

## Gratitude Journal For Kids Interactive With 30 Animal Coloring Designs Journal And Coloring Series

Gratitude Journal - Interactive journaling book to improve your mental, spiritual health and build happiness on a daily basis. There's an old saying "Count Your Blessings, Not Problems" and that's the basis of this journal, we had created this journal with a purpose of focusing on all the good things that are happening in your life on a daily basis, to bring positivity and happiness in your life and ultimately cultivate an attitude of gratitude in you - as gratitude changes everything ! Product Details: 3 Months Journal to cultivate an attitude of gratitude 100 + Sturdy White Pages Size 6 x 9 Inches; 15.24 x 22.86 cm, this size can easily fit in bag packs and handbags Premium Designed Matte Cover that will never let you feel bored Perfect gift for someone looking forward to reduce stress, improve focus, and be joyful Inside look into the journal: On every page there's a Quote of the day section Today I am grateful for Section Here's what would make today great section Some amazing things that happened today section What could I have done to make today even better section Spending a couple of minutes on this journal can help you self - explore yourself, remove any kind of stress you are facing and ultimately will develop an attitude of gratitude in you Are you ready to take this 3-month challenge to discover your full potential? Buy this journal and get started on your journey of gratitude! - click BUY NOW BUTTON to order one for you -

This gratitude journal is a tool to help your children become happier and more certain about themselves by learning to express gratitude on a regular basis. It offers a simple, yet powerful method to improve their focus and build happiness. Each evening, kids focus for a few minutes on: Features: Today, I am grateful for Write or Draw the best moments of the day My Mood today, with emotion icons for your child to select. Fun and interactive journal designed for girls and boys to help them celebrate the best part of their day, every day. Are you ready to begin the first step to help your kids discover their full potential? Buy this journal today and get them started on a journey of gratitude!

Gratitude Journal for Kids Interactive with 30 Animal Coloring Designs Createspace Independent Publishing Platform 100 Days Daily Gratitude Writing / Gratitude Journal/Notebook for Kids Help inspire your child and way to teach thankfulness and gratitude Details 100 pages of Gratitude Journal has an area for write. Family & Children's activity book It's a perfect gift for your kids Matte Cover Perfect Cover This awesome journal is great for kids of all ages! It's a simple, interactive, fun activity which helps children - boys and girls to be more positive, happy and grateful and to help them celebrate the best part of their day, every day. Plus writing in this daily journal reduces stress and encourages reflection. Here you will find: Fun premium cover design with a matte finish to help maintain durability 110 pages great size 6 x 9 inches When kids write good things down, their happiness goes up so it's never too late to start teaching your child to live a life of

gratitude. Developing this attitude and habit early is priceless. So get your copy today and check our other notebooks and find the perfect one that will suit you, or would be ideal for that special gift for a loved one. My books carry a range of different notebooks and you will undoubtedly find the right one for you

Daily Gratitude Writing / Gratitude Journal for Kids Help inspire your child and way to teach thankfulness and gratitude Details: Pages of Gratitude Journal has area for write Today I am grateful for, Something awesome that happened today, My level of Happiness Family & Children's activity book It's a perfect gift for your kids 8.5 inches By 11 Inches Matte Cover Paperback Cover Gratitude is appreciation for every moment in your life. It is a feeling of thankfulness for the blessings we have received. You can learn all about the wonders of gratitude with this Journal, Gratitude Journal for Kids: Daily Prompts and Questions. Divided into sections, each with a date, the book encourages writing about gratitude. Invite a little more gratitude into your life. Get start Gratitude Journal for Kids today!

Gratitude is more than a positive value: it is a choice you make and a way of life that you embody. In The Gratitude Journal for Kids: Interactive with 30 Animal Coloring designs, you can teach your son or daughter about the wonders of gratitude. Divided into sections, each with a date that the child will enter, this book encourages writing about gratitude. Educational, inspirational, and always a lot of fun, The Gratitude Journal for Kids will transform gratitude from an abstract concept into something more tangible for your family, something that you can discuss and cherish, and something with which you can identity. Invite a little more gratitude into your life! The Gratitude Journal for Kids makes it easy to do.

When kids write good things down, their happiness goes up Here's the secret: if kids know how to keep happy things in mind, they'll be happier people. This gratitude journal for kids is a space for them to write those things down and practice being positive and appreciative. Even tiny acts of gratitude can totally change the way kids think and feel. Let them learn what these acts look like, with a gratitude journal for kids that includes daily writing space and funny illustrated characters on every page that will make them want to keep on writing. Today is Great! is a daily gratitude journal for kids that offers: A fresh start--There's a new blank entry every day, so kids always have a chance to write down something positive. Are you up to the challenge?--This gratitude journal for kids includes built-in challenges, like writing a thank-you note to someone who helped them. Questions and quotes--Kids will answer writing questions like "What's a special talent you have?" and read quotes about gratitude from famous figures. The path to more gratitude and happier feelings can start with this gratitude journal for kids.

This is a unique journal for kids and teenagers, allowing them the time to record their feelings each day. It's a guide to cultivate an attitude of gratitude! It is a self exploration journal designed to focus on being thankful for what we have, the big things in life, as well as the simple joys. Each well designed daily spread contains space to write 3 things you are thankful for each day of the week, and something awesome that happend today. Gratitude tasks have been scientifically proven to promote happiness. The simple act of using the journal is an 'analogue' time in an increasingly digital age. If the child starts each day by writing down three things is is thankful for a family, a favorite teacher, a good book - it begins each day on the right note. Let it do it everyday and make it a habit to focus on the blessings you have been given! Also get a copy for a friend who also has children so they can learn gratitude.

With unique prompts for each day, the 1-Minute Gratitude Journal helps kids develop a habit of thankfulness, discover the amazing health and attitude benefits of practicing gratitude, and have a lot of fun along the way.

The 3 Minute Gratitude Journal is a guide to cultivate an attitude of gratitude for children. It is a self exploration journal designed to focus on being thankful for what we have, the big things in life, as well as the simple joys. Each well designed and kid-friendly daily spread contains space to list out three things you are thankful for, a person who brought you joy and how you felt about your day. If you start each day by writing down three things you are thankful for - a family, a favorite teacher, starting a good book - you begin each day on the right note. Do it daily and make it a habit to focus on the blessings you have been given! Grab a copy for a friend and share the journey together!

Daily Gratitude Writing / Gratitude Journal for Kids Help inspire your child and way to teach thankfulness and gratitude  
Details: Pages of Gratitude Journal has area for write Today I am grateful for, Something awesome that happened today, My level of Happiness Family & Children's activity book It's a perfect gift for your kids 8.5 inches By 11 Inches Paperback Cover Gratitude is appreciation for every moment in your life. It is a feeling of thankfulness for the blessings we have received. You can learn all about the wonders of gratitude with this Journal, Gratitude Journal for Kids: Daily Prompts and Questions. Divided into sections, each with a date, the book encourages writing about gratitude. Invite a little more gratitude into your life. Get start Gratitude Journal for Kids today!

The Gratitude Journal is a guide to cultivate an attitude of gratitude for children. It is a self exploration journal designed to focus on being thankful for what we have, the big things in life, as well as the simple joys. Each well designed and kid-friendly daily spread contains space to list out three things you are thankful for, a person who brought you joy and how you felt about your day. If you start each day by writing down three things you are thankful for - a family, a favorite teacher An amazing thing is that being grateful is a choice that the kids can make every day. So, help them practice gratitude. It is most suitable for kids age between 5-10 years, but also suits any child who loves coloring and writing in a much more fun and exciting way! Surprises on each page - There's a huge variety of activities and prompts that are unique, so each entry reveals something different Easy to use pages - Simple daily prompts make the journal easy to use and thought-provoking at the same time Write, Draw and Color - This journal has pages to write, draw and color as well. So, kids can be as creative as they want to make the journal their own

? A self-exploration journal is an excellent way to cultivate an attitude of gratitude for children! ?This 3-Minute Gratitude Journal is designed to help inspire your child and teach thankfulness and gratitude. Through this journal, your child will cultivate a positive mindset which will help improve their focus and build happiness. Features: ? 60 Days of Journal Entries? 30 Interactive Activities for Learning Mindfulness through writing, drawing, quizzes and more Get the kids started

early and make it a daily habit! Grab a copy today and get your child started on a journey to mindfulness!

An illustrated and guided journal for children.

Gratitude journal for kids 30 days Interactive with daily Prompts and gorgeous coloring designs scattered right trough. Enough space for daily writing & doodling. Children happiness notebook Writing in your gratitude journal is an excellent method to cherish the world around us. Children and teenagers will find out more regarding themselves which enable self-discovery and much better self awareness. Daily prompts within this book: something good that happened today; Today I am grateful for ...; How do I feel? Let your child learn more about her or himself with this gratitude journal for teens spanning over 60 days. Enough lined pages to write and blank space for drawing / doodling. Details Spanning over 30 days with interactive daily promptsy 15 coloring designs. Enough space for daily writing & doodling I am grateful for / Something good that happened today / How do I feel? This Children's activity book is a perfect gift for kids Ideal size of 8.5" 'x 11" High Quality Paperback Gloss Cover Kids coloring journal, 60 days daily gratitude writing, Gratitude journal for kids, Kids gratitude journal, kids gratitude journal for boys, Kids gratitude journal for girls, kids grateful journal, kids gratitude book

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