

How Do We Fix This Mess The Economic Price Of Having It All And The Route To Lasting Prosperity

"A brilliant, riveting, funny, terrifying journey into the beating heart of Trumpland." —Liza Mundy, author of *Code Girls* In this daring work of immersive journalism, based on hundreds of hours of reporting, Carl Hoffman journeys deep inside Donald Trump's rallies, seeking to understand the strange and powerful tribe that forms the president's base. Hoffman, who has written about the most dangerous and remote corners of the world, pierced this alternate society, welcomed in and initiated into its rites and upside-down beliefs, and finally ushered to its inner sanctum. Equally freewheeling and profound, *Liar's Circus* tracks the MAGA faithful across five thousand miles of the American heartland during a crucial arc of the Trump presidency stretching from the impeachment saga to the dawn of the coronavirus pandemic that ended the rallies as we know it. Trump's rallies are a singular and defining force in American history—a kind of Rosetta stone to understanding the Age of Trump. Yet while much remarked upon, they are, in fact, little examined, with the focus almost always on Trump's latest outrageous statement. But who are the tens of thousands of people who fill these arenas? What do they see in Trump? And what curious alchemy—between president and adoring crowd—happens there that might explain Trump's rise and powerful hold over both his base and the GOP? To those on the left, the rallies are a Black Mass of American politics at which Trump plays high priest, recklessly summoning the darkest forces within the nation. To the MAGA faithful, the rallies are a form of pilgrimage, a joyous ceremony that like all rituals binds people together and makes them feel a part of something bigger than themselves. Both sides would acknowledge that this traveling roadshow is the pressurized, combustible core of Trump's political power, a meeting of the faithful where Trump is unshackled and his rhetoric reaches its most extreme, with downstream consequences for the rest of the nation. To date, no reporter has sought to understand the rallies as a sociological phenomenon examined from the bottom up. Hoffman has done just this. He has stood in line for more than 170 hours with Trump's most ardent superfans and joined them at the very front row; he has traveled from Minnesota to Texas, Louisiana, Mississippi, and New Hampshire immersing himself in their culture. *Liar's Circus* is a revelatory portrait of Trump's America, from one of our most intrepid journalists.

The former special assistant for legislative affairs to President Clinton, president of the American Constitution Society, and author of the "damn fine" (*Elle*) *Under the Bus* shows how the left can undo the right's damage and take the country back. Despite representing the beliefs of a minority of the American public on many issues, conservatives are in power not just in Washington, DC, but also in state capitals and courtrooms across the country. They got there because, while progressives fought to death over the nuances of policy and to bring attention to specific issues, conservatives focused on simply gaining power by gaming our democracy. They understood that policy follows power, not the other way around. Now, in a sensational new book, Caroline Fredrickson—who has had a front-row seat on the political drama in DC for decades while working to shape progressive policies as special assistant for legislative affairs to President Clinton, chief of staff to Senator Maria Cantwell, deputy chief of staff to Senator Tom Daschle, and president of the American Constitution Society—argues that it's time for progressives to focus on winning. She shows us how we can learn from the right by having the determination to focus on judicial elections, state power, and voter laws without stooping to their dishonest, rule-breaking tactics. We must be ruthless in thinking through how work to change the rules of the game to regain power, expand the franchise, end voter suppression, win judicial elections, and fight for transparency and fairness in our political system, and Fredrickson shows us how.

Winner of the 2021 Rachel Carson Environmental Book Award Winner of the 2021 Maine Literary Award for Nonfiction Finalist for the 2020 National Book Critics John Leonard Prize for Best First Book Finalist for the 2021 New England Society Book Award Finalist for the 2021 New England Independent Booksellers Association Award A New York Times Editors' Choice and Chicago Tribune top book for 2020 "Mill Town is the book of a lifetime; a deep-drilling, quick-moving, heartbreaking story. Scathing and tender, it lifts often into poetry, but comes down hard when it must. Through it all runs the river: sluggish, ancient, dangerous, freighted with America's sins." —Robert Macfarlane, author of *Underland* Kerri Arsenault grew up in the small, rural town of Mexico, Maine, where for over 100 years the community orbited around a paper mill that provided jobs for nearly everyone in town, including three generations of her family. Kerri had a happy childhood, but years after she moved away, she realized the price she paid for that childhood. The price everyone paid. The mill, while providing the social and economic cohesion for the community, also contributed to its demise. *Mill Town* is a book of narrative nonfiction, investigative memoir, and cultural criticism that illuminates the rise and collapse of the working-class, the hazards of loving and leaving home, and the ambiguous nature of toxics and disease with the central question; Who or what are we willing to sacrifice for our own survival?

When the 10 largest corporations have more combined economic power than 92% of all countries on Earth combined, the 50 largest financial corporations control wealth equal to 90% of Earth's GDP, the richest 1% of humans have more wealth than 99% of the world combined, and the eight richest humans have more wealth than the bottom 50% of Earth's entire population combined . . . it's safe to say humanity is in trouble. This is the only book you ever need to read to understand exactly what is wrong with our global economy today and how to fix it. Written by International Political Economy expert and former U.S. Government Intelligence operative, Ferris Eanfar. All proceeds go to the nonprofit, nonpartisan AngelPay Foundation.

Modern attacks routinely breach SCADA networks that are defended to IT standards. This is unacceptable. Defense in depth has failed us. In ""SCADA Security"" Ginter describes this failure and describes an alternative. Strong SCADA security is possible, practical, and cheaper than failed, IT-centric, defense-in-depth. While nothing can be completely secure, we decide how high to set the bar for our attackers. For important SCADA systems, effective attacks should always be ruinously expensive and difficult. We can and should defend our SCADA systems so thoroughly that even our most resourceful enemies tear their hair out and curse the names of our SCADA systems' designers.

". . . readers will count on *Popular Mechanics'* advice." —Booklist (starred review) For any home repair, big or small, homeowners can turn to this practical and portable reference. Got a squeaky floor or a rattling door? Is your grout a color you don't recognize anymore? From quick fixes like linking broken chains and patching drywall to more involved projects like replacing a fuel line and bleeding your brakes, *Popular Mechanics How to Fix Anything* is the handy and reliable go-to guide for the most common household problems offering a primer on plumbing, unexpected hacks like using a golf tee to fill a stripped screw hole, instructions for tuning up the garage door, and so much more. Throughout the book Roy Berendsohn, *Popular Mechanics'* senior home editor, answers questions about the trickiest fix-its, including how to deal with a recurring ceiling cracks or get rid of that stench from the

kitchen sink.. And because it's organized room by room, from basement to bathroom to bedroom, it's simple to find the solution you need—so you won't have to hire someone else to do the job.

An instant #1 New York Times bestseller. The definitive behind-the-scenes story of Trump's final year in office, by Phil Rucker and Carol Leonnig, the Pulitzer-Prize winning reporters and authors of *A Very Stable Genius*. "Chilling." – Anderson Cooper "Jaw-dropping." – John Berman "Shocking." – John Heilemann "Explosive." – Hallie Jackson "Blockbuster new reporting." – Nicolle Wallace "Bracing new revelations." – Brian Williams "Bombshell reporting." – David Muir The true story of what took place in Donald Trump's White House during a disastrous 2020 has never before been told in full. What was really going on around the president, as the government failed to contain the coronavirus and over half a million Americans perished? Who was influencing Trump after he refused to concede an election he had clearly lost and spread lies about election fraud? To answer these questions, Phil Rucker and Carol Leonnig reveal a dysfunctional and bumbling presidency's inner workings in unprecedented, stunning detail. Focused on Trump and the key players around him—the doctors, generals, senior advisers, and Trump family members— Rucker and Leonnig provide a forensic account of the most devastating year in a presidency like no other. Their sources were in the room as time and time again Trump put his personal gain ahead of the good of the country. These witnesses to history tell the story of him longing to deploy the military to the streets of American cities to crush the protest movement in the wake of the killing of George Floyd, all to bolster his image of strength ahead of the election. These sources saw firsthand his refusal to take the threat of the coronavirus seriously—even to the point of allowing himself and those around him to be infected. This is a story of a nation sabotaged—economically, medically, and politically—by its own leader, culminating with a groundbreaking, minute-by-minute account of exactly what went on in the Capitol building on January 6, as Trump's supporters so easily breached the most sacred halls of American democracy, and how the president reacted. With unparalleled access, Rucker and Leonnig explain and expose exactly who enabled—and who foiled—Trump as he sought desperately to cling to power. A classic and heart-racing work of investigative reporting, this book is destined to be read and studied by citizens and historians alike for decades to come.

Dissatisfaction with the American government is at an all-time high. There are lots of good ideas on policy changes that could make a measurable impact. But these all overlook one crucial fact: America has lost the structural ability to consistently deliver effective policy because of the decay in the system itself. Bad government can't be counted on to pass good laws. For all the great ideas and debate on issues like health care, immigration, taxes, defense, foreign policy and climate change, it's the system itself that needs rehabilitation. In 'How to Fix America, ' Phillip A. Barlag proposes a simple and elegant solution to modify the system from within. It's innovation, not revolution, that's required to take the best of the American system of government and build on a foundation that was laid with the ratification of the Constitution 225 years ago. In this neutral and balanced book, Barlag offers a radical call to moderation and civility, and offers an innovative but pragmatic way to reconnect elected officials with the people they are supposed to serve. For anyone interested in politics, American history or current affairs, this fast-paced book is a can't-miss. With the help of this manual you'll soon be repairing kitchen and garden appliances, plumbing, furniture, even cameras and radios like a pro! Over 150,000 sold copies are testimonies to this title's lasting success. Over 300 diagrams and illustrations.

We all want to be happier, more successful and less stressed, but what really works? From improving creativity to building confidence, self-care to self-esteem, forming better habits and feeling happier, *Fix Your Life* debunks the fads and explores the real science of self-help. Can you learn to make better decisions? Or break bad habits and form new ones? What should you eat to feel happier? How do you learn a skill faster? Does mindfulness really work? Dispelling mental health myths and self-help fads, here is the truth about meditation, making smarter choices, addiction, CBT, Tai Chi, success, diet, healthy relationships, anxiety, antidepressants, intelligence, willpower and much more. Full of the latest research and ground-breaking evidence, packed with useful advice, this book really could fix your life.

A reader-friendly explanation of the need to restore limited government and other American founding values.

Imagine if we treated broken hearts with the same respect and concern we have for broken arms? Psychologist Guy Winch urges us to rethink the way we deal with emotional pain, offering warm, wise, and witty advice for the broken-hearted. Real heartbreak is unmistakable. We think of nothing else. We feel nothing else. We care about nothing else. Yet while we wouldn't expect someone to return to daily activities immediately after suffering a broken limb, heartbroken people are expected to function normally in their lives, despite the emotional pain they feel. Now psychologist Guy Winch imagines how different things would be if we paid more attention to this unique emotion—if only we can understand how heartbreak works, we can begin to fix it. Through compelling research and new scientific studies, Winch reveals how and why heartbreak impacts our brain and our behavior in dramatic and unexpected ways, regardless of our age. Emotional pain lowers our ability to reason, to think creatively, to problem solve, and to function at our best. In *How to Fix a Broken Heart* he focuses on two types of emotional pain—romantic heartbreak and the heartbreak that results from the loss of a cherished pet. These experiences are both accompanied by severe grief responses, yet they are not deemed as important as, for example, a formal divorce or the loss of a close relative. As a result, we are often deprived of the recognition, support, and compassion afforded to those whose heartbreak is considered more significant. Our heart might be broken, but we do not have to break with it. Winch reveals that recovering from heartbreak always starts with a decision, a determination to move on when our mind is fighting to keep us stuck. We can take control of our lives and our minds and put ourselves on the path to healing. Winch offers a toolkit on how to handle and cope with a broken heart and how to, eventually, move on.

The term "technological fix" should mean a fix provided by technology--a solution for all of our problems, from medicine and food production to the environment and business. Instead, technological fix has come to mean a cheap, quick fix using inappropriate technology that usually creates more problems than it solves. This collection sets out the distinction between a technological fix and a true technological solution. Bringing together scholars from a variety of disciplines, the essays trace the technological fix as it has appeared throughout the twentieth century. Addressing such "fixes" as artificial hearts, industrial agriculture and climate engineering, these essays examine our need to turn to technology for

solutions to all of our problems.

This book provides an array of concise solutions to the wide variety of problems that are faced by postproduction artists in the post process. With an application-agnostic approach, it gives proven, step-by-step methods to solving the most frequently encountered postproduction problems. Also included is access to a free, password-protected website that features application-specific resolutions to the problems presented, with fixes for working in Apple's Final Cut Studio suite, Avid's Media Composer, Adobe Premiere Pro, as well as other applications. Lessons are enhanced through eye-catching 4 color illustrations throughout. Solutions are provided for common audio, video, digital, editorial, color, timing and compositing problems, such as, but not limited to: * automated dialogue replacement, adjusting sync, and correcting pitch * turning SD into HD (and vice-versa) and restoration of old film for video * removing duplicate frames, repairing corrupt frames, and anti-aliasing * maintaining continuity, removing soft cuts, and troubleshooting timecodes * adding vignettes, removing color casts, and legalizing color * speeding shots up or slowing shots down, and smoothing timelapse * reframing shots, sky replacement, and object addition or removal The book is presented in a "cookbook" format, allowing you to reference your exact problem in the TOC or index, go to that section, and immediately implement the solution featured.

In "The ADHD Fix," father and son authors Dr. Henry and Joshua Svec discuss their professional and personal experience with ADHD, addressing myths and testifying to the underlying potential in every diagnosis. Dr. Henry Svec has spent the past twenty years helping children and adults with ADHD achieve success by developing tools and strategies to overcome associated obstacles. The victories of his son Joshua vouch for the effectiveness of the strategies disclosed in this book, which includes a chapter dedicated to Joshua's experiences growing up with ADHD. ADHD is a bit like the Niagara River: often out of control, unpredictable, and has a lot of energy. It's not until you see the hydro electric dam that you realize the gifts of that river. The same can be said of ADHD; it's not until you break down the brick wall of trials and tribulations, that you discover that ADHD comes with its own unique gifts and doesn't have to be an impediment to success. With the right strategies, ADHD can be a pillar of strength and a fount of otherwise unknown abilities. More than 550 step-by-step instructions for everything from fixing a faucet to removing mystery stains to curing a hangover.

From Mike Michalowicz, the author of PROFIT FIRST, CLOCKWORK, and THE PUMPKIN PLAN, comes the ultimate diagnostic tool for every entrepreneur. The biggest problem entrepreneurs have is that they don't know what their biggest problem is. If you find yourself trapped between stagnating sales, staff turnover, and unhappy customers, what do you fix first? Every issue seems urgent -- but there's no way to address all of them at once. The result? A business that continues to go in endless circles putting out urgent fires and prioritizing the wrong things. Fortunately, Mike Michalowicz has a simple system to help you eradicate these frustrations and get your business moving forward, fast. Mike himself has lived through the struggles and countless distractions of entrepreneurship, and devoted years to finding a simple way to pinpoint exactly where to direct attention for rapid growth. He figured out that every business has a hierarchy of needs, and if you can understand where you are in that hierarchy, you can identify what needs immediate attention. Simply fix that one thing next, and your business will naturally and effortlessly level-up. Over the past decade, Mike has developed an ardent following for his funny, honest, and actionable insights told through the stories of real entrepreneurs. Now, Fix This Next offers a simple, unique, and wildly powerful business compass that has already helped hundreds of companies get to the next level, and will do the same for you. Immediately.

'Robert Peston's compelling account of global financial meltdown is a must-read.' Observer What can we learn from the 2008 recession? ITV's political editor explains the global economic mess and how to escape it - in his characteristically straightforward way. 'How do we fix this mess? I don't know. But don't stop reading now. Perhaps if we have a clearer understanding of what went wrong, we'll have a better idea of what needs to be done. This book is a map of what needs to be fixed.' The record-breaking unbroken growth between 1992 and 2008 wasn't the economic miracle that it seemed. It was based on a number of dangerous illusions - most notably that it didn't matter that the UK and US year after year consumed more than they earned. But we couldn't go on increasing our indebtedness forever. The financial crash of 2007/8 and the subsequent economic slump in much of the west was the moment when we realised we had borrowed more than we could afford to repay. So who got it wrong? Bankers, investors and regulators? And were they greedy, stupid or asleep? What was the role of government? And what part did we, as consumers, play in all this? How do we get through this difficult period of transition to a more sustainable economy, one based on investment and exports, rather than on borrowing and consumption? With the same probing lucidity he brought to Who Runs Britain? and WTF?, Robert Peston takes us step-by-step towards a common sense way to fix this mess.

What is Schizophrenia and How Can We Fix It? is an attempt to present a balanced overview of research and theory on the causes and treatment of schizophrenia. This work provides a comprehensive, up-to-date survey of contemporary theory and research on schizophrenia as well as the historical background of this mental illness. It also details the diagnostic issues, epidemiology, neurobiological research and psychopharmacology.

In the tradition of his internationally bestselling In Praise of Slow, and drawing on examples from the most progressive and successful leaders in business, politics, science and society, Carl Honoré brilliantly illuminates why the best way to face our problems might just be to take our time. If the high-flying fighter pilots of the RAF can own up to their mistakes, why can't the rest of us? Toyota was fantastically good at exposing its failings and correcting them, until it stopped, setting the company up for one of the most spectacular falls from grace in the history of the auto industry. BP couldn't bring itself to apologize for its catastrophic oil spill until the entire Gulf Coast of the United States was bearing the brunt of its technological shortcomings. Addicted as we might be to the quick fix--pills, crash diets or just diverting attention from things about to go wrong--the quick fix never really works. Trying to solve problems in a hurry, sticking on a plaster when surgery is needed, might deliver temporary relief, but only at the price of storing up worse trouble for later. For those looking for a fix that sticks, The Slow Fix will help us produce solutions in life and work that endure.

As a homeowner, it's good to know easy fixes you can do yourself, like tightening loose door hinges or getting rid of a garbage disposal stench that just won't go away. In this collection of articles from the pages of Popular Mechanics, you'll learn how to handle issues in any room in the house, garage, and yard as well as simple lessons in plumbing and electricity. -- adapted from back cover

Fixing American Politics: Solutions for the Media Age brings together original chapters from 34 noted scholars from two disciplines – political science and communication – asked to identify the most pressing problems facing the American people and how they can be solved. Authors address the questions succinctly and directly, with their favored solutions featured in chapter titles that exhort and inspire. The book gives the reader much to think about and debate. Should news outlets be funded with public money rather than by private enterprise? Are the new social media a boon or a bane to political elections? Is the American past dead, or is it living once again? Do churchgoers and environmentalists have anything to discuss? Is the FCC doing its job? Can political ads be made less toxic? Should Fox News be

"cancelled?" Should cancel cultures be cancelled? Can we become more civil to one another and, if so, how? Fixing American Politics poses all the best questions ... and offers some concrete answers as well. This book is perfect for students, citizens, the media, and anyone concerned with contemporary challenges to civic life and discourse today.

The fun and easy way to repair anything and everything around the house For anyone who's ever been frustrated by repair shop rip-offs, this guide shows how to troubleshoot and fix a wide range of household appliances—lamps, vacuum cleaners, washers, dryers, dishwashers, garbage disposals, blenders, radios, televisions, and even computers. Packed with step-by-step illustrations and easy-to-follow instructions, it's a must-have money-saver for the half of all homeowners who undertake do-it-yourself projects.

The adventures of Diana continue as her trouble magnet gets her in over her head and definitely out of her comfort zone in England. Little does Diana know, the family member she is trying to help is in her own conundrum. It will take all the skills of Ben and Scott, plus a few more, to get these ladies out of trouble.

From the bestselling author of Saving Capitalism and The Common Good, comes an urgent analysis of how the "rigged" systems of American politics and power operate, how this status quo came to be, and how average citizens can enact change. There is a mounting sense that our political-economic system is no longer working, but what is the core problem and how do we remedy it? With the characteristic clarity and passion that have made him a central civil voice, bestselling author of Saving Capitalism and The Common Good Robert B. Reich shows how wealth and power have combined to install an oligarchy and undermine democracy. Reich exposes the myths of meritocracy, national competitiveness, corporate social responsibility, the "free market," and the political "center," all of which are used by those at the top to divert attention from their takeover of the system and to justify their accumulation of even more wealth and power. In demystifying the current system, Reich reveals where power actually lies and how it is wielded, and invites us to reclaim power and remake the system for all.

In How to Fix a Factory, Rob Tracy shows there's always a way to fix the problem, once you know what the problem is. He draws on 30+ years of industry experience to guide you through a practical approach to create a fundamentally sound and healthy factory.

A 2021 YALSA EXCELLENCE IN NONFICTION FINALIST America is the greatest democracy in the world . . . isn't it? Author Elizabeth Rusch examines some of the more problematic aspects of our government but, more importantly, offers ways for young people to fix them. The political landscape has never been so tumultuous: issues with the electoral college, gerrymandering, voter suppression, and a lack of representation in the polls and in our leadership have led to Americans of all ages asking, How did we get here? The power to change lies with the citizens of this great country—especially teens! Rather than pointing fingers at people and political parties, You Call This Democracy? looks at flaws in the system—and offers a real way out of the mess we are in. Each chapter breaks down a different problem plaguing American democracy, exploring how it's undemocratic, offering possible solutions (with examples of real-life teens who have already started working toward them), and suggesting ways to effect change—starting NOW!

How Do We Fix This Mess? The Economic Price of Having it all, and the Route to Lasting ProsperityThe Economic Price of Having it all, and the Route to Lasting ProsperityHodder & Stoughton

Most of us want to be able to parent from a place of peace, no matter what is happening around us, no matter what struggles our children are having. Don't Fix Me I'm Not Broken, Changing Our Minds about Ourselves and Our Children takes us on a spiritual parenting journey to learn what it means to parent from love instead of fear.

We all know the bad news. Our economies are stagnant. Wages are flat and income inequality keeps rising. The Middle East is burning and extremism is spreading. Frightened voters are embracing populist outsiders and angry nationalists. And no wonder: we are living in an age of unprecedented, irreversible decline—or so we're constantly being told. Jonathan Tepperman's The Fix presents a very different picture. It identifies ten pervasive and seemingly impossible challenges—including immigration reform, economic stagnation, political gridlock, corruption, and Islamist extremism—and shows that, contrary to the general consensus, each has a solution, and not merely a hypothetical one. By taking a close look at overlooked success stories—from countries as diverse as Canada, Botswana, and Indonesia—Tepperman discovers practical advice for problem-solvers of all stripes, making a data-driven case for optimism in a time of crushing pessimism.

The one book that shows you how to fix anything anywhere in your home! There are a million things that can go wrong in your home. Faucets leak. Floorboards creak. Paint flakes. Chairs break. With How to Fix Absolutely Anything, you'll have step-by-step instructions to tackle even the most confounding repairs in your home, including: • Installing a toilet • Replacing the belts on your washer and dryer • Patching up a hole in the wall • Bringing a power adapter back to life • Re-covering chairs • Getting wax out of your carpet • And many more! From changing lightbulbs to fixing a kitchen cabinet hinge, How to Fix Absolutely Anything is a collection of the most indispensable advice and tips from people across the world who face the same problems you do. Hundreds of color photographs and easy-to-follow instructions make this book perfect for all levels of experience. It's a no-brainer for any homeowner, and the one gift to get any friend, family member, or loved one living on their own for the first time. Broke the microwave handle and don't know what to do? With How to Fix Absolutely Anything, the solution is only a few pages away.

The Population Fix invites you to view America through a new lens. It helps you connect the dots between America's environmental and societal problems and the nation's addiction to population growth. Is an America of one billion people the America you want to leave to future generations? The Population Fix invites you to find out.

A funny story about a boy, a robot, and a BIG, BIG mess! This Level D book is perfect for kindergarten readers. From the creator of the widely popular Fly Guy books! "Fix this mess!" Jake tells Robug. But Robug just makes things worse. Robug finally figures out how to fix the mess—but it's not what Jake expected. Tedd Arnold's illustrations of Robug's frantic efforts are laugh-out-loud funny, as Robug tries again and again to fix the mess—stirring up clouds of dust, old pizza boxes, and banana peels, and leaving Jake's cat more and more confused as he bounces from the couch to the top of the television. Fix This Mess! is an International Literacy Association-CBC Children's Choice The award-winning I Like to Read® series focuses on guided reading levels A through G, based upon Fountas and Pinnell standards. Acclaimed author-illustrators—including winners of Caldecott, Theodor Seuss Geisel, and Coretta Scott King honors—create original, high quality illustrations that support comprehension of simple text and are fun for kids to read with parents, teachers, or on their own! Suitable for late kindergarten readers, Level D books feature wider vocabulary, longer sentences, and greater variety in sentence structure than Levels A, B, and C. When Level D is mastered, follow up with Level E.

Internet entrepreneur Andrew Keen was among the earliest to write about the dangers that the Internet poses to our culture and

