

Holistic Aromatherapy For Animals A Comprehensive Guide To The Use Of Essential Oils And Hydrosols With Animals By Kristen Leigh Bell

Holistic Aromatherapy for Animals A Comprehensive Guide to the Use of Essential Oils & Hydrosols with Animals Findhorn Press

A comprehensive guide offering holistic health and aromatherapy education and recipes.

This book will help you learn all about overcoming allergies. Essential oils are becoming better known as an alternative treatment than mainstream medicine. With clinical studies currently underway in Europe, Australia, Japan, India, the United States, and Canada, many of these studies describe the remarkable healing properties of various oils. Here's What You'll Learn Blending and storing essential oils Safety precautions when using Essential Oils Most effective essential oils for allergies Remedies for common ailments that include: - Itchy Eyes - Eczema - Food Allergies - Hay Fever - Mold Allergies - Urticaria - Sinus Headache - Atopic Dermatitis Susan Scott, the author, survived a bleeding ulcer and was hospitalized for days after severe blood loss. She found the healing qualities of essential oils and discovered a whole new world."

Citing a rise in animal illnesses that are akin to human maladies, a guide to promoting animal health draws on evolutionary and species-specific insights to share recommendations for an animal companion's nutritional, emotional and physical needs.

The world of veterinary medicine is changing. People are realizing that if alternative medicine is better for them, it's better for their pets, too. Dogs are visiting acupuncturists, chiropractic doctors, and homeopaths. Still, many dog owners are unaware that such simple measures as changing their pet's diet and using vitamins, herbs, and other natural cures can help prevent or heal ailments ranging from excessive scratching to depression to a host of serious diseases. The Veterinarians' Guide to Natural Remedies for Dogs is both an introduction and a guide to the vast world of natural healing methods, treatments, and foods now available for dogs. Author Martin Zucker offers advice from dozens of holistic practitioners and licensed veterinarians, who share their recipes, insights, and "prescriptions." Here dog owners will find information on everything from nutritional supplements to massage therapy, as well as how these treatments can be used alone or in conjunction with traditional medications and surgical techniques.

This thorough guide profiles 375 different essential oils according to botanical family, habit and growth, chemical components, and actions. Historical notes and lore, often from Chinese alchemy as well as western botanical sources, are featured. Essays on evergreens, lavender, chamomile, jasmine, and more fill out important categories. Graceful botanical illustrations illuminate the text.

Here is the missing link in Essential Oil literature, the first modern work written by the man who coined the word 'Aromatherapy.' In July 1910 René- Maurice Gattefossé discovered the healing properties of lavender oil after severely burning his hands in a laboratory explosion. This led him into a lifetime of research into Essential Oils. His remarkable book was first published in 1937 and has been out of print for many years. Now translated, it has been edited by Robert Tisserand, author of three books on aromatherapy (including the best-seller, The Art of Aromatherapy), editorial adviser of the Journal of Alternative and Complementary Medicine and editor of The International Journal of Aromatherapy. The book is a fascinating blend of ancient and modern knowledge and aromatherapists will find it an essential tool of reference. Extensive notes are provided by Robert Tisserand at the back of the book. Chapters include those on human smells and animal smells, toxicity, the properties of essential oils and their constituents, the treatment of many diseases, and over fifty case studies from doctors.

You're About To Discover How To Use Essential Oils And Natural Remedies For Pets, For Dogs Since you are reading this, you love your pet and because you know the benefits of essential oils, you want your pet to enjoy the benefits of essential oils just as you do. Essential oils are important to us for many reasons; they are also important to pets. For pets, most of these reasons are no different. Whether you want to improve your dog's digestive function, skin, respiration, immune support for seasonal and environmental health or even for purposes of repelling insects, with the essential oils we are going to talk about today, you can do that safely and naturally. More specifically, we will discuss the right types of essential oils, the proper application process, and something about the essential oils issues that have made it difficult for cautious folks to use these oils on their pets. First, there are different forms of essential oils available today and animals metabolize and react differently to each of them. This alone has become a major concern. It is thus important that we all understand things such as the species-specific differences before using the essential oils. In addition, many vets often observe a big problem in their clinics: issues related to overusing of essential oils-people discover essential oils and wildly start diffusing them into their homes and end up creating unintentional overdoses for their pets-we shall discuss and clarify this issue. The purpose of this book is to help you avert such issues and help you know how best to use natural essential oils to increase the appetite, reduce fatigue, boost the immune system, remove anxiety, and manage many other problems that hinder your pet's wellbeing. Here Is Just A Small Preview Of What You'll Learn... Understanding Essential Oils How Essential Oils Interact With Bodily Systems Essential Oils and Pets Pets and Essential Oils: The Benefits What You Need To Know Before Starting Application Using Essential Oils with Common Pets Dogs: Selecting Safe/The Best Essential Oils for Dogs How to Apply Essential Oils on Dogs Cats: Selecting Safe/The Best Essential Oils for Cats Basic Guidelines for Using Essential Oils with Cats How to Know If Your Cat Wants/Needs a Particular Essential Oil Selecting Safe/The Best Essential Oils for Cats Basic Essential Oil Application Guidelines For Cats BONUS: Additional Information And much, much more! When you purchase the

Essential Oils" today, you'll save \$3 off the regular price and get it for a limited time discount of only \$10.99! This discount is only available for a limited time! No questions asked, money back guarantee! Go to the top of the page and click the orange Add to Cart" button on the right to order now! Tags: essential oils, aromatherapy, essential oils for pets, understanding essential oils, natural remedies, essential oils dogs, essential oils cats, aromatherapy pets, natural pet care, pet care, natural pet remedies

With alternative treatments as diverse as acupuncture, homeopathy, or feng shui, give your pets the best care—naturally. In addition to traditional veterinary treatments, modern pet owners are now offered a wide range of alternative treatments for their animals. This authoritative guide, illuminated by case histories and personal experiences, will help pet owners and caregivers understand and select from a wealth of options. Discussing the scope of illnesses and conditions that different approaches are intended to aid, pet expert Lisa Preston covers the strengths and limitations of today's most popular alternative therapy methods and offers solid advice on choosing a practitioner and integrating care. Alternative treatments discussed include: Chiropractic Homeopathic Naturopathic Holistic And more! We all want what is best for our pets. In that spirit, this book allows us to make sure they get just that.

An explanation of aromatherapy, what it is and how it works with especial reference to fifty plants and essences. It includes a guide to the plants and essential oils used in aromatherapy and how they can keep the body and mind healthy.

"Essential Oils for Animals" is the complete guide to using aromatherapy for natural animal health and management. Morag explains how to use essential oils in an animal's care regime to increase health, reduce stress, and increase the bond of trust between pet and owner.

This encyclopedic book contains, in practical and easy-to-understand form, every conceivable use for essential oils and aromatherapy in everyday life. The author, a practicing aromatherapist for more than twenty years, unlocks the power of essential oils in more than 600 original recipes, most needing only a few essential oils. Unlike over-the-counter products, the recipes you make yourself contain no harmful preservatives. Most basic needs can be covered with just ten essential oils.

You've probably already heard about essential oils. The pure, distilled, mega-factor of a plant's life. They're comprised of powerful chemicals that can aid and assist your body (or your dog's body) to perform to their fullest capacity. By utilizing this natural medicine, you can encourage both health and healing. In fact, most of our 'modern' medicines are derived from natural sources, and by getting straight to the point, you can not only cut costs (financially), but also cut down on negative side effects associated with our over-strong synthesized veterinary medications.

List of essential oils and essential oil recipes for dogs.

This distinguished organic chemist shares his in depth knowledge of the particular current value of essential oils, for health on all levels. In an era when Western allopathic medicine has less and less appeal, this self-care method is a potent alternative, with roots going back to ancient times. Dr. Schaubelt has a gift for presenting facts and information in a way that is intriguing and easy to assimilate. In the flood of "coffee table" aromatherapy books currently available, this is a much needed and welcome source for those truly interested in taking responsibility for their own health.

A practical and comprehensive guide to why, how and when to use aromatic extracts for any animal. Includes profiles of 56 essential oils, 22 hydrosols and 12 herbal/carrier oils, fully illustrated in color. Also includes sections on 5 Element Theory, and how to make your own lotions and potions for animal wellbeing.

A teach yourself guide to aromatherapy for horses, this handbook covers how to select aromatherapy oils and how to apply them. It addresses behavioural and skin problems, and oils for travelling, as well as first aid.

Completely updated, the best book on the topic available anywhere has just gotten better! A necessary resource for anyone interested in alternative approaches to healing and lifestyle, this new edition contains more than 800 easy-to-follow recipes for essential oil treatments. No one has provided more thorough and accurate guidance to the home practitioner or professional aromatherapist than Valerie Ann Worwood. In her clear and positive voice, Worwood provides tools to address a huge variety of health issues, including specific advice for children, women, men, and seniors. Other sections cover self-defense against microbes and contaminants, emotional challenges, care for the home and workplace, and applications for athletes, dancers, travelers, cooks, gardeners, and animal lovers. Worwood also offers us her expertise in the use of essential oils in beauty and spa treatments, plus profiles of 125 essential oils, 37 carrier oils, and more. Since the publication of the first edition of this book 25 years ago, the positive impact of essential oil use has become increasingly recognized, as scientific researchers throughout the world have explored essential oils and their constituents for their unique properties and uses.

A collection of dog portraits is complemented by essays on topics ranging from the canine experience to the relationship between dogs and humans.

An introduction to everything you need to enhance your life through aromatherapy. The Little Book of Aromatherapy demonstrates how each essential oil works, what it can be used for, and when to consult a professional. This mini manual covers ways of blending oils for special purposes and shows which essences blend well with others. Readers can learn about the health and emotional benefits that oils can provide, and can even pick up tips on using oils to treat animals or around the house. Cedarwood Note: Cedarwood should not be used during pregnancy. Cedarwood essential oil is said to have a calming, grounding effect on the nervous system, and on a spiritual level it brings people together. It has a pleasant woody, smoky aroma that blends well with bergamot, frankincense, jasmine, lavender, neroli and rose. Users often find that cedarwood instills a sense of peace, and it is favoured by those who meditate. Cedarwood stimulates the lymphatic system, which makes it excellent for respiratory conditions such as catarrh, asthma or bronchitis.

Introduces the benefits of aromatherapy, describing the tools and techniques involved, and includes recipes used in massages, baths, showers, facial steamers, body wraps, and teas which

help with such conditions as diarrhea, fevers, sinus pain, and cellulite

In this book, Dr. Hamilton carefully and clearly lays down the essential knowledge needed to use homeopathy successfully. To read this book is to prepare you to help your animal with the many day to day vicissitudes of life...take some time, read this book carefully, and learn of one of the greatest discoveries in the history of medicine. We are fortunate to have a healer of Dr. Hamilton's stature take us on this journey. -From the Foreword by Richard Pitcairn D.V.M., PhD

"The first comprehensive book to cover both raw and home-cooked diets specifically for dogs, written by an expert in dog food research and development"--Provided by publisher.

Discover Hundreds of Holistic Remedies and Wellness Tips Llewellyn's Book of Natural Remedies shares a powerful integrative approach to healing and living a more natural life. Author Vannoy Gentles Fite shares effective remedies for more than a hundred ailments, exploring contemporary and traditional techniques using common, everyday ingredients. Integrative medicine combines natural, holistic approaches with mainstream medicine. In this book, each ailment includes treatments using essential oils, herbs, Ayurveda, and home remedies. The recipes are easy to locate based on your specific needs, and they include materials you can typically find in your home. From balms and baths to tinctures and wraps, these outstanding remedies will support your healing process as you live your best possible life.

Herbs for Pets, by herbalists and holistic experts Gregory L. Tilford and Mary L. Wulff, is the bible for all pet owners looking to enhance their companion animals' lives through natural therapies. Now in its second revised edition, Herbs for Pets is an indispensable resource, an exhaustive compendium of medicinal plants and natural remedies that hosts an illustrated tour through Western, ayurvedic, and Chinese herbs that grow in North America, including their holistic applications and contraindications, and alternative approaches to treating a wide range of ailments. Remedies in the book are applicable to dogs and cats, as well as birds, small mammals, and even farm animals. The book is organized into three chapters, the first is dedicated to the "Principles and Practices of Herbalism," discussing the many facets of herbs, concerns about toxicity, basic herbal preparation, the ethical use of herbs, the connection between herbs and diet, and using herbs as dietary supplements. Chapter 2, titled "Materia Medica: An A-Z Guide to Herbs for Animals," is an exhaustive 150-page section presenting color photographs and text about the appearance, habitat and range, cycle and bloom season, parts used, primary medicinal activities, strongest affinities, common uses, availability, propagation and harvest, alternatives and adjuncts, and cautions and comments for 65 different herbs (from Alfalfa to Yucca!). The common uses section is extensive for each herb, discussing the nutrient value, various qualities, and ways in which the herb is used for specific treatments. The third chapter of the book is titled "An Herbal Repertory for Animals: Ailments and Treatments" and details remedies for the following: anxiety, nervousness, and behavioral problems; arthritis and hip dysplasia; cancer; cardiovascular problems; digestive system problems; ear problems; elderly animal care; endocrine system and related problems; epilepsy, convulsions, and seizures; eye problems; first aid, immune system care; mouth and nose problems; parasite-related problems; pregnancy and lactation; skin problems; and urinary problems. The authors share over two dozen herbal remedies for various ailments, from asthma and pneumonia to constipation and eye cleaner. A glossary of over 200 terms is included, as are references and a comprehensive index. .

Aromatherapy is one of the fastest growing forms of alternative medicine in the UK and USA. Essential oils are now sold in pharmacies and aromatherapy is increasingly being used in hospitals and primary care settings. This unique book takes an analytical and scientific approach to aromatherapy practices and principles based on the scientific evidence to date. The monographs cover commonly used essential oils and their therapeutic uses, details of toxicity, bioactivity, contraindications and clinical studies. This book provides pharmacists, GPs, nurses and other healthcare professionals with reliable scientifically based information on this growing discipline.

Discusses ways to take care of a pet's health the natural way with holistic herbalism, natural nutrition, and homeopathy

This is the SOFTCOVER version of the original Animal Desk Reference book. The "ADR" is written by Holistic Veterinarian Melissa Shelton - describing the many ways that Essential Oils are used for animals - especially pertaining to the French Model of Aromatherapy. Young Living Essential Oils and products are specifically described in this reference - making it very similar to the Essential Oils Desk Reference book for humans. Information for the use of essential oils is included for every species of animal - from fish and cats, to dogs, horses, and elephants. General techniques and methods are thoroughly described in this easy to read book. Discussions on safety and monitoring of animals during the use of essential oils are also covered.

In this simple, clear and precise book, written with Nelly's inimitable passion for her subject, everyone can discover the benefits of veterinary aromatherapy as well as invaluable advice on nutrition. The abundant good advice and sensible aromatherapy remedies provided in this book will allow you, from now on, to practice natural medicine, in accordance with the laws of nature, on all domestic animals, farm-reared animals, and animals in training or racing environments.

It is only in recent years that aromatherapy, or essential oil therapy, has gained substantial acceptance; this is primarily due to French veterinarians who have begun using essential oils and hydrosols in their practices. Laypeople, of course, have been enjoying great success treating animals with the very same substances for many years; for it is not just the medical professionals who can safely and effectively administer these aromatic oils. Anyone enabled with quality essential oils or hydrosols and adequate knowledge can use a plant's most concentrated and energetic byproducts to improve the health of their animals, and treat and prevent various illnesses and common ailments.

Aromatherapy is actually a science that has a much larger archive of supported scientific data than most other holistic care methods. However, most of these studies were originally published in French or German. Aromatherapy was the first natural, holistic therapy the author began using, and she relies on it as my primary form of healthcare to

treat and balance all sorts of minor ailments and discomforts in the lives of her family and their pets. She has rarely needed to use any other sort of remedy to achieve the desired result. These powerful substances are the most fascinating, sensual and complex of all natural therapies -- a combination that proves to be so enthralling it eventually develops into a grand passion for many.

There's a natural revolution going on — acupuncture, massage, herbs, and aromatherapy have all gone mainstream, not only for people but also for their pets! In his timely new book, holistic veterinarian Christopher Day offers expert advice for caring for cats the natural way. Learn how to keep your cat purr-fectly content with *Natural Cat Care*, a friendly, helpful guide to holistic methods of cat care. This book covers daily care (diet and exercise), nutrition, vaccinations and dental care, pest prevention (fleas, ticks, and worms), and specialized holistic care (acupuncture, massage, homeopathy, and the Tellington Touch). Filled with more than 120 helpful and instructive full-color photographs of cats in all stages of life, this helpful guide offers a complete resource for cat owners who would prefer to take a natural approach in pet care. *Natural Cat Care* is written by Dr. Christopher Day, a holistic vet with more than 37 years of experience.

Essential oils were used globally as a folk medicine for the treatment of a number of diseases because of the high content of natural compounds. Therefore, this book looks at research topics dealing with isolation, purification, and identification of active ingredients of essential oils from plants. This knowledge will provide significant information about essential oils to researchers and others interested in the field.

An excellent guide for anyone wanting to delve deeper into the world of aromatherapy. It clearly explains everything you need to know about understanding and using essential oils.

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A Book That Actually Teaches You How To Help Your Cat with Essential Oils? Yes - you really can use essential oils to help your feline friend stay happy and healthy! In *Essential Oils For Cats: The Complete Guide To Safely Using Essential Oils on Your Cat*, you'll be taken through a step-by-step introduction to this valuable skill. You'll learn the difference between hydrosols and essential oils, different methods of using essential oils on your pet, and whether aromatherapy is a safe alternative for cats. This book explains the topical and oral applications of essential oils and helps you understand the diffusion and inhalation process. It even provides a summary of precautions to follow when engaging in cat aromatherapy. *Essential Oils For Cats: The Complete Guide To Safely Using Essential Oils On Your Cat* walks you through essential recipes for cat aromatherapy. You'll learn how to help your cat in many ways: Stress Relief Easing Loneliness Separation Anxiety Relief Complete Safety Instructions Essential Oils and Hydrosols Carrier Oils Application When you buy this amazing book, you'll also receive 2 FREE e-books and a preview of the book, "Essential Oil Massage Techniques for Beginners"! Let *Essential Oils For Cats: The Complete Guide To Safely Using Essential Oils On Your Cat* take you by the hand and teach you everything you need to heal your pet! Buy Now!

We have embraced our dogs as part of the family for centuries; they are indispensable to our hearts and happiness. It's no surprise that when it comes to their health, we would do anything to keep them safe and ease any of their discomforts. Unfortunately, veterinarian costs add up quickly and often produce mediocre results, not to mention exposing our pets to unnecessary and sometimes painful procedures. Conventional care is no longer your only choice as more and more pet owners have realized the undeniable benefits of homeopathic therapy. Author Emilee Day is an advocate of holistic alternatives and was inspired by her two dogs, Emma and Koli, to share what she's learned with other dog lovers who believe in the healing properties of natural remedies. *Essential Oils for Dogs: A Complete Guide of Natural Remedies* is an excellent encyclopedic resource for beginners. Written in a simple, easy-to-understand style, your dog will immediately benefit when you put the knowledge to use. Here's a sample of what's inside: -Learn the distinct difference between Aromatherapy and Essential Oils -Discover at-home treatments and cures for a multitude of common ailments -Mastering the 3-step Rainbow technique -Find out which essential oils must NEVER be used on your dog -A list of 10 common oils to keep on hand -The 4-step process of making your own essential oils -Make non-toxic, homemade pet products right in your kitchen -And so, so much more Whether you want to simply maintain your pet's health between regular checkups or learn to treat a chronic condition naturally, this book is an A-to-Z innovative approach to your dog's overall well being. Taking care of your animal's needs in the comfortable surroundings of home is rewarding in itself, but we must warn you to be prepared for the sweet-smelling kisses and wagging tails you'll receive in appreciation.

The second edition of the original *Animal Desk Reference (ADR)* written by Holistic Veterinarian Melissa Shelton: This text of 585 pages, is the most accurate reference available regarding the safe use of essential oils with animals - or Veterinary Aromatic Medicine. This text is non-brand specific, and discusses all aspects of safety, science, and veterinary medicine. Melissa Shelton DVM is regarded as the leading expert in the use of essential oils with all animals - insects to elephants. Every animal species is included within this easy to read text; along with details on sourcing, evaluation, chemistry, carrier oils, and descriptions of each single essential oil. Recipes and suggestions for common conditions affecting all species is included, along with safety and monitoring information, as well as the current knowledge regarding feline metabolism, toxicity, and safety with essential oils.

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