

Get Shit Done Inspirational Quotes Notebook Wide Ruled College Lined Composition Notebook For 132 Pages Of 8x10 Lined Paper Journal Positive Quotes Lined Notebook Series Volume 4

Beautiful 5 year 2020-2024 Book Details: Monthly Action plan 60-month calendar One month per each two page spread with unruled daily blocks. Printed on quality paper. Portable Size 8"x10". Perfect Gift For Your Family and Your Friend. Thank you! Based on a Navy SEAL's inspiring graduation speech, this #1 New York Times bestseller of powerful life lessons "should be read by every leader in America" (Wall Street Journal). If you want to change the world, start off by making your bed. On May 17, 2014, Admiral William H. McRaven addressed the graduating class of the University of Texas at Austin on their Commencement day. Taking inspiration from the university's slogan, "What starts here changes the world," he shared the ten principles he learned during Navy Seal training that helped him overcome challenges not only in his training and long Naval career, but also throughout his life; and he explained how anyone can use these basic lessons to change themselves-and the world-for the better. Admiral McRaven's original speech went viral with over 10 million views. Building on the core tenets laid out in his speech, McRaven now recounts tales from his own life and from those of people he encountered during his military service who dealt with hardship and made tough decisions with determination, compassion, honor, and courage. Told with great humility and optimism, this timeless book provides simple wisdom, practical advice, and words of encouragement that will inspire readers to achieve more, even in life's darkest moments. "Powerful." --USA Today "Full of captivating personal anecdotes from inside the national security vault." --Washington Post "Superb, smart, and succinct." --Forbes

Get Shit Done. Less meetings, more doing. Passion never fails. Startup Vitamins aims to provide doses of vitalizing support to startups to help them throughout their development. Posters are created to provide inspiration, reminding startups of key aspects to success while also offering a constant stream of other inspirational quotes on their blog. There's rocket-fuelled insight from the pioneers of the Lean revolution, alongside timeless wisdom from Zuckerberg, Bezos and Jobs. For instance: "It takes time, it's a grind. There are no shortcuts. You've got to grind and grind." – Mark Cuban "Better to be right about the trend and wrong about the implementation, than the other way around." – Aaron Levie, Box.net "Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do." – Steve Jobs "Most people are searching for a path to success that is both easy and certain. Most paths are neither." – Seth Godin "Don't let people tell you your ideas won't work. If you're passionate about an idea that's stuck in your head, find a way to build it so you can prove to yourself that it doesn't work." – Dennis Crowley, Foursquare Whenever you're in search of inspiration and motivation, pick up this book. And then Get Shit Done.

Three Year Academic Planner This stylish planner is printed on premium interior stock

with a gorgeous floral cover. Monthly spreads include an overview of the month with holidays, a separate section for notes, and an inspirational quote. Plan and schedule three years of school events, set goals, and get things done. This beautiful planner makes a great gift for family and friends. Features: - Trim: 8.5" x 11" - July 2019 - June 2022 - Yearly reference calendars - Extra lined pages to record notes - Contacts page - Laminated cover with matte finish - Perfect binding - Printed on premium 55 lb. white paper

Printed on high quality white interior stock paper with inspirational quote on the cover and inspirational quotes inside the planner as well. This motivational planner offers lots of space to write your daily, weekly and monthly tasks and events. and to-do list. Start planning today with this beautiful 2018 to 2019 academic/work/personal/ motivational planner with weekly and monthly columns. Full Specifications U.S Edition : Total Pages: 200 Pages-8 x 10 inches weekly and monthly planner-U.S Edition with U.S holidays-16-month calendar - 16 sheets of monthly calendar sheet- Weekly calendar sheets side-by-side for easy writing and viewing (Mon to Wed and Thurs to Sun for Sept 2018 to Dec 2019)- more than 12 pages of personal notes section for recording anything you need- Expense Tracking Sheet for each month from Sept 2018 to Dec 2019-Matte cover lamination - With motivational and inspirational motivational quotes inside the planner and on coverCover - Get Shit Done On Gold CoverA perfect gift for friends and loved ones.

Features: Size: 8.5" x 11" inch Paper: College-ruled on white paper Pages: 150 sturdy pages Cover: Soft, matte cover Perfect for gel pen, ink or pencils Great size to carry everywhere in your bag, for work, high school, college Makes a great Christmas, birthday, graduation or beginning of the school year gift for Women and Girls This stylish and elegant notebook and writing journal has 150 College Ruled Pages measuring 8.5" x 11" in size. It has a sturdy cover for a beautiful look and feel. It makes a great back to school, Christmas Gift or holiday, graduation, beginning of the school year gift for women and girls for a motivational and inspirational boost. This journal is great for taking notes, jotting lists, doodling, brainstorming, prayer, gratitude, meditation and mindfulness journaling. This Journal, with high-quality paper, is the perfect fit for doodles, journaling and creativity. A gorgeous, hand-designed, marble, gold, pink and pastel design cover that fits perfectly into your bag. Enjoy these 150 lined pages to let all your creative juices flow. Our notebooks and journals are the perfect gift for any occasion. Be sure to check the Paperlush Press page for more styles, designs, sizes and other options.

Large 2020 Monthly Planner This stylish planner will help you schedule your appointments and daily activities, plan events, set goals, and get things done. It will also make a great gift for family and friends. Features: - Trim: 8.5" x 11" - January 2020 - December 2020 - Monthly spreads (2 pages per month) include holidays, a separate section for notes, and an inspirational quote - Yearly reference calendars - Extra lined pages to record notes - Contacts page - Laminated cover with matte finish - Perfect binding - Printed on premium 50 lb. white paper

This Motivational quote lined notebook is perfect for anyone to record ideas, or to use for writing and note-taking. It can be used by kids, school and college

students and even adults. This composition book or notebook is ideal for:

-Birthday Gifts for kids and adults-Special occasions -Christmas Gifts for all ages-
Student's gifts-Stationery gift pack-Office workers and friends -Use as a journals
or notepadAnd for capturing ideas and much more...

? Make the perfect gift for anyone who loves to read or write inspirational quotes
or for someone who you want to motivate RIGHT NOW! GET YOURS TODAY!
The best gift to motivate your team and staff members to work, or every person
that you want to motivate. Amazing motivational journal to write in for everyone
with powerful motivational quotes on cover. Beautiful, minimalistic and trendy
cover design in elegant finish. Printed on high quality solid white blank paper,
which allows you to make mind maps, writings, notes and actually what you want!
Easily color with crayons, colored pencils or colored pens. You can write
everything you want in that journal, for example your plans, bucket lists, life
goals, to-do-lists, ideas or thoughts, gratitude, etc. Lots of space to write or your
great ideas and beautiful thoughts. It gives you a possibility to write down
inspirational quotes and motivational frazes. Perfect inspirational notebook for
personal use, or for your whole office. Great for company meetings when you
need to write down your ideas and solutions. It is so nice for brainstorm and
debates to remember what you want to say. Look at that notebook, it will help
you avoid bad mood! ! GET YOURS TODAY and make someone very happy!

Get Sh*t DonePenguin

Two Year Academic Planner This stylish planner is printed on premium interior
stock with a minimalistic black cover. Plan and schedule two years of school
events, set goals, and get things done. This elegant planner makes a great gift
for family and friends. Features: - Trim: 8.5" x 11" - July 2019 - June 2021 -
Monthly spreads (2 pages per month) include holidays, a separate section for
notes, and an inspirational quote - Yearly reference calendars - Extra lined pages
to record notes - Contacts page - Laminated cover with matte finish - Perfect
binding - Printed on premium 55 lb. white paper

Get Shit Done Ruled Notebook **Back to School Special - Limited Time Pricing**

Let's get shit done! Our gorgeous and on-trend ruled notebook with motivational
quote has been lovingly designed by the team at Nifty Notebooks and is the
perfect accessory this season, whether for home, school, college or work.

Custom-designed with a motivational quote cover, this college-ruled notebook will
take pride of place on any desk. Check our our author page for dozens of colours
and designs, including bullet journals and academic planners. **This design is
also available as a planner** Lined Notebook Features: 120 white high-quality
pages College-ruled notebook (medium ruled) Soft, matte Get Shit Done cover
6x9" dimensions; the ideal size for all purposes, fitting perfectly into your bag Our
notebooks and journals are perfect for heading back to school or college Scroll
up and buy your gorgeous notebook journal today and receive fast delivery from
Amazon. For more notebook and journal designs, check out our Author page.

#1 NEW YORK TIMES BESTSELLER • Discover the life-changing memoir that has inspired

millions of readers through the Academy Award®-winning actor's unflinching honesty, unconventional wisdom, and lessons learned the hard way about living with greater satisfaction. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE GUARDIAN "McConaughey's book invites us to grapple with the lessons of his life as he did—and to see that the point was never to win, but to understand."—Mark Manson, author of *The Subtle Art of Not Giving a F*ck* I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me. Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges—how to get relative with the inevitable—you can enjoy a state of success I call "catching greenlights." So I took a one-way ticket to the desert and wrote this book: an album, a record, a story of my life so far. This is fifty years of my sights and seens, felts and figured-outs, cools and shamefuls. Graces, truths, and beauties of brutality. Getting away withs, getting caughts, and getting wets while trying to dance between the raindrops. Hopefully, it's medicine that tastes good, a couple of aspirin instead of the infirmary, a spaceship to Mars without needing your pilot's license, going to church without having to be born again, and laughing through the tears. It's a love letter. To life. It's also a guide to catching more greenlights—and to realizing that the yellows and reds eventually turn green too. Good luck.

This positive quote Lined Notebook is perfect for anyone to record ideas, or to use for writing and note-taking. It can be used by kids, school and college students and even adults. Specifications: Size: 6x9 Inches Lined pages Made in USA Soft cover with matte lamination for durability and classy look With Inspirational and Motivational Quote on Cover Pages: 110 High-quality white paper This composition book or notebook is ideal for: Birthday Gifts for kids and adults Special occasions Christmas Gifts for all ages Student's gifts Stationery gift pack Office workers and friends Use as a journals or notepad And for capturing ideas and much more...

This Motivational quote lined notebook is perfect for anyone to record ideas, or to use for writing and note-taking. It can be used by kids, school and college students and even adults. Specifications: - Big Size: 8x10 Inches wide lined pages-Made in USA-Soft cover with matte lamination for durability and classy look- with inspirational quote on cover-134 page wide ruled college pages-High-quality white paper This composition book or notebook is ideal for: -Birthday Gifts for kids and adults-Special occasions -Christmas Gifts for all ages-Student's gifts-Stationery gift pack-Office workers and friends -Use as a journals or notepad And for capturing ideas and much more.....

Perfect funny or gag gift for the hard-working, determined, or unstoppable woman in your life. A beautiful and bold, fun & encouraging notebook. Includes 150 lightly lined, graph, and dotted pages interspersed with inspirational quotes from famous unstoppable women. Makes a perfect gift for a graduate, sister, aunt, friend, cousin, teammate, bridesmaid, mom, or anyone who could use a motivational or inspirational boost. Perfect for taking notes, jotting lists, doodling, brainstorming, prayer and meditation journaling, writing in as a diary, or giving as a gift for Mother's Day, Easter, a birthday, Christmas, Rush Week, beginning or end of school, or just about any day in between. Perfect size for your purse or bag to carry with you daily, not too thick & not too thin! Book features: Mix of lightly lined, graph and dotted journal pages with date prompts. 15 inspirational quotes by world-famous women 150 white pages perfect for notes, lists, sketching and more 5.5" x 8.5" Soft-cover

Get Shit Done Weekly + Monthly View Planner and Organizer 2020 is the year to Get Shit Done! Beautifully hand-designed by our designers at Nifty Notebooks to have everything you need for a productive year, our range of 2020 planners and organizers are a must-have at home, school or the office. This year, our planners are a new 6x9 inch size, due to popular demand. Still plenty of space for your awesome planning and notes, but even more portable. ****Now includes dotted grid journal pages for scribbles, doodles and personalized planner pages**** With cute weekly spreads and plenty of space to write to-do lists, monthly goals and more, this gorgeous and stylish 2020 weekly view diary is the best way to stay focused on your goals and passions. You'll also find inspiring motivational quotes throughout the planner, for an added positivity boost. For extra fun, we've also added non-official, but no-less-important holidays such as Hug a Cat day. As well as weekly and yearly calendar views and weekly to-do lists, our 12-month planner has space to write your goals and dreams. Our beautiful range of weekly planners are also the perfect Christmas gift or stocking filler for your children, grandchildren and friends! Motivational Planner 2020 Features: 6x9" dimensions, perfect for putting in your bag or sitting pride of place on your desk - large enough to make plenty of notes Printed on high-quality off-white paper Inspirational quotes throughout Notes section to write down your most brilliant ideas Weekly to-do lists to help you achieve your goals Yearly and weekly spread views to help you plan your year ahead Plenty of space to write down your daily activities and thoughts Stunning and stylish matte finish simple and stylish Get Shit Done cover Check out our dozens of other designs on our author page - including lots of "Get Shit Done" designs to find the perfect 2020 Weekly Planner, or visit www.niftynotebooks.com. Scroll up and purchase this fun motivational 2020 planner today and receive fast shipping from Amazon. Awesome 2020 Planner Under 10.00!! 2020 Planner from 1 January to 31 December, a notes section, inspirational quotes, and fun holidays such as National Donut Day! The cute weekly spreads include space to write your daily schedule as well as a to-do list. Book Details: You can use for personal, work, to do list, small diary for note of the day and all purposes. Monthly and Weekly Action plan Perfect Extra Large Size 8.5" x 11" Soft Matt Cover You can make it gift for Christmas Birthday Valentine or any occasion

Start to plan early from Sept 2018 to Dec 2019 with this 8 x 10 inches weekly and monthly inspirational mandala design planner for 2018 to 2019 (Sept 2018 to Dec 2019) is perfect size for work, school and academic planning. It is a 16 months weekly planner starting from Sept 2018 to Dec 2019. Printed on high quality white interior stock paper with inspirational quote on the cover and inspirational quotes inside the planner as well. This motivational planner offers lots of space to write your daily, weekly and monthly tasks and events. and to-do list. Start planning today with this beautiful 2018 to 2019 academic/work/personal/ motivational planner with weekly and monthly columns. Full Specifications U.S Edition : Total Pages: 200 Pages-8 x 10 inches weekly and monthly planner-U.S Edition with U.S holidays-16-month calendar - 16 sheets of monthly calendar sheet- Weekly calendar sheets side-by-side for easy writing and viewing (Mon to Wed and Thurs to Sun for Sept 2018 to Dec 2019)- more than 12 pages of personal notes section for recording anything you need- Expense Tracking Sheet for each month from Sept 2018 to Dec 2019-Matte cover lamination - With motivational and inspirational motivational quotes inside the planner and on coverCover - Get Shit Done A perfect gift for friends and loved ones.

Need some "kick ass" motivation? This adult coloring book is perfect for you! "Inspirational S**t To Color" is an irreverent color book that will help you relief the stress and anxiety with 50 coloring pages and motivational quotes. Designs are made up of positive swear word quotes surrounded by gorgeous abstract patterns, mandala, animals, leaves and more. The design varies from easy and minimal to detailed and intricate so that you can have a great range of option to choose from depending on your mood. **THIS BOOK CONTAINS ADULT LANGUAGE AND IT IS NOT INTENDED FOR CHILDREN. IF YOU ARE OFFENDED BY CUSS WORDS**

~~THIS IS NOT THE BOOK FOR YOU.~~ In this book you will find inspirational quotes such as:
Inhale the good shit exhale the bullshits. Do no harm but take no shit. Cheer the fuck up
Features: 50 Humorous and Beautiful One-Sided Coloring Pages 8.5 x 11 Inches Soft Cover 3
Color Test Pages 105 Pages

Large Monthly Academic Planner This stylish planner is printed on premium interior stock with a minimalistic black cover. Monthly spreads include an overview of the month with holidays, a separate section for notes, and an inspirational quote. Plan and schedule an entire school year of events, set goals, and get things done. This elegant planner makes a great gift for family and friends. Features: - Trim: 8.5" x 11" - July 2019 - June 2020 - Yearly reference calendars - Extra lined pages to record notes - Contacts page - Laminated cover with matte finish - Perfect binding - Printed on premium 55 lb. white paper

Large Two Year Monthly Planner 2020-2021 This stylish planner will help you schedule your appointments and daily activities, plan events, set goals, and get things done. It will also make a great gift for family and friends. Features: - Trim: 8.5" x 11" - January 2020 - December 2021 - Monthly spreads (2 pages per month) include holidays, a separate section for notes, and an inspirational quote - Yearly reference calendars - Extra lined pages to record notes - Pages to write down important dates - Contacts page - Laminated cover with matte finish - Perfect binding - Printed on premium 50 lb. white paper

Undated Weekly Planner with Inspirational Quotes | Free Printable Wall Art Quote with Purchase Navigating through the year can be challenging without the proper tools. Use this inspirational and motivational planner will guide you on your journey to success. Easily and effortlessly use it to organize your activities and be inspired during your pursuit of excellence. Using a good planner means you'll be prepared for the challenges of the week and more successful in your efforts. Imagine using the Get Shit Done Planner to keep track of assignments and tasks. How would increased organization and direction improve your life? Stop making excuses and start on a course of accomplishment achievement now! Could you use a little extra motivation? Would you like to be more organization in your life? planners are a quick and simple way to easily accomplish this and more. The Get Shit Done weekly planner will help you get organized, manage your life, and have more time to do what's important. Imagine having your own genie to whisper inspirational phrases in your ear when you needed it most. With an inspirational quote for each week, using the Get Shit Done weekly planner is like having your own personal genie. This means you'll spend more time enjoying the things and people that mean the most to you. **BE INSPIRED** - Start each week off with an inspirational quote or words of encouragement. **PLAN AHEAD FOR HOLIDAYS** - Look ahead and future plan using the included monthly calenders that allow you to record your goals, birthdays and important notes. **Task Lists** Because time is precious, you need to get the most out of your time. Plan your week and highlight key activities using the week organizer. Being organized means being happier and more fulfilled. Track your accomplishments and be on top of your game, making the most out of time and your life. **52 Week Planner** Contains a 52 week planner with an easy to use vertical format. This includes room for daily activities, important tasks, special dates, a habit tracker and space for notes. Includes 2019 and 2020 calendars for current activities and long-term planning. Each week includes an inspiring quote to keep you motivated and focused. **12 Month Organizer** Keep track of important milestones and dates with 12 undated monthly calenders. Get a high level snapshot of each month and make sure you have the key activites and dates identified. **Habit Tracker for Self-Improvement** Now that you're conquering the world, you need to make sure to take care of yourself. Use the weekly habit trackers to develop success traits and create habits for mental and physical health, self-improvement or relationship building. Buy Now & Enjoy: * A free 8x10 pdf download with "Get Shit Done" quote (use as phone wallpaper or print at Staples/Office Depot and frame) * Easy and simple organization and inspiration The Perfect Gift Buy one for yourself and give one to a

friend! What Really Matters? Whether you're building a bridge or sending someone into space...the stuff that really matters gets planned! How important is your time? Stop limiting your time and start building a better future now by getting Get Shit Done Planner today. Or just have fun giving it as a gift at your white elephant gift exchange!

2018 PLANNER & ORGANIZER | GET THE MOST OUT OF LIFE "Think of a ship with the complete voyage mapped out and planned. The captain and crew know exactly where the ship is going and how long it will take - it has a definite goal. And 9,999 times out of 10,000, it will get there. Now let's take another ship and just like the first and only let's not put a crew on it, or a captain at the helm. Let's give it no aiming point, no goal, and no destination. We just start the engines and let it go. I think you'll agree that if it gets out of the harbor at all, it will either sink or wind up on some deserted beach and a derelict. It can't go anywhere because it has no destination and no guidance. It's the same with a human being." ~ Earl Nightingale If you want better time management and organization you're sailing in the right direction. This no nonsense organizer is perfect for helping you navigate to your goals. This means you'll be organized and prepared for all of the tasks of the day and more successful in your efforts. Imagine using the Get Shit Done 2018 monthly/weekly planner and organizer to map out and plan your voyage through life! How would your life improve from having better direction? Stop wandering aimlessly through life. Start on a course of progress and accomplishment now! Daily Task List Because you want the most out of life, you need to optimize your time and activities. Plan your day out and layout important meetings and events in a daily calendar. Once you have your shit together, excuses become a thing of the past. Record and keep track of daily deliverables to make sure you're on top of your game delivering when it counts. Notes and Journaling Each day has a space for recording notes or inspirations. Or use this space for journaling to clear your mind and unleash your creativity. Journaling evokes mindfulness. Increased mindfulness means a greater sense of well being along with improved physical mental health. This leads to reduced depression, anxiety, and stress. How will you benefit from a greater state of mindfulness you achieve from journaling in the Get Shit Done 2018 monthly/weekly planner? The Perfect Gift Buy one for yourself and give one to a friend who needs to "Get Shit Done!" What Really Matters? Think about how important shit gets done. Whether you're building a bridge or sending someone into space...the stuff that really matters gets organized and planned! Your life is no different. Stop limiting yourself and start becoming someone who matters by using the Get Shit Done 2018 monthly/weekly planner today. Because you matter! Buy Now, and Begin Organizing Your Life Today With This Great Organizer and Planner. Click the Buy button at the top of the page to begin.

As long as you are alive you always have a second chance at achieving your goals. Start now and don't look back, dream, then plan and put your goals in your diary and then accomplish.

This Goals Setting Planner is perfect to Set and Achieve Your Goals. It can be used by kids, school and college students and even adults. The planner can be for daily or weekly goals setting, it includes goals setting, my priorities, things to do and affirmations for yourselves, motivational and inspirational quotes on cover, it will keep you going when you need more encouragement. This Goals Setting Planner is ideal for: -Birthday Gifts for kids and adults-Special occasions -Christmas Gifts for all ages-Student's gifts-Stationery gift pack-Office workers and friends A perfect gift for friends and loved ones.

This positive quote lined notebook is perfect for anyone to record ideas, or to use for writing and note-taking. It can be used by kids, school and college students and even adults. Specifications: - Big Size: 8x10 Inches wide lined pages-Made

in USA-Soft cover with matte lamination for durability and classy look- with inspirational quote on cover-134 page wide ruled college pages-High-quality white paper This composition book or notebook is ideal for: -Birthday Gifts for kids and adults-Special occasions -Christmas Gifts for all ages-Student's gifts- Stationery gift pack-Office workers and friends -Use as a journals or notepad And for capturing ideas and much more.....

Start to plan early from Sept 2018 to Dec 2019 with this 8 x 10 inches weekly and monthly inspirational design planner for 2018 to 2019 (Sept 2018 to Dec 2019) is perfect size for work, school and academic planning. It is a 16 months weekly planner starting from Sept 2018 to Dec 2019. Printed on high quality white interior stock paper with inspirational quote on the cover and inspirational quotes inside the planner as well. This motivational planner offers lots of space to write your daily, weekly and monthly tasks and events. and to-do list. Start planning today with this beautiful 2018 to 2019 academic/work/personal/ motivational planner with weekly and monthly columns. Full Specifications U.S Edition : Total Pages: 200 Pages-8 x 10 inches weekly and monthly planner-U.S Edition with U.S holidays-16-month calendar - 16 sheets of monthly calendar sheet- Weekly calendar sheets side-by-side for easy writing and viewing (Mon to Wed and Thurs to Sun for Sept 2018 to Dec 2019)- more than 12 pages of personal notes section for recording anything you need- Expense Tracking Sheet for each month from Sept 2018 to Dec 2019-Matte cover lamination - With motivational and inspirational motivational quotes inside the planner and on cover Cover - Get Shit Done On Gold Cover A perfect gift for friends and loved ones.

GET SHIT DONE 2021 Swear Planner This planner presents you with new motivational, funny and even rude and offensive quotes for each week. Add humour and motivation to your planning by getting this amazing planner. Specifications: Each week delivers you a new swear saying. Weekly and Monthly View Planner Laid Out Systematically. Free Notes Section At The End Of The Planner. 8.5*11 inches with 158 pages to make sure that you will find enough space for writing. Premium Soft Matte Cover. Makes a Great Gift for Women on any occasion.

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