

Hearts Awakening Hearts Along The River Book 1

#1 New York Times bestselling author Nora Roberts begins a new trilogy of adventure, romance, and magick in *The Awakening*. In the realm of Talamh, a teenage warrior named Keegan emerges from a lake holding a sword—representing both power and the terrifying responsibility to protect the Fey. In another realm known as Philadelphia, a young woman has just discovered she possesses a treasure of her own... When Breen Kelly was a girl, her father would tell her stories of magical places. Now she's an anxious twentysomething mired in student debt and working a job she hates. But one day she stumbles upon a shocking discovery: her mother has been hiding an investment account in her name. It has been funded by her long-lost father—and it's worth nearly four million dollars. This newfound fortune would be life-changing for anyone. But little does Breen know that when she uses some of the money to journey to Ireland, it will unlock mysteries she couldn't have imagined. Here, she will begin to understand why she kept seeing that silver-haired, elusive man, why she imagined his voice in her head saying *Come home, Breen Siobhan. It's time you came home. Why she dreamed of dragons. And where her true destiny lies—through a portal in Galway that takes her to a land of faeries and mermaids, to a man named Keegan, and to the courage in her own heart that will guide her through a powerful, dangerous destiny...*

Informative interviews and profiles of the likes of Ram Dass, Tina Turner, Jane Goodall, and more, plus other writings offer insight on the Buddhist life. From Andrea Miller—an editor and staff writer at *Lion's Roar*, the leading Buddhist magazine in the English-speaking world—comes a diverse and timeless collection of essays, articles, and interviews. Miller talks to Buddhist teachers, thinkers, writers, and celebrities about the things that matter most and she frames their wisdom with her own lived experience. In *Awakening My Heart*, we hear Tina Turner on the power of song, Ram Dass on the importance of service, Jane Goodall on the compassion that exists in the natural world, and Robert Jay Lifton on the darkest deeds of humanity—and how to prevent such things from ever happening again. Moreover, Miller—with her gently probing questions—gets to the bottom of the friendship between Zen master Bernie Glassman and Hollywood's Jeff Bridges, and she also takes a playful look at the difference between Michael Imperioli, the serious Buddhist practitioner, and the unhinged mobster character he played in *The Sopranos*. Insight teacher Gina Sharpe coaches Miller on how to start facing the racism that exists even in the most liberal communities, while Robert Waldinger, a Zen priest and the leader of the world's longest running study of human happiness, teaches her the key to being truly happy. Miller also brings the wisdom of a thirteenth-century Zen text into her very own galley kitchen and takes a look at animals through a quirky dharma lens. Finally, she goes on retreat with two of the world's most beloved contemporary Buddhist teachers, Pema Chödrön and Thich Nhat Hanh, and travels to India to follow in

the footsteps of the Buddha himself. Praise for *Awakening My Heart* “A lovely repast of stories and inspiring conversations with Buddhist masters and celebrities, reminding us to relax and smile. The good medicine of the dharma comes in a thousand forms.” —Jack Kornfield “This book is a concise, witty, and intelligible way to understand Buddhism.” —bell hooks, author of *All About Love* “Andrea Miller is one of contemporary Buddhism’s most original and arresting voices. *Awakening My Heart* has that rare combination of insight and empathy that distinguishes the very best spiritual literature. It is an inspiring, expansive, and probing exploration of what it means to be alive and practicing the dharma today.” —Shozan Jack Haubner, author of *Zen Confidential* “These lovely pieces span a huge, eclectic range from rock stars and actors to gurus and birds. There is joy in these pages, and the stories here will cause you to love life, and people, all the more.” —Barry Boyce, Editor-in-Chief, *Mindful* magazine

With no means to support herself, Ellie Kilmer agrees to work as a housekeeper for the young widower who lives on Dillon Island, hopeful she can obtain a proper reference. But Jackson Smith quickly realizes that Ellie's presence may solve his own problems--both the rearing of his young boys and the scandal that surrounds his first marriage. When a marriage of convenience is offered, Ellie is initially humiliated. Though she is past the age most women marry, she has more pride than to agree to his outlandish suggestion. Yet what options does she have? To marry would mean a home and stability. So despite the rumors circling Jackson and his first wife, Ellie accepts this unlikely proposal...

The revered Buddhist teacher and author of *When Things Fall Apart* presents the lojong teachings and the ways in which they can enrich our lives Welcome compassion and fearlessness as your guide, and you'll live wisely and effectively in good times and bad. But that's easier said than done. In *The Compassion Book*, Pema Chödrön introduces a powerful, transformative method to nurture these qualities using a practice called lojong, which has been a primary focus of her teachings and personal practice for many years. For centuries, Tibetan Buddhists have relied on these teachings to awaken the deep goodness that lies within us. The lojong teachings include fifty-nine pithy slogans for daily contemplation, such as “Always maintain only a joyful mind,” “Don't be swayed by external circumstances,” “Don't try to be the fastest,” and “Be grateful to everyone.” This book presents each of these slogans and includes Pema's clear, succinct guidance on how to understand them—and how they can enrich our lives. It also features a forty-five-minute downloadable audio program entitled “Opening the Heart,” in which Pema offers in-depth instruction on tonglen meditation, a powerful practice that anyone can undertake to awaken compassion for oneself and others.

This work, in its accessible question-and-answer format, offers profound insights into the practical day-to-day aspects of the master-disciple relationship.

Awakening of the Heart is a comprehensive, single volume collection of the Buddha's key sutras, translated with contemporary commentary by Zen Master

Thich Nhat Hanh. It is an essential complement to Happiness, the bestselling collection of meditation and mindful practices released in 2009. Awakening of the Heart captures the heart of Buddhist wisdom and Thich Nhat Hanh's unique talent to make the Buddha's teachings accessible and applicable to our daily lives and times. This is a wonderful gift for anyone looking to deepen their practice and understanding of the teachings, as well as a unique resource to understand the fundamentals of Buddhism from its source. With a new introduction and updated commentary, Awakening of the Heart contains the following sutras: Prajnaparamita Heart Sutra, Diamond Sutra, Sutra On Full Awareness Of Breathing, Sutra On The Four Establishments Of Mindfulness, Sutra On The Better Way To Catch A Snake, Sutra On The Better Way To Live Alone , Sutra On The Eight Realizations Of The Great Beings, Discourse On Happiness, Teachings On the Middle Way.

The author of Embraced by the Light addresses everyday problems while offering readers the keys to an elemental, healing life force and examining the course of her own life source. Reprint.

Have you ever been shaken to the core as a result of a life-changing experience? We all face personal struggles, and it's great when we can get some help in working through them and understanding them. Expanding Your Heart: Four Stages of a Spiritual Opening offers such help by providing a spiritual and inspiring perspective on personal struggle. It is a tool for healing, and an explanation on how and why your deepest struggles may be a doorway to your greatest freedom. This book explains the Four Stages of a Spiritual Opening and how you may have experienced one, two, or all of these stages without even realizing it. If you have hit the wall, had the rug pulled out from under you, or are feeling stuck, lost, anxious, or depressed, you may be on the brink of an incredible awakening. You just may not know it yet.

Hearts Awakening (Hearts Along the River Book #1) Bethany House

In Open Heart, Open Mind, Tsoknyi Rinpoche—one of the most beloved of the contemporary generation of Tibetan Buddhist meditation masters—explains that a life free of fear, pain, insecurity, and doubt is not only possible, it's our birthright. We long for peace, for the ability to love and be loved openly and freely, and for the confidence and clarity to meet the various challenges we face in our daily lives. Within each of us resides a spark of unparalleled brilliance, an unlimited capacity for warmth, openness, and courage, which Rinpoche identifies as "essence love." Timeless and imperishable, essence love is often layered over by patterns of behavior and belief that urge us to seek happiness in conditions or situations that never quite live up to their promise. Drawing on rarely discussed teachings of Tibetan Buddhism, Rinpoche describes how such patterns evolve and offers a series of meditation exercises to help us unravel them and, in the process, reawaken an energy and exuberance that can not only bring lasting fulfillment to our lives but ultimately serve to enliven and inspire the entire world, as well. With great humor, intelligence, and candor, Tsoknyi Rinpoche also

details his own struggles to reconnect with essence love. Identified at an early age as the incarnation of a renowned Tibetan master and subjected to a rigorous monastic training, he ultimately renounced his vows, married, and is now the father of two daughters. As he recounts his own efforts to strike a balance between the promptings of his heart and an obligation to preserve and protect the teachings of Tibetan Buddhism, Rinpoche provides a bridge between ancient wisdom and modern life, and encourages each of us to rediscover the openness, fearlessness, and love that is the essence of our own life.

The last thing Natalie needs in her life is a handsome-as-sin single father living right next door. What she wants to do is shun the world and embrace her broken heart. She regrets snapping at his little girl over something as silly as Christmas lights, but nothing in the world will change her mind about taking part in holiday hoopla or letting a cherub or her sexy father into her life. Zach's decision to ignore his snarky, smoking-hot new neighbor is an easy one, even if he feels a tug of regret he won't get to know her better. He wants nothing to do with a woman who would snap at his little girl over something as trivial as decorating for the holiday. Neither are prepared for hearts tripping and emotional barriers falling when Zach snatches her from the flames engulfing her home and ends up tucking her into his spare bedroom. Little does he know his ability to play nothing more than caretaker until she's back on her feet is just smoke and mirrors. Will holiday hearts awaken to passion and new love, or will Zach and Natalie let this chance at love pass them by?

Inside a world collapsed by greed, power and lies over and over again, countries immerse in chaos have taken over the vision of the world. However, this time the secret might come out as a mystery is barely unfolding through the eyes of eight Elemental Seed carriers seeking for answers, friendship, love and revenge. Unfolding their powers, Dolos, Molay, Miranda and Celleste, may think is just a strike of chance, but now they are struggling with their own feelings, school and complicated family relationships. An ancient power that balanced the earth has been awoken again, every time is a different outcome, maybe too much power to control and envy to bear. All the Elemental Souls must gather to revile their true destiny.

Chase Steele and Xander Copperfield are down on their luck, as similar as they are different, and ready for a love they didn't even realize they'd been waiting on their whole lives. With two gorgeous "tough guys" discovering and exploring their true selves, Hearts Ablaze is a steamy, slow-burn, friends-to-lovers, opposites attract, bisexual awakening romance.*This is the first book in the Forged in the City series.*

Everyone appreciates kindness. A smile, a few friendly words, a show of concern when we're troubled or feeling unwell, an offer of help - gestures of kindness like these brighten our day and ease whatever sadness we may feel in our hearts. Feeling that "someone cares" fulfills a very deep need that we all have. And just as we appreciate other people being kind to us, others appreciate it when we are

kind to them. That is why it is important to learn to be kind, because it will help make our relationships and interactions with others more satisfying and less problematic. But it's not always easy to be kind. Sometimes our hearts are filled with anger, jealousy, or pride, and being kind is the last thing we feel like doing. Or we get so caught up in our work and responsibilities that we find no time to think of others and their needs, no time to be kind and gentle. However, these problems can be remedied. The Buddhist tradition offers a wealth of methods that can be used to overcome whatever prevents us from being kind and gentle. Some of these methods are explored and explained in this book - in a way that will allow you to practice them in your daily life. *Awakening the Kind Heart* offers powerful and inviting meditation techniques to activate the heart of kindness within us all - a modern and motivating interpretation of traditional and powerful practices.

Why do people sometimes feel empty, estranged, and cynical? Many of us have tired of the pat answers that the church and religion have provided for our questions about faith and meaning in life. We know there's more--and we stand on the cusp of spiritual awakening, longing to reshape our connection with God. Weaving together theological reflection and story, authors Don Clymer and Sharon Clymer Landis serve as guides who have walked this unsettling journey, and gently give permission for readers to ask the hard questions to ultimately have greater intimacy and connection with God, themselves, and others. This book helps those seeking greater intimacy and connection with God--those who know in their hearts that there is something more than the structures of church and religion, who are ready to explore something deeper. Free downloadable study guide available [here](#).

A new epic of love and war among gods and humans, from the #1 New York Times bestselling author of *The Awakening*. The world of magick and the world of man have long been estranged from one another. But some can walk between the two—including Breen Siobhan Kelly. She has just returned to Talamh, with her friend, Marco, who's dazzled and disoriented by this realm—a place filled with dragons and faeries and mermaids (but no WiFi, to his chagrin). In Talamh, Breen is not the ordinary young schoolteacher he knew her as. Here she is learning to embrace the powers of her true identity. Marco is welcomed kindly by her people—and by Keegan, leader of the Fey. Keegan has trained Breen as a warrior, and his yearning for her has grown along with his admiration of her strength and skills. But one member of Breen's bloodline is not there to embrace her. Her grandfather, the outcast god Odran, plots to destroy Talamh—and now all must unite to defeat his dark forces. There will be losses and sorrows, betrayal and bloodshed. But through it, Breen Siobhan Kelly will take the next step on the journey to becoming all that she was born to be.

Betrayed by her husband, Annabelle Tyler wears the burden of legally being a divorcee, a difficult position for an upstanding young woman to find herself in. While attempting to start a new life for herself, an unexpected turn of events once

again has Annabelle married--this time to Harrison Graymoor, the most eligible, yet elusive, bachelor in Philadelphia. Harrison assures her that he will secure an annulment immediately, unaware that the constable has sent word of the marriage to the press in Philadelphia. And here things continue to go awry. Harrison's past, a philanthropic cousin with his eye on Annabelle, and the appearance of Annabelle's ex-husband threaten the tentative relationship growing between Harrison and his "wife." For two individuals set against marriage, there are certainly a lot of second thoughts regarding the one forced upon them.

The author recounts her near-death experience, recounting the miraculous visions she saw, the emotions she experienced, and how it changed her subsequent life.

From poet & healer Ashley Lord, comes her soulful debut collection of poetic medicine. Through a soft and graceful lens she brings you into a beautiful, powerful world of healing, spirituality & self love. It authentically expresses a raw, truthful energy, immersing the reader in the magic of heartache. Serving as pure light to uplift, nourish and guide us towards befriending our own wise heart, it reveals the potency found through the journey of reclaiming our wisdom and peace. "For the beautiful souls, whose broken hearts light the sky, Trust in your light, because like the sun, your golden hours are most beautiful, wrapped in clouds"

Essays examine the combination of psychotherapy methods with meditation techniques in order to aid in the development of the relationship between the therapist and patient

'Life is about relationships - the relationship we have with ourselves, with each other, with the world, as well as the connection to that which is beyond any of us. When our relationships are good, we feel good; when they are bad, we feel awful. Let's accept it: we need each other. We need to feel connected; we need to feel each other's presence and love.' With his first bestseller, *Awakening the Buddha Within*, Surya Das, the American-born lama, gave the Western world a primer for Tibetan Buddhism. Now, he continues to share this ancient wisdom as he shows us how to integrate all the experiences of our lives, both positive and negative, into our spiritual search. How happy we are with our relationships - with others, the world and ourselves - largely determines how joyous and fulfilled we will be. In *Awakening the Buddhist Heart*, Lama Surya Das shows us how to use our innate Spiritual Intelligence to build more loving and satisfying connections. As he helps us to increase our self-awareness and sensitivity towards others, making us better mates, parents, friends and members of society, Surya Das demonstrates how we can make our relationships more meaningful as he guides us through Buddhist practices that release negative emotions which enable us to learn from those we love, and those we don't.

Awakening the Mind, Lightening the Heart is His Holiness the Dalai Lama's gentle and profoundly eloquent instruction for developing the basis of the spiritual

path: a compassionate motive. With extraordinary grace and insight, His Holiness shows how the Tibetan Buddhist teachings on compassion can be practiced in our daily lives through simple meditations that directly relate to past and present relationships. This illuminating and highly accessible guide offers techniques for deepening and heightening compassion in our lives and the world around us. A husband and wife share stories of struggle and triumph along the path of the Buddha, distilling his most essential teachings in this guide that is “luminous in clarity and depth” (Tara Brach, author of *Radical Acceptance*) Husband and wife Kittisaro and Thanissara take turns co-authoring chapters in this deeply personal dharma book exploring the inner practice of meditation in support of awakening. Within the context of the lives of the authors, both monastics in their youth, awakening unfolds as a multifaceted process following the archetypal journey of the hero(ine). Traveling from innocence to disillusionment through the fields of trials and despair that lead to maturity, and ultimately to inspiration and a blessed life, *Listening to the Heart* tells the story of two unconventional individuals who have together embraced spirituality as the keystone of their lives. At the heart of the book, through teachings on the nondual nature of reality, we enter the “intimacy with all things” as revealed in core Buddhist texts. Without ending at the goal of personal freedom, Thanissara and Kittisaro encourage us to go beyond the experience of inner peace to embodying wisdom in acts of service within the world. With a realistic appraisal of our current global crisis in which sustainability is threatened by catastrophic climate change, the authors encourage a preparedness that enables a mindful balance of equanimity and passionate engagement whatever the outcome of our global evolutionary journey. The guiding refuge for this journey is the Buddha, the historical teacher and—most profoundly—that immediate and direct pure awareness, which we all can access. The book also draws on teachings and stories of Buddhist masters who are fearless, funny, and challenging. Eventually, we are led into the Mary-like presence of the goddess of mercy, Kuan Yin who, as a great archetype within Buddhist cosmology, reveals the deepest mystery of our own hearts and our capacity for merciful and compassionate response. As the inner process of awakening unfolds, it transforms seekers and their lives, as modeled by the authors. It both heals the personal self in its journey through its wounds and shadows, and yet at the same time dissolves identification with the self. The book then ends by returning to the simplicity of the authors' primary teacher, Ajahn Chah, with his encouragement to “Be the Dharma.”

Two years ago, Rae had a chance to bring joy and adventure into her life. After her husband's death in Afghanistan, her friend, Andrea, became a light for her; until fear took over and Rae ended any hopes of a relationship with Andrea. With her son, Mark, preparing to graduate from high school, she is awakening to the realization that she might have made a mistake by letting Andrea go. Rae tried to stay busy, helping other military spouses who had lost their loved ones in the war, but it only went so far. One day, the phone rang and a door reopened to the

passion and love she had known so briefly before.

Surya Das illustrates how to develop authentic presence, how to connect to our own life experience, build deeper relationships, embrace life's lessons, as well as learn how to love what we don't like. Everyone needs to feel connected, to love and feel loved, to reach out to others and communicate in order to overcome alienation, loneliness, and a feeling of being disconnected. In *AWAKENING THE BUDDHIST HEART* Surya Das shows you how to reach inward and outward. By developing spiritual intelligence, a sense of compassion that helps us be more sensitive, more aware of our own feelings and the feelings of those around us, we become more intuitive; we relate better and love better. Cultivating spiritual intelligence and learning how to connect will improve our capacity for intimacy, making us better mates, friends, parents, and coworkers; it helps all of us to become more giving and brings us fulfillment, meaning, and love. With tremendous insight he explores specific ways in which we can more fruitfully relate to our own experiences as well as each other in today's fast-paced, complicated, and often confusing world.

Everybody wants to be happy. Unfortunately, relatively few achieve bliss. Eli Jaxon-Bear explores how it is possible to achieve lives filled with gratitude and love. True happiness and meaning are achieved, he asserts, when we wake up, stop our minds, and open our hearts. It is then that we discover our true selves; our core identity that is part of the ultimate living intelligence of the universe; our true source. Like Gangaji, Jaxon-Bear uses a method of self-investigation called "self-inquiry." In the light of direct self-inquiry, limitations that once seemed to define ourselves are discovered to be more like transparent lines drawn on water. They exist only on the surface of consciousness in one's imagination. When these illusions of mind are clearly exposed, true limitless being reveals itself. This is a book that will appeal to those who are fans of Gangaji, Byron Katie, and Eckart Tolle. It is an articulate and helpful expression of a path to fulfillment for those wrestling with questions of identity and meaning.

A guide to improving your quality of life and changing the world for the better. I invite you to come on a journey with me into one of the most important, yet often most neglected dimension of yourself: your heart. I want to help you discover, as I have slowly been discovering, that our hearts not only hold the key to our being able to live a fuller and more meaningful life, but also to our being able to play a part in helping heal our planet. The change needed is a shift out of our primarily head-focus into becoming increasingly heart-centered, where we are connected to our hearts and are potentially capable of moving mountains. We are only going to be good activists if we have plenty of heart in our lives—if we are big hearted with a well-activated Heart. A culture of Heart is vital if we are to heal the many wounds and splits that exist between different classes, religions, tribes, and nations. The book has been written from a place of great hope and joy, based on knowledge that our world is changing and that the planetary heart is at last awakening. Praise for *Awakening the Universal Heart* "If you want to open and develop your heart, to create a better world for everyone, then read this passionate and inspiring book." —William Bloom, author, educator, and activist "We need practical visionaries to show us the way towards a culture of love and of the heart. Serge is one such visionary." —David Lorimer, Programme Director of the Scientific and Medical Network

MYSTICAL. EXTRASENSORY. SHAMANIC. The lyrics to a song, "Love, Thy Will Be

Done,"(Prince & Martika) captivated author Marcia Singer in '91 during an exquisitely painful life passage. Both of her parents were dying, her lover was moving far away. She was ripe for profound awakening, deep healing through Surrender to whatever Life might bring. Learning to love unconditionally was the Path, the Work to be done. Following *Iron Jane* (2019), this second collection of soul-bearing stories of personal transformation wake a calling to live a big life. Sourcing the deep and erotic, wildish and ecstatic feminine Soul, Singer risks it all to be a trustworthy way-shower.

A renowned Zen master and Nobel Peace Prize nominee introduces a Buddhist approach to practicing authentic love in our everyday lives In this eye-opening guide, Zen monk Thich Nhat Hanh offers timeless insight into the nature of real love. With simplicity, warmth, and directness, he explores the four key aspects of love as described in the Buddhist tradition: lovingkindness, compassion, joy, and freedom—explaining how to experience them in our day-to-day lives. He also emphasizes that in order to love in a real way, we must first learn how to be fully present in our lives, and he offers simple techniques from the Buddhist tradition that anyone can use to establish the conditions of love. Thich Nhat Hanh, a Vietnamese Zen Buddhist monk, is an internationally known author, poet, scholar, and peace activist who was nominated for the Nobel Peace Prize by Martin Luther King Jr.

Explains how to find freedom in the love of Jesus, detailing the story of Lazarus to demonstrate that this love is separate from personal accomplishments, and includes a Bible study for group and individual reflections.

Facilitating with Heart: Awakening Personal Transformation and Social Change is a book that integrates best practices in the field of facilitation. You'll find resources and inspirational stories from facilitators, coaches and social change activists from around the world.

Grade level: 1, 2, 3, 4, 5, 6, 7, p, e, i, s, t.

Many of us, without even realizing it, are dominated by fear. We might be aware of some of our fears—perhaps we are afraid of public speaking, of financial hardship, or of losing a loved one. Chögyam Trungpa shows us that most of us suffer from a far more pervasive fearfulness: fear of ourselves. We feel ashamed and embarrassed to look at our feelings or acknowledge our styles of thinking and acting; we don't want to face the reality of our moment-to-moment experience. It is this fear that keeps us trapped in cycles of suffering, despair, and distress. Chögyam Trungpa offers us a vision of moving beyond fear to discover the innate bravery, trust, and delight in life that lies at the core of our being. Drawing on the Shambhala Buddhist teachings, he explains how we can each become a spiritual warrior: a person who faces each moment of life with openness and fearlessness. "The ultimate definition of bravery is not being afraid of who you are," writes Chögyam Trungpa. In this book he offers the insights and strategies to claim victory over fear.

The most satisfying adventure of your life is just ahead! The most incredible adventure of your life is just ahead! Get ready for the most satisfying adventure of your life! Get ready for the most glorious adventure of your life! People are always pursuing something. From climbing the ladder of success to finding their soul mates to seeking ultimate purpose in life, there is always a pursuit and always an object that the pursuit is aimed at. Some pursuits are noble and to be applauded. Some are empty and will leave you disappointed. And then there is one that is unparalleled, eternal, and of supreme

importance in your life: The pursuit of knowing God. Join Antonio Baldovinos on an unforgettable journey that will awaken you to what the most fulfilling and essential pursuit in life is. In *Relentless Pursuit*, you will learn: How God's pursuit of you intensifies your pursuit of Him To experience true fulfillment through intimacy with God Practical tools to maintaining a life that burns for Jesus Join the pursuit today and experience God like never before!

Silence the voice of doubt and awaken your heart. Have you ever found yourself saying, "Is this it?" Carolyn Rim was just your average bored sales rep working a 9-to-5 until one day she knew she didn't want to go on living. That's when-by seeming divine intervention-she felt the call to take a chance on her heart and her dreams. Her heart was awakened and as if by magic she began the journey toward her destiny. The exceptional synchronicities in Carolyn's story will have you start believing in the magic. Now a renowned life coach, Carolyn guides you and shows you that when you stop listening to the voice of doubt and start listening to the whispers of your heart, the whole universe conspires in your favor to help make your dreams come true. This book will have you on the edge of your seat, cheering, grabbing the tissues, and perhaps biting your nails as Carolyn Rim's journey is by turns rocky, breathtaking, and glorious. Every few decades, a story comes along that helps you awaken your heart and believe in the magic of self-love. As Carolyn learned, "Have faith in yourself and others, because every moment you take that leap and listen to the whispers in your heart, you have an encounter with God."

You are a spiritual being, having a human experience. Do you have a clear sense of that reality? Do you believe that you are a spiritual being? For thirty years, I have been a pastor within a traditional church, one that is both progressive in its thinking and firmly rooted in love and grace. News flash! Those within traditional churches and those outside church of any kind are often confused, uncertain, and detached from what I call relevant faith. Do you describe yourself as a person of faith? If the answer is yes or if the answer is no, *Life in the Heart of God* will take you on a journey that will clarify what you do believe and what you do not believe. Most importantly, you will gain insight and affirmation related to your true divine identity. Growing up in a churchgoing family or simply attending church does not guarantee that your faith will be relevant in your daily life. For faith to be relevant, it must make sense. When faith is relevant in your daily life, who you are, whose you are, and the purpose of your life becomes clear. Remembering who you are, who you truly are, is of great importance. Alone, the physical world that is finite obscures your ability to see the infinite, and you easily fall victim to your fears. When you are able to understand your life on this earth to be a progressive journey from divine light to divine light, you will enter your personal spiritual dawn and awaken to life in and from the heart of God. Home!

Let history come to life - just the way it should do! Read the stories of the gifted preachers and justice fighters who led the 1st & 2nd Great Awakenings in the 18th and 19th centuries. Meet the American preacher who started a national revival in his tiny church. Spend time with the wealthy English politician and the former American slave woman who helped abolish slavery in their countries. Get to know the missionaries who built lasting Christian communities in China, India, and Africa. For the first 1700 years of the church, God's people had worked to define Christian teachings and secure their freedom to worship. Now they began to see, in a new way, how the power of the gospel

should change their feelings both toward Jesus and their fellow human beings. A great guide for all who desire to live with confidence. The simple, yet profound truths herein can enhance anyone's journey of the heart. Down's words reflect a compassionate and magical universe. Learn how to get back to basics by letting go. The message is calm, encouraging, strong and sure.

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