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Get an inside look at the lives of military and civilian pharmacists during wartime! Pharmacy in World War II is a comprehensive history of American pharmacy, both in the military and on the home front, from 1941 to 1945. The book provides a unique insight into the profession, the practice, and its practitioners through the memories of those who served as pharmacist mates, corpsmen, or civilian pharmacists. Through accounts recorded in publications, stored in archives, or told first-hand, you'll learn about the fight to establish an Army Pharmacy Corps, the work of the Selective Service committees to preserve an adequate pool of pharmacists for civilian practice, the bond drives that would buy hospital airplanes and trains, and a great deal more. Pharmacy in World War II also looks at the organizational, economic, educational, professional, and societal issues that molded pharmacy during a watershed in modern American history. Author Dennis B. Worthen, editor-in-chief of Haworth's Pharmaceutical Heritage book series, compiled a database of more than 11,000 pharmacists, pharmacy students, and veterans in pharmacy school during wartime as part of the "Memories Project" that recalls the activities of the professional, trade, and educational institutions of pharmacy, their goals and development, and their interactions, agreements, and differences. The book examines the fight for an Army Pharmacy Corps, shortages and rationing on the home front,

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manpower shortages, the impact of the Selective Service, and the prevalent attitude in the military that pharmacy was a business, not a learned profession, and that pharmaceutical services could be learned with 90 days of training. Pharmacy in World War II includes memories of: pharmacy in the pre-World War II years pharmacy education the Selective Service the drugstore's role in the war effort the Pharmacy Corps returning veterans The book also includes photographs and images as well as appendices listing colleges and schools of pharmacy, Selective Service pharmacy advisory committees, pharmacy organizations and leaders, extracts from Army medical departments supply catalogs, and pharmacists and pharmacy students who died in the war. Pharmacy in World War II is an invaluable document for pharmacy students, practitioners, and educators, and for students of American history. In this long-awaited second edition of THE MALE HERBAL, James Green gives men and boys the tools they need to create or maintain physical and emotional health through a customized herbal program. By following Green's newly developed constitutional model and referencing the comprehensive alphabetical herbal listings, men can create an herbal program attuned to their unique body type, lifestyle, and health needs. Featuring life-changing information about common plants, herbal alternatives to Viagra, medicinal uses of herbs for male-specific issues, and nearly thirty recipes for teas, tinctures, salves, and tonics, this updated guide emphasizes prevention and health with sensitivity and wisdom.

Upon its publication more than a decade ago, Dr. James Duke's The Green Pharmacy quickly set the standard for consumer herb references. A favorite of laypeople and professionals alike, the book sold more than a million copies and solidified the author's reputation as one of the world's foremost authorities on medicinal plants. In The Green Pharmacy Guide to Healing

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Foods, Dr. Duke turns to the broader and even more popular subject of food as medicine, drawing on more than thirty years of research to identify the most powerful healing foods on earth. Whether he is revealing how to beat high cholesterol with blueberries, combat hot flashes with black beans, bash blood sugar spikes with almonds, or help relieve agonizing back pain with pineapple, Dr. Duke's food remedies help treat and prevent the whole gamut of health concerns, from minor (such as sunburn and the common cold) to more serious (like arthritis and diabetes). Dr. Duke has assigned a rating to each remedy, according to his evaluation of the available scientific studies and anecdotal reports. Many of the healing foods recommended here are proving so effective that they may outperform popular pharmaceuticals—minus the risk (and cost).

From a top world authority, the ultimate guide to using herbs to cure and prevent disease. NATIONAL BOOK AWARD FINALIST - One of the first undocumented immigrants to graduate from Harvard reveals the hidden lives of her fellow undocumented Americans in this deeply personal and groundbreaking portrait of a nation. "Karla's book sheds light on people's personal experiences and allows their stories to be told and their voices to be heard."--Selena Gomez LOS ANGELES TIMES BOOK PRIZE FINALIST - LONGLISTED FOR THE PORCHLIGHT BUSINESS BOOK AWARD - NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY VULTURE AND ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Book Review - Time - NPR - The New York Public Library - Book Riot - Library Journal Writer Karla Cornejo Villavicencio was on DACA when she decided to write about being undocumented for the first time using her own name. It was right after the election of 2016, the day she realized the story she'd tried to steer clear of was the only one she

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wanted to tell. So she wrote her immigration lawyer's phone number on her hand in Sharpie and embarked on a trip across the country to tell the stories of her fellow undocumented immigrants--and to find the hidden key to her own. Looking beyond the flashpoints of the border or the activism of the DREAMers, Cornejo Villavicencio explores the lives of the undocumented--and the mysteries of her own life. She finds the singular, effervescent characters across the nation often reduced in the media to political pawns or nameless laborers. The stories she tells are not deferential or naively inspirational but show the love, magic, heartbreak, insanity, and vulgarity that infuse the day-to-day lives of her subjects. In New York, we meet the undocumented workers who were recruited into the federally funded Ground Zero cleanup after 9/11. In Miami, we enter the ubiquitous botanicas, which offer medicinal herbs and potions to those whose status blocks them from any other healthcare options. In Flint, Michigan, we learn of demands for state ID in order to receive life-saving clean water. In Connecticut, Cornejo Villavicencio, childless by choice, finds family in two teenage girls whose father is in sanctuary. And through it all we see the author grappling with the biggest questions of love, duty, family, and survival. In her incandescent, relentlessly probing voice, Karla Cornejo Villavicencio combines sensitive reporting and powerful personal narratives to bring to light remarkable stories of resilience, madness, and death. Through these stories we come to understand what it truly means to be a stray. An expendable. A hero. An American.

Offers advice on herbal healing, includes an encyclopedic review of health conditions that herbal medicine can help, and discusses 180 herbs with information on dosages, food and drug interactions, benefits, and side effects.

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Few today realize that electric cabs dominated Manhattan's streets in the 1890s; that Boise, Idaho, had a geothermal heating system in 1910; or that the first megawatt turbine in the world was built in 1941 by the son of publishing magnate G. P. Putnam--a feat that would not be duplicated for another forty years. Likewise, while many remember the oil embargo of the 1970s, few are aware that it led to a corresponding explosion in green-technology research that was only derailed when energy prices later dropped. In other words: We've been here before. Although we may have failed, America has had the chance to put our world on a more sustainable path. Americans have, in fact, been inventing green for more than a century. Half compendium of lost opportunities, half hopeful look toward the future, *Powering the Dream* tells the stories of the brilliant, often irascible inventors who foresaw our current problems, tried to invent cheap and energy renewable solutions, and drew the blueprint for a green future.

How to combine herbs to address all aspects of specific ailments. Linda Page has been saying it for years: Good food is good medicine. Now, in her new revolutionary cookbook set, she presents the latest information about the problems with today's food supply and shows how to use food as medicine, for healing, and for wellness.

Provides guidelines on how to prevent and alleviate the signs and symptoms of aging, introducing a variety of herbs, nutritional supplements, and diet tips to help cope with illnesses associated with aging.

This autobiography, flavored by Messegue's rich French heritage and the depth of his knowledge of native plant medicine, offers detailed information about the use of specific plants in treating a wide variety of ailments. Comprehensive appendices describe

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preparations for the principal chronic diseases and provide recommendations for seasonal and nutritional use of plants for optimal health.

31 Inspiring Stories and Lessons Learned from Women in Pharmacy Letters from Women in Pharmacy: Stories on Integrating Life and Career focuses on the unique challenges and opportunities faced by women in pharmacy. This collection of 31 personal letters represents experiences of women from a wide array of backgrounds and career paths. Each letter is filled with practical advice, insights, and compelling stories on developing strong support systems and maintaining healthy perspectives on the many roles that women balance to inspire generations of future pharmacy leaders. Edited by Sara J. White, MS, FASHP; Susan Teil Boyer, MS, FASHP; and Hannah K. Vanderpool, PharmD, MA; Letters from Women in Pharmacy is the latest addition to ASHP's Letters series, a growing collection of personal letters created to inspire pharmacists through all stages of their professional journey. Like having a mentor always at your side, Letters from Women in Pharmacy is a resource you can dip into any time for inspiration, reassurance, and down-to-earth advice from those who have navigated similar career journeys.

Covering everything from ancient herbs to cutting-edge chemicals, examines the most important moments in the development of pharmaceuticals and includes discussions of vaccines, homeopathic cures, and controversial treatments.

From Jean Carper, America's Most Trusted Source of Cutting-Edge Nutritional Advice,

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the Bestselling Guide to the Dramatic Healing Powers of Herbs, Vitamins, and Other Natural Remedies Miracle Cures is the breakthrough book that presents scientific evidence of the effectiveness of natural remedies, culled from the world's leading doctors and scientists, research centers, and major international scientific journals, including the Journal of the American Medical Association and the British Medical Journal, combined with the awe-inspiring first-person medically verified accounts of people who have successfully cured themselves with natural medicines. Jean Carper Reveals the Natural Medicines That Have Been Proven to: Lower Your Cholesterol Open up Your Arteries Regulate Your Heart Relieve Depression Overcome Anxiety Fight Sleep Problems Regenerate Your Liver Restore Your Memory Green Pharmacy The History and Evolution of Western Herbal Medicine Inner Traditions / Bear & Co

Ties in to a fantastic new four-part BBC series from the makers of the hit Victorian Farm Shows how many products on sale in our high street chemists today can trace their origins back to nineteenth century formulations Full of fascinating facts, remedies and recipes to try at home Victorian Farm sold over 40,000 copies (Nielsen Bookscan figures) This is the story of consumer medicine – how high street healthcare emerged in just 50 years and how we still rely on hundreds of formulations and products that can trace their origins back to the nineteenth century. Sun cream, treatments for insomnia, dandruff or warts, perfumes and soaps are all as important today as they were 100

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years ago and are stocked by the local chemist. Accompanying a major new BBC series, this book takes a look at which products were on offer, whether they were effective, and how we still make use of them today. Providing hints, tips, recipes and remedies to make at home, and fascinating historical background, this book shows that while the names of products on the chemist's shelf have changed over time, our hopes and aspirations as consumers remain much the same as our Victorian predecessors. Still considered the definitive work on medicinal herbs and their uses after two decades, the Handbook of Medicinal Herbs has undergone a long-anticipated revision. In the second edition, world-renowned ethnobotanist James A. Duke provides up-to-date data on over 800 of the world's most important medicinal plant species. The book contains more species, phytochemicals, proven indications, folk indications, and dosage data than the first edition in a new easier to use format. The in-depth content, the addition of color plates and over 200 black and white illustrations makes this book the most comprehensive resource on medicinal herbs available. **NEW IN THE SECOND EDITION:**

- Over 100 color plates, 4 color maps
- Over 200 black and white illustrations
- Over 800 medicinal plants — more than twice as many as the previous edition organized alphabetically by common name
- More herbs from the African, Ayurvedic, Chinese, and Jamu traditions

EASY ACCESS TO INFORMATION YOU NEED

Designed to give you fast access to the information you need on a regular basis, this new edition is organized more systematically than any other medicinal herb publication.

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The entries are now arranged alphabetically by common name with the scientific name in parenthesis. Major synonyms are also provided. · It has become increasingly clear that there are hundreds of biologically active compounds, often additive or synergistic, in all our plants, foods, spices, herbs, medicinal, and poisonous plants. The debate continues on how these plants work and how they should be used. Blending scientific fact with folk uses and the author's personal experience, Handbook of Medicinal Herbs, Second Edition provides the most well rounded discussions of safety, efficacy, toxicity, and rational use found in any herbal reference.

Winner of the 2010 Non-Fiction National Book Award Patti Smith's evocative, honest and moving coming-of-age story of her extraordinary relationship with the artist Robert Mapplethorpe

Pharmacy has become an integral part of our lives. Nearly half of all 300 million Americans take at least one prescription drug daily, accounting for \$250 billion per year in sales in the US alone. And this number doesn't even include the over-the-counter medications or health aids that are taken. How did this practice become such an essential part of our lives and our health? A Brief History of Pharmacy: Humanity's Search for Wellness aims to answer that question. As this short overview of the practice shows, the search for well-being through the ingestion or application of natural products and artificially derived compounds is

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as old as humanity itself. From the Mesopotamians to the corner drug store, Bob Zebroski describes how treatments were sought, highlights some of the main victories of each time period, and shows how we came to be people who rely on drugs to feel better, to live longer, and look younger. This accessible survey of pharmaceutical history is essential reading for all students of pharmacy.

The most comprehensive and approachable book available on understanding and using medical marijuana. Revised and updated with the latest information on varietals, delivery, dosing, and treatable conditions, Cannabis Pharmacy is "a well-designed and -illustrated and easy-to-use resource"(Booklist) for those considering medical marijuana as a treatment option. In Cannabis Pharmacy, expert Michael Backes offers evidence-based information on using cannabis to treat an array of ailments and conditions. He provides information on how cannabis works with the body's own system, how best to prepare and administer it, and how to modify and control dosage. This newly revised edition is now completely up-to-date with the latest information on the body's endocannabinoid system, which is understood to control emotion, appetite, and memory. Delivery methods including e-cigarette and vape designs are also covered here, along with information on additional varietals and a new system for classification. Cannabis Pharmacy covers more than 50 ailments and conditions that can be

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alleviated with marijuana. There are currently more than 4.2 million medical cannabis patients in the United States, and there are 33 states plus the District of Columbia where medical cannabis is legal.

Published to coincide with the twentieth anniversary of the fall of the Berlin Wall — a definitive and ground-breaking account of the revolutionary ideology that changed the modern world. The inexorable rise of Communism was the most momentous political phenomenon of the first half of the twentieth century. Its demise in Europe and its decline elsewhere have produced the most profound political changes of the last few decades. In this illuminating book, based on forty years of study and a wealth of new sources, Archie Brown provides a comprehensive history as well as an original and highly readable analysis of an ideology that has shaped the world and still rules over a fifth of humanity. A compelling new work from an internationally renowned specialist, *The Rise and Fall of Communism* promises to be the definitive study of the most remarkable political and human story of our times.

Clinical Pharmacy Education, Practice and Research offers readers a solid foundation in clinical pharmacy and related sciences through contributions by 83 leading experts in the field from 25 countries. This book stresses educational approaches that empower pharmacists with patient care and research

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competencies. The learning objectives and writing style of the book focus on clarifying the concepts comprehensively for a pharmacist, from regular patient counseling to pharmacogenomics practice. It covers all interesting topics a pharmacist should know. This book serves as a basis to standardize and coordinate learning to practice, explaining basics and using self-learning strategies through online resources or other advanced texts. With an educational approach, it guides pharmacy students and pharmacists to learn quickly and apply. Clinical Pharmacy Education, Practice and Research provides an essential foundation for pharmacy students and pharmacists globally. Covers the core information needed for pharmacy practice courses Includes multiple case studies and practical situations with 70% focused on practical clinical pharmacology knowledge Designed for educational settings, but also useful as a refresher for advanced students and researchers

Vitalism, the recognition that the physical body is animated by a vital life force, is the foundation of most natural healing therapies. The forefathers of alternative medicine discovered methods of healing the body by stimulating this life force. In *Vitalism: The History of Herbalism, Homeopathy, and Flower Essences*, Matthew Wood describes the theories, lives, and work of nine great physicians who laid the groundwork for natural medicine.

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A definitive history of mescaline that explores its mind-altering effects across cultures, from ancient America to Western modernity Mescaline became a popular sensation in the mid-twentieth century through Aldous Huxley's *The Doors of Perception*, after which the word "psychedelic" was coined to describe it. Its story, however, extends deep into prehistory: the earliest Andean cultures depicted mescaline-containing cacti in their temples. Mescaline was isolated in 1897 from the peyote cactus, first encountered by Europeans during the Spanish conquest of Mexico. During the twentieth century it was used by psychologists investigating the secrets of consciousness, spiritual seekers from Aleister Crowley to the president of the Church of Jesus Christ of Latter-day Saints, artists exploring the creative process, and psychiatrists looking to cure schizophrenia. Meanwhile peyote played a vital role in preserving and shaping Native American identity. Drawing on botany, pharmacology, ethnography, and the mind sciences and examining the mescaline experiences of figures from William James to Walter Benjamin to Hunter S. Thompson, this is an enthralling narrative of mescaline's many lives.

THE GREEN WITCH is a modern, comprehensive guide to using herbs. For home or garden, for beauty or hygiene, for kitchen and bathroom, for relaxation or relief from sickness, people everywhere are turning to the world of plants, be

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they flowers, leaves, berries or roots and barks. Full of practical advice, and packed with recipes for aromatic mixtures and effective natural remedies, this magical book shows you how to use the astonishing power of plants and herbs. Including sections on: * wild food; * spices; * the sweet-smelling home; * fragrant herbal baths; * natural secrets of beautiful hair and skin; * and an important section on herbal remedies for adults and children.

THE HERBAL MEDICINE-MAKER'S HANDBOOK is an entertaining compilation of natural home remedies written by one of the great herbalists, James Green, author of the best-selling THE MALE HERBAL. Writing in a delightfully personal and down-home style, Green emphasizes the point that herbal medicine-making is fundamental to every culture on the planet and is accessible to everyone. So, first head into the garden and learn to harvest your own herbs, and then head into your kitchen and whip up a batch of raspberry cough syrup, or perhaps a soothing elixir to erase the daily stresses of modern life.

Featuring gardening tips, recipes, and beautiful full-color pencil drawings of each vegetable, this book for farm-to-fork aficionados and gardeners with an esoteric bent explores the secret history of 48 well known and rare vegetables, examining their symbolism, astrological connections, healing properties, and overall character. A fascinating introduction to vegetable gardening and cooking, A Curious History of Vegetables sets horticulture in its historical, cultural, and cosmological contexts. The

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author offers his deep understanding of the theory of biodynamic gardening and useful tips on light and warmth, ground covers, composts, crop rotation and weeds. Woven in with folk tales and stories from history, each entry also includes delicious historical recipes for each vegetable. From the Trade Paperback edition.

Pharmacognosy (the science of biogenic or nature-derived pharmaceuticals and poisons) has been an established basic pharmaceutical science taught in institutions of pharmacy education for over two centuries. Over the past 20 years though it has become increasingly important given the explosion of new drugs, phytomedicines (plant medicines), nutraceuticals and dietary supplements – all of which need to be fully understood, tested and regulated. From a review of the previous edition: ‘Drawing on their wealth of experience and knowledge in this field, the authors, who are without doubt among the finest minds in pharmacognosy today, provide useful and fascinating insights into the history, botany, chemistry, phytotherapy and importance of medicinal plants in some of today’s healthcare systems. This is a landmark textbook, which carefully brings together relevant data from numerous sources and provides, in an authoritative and exhaustive manner, cutting-edge information that is relevant to pharmacists, pharmacognocists, complementary practitioners, doctors and nurses alike.’ The Pharmaceutical Journal ‘This is an excellent text book which provides fascinating insights into the world of pharmacognosy and the authors masterfully integrated elements of orthodox pharmacognosy and phytotherapy. Both the science

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student and the non-scientific person interested in phytotherapy will greatly benefit from reading this publication. It is comprehensive, easy to follow and after having read this book, one is so much more aware of the uniqueness of phytomedicines. A must read for any healthcare practitioner.' Covers the history, biology and chemistry of plant-based medicines Covers pharmaceutical and nutraceuticals derived from plants Covers the role of medicinal plants in worldwide healthcare systems Examines the therapeutics and evidence of plant-based medicines by body system Sections on regulatory information expanded New evidence updates throughout New material covering non-medical supplements Therapeutics updated throughout Now on StudentConsult

Toxicology in the Middle Ages and Renaissance provides an authoritative and fascinating exploration into the use of toxins and poisons in the Middle Ages and Renaissance. Part of the History of Toxicology and Environmental Health series, this volume is a follow-up, chronologically, to the first two volumes which explored toxicology in antiquity. The book approximately covers the 1100s through the 1600s, delving into different aspects of toxicology, such as the contributions of scientific scholars of the time, sensational poisoners and poisoning cases, as well as myths. Historical figures, such as the Borgias and Catherine de Medici are discussed. Toxicologists, students, medical researchers, and those interested in the history of science will find insightful and relevant material in this volume. Provides the historical

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background for understanding modern toxicology Illustrates the ways previous civilizations learned to distinguish safe from hazardous substances, how to avoid them, and how to use them against enemies Explores the way famous historical figures used toxins

Within recent years pharmaceuticals have come into focus as contaminants of the environment (see for example Kümmerer, K. editor: Pharmaceuticals in the Environment). At the same time the issue of sustainable chemistry gained momentum. Bringing both together would result in sustainable pharmacy. Sustainable pharmacy is a totally new issue and approach. It addresses environmental, economical and social aspects of pharmacy. In the present stage the focus will be on environmental issues along the whole lifecycle of a pharmaceutical entity. That is dealing with resources and energy input but also with waste issues for example during the synthesis and production of an active pharmaceutical ingredient. Furthermore, it would also look on the compounds themselves and will aim to improve the degradability of the compounds after their use in the environment to reduce the environmental risk caused by pharmaceuticals in the environment. Another issue is the people using pharmaceuticals such as pharmacists, medical doctors and patients. How can they contribute to more efficient use of pharmaceuticals with less environmental burden and less risk for drinking water. The book "Sustainable Pharmacy" will address all these issues and will be the first one dealing with this important topic.

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A cultural history of the concept of pharmacy, both the material nature of drugs and the trade in medicine, in early modern China *Know Your Remedies* presents a panoramic inquiry into China's early modern cultural transformation through the lens of pharmacy. In the history of science and civilization in China, pharmacy—as a commercial enterprise and as a branch of classical medicine—resists easy characterization. While China's long tradition of documenting the natural world through state-commissioned pharmacopeias, known as *bencao*, dwindled after the sixteenth century, the ubiquitous presence of Chinese pharmacy shops around the world today testifies to the vitality of Traditional Chinese Medicine. Rejecting narratives of intellectual stagnation or an unchanging folk culture, He Bian argues that pharmacy's history in early modern China can best be understood as a dynamic interplay between elite and popular culture. Beginning with decentralizing trends in book culture and fiscal policy in the sixteenth century, Bian reveals pharmacy's central role in late Ming public discourse. Fueled by factional politics in the early 1600s, amateur investigation into pharmacology reached peak popularity among the literati on the eve of the Qing conquest in the mid-seventeenth century. The eighteenth century witnessed a systematic reclassification of knowledge, as the Qing court turned away from pharmacopeia in favor of a demedicalized natural history. Throughout this time, growth in long-distance trade enabled the rise of urban pharmacy shops, generating new knowledge about the natural world. Bringing together a wealth of primary sources, *Know Your Remedies*

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makes an essential contribution to the study of Chinese history and the history of medicine.

An account of the knowledge and use of herbal medicines chronicles the continual conflict between herbalists and the medical establishment from the ancient Greeks and Romans to modern cancer research

Bursting with straightforward information on growing and using herbs, this illustrated guide will help you cultivate and maintain a thriving and fragrant garden. Betty E. M. Jacobs draws on years of experience running a commercial herb farm to provide clear instructions for planting, propagating, harvesting, drying, freezing, and storing 64 popular herbs. Whether you're interested in keeping a few container plants or want to start a profitable business growing herbs, you'll benefit from the expert advice in this practical guide.

Pharmacy Education in the Twenty First Century and Beyond: Global Achievements and Challenges offers a complete reference on global pharmacy education, along with a detailed discussion of future issues and solutions. This book begins with a brief overview of the history of pharmacy education, covering all levels of education and styles of learning, from undergraduate, continuing professional education, and methods for self-learning and development.

Teaching strategies such as team-based learning, problem-based learning and

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interdisciplinary education are also described and compared to conclude why certain pharmacy programs attract students, and why educators prefer particular teaching strategies, assessment tools and learning styles. As a result, this book provides pharmacy educators, administrators, students and practitioners with a comprehensive guide to pharmacy education that will enable readers to choose the best approaches to improve, reform or select a program based on worldwide experience and the latest available evidence and research. Describes and discusses the advantages and disadvantages associated with different types of pharmacy curricula, degree programs, styles of learning, teaching strategies, and more Edited and written by a team of authors to provide diverse global experiences and insights into what factors make a program attractive and successful Covers important topics in pharmacy education, such as quality and accreditation issues, the business of pharmacy education, leadership and similarities

NEW YORK TIMES BEST SELLER • A grand, devastating portrait of three generations of the Sackler family, famed for their philanthropy, whose fortune was built by Valium and whose reputation was destroyed by OxyContin. From the prize-winning and bestselling author of Say Nothing, as featured in the HBO documentary Crime of the Century. The Sackler name adorns the walls of many

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storied institutions—Harvard, the Metropolitan Museum of Art, Oxford, the Louvre. They are one of the richest families in the world, known for their lavish donations to the arts and the sciences. The source of the family fortune was vague, however, until it emerged that the Sacklers were responsible for making and marketing a blockbuster painkiller that was the catalyst for the opioid crisis. *Empire of Pain* begins with the story of three doctor brothers, Raymond, Mortimer and the incalculably energetic Arthur, who weathered the poverty of the Great Depression and appalling anti-Semitism. Working at a barbaric mental institution, Arthur saw a better way and conducted groundbreaking research into drug treatments. He also had a genius for marketing, especially for pharmaceuticals, and bought a small ad firm. Arthur devised the marketing for Valium, and built the first great Sackler fortune. He purchased a drug manufacturer, Purdue Frederick, which would be run by Raymond and Mortimer. The brothers began collecting art, and wives, and grand residences in exotic locales. Their children and grandchildren grew up in luxury. Forty years later, Raymond's son Richard ran the family-owned Purdue. The template Arthur Sackler created to sell Valium—co-opting doctors, influencing the FDA, downplaying the drug's addictiveness—was employed to launch a far more potent product: OxyContin. The drug went on to generate some thirty-five billion dollars in revenue, and to launch a public health

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crisis in which hundreds of thousands would die. This is the saga of three generations of a single family and the mark they would leave on the world, a tale that moves from the bustling streets of early twentieth-century Brooklyn to the seaside palaces of Greenwich, Connecticut, and Cap d'Antibes to the corridors of power in Washington, D.C. *Empire of Pain* chronicles the multiple investigations of the Sacklers and their company, and the scorched-earth legal tactics that the family has used to evade accountability. The history of the Sackler dynasty is rife with drama—baroque personal lives; bitter disputes over estates; fistfights in boardrooms; glittering art collections; Machiavellian courtroom maneuvers; and the calculated use of money to burnish reputations and crush the less powerful. *Empire of Pain* is a masterpiece of narrative reporting and writing, exhaustively documented and ferociously compelling. It is a portrait of the excesses of America's second Gilded Age, a study of impunity among the super elite and a relentless investigation of the naked greed and indifference to human suffering that built one of the world's great fortunes.

For 1,600 years Dioscorides (ca. AD 40–80) was regarded as the foremost authority on drugs. He knew mild laxatives and strong purgatives, analgesics for headaches, antiseptics for wounds, emetics to rid one of ingested poisons, chemotherapy agents for cancer treatments, and even oral contraceptives. Why,

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then, have his works remained obscure in recent centuries? Because of one small oversight (Dioscorides himself thought it was self-evident): he failed to describe his method for organizing drugs by their affinities. This omission led medical authorities to use his materials as a guide to pharmacy while overlooking Dioscorides' most valuable contribution—his empirically derived method for observing and classifying drugs by clinical testing. Dioscorides' *De materia medica*, a five-volume work, was written in the first century. Here revealed for the first time is the thesis that Dioscorides wrote more than a lengthy guide book. He wrote a great work of science. He had said that he discovered the natural order and would demonstrate it by his arrangement of drugs from plants, minerals, and animals. Until John M. Riddle's pathfinding study, no one saw the genius of his system. Botanists from the eighteenth century often attempted to find his unexplained method by identifying the sequences of his plants according to the Linnean system but, while there are certain patterns, there remained inexplicable incoherencies. However, Dioscorides' natural order as set down in *De materia medica* was determined by drug affinities as detected by his acute, clinical ability to observe drug reactions in and on the body. So remarkable was his ability to see relationships that, in some cases, he saw what we know to be common chemicals shared by plants of the same and related species and other natural

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product drugs from animal and mineral sources. Western European and Islamic medicine considered Dioscorides the foremost authority on drugs, just as Hippocrates is regarded as the Father of Medicine. They saw him point the way but only described the end of his finger, despite the fact that in the sixteenth century alone there were over one hundred books published on him. If he had explained what he thought to be self-evident, then science, especially chemistry and medicine, would almost certainly have developed differently. In this culmination of over twenty years of research, Riddle employs modern science and anthropological studies innovatively and cautiously to demonstrate the substance to Dioscorides' authority in medicine.

An eloquent and engaging account of the use of herbal medicine from prehistoric times to the present. Newly revised to include the latest developments in the field of herbal medicine, this classic bestseller presents a fascinating account of the ideas that have shaped the course of medicine and pharmacology in the Western world.

"Enraged, Energized, Exultant. You won't know how to feel after reading Stephen Harrod Buhner's *The Lost Language of Plants*. This is a devastating expose about how we are polluting our environment with the pharmaceuticals that Western medicine has developed to heal us. We are ingesting Prozac, Premarin,

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