

Ho Sposato Un Narciso Manuale Di Sopravvivenza Per Donne Innamorate

Clarice Bean, aspiring actress and author, unsuccessfully tries to avoid getting into trouble as she attempts to help a friend in need by following the rules of the fictional, "exceptionordinarily" spy, Ruby Redfort.

La manipolazione è un abuso emotivo che può distruggere la nostra vita. Come riconoscere, smascherare, affrontare e, se fosse necessario, liberarsi di quei tiranni o ladri di energia che - affascinanti o noiosi, seducenti o apatici, compiacenti o aggressivi - sgretolano le nostre sicurezze e ci conducono a fare le scelte sbagliate? Come imparare a trovare adeguati compromessi che non danneggino la nostra esistenza? Come superare le paure che ci rendono dipendenti e troppo accondiscendenti? Un "piccolo" manuale con riflessioni, esercizi pratici ed esempi, per imparare ad affrancarci dalle cattive compagnie e dare nuovo vigore a relazioni autentiche, in cui possiamo riprendere il diritto di gioire, decidere, agire: vivere.

Perverse Narcissists and the Impossible Relationships explores mechanisms and psychological dynamics of the love addiction through the analysis of the myth of

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Narcissus and the narcissistic personality disorder. With lots of clinical cases and stories, the book defines the phases of love addiction and related therapeutic strategies which aim at interrupting the vicious circles of the relationship with a narcissist and saving ourselves. After its success in Italy, *Perverse Narcissists and the Impossible Relationships* is available in the English version for a worldwide distribution both in paper and digital format.

A successful Italian doctor's idyllic life is shattered by shameful accusations in a novel by the Campiello Prize-winning author of *The Worst Intentions*. In a sprawling villa on the outskirts of Rome, the internationally revered pediatric oncologist Leo Pontecorvo and his family have gathered for dinner. For these exemplary members of Italy's upper middle-class, the scene is perfect in every way—until a horrifying accusation airs on the evening news concerning Leo Pontecorvo himself. From this point on, nothing will ever be the same. An allegation of embezzling would be bad enough, but to the horror of his family, Leo is also said to have seduced his son's twelve-year-old girlfriend. The spotlight now turned on Leo reveals every mistake, regret, and contradiction of his lifetime. The details of his private and professional life are debated by both friends and foes, ravenous reporters and punctilious prosecutors. Unable to face the suspicious gazes of his wife and children, Leo descends into the basement of his

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palatial home—a self-imposed exile in which he attempts to piece together the shattered remains of his life.

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Chi sono i serial killer dell'anima? Come agiscono? Perché certi uomini si presentano in un modo e poi si rivelano completamente diversi? Cosa induce molte donne a farsi maltrattare? Perché a fronte di molestie, umiliazioni e vessazioni costanti anziché fuggire rimangono accanto al loro persecutore? Spesso il crimine non viene neppure denunciato perché compiuto proprio dalle persone che più si amano, e che si sentono così autorizzate a continuare a delinquere nel silenzio di chi viene abusato. Il più delle volte infatti le vittime non prendono in considerazione le proprie esigenze e i propri diritti, ma consentono al manipolatore di molestarle, opprimerle, umiliarle. Paure e sensi di colpa inutili concorrono poi a peggiorare la situazione, e la vittima cade in relazioni dolorose e destabilizzanti dalle quali liberarsi rappresenta, a volte, un'impresa titanica. Teresa Forcades, Spanish Benedictine nun, theologian, physician and political activist, is one of Europe's leading radical thinkers. Marrying her Catholic faith with a passion for social justice, she came to prominence for her eloquent condemnation of the abuses of some of the world's biggest pharmaceutical companies. She has gone on to found a leading Catalan anti-capitalist

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independence movement and is one of the leading voices in the world today against the injustices of capitalism and the patriarchy of modern society and of her own church. In *Faith and Freedom*, her first book written in English, she skilfully weaves together her personal experiences with a reflection on morality, religion and politics to give a trenchant account of how the Christian faith can be a dynamic force for radical change. Placing herself in a powerful tradition of Catholic social doctrine and Liberation Theology, she applies her perspective to the issues most precious to her: freedom and love, social justice and political engagement, public health, feminism, faith and forgiveness. Structured around the five canonical hours that give its peculiar rhythm to the monastic day, this book is a thoughtful and bold polemic against the exploitation and injustice of the status quo. Its call for liberty, love and justice will resonate with anyone disaffected with a savage and destructive political and economic system that marginalises and murders the poor and undermines the very fabric of social life.

Uomini che affascinano e feriscono, sempre più intelligenti della media, sensibili, seduttivi, grandiosi e improvvisamente depressi e inadeguati. Cosa vuole un narciso da una donna? In molti casi vuole solo essere aiutato a piacersi. Ma se un giorno fosse la donna ad avere bisogno di lui? Qui cominciano i guai, perché un narciso punta sempre all'assoluto, è tutto preso da imprese troppo grandi ed

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eroiche per ammettere dubbi o tentennamenti. Questo libro cerca di essere un manuale per imparare a convivere con questa tipologia di uomini.

Thirty years ago, David Leavitt first appeared on the literary scene with a gutsy story collection that stunned readers and reviewers. Just twenty-three, he was hailed as a prodigy of sorts: “remarkably gifted” (The Washington Post), with “a genius for empathy” (The New York Times Book Review) and “a knowledge of others' lives . . . that a writer twice his age might envy” (USA Today).

“Regardless of age,” wrote the New York Times, “few writers so effortlessly achieve the sense of maturity and earned compassion so evident in these pages.” In “Territory,” a well-intentioned, liberal mother, presiding over her local Parents of Lesbians and Gays chapter, finds her acceptance of her son's sexuality shaken when he arrives home with a lover. In the title story, a family extended through divorce and remarriage dances together at the end of a summer party-in the recognition that they are still bound by the very forces that split them apart. Tender and funny, these stories reveal the intricacies and subtleties of the dances in which we all engage.

The Cahiers/Notebooks of Paul Valéry are a unique form of writing. They reveal Valéry as one of the most radical and creative minds of the twentieth century, encompassing a wide range of investigation into all spheres of human activity.

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His work explores the arts, the sciences, philosophy, history and politics, investigating linguistic, psychological and social issues, all linked to the central questions, relentlessly posed: 'what is the human mind and how does it work?', 'what is the potential of thought and what are its limits?' But we encounter here too, Valéry the writer: exploratory, fragmentary texts undermine the boundaries between analysis and creativity, between theory and practice. Neither journal nor diary, eluding the traditional genres of writing, the Notebooks offer lyrical passages, writing of extreme beauty, prose poems of extraordinary descriptive power alongside theoretical considerations of poetics, ironic aphorisms and the most abstract kind of analysis. The concerns and the insights that occupied Valéry's inner voyages over more than 50 years remain as relevant as ever for the contemporary reader: for the Self that is his principal subject is at once singular and universal.

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"You can be lonely anywhere, but there is a particular flavor to the loneliness that comes from living in a city, surrounded by thousands of strangers. The Lonely City is a roving cultural history of urban loneliness, centered on the ultimate city: Manhattan, that teeming island of gneiss, concrete, and glass. What does it mean to be lonely? How do we live, if we're not intimately involved with another

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human being? How do we connect with other people, particularly if our sexuality or physical body is considered deviant or damaged? Does technology draw us closer together or trap us behind screens? Olivia Laing explores these questions by travelling deep into the work and lives of some of the century's most original artists, among them Andy Warhol, David Wojnarowicz, Edward Hopper, Henry Darger and Klaus Nomi. Part memoir, part biography, part dazzling work of cultural criticism, *The Lonely City* is not just a map, but a celebration of the state of loneliness. It's a voyage out to a strange and sometimes lovely island, adrift from the larger continent of human experience, but visited by many - millions, say - of souls"--

CD-ROM provides over 200 extra exercises to help you practice the grammar presented.

THE BOOKER PRIZE-WINNING NOVEL 2019 marked the centenary of Stanley Middleton's birth. *Holiday*, winner of the 1974 Booker Prize, remains the most celebrated and popular novel from 'the Chekhov of suburbia'. Edwin Fisher has fled to a seaside resort of his childhood past to try to come to terms with the death of his baby son and the collapse of his marriage to Meg. On this strange and lonely holiday, as he seeks to understand what went wrong, Edwin must find some way to think about what he has been and decide upon where he can go

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next. _____ 'At first glance, or even at second, Stanley Middleton's world is easily recognizable... The excellence of art, for Middleton, is an exact vision of real things as they are. And because he is himself so exact an observer, his world at third glance can seem strange and disturbing or newly and brilliantly lit with colour.' A.S. Byatt 'We need Stanley Middleton to remind us what the novel is about. Holiday is vintage Middleton... One has to look at nineteenth-century writing for comparable storytelling.' Sunday Times

A “captivating” portrait of a long marriage and a meditation on how chance can affect life from the National Book Award winner (The Washington Post). “His hand is growing cold, still she holds it” is how this novel that contemplates love, after a husband’s sudden death, begins. This riveting and deeply moving story unfolds over a single night, as Nina, numb with grief, sits at the bedside of her husband, Philip, whose unexpected death is the reason for her lonely vigil. There, she recalls the defining moments of their forty-three-year-long union, beginning with their meeting in Paris. She is an artist, he a mathematician—a collision of two different worlds that merged to form an intricate and passionate love. As Nina revisits select memories—real and imagined—Lily Tuck reveals the intimacies, dark secrets, and overwhelming joys that shaped the couple’s life together.

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The bestselling author of *I'm Not Scared* “elegizes adolescence fiercely and sympathetically” in a novel that’s “scary, lovely and at last a heartbreaker” (Kirkus Reviews). Lorenzo Cuni is a fourteen-year-old loner. His wealthy parents think he is away on a school skiing trip, but in fact he has stowed away in a forgotten cellar. For a week he plans to live in perfect isolation, keeping the adult world at bay. Then a visit from his estranged half-sister, Olivia, changes everything. Evoking the fierce intensity and the pulse-quickening creepiness of *I'm Not Scared*, Ammaniti’s bestselling first novel, *Me and You* is a breathtaking tale of alienation, acceptance, and wanting to be loved by “a fearsomely gifted writer” (The Independent). “Immensely engaging . . . Both tender and emotionally arresting, Ammaniti’s novel is unforgettable.” —Publishers Weekly, starred review “Italian author Niccolò Ammaniti does a lot in 160 pages, including surprise, humor, and frighten you—sometimes simultaneously.” —Daily Candy “Ammaniti’s prose is nimble, perceptive and economical . . . There’s a lot to love about this book—its reticent empathy, its delicate and pragmatic treatment of addiction, its remarkable use of restricted physical space.” —Full Stop “*Me and You* takes a short time to read but offers a memorable experience in a mutual recognition of loneliness and grief.” —Curled Up With a Good Book “*Me And You*, at just over one hundred pages . . . [is a] perfect book . . . Niccolò Ammaniti disgusts me for how talented he is . . . He has written a masterpiece.” —Antonio D’Orrico, *Corriere della Sera*

This book integrates psychiatry and psychoanalysis to present deeper and sounder

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clinical profiles of the personality disorders than have been hitherto available.

“An irresistible blend of sweet and tart, this book is truly a treat to be savored.” —Beth Kendrick, author of *The Bake Off* and *Second Time Around* “A sparkling, witty story about an unlikely, yet redemptive, friendship.... Grab one of these for your best friend and read it together—preferably with a plate of Meyer Lemon cupcakes nearby.” —Katie Crouch, bestselling author of *Girls in Trucks* and *Men and Dogs* Author Meg Donohue has cooked up an absolutely scrumptious debut novel, *How to Eat a Cupcake*, that explores what happens when two childhood friends, Annie and Julia, reconnect as adults and decide to open a cupcakery. But success in their new baking business venture will depend upon their overcoming old betrayals, first loves, and an unexpected and quite dangerous threat. Donohue’s *How to Eat a Cupcake* is contemporary women’s fiction at its smartest, sweetest, and most satisfying, joining the ranks of *The Recipe Club*, *The School for Essential Ingredients*, and Joanne Harris’s classic *Chocolat* by proving once again that fiction and food make an unbeatable combination.

The Handbook of Narcissism and Narcissistic Personality Disorder is the definitive resource for empirically sound information on narcissism for researchers, students, and clinicians at a time when this personality disorder has become a particularly relevant area of interest. This unique work deepens understanding of how narcissistic behavior influences behavior and impedes progress in the worlds of work, relationships, and politics.!--EndFragment--

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Francesco Koslovic--even his name straddles two cultures. And during the spring of 1955, in the village of Materada on the Istrian Peninsula, his two worlds are coming apart. Materada, the first volume of Fulvio Tomizza's celebrated Istrian Trilogy, depicts the Istrian exodus of the hundreds of thousands who had once thrived in a rich ethnic mixture of Italians and Slavs. Complicating Koslovic's own departure is his attempt to keep the land that he and his brother have worked all their lives. A picture of a disappearing way of life, a tale of feud and displacement, and imbued with the tastes, tales, and songs of his native Istria, Koslovic's story is a testament to the intertwined ethnic roots of Balkan history.

This early work by Sigmund Freud was originally published in 1914 and we are now republishing it with a brand new introductory biography. 'On Narcissism: An Introduction' is an essay on the psychological symptoms and treatment of narcissism. Sigmund Schlomo Freud was born on 6th May 1856, in the Moravian town of Příbor, now part of the Czech Republic. He studied a variety of subjects, including philosophy, physiology, and zoology, graduating with an MD in 1881. Freud made a huge and lasting contribution to the field of psychology with many of his methods still being used in modern psychoanalysis. He inspired much discussion on the wealth of theories he produced and the reactions to his works began a century of great psychological investigation.

THE INTERNATIONAL BESTSELLER From the New York Times bestselling author of

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The House at Tyneford, an epic family saga about a headstrong Austrian heiress who will be forced to choose between the family she's made and the family that made her at the outbreak of World War I. The start of a marriage. The end of a dynasty. It's 1911 and Greta Goldbaum is forced to move from glittering Vienna to damp England to wed Albert, a distant cousin. The Goldbaum family are one of the wealthiest in the world, with palaces across Europe, but as Jews and perpetual outsiders they know that strength lies in family. At first defiant and lonely, slowly Greta softens toward Albert, and as the wild paths and untamed beauty of Greta's new English garden begin to take shape, so too does their love begin to blossom. But World War I looms and even the influential Goldbaums cannot alter its course. For the first time in two hundred years, the family will find itself on opposing sides, and Greta will have to choose: the family she's created, or the one she left behind.

“I narcisisti perversi e le unioni impossibili” esplora i meccanismi e le dinamiche psicologiche della dipendenza affettiva attraverso l’analisi del mito di Narciso e del disturbo narcisistico di personalità. Ricco di esempi clinici e di testimonianze, il libro individua le fasi della dipendenza affettiva e prospetta strategie terapeutiche mirate a interrompere i circoli viziosi della relazione col narcisista per mettersi in salvo. Enrico Maria Secci, psicologo e psicoterapeuta, è specializzato in psicoterapia strategica integrata. Da quindici anni, si occupa di disturbi ansiosi e depressivi, dipendenze affettive e disturbi relazionali nell’età adulta. E’ autore di Blog Therapy, blog di

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psicologia e psicoterapia di Tiscali con oltre 1.500.000 di visite. Cura, su Tiscali, la rubrica di Salute e Lifestyle.

Le persone altamente sensibili hanno un dono. Un dono per se stesse, perché hanno caratteristiche fuori dal comune. E un dono per chi le circonda, perché sono portatrici di capacità cognitive e competenze emotive che arricchiscono anche gli altri. Certo, come avviene per ogni tesoro prezioso, questo tratto della personalità deve essere ben custodito e gestito con cura. Verificare la pressione delle emozioni, anticipare i propri limiti, valutare la presenza di pensieri energivori, misurare il bilanciamento tra corpo e mente, spazzare via i sensi di colpa e i giudizi su se stessi... Queste e molte altre pratiche di 'igiene del mondo interiore' sono proposte e illustrate al lettore nel dettaglio, con l'aiuto di esercizi e testimonianze. Per rendere l'ipersensibilità il centro del proprio equilibrio, imparare a non sentirla come una debolezza o un fardello, e finalmente vivere felici.

Ho sposato un narciso Manuale di sopravvivenza per donne innamorate LIT EDIZIONI
Il libro raccoglie testimonianze di narcisismo patologico in diversi ambiti relazionali (coppia, famiglia, lavoro, scuola, amicizia), senza trascurare dettagli crudi e talvolta scabrosi, perché i lettori apprendano con chiarezza l'orrore intrinseco a qualunque relazione di abuso, che distrugge quotidianamente la vita di molte persone. Scopo dell'indagine è, innanzi tutto, trarne un beneficio personale, superare l'esperienza e guarire dall'abuso subito. Secondariamente, sensibilizzare l'opinione pubblica su

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questo grave disturbo, ancora poco conosciuto ma così tanto diffuso, che affligge la nostra società, elencando con chiarezza le varie fasi dell'approccio narcisistico, per riconoscerne il modus agendi prima ancora di esserne danneggiati, e per riuscire a fuggire dalle relazioni tossiche, qualunque sia il tipo di legame che unisce vittima e carnefice. Il libro si propone anche di suscitare un dibattito serio e impegnato con terapeuti, forze dell'ordine e legislatori, perché entrambi i sessi siano tutelati dalla violenza narcisistica con una normativa adeguata, frutto di un'adeguata informazione. A sette anni dalla pubblicazione di "Iniziazione agli amori karmici", Paolo Crimaldi ha avvertito l'esigenza di proseguire ciò che in nuce era presente in quel libro.

Interrogandosi su quali siano gli amori capaci di cambiare la vita, attraverso anche una serie di esperienze personali, è giunto alla conclusione che non c'è un'unica modalità esperienziale di amore destinico, ma sono differenti le opportunità che una relazione affettiva offre per poter cambiare la propria vita, e in genere il momento in cui esse giungono è proprio quello in cui si è maggiormente predisposti a un tale cambiamento, a sradicarci da atteggiamenti e convinzioni che non ci sostengono più in nulla e che, anzi, tendono a rendere insoddisfacente la nostra esistenza. Lo scopo di questo libro è quello di offrire una serie di spunti di riflessione, delle storie in cui potersi in parte riconoscere e che possano aiutare a non sentirsi soli dinanzi a situazioni simili già vissute o che si potrebbero vivere in futuro. Fornisce inoltre delle tecniche di terapia karmica che possono in qualche modo essere utilizzate per riuscire ad apportare

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cambiamenti nella propria vita, a superare schemi e modelli affettivi che impediscono di vivere a fondo una relazione affettiva, ma che aiutano a comprendere cosa e perché essa ha da insegnarci e, di riflesso, riuscire così a viverla in tutto il suo potenziale.

Gil Gamesh is the only pitcher who ever tried to kill the umpire, and John Baal, The Babe Ruth of the Big House, never hit a home run sober. But you've never heard of them -- or of the Ruppert Mundys, the only homeless big-league ball team in American history -- because of the communist plot and the capitalist scandal that expunged the entire Patriot League from baseball memory. Philip Roth's richly imagined satiric narrative, *The Great American Novel*, turns baseball's status as national pastime and myth into an unfettered farce featuring heroism and perfidy, lively wordplay and a cast of characters that includes the House Un-American Activities Committee.

"CD-ROM provides over 200 extra exercises to help you practice the grammar presented"--P. [3] of cover.

Cosa c'è dietro una separazione? Quali motivazioni si nascondono dietro un abbandono? Cosa si prova a fare i conti con l'assenza della persona amata, con quella sensazione di vuoto emozionale che ci spinge improvvisamente a "non voler più vivere"? La psicologa e psicoterapeuta Umberta Telfener affronta, sulla base di una solida ricerca clinica e scientifica, tutte le forme dell'abbandono: il distacco inteso come separazione momentanea o definitiva, imposta o inevitabile, capricciosa o necessaria. E offre consigli, soluzioni e vie d'uscita per superare la situazione di stallo in cui si cade quando si viene lasciati.

Towards the end of her life, the French philosopher and mystic Simone Weil (1909-43) was

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working on a tragedy, Venice Saved. Appearing here in English for the first time, this play explores the realisation of Weil's own thoughts on tragedy. A figure of affliction, a central theme in Weil's religious metaphysics, the central character offers a unique insight into Weil's broader philosophical interest in truth and justice, and provides a fresh perspective on the wider conception of tragedy itself. The play depicts the plot by a group of Spanish mercenaries to sack Venice in 1618 and how it fails when one conspirator, Jaffier, betrays them to the Venetian authorities, because he feels compassion for the city's beauty. The edition includes notes on the play by the translators as well as introductory material on: the life of Weil; the genesis and purport of the play; Weil and the tragic; the issues raised by translating Venice Saved. With additional suggestions for further reading, the volume opens up an area of interest and research: the literary Weil.

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Los Narcisistas Perversos y las uniones imposibles explora los mecanismos y las dinámicas psicológicas de la dependencia emocional a través del análisis del mito de Narciso y del trastorno de personalidad narcisista. Después del éxito de la versión italiana y de la traducción en inglés, finalmente llega en español el libro que, rico en ejemplos clínicos y testimonios, identifica las etapas de la dependencia emocional e individua estrategias terapéuticas dirigidas a romper los círculos viciosos de la relación con el narcisista para meterse a salvo. Enrico Maria Secci, psicólogo y psicoterapeuta, está especializado en psicoterapia estratégica integrada. Desde hace quince años, se ocupa de trastornos ansiosos y depresivos, de las dependencias afectivas y otros trastornos relacionales en la edad adulta. Es autor de Blog Therapy, un blog de psicología y psicoterapia con más de 4,000,000 de visitas.

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NARCISSISM Are you a narcissist? Do you interact with someone who is? Contrary to popular belief, narcissists do not love themselves or anyone else. They cannot accept their true selves, constructing instead fixed masks that hide emotional numbness. Influenced by forces in culture and predisposed by factors in the human personality, narcissists tend to be • More concerned with how they appear than what they feel • Seductive and manipulative, striving for power and control • Egotists, focused on their own interests but lacking the true values of the self -- self-expression, self-possession, dignity, and integrity • Without a solid sense of self, which leads them to experience life as empty and meaningless In this groundbreaking study, Dr. Alexander Lowen uses his extensive clinical experience to demonstrate how narcissists can recover their suppressed feelings and regain their lost humanity. By the use of Bioenergetic Analysis, the psychotherapy created by Dr. Lowen, a new possibility of a fulfilling and authentic life is presented for people with narcissistic characteristics and for those who interact with them. This volume is addressed to researchers in the field of phraseology, and to teachers, translators and lexicographers. It is a collection of essays offering a comprehensive, modern analysis of phrasemes, embracing a wide range of subjects and themes, from linguistic, both applied and theoretical, to cultural aspects. The contrastive approach underlying this variety of themes allows the divergences and analogies between phraseological units in two or more languages to be outlined. The languages compared here are both major and minor, European and non-European, and the text includes contrastive analyses of the most commonly investigated languages (French-German, English-Spanish, Russian-German), as well as some less frequently investigated languages (like Ukrainian, Romanian, Georgian and Thai), which are not as well-represented in phraseological description, despite their scientific interest.

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