again, tormented by hazy memories of a past that can't be real. She tells him of another lifetime, claims to be immortal. Though he knows she's deluded, he can't stay away. And the Dark Witch after her heart is far closer than either of them know. If you liked the TV Series HIGHLANDER, you will LOVE this series. Don't miss Book 2, INFINITY. "A hauntingly beautiful story of a love that endures through time itself." ~New York Times Bestselling Author,

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Kay Hooper “This captivating story of a love that reaches across the centuries, becomes as immortal as the lover’s themselves, resonates with timeless passion, powerful magic, and haunting heartbreak.” ~BN.com’s official review

Ride the hilarious roller coaster with Glen Stanford as he follows Steve Scott's plan in "How to Write a Nonfiction e-Book in 21 Days " Not one to let the writing process cramp his style, this ukulele-playing bluegrass-singing YouTube sensation (32 views and counting) juggles his new-found fame with astonishing persistence to produce not one, but two works of genius. This is the true story. The (secret) recipe for success: Writer's buzz - 1oz Sleepless nights - 2oz Tenacity (and beer) - 7 (units left deliberately vague) Irreverence and political incorrectness - to taste Espresso - administered intravenously - 55 gal Pizza (1/2 pepperoni, 1/2 mushroom) - 37 slices Humility - a whole bunch Blend and enjoy.

The sexy and deeply romantic internationally bestselling novel that inspired the blockbuster Netflix movie. Laura Biel and her boyfriend are on a dream vacation in beautiful Sicily. On the second day of their trip, her twenty-ninth birthday, she is kidnapped. Her kidnapper is none other than the head of a powerful Sicilian crime family, the incredibly handsome, young Don - Massimo Toricelli, who is determined to possess her at all cost. Massimo has his reasons. During an earlier attempt on his life, a vision appeared before his eyes: a beautiful woman, identical to Laura. After surviving the attack, he vows that he will find the woman in his vision and make her his own. No matter what. For 365 days, Massimo will keep Laura captive in his palatial estate and attempt to win her heart. If she doesn't fall in love with him during this time, he will let her go. But if she tries to escape at any point, he will track her down and kill her entire family. Soon Laura develops a fascination with her handsome and powerful captor. But as a precarious, risky relationship forms between them, forces outside their control threaten to tear them apart . . .

Over 13 million people have read the #1 New York Times bestseller Wonder— now, the wonder returns with a companion book of life lessons and inspiration from Auggie's favorite teacher—perfect for back to school! Based on the book that inspired the Choose Kind movement and a major motion picture, readers will fall in love all over again with Auggie Pullman, an ordinary boy with an extraordinary face. And don't miss R.J. Palacio's highly anticipated new novel, Pony, available now! In Wonder, readers were introduced to memorable English teacher Mr. Browne and his love of precepts. This companion book features conversations between Mr. Browne and Auggie, Julian, Summer, Jack Will, and others, giving readers a special peek at their lives after Wonder ends. Mr. Browne's essays and correspondence are rounded out by a precept for each day of the year—drawn from popular songs to children’s books to inscriptions on Egyptian tombstones to fortune cookies. His selections celebrate the goodness of human beings, the strength of people’s hearts, and the power of people’s wills. There’s something for everyone here, with words of wisdom from such noteworthy people as Anne Frank, Martin Luther King Jr., Confucius, Goethe, Sappho—and over 100 readers of Wonder who sent R. J. Palacio their own precepts.

Thank you very much for getting started with this book! You are reading this now because I hope you have the chance to feel the love, peace, and joy I feel. If you read one chapter each day, you might be amazed before you are halfway through! You get 28 chapters in this book designed to be read one day at a time in the morning, throughout the day, or at night. I do this myself each day and share in my voice what I am learning in my daily journey of being the best person I can be today. Here are the titles for the 28 chapters in this book. From reading these, you can get a great idea of what this book will help you with! 1. Amazing things happen in appreciating the now. 2. How to thrive by taking your own advice. 3. Are you praying for help? You will receive it. 4. How to deal with uncertainty when you don't know. 5. Take your pick: choosing to be happy or sad. 6. How to take responsibility for your emotions and thrive. 7. How to tackle your problems right now. 8. Achieving

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happiness with positive affirmations every day. 9. Feeling tired? Create an uplifting daily self-care routine. 10. What could you gain from slowing down life? 11. How to continue consistent persistence every day. 12. Do you appreciate what you have today? 13. The benefits of sharing problems with others. 14. One easy solution to improving your mood. 15. How a daily prayer affirmation can improve your life. 16. Reality in the downside of wishful thinking. 17. You do make a unique impact in life. 18. Time travel is real - go backwards or forwards in time to appreciate now. 19. How can I love the people already in my life? 20. The key to overcoming fear with faith. 21. How to enjoy the journey as much as the destination. 22. Happiness challenge: how to master your mindfulness while sick. 23. Gaining peace in accepting your circumstances. 24. Perfect positioning: the right place at the right time in life. 25. How to treat emotional pain by eliminating physical pain. 26. Getting things done: how to get started on your goals. 27. How to simplify your lifestyle and have more than before. 28. How to be optimistic about death. Thank you for reading this book and I hope you enjoy it as much as I did creating it! Sincerely, Jerry Banfield

Prisoner of the Mind - Spiritual Self-Improvement Personal Development We have the largest prison population in the world in America today, but how many men and women were locked up in their minds before they got to prison? Prisoner of the Mind by Jeff Hairston is much more than a self improvement book- it's a personal development tool that can help you overcome your fears and FINALLY live your life as God intended. "Prisoner of the Mind" by Jeff Hairston is a thought provoking book aimed at helping you find a spiritual balance in life and to break free of the prison of negative thoughts and emotions that your mind has created over the years. Jeff artfully guides you through the many aspects of life that plague our minds today intertwining important lessons with examples from his own life story. Fear is one of the most important emotions when experienced in the right way. It can help us in life threatening situations by keeping our mind on high alert. but what happens when fear comes into contact with the ego? That very same fear that is there to save you can also stop you from living a normal, healthy life -and in some cases even kill you! It's all about using the fear to your advantage and being consistent and persistent against it. Many of the issues plaguing our mind are created by past life events that are left unresolved. "Prisoner of the Mind" asks the important spiritual questions and expertly tackles negative personal issues to help you better understand and overcome the prison that your own mind had created. Break free from the personal prison that your own mind created - order your copy of "Prisoner of the Mind" by Jeff Hairston today!

A time to reflect on my seventy years of life. Maybe some folks will be interested in my life and the folks I have met, or maybe not. This is a non-traditional memoir, filled with alphabetical vignettes not chronological ones. I have made a foray into fiction with an asterisk: in those cases where I have marked the vignette as fictional, it might be 100 percent not true, but in many cases I knew of, was part of, or heard from others about the story itself. At any rate, the entire book is my recollection of things past, and as in all recollections, the more distant the memory the clearer the details.

National Book Award Finalist: The Vietnam War as seen through the eyes of an army doctor—"a book of great emotional impact" (The New York Times). In 1968, as a serviceman in the Vietnam War, Dr. Ronald Glasser was sent to Japan to work at the US Army hospital at Camp Zama. It was the only general army hospital in Japan, and though Glasser was initially charged with tending to the children of officers and government officials, he was soon caught up in the waves of casualties that poured in from every Vietnam front. Thousands of soldiers arrived each month, demanding the help of every physician within reach. In 365 Days, Glasser reveals a candid and shocking account of that harrowing experience. He gives voice to seventeen of his patients, wounded men counting down the days until they return home. Their stories bring to life a world of incredible bravery and suffering, one where "the young are suddenly left alone to take care of the young." An

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instant classic of war literature, *365 Days* is a remarkable, ground-level account of Vietnam's human toll.

He was famous for telling stories. He could always make the story interesting. He had a way of seeing the best or funniest of every situation. He wrote down over 180 of his best stories in his last few years for all his family and friends. You will laugh, and relate to the stories of childhood, school years, and growing up during the depression. From his northern New Jersey, small town home he shares what it was like growing up in the 20's and 30's. From logging to working with horses, the stories provide a great view of the life style from that time period. Enjoy 20 limited-detail illustrations, designed for those who would rather keep it simple. Each page was hand-drawn and edited by K J Kraemer, with you in mind. If you don't want to spend days on a project or just want room to get creative, this adult coloring book is for you! *The Pink Pelican* is the story of a young man's obsessive journey to Crete trying to win back a lost love and falling into himself. This book also contains a collection of stories and poetry about death, dreams and clowns.

For every minute you are happiness with this quotes book. Well look no further than this third Master Collection of inspiring quotes from the world's most famous people from best-selling author. Keep it for Men Women and you.

As Ruben Wells kneels with a gun pointed at his head all he can do is reflect on the life he spoiled. What has led him here? Was it his willingness to always try to do the right thing that has him staring at the barrel of a gun? Or was that he was too much of a people pleaser having a hard time saying no that has led to him begging for his life? Every thing begins and ends with a choice. The moment a choice is made it only takes a second for a life to change. Ruben made a choice to initiate a relationship with the alluring Bianca Jones. She makes heads turn and every man's dream. She is beautiful as a gazelle, but as dangerous as a lioness, as she's unavailable due to being unhappily married with children. Being married doesn't keep her from wanting to pursue Ruben as well as being pursued by him. Getting involved with Bianca changes Ruben's life in ways he never could have imagined. Choices are a gift constantly given to everyone. The choices made lead to different paths. We all have to choose this day what we're going to do with our own lives not knowing what the end result will be. What kind of impact will Ruben's choices have on his life?

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Sometimes an ordinary day needs a little glitter. Andy Cohen has made a career, and a life, out of making the ordinary extraordinary. The inspiration for this fabulous, over-the-top view of the world has always come from the incredible women (from his mother to Madonna) he loves. In *Glitter Every Day* Andy shares his most beloved words of daily inspiration, affirmation, and (just enough) intoxication from those lovely ladies to make any ordinary day shine bright. Andy not only gathers 365 sayings and quotes from the icons, thought leaders, *Real Housewives* and legendary celebs that fuel his fun, he writes about the people and experiences that have made him live one of the most joyous lives that any little boy growing up in St. Louis could dream of so that you can, too. And like Andy himself, *Glitter Every Day* is irresistible, infusing your day with a laugh, a pep talk and a shot(ski) of fun. So pour a drink, put on your heels, and always remember to let yourself shine.

Molinar's *Diamond* is an adventure that starts in the desert city of EL Paso, Texas. Suddenly it thrusts readers into a tumultuous journey of wild and untamed Africa. Back in scorching Texas the roller coaster ride of life continues.

Brand alchemist, prime minister whisperer and shadow trend tweaker, Jones Byrne did his best contract work remotely, hidden in the seams of his upstate New York factory loft. But one mystery client has made an irresistible offer that will pull him back into the

light, and force him to face his greatest failure: his degenerate expat past life in Tokyo. He had barely escaped, just a year ago, before everything flipped upside down and Japan dropped a veil over its largely depopulated, earthquake-scarred cities, cutting off all contact with the outside world. That's around the time the rumors began. They said that Tokyo had returned to its dark, old ways. But this time, warped and infected by the pharmacological and technological graffiti of 2043. This version of Tokyo was a place no foreigner had been unfortunate enough to lay eyes upon. Until now. Byrne's mystery client promised to make him well and truly wealthy, for just one day's work. Just one day. But this will be the hardest day's work of Byrne's life, if he can make it out of Tokyo alive.

Chase Brown has it all...he's wealthy, owns three of the hottest night clubs in New York City and he's boyishly handsome. Chase's rise to the top hasn't been easy and memories of his mother's murder, as she died in his arms when he was only twelve years old, still haunt him. These memories birth Smoke, his monstrous alter ego, who is psychotic and very dangerous. Chase and his younger brother Corey are close; so close that his older brother, Cyrus, uses emotional blackmail to make Chase carry out his deceitful and murderous deeds. While attempting to bury Smoke and break free from his brother's spell, Chase meets the beautiful Bliss Riley. They fall madly in love but there is only one problem...Bliss isn't aware of Chase's murderous appetite and the demon that lives inside of the man she loves. Will Chase be able to bury his demons for good and live happily ever after with the woman of his dreams or will Smoke take Chase and Bliss on a journey that will leave dead bodies throughout the city of New York? Only time will tell!

An inspirational and handy book of consciousness and love. Bring it with you on your daily journey for happiness everywhere you go.

A book about the life and time of a preacher's kid who goes through life lost, even though she has grown up in church. Church is not really what she focused on throughout life. As a girl, I paid more attention to all the boys. As a woman had struggled with drugs, men, more drugs and all kinds of non-spiritual things that were not of God. In the end, it all comes to a climatic end with abuse, betrayal and a way of escape at the cost of almost losing her daughter.

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