

Frontiers Of Psychedelic Consciousness

Conversations With Albert Hofmann Stanislav Grof Rick Strassman Jeremy Narby Simon Posford And Others

A detailed guide to mastering lucid dreaming for physical and emotional healing, enhanced creativity, and spiritual awakening • Offers methods to improve lucid dreaming abilities and techniques for developing superpowers in the dream realm • Explains how to enhance dreaming with supplements, herbs, and psychedelics • Explores the ability of lucid dreamers to communicate with the waking realm and the potential for shared lucid dreaming and access to our unconscious minds In a lucid dream, you “awaken” within your dream and realize you are dreaming. With this extraordinary sense of awakening comes a clear perception of the continuity of self between waking and sleeping and the ability to significantly influence what happens within the dream, giving you the opportunity to genuinely experience anything without physical or social consequences. In this way, lucid dreaming offers therapeutic opportunities for fantasy fulfillment, fear confrontation, and releasing the trauma of past experiences. With development and practice, lucid dreaming can provide a powerful path to greater awareness, heightened creativity, spiritual awakening, and communication with the vast interconnected web of cosmic consciousness. In this detailed guide to mastering the practice of lucid dreaming, David Jay Brown draws from his more than 20 years’ experience using these techniques and his interactions with dozens of experts on consciousness, physics, dreaming, and entheogens, such as Stanley Krippner, Rupert Sheldrake, Stephen LaBerge, Robert Waggoner, Dean Radin, Terence McKenna, and many others. He explores the intimate relationship between lucid dreaming, shamanic journeying, visionary plants, and psychedelic drugs and how they are used for healing and spiritual development. Offering methods for improving both lucid dreaming and shamanic journeying abilities, he explains how to enhance dreaming with oneirogens, supplements, herbs, and psychedelics and offers techniques for developing superpowers in the dream realm. Summarizing the scientific research on lucid dreaming, Brown explores the ability of lucid dreamers to communicate with people in the waking realm and the potential for dream telepathy, shared lucid dreaming, and access to the vast unconscious regions of our minds, opening up a path that takes us beyond dreaming and waking to dreaming wide awake.

Sacred Knowledge is the first well-documented, sophisticated account of the effect of psychedelics on biological processes, human consciousness, and revelatory religious experiences. Based on nearly three decades of legal research with volunteers, William A. Richards argues that, if used responsibly and legally, psychedelics have the potential to assuage suffering and constructively affect the quality of human life. Richards's analysis contributes to social and political debates over the responsible integration of psychedelic substances into modern society. His book serves as an invaluable resource for readers who, whether spontaneously or with the facilitation of psychedelics, have encountered meaningful, inspiring, or even disturbing states of consciousness and seek clarity about their experiences. Testing the limits of language and conceptual frameworks, Richards makes the most of experiential phenomena that stretch our understanding of reality, advancing new frontiers in the study of belief, spiritual awakening, psychiatric treatment, and social well-being. His findings enrich humanities and scientific scholarship, expanding work in philosophy, anthropology, theology, and religious studies and bringing depth to research in mental health, psychotherapy, and psychopharmacology.

Conversations on shamanism and mind-altering plants by filmmaker Jan Kounen,

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anthropologist Jeremy Narby, and writer/filmmaker Vincent Ravalec • Explores how ayahuasca and iboga are tools for communicating with other life-forms • Offers insights into the role this indigenous knowledge can play in solving the current problems facing the world In the Amazon, shamans do not talk in terms of hallucinogens but of tools for communicating with other life-forms. Ayahuasca, for example, is first and foremost a means of breaking down the barrier that separates humans from other species, allowing us to communicate with them. The introduction of plant-centered shamanism into the Western world in the 1970s was literally the meeting of two entirely different paradigms. In *The Psychotropic Mind*, three of the individuals who have been at the forefront of embracing other ways of knowing look at the ramifications of the introduction into our Western culture of these shamanic practices and the psychotropic substances that support them. With rare sincerity and depth, noted anthropologist Jeremy Narby, filmmaker Jan Kounen, and writer/filmmaker Vincent Ravalec explore the questions of sacred plants, initiations, hallucinogens, and altered states of consciousness, looking at both the benefits and dangers that await those who seek to travel this path. Focusing specifically on ayahuasca and iboga, psychotropic substances with which the authors are intimately familiar, they examine how we can best learn the other ways of perceiving the world found in indigenous cultures, and how this knowledge offers immense benefits and likely solutions to some of the modern world's most pressing problems.

For the millions of Americans who want spirituality without religion, Sam Harris's latest New York Times bestseller is a guide to meditation as a rational practice informed by neuroscience and psychology. From Sam Harris, neuroscientist and author of numerous New York Times bestselling books, *Waking Up* is for the twenty percent of Americans who follow no religion but who suspect that important truths can be found in the experiences of such figures as Jesus, the Buddha, Lao Tzu, Rumi, and the other saints and sages of history. Throughout this book, Harris argues that there is more to understanding reality than science and secular culture generally allow, and that how we pay attention to the present moment largely determines the quality of our lives. *Waking Up* is part memoir and part exploration of the scientific underpinnings of spirituality. No other book marries contemplative wisdom and modern science in this way, and no author other than Sam Harris—a scientist, philosopher, and famous skeptic—could write it.

Facsimile of 2004 Edition. This Book is dedicated to the memory of Leo Zeff, with the fervent hope that the revelation of his work will help bring understanding and sanity to a confused world. *The Secret Chief Revealed* reveals for the first time the identity of pioneering psychedelic therapist Leo Zeff, which was kept secret in the original *The Secret Chief*. The book contains the same text as the original with 32 pages of added material including epilogues written by Leo's children and patients, and a new introduction by Myron Stolaroff. It comprises *Conversations with Zeff*, pioneer in the underground psychedelic therapy movement. Reviews: "Though my father enjoyed the occasional recognition that came his way in later years, no accolade or honor ever meant as much to him as a single human being telling him how much his knowledge, wisdom, and willingness to do this work has changed his or her life. He surely left the world - and me - richer for having known him." -- Sarah Zeff "In the illegality of his time it was unthinkable to publish the excellent results of his therapy. It is therefore praiseworthy that today, years after his death, a friend has undertaken the task of publishing the details of the therapeutic methodology of this intrepid Ph.D. psychologist." -- Albert Hofmann, Ph.D., inventor of LSD "Jacob (Leo) painfully weighed the pros and cons and made the decision to challenge the law, continue his work with psychedelics, and assume personal responsibility for his activity. He has already passed the judgment of his "family," the friends and clients whose lives he has profoundly changed. They remember him with great love and gratitude. It remains to be seen how he will be judged by history..." -- Stanislav Grof, M.D., author of *LSD Psychotherapy*.

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A revolutionary and timely reconsideration of everything we know about power. Celebrated UC Berkeley psychologist Dr. Dacher Keltner argues that compassion and selflessness enable us to have the most influence over others and the result is power as a force for good in the world. Power is ubiquitous—but totally misunderstood. Turning conventional wisdom on its head, Dr. Dacher Keltner presents the very idea of power in a whole new light, demonstrating not just how it is a force for good in the world, but how—via compassion and selflessness—it is attainable for each and every one of us. It is taken for granted that power corrupts. This is reinforced culturally by everything from Machiavelli to contemporary politics. But how do we get power? And how does it change our behavior? So often, in spite of our best intentions, we lose our hard-won power. Enduring power comes from empathy and giving. Above all, power is given to us by other people. This is what we all too often forget, and it is the crux of the power paradox: by misunderstanding the behaviors that helped us to gain power in the first place we set ourselves up to fall from power. We abuse and lose our power, at work, in our family life, with our friends, because we've never understood it correctly—until now. Power isn't the capacity to act in cruel and uncaring ways; it is the ability to do good for others, expressed in daily life, and in and of itself a good thing. Dr. Keltner lays out exactly—in twenty original "Power Principles"—how to retain power; why power can be a demonstrably good thing; when we are likely to abuse power; and the terrible consequences of letting those around us languish in powerlessness.

What does the future hold for humanity, and can psychedelics help take us there? • Shares insights from the author's discussions with Terence McKenna, Edgar Mitchell, Rupert Sheldrake, Deepak Chopra, Candace Pert, and others • Investigates the role of psychedelics in lucid dreaming, sex and pleasure enhancement, morphic field theory, the survival of consciousness, encounters with nonhuman beings, and the interface between science and spirituality For as long as humanity has existed, we have used psychedelics to raise our levels of consciousness and seek healing--first in the form of visionary plants such as cannabis and now with the addition of human-created psychedelics such as LSD and MDMA. These substances have inspired spiritual awakenings, artistic and literary works, technological and scientific innovation, and even political revolutions. But what does the future hold for humanity--and can psychedelics help take us there? Sharing insights from his discussions with luminaries such as Terence McKenna, Edgar Mitchell, Candace Pert, Deepak Chopra, Andrew Weil, Jerry Garcia, Albert Hofmann, Annie Sprinkle, and Rupert Sheldrake, author David Jay Brown explores the revelations brought about through his psychedelic experiences and his work with visionaries of the psychedelic and scientific communities. He investigates the role of psychedelics in lucid dreaming, time travel, sex and pleasure enhancement, morphic field theory, the survival of consciousness after death, encounters with nonhuman beings, and the interface between science and spirituality. Examining the ability of psychedelic drugs to incite creativity, neurogenesis, and the evolution of consciousness, he explains that they are messengers from the plant world designed to help elevate our awareness and sense of interconnectedness. Revealing not only what psychedelics can teach us about ourselves and the world around us, Brown also shows how they are preparing humanity for a future of enlightened minds and worlds beyond our solar system.

In his latest interview collection, David Jay Brown has once again gathered some of the most interesting minds of today to consider the future of the human race, the mystery of consciousness, the evolution of technology, psychic phenomena, and more. The book includes conversations with celebrated visionaries and inspirational figures such as Ram Dass, Noam Chomsky, Deepak Chopra, and George Carlin. Part scientific exploration, part philosophical speculation, and part intellectual rollercoaster, the free-form discussions are original and captivating, and offer surprising revelations. Conversations on the Edge of the Apocalypse is a new look into the minds of some of our groundbreaking leaders and is the perfect gift for

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science fiction and philosophy fans alike.

This collection of essays, written by the poster boy of 1960s counterculture, describes the psychological journey Timothy Leary made in the years following his dismissal from Harvard, as his psychedelic research moved from the scientific to the religious arena. He discusses the nature of religious experience and eight crafts of God, including God as hedonic artist. Leary also examines the Tibetan, Buddhist, and Taoist experiences. In the final chapters, he explores man as god and LSD as sacrament.

Secret Drugs of Buddhism explores the historical evidence for the use of entheogenic plants within the Buddhist tradition and calls attention to the central role which psychedelics played in Indian religions.

The present day is witnessing an explosion of our understanding of how the brain works at all levels, in which complexity is piled on complexity, and mechanisms of astonishing elegance are being continually discovered. This process is most developed in the major areas of the brain, such as the cortex, thalamus, and striatum. The Claustrum instead focuses on a small, remote, and, until recently, relatively unknown area of the brain. In recent years, researchers have come to believe that the claustrum is concerned with consciousness, a bold hypothesis supported by the claustrum's two-way connections with nearly every other region of the brain and its seeming involvement with multisensory integrations—the hallmark of consciousness. The claustrum, previously in a humble position at the back of the stage, might in fact be the conductor of the brain's orchestra. The Claustrum brings together leading experts on the claustrum from the varied disciplines of neuroscience, providing a state-of-the-art presentation of what is currently known about the claustrum, promising lines of current research (including epigenetics), and projections of new lines of investigation on the horizon. Develops a unifying hypothesis about the claustrum's role in consciousness, as well as the integration of sensory information and other higher brain functions. Discusses the involvement of the claustrum with autism, schizophrenia, epilepsy, Alzheimer's disease, and Parkinson's disease Coverage of all aspects of the claustrum, from its evolution and development to promising new lines of research, including epigenetics, provides a platform and point of reference for future investigative efforts

Frontiers of Psychedelic Consciousness Conversations with Albert Hofmann, Stanislav Grof, Rick Strassman, Jeremy Narby, Simon Posford, and Others Simon and Schuster This is a book about the intersections of three dimensions. The first is the way social scientists and historians treat the history of psychiatry and healing, especially as it intersects with psychedelics. The second encompasses a reflection on the substances themselves and their effects on bodies. The third addresses traditional healing, as it circles back to our understanding of drugs and psychiatry. The chapters explore how these dimensions are distinct, but deeply intertwined, themes that offer important insights into contemporary healing practices. The intended audience of the volume is large and diverse: neuroscientists, biologists, medical doctors, psychiatrists, psychologists; mental health professionals interested in the therapeutic application of psychedelic substances, or who work with substance abuse, depression, anxiety, and PTSD; patients and practitioners of complementary and alternative medicine; ethnobotanists and ethnopharmacologists; lawyers, criminologists, and other specialists in international law working on matters related to drug policy and human rights, as well as scholars of religious studies, anthropologists, sociologists, and historians; social

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scientists concerned both with the history of science, medicine, and technology, and concepts of health, illness, and healing. It has a potentially large international audience, especially considering the increasing interest in “psychedelic science” and the growing spread of the use of traditional psychoactives in the West.

A Neuroscience Fiction novel from the best-selling author of MAVERICKS OF THE MIND. Hot, sexy and futuristic, this wildly erotic dizzy and dazzling carnival ride explodes with the force of 4.5 billion years of evolution. BRAINCHILD is guaranteed to liquefy and reform any brain with courage enough to venture into its depths. The instant New York Times bestseller “Expert storytelling . . . [Pollan] masterfully elevates a series of big questions about drugs, plants and humans that are likely to leave readers thinking in new ways.”—New York Times Book Review From #1 New York Times bestselling author Michael Pollan, a radical challenge to how we think about drugs, and an exploration into the powerful human attraction to psychoactive plants—and the equally powerful taboos. Of all the things humans rely on plants for—sustenance, beauty, medicine, fragrance, flavor, fiber—surely the most curious is our use of them to change consciousness: to stimulate or calm, fiddle with or completely alter, the qualities of our mental experience. Take coffee and tea: People around the world rely on caffeine to sharpen their minds. But we do not usually think of caffeine as a drug, or our daily use as an addiction, because it is legal and socially acceptable. So, then, what is a “drug”? And why, for example, is making tea from the leaves of a tea plant acceptable, but making tea from a seed head of an opium poppy a federal crime? In *This Is Your Mind on Plants*, Michael Pollan dives deep into three plant drugs—opium, caffeine, and mescaline—and throws the fundamental strangeness, and arbitrariness, of our thinking about them into sharp relief. Exploring and participating in the cultures that have grown up around these drugs while consuming (or, in the case of caffeine, trying not to consume) them, Pollan reckons with the powerful human attraction to psychoactive plants. Why do we go to such great lengths to seek these shifts in consciousness, and then why do we fence that universal desire with laws and customs and fraught feelings? In this unique blend of history, science, and memoir, as well as participatory journalism, Pollan examines and experiences these plants from several very different angles and contexts, and shines a fresh light on a subject that is all too often treated reductively—as a drug, whether licit or illicit. But that is one of the least interesting things you can say about these plants, Pollan shows, for when we take them into our bodies and let them change our minds, we are engaging with nature in one of the most profound ways we can. Based in part on an essay published almost twenty-five years ago, this groundbreaking and singular consideration of psychoactive plants, and our attraction to them through time, holds up a mirror to our fundamental human needs and aspirations, the operations of our minds, and our entanglement with the natural world.

“Pollan keeps you turning the pages . . . cleareyed and assured.” —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as

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depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives. We're used to thinking about the self as an independent entity, something that we either have or are. In *The Ego Tunnel*, philosopher Thomas Metzinger claims otherwise: No such thing as a self exists. The conscious self is the content of a model created by our brain - an internal image, but one we cannot experience as an image. Everything we experience is "a virtual self in a virtual reality." But if the self is not "real," why and how did it evolve? How does the brain construct it? Do we still have souls, free will, personal autonomy, or moral accountability? In a time when the science of cognition is becoming as controversial as evolution, *The Ego Tunnel* provides a stunningly original take on the mystery of the mind.

In this accessible overview of current knowledge, an expert team of editors and authors describe experimental approaches to consciousness. These approaches are shedding light on some of the hitherto unknown aspects of the distinct states of human consciousness, including the waking state, different states of sleep and dreaming, meditation and more. The book presents the latest research studies by the contributing authors, whose specialties span neuroscience, neurology, biomedical engineering, clinical psychology and psychophysiology, psychosocial medicine and anthropology. Overall this anthology provides the reader with a clear picture of how different states of consciousness can be defined, experimentally measured and analysed. A future byproduct of this knowledge may be anticipated in the development of systematic corrective treatments for many disorders and pathological problems of consciousness. A search for the truth behind the DEA's life imprisonment of acid's most famous martyr. *Operation White Rabbit* traces the rise and fall—and rise and fall again—of the psychedelic community through the life of the man known as the "Acid King:" William Leonard Pickard. Pickard was a legitimate genius, a follower of Timothy Leary, a con artist, a womanizer, and a believer that LSD would save lives. He was a foreign diplomat, a Harvard fellow, and the biggest producer of LSD on the planet—if you believe the DEA. A narrative for fans of Michael Pollan's *How to Change Your Mind*, Pickard's personal story is set against a fascinating chronicle of the social history of psychedelic drugs from the 1950s on. From LSD distribution at UC Berkeley to

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travelling the world for the State Department, Pickard's story is one of remarkable genius—that is, until a DEA sting named “Operation White Rabbit” captured him at an abandoned missile silo in Kansas. Pickard, the DEA said, was responsible for 90 percent of the world's production of lysergic acid. The DEA announced to the public that they found 91 pounds of LSD. In reality, the haul was seven ounces. They found none of the millions of dollars Pickard supposedly amassed, either. But nonetheless, he is now serving two consecutive life sentences without possibility of parole. Pickard has become acid's best-known martyr in the process, continuing his advocacy and artistic pursuits from jail. Pickard has successfully sued the US government because his requests for information on his case returned two blank DEA documents. But the appeals of his sentence have continually failed. The author visits him regularly in jail in an effort to find the truth.

Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. This accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology, was specifically written to acquaint newcomers with his work. Serving as a summation of his career and previous works, this entirely new book is the source to introduce Grof's enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies "moving toward wholeness." Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests that a radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind's only real hope for the future. “It's rare to find a textbook that is both extremely informative and enjoyable to read. Psychology of the Future has to be one of the first ones I've ever come across ... Each chapter brought an entirely new concept, theory, or method that was just as engaging as the previous one.” — Dr. Tami Brady, TCM Reviews "This book is by a pioneering genius in consciousness research. It presents the full spectrum of Grof's ideas, from his earliest mappings of using LSD psychotherapy, to his clinical work with people facing death, to his more recent work with holotropic breathing, to his latest thoughts about the cosmological implications of consciousness research and the prospects for dealing with an emerging planetary crisis. Grof has always been one of the most original thinkers in the transpersonal field, and his creativity has kept pace with the maturity of his overall vision." -- Michael Washburn, author of Transpersonal Psychology in Psychoanalytic Perspective "Grof offers an outstanding contribution to the ever-growing debate about the nature of human consciousness and about the place of humankind in the cosmos. If more psychiatrists could be persuaded that human consciousness transcends the limitations of the physical brain, and instead is but an aspect of what may best be described as 'cosmic consciousness,' we could not only expect treatment modalities to change, but we could also anticipate the possibility of culture-wide rethinking of the basic presuppositions of modern cosmology, the cosmology that grounds Western institutions, ideologies, and beliefs about the nature of personhood." -- Michael E. Zimmerman, author of Contesting Earth's Future: Radical Ecology and Postmodernity

A FESTSCHRIFT FOR STANISLAV GROF Psyche Unbound: Essays in Honor of Stanislav Grof is an extraordinary compilation of twenty-two essays that honor the

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pathbreaking lifework of Stanislav Grof, the world's leading researcher in psychedelic therapy, breathwork, and the exploration of non-ordinary states of consciousness. In honor of Grof's 90th birthday this year, the contributions range over the past half century - beginning exactly fifty years ago with Joseph Campbell's remarkable 1971 lecture in the Great Hall at Cooper Union setting forth the importance of Grof's findings, and Huston Smith's 1976 summary of their significance for the study of religion and mysticism, all the way through to the 2021 reflections by psychiatrists and researchers Charles Grob and Michael Mithoefer as part of the current renaissance of psychedelic therapy. In between are major essays that forward Grof's work on numerous fronts, both theoretical and therapeutic: transpersonal sexual experiences (Jenny Wade), implications for social and cultural change (William Keepin), comparative studies with Asian religious systems (Thomas Purton), the perinatal dimensions of Jean-Paul Sartre's transformational 1935 mescaline experience (Thomas Riedlinger), and parallel findings from quantum and relativistic physics (Fritjof Capra). Grof is one of the founders of transpersonal psychology and is recognized by many as having both inherited and extended the great revolution in psychology begun by Freud and Jung. His investigations of the nature and healing potential of non-ordinary states of consciousness led him to propose a model of the psyche which honors the full range of human experience. Unconstrained by the dogmatic prejudices of mainstream psychology and of the dominant - reductive, mechanistic, and materialistic - scientific paradigm - Grof offers a liberated, and liberating vision of psyche unbound. Grof is the author and editor of many books, including *Psychology of the Future: Lessons from Modern Consciousness Research*; *The Cosmic Game: Explorations of the Frontiers of Human Consciousness*; *Human Survival and Consciousness Evolution*; *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration*; *Beyond the Brain: Birth, Death, and Transcendence in Psychotherapy*; and *Ancient Wisdom and Modern Science*, all published by SUNY Press. As well as the following titles from MAPS: *The Way of the Psychonaut: Encyclopedia for Inner Journeys (Vol. One)* and *The Way of the Psychonaut: Encyclopedia for Inner Journeys (Vol. Two)*, *LSD Psychotherapy: The Healing Potential of Psychedelic Medicine*, *Modern Consciousness Research and the Understanding of Art, Including The Visionary World of H.R. Giger*, and *The Ultimate Journey: Consciousness and the Mystery of Death*.

"Françoise Bourzat has written an authoritative book on guided psychedelic therapy with important lessons for anyone thinking of either guiding or being guided." —Michael Pollan via Twitter

A comprehensive guide to the safe and ethical application of expanded states of consciousness for therapists, healing practitioners, and sincere explorers. Psychedelic medicines also known as entheogens are entering the mainstream. And it's no wonder: despite having access to the latest wellness trends and advances in technology, we're no healthier, happier, or more meaningfully connected. Psilocybin mushrooms, ayahuasca, and LSD—as well as other time-tested techniques with the power to shift consciousness such as drumming, meditation, and vision quests—are now being recognized as potent catalysts for change and healing. But how do we ensure that we're approaching them effectively? Françoise Bourzat—a counselor and experienced guide with sanctioned training in the Mazatec and other indigenous traditions—and healer Kristina Hunter introduce a holistic model focusing on

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the threefold process of preparation, journey, and integration. Drawing from more than thirty years of experience, Bourzat's skillful and heartfelt approach presents the therapeutic application of expanded states, without divorcing them from their traditional contexts. Consciousness Medicine delivers a coherent map for navigating nonordinary states of consciousness, offering an invaluable contribution to the field of healing and transformation.

This open access book chronicles the rise of a new scientific paradigm offering novel insights into the age-old enigmas of existence. Over 300 years ago, the human mind discovered the machine code of reality: mathematics. By utilizing abstract thought systems, humans began to decode the workings of the cosmos. From this understanding, the current scientific paradigm emerged, ultimately discovering the gift of technology. Today, however, our island of knowledge is surrounded by ever longer shores of ignorance. Science appears to have hit a dead end when confronted with the nature of reality and consciousness. In this fascinating and accessible volume, James Glattfelder explores a radical paradigm shift uncovering the ontology of reality. It is found to be information-theoretic and participatory, yielding a computational and programmable universe.

Based on more than a half century of research, Dr. Grof distills teachings from ancient wisdom and modern science that suggest how to face the process of death and dying. He proposes that those who come to terms with death through intense self-exploration tend to develop a reverence for life, in all its forms. Based on his own patients' experiences of death and rebirth in psychedelic-assisted therapy, he investigates cross-cultural beliefs about death, paranormal and near-death-experience research, and LSD therapy with advanced-stage cancer patients. The ultimate journey challenges us all, and how we approach death is much more than a major personal issue. Those who come to terms with death in deep experiential self-exploration tend to develop a sense of planetary citizenship, reverence for life in all its forms, and spirituality of a universal and all-encompassing nature. Such radical inner transformation might be humanity's only real chance for survival. The Ultimate Journey describes ancient and aboriginal ritual and spiritual practices that help us understand the experience of death, develop effective ways of making dying easier and integrate it as a meaningful part of life. This book also summarizes modern studies that shed new light on a variety of phenomena related to death and dying, including psycho-spiritual death and rebirth, near-death experiences, and the new expanded cartography of the psyche that has emerged from Grof's fifty years of research of psychedelic therapy, Holotropic Breathwork, and spontaneous psychospiritual crisis. Grof writes that our modern industrial civilization typically gives more attention to the wardrobe, makeup, and even plastic surgery for the corpse than to counseling dying individuals and their families. This is in marked contrast to pre-industrial societies for whom death and dying were paramount in their worldviews and important inspiration for much of their art and architecture. For example, the shamans of many cultures-going back at least thirty thousand years, began their careers with a spontaneous or induced experience of death and rebirth. They explored, firsthand, territories of the psyche that transcend the boundaries of individual consciousness. Similarly, in the rites of passage, initiates were guided into non-ordinary or Holotropic ("moving toward wholeness") states of consciousness and had a direct experience of numinous realities that transcend biological death. In the ancient

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mysteries, neophytes participated in various mind-expanding processes or "technologies of the sacred" to move beyond individual consciousness and experience directly and firsthand the higher transpersonal dimensions of existence.

An expert on traumatic stress outlines an approach to healing, explaining how traumatic stress affects brain processes and how to use innovative treatments to reactivate the mind's abilities to trust, engage others, and experience pleasure--

On cosmic consciousness, peak experiences and transcendental unconscious. Includes articles by Stanley Krippner, Aldous Huxley, R.D. Laing, Alan W. Watts, Abraham Maslow, P.D. Ouspensky, Arthur Waley and Norman O. Brown.

An exploration of the role that dreaming, psychedelic experiences, and mystical visions play in visionary art • Includes discussions with 18 well-known female artists, including Josephine Wall, Allyson Grey, Amanda Sage, Martina Hoffmann, Penny Slinger, and Carolyn Mary Kleefeld • Reveals how they have all been inspired by deep inner experiences and seek to express non-ordinary visions of reality, reminiscent of shamanic trance states, lucid dreams, and spiritually transcendent experiences • Shows how visionary art often contains an abundance of feminine energy, helping us to heal ourselves and see that we are all connected Since early humans first painted from their mystic eye onto cave walls, artists have sought to share their sacred visions with the world. Created in every medium, from oil painting and sculpture to contemporary digital modeling, these visionary works of art give those who experience them a chance to "see the unseen," realize wider modes of perception, and discover spiritual and mystical realms. In this full-color illustrated book, David Jay Brown and Rebecca Ann Hill examine the work and inspirations of eighteen of today's leading female visionary artists, including Josephine Wall, Allyson Grey, Amanda Sage, Martina Hoffmann, Penny Slinger, and Carolyn Mary Kleefeld. They explore the creative process and the role that dreaming, psychedelic experiences, sexuality, and divine guidance play in the work of these women, alongside full-color examples of their art. They discuss the future of visionary art and reveal how these artists have all been informed and inspired by deep inner experiences and seek to express non-ordinary visions of reality, often reminiscent of those encountered in shamanic trance, lucid dreams, psychedelic states, spiritually transcendent experiences, and other altered states. Showing how visionary art often contains an abundance of feminine energy, helping us to heal ourselves and see that we are all connected, the authors explore with each artist what it is about being a woman that has most influenced their artwork. They also examine the connection between visionary art and spirituality, the influence of Nature and sacred geometry, and how this creative form is simultaneously ancient, futuristic, and timeless, providing an accessible doorway into the visionary realm.

In-depth and well-researched interviews with the leading minds in psychedelic science and culture • A curated collection of interviews with 15 accomplished scientists, artists, and thinkers, including Albert Hofmann, Stanislav Grof, Rick Strassman, and Charles Tart • Explores their profound reflections on the intersections between psychedelics and a wide range of topics, including psychology, creativity, music, the near-death experience, DNA, and the future of psychedelic drug medical research After many dark years of zealous repression, there are now more than a dozen government-approved clinical studies with psychedelics taking place around the globe. But what does the future hold for psychedelic research and the expansion of consciousness? In this curated collection of interviews with pioneers in psychedelic thought, David Jay Brown explores the future of mind-altering drugs, hallucinogenic plants, and the evolution of human consciousness. The accomplished scientists, artists, and thinkers interviewed in the book include LSD discoverer Albert Hofmann, psychologist Stanislav Grof, DMT researcher Rick Strassman, anthropologist Jeremy Narby, MAPS founder Rick Doblin, ethnobotanist Dennis McKenna, psychologist Charles Tart, and musician Simon Posford from Shpongole, as well as many others. Demonstrating deep

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knowledge of his interviewees' work, Brown elicits profound reflections from them as well as their considered opinions on the future of psychedelic drug medical research, God and the afterlife, LSD and mysticism, DMT research and non-human entity contact, problem-solving and psychedelics, ayahuasca and DNA, psilocybin and the religious experience, MDMA and PTSD, releasing the fear of death, the tryptamine dimension, the therapeutic potential of salvia, and the intersections between psychedelics and creativity, ecology, paranormal phenomena, and alternate realities. In each interview we discover how these influential minds were inspired by their use of entheogens. We see how psychedelics have the potential to help us survive as a species, not only by their therapeutic benefits but also by revealing our sacred connection to the biosphere and by prompting people to begin on the path of spiritual evolution.

Reveals evidence of visionary plants in Christianity and the life of Jesus found in medieval art and biblical scripture--hidden in plain sight for centuries • Follows the authors' anthropological adventure discovering sacred mushroom images in European and Middle Eastern churches, including Roslyn Chapel and Chartres • Provides color photos showing how R. Gordon Wasson's psychedelic theory of religion clearly extends to Christianity and reveals why Wasson suppressed this information due to his secret relationship with the Vatican • Examines the Bible and the Gnostic Gospels to show that visionary plants were the catalyst for Jesus's awakening to his divinity and immortality Throughout medieval Christianity, religious works of art emerged to illustrate the teachings of the Bible for the largely illiterate population. What, then, is the significance of the psychoactive mushrooms hiding in plain sight in the artwork and icons of many European and Middle-Eastern churches? Does Christianity have a psychedelic history? Providing stunning visual evidence from their anthropological journey throughout Europe and the Middle East, including visits to Roslyn Chapel and Chartres Cathedral, authors Julie and Jerry Brown document the role of visionary plants in Christianity. They retrace the pioneering research of R. Gordon Wasson, the famous "sacred mushroom seeker," on psychedelics in ancient Greece and India, and among the present-day reindeer herders of Siberia and the Mazatecs of Mexico. Challenging Wasson's legacy, the authors reveal his secret relationship with the Vatican that led to Wasson's refusal to pursue his hallucinogen theory into the hallowed halls of Christianity. Examining the Bible and the Gnostic Gospels, the authors provide scriptural support to show that sacred mushrooms were the inspiration for Jesus' revelation of the Kingdom of Heaven and that he was initiated into these mystical practices in Egypt during the Missing Years. They contend that the Trees of Knowledge and of Immortality in Eden were sacred mushrooms. Uncovering the role played by visionary plants in the origins of Judeo-Christianity, the authors invite us to rethink what we know about the life of Jesus and to consider a controversial theory that challenges us to explore these sacred pathways to the divine.

Featuring a Foreword by Mikey Siegel, founder of Consciousness Hacking. Technology can now control the spiritual experience. This is a journey through the high-tech aids for psychological growth that are changing our world, while exploring the safety, authenticity and ethics of this new world. We already rely on technology to manage our health, sleep, relationships, and finances, so it's no surprise that we're turning to technological aids for the spiritual journey. From apps that help us pray or meditate, to cybernauts seeking the fast track to nirvana through magnetic brain stimulation, we are on the brink of the most transformative revolution in the practice of religion: an era in which we harness the power of "spirit tech" to deepen our experience of the divine. Spirit tech products are rapidly improving in sophistication and power, and ordinary people need a trustworthy guide. Through their own research and insiders' access to the top innovators and early adopters, Wesley J. Wildman and Kate J. Stockly take you deep inside an evolving world: - Find out how increasingly popular "wearables" work on your brain, promising a shortcut to transformative meditative states. - Meet the inventor of the "God Helmet" who developed a tool to increase psychic skills, and

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overcome fear, sadness, and anger. - Visit churches that use ayahuasca as their sacrament and explore the booming industry of psychedelic tourism. - Journey to a mansion in the heart of Silicon Valley where a group of scientists and entrepreneurs are working feverishly to bring brain-based spirit tech applications to the masses. - Discover a research team who achieved brain-to-brain communication between individuals thousands of miles apart, harnessing neurofeedback techniques to sync and share emotions among group members. Spirit Tech offers readers a compelling glimpse into the future and is the definitive guide to the fascinating world of new innovations for personal transformation, spiritual growth, and pushing the boundaries of human nature.

The magnificent second novel from the legendary author of *One Flew Over the Cuckoo's Nest* Following the astonishing success of his first novel, *One Flew Over the Cuckoo's Nest*, Ken Kesey wrote what Charles Bowden calls "one of the few essential books written by an American in the last half century." This wild-spirited tale tells of a bitter strike that rages through a small lumber town along the Oregon coast. Bucking that strike out of sheer cussedness are the Stampers. Out of the Stamper family's rivalries and betrayals Ken Kesey has crafted a novel with the mythic impact of Greek tragedy. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

Inner speech lies at the chaotic intersection of several difficult questions in contemporary philosophy and psychology. On the one hand, these episodes are private mental events. On the other, they resemble speech acts of the sort used in interpersonal communication. Inner speech episodes seem to constitute or express sophisticated trains of conceptual thought but, at the same time, they are motoric in nature and draw on sensorimotor mechanisms for speech production and perception more generally. By using inner speech, we seem to both regulate our bodily actions and gain a unique kind of access to our own beliefs and desires. *Inner Speech: New Voices* explores this familiar and yet mysterious element of our daily lives, bringing together contributions from leading philosophers, psychologists, and neuroscientists. In response to renewed interest in the general connections between thought, language, and consciousness, these leading thinkers develop a number of important new theories, raise questions about the nature of inner speech and its cognitive functions, and debate the current controversies surrounding the 'little voice in the head.'

This volume explores the complex fiction of Thomas Pynchon within the context of 1960s counterculture.

Conversations with Terence McKenna, Riane Eisler & David Loye, Robert Trivers, Nick Hebert, Ralph Abraham, Robert Anton Wilson, Timothy Leary, Rupert Sheldrake, Carolyn Mary Kleefeld, Colin Wilson, Oscar Janiger, John C. Lilly, Nina Graboi, Laura Huxley, Allen Ginsberg, Stephen LaBerge.

A pioneering neuroscientist argues that we are more than our brains To many, the brain is the seat of personal identity and autonomy. But the way we talk about the brain is often rooted more in mystical conceptions of the soul than in scientific fact. This blinds us to the physical realities of mental function. We ignore bodily influences on our psychology, from chemicals in the blood to bacteria in the gut, and overlook the ways that the environment affects our behavior, via factors varying from subconscious sights and sounds to the weather. As a result, we alternately overestimate our capacity for free will or equate brains to inorganic machines like computers. But a brain is neither a soul nor an electrical network: it is a bodily organ, and it cannot be separated from its surroundings. Our selves aren't just inside our heads--they're spread throughout our bodies and beyond. Only once we come to terms with this can we grasp

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the true nature of our humanity.

The classic thriller about a hostile foreign power infiltrating American politics: “Brilliant . . . wild and exhilarating.” —The New Yorker A war hero and the recipient of the Congressional Medal of Honor, Sgt. Raymond Shaw is keeping a deadly secret—even from himself. During his time as a prisoner of war in North Korea, he was brainwashed by his Communist captors and transformed into a deadly weapon—a sleeper assassin, programmed to kill without question or mercy at his captors’ signal. Now he’s been returned to the United States with a covert mission: to kill a candidate running for US president . . . This “shocking, tense” and sharply satirical novel has become a modern classic, and was the basis for two film adaptations (San Francisco Chronicle). “Crammed with suspense.” —Chicago Tribune “Condon is wickedly skillful.” —Time

Recent clinical trials show that psychedelics such as LSD and psilocybin can be given safely in controlled conditions, and can cause lasting psychological benefits with one or two administrations. Supervised psychedelic sessions can reduce symptoms of anxiety, depression, and addiction, and improve well-being in healthy volunteers, for months or even years. But these benefits seem to be mediated by “mystical” experiences of cosmic consciousness, which prompts a philosophical concern: do psychedelics cause psychological benefits by inducing false or implausible beliefs about the metaphysical nature of reality? This book is the first scholarly monograph in English devoted to the philosophical analysis of psychedelic drugs. Its central focus is the apparent conflict between the growing use of psychedelics in psychiatry and the philosophical worldview of naturalism. Within the book, Letheby integrates empirical evidence and philosophical considerations in the service of a simple conclusion: this “Comforting Delusion Objection” to psychedelic therapy fails. While exotic metaphysical ideas do sometimes come up, they are not, on closer inspection, the central driver of change in psychedelic therapy. Psychedelics lead to lasting benefits by altering the sense of self, and changing how people relate to their own minds and lives—not by changing their beliefs about the ultimate nature of reality. The upshot is that a traditional conception of psychedelics as agents of insight and spirituality can be reconciled with naturalism (the philosophical position that the natural world is all there is). Controlled psychedelic use can lead to genuine forms of knowledge gain and spiritual growth—even if no Cosmic Consciousness or transcendent divine Reality exists. *Philosophy of Psychedelics* is an indispensable guide to the literature for researchers already engaged in the field of psychedelic psychiatry, and for researchers—especially philosophers—who want to become acquainted with this increasingly topical field.

Although commonly celebrated as a distinct manifestation of Americana, hippies and psychedelics are routinely de-emphasized in favor of direct political activism, a phenomenon that constrains the full telling of the hippie counterculture as it relates to a radical religiosity defined by mutuality and altruism. *Psychedelic Mysticism* reevaluates the religious significance of the 1960s psychedelic counterculture, tracing how psychedelics became entheogenic, leading sixties figures to transition personal moments of enlightenment into everyday projects of social justice.

Psychedelics for spiritual, therapeutic, and problem-solving use • Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide • Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultr-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U.S. alone will try LSD for the first time, joining the 23 million who have already experimented with this substance Called “America’s wisest and most respected authority on psychedelics and their use,” James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic

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use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience--from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention. Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals new uses for LSD and other psychedelics, including microdosing, extremely low doses, for improved cognitive functioning and emotional balance. Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific breakthroughs and spiritual epiphanies.

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