

Ghosts

From that cheerful puff of smoke known as Casper to the hunkiest potter living or dead, Sam Wheat, there is probably no more iconic entity in supernatural history than the ghost. And these are just recent examples. From the earliest writings such as the Epic of Gilgamesh to today's ghost-hunting reality TV shows, ghosts have chilled the air of nearly every era and every culture in human history. In this book, Lisa Morton uses her scholarly prowess—more powerful than any proton pack—to wrangle together history's most enduring ghosts into an entertaining and comprehensive look at what otherwise seems to always evade our eyes. Tracing the ghost's constantly shifting contours, Morton asks the most direct question—What exactly is a ghost?—and examines related entities such as poltergeists, wraiths, and revenants. She asks how a ghost is related to a soul, and she outlines all the different kinds of ghosts there are. To do so, she visits the spirits of the classical world, including the five-part Egyptian soul and the first haunted-house, conceived in the Roman playwright Plautus's comedy, *Mostellaria*. She confronts us with the frightening phantoms of the Middle Ages—who could incinerate priests and devour children—and reminds us of the nineteenth-century rise of Spiritualism, a religion essentially devoted to ghosts. She visits with the Indian bhuta and goes to the Hungry Ghost Festival in China, and of course she spends time in Mexico, where ghosts have a particularly strong grip on belief and culture. Along the way she gathers the ectoplasmic residues

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seeping from books and film reels, from the Gothic novel *The Castle of Otranto* to the 2007 blockbuster *Paranormal Activity*, from the stories of Ann Radcliffe to those of Stephen King. Wide-ranging, informative, and slicked with over fifty unearthly images, *Ghosts* is an entertaining read of a cultural phenomenon that will delight anyone, whether they believe in ghosts or not. When you buy this book you get an electronic version (PDF file) of the interior of this book. The perfect coloring book for every child that loves ghosts. 40 coloring pages haunted by ghosts. Art is like a rainbow, never-ending and brightly colored. Feed the creative mind of your child and have fun! Each picture is printed on its own 8.5 x 11 inch page so no need to worry about smudging.

THE DEPARTED HAVE ARRIVED. The world is not the way it was. The dead have risen, and the living are under attack. The powerful Church of Real Truth, in charge since the government fell, has sworn to reimburse citizens being harassed by the deceased. Enter Chess Putnam, a fully tattooed witch and freewheeling ghost hunter. She's got a real talent for banishing the wicked dead. But Chess is keeping a dark secret: She owes a lot of money to a murderous drug lord named Bump, who wants immediate payback in the form of a dangerous job that involves black magic, human sacrifice, a nefarious demonic creature, and enough wicked energy to wipe out a city of souls. Toss in lust for a rival gang leader and a dangerous attraction to Bump's ruthless enforcer, and Chess begins to wonder if the rush is really worth it. Hell, yeah. **BONUS:** This edition contains an excerpt from Stacia Kane's *Unholy Magic*.

Peter Aykroyd spent his childhood watching his family's parlor se?ances through the crack of a basement door. Here, for the first time, Aykroyd tells the strange and delightful story that inspired his son, Dan, to make the mega-hit, Ghostbusters. Part history, part family legend, A History of Ghosts starts in 1848 in upstate New York, where the spiritualist craze first began. Aykroyd introduces the reader to notable mediums while telling the story of the development of spiritualism, interweaving a personal history marked by a fascination with ghosts and spirits with the larger narrative about the role the paranormal has played in our culture. Such legendary figures as Sir Arthur Conan Doyle and Harry Houdini appear and vanish. Everyone loves a good ghost story. Successful TV shows such as Medium and Ghost Hunters are proof that our national obsession with ghosts is here to stay. Millions of Americans believe in the paranormal—and even skeptics have heard a bump in the night and suspected it might be something supernatural. Aspiring to be the fastest sprinter on his elite middle school's track team, gifted runner Ghost finds his goal challenged by a tragic past with a violent father. Old Dave inherits a lonely old house from his uncle—a nice enough place, if a bit lonely. One cold night he hears a voice: Ghastly ghosts in the old coal shed! At first he tries to ignore it, but he hears it again and again—Ghastly ghosts in the old coal shed! And when the fireplace runs out of coal, Dave has no choice but to brave the dreaded coal shed...and whatever dwells within. But Old Dave's got an idea that just might work out for him AND the spirits.

Explaining how multitudes of North Americans are carrying the pain of all types of loss—not just the deaths of loved ones but also the loss of a spouse through divorce, children who leave home, and the decline of health as they age or get sick—this balanced resource empowers mourners and grief counselors to turn grief into an experience to be learned from. Defining the varieties of heartache and its consequences, this effective guide explores how to inventory, understand, embrace, and reconcile one's accumulated sorrow through a five-phase "catch-up" mourning process. Readers will learn to use a spiritual and holistic approach to examine and integrate the ignored loss from their pasts, so that they can go on to live fuller, more balanced lives.

Jacqui Germain's poems in *When the Ghosts Come Ashore* situate St. Louis as the archetypal American city: it's here she explores the intersections of race, gender, and violence, here she finds the ghosts of those who still hunger for freedom. But Germain still carves out space for love. As Phillip B. Williams writes of these poems, "Placelessness is the place, leaving only the unsafety of flesh as a hideout. Black presences break from the margins and pierce through these hard lyrics." Ghost stories from Mississippi.

The unique and often turbulent history of St. Augustine, America's oldest city, has spawned more than four hundred years' worth of ghosts. Author Dave Lapham has collected twenty-four stories from St. Augustine's rich oral history into a light yet

sometimes hair-raising peek at the spooky side of the Oldest City. St. Augustine has lots to offer travelers with varied interests.

Describes the loss of the cruiser U.S.S. Houston in the Dutch East Indies during the early days of World War II in the Pacific and the fate of the warship's surviving crew, who were captured by the Japanese and forced to work as slaves on Japan's brutal Burma-Thailand Death Railway. Reprint. 50,000 first printing.

Catrina and her family have moved to the coast of Northern California for the sake of her little sister, Maya, who has cystic fibrosis--and Cat is even less happy about the move when she is told that her new home is haunted, and Maya sets her heart on meeting a ghost.

A mix of mystery and history, *Gourmet Ghosts* is a unique guide to more than 40 haunted bars and restaurants in Los Angeles. Including new and previously-unpublished stories, photographs and eyewitness accounts, this book also digs into the newspaper archives to find out if there's any truth to the tales - and offers tips on the best food, drink and Happy Hours. From Downtown to Hollywood and from West Hollywood to the Westside, you can find out which booth to choose if you want to dine with a ghost, read about ""The Night Watchman"" at the Spring Arts Tower, walk in the steps of ""Glover's Ghost"" at Yamashiro or examine the strange

pictures from the Queen Mary and the Mandrake Bar. Your table is ready!

A Texas map marked with three red dots like drops of blood. A serial killer who claims to have dementia. A mysterious young woman who wants answers. What could go wrong? "Fast and furious . . . You'll never see what's coming."--The Washington Post

Years ago, her sister Rachel vanished. Now she is almost certain the man who took Rachel sits in the passenger seat beside her. He claims to have dementia and no memory of murdering girls across Texas in a string of places where he shot eerie pictures. To find the truth, she proposes a dangerous idea: a ten-day road trip with a possible serial killer to examine cold cases linked to his haunting photographs. Is he a liar or a broken old man? Is he a pathological con artist--or is she? You won't see the final, terrifying twist spinning your way until the very last mile. Praise for Paper Ghosts "A rich, hybrid work . . . a murder mystery, a road novel, a pair of psychological case studies and a meditation on photography."--The Sunday Times (U.K.), Thriller of the Month "[An] artful and elegiac psychological thriller . . . riveting."--Publishers Weekly (starred review) "[Paper Ghosts] elevates the often tawdry genre of the serial killer novel to a work of art."--Sunday Express (UK) "Texas has yet again bred a major American noir writer."--D Magazine "[Heaberlin has] developed a distinctive literary

voice, one that is on full display in Paper Ghosts."--Houston Chronicle "Entertainingly unnerving."--The Dallas Morning News "Strong characterisation, haunting images, a wonderful sense of place, and some dark comedy make this travelogue-cum-psychological thriller well worth the read."--The Guardian

In words and pictures, ghosts set the record straight about--ghosts.

It's Halloween, and three Silly Ghosts are out celebrating their favorite holiday! This haunted pop-up book features eight whimsical spreads that spring to life and take you on a fun-filled pop-up adventure, with spooky surprises on every page.

Stephen Blackmoore's dark urban fantasy series follows necromancer Eric Carter through a world of vengeful gods and goddesses, mysterious murders, and restless ghosts * "Gritty, emotional and phenomenally imaginative." --RT Reviews

Necromancer Eric Carter's problems keep getting bigger. Bad enough he's the unwilling husband to the patron saint of death, Santa Muerte, but now her ex, the Aztec King of the dead, Mictlantecuhtli, has come back -- and it turns out that Carter and he are swapping places. As Mictlantecuhtli breaks loose of his prison of jade, Carter is slowly turning to stone. To make matters worse, both gods are trying to get Carter to assassinate the other. But only one of them can be telling him the truth and he can't trust either

one. Carter's solution? Kill them both. If he wants to get out of this situation with his soul intact, he'll have to go to Mictlan, the Aztec land of the dead, and take down a couple of death gods while facing down the worst trials the place has to offer him: his own sins.

Explore haunted places of Montgomery County, Maryland, and its surrounding area through 53 ghostly stories: Brookeville to Gaithersburg, Poolesville, and Leesburg, Virginia; the C & O Canal to Rockville and Silver Spring; Chevy Chase and Washington, D.C. to Sandy Spring. Learn about the many ghosts, apparitions, and supernatural occurrences that can't be explained logically, including the Headless Horseman that continues to terrorize visitors to the old railroad bridge; the poltergeist that haunts the Madison House; the Tommyknocker at the Maryland Mine; and the farmer that keeps searching for his buried treasure. The history of gold mining, presidential politics, the Civil War, the burning of Washington during the War of 1812, the French and Indian War, and various important personages come to life through these mind-tingling stories. Are you brave enough to take this haunted journey back into time?

Take a spirited tour through the supernatural history of America, from its haunted sites to its famous ghosts to its ghost-obsessed pop culture. Ghosts are everywhere—whether you believe in them or not. Every town has its local legends, and countless books, movies,

and TV shows are haunted by their presence. But our obsession with ghosts runs deeper than we know—and is embedded in the very fabric of American history. Writer and historian Marc Hartzman dons the mantle of tour guide, taking readers on a fascinating journey through supernatural history, including:

- The Fox Sisters and the rise of Spiritualism
- The supernatural obsessions of famous figures like Sir Arthur Conan Doyle
- Famous haunted sites like the Eastern State Penitentiary in Philadelphia and the LaLaurie House in New Orleans
- Famous ghosts like the Bell Witch of Tennessee and the Greenbrier Ghost of West Virginia
- Paranormal investigators like Ed and Lorraine Warren

Deeply researched and highly entertaining, with archival images and black and white illustrations, *Chasing Ghosts* will satisfy believers and skeptics alike.

Cadence Archer arrives on Harvard's campus searching for answers about her brother, a schizophrenic genius who leapt from his dorm room window the year before. Eric's brilliance overshadowed Cady growing up, but she worshipped and adored him—even as he became more unstable, retreating deeper into his secretive work on multidimensional spacetime and isolating himself from everyone around him. Losing Eric has left a black hole in Cady's life, and while her choice to walk the same path threatens to break her family apart, she is driven to know why Eric killed himself. As Cady struggles under the enormous pressure that comes with being at Harvard, she begins to investigate her brother's life on campus. What was it that caused Eric to spiral into an irretrievable madness—the paranoia, the delusions, the illusory

enemies--after he had been doing so well? Soon, her prying turns up clues that grow increasingly sinister. And then, as her suspicions mount, Cady begins to hear voices herself- three ghosts that walked the hallowed halls of Harvard, each from a different era of American history. That's when the panic sets in. Does she share Eric's illness, or are these voices real? And if she listens to these ghosts, will they lead to her brother--and the truth--or will they lead her down a path of her own destruction?

From #1 NYT bestselling author Victoria Schwab comes a sweeping, spooky, evocative adventure, perfect for fans of "Stranger Things" and Miss Peregrine's Home for Peculiar Children.

A tale of magic, found family, and the power of being yourself—even when the world asks you to change. Witches have been banned from Arrett for years. Which is why Milly has tried to ignore the tingling light that appears in her palm anytime she conjures up a wish. She has too many responsibilities as the oldest girl at St. George's Orphanage to get caught up in magicks. Sweet, quirky Cilla, though, has always longed for that power, even if it could be dangerous for her. Milly has always kept an eye out for her, but then, in a case of mistaken identity, Cilla is kidnapped by an angry, exiled witch who believes she's the one with magicks—not Milly. Desperate to bring Cilla back to St. George's, Milly sets out to find her with a sarcastic young Wind stuck in the form of a cat as her companion. Along the way, they meet an independent young broomstick and gentle giant—and a whole world Milly has never seen before. As

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she searches high and low for Cilla, one thing becomes clear: she'll have to face the stirrings of forbidden magicks inside herself in order to rescue a friend who has become more like a sister.

Ghosts is Ibsen's formidably realistic play about the effects of previous generations on the young, a stinging satire on contemporary Norwegian society and morality, and a haunting tragedy that, more than a century since it premiered, still retains its power to shock. In Ibsen's study of the lingering poison in a marriage based on a lie, Oswald Alving returns from Paris to his mother's home, carrying with him a dreadful secret. His mother's delight at having him home soon turns to horror and grief. The corruption that she had hoped to spare him from when sending him away from the influence of his depraved father has in fact infected his whole body in the form of syphilis. In Mrs Alving and her son's distrust of conventional religion and mores and Oswald's anguish with life, Ibsen created a thoroughly modern and provocative work that created widespread outrage and shock when first produced in 1881.

Catrina and her family are moving to the coast of Northern California because her little sister, Maya, is sick. Cat isn't happy about leaving her friends for Bahía de la Luna, but Maya has cystic fibrosis and will benefit from the cool, salty air that blows in from the sea. As the girls explore their new home, a neighbor lets them in on a secret: there are ghosts in Bahía de la Luna. Maya is determined to meet one, but Cat wants nothing to do with them. As the time of year when ghosts reunite with their loved ones approaches, Cat must figure out how to

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put aside her fears for her sister's sake -- and her own. PEN/Hemingway Award For Debut Novel Finalist? Shortlisted for the 2020 Center for Fiction First Novel Prize A “rich, ambitious debut novel” (The New York Times Book Review) that reveals the ways in which a Jamaican family forms and fractures over generations, in the tradition of Homegoing by Yaa Gyasi. Stanford Solomon’s shocking, thirty-year-old secret is about to change the lives of everyone around him. Stanford has done something no one could ever imagine. He is a man who faked his own death and stole the identity of his best friend. Stanford Solomon is actually Abel Paisley. And now, nearing the end of his life, Stanford is about to meet his firstborn daughter, Irene Paisley, a home health aide who has unwittingly shown up for her first day of work to tend to the father she thought was dead. These Ghosts Are Family revolves around the consequences of Abel’s decision and tells the story of the Paisley family from colonial Jamaica to present-day Harlem. There is Vera, whose widowhood forced her into the role of a single mother. There are two daughters and a granddaughter who have never known they are related. And there are others, like the houseboy who loved Vera, whose lives might have taken different courses if not for Abel Paisley’s actions. This “rich and layered story” (Kirkus Reviews) explores the ways each character wrestles with their ghosts and struggles to forge independent identities outside of the family and their trauma. The result is a “beguiling...vividly drawn, and compelling” (BookPage, starred review) portrait of a family and individuals caught in the sweep of history, slavery, migration, and the more

personal dramas of infidelity, lost love, and regret. Tales of haunted houses, ghosts, and horror are accompanied by true stories, poems, and a list of U.S. haunted houses

Imogene is young, beautiful, kisses like a movie star, and knows everything about every film ever made. She's also dead, the legendary ghost of the Rosebud Theater.

Arthur Roth is a lonely kid with a head full of big ideas and a gift for getting his ass kicked. It's hard to make friends when you're the only inflatable boy in town.

Francis is unhappy, picked on; he doesn't have a life, a hope, a chance. Francis was human once, but that's behind him now.

John Finney is in trouble. The kidnapper locked him in a basement, a place stained with the blood of half a dozen other murdered children.

With him, in his subterranean cell, is an antique phone, long since disconnected . . . but it rings at night, anyway, with calls from the dead. . .

Meet these, and a dozen more, in 20TH CENTURY GHOSTS, irresistible, addictive fun showcasing a dazzling new talent.

For readers of Helen Macdonald and Elizabeth Alexander, an intimate and haunting portrait of grief and the search for meaning from a singular new talent as told through the prism of three generations of her Chinese American family. Born two years after her parents' only son died just hours after his birth, Kat Chow became unusually fixated with death. She worried constantly about her parents dying -- especially her mother. One morning, when Kat was nine, her mother, a vivacious and mischievous

woman, casually made a morbid joke: When she eventually dies, she said laughing, she'd like to be stuffed and displayed in Kat's future apartment in order to always watch over her. Four years later when her mother dies unexpectedly from cancer, Kat, her two older sisters, and their father are plunged into a debilitating, lonely grief. With a distinct voice that is wry and heartfelt, Kat weaves together what is part ghost story and part excavation of her family's history of loss spanning three generations and their immigration from China and Hong Kong to America and Cuba. This redemptive coming-of-age story uncovers the uncanny parallels in Kat's lineage, including the strength of sisterhood and the complicated duty of looking after parents, even after death. *Seeing Ghosts* asks what it means to claim and tell your family's story: Is writing an exorcism or is it its own form of preservation? What do we owe to our families in our grief, and how does it shape us? In order to answer these questions and to understand her family's ghosts, Kat unearths their sorrow and challenges the power structures of race, class, and gender. The result is an extraordinary new contribution to the literature of grief and the American family, and a provocative and transformative meditation on who we become under the specter of loss.

GhostsA NovelKnopf Publishing Group

“Make no mistake about it: *Walking with Ghosts* is a

masterpiece. A book that will wring out our tired hearts. It is by turns poetic, moving, and very funny. You will find it on the shelf alongside other great Irish memoirs including those by Frank McCourt, Nuala O'Faolain and Edna O'Brien." —Colum McCann

As a young boy growing up in the outskirts of Dublin, Gabriel Byrne sought refuge in a world of imagination among the fields and hills near his home, at the edge of a rapidly encroaching city. Born to working class parents and the eldest of six children, he harbored a childhood desire to become a priest. When he was eleven years old, Byrne found himself crossing the Irish Sea to join a seminary in England. Four years later, Byrne had been expelled and he quickly returned to his native city. There he took odd jobs as a messenger boy and a factory laborer to get by. In his spare time, he visited the cinema where he could be alone and yet part of a crowd. It was here that he could begin to imagine a life beyond the grey world of 60s Ireland. He reveled in the theatre and poetry of Dublin's streets, populated by characters as eccentric and remarkable as any in fiction, those who spin a yarn with acuity and wit. It was a friend who suggested Byrne join an amateur drama group, a decision that would change his life forever and launch him on an extraordinary forty-year career in film and theatre. Moving between sensual recollection of childhood in a now almost vanished Ireland and reflections on

stardom in Hollywood and Broadway, Byrne also courageously recounts his battle with addiction and the ambivalence of fame. *Walking with Ghosts* is by turns hilarious and heartbreaking as well as a lyrical homage to the people and landscapes that ultimately shape our destinies.

Join paranormal expert and storyteller extraordinaire Hans Holzer as he explores ghostly manifestations of every variety and delves into the true nature of "the other side." In this groundbreaking book--featuring eye-opening photographs of ghostly apparitions and visitations--Holzer presents hundreds of case histories, tips on interpreting sounds and other signals from the beyond, and more.

Rising from the banks of the Cape Fear River like a spectral stage, Wilmington remains one of America's most haunted cities. Its beautiful homes and tidal waterways belie a history of violence. Wilmington is a true theater of horror, the cast of which includes runaway slaves, dismembered soldiers, and fallen women of the night who linger in Paradise Alley. Wilmington's ghosts make the Cape Fear region worthy of its name. Written with wit and style, author John Hirschak calls upon years of experience as the owner and lead guide for the 'Ghost Walk of Old Wilmington' to lead his readers on a journey down back alleys and docksides, stopping at various points along the way to listen to the lingering

whispers of generations long-dead. Hirchak's experience adds a refreshingly unique twist to his writing. Through his words, readers will not only feel the hairs rising on their necks, but can also enjoy a laugh as Hirchak reveals some comical reactions many of his guests have had. A wonderful mix of humor and horror, *Ghosts of Old Wilmington* will delight any reader with an interest in

The book is aimed at all readers not just those who are interested in the esoteric. It introduces accessibly and surprisingly clearly the causes of the toxic relationships that arise between people and ghosts. It contains a large dose of psychology of the soul, testimony to the author's spiritual maturity. Ghosts are the souls of people who, after the death of their physical body, have not resolved to pass through to the other side of death's curtain. The reason for that is that, for various reasons, they overlooked their own deaths, didn't have the courage to go through to the other side or were detained or even pulled away from their road by those mourning the souls of their near ones. When they remain in the world of the living they possess people which can be the cause of very unpleasant and sometimes even tragic experiences. Starting with the mildest -- the presence of ghosts in a person causes severe mood swings ranging from powerful explosions of negative energy to deep depressions. They bring out severe states of anxiety, they tempt those possessed to

commit suicide, they have a powerful influence on the psyche and are the cause of psychiatric illnesses. In addition, the diseases of the dead person very often transfer through the ghost to the person possessed. Wanda Pratkanica is an exorcist and psychotherapist of world renown. Over the past thirty years she has helped many thousands of patients throughout the world.

This is a collection of Eskimo folk tales.

It's Halloween. The trees are ablaze in fiery reds. Excited children don colorful costumes. And there's mystery and fun around every corner! When Addy, Michael, and Karl finish trick-or-treating, their bags are brimming with treats. But the fun isn't over yet. Their good friend Stillwater the panda has one more special surprise in store for them. A mysterious visitor is about to tell them a spine-tingling story --- one that will fill each and every reader with wonder. "Country Stories of Ghosts and Bad Men" by Todd Curtis Narron is a compilation of ten stories that are gripping, haunting, sometimes disturbing, sometimes amusing-the whole gamut of emotions. This book ties in so well the theme of the vanishing family farm and rural way of life. Todd grew up on a tobacco farm in Johnston County; he has a way of telling stories that make the reader feel in the midst of the action. This is the first book authored by Todd. One by one Riley would easily dig at the shallow graves until the faces of the dead appeared in the light of

the lantern, none of which were Wesley. The old man saw more than his share of death as he uncovered and covered the faces which were bloated and contorted with the pain they must have been feeling in the last throws of life. - The Ghost of Old Riley He said that his mama laid the baby down on the floor real careful like and went over to where the fireplace was which had a small fire going, and started to stoke the fire, putting big chunks of coal and wood into it until he could feel the heat drying his eyes through the opening in the lock. He said the fire lighted the room up so that he could see smudges of dirt on the walls and that meat grease and oil that had clung to the bricks from all the years of cooking were beginning to melt and each time a drop would fall into the fire there would be a hissing sound as if snakes were in the room. - The Chimney

Divided by state lines and the Mississippi River, the Quad Cities share a common haunted heritage. If anything, the seam that runs through the region is especially rife with spirits, from the Black Angel of Moline's Riverside Cemetery to the spectral Confederate POWs of Arsenal Island. Of course, the city centers have their own illustrious supernatural residents--the Hanging Ghost occupies Davenport's City Hall, while the Phantom Washwoman wanders Bettendorf's Central Avenue. At Igor's Bistro in Rock Island, every day is Halloween. Michael McCarty and Mark McLaughlin hunt down the haunted lore of this vibrant midwestern community.

"From the award-winning author of Bellweather

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Rhapsody, a delightfully clever novel following one woman and a supporting cast of misfits, dreamers and foes as they race to win a treasure hunt inspired by Edgar Allan Poe, left behind by a dying billionaire" -- After a tragic encounter with an artifact known as "The Dreamstone," infamous treasure hunter Fabian Gray is possessed by five literary ghosts and granted access to their unique abilities. Join Fabian and his allies as they travel across the world in a pulp-inspired literary action/adventure from writer Frank J. Barbiere (New Avengers, Solar: Man of the Atom) and artist Chris Mooneyham (Predator). The critically acclaimed series collected in hardcover for the first time with tons of extras! Collects Five Ghosts #1-12.

A smart, sexy, laugh-out-loud romantic comedy about ex-boyfriends, imperfect parents, friends with kids, and a man who disappears the moment he says "I love you." Nina Dean is not especially bothered that she's single. She owns her own apartment, she's about to publish her second book, she has a great relationship with her ex-boyfriend, and enough friends to keep her social calendar full and her hangovers plentiful. And when she downloads a dating app, she does the seemingly impossible: she meets a great guy on her first date. Max is handsome and built like a lumberjack, he has floppy blond hair and a stable job. But more surprising than anything else, Nina and Max have chemistry. Their conversations are witty and ironic, they both hate sports, they dance together like fools, they happily dig deep into the nuances of crappy music, and they create an entire universe of private jokes and chemical bliss. But when

Max ghosts her, Nina is forced to deal with everything she's been trying so hard to ignore: her father's Alzheimers is getting worse, and so is her mother's denial of it; her editor hates her new book idea; and her best friend from childhood is icing her out. Funny, tender, and eminently, movingly relatable, Ghosts is a whip-smart tale of relationships and modern life.

From bestselling author Gabor Maté, the essential resource for understanding the roots and behaviors of addiction--now with an added introduction by the author. Based on Gabor Maté's two decades of experience as a medical doctor and his groundbreaking work with the severely addicted on Vancouver's skid row, *In the Realm of Hungry Ghosts* radically reenvisions this much misunderstood field by taking a holistic approach. Dr. Maté presents addiction not as a discrete phenomenon confined to an unfortunate or weak-willed few, but as a continuum that runs throughout (and perhaps underpins) our society; not a medical "condition" distinct from the lives it affects, rather the result of a complex interplay among personal history, emotional, and neurological development, brain chemistry, and the drugs (and behaviors) of addiction. Simplifying a wide array of brain and addiction research findings from around the globe, the book avoids glib self-help remedies, instead promoting a thorough and compassionate self-understanding as the first key to healing and wellness. *In the Realm of Hungry Ghosts* argues persuasively against contemporary health, social, and criminal justice policies toward addiction and those impacted by it. The mix of personal stories—including the author's candid

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discussion of his own "high-status" addictive tendencies—and science with positive solutions makes the book equally useful for lay readers and professionals.

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