

Heart Berries A Memoir

Using contemporary autobiography theory and literary, historical, and ethnographic approaches, Wong explores the transformation of Native American autobiography from pre-contact oral and pictographic personal narratives through late nineteenth-/early twentieth-century life histories to written contemporary autobiographies. This book expands the definition of autobiography to include non-written forms of personal narrative and non-Western concepts of self, highlighting the incorporation of traditional tribal modes of self-narration with Western forms of autobiography and charting the historical transition from orality to literacy.

"A writer's search for inspiration, beauty, and solace leads her to birds in this ... meditation on creativity and life"--

Suppose I were to begin by saying that I had fallen in love with a color . . . A lyrical, philosophical, and often explicit exploration of personal suffering and the limitations of vision and love, as refracted through the color blue. With *Bluets*, Maggie Nelson has entered the pantheon of brilliant lyric essayists. Maggie Nelson is the author of numerous books of poetry and nonfiction, including *Something Bright, Then Holes* (Soft Skull Press, 2007) and *Women, the New York School, and Other True Abstractions* (University of Iowa Press, 2007). She lives in Los Angeles and teaches at the California Institute of the Arts. Twenty-three stories from one of science fiction's up-and-coming stars, Pushcart and Journey Prize-nominated author Rich Larson. Welcome to the Tomorrow Factory. On your left, post-human hedonists on a distant space station bring diseases back in fashion, two scavengers find a super-powered parasite under the waves of Sunk Seattle, and a terminally-ill chemist orchestrates an asteroid prison break. On your right, an alien optometrist spins illusions for irradiated survivors of the apocalypse, a high-tech grifter meets his match in near-future Thailand, and two teens use a blackmarket personality mod to get into the year's wickedest, wildest party. This collection of published and original fiction by award-winning writer Rich Larson will bring you from a Bujumbura cyberpunk junkyard to the icy depths of Europa, from the slick streets of future-noir Chicago to a tropical island of sapient robots. You'll explore a mysterious ghost ship in deep space, meet an android learning to dream, and fend off predatory alien fungi on a combat mission gone wrong. Twenty-three futures, ranging from grimy cyberpunk to far-flung space opera, are waiting to blow you away. So step inside the Tomorrow Factory, and mind your head.

From bestselling author of the remarkable memoir, *The Distance Between Us* comes an inspiring account of one woman's quest to find her place in America as a first-generation Latina university student and aspiring writer determined to build a new life for her family one fearless word at a time. "Here is a life story so unbelievable, it could only be true" (Sandra Cisneros, bestselling author of *The House on Mango Street*). As an immigrant in an unfamiliar country, with an indifferent mother and abusive father, Reyna had few resources at her disposal. Taking refuge in words, Reyna's love of reading and writing propels her to rise above until she achieves the impossible and is accepted to the University of California, Santa Cruz. Although her acceptance is a triumph, the actual experience of American college life is intimidating and unfamiliar for someone like Reyna, who is now estranged from her family and support system. Again, she finds solace in words, holding fast to her vision of becoming a writer, only to discover she knows nothing about what it takes to make a career out of a dream. Through it all, Reyna is determined to make the impossible possible, going from undocumented immigrant of little means to "a fierce, smart, shimmering light of a writer" (Cheryl Strayed, author of *Wild*); a National Book Critics Circle Award Finalist whose "power is growing with every book" (Luis Alberto Urrea, Pulitzer Prize finalist); and a proud mother of two beautiful children who will never have to know the pain of poverty and neglect. Told in Reyna's exquisite, heartfelt prose, *A Dream Called Home* demonstrates how, by daring to pursue her dreams, Reyna was able to build the one thing she had always longed for: a home that would endure.

An urgent, on-the-scene account of chaos and compassion on the front lines of ground zero for Covid-19, from a senior doctor at New York City's busiest emergency room "Remarkable and inspiring . . . We're lucky to have this vivid firsthand account."—A. J. Jacobs, bestselling author of *The Year of Living Biblically* When former New York Times journalist Dan Koeppel texted his cousin Robert Meyer, a twenty-year veteran of the emergency room at Montefiore Medical Center in the Bronx, at the beginning of the Covid-19 crisis in the United States, he expected to hear that things were hectic. On a scale of 1 to 10, 10 being overwhelmed, where do you think you are? Koeppel asked. Meyer's grave reply—100—was merely the cusp of the crisis that would soon touch every part of the globe. In need of an outlet to process the trauma of his working life over the coming months, Meyer continued to update Koeppel with what he'd seen and whom he'd treated. The result is an intimate record of historic turmoil and grief from the perspective of a remarkably resilient ER doctor. *Every Minute Is a Day* takes us into a hospital ravaged by Covid-19 and is filled with the stories of promises made that may be impossible to keep, of life or death choices for patients and their families, and of selflessness on the part of medical professionals who put themselves at incalculable risk. As fast-paced and high-tempo as the ER in which it takes place, *Every Minute Is a Day* is at its core an incomparable firsthand account of unrelenting compassion, and a reminder that every human life deserves a chance to be saved.

Describing her struggle as a black woman with an eating disorder that is consistently portrayed as a white woman's problem, this insightful and moving narrative traces the background and factors that caused her bulimia. Moving coast to coast, she tries to escape her self-hatred and obsession by never slowing down, unaware that she is caught in downward spiral emotionally, spiritually, and physically. Finally she can no longer deny that she will die if she doesn't get help, overcome her shame, and conquer her addiction. But seeking help only reinforces her negative self-image, and she discovers her race makes her an oddity in the all-white programs for eating disorders. This memoir of her experiences answers many questions about why black women often do not seek traditional therapy for emotional problems.

A hypnotic, brutal, and unstoppable coming-of-age story echoing from within the aftershocks set off by the American Indian boarding schools of generations past, fanned by the flames of nearly fifteen years of service in the Armed Forces, exposing a series of inescapable prisons and the invisible scars of attempted erasure. When he learns his father is dying, David Tromblay ponders what will become of the monster's legacy and picks up a pen to set the story straight. In sharp and unflinching prose, he recounts his childhood bouncing between his father, who wrestles with anger, alcoholism, and a traumatic brain injury; his grandmother, who survived Indian boarding schools but mistook the corporal punishment she endured for proper child-rearing; and his mother, a part-time waitress, dancer, and locksmith, who hides from David's father in church basements and the folded-down back seat of her car until winter forces her to abandon her son on his grandmother's doorstep. For twelve years, he is beaten, burned, humiliated, locked in closets, lied to, molested, seen and not heard, until his talent for brutal violence meets and exceeds his father's, granting him an escape. Years later, David confronts the compounded traumas of his childhood, searching for the domino that fell and forced his family into the cycle of brutality and denial of their own identity.

In the spring, the bear returns to the forest, the glacier returns to its source, and the salmon returns to the fresh water where it was spawned. Drawing on the special relationship that the Native people of southeastern Alaska have always had with nature, *Blonde Indian* is a story about returning. Told in eloquent layers that blend Native stories and metaphor with social and spiritual journeys, this enchanting memoir traces the author's life from her difficult childhood growing up in the Tlingit community, through her adulthood, during which she lived for some time in Seattle and San Francisco, and eventually to her return home. Neither fully Native American nor Euro-American, Hayes encounters a unique sense of alienation from both her Native community and the dominant culture. We witness her struggles alongside other Tlingit men and women—many of whom never left their Native community but wrestle with their own challenges, including unemployment, prejudice, alcoholism, and poverty. The author's personal journey, the symbolic stories of contemporary Natives, and the tales and legends that have circulated among the Tlingit people for centuries are all woven together, making *Blonde Indian* much more than the

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story of one woman's life. Filled with anecdotes, descriptions, and histories that are unique to the Tlingit community, this book is a document of cultural heritage, a tribute to the Alaskan landscape, and a moving testament to how going back—in nature and in life—allows movement forward.

In her powerful debut collection of poetry, Arielle Twist unravels the complexities of human relationships after death and metamorphosis. In these spare yet powerful poems, she explores, with both rage and tenderness, the parameters of grief, trauma, displacement, and identity. Weaving together a past made murky by uncertainty and a present which exists in multitudes, Arielle Twist poetically navigates through what it means to be an Indigenous trans woman, discovering the possibilities of a hopeful future and a transcendent, beautiful path to regaining softness.

Literary Nonfiction. Women's Studies. Fearless, haunting, and transcendently honest, Amy Long's CODEPENDENCE is a memoir of pain and its paradoxes. Long documents her coming of age as an ambitious young writer plagued by chronic headache and entangled with a boyfriend's opioid addiction. The essays that result explore the complexities of care, hurt, and hope with elegance and precision. Long exposes her every nerve, crafting a story both intimate and deeply relevant. An essential book for the opioid era.

"A powerful, poetic memoir about what it means to exist as an indigenous woman in America, told in snapshots of the author's encounters with gun violence--for readers of Jesmyn Ward and Terese Marie Mailhot. Toni Jensen grew up in the Midwest around guns: As a girl, she learned how to shoot birds with her father, a card-carrying member of the NRA. As an adult, she's had guns waved in her face in the fracklands around Standing Rock, and felt their silent threat on the concealed-carry campus where she teaches. And she has always known she is not alone. As a Mâetis woman, she is no stranger to the violence enacted on the bodies of indigenous women, on indigenous land, and the ways it is hidden, ignored, forgotten. In Carry, Jensen maps her personal experience onto the historical, exploring how history is lived in the body and redefining the language we use to speak about violence in America. In the title chapter, Jensen recalls the discrimination she faced in college as a Native American student from her roommate to her faculty adviser. "The Worry Line" explores the gun and gang violence in her neighborhood the year her daughter was born. "At the Workshop" focuses on her graduate school years, during which a classmate repeatedly wrote stories in which he killed thinly veiled versions of her. In "Women in the Fracklands," Jensen takes the reader inside Standing Rock during the Dakota Access pipeline protests, as well as the peril faced by women, in regions overcome by the fracking boom. In prose at once forensic and deeply emotional, Toni Jensen shows herself to be a brave new voice and a fearless witness to her own difficult history--as well as to the violent cultural landscape in which she finds her coordinates as a Native American woman. With each chapter, Carry reminds us that surviving in one's country is not the same as surviving one's country"--

Award-winning author and powerhouse talent Roxane Gay burst onto the scene with *An Untamed State* and the New York Times bestselling essay collection *Bad Feminist* (Harper Perennial). Gay returns with *Difficult Women*, a collection of stories of rare force and beauty, of hardscrabble lives, passionate loves, and quirky and vexed human connection. The women in these stories live lives of privilege and of poverty, are in marriages both loving and haunted by past crimes or emotional blackmail. A pair of sisters, grown now, have been inseparable ever since they were abducted together as children, and must negotiate the elder sister's marriage. A woman married to a twin pretends not to realize when her husband and his brother impersonate each other. A stripper putting herself through college fends off the advances of an overzealous customer. A black engineer moves to Upper Michigan for a job and faces the malign curiosity of her colleagues and the difficulty of leaving her past behind. From a girls' fight club to a wealthy subdivision in Florida where neighbors conform, compete, and spy on each other, Gay delivers a wry, beautiful, haunting vision of modern America reminiscent of Merritt Tierce, Jamie Quatro, and Miranda July.

"An urgently needed, unyielding book of theoretical and intimate strength." —Kirkus Reviews, starred The youngest ever winner of the Griffin Prize mines his personal history in a brilliant new essay collection seeking to reconcile the world he was born into with the world that could be. For readers of Ocean Vuong and Maggie Nelson and fans of *Heart Berries* by Terese Marie Mailhot, *A History of My Brief Body* is a brave, raw, and fiercely intelligent collection of essays and vignettes on grief, colonial violence, joy, love, and queerness. Billy-Ray Belcourt's debut memoir opens with a tender letter to his kokum and memories of his early life in the hamlet of Jousard, Alberta, and on the Driftpile First Nation. Piece by piece, Billy-Ray's writings invite us to unpack and explore the big and broken world he inhabits every day, in all its complexity and contradiction: a legacy of colonial violence and the joy that flourishes in spite of it; first loves and first loves lost; sexual exploration and intimacy; the act of writing as a survival instinct and a way to grieve. What emerges is not only a profound meditation on memory, gender, anger, shame, and ecstasy, but also the outline of a way forward. With startling honesty, and in a voice distinctly and assuredly his own, Belcourt situates his life experiences within a constellation of seminal queer texts, among which this book is sure to earn its place. Eye-opening, intensely emotional, and excessively quotable, *A History of My Brief Body* demonstrates over and over again the power of words to both devastate and console us.

This is the story of how a young northern girl picked herself up out of the rough and polished herself off like the diamond that she is in the land of the midnight sun. *Northern Wildflower* is the beautifully written and powerful memoir of Catherine Lafferty. With startling honesty and a distinct voice, Lafferty tells her story of being a Dene woman growing up in Canada's North and her struggles with intergenerational trauma, discrimination, poverty, addiction, love, and loss. Focusing on the importance of family ties, education, spiritualism, cultural identity, health, happiness, and the courage to speak the truth, Lafferty's words bring cultural awareness and relativity to Indigenous and non-Indigenous readers alike, giving insight into the real issues many Indigenous women face and dispelling misconceptions about what life in the North is like.

A NEW YORK TIMES BESTSELLER Winner of the Whiting Award for Non-Fiction Selected by Emma Watson as an Our Shared Shelf Book Club Pick 'I loved it' Kate Tempest 'Astounding' Roxane Gay 'A sledgehammer' New York Times *Heart Berries* is a powerful, poetic memoir of a woman's coming of age on an Indian Reservation in the Pacific Northwest. Having survived a profoundly dysfunctional upbringing only to find herself hospitalised and facing a dual diagnosis of post-traumatic stress disorder and bipolar II disorder, Terese Marie Mailhot is given a notebook and begins to write her way out of trauma. The triumphant result is *Heart Berries*, a memorial for Mailhot's mother, a social worker and activist who had a thing for prisoners; a story of reconciliation with her father – an abusive drunk and a brilliant artist – who was murdered under mysterious circumstances; and an elegy on how difficult it is to love someone while dragging the long shadows of shame. Memory isn't exact, but melded to imagination. In *Heart Berries*, Mailhot discovers her own true voice, seizes control of her story, and, in so doing, re-establishes her connection to her family, to her people, and to her place in the world.

This “powerful” (BuzzFeed) debut about love, grief, and family welcomes you into its pages and invites you to linger, staying with you long after you’ve closed its covers. “I am madly in love with this book, a kaleidoscopic wonder.”—T Kira Madden, author of *Long Live the Tribe of Fatherless Girls* How do you grieve, if your family doesn't talk about feelings? This is the question the unnamed protagonist of *GhostForest* considers after her father dies. One of the many Hong Kong “astronaut” fathers, he stays there to work, while the rest of the family immigrated to Canada before the 1997 Handover, when the British returned sovereignty over Hong Kong to China. As she revisits memories of her father through the years, she struggles with unresolved questions and misunderstandings. Turning to her mother and grandmother for answers, she discovers her own life refracted brightly in theirs. Buoyant and heartbreaking, *Ghost Forest* is a slim novel

that envelops the reader in joy and sorrow. Fung writes with a poetic and haunting voice, layering detail and abstraction, weaving memory and oral history to paint a moving portrait of a Chinese-Canadian astronaut family. “Ghost Forest is the tender/funny book we can all appreciate after a hellish year.”—Literary Hub

A collection of top-selected mystery writing from the past year is culled from a variety of respected sources and offers insight into evolving genre trends.

Named One of the Best Books of the year by: Esquire, Refinery29, BookRiot, Medium, Electric Literature, The Brooklyn Rail, Largehearted Boy, The Coil and The Cut. Winner of the Lambda Literary Jeanne Cordova Prize for Lesbian/Queer Nonfiction Finalist, Lambda Literary Award for Lesbian Memoir/Biography Finalist, Publishing Triangle's Judy Grahn Award for Lesbian Nonfiction An Indie Next Pick For readers of Maggie Nelson and Leslie Jamison, a fierce and dazzling personal narrative that explores the many ways identity and art are shaped by love and loss. In her critically acclaimed memoir, Whip Smart, Melissa Febos laid bare the intimate world of the professional dominatrix, turning an honest examination of her life into a lyrical study of power, desire, and fulfillment. In her dazzling Abandon Me, Febos captures the intense bonds of love and the need for connection -- with family, lovers, and oneself. First, her birth father, who left her with only an inheritance of addiction and Native American blood, its meaning a mystery. As Febos tentatively reconnects, she sees how both these lineages manifest in her own life, marked by compulsion and an instinct for self-erasure. Meanwhile, she remains closely tied to the sea captain who raised her, his parenting ardent but intermittent as his work took him away for months at a time. Woven throughout is the hypnotic story of an all-consuming, long-distance love affair with a woman, marked equally by worship and withdrawal. In visceral, erotic prose, Febos captures their mutual abandonment to passion and obsession -- and the terror and exhilaration of losing herself in another. At once a fearlessly vulnerable memoir and an incisive investigation of art, love, and identity, Abandon Me draws on childhood stories, religion, psychology, mythology, popular culture, and the intimacies of one writer's life to reveal intellectual and emotional truths that feel startlingly universal.

NATIONAL BESTSELLER (The Globe and Mail) A moving memoir about growing up with a gay father in the 1980s, and a tribute to the power of truth, humour, acceptance and familial love. A true "It GOT Better" story. Alison Wearing led a largely carefree childhood until she learned, at the age of 12, that her family was a little more complex than she had realized. Sure her father had always been unusual compared to the other dads in the neighbourhood: he loved to bake croissants, wear silk pyjamas around the house, and skip down the street singing songs from Gilbert and Sullivan operettas. But when he came out of the closet in the 1970s, when homosexuality was still a cardinal taboo, it was a shock to everyone in the quiet community of Peterborough, Ontario—especially to his wife and three children. Alison's father was a professor of political science and amateur choral conductor, her mother was an accomplished pianist and marathon runner, and together they had fed the family a steady diet of arts, adventures, mishaps, normal frustrations and inexhaustible laughter. Yet despite these agreeable circumstances, Joe's internal life was haunted by conflicting desires. As he began to explore and understand the truth about himself, he became determined to find a way to live both as a gay man and also a devoted father, something almost unheard of at the time. Through extraordinary excerpts from his own letters and journals from the years of his coming out, we read of Joe's private struggle to make sense and beauty of his life, to take inspiration from an evolving society and become part of the vanguard of the gay revolution in Canada. Confessions of a Fairy's Daughter is also the story of “coming out” as the daughter of a gay father. Already wrestling with an adolescent's search for identity when her father came out of the closet, Alison promptly “went in,” concealing his sexual orientation from her friends and spinning extravagant stories about all of the “great straight things” they did together. Over time, Alison came to see that life with her father was surprisingly interesting and entertaining, even oddly inspiring, and in fact, there was nothing to hide. Balancing intimacy, history and downright hilarity, Confessions of a Fairy's Daughter is a captivating tale of family life: deliciously imperfect, riotously challenging, and full of life's great lessons in love. Alison brings her story to life with a skillfully light touch in this warm, heartfelt and revelatory memoir.

Heart BerriesA MemoirCatapult

A daughter returns home to the Navajo reservation to retrace her mother's life in a memoir that is both a narrative and an archive of one family's troubled history. “In this transcendent story, Geller refuses to look away from the agonizing cycles of abuse and addiction, while also writing with deep compassion about the limitations of the people we love.”—Esquire (One of the Best Books of the Year) When Danielle Geller's mother dies of alcohol withdrawal during an attempt to get sober, Geller returns to Florida and finds her mother's life packed into eight suitcases. Most were filled with clothes, except for the last one, which contained diaries, photos, and letters, a few undeveloped disposable cameras, dried sage, jewelry, and the bandana her mother wore on days she skipped a hair wash. Geller, an archivist and a writer, uses these pieces of her mother's life to try and understand her mother's relationship to home, and their shared need to leave it. Geller embarks on a journey where she confronts her family's history and the decisions that she herself had been forced to make while growing up, a journey that will end at her mother's home: the Navajo reservation. Dog Flowers is an arresting, photo-lingual memoir that masterfully weaves together images and text to examine mothers and mothering, sisters and caretaking, and colonized bodies. Exploring loss and inheritance, beauty and balance, Danielle Geller pays homage to our pasts, traditions, and heritage, to the families we are given and the families we choose.

One of the Must-Read Books of 2019 According to O: The Oprah Magazine * Time * Bustle * Electric Literature * Publishers Weekly * The Millions * The Week * Good Housekeeping “There is more life packed on each page of Ordinary Girls than some lives hold in a lifetime.” —Julia Alvarez In this searing memoir, Jaquira Díaz writes fiercely and eloquently of her challenging girlhood and triumphant coming of age. While growing up in housing projects in Puerto Rico and Miami Beach, Díaz found herself caught between extremes. As her family split apart and her mother battled schizophrenia, she was supported by the love of her friends. As she longed for a family and home, her life was upended by violence. As she celebrated her Puerto Rican culture, she couldn't find support for her burgeoning sexual identity. From her own struggles with depression and sexual assault to Puerto Rico's history of colonialism, every page of Ordinary Girls vibrates with music and lyricism. Díaz writes with raw and refreshing honesty, triumphantly mapping a way out of despair toward love and hope to become her version of the girl she always wanted to be. Reminiscent of Tara Westover's Educated, Kiese Laymon's Heavy, Mary Karr's The Liars' Club, and Terese Marie Mailhot's Heart Berries, Jaquira Díaz's memoir provides a vivid portrait of a life lived in (and beyond) the borders of Puerto Rico and its complicated history—and reads as electrically as a novel.

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A collection of the year's best essays selected by Robert Atwan and guest editor Rebecca Solnit. "Essays are restless literature, trying to find out how things fit together, how we can think about two things at once, how the personal and the public can inform each other, how two overtly dissimilar things share a secret kinship," contends Rebecca Solnit in her introduction. From lost languages and extinct species to life-affirming cosmologies and literary myths that offer cold comfort, the personal and the public collide in *The Best American Essays 2019*. This searching, necessary collection grapples with what has preoccupied us in the past year—sexual politics, race, violence, invasive technologies—and yet, in reading for the book, Solnit also found "how discovery can be a deep pleasure." *The Best American Essays 2019* includes Michelle Alexander, Jabari Asim, Alexander Chee, Masha Gessen, Jean Guerrero, Elizabeth Kolbert, Terese Marie Mailhot, Jia Tolentino, and others.

A riveting memoir and a fascinating investigation of the history, uses, and controversies behind lithium, an essential medication for millions of people struggling with bipolar disorder. It began in Los Angeles in 1993, when Jaime Lowe was just sixteen. She stopped sleeping and eating, and began to hallucinate—demonically cackling Muppets, faces lurking in windows, Michael Jackson delivering messages from the Neverland Underground. Lowe wrote manifestos and math equations in her diary, and drew infographics on her bedroom wall. Eventually, hospitalized and diagnosed as bipolar, she was prescribed a medication that came in the form of three pink pills—lithium. In *Mental*, Lowe shares and investigates her story of episodic madness, as well as the stability she found while on lithium. She interviews scientists, psychiatrists, and patients to examine how effective lithium really is and how its side effects can be dangerous for long-term users—including Lowe, who after twenty years on the medication suffers from severe kidney damage. *Mental* is eye-opening and powerful, tackling an illness and drug that has touched millions of lives and yet remains shrouded in social stigma. Now, while she adjusts to a new drug, her pursuit of a stable life continues as does her curiosity about the history and science of the mysterious element that shaped the way she sees the world and allowed her decades of sanity. Lowe travels to the Bolivian salt flats that hold more than half of the world's lithium reserves, rural America where lithium is mined for batteries, and tolithium spas that are still touted as a tonic to cure all ills. With unflinching honesty and humor, Lowe allows a clear-eyed view into her life, and an arresting inquiry into one of mankind's oldest medical mysteries.

A powerful, poetic memoir of an Indigenous woman's coming of age on the Seabird Island Band in the Pacific Northwest—this New York Times bestseller and Emma Watson Book Club pick is "an illuminating account of grief, abuse and the complex nature of the Native experience . . . at once raw and achingly beautiful (NPR) Having survived a profoundly dysfunctional upbringing only to find herself hospitalized and facing a dual diagnosis of post traumatic stress disorder and bipolar II disorder, Terese Marie Mailhot is given a notebook and begins to write her way out of trauma. The triumphant result is *Heart Berries*, a memorial for Mailhot's mother, a social worker and activist who had a thing for prisoners; a story of reconciliation with her father—an abusive drunk and a brilliant artist—who was murdered under mysterious circumstances; and an elegy on how difficult it is to love someone while dragging the long shadows of shame. Mailhot trusts the reader to understand that memory isn't exact, but melded to imagination, pain, and what we can bring ourselves to accept. Her unique and at times unsettling voice graphically illustrates her mental state. As she writes, she discovers her own true voice, seizes control of her story, and, in so doing, reestablishes her connection to her family, to her people, and to her place in the world.

For the characters we meet in Toni Jensen's stories, the past is very much the present. Theirs are American Indian lives off the reservation, lives lived beyond the usual boundaries set for American Indian characters: migratory, often overlooked, yet carrying tradition with them into a future of difference and possibility.

A NEW YORK TIMES BESTSELLER Selected by Emma Watson as an Our Shared Shelf Book Club Pick 'I loved it' Kate Tempest 'Astounding' Roxane Gay 'A sledgehammer' New York Times *Heart Berries* is a powerful, poetic memoir of a woman's coming of age on an Indian Reservation in the Pacific Northwest. Having survived a profoundly dysfunctional upbringing only to find herself hospitalised and facing a dual diagnosis of post-traumatic stress disorder and bipolar II disorder, Terese Marie Mailhot is given a notebook and begins to write her way out of trauma. The triumphant result is *Heart Berries*, a memorial for Mailhot's mother, a social worker and activist who had a thing for prisoners; a story of reconciliation with her father - an abusive drunk and a brilliant artist - who was murdered under mysterious circumstances; and an elegy on how difficult it is to love someone while dragging the long shadows of shame. Memory isn't exact, but melded to imagination. In *Heart Berries*, Mailhot discovers her own true voice, seizes control of her story, and, in so doing, re-establishes her connection to her family, to her people, and to her place in the world.

When life gets your goat, bring in the herd Jennifer McGaha never expected to own a goat named Merle. Or to be setting Merle up on dates and naming his doeling Merlene. She didn't expect to be buying organic yogurt for her chickens. She never thought she would be pulling camouflage carpet off her ceiling or rescuing opossums from her barn and calling it "date night." Most importantly, Jennifer never thought she would only have \$4.57 in her bank account. When Jennifer discovered that she and her husband owed back taxes—a lot of back taxes—her world changed. Now desperate to save money, they foreclosed on their beloved suburban home and moved their family to a one-hundred-year-old cabin in a North Carolina holler. Soon enough, Jennifer's life began to more closely resemble her Appalachian ancestors than her upper-middle-class upbringing. But what started as a last-ditch effort to settle debts became a journey that revealed both the joys and challenges of living close to the land. Told with bold wit, unflinching honesty, and a firm foot in the traditions of Appalachia, *Flat Broke with Two Goats* blends stories of homesteading with the journey of two people rediscovering the true meaning of home.

NATIONAL BESTSELLER • PEN/HEMINGWAY AWARD WINNER • One of The New York Times 10 Best Books of the Year • A wondrous and shattering novel that follows twelve characters from Native communities: all traveling to the Big Oakland Powwow, all connected to one another in ways they may not yet realize. Among them is Jacquie Red Feather, newly sober and trying to make it back to the family she left behind. Dene Oxendene, pulling his life together after his uncle's death and working at the powwow to honor his memory. Fourteen-year-old Orvil, coming to perform traditional dance for the very first time. Together, this chorus of voices tells of the plight of the urban Native American—grappling with a complex and painful history, with an inheritance of beauty and spirituality, with communion and sacrifice and heroism. Hailed as an instant classic, *There There* is at once poignant and unflinching, utterly contemporary and truly unforgettable.

*Canada Reads 2019 Longlist *National Bestseller *New York Times Bestseller *Finalist for the 2018 Hilary Weston Writers' Trust Prize for Nonfiction *Finalist for the 2018 Governor General's Literary Awards *Longlisted for the 2019 RBC Taylor Prize *Winner of the Blue Metropolis First Peoples Prize *Winner of the Spalding Prize for the Promotion of Peace and Justice in Literature *Winner of the 2019 Whiting Award for Nonfiction *Shortlisted for the 2019 Kobo Emerging Writer Prize *Shortlisted for the 2019 Edna Staebler Award for Creative Nonfiction *A New York Times Editors' Choice *A Globe and Mail Best Book of 2018 *A CBC Best Book of 2018 *A Toronto Star Best Book of 2018 *A Walrus Best Book of 2018 *An NPR Best Book of 2018 *A Chatelaine Best Book of 2018 *A Bustle Best Book of 2018 *A GQ Best Book of 2018 *A Thrillist Best Book of 2018 *A Book Riot Best Book of 2018 *An Electric Lit Best Book of 2018 *An Entropy Best Book of 2018 *A Hill Times Best Book of 2018 *A BookPage Best Book of 2018 *A Library Journal Best Book of 2018 *A Goodreads Best Book of 2018 *A New York Public Library Best Book of 2018 *Named one of the most anticipated books of 2018 by: Chatelaine, Entertainment Weekly, ELLE, Cosmopolitan, Esquire, Huffington Post, B*tch, NYLON, BuzzFeed, Bustle, The Rumpus and Goodreads *Selected by Emma Watson as the Our Shared Shelf Book Club Pick for March/April 2018

Guileless and refreshingly honest, Terese Mailhot's debut memoir chronicles her struggle to balance the beauty of her Native heritage with the often desperate and chaotic reality of life on the reservation. Heart Berries is a powerful, poetic memoir of a woman's coming of age on the Seabird Island Indian Reservation in British Columbia. Having survived a profoundly dysfunctional upbringing only to find herself hospitalized and facing a dual diagnosis of Post Traumatic Stress Disorder and Bipolar II, Terese Mailhot is given a notebook and begins to write her way out of trauma. The triumphant result is Heart Berries, a memorial for Mailhot's mother, a social worker and activist who had a thing for prisoners? a story of reconciliation with her father--an abusive drunk and a brilliant artist--who was murdered under mysterious circumstances? and an elegy on how difficult it is to love someone while dragging the long shadows of shame. Mailhot "trusts the reader to understand that memory isn't exact, but melded to imagination, pain and what we can bring ourselves to accept." Her unique and at times unsettling voice graphically illustrates her mental state. As she writes, she discovers her own true voice, seizes control of her story and, in so doing, reestablishes her connection to her family, to her people and to her place in the world.

This is not your mother's memoir. In *The Chronology of Water*, Lidia Yuknavitch, a lifelong swimmer and Olympic hopeful escapes her raging father and alcoholic and suicidal mother when she accepts a swimming scholarship which drug and alcohol addiction eventually cause her to lose. What follows is promiscuous sex with both men and women, some of them famous, and some of it S&M, and Lidia discovers the power of her sexuality to help her forget her pain. The forgetting doesn't last, though, and it is her hard-earned career as a writer and a teacher, and the love of her husband and son, that ultimately create the life she needs to survive.

"In her raw, unflinching memoir . . . she tells the impassioned, wrenching story of the mental health crisis within her own family and community . . . A searing cry." —New York Times Book Review

The Mohawk phrase for depression can be roughly translated to "a mind spread out on the ground." In this urgent and visceral work, Alicia Elliott explores how apt a description that is for the ongoing effects of personal, intergenerational, and colonial traumas she and so many Native people have experienced. Elliott's deeply personal writing details a life spent between Indigenous and white communities, a divide reflected in her own family, and engages with such wide-ranging topics as race, parenthood, love, art, mental illness, poverty, sexual assault, gentrification, and representation. Throughout, she makes thrilling connections both large and small between the past and present, the personal and political. A national bestseller in Canada, this updated and expanded American edition helps us better understand legacy, oppression, and racism throughout North America, and offers us a profound new way to decolonize our minds.

As a small boy in remote Alberta, Darrel J. McLeod is immersed in his Cree family's history, passed down in the stories of his mother, Bertha. There he is surrounded by her tales of joy and horror—of the strong men in their family, of her love for Darrel, and of the cruelty she and her sisters endured in residential school—as well as his many siblings and cousins, and the smells of moose stew and wild peppermint tea. And there young Darrel learns to be fiercely proud of his heritage and to listen to the birds that will guide him throughout his life. But after a series of tragic losses, Bertha turns wild and unstable, and their home life becomes chaotic. Sweet and eager to please, Darrel struggles to maintain his grades and pursue interests in music and science while changing homes, witnessing domestic violence, caring for his younger siblings, and suffering abuse at the hands of his brother-in-law. Meanwhile, he begins to question and grapple with his sexual identity—a reckoning complicated by the repercussions of his abuse and his sibling's own gender transition. Thrillingly written in a series of fractured vignettes, and unflinchingly honest, *Mamaskatch*—"It's a wonder!" in Cree—is a heartbreaking account of how traumas are passed down from one generation to the next, and an uplifting story of one individual who overcame enormous obstacles in pursuit of a fulfilling and adventurous life.

NEW YORK TIMES BEST SELLER • A Best Book of 2021: Entertainment Weekly, Good Morning America, Wall Street Journal, and more

From the indie rockstar of Japanese Breakfast fame, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

"I had nightmares, flashbacks. I dissociated... Changes in self-perception and hallucinations--those are some of my other symptoms. You are poison, I chanted silently to myself. And your poison is contagious." So begins Mac McClelland's powerful, unforgettable memoir, *Irritable Hearts*. When thirty-year-old, award-winning human rights journalist Mac McClelland left Haiti after reporting on the devastating earthquake of 2010, she never imagined how the assignment would irrevocably affect her own life. Back home in California, McClelland cannot stop reliving vivid scenes of violence. She is plagued by waking terrors, violent fantasies, and crippling emotional breakdowns. She can't sleep or stop crying. Her life in shambles, it becomes clear that she is

suffering from Post-Traumatic Stress Disorder. Her bewilderment about this sudden loss of control is magnified by the intensity of her feelings for Nico, a French soldier she met in Port-au-Prince and with whom she connected instantly and deeply. With inspiring fearlessness, McClelland tackles perhaps her most harrowing assignment to date: investigating the damage in her own mind and repairing her broken psyche. She begins to probe the depths of her illness, exploring our culture's history with PTSD, delving into the latest research by the country's top scientists and therapists, and spending time with veterans and their families. McClelland discovers she is far from alone: while we frequently associate PTSD with wartime combat, it is more often caused by other manner of trauma and can even be contagious-close proximity to those afflicted can trigger its symptoms. As she confronts the realities of her diagnosis, she opens up to the love that seems to have found her at an inopportune moment. Irritable Hearts is a searing, personal medical mystery that unfolds at a breakneck pace. But it is also a romance. McClelland fights desperately to repair her heart so that she can give it to the kind, patient, and compassionate man with whom she wants to share a life. Vivid, suspenseful, tender, and intimate, Irritable Hearts is a remarkable exploration of vulnerability and resilience, control and acceptance. It is a riveting and hopeful story of survival, strength, and love.

This book is an anthology of spoken narratives collected from male-to-female transgendered people who live on the island of O'ahu. In this book, people who identify as "mahu" (the local term for a transgendered person), transsexual, and/or drag queen tell their stories and address the issues important in their lives. They talk about gender identity and sexuality; coming out to their families; familial acceptance and rejection; going to school; surviving on the streets; transitioning to womanhood; finding a romantic partner; spirituality and religion; Hawaiian culture; growing old, and much more. The transgender communities on O'ahu are extensive and rich with diversity. Nevertheless, the general public typically views transgendered people in one-dimensional, stereotypical terms, often as prostitutes or sexual deviants. This collection will increase the visibility of transgenderism, and educate readers by giving transgendered people the opportunity to speak for themselves. Its contributors are of a variety of ages, and backgrounds. Not only do the powerfully moving narratives in "O Au No Keia reveal what it is like to be transgendered, they also illuminate what this means in the unique cultural context of Hawai'i. On the one hand, this state has the reputation of being extremely accepting of those who are transgendered, as well as of those who are gay and lesbian. Indeed, it is reported that transgenderism and bisexuality were accepted in traditional Hawaiian society. On the other hand, much of Hawai'i's population is devoutly Christian, and the gay marriage bill was decisively defeated in 1999. Through their stories, the contributors — some of whom were born and raised here in Hawai'i, and some of whom came to O'ahu later in life — reflect on the intersection between tolerant native Hawaiian values and condemning Western ones, and how that has affected their lives in a place many outsiders consider "paradise."

Fall 2016 Library Journal Editors' Pick "In my reckless and undiscouraged youth," Lillian Boxfish writes, "I worked in a walnut-paneled office thirteen floors above West Thirty-Fifth Street..." She took 1930s New York by storm, working her way up writing copy for R.H. Macy's to become the highest paid advertising woman in the country. It was a job that, she says, "in some ways saved my life, and in other ways ruined it." Now it's the last night of 1984 and Lillian, 85 years old but just as sharp and savvy as ever, is on her way to a party. It's chilly enough out for her mink coat and Manhattan is grittier now—her son keeps warning her about a subway vigilante on the prowl—but the quick-tongued poetess has never been one to scare easily. On a walk that takes her over 10 miles around the city, she meets bartenders, bodega clerks, security guards, criminals, children, parents, and parents-to-be, while reviewing a life of excitement and adversity, passion and heartbreak, illuminating all the ways New York has changed—and has not. A love letter to city life in all its guts and grandeur, Lillian Boxfish Takes a Walk by Kathleen Rooney paints a portrait of a remarkable woman across the canvas of a changing America: from the Jazz Age to the onset of the AIDS epidemic; the Great Depression to the birth of hip-hop. Lillian figures she might as well take her time. For now, after all, the night is still young.

"At its best, the author's writing is evocative, and her story is both unique and intriguing. . . . this is a book that many readers will find difficult to put down. A captivating family account that delivers compelling, acutely observant writing." —Kirkus Reviews Kim Fairley was twenty-four when she fell in love with and married a man who was fifty-seven. Something about Vern—his quirkiness, his humor, his devilish smile—made her feel an immediate connection with him. She quickly became pregnant, but instead of the idyllic interlude she'd imagined as she settled into married life and planned for their family, their love was soon tested by the ghosts of Vern's past—a town, a house, a family, a memory. Shooting Out the Lights is a real-life mystery that explores the challenges faced in a loving marriage, the ongoing, wrenching aftermath of gun violence and the healing that comes with confronting the past.

From singer-songwriter Josh Ritter, a lyrical, sweeping novel about a young boy's coming-of-age during the last days of the lumberjacks. In the tiny timber town of Cordelia, Idaho, ninety-nine year old Weldon Applegate recounts his life in all its glory, filled with tall tales writ large with murder, mayhem, avalanches and bootlegging. It's the story of dark pine forests brewing with ancient magic, and Weldon's struggle as a boy to keep his father's inherited timber claim, the Lost Lot, from the ravenous clutches of Linden Laughlin. Ever since young Weldon stepped foot in the deep Cordelia woods as a child, he dreamed of joining the rowdy ranks of his ancestors in their epic axe-swinging adventures. Local legend says their family line boasts some of the greatest lumberjacks to ever roam the American West, but at the beginning of the twentieth century, the jacks are dying out, and it's up to Weldon to defend his family legacy. Braided with haunting saloon tunes and just the right dose of magic, The Great Glorious Goddamn of It All is a novel bursting with heart, humor and an utterly transporting adventure that is sure to sweep you away into the beauty of the tall snowy mountain timber.

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