

Gerontological Nursing And Healthy Aging 1st Canadian Edition

Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition. Gerontological Nursing: Competencies for Care, Second Edition is a comprehensive and student-accessible text that offers a holistic and inter-disciplinary approach to caring for the elderly. The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing (AACN) and the John A. Hartford Foundation Institute for Geriatric Nursing. Building upon their knowledge in prior medical surgical courses, this text gives students the skills and theory needed to provide outstanding care for the growing elderly population. It is the first of its kind to have more than 40 contributing authors from many different disciplines. Some of the key features include chapter outlines, learning objectives, discussion questions, personal reflection boxes, and case studies.

Binder-Ready Edition: This loose-leaf copy of the full text is a convenient, accessible, and customizable alternative to the bound book. With this binder-ready edition, students can personalize the text to match their unique needs. Gain the nursing skills you need to provide wellness-based care for older adults. Ebersole and Hess' Gerontological Nursing & Healthy Aging, 6th Edition uses a holistic approach to describe compassionate care along a continuum of wellness. Designed to promote healthy aging regardless of the patient's situation or disorder, this text provides best-practice guidelines in covering physical, psychosocial, spiritual, and cognitive health. New to this edition are Next Generation NCLEX(R)-style case studies, updates on measuring clinical judgment, expanded coverage of core competencies, and more. Written by gerontological nursing experts Theris Touhy and Kathleen Jett, this concise text provides a solid foundation in every aspect of healthy aging. Focus on health and wellness provides the evidence-based information and strategies needed to promote healthy aging. Key concepts, learning activities, and discussion questions in every chapter emphasize the information needed to enhance care. Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout. Discussion of disease processes is placed in the context of healthy adaptation, nursing support, and responsibilities. Easy-to-use information on nursing techniques and communication appears with the associated disorders, symptoms, and situations. Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care. Discussions of nursing and interprofessional actions help students learn to enhance wellness, maintain optimal function, and prevent unnecessary disability. Coverage of age, cultural, racial, and gender differences highlights these important considerations in caring for older adults. NEW Updates reflect the NCSBN Clinical Judgment Model. NEW Next Generation NCLEX(R) (NGN)-style case studies provide optimal preparation for the Next Generation NCLEX Examination. NEW Specialized information addresses the unique needs of older adults such as atypical disease presentation, geriatric syndromes, neurocognitive disorders, quality of life with chronic illness, legal and ethical issues, and mental health challenges such as depression and substance abuse. NEW Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care. NEW Gerontological expertise is incorporated into nursing actions and complements other nursing texts (including med-surg, community health, mental health, and assessment books) used in programs without a freestanding gerontological nursing course. NEW Expanded content includes information on COPD guidelines, medication use and misuse, Alzheimer's Disease, wound care guidelines, diagnosis and treatment of sleep-disordered breathing, joint replacement, caregiver strain, hospice and transitional care, and more.

As the fastest growing population sector worldwide, older adults are seen in almost every care setting in which clinicians practice. Developed as a resource for advanced practice nurses in any setting, Case Studies in Gerontological Nursing for the Advanced Practice Nurse presents readers with a range of both typical and atypical cases from real clinical scenarios. The book is organized into six units covering cases related to aging, common health challenges, health promotion, environments of care, cognitive and psychological issues, and issues relating to aging and independence. Each case follows a similar format including the patient's presentation, critical thinking questions, and a thorough discussion of the case resolution through which students and clinicians can enhance their clinical reasoning skills. Designed to promote geriatric clinical education through self-assessment or classroom use, Case Studies in Gerontological Nursing for the Advanced Practice Nurse is a key resource for all those dedicated to improving care for older adults.

Prepare for a successful career in caring for geriatric populations! Williams' Basic Geriatric Nursing, 7th edition is an easy-to-read text which presents the theories and concepts of aging along with appropriate nursing interventions. This comprehensive book helps you understand the unique physiologic and psychosocial changes that affect the elderly adult. Threaded throughout this new edition are practical QSEN boxes and Nurse Alert features, which highlight safety, cultural considerations, health promotion, coordinated care, and home care specific to elderly patients. In addition, an online Study Guide, NCLEX®-PN review questions, and real-world clinical situation boxes help you to study for exams and apply concepts to practice. Coordinated Care boxes address such topics as restraints, elder abuse, and end-of-life care as related to responsibilities of nursing assistants and other health care workers who are supervised by LPN/LVNs. Clinical Situation boxes present patient scenarios with lessons for appropriate nursing care and patient sensitivity. UNIQUE! A FREE Study Guide, presented in a comprehensive PDF format on Evolve, reinforces your understanding. 10th grade reading level makes learning easier for you. Nursing Care Plans include Critical Thinking boxes to help you to assimilate and synthesize information. Nursing Process sections provide a framework for the discussion of the nursing care of the elderly patient as related to specific disorders. Cultural Considerations throughout text cover biocultural variations as well as health promotion for specific ethnic groups so you can provide culturally competent care. Health Promotion and Patient Teaching boxes highlight health promotion, disease prevention, and age-specific interventions. Home Health Considerations boxes provide information on home health care for the older adult. NEW! QSEN boxes provide you with the knowledge, skills, and attitudes necessary to continuously improve the quality and safety of care of the older adult. NEW! Nurse Alert feature emphasizes important safety and health promotion content specific to the elderly patient. NEW! Updated and expanded art program makes learning the material easier through clear and timely photographs and illustrations.

A new and updated version of this best-selling resource! Jones and Bartlett Publisher's 2011 Nurse's Drug Handbook is the most up-to-date, practical, and easy-to-use nursing drug reference! It provides: Accurate, timely facts on hundreds of drugs from abacavir sulfate to Zyvox; Concise, consistently formatted drug entries organized alphabetically; No-nonsense writing style that speaks your language in terms you use everyday; Index of all generic, trade, and alternate drug names for quick reference. It has all the vital information you need at your fingertips: Chemical and therapeutic classes, FDA pregnancy risk category and controlled substance schedule; Indications and dosages, as well as route, onset, peak, and duration information; Incompatibilities, contraindications; interactions with drugs, food, and activities, and adverse reactions; Nursing considerations, including key patient-teaching points; Vital features include mechanism-of-action illustrations showing how drugs at the cellular, tissue, or organ levels and dosage adjustments help individualize care for elderly patients, patients with renal impairment, and others with special needs; Warnings and precautions that keep you informed and alert.

Learn a positive, uniquely Canadian approach to older adult care. Canada's rapidly aging population will place an unprecedented burden on the health care system and on tomorrow's nurses. It is critical that health care professionals be properly equipped to address the needs and comfort of your older adult patients and clients. Ebersole and Hess' Gerontological Nursing and Healthy Aging, First Canadian Edition includes statistics, legislation, practice guidelines, standards of care, and examples relevant to Canadian practice. Chronic disorders are presented in the framework of health promotion and illness prevention.

Canadian demographics and statistics Canadian practice guidelines Canadian law Roles of Canadian health care providers CNA code of ethics Canadian drug names Canadian lab values Canadian research findings Canadian assessment tools Canadian screening guidelines

Awarded a 2012 AJN Book of the Year Award! Why focus on the negative aspects of growing old while most older adults are leading positive, fulfilling, and active lives even while dealing with the changes associated with aging and chronic illnesses? Promote healthy aging; learn what it means to age successfully; and develop the tools and resources that can optimize well-being during the later years in life with the guidance you'll find inside. The author, a nationally recognized expert in the field of gerontology addresses the physical, psychosocial, and spiritual needs of older adults based on a holistic, mid-range nursing theory of successful aging. Contributions from healthcare professionals in exercise physiology, nutrition, pharmacy and elder law help you understand how these disciplines work together to benefit patients.

This money-saving package is a must-have for nursing students! It includes Ebersole's Gerontological Nursing and Healthy Aging 2nd edition text and an electronic version of the textbook that allows students to search, highlight information, take notes, share notes and more. This package makes it simple for students to make the most of their study time and get more use out of their textbooks!

Ebersole & Hess Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness-based, holistic approach to older adult care. Designed to facilitate healthy aging regardless of the situation or disease process, this text goes beyond simply tracking recommended treatments to address complications, alleviate discomfort, and help older adults lead healthy lives.

With a strong focus on health and wellness, this gerontological nursing text offers you a holistic perspective to caring for older adults. Designed to facilitate the healthiest adaptation possible, this text identifies potential problems that may occur and the means to address complications, alleviate discomfort, and help older adults lead healthy lives. Disease processes are discussed in the context of healthy adaptation, nursing support, and nursing responsibilities to help you gain an understanding of your clients' experience. Focus on health and wellness establishes a positive perspective to aging. Careful attention to age, cultural, and gender differences are integrated throughout to help you understand these important considerations when caring for older adults. Healthy aging strategies maximize the healthiest behaviors of clients with dementia and their caregivers. Consistent chapter organization includes learning objectives, research, and study questions/activities to make information easy to find and use. Incorporates assessment guidelines throughout provide useful tools for practice. End-of-chapter activities and discussion questions help you expand your knowledge and understanding of the content. Resource lists provide you with additional means to explore ways to care for the older adult. Incorporates the core competencies identified by the AACN and the Hartford Foundation Institute for Geriatric Nursing. Healthy People 2010 boxes assist you in integrating knowledge about healthy aging considerations. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Expanded sexuality-related content includes older adults living with AIDS and STDs. Genetics section reflects the emergence of the role of genetics in gerontological assessment.

Binder-Ready Edition: This loose-leaf copy of the full text is a convenient, accessible, and customizable alternative to the bound book. With this binder-ready edition, students can personalize the text to match their unique needs! Gain the nursing skills you need to provide wellness-based care for older adults! Ebersole and Hess' Gerontological Nursing & Healthy Aging, 6th Edition uses a holistic approach to describe compassionate care along a continuum of wellness. Designed to promote healthy aging regardless of the patient's situation or disorder, this text provides best-practice guidelines in covering physical, psychosocial, spiritual, and cognitive health. New to this edition are Next Generation NCLEX®-style case studies, updates on measuring clinical judgment, expanded coverage of core competencies, and more. Written by gerontological nursing experts Theris Touhy and Kathleen Jett, this concise text provides a solid foundation in every aspect of healthy aging. Focus on health and wellness provides the evidence-based information and strategies needed to promote healthy aging. Key concepts, learning activities, and discussion questions in every chapter emphasize the information needed to enhance care. Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout. Discussion of disease processes is placed in the context of healthy adaptation, nursing support, and responsibilities. Easy-to-use information on nursing techniques and communication appears with the associated disorders, symptoms, and situations. Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care. Discussions of nursing and interprofessional actions help students learn to enhance wellness, maintain optimal function, and prevent unnecessary disability. Coverage of age, cultural, racial, and gender differences highlights these important considerations in caring for older adults. NEW! Updates reflect the NCSBN Clinical Judgment Model. NEW! Next Generation NCLEX® (NGN)-style case studies provide optimal preparation for the Next Generation NCLEX Examination. NEW! Specialized information addresses the unique needs of older adults such as atypical disease presentation, geriatric syndromes, neurocognitive disorders, quality of life with chronic illness, legal and ethical issues, and mental health challenges such as depression and substance abuse. NEW! Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care. NEW! Gerontological expertise is incorporated into nursing actions and complements other nursing texts (including med-surg, community health, mental health, and assessment books) used in programs without a freestanding gerontological nursing course. NEW! Expanded content includes information on COPD guidelines, medication use and misuse, Alzheimer's Disease, wound care guidelines, diagnosis and treatment of sleep-disordered breathing, joint replacement, caregiver strain, hospice and transitional care, and more.

Praise for the first edition: "This is an excellent teaching guide and resource manual for instructors, gerontological nursing students, and practicing nurses and social workers who wish to learn more about geriatric concerns and care. It will be kept by nursing students long after they graduate as a guide to resources that will be valuable throughout their

nursing careers. As a home care nurse working mainly with the geriatric community, I found the resources helpful in my practice. As an instructor, I found the book to be a very useful guide for teaching geriatrics.” Score: 90, 4 Stars —Doody’s Medical Reviews “[This] is a unique volume that effectively addresses the lack of gerontology case studies for use with undergraduate nursing students. Case studies are a pedagogically powerful approach to active learning that offer opportunities to apply content to clinical practice.” —The Gerontologist “The case narrative approach of this book promotes active learning that is more meaningful to students (and practicing nurses) and more likely to increase the transfer of evidence into practice. An excellent resource for faculty (staff educators) to facilitate critical learning skills.” —Liz Capezuti, PhD, RN, FAAN Dr. John W. Rowe Professor in Successful Aging Co-Director, Hartford Institute for Geriatric Nursing New York University College of Nursing Vivid case examples help guide nurses in developing appropriate interventions that include complementary and alternative health therapies and provide a basis for evaluating outcomes. Exercises interspersed throughout each case study include numerous open-ended and multiple-choice questions to facilitate learning and critical thinking. The text is unique in that some of the presented cases focus on psychosocial issues such as gambling addiction, hoarding behavior, emergency preparedness, and long-distance caregiving. Cases also depict geriatric clients who are living healthy, productive lives to counter myths and negative attitudes about older adults. Scenarios demonstrating ethical dilemmas prepare students to appropriately respond to “gray area” situations. The text is geared for AACN and NLN accreditation and is organized according to the needs of actual clinical settings. With cases that take place in the home and community or within primary, acute, and long-term care facilities, this book will be useful for courses specific to gerontology nursing or across any nursing curriculum. New to the Second Edition: A completely new section of Aging Issues Affecting the Family New cases addressing health care disparities, aging in place, and prevention of catheter-associated urinary tract infection Additional contemporary case studies The addition of Quality for Safety in Nursing Education (QSEN) initiatives A greater focus on prioritization and delegation of client’s needs infused throughout exercises

GERONTOLOGICAL NURSING, 3/e is a comprehensive, research-based, and up-to-date guide to nursing care for older adults in all settings. It brings together essential information about normal and pathological changes associated with aging; healthy aging; common diseases of aging; and key psychosocial, cultural, and public health issues. Reflecting today’s emphasis on evidence-based practice and appropriate delivery of scarce healthcare resources, this text presents new best practices and QSEN standards throughout, promoting more effective assessment, diagnosis, planning, and outcome evaluation. The text’s multidisciplinary approaches help nurses “add life to years,” not just extend life. Its coverage of acute and chronic diseases includes nursing implications, atypical presentation, functional implications, pharmacology, evaluation, etiology, risk factors, and complications; the text also includes a full chapter on multisystem diseases. This book supports safe, effective, and appropriate practice in the home, hospitals, long-term care, and hospice settings.

Written by leading international experts, this book helps students and practitioners to better understand and cater for the needs of our ageing population. It examines: how services can be provided to meet the expectations and needs of a growing population of ageing citizens within a cost-effective, social justice and positive ageing framework how resources allocated to aged care can be distributed equitably to better meet the demands associated with housing, retirement, service provision and care how health promotion principles can contribute to a healthy older population. Investigating current critical debates in health and social science, the book explores innovative new approaches to aged care and ageing. By using international examples and a multidisciplinary approach, this comprehensive textbook provides a broad understanding of ageing from a social perspective and analyzes concepts of ageism, healthy ageing and positive ageing.

Ebersole and Hess' Gerontological Nursing & Healthy Aging4Ebersole and Hess' Gerontological Nursing & Healthy AgingElsevier Health Sciences

TOWARD HEALTHY AGING is based on Maslow's conceptual framework of human needs from the basic to the transcendental. With a focus on wellness and healthy aging, this fifth edition emphasizes the individuality of the aged and the humanistic and spiritual potential for further development in late life. Disease processes are discussed in the context of healthy adaptation, nursing support and responsibilities. The text is organized from the basic to the complex in terms of understanding the aged and their needs. Extensive current references, nursing care plans, case studies, student activities, research questions, resources, and appendixes are included in each chapter. * Focuses on health and wellness to establish a positive perspective to aging. * Discusses disease processes in the context of healthy adaptation, nursing support and responsibilities to help the reader gain an understanding of their client's experience. * Integrates considerations for age, cultural, and gender differences throughout to help the nurse understand these important aspects of caring for older adults. * Provides a consistent chapter organization including objectives, nursing care plans, research questions, and study questions/activities to make information easy to find and use. * Includes case studies at end of every chapter to expand student knowledge and understanding. * Features a separate chapter on laboratory values including comparisons and implications for the aged. * Integrates federal guidelines for Healthy People 2000 that reflect current practice about healthy aging considerations. * Includes appendixes and resource lists to assist the student in further exploration of material.

Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, Ebersole & Hess' Toward Healthy Aging, 8th Edition is the most comprehensive resource on health promotion and maintenance for older adults and their caregivers. With coverage of communication, safety and ethical considerations, new genetic research, key aging issues, and common and uncommon conditions, you will have the knowledge you need to promote healthy lifestyle choices, properly address end-of-life issues, and provide effective, holistic care for older adults. Consistent chapter organization with objectives, case studies with critical thinking questions, and research questions make information easy to access and use. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Research highlights help incorporate the latest research findings into practice. Nutrition chapter includes the most current guidelines for older adults and addresses patients' dietary needs. Scales and guidelines for proper health assessment provide the essential information for assessing the older adult patient. Case studies with critical thinking questions offer realistic situations to expand your knowledge and understanding. Careful attention to age, cultural, and

gender differences are integrated throughout and highlight important considerations when caring for older adults. Content grounded in the core competencies offers the knowledge needed to achieve the National League for Nursing ACES program's Essential Nursing Actions and meets the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. NEW! QSEN content highlights quality and safety issues students need to know when treating older patients. NEW! Chapter covering the role of communication emphasizes the importance of communication in improving care. NEW! Focus on genetics highlights the vast amount of new genetic research and its effects on all aspects of health and aging. NEW! Information on ethical considerations explores and illustrates potential issues when dealing with older adults. NEW! Healthy People 2020 information assists your students in integrating their knowledge about healthy aging considerations into care.

Equip yourself with the skills to meet the needs of an aging Canadian population. Ebersole and Hess' Gerontological Nursing and Healthy Aging in Canada, Second Edition is a concise, gerontological nursing text that follows a wellness-based, holistic approach to older adult care. Featuring the most up-to-date CGNA guidelines, this new edition identifies potential problems and gives you the means to address complications, alleviate discomfort, and assist older adults to help them lead healthy lives. Plus, it contains a variety of learning features that focus your attention on statistics, legislation, practice guidelines, standards of care, and examples relevant to Canadian practice. Focus on health and wellness throughout the book highlights all aspects of the aging process. Core competencies identified by the CGNA integrated throughout book. Careful attention to age, cultural, and gender differences are integrated throughout book to help you care for different population groups. Expanded assessment guidelines and tools incorporated throughout as tables, boxes, and forms, including the latest scales and guidelines for proper health assessment. Activities and discussion questions at the end of every chapter ensure you understand the material and know how to use it in clinical situations. NEW! Enhanced coverage regarding the safety of nurses and clients emphasizes important information for you to consider while working in a clinical setting. NEW! UNIQUE! Latest CGNA guidelines/standards included to ensure you have access to the most up-to-date knowledge and understanding of gerontological nursing. NEW! Additional coverage on disease process and treatment for the older adult covers current findings on timely issues. NEW! Evidence-informed Practice boxes summarize research findings that confirm effective practices and identify practices with unknown, ineffective or harmful effects. NEW! UNIQUE! Gerontology coverage adequately addresses questions on the NCLEX®-RN.

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Ensure you thoroughly understand the intricate details of providing effective care for adults as they age. Ebersole & Hess' Toward Healthy Aging, 10th Edition is the only comprehensive gerontological nursing text that effectively communicates how to provide holistic care, promote healthy lives, and address end-of-life issues and concerns. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, the tenth edition has been extensively revised and updated with shorter, more streamlined chapters and pedagogical features to facilitate learning. It covers the areas of safety and ethical considerations, genetics, communication with the patient and caregiver, promoting health in persons with conditions commonly occurring in later-life world-wide addressing loss and palliative care and much more. Special sections provide an honest look at the universal experience of aging and the nurse's role in the reduction of health disparities and inequities as a member of the global community. Plus, it contains a variety of new learning features that focus on applying research and thinking critically in when providing care to aging adults across the care continuum. UPDATED COPD guidelines ensure you understand the latest information used by clinicians. UPDATED Theories of Aging chapter discusses the latest covers current findings on this timely issue. UPDATED Information on medication use and misuse instructs you in what to look for when working with prescription medications. UPDATED chapters incorporate the latest information on timely topics such as Palliative Care and Sleep. UPDATED Wound care guidelines reflect nationally recognized standards. UPDATED Information on LGBT family relationships and sexuality in older adults. A Student Speaks and An Elder Speaks sections at the beginning of every chapter provide honest and candid thoughts from students and elders. Learning objectives found at the beginning of every chapter help you to identify the primary take away messages they should learn from the chapter. Promoting Healthy Aging: Implications for Gerontological Nursing sections provide best practice guidelines for management and promotion of wellness for older adults with chronic illness and those at the end of life. Key concepts are bulleted at the end of every chapter to provide a quick review of the most important concepts found in the chapter. Nursing Studies provide practice examples designed to assist you in assessment, planning, interventions, and outcomes to promote healthy aging Critical Thinking Questions and Activities assist you in developing critical thinking skills related to chapter and nursing study content and include suggestions for in-classroom activities to enhance learning. Content consistent with the core competencies for geriatric nursing incorporates the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. The latest information on biological theories of aging and evolving genomic research covers current findings on these timely issues. Research Highlights Boxes highlight important research studies in the field of gerontology Research Questions found at the end of chapters gives you a chance to do further research outside of your book study to give you a better grasp of the field as a whole. Safety Alert Boxes emphasize important safety tips to consider while working in a clinical setting. Resources for Best Practice boxes contain suggestions for further information on various chapter topics and tools for practice. Tips for Best Practice boxes feature summarized lists of evidence-based nursing interventions for practice. Healthy People boxes reference the goals cited in Healthy People 2020. NEW! Additional coverage of frailty in older adults helps you to understand the precautions you need to take when working with this population. NEW! Increased information on Health Literacy assists you in learning the right terms to promote healthy aging. NEW! Added information on herbs/supplements includes essential oils and green tea.

Gerontological Nursing & Healthy Aging provides thorough coverage of promoting healthy aging when caring for older adults. The intent throughout the book is to facilitate the healthiest adaptation possible for any older adult, regardless of the situation and disease process. The majority of the book is devoted to discussing the significant problems that may occur and methods that nurses may use to make these problems more bearable, to solve some, and to help the elder find the best possible resolution towards healthy aging. Incorporates healthy aging strategies to maximize the healthiest behaviors of clients/patients with dementia and their caregivers. Disease processes are discussed in the context of healthy adaptation, nursing support & responsibilities to help the reader gain an understanding of their client's experience. Focus on health and wellness establishes a positive perspective to aging. Careful attention to age, cultural, and gender differences are integrated throughout to help the nurse understand these important considerations in caring for older adults. Each chapter provides a consistent organization including learning objectives, research & study questions/activities. Assessment guidelines are incorporated throughout as tables, boxes, and forms to provide useful tools for practice. Activities and discussion questions at the end of every chapter provide situations to expand student knowledge and understanding. Appendices and resource lists assist in further exploration of material. Text correlates with federal guidelines for Healthy People 2010 to assist the student in integrating knowledge about healthy aging considerations. Expanded content on pharmacologic and nonpharmacologic pain management in Chapter 15 and integrated within appropriate content sections. Completely revised Culture and Aging chapter includes discussions of health disparities and working with interpreters to help identify nursing care interventions appropriate for ethnic elders. New author team with Theris Touhy and Kathleen Jett adds a wealth of experience related to gerontological nursing education and research.

Equip yourself with the skills to meet the needs of an aging Canadian population. Ebersole and Hess' Gerontological Nursing and Healthy Aging in Canada, Second Edition is a concise, gerontological nursing text that follows a wellness-based, holistic approach to older adult care. Featuring the most up-to-date CGNA guidelines, this new edition identifies potential problems and gives you the means to address complications, alleviate discomfort, and assist older adults to help them lead healthy lives. Plus, it contains a variety of learning features that focus your attention on statistics, legislation, practice guidelines, standards of care, and examples relevant to Canadian practice. Focus on health and wellness throughout the book highlights all aspects of the aging process. Core competencies identified by the CGNA integrated throughout book. Careful attention to age, cultural, and gender differences are integrated throughout book to help you care for different population groups. Expanded assessment guidelines and tools incorporated throughout as tables, boxes, and forms, including the latest scales and guidelines for proper health assessment. Activities and discussion questions at the end of every chapter ensure you understand the material and know how to use it in clinical situations. NEW! Enhanced coverage regarding the safety of nurses and clients emphasizes important information for you to consider while working in a clinical setting. NEW! UNIQUE! Latest CGNA guidelines/standards included to ensure you have access to the most up-to-date knowledge and understanding of gerontological nursing. NEW! Additional coverage on disease process and treatment for the older adult covers current findings on timely issues. NEW! Evidence-informed Practice boxes summarize research findings that confirm effective practices and identify practices with unknown, ineffective or harmful effects. NEW! UNIQUE! Gerontology coverage adequately addresses questions on the NCLEX®-RN.

Each unit builds the fundamental concepts required to effectively treat older adults and teaches how to help them to reach their highest level of wellness regardless of their physical disorder.

Ebersole & Hess' Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness-based, holistic approach to older adult care. Designed to facilitate healthy aging regardless of the situation or disease process, this text goes beyond simply tracking recommended treatments to address complications, alleviate discomfort, and help older adults lead healthy lives. Featuring evidence-based practice boxes, safety alerts, expanded tables, and careful attention to age, gender, and cultural differences, "Ebersole & Hess' Gerontological Nursing and Healthy Aging" is the most complete text on the market.

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. This text covers the theory and practice of wellness-oriented gerontological nursing, addressing both physiologic and psychosocial aspects of aging. Organized around the author's unique Functional Consequences Theory, the book explores age-related changes as well as the risk factors that often interfere with optimal health and functioning. Key features include: NEW! Technology to Promote Wellness in Older Adults boxes describe examples of technology-based interventions that can be effective for promoting wellness for older adults. NEW! Interprofessional Collaboration (IPC) material, which is found in boxes or is highlighted with orange bars in the margins, indicates the responsibilities of nurses to collaborate with other professionals and paraprofessionals in health care and community-based settings when caring for older adults. NEW! Global Perspective boxes provide examples of the various ways in which health care professionals in other countries provide care for older adults. NEW! Unfolding Patient Stories, written by the National League for Nursing, are an engaging way to begin meaningful conversations in the classroom. These vignettes, which open each unit, feature patients from Wolters Kluwer's vSim for Nursing | Gerontology (co-developed with Laerdal Medical) and DocuCare products; however, each Unfolding Patient Story in the book stands alone, not requiring purchase of these products. For your convenience, a list of these case studies, along with their location in the book, appears in the "Case Studies in This Book" section later in this frontmatter. NEW! Transitional Care Unfolding Case Studies, which unfold across Chapters 27 through 29, to illustrate ways in which nurses can provide effective transitional care to an older adult whose progressively worsening condition requires that her needs be met in several settings. For your convenience, a list of these case studies, along with their location in the book, appears in the "Case Studies in This Book" section later in this frontmatter. Updated unfolding case studies illustrate common experiences of older adults as they progress from young-old to old-old and are affected by combinations of age-related changes and risk factors. Evidence-based information is threaded through the content and summarized in boxes in clinically oriented chapters. Assessment and intervention guidelines help nurses identify and address factors that affect the functioning and quality of life of older adults. Nursing interventions focus on teaching older adults and their caregivers about actions they can take to promote wellness. Case studies include content on transitional care, interprofessional collaboration, and QSEN!

GERONTOLOGIC NURSING provides comprehensive coverage of health promotion, gerontologic concepts and issues, and medical-surgical problems associated with the older adult. Divided into seven parts, each chapter follows a consistent organization including learning objectives, emergency boxes, client and family teaching boxes, research boxes, key points, special insights, and new health promotion and nutrition boxes. The second edition also includes a new chapter on health promotion, expanded chapters on nutrition and functional assessment, and a dedicated MERLIN which provides the student and instructor with additional up-to-date tools and resources to enhance and expand their content knowledge. Highlights fundamental aging theories to provide a basis for biological and psychosocial aspects of quality nursing care. Provides complete and comprehensive coverage of assessment recapping normal, deviations from normal and abnormal findings. Uses a 5-step nursing process format to provide the consistent framework for presentation of nursing care. Features care plans with clinical situations for those disorders most prevalent in the elderly. Includes a separate chapter on cultural influences and integrates cultural awareness boxes throughout to focus on specific customs related to how a nurse might care for the aging client. Includes separate chapters

focusing on acute, home and long term care to provide a complete discussion of care in each of these settings. Provides detailed coverage of pain, infection, cancer, chronic illness, loss, death and dying, and substance abuse to explain potentially complex aspects of aging and the related care. Provides a consistent chapter pedagogy including learning objectives, summary, key points, and critical thinking exercises. Includes Client/Family teaching boxes that emphasize key aspects of practice and teaching for self-care. Highlights Home Care Tips Boxes to promote practical, effective care for the home-bound older client. Integrates Insight boxes that provide realistic vignettes on caring for the elderly and helpful hints from today's practicing gerontological nurses. Provides Emergency Treatment boxes that alert the student to danger signs and list immediate interventions. Includes research boxes with abstracts of current research and implications for practice. Provides a nuts-and-bolts guide to blood-product administration for adult and pediatric patients. Outlines and explains transfusion reactions. Describes the effect of different types of fluids used in resuscitation. Includes formulas used in fluid administration. Provides the most up-to-date information about oxygen delivery devices. Presents information on how to help a Spanish-speaking child identify his/her level of pain. Includes the pediatric coma scale. Features the pediatric trauma score which is used to help evaluate the severity of injury. Provides information about domestic violence in the Mental Health Conditions chapter. Includes a section on the role of the Sexual Assault Nurse Examiner (SANE) and the latest findings on sexual assault. Presents additional information on mammalian bites and anaphylactic shock. Highlights major points of care for quick reference with bold or italicized text. Presents pediatric and adult content separately in the reference section of the book for fast and easy access. Includes stroke and hypothermia algorithms. Covers the latest information on conscious sedation according to JCAHO standards, including a table on deep sedation. Features several new and updated tables which include the following information: conversion of Centigrade and Fahrenheit, updated normal lab values, updated medication tables, etc. (Includes a FREE MERLIN website at: www.harcourthealth.com/MERLIN/Lueckenotte/) Designated a Doody's Core Title! Named an Outstanding Academic Title for 2006 by CHOICE "Those who are interested in the care of older individuals will find this book thoughtful, exciting, and useful...Highly recommended." --CHOICE Learn the history of the development of geriatric nursing as a specialty, as well as the current state of geriatric nursing, from the stories of pioneers in this field. Through the history of those who laid the foundations for the profession to the geriatric nurse leaders who continue the specialty today, see first-hand how geriatric nursing began, evolved, and continues to flourish. Covering the scope of the specialty: How to become a geriatric nurse Geriatric nursing organizations and publications Standards of practice Certification and licensure Future directions This text provides both inspirational stories of nursing and practical information on how you can find resources, develop ideas, and access research in order to become a successful geriatric nurse.

Ensure you thoroughly understand the intricate details of providing effective care for adults as they age. Ebersole & Hess' *Toward Healthy Aging*, 10th Edition is the only comprehensive gerontological nursing text that effectively communicates how to provide holistic care, promote healthy lives, and address end-of-life issues and concerns. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, the tenth edition has been extensively revised and updated with shorter, more streamlined chapters and pedagogical features to facilitate learning. It covers the areas of safety and ethical considerations, genetics, communication with the patient and caregiver, promoting health in persons with conditions commonly occurring in later-life world-wide addressing loss and palliative care and much more. Special sections provide an honest look at the universal experience of aging and the nurse's role in the reduction of health disparities and inequities as a member of the global community. Plus, it contains a variety of new learning features that focus on applying research and thinking critically in when providing care to aging adults across the care continuum.

This is a Pageburst digital textbook; With a strong focus on health and wellness, this gerontological nursing text offers you a holistic perspective to caring for older adults. Designed to facilitate the healthiest adaptation possible, this text identifies potential problems that may occur and the means to address complications, alleviate discomfort, and help older adults lead healthy lives. Disease processes are discussed in the context of healthy adaptation, nursing support, and nursing responsibilities to help you gain an understanding of your clients' experience. Focus on health and wellness establishes a positive perspective to aging. Careful attention to age, cultural, and gender differences are integrated throughout to help you understand these important considerations when caring for older adults. Healthy aging strategies maximize the healthiest behaviors of clients with dementia and their caregivers. Consistent chapter organization includes learning objectives, research, and study questions/activities to make information easy to find and use. Incorporates assessment guidelines throughout provide useful tools for practice. End-of-chapter activities and discussion questions help you expand your knowledge and understanding of the content. Resource lists provide you with additional means to explore ways to care for the older adult. Incorporates the core competencies identified by the AACN and the Hartford Foundation Institute for Geriatric Nursing. Healthy People 2010 boxes assist you in integrating knowledge about healthy aging considerations. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Expanded sexuality-related content includes older adults living with AIDS and STDs. Genetics section reflects the emergence of the role of genetics in gerontological assessment.

Essentials of Gerontological Nursing presents the best practices needed to care for older adults. Its brief, yet comprehensive, grasp of issues in elder care is a refreshing addition to the current literature, which is more commonly focused on theory than on clinical practice. Designed primarily for students in gerontological nursing courses in BSN and graduate programs, the book provides: Essential clinical information and "best practices" needed to care for older adults Current research and new patient approaches in gerontological nursing Overviews of rarely discussed issues, such as elder abuse, cultural considerations, and restraint alternatives Clinical specifications and practical

applications Content designed to fit into a one-semester course Essentials of Gerontological Nursing is everything the nursing student needs to know when caring for older adults.

Gain the nursing skills you need to provide wellness-based care for older adults! Ebersole and Hess' Gerontological Nursing & Healthy Aging, 6th Edition uses a holistic approach to describe compassionate care along a continuum of wellness. Designed to promote healthy aging regardless of the patient's situation or disorder, this text provides best-practice guidelines in covering physical, psychosocial, spiritual, and cognitive health. New to this edition are Next Generation NCLEX®-style case studies, updates on measuring clinical judgment, expanded coverage of core competencies, and more. Written by gerontological nursing experts Theris Touhy and Kathleen Jett, this concise text provides a solid foundation in every aspect of healthy aging. Focus on health and wellness provides the evidence-based information and strategies needed to promote healthy aging. Key concepts, learning activities, and discussion questions in every chapter emphasize the information needed to enhance care. Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout. Discussion of disease processes is placed in the context of healthy adaptation, nursing support, and responsibilities. Easy-to-use information on nursing techniques and communication appears with the associated disorders, symptoms, and situations. Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care. Discussions of nursing and interprofessional actions help students learn to enhance wellness, maintain optimal function, and prevent unnecessary disability. Coverage of age, cultural, racial, and gender differences highlights these important considerations in caring for older adults. NEW! Updates reflect the NCSBN Clinical Judgment Model. NEW! Next Generation NCLEX® (NGN)-style case studies provide optimal preparation for the Next Generation NCLEX Examination. NEW! Specialized information addresses the unique needs of older adults such as atypical disease presentation, geriatric syndromes, neurocognitive disorders, quality of life with chronic illness, legal and ethical issues, and mental health challenges such as depression and substance abuse. NEW! Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care. NEW! Gerontological expertise is incorporated into nursing actions and complements other nursing texts (including med-surg, community health, mental health, and assessment books) used in programs without a freestanding gerontological nursing course. NEW! Expanded content includes information on COPD guidelines, medication use and misuse, Alzheimer's Disease, wound care guidelines, diagnosis and treatment of sleep-disordered breathing, joint replacement, caregiver strain, hospice and transitional care, and more.

Ebersole & Hess' Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness-based, holistic approach to older adult care. Designed to facilitate healthy aging regardless of the situation or disease process, this text goes beyond simply tracking recommended treatments to address complications, alleviate discomfort, and help older adults lead healthy lives. Featuring evidence-based practice boxes, safety alerts, expanded tables, and careful attention to age, gender, and cultural differences, Ebersole & Hess' Gerontological Nursing and Healthy Aging is the most complete text on the market. Focus on health and wellness helps you gain an understanding of the patient's experience. AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout. Consistent chapter organization and pedagogy, including Learning Objectives, Glossary, and Research and Study Questions/Activities. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Careful attention to age, cultural, and gender differences helps you understand these important considerations in caring for older adults Expanded tables, boxes, and forms, including the latest scales and guidelines for proper health assessment make information easy to find and use. Activities and discussion questions at the end of every chapter equip you with the information you need to assess the patient. UPDATED! Healthy People 2020 boxes integrate information about healthy aging. NEW! Safety Alerts highlight safe practices and quality of care QSEN competencies. NEW! Chapter on Neurologic Compromise expands content on stroke and Parkinson's disease.

As the most comprehensive resource on health promotion and maintenance for older adults and their families and caregivers, Toward Healthy Aging, 7th Edition includes the most current information you need to provide effective holistic care, promote healthy lifestyle choices, and address end-of-life issues. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing and using Maslow's hierarchy of needs, this book includes complete coverage of both common and uncommon conditions in the older adult. Towards Healthy Aging also highlights key aging issues with sections devoted to basic physiologic needs, safety and security, the need to belong, self-esteem, and self-actualization. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Careful attention to age, cultural, and gender differences are integrated throughout to help you remember these important considerations when caring for older adults. Up-to-date content on AIDS provides important information on addressing this growing concern among older adults. Consistent chapter organization with objectives, case studies, critical thinking questions, research, and study questions make information easy to find and use. Assessment guidelines are incorporated throughout in helpful tables, boxes, and forms for quick access. Case studies at the end of most chapters explore realistic patient care scenarios to help you expand your knowledge and understanding. Resource lists and appendices provide opportunities for further research and study. With over 200 illustrations, the full-color design is engaging and easy to read. Healthy People 2010 boxes address healthy aging considerations. Evidence-Based Practice boxes help you incorporate the latest research findings into practice and advise you on how to avoid potentially harmful practices. A Nutritional Needs chapter includes the most current nutritional guidelines for older adults to help you better address patients' nutritional needs. Includes the latest scales and guidelines for assessing the gerontologic patient in the

Health Assessment in Gerontological Nursing chapter. Expanded coverage of end-of-life issues helps you meet the needs of older adults and their families and caregivers during this difficult transition. Economics of aging discussions help you better understand the financial challenges your patients may face. The latest pharmacologic and nonpharmacologic pain management information helps you reduce pain and discomfort for your patients and helps you provide more effective care.

Discover a wellness-based, holistic approach to older adult care. Ebersole & Hess' Gerontological Nursing and Healthy Aging, 5th Edition is the only gerontological nursing text on the market that focuses on this thoughtful, organic method of care. Designed to facilitate healthy aging regardless of the situation or disease process, this text goes beyond simply tracking recommended treatments to addressing complications, alleviating discomfort, and helping older adults lead healthy lives. Featuring an updated four-color design, additional information on long-term care, evidence-based practice boxes, safety alerts, expanded tables, and careful attention to age, gender, and cultural differences, Ebersole & Hess' Gerontological Nursing and Healthy Aging is the most complete text on the market. Focus on health and wellness helps you gain an understanding of the patient's experience. Safety Alerts highlight safe practices and quality of care QSEN competencies. Careful attention to age, cultural, and gender differences helps you to understand these important considerations in caring for older adults. AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Activities and discussion questions at the end of every chapter equip you with the information that you need to assess the patient. Healthy People 2020 boxes integrate information about healthy aging. Expanded tables, boxes, and forms, including the latest scales and guidelines for proper health assessment make information easy to find and use. NEW! New four-color design provides a higher-level of detail and readability to caregiving procedures. NEW! New chapter on Caregiving includes expanded coverage of abuse and neglect. NEW! Expanded content about Long-Term and Transitional Care added to chapter six. NEW! Expanded Safety coverage spans two separate chapters. NEW! Expanded Nutrition and Hydration content divided into two separate chapters.

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