

Foto Ibu Pake Jilbab Hamil

Pregnancy and childbirth brings together, for the first time, western and eastern approaches providing a sound amalgamation of theoretical and practical information for bodywork practitioners world-wide. It describes in detail the application of massage and shiatsu from early pregnancy, including work during labour and for the first year postnatally for the mother. This is a useful source of information for massage therapists, shiatsu practitioners, osteopaths, physical therapists, chiropractors, reflexologists, aromatherapists, acupuncturists, yoga and Pilates instructors. For Students and practitioners to use as a learning manual and reference tool, the text provides: Clarity of information Full text referencing Clear diagrams, photographs, and summary boxes Clinical accuracy: reviewed by, and with contributions from, international specialists including midwives, obstetricians, osteopaths, chiropractors, acupuncturists, aromatherapists and massage therapists.

More, than 40 amateur models, high quality pictures made in studio (contains nudity) - can be used as guide for proper posing.

This document's purpose is to spell out the Church's understanding of the nature of revelation--the process whereby God communicates with human beings. It touches upon questions about Scripture, tradition, and the teaching authority of the Church. The major concern of the document is to proclaim a Catholic understanding of the Bible as the "word of God." Key elements include: Trinitarian structure, roles of apostles and bishops, and biblical reading in a historical context.

Prowling the seedy red-light districts, the underground club circuit and the house parties of wealthy Indonesian society, Moammar Emka offers a unique glimpse into the underbelly of modern, urban Jakarta. This is the book that took Indonesia by storm. Moammar Emka is Jakarta's answer to Carrie Bradshaw; this is ""Sex and the City"" Indonesian-style!

Courage is a brave boy who has to defeat the cancer dragon who is trying to give Leukemia to children. Courage learns that everybody needs Courage.

Perfect For: - Nursing Students - Health Care Professionals - Social Service Professionals Mosby's Pocketbook of Mental Health 2nd Edition, written by leading professional nurses and academics, Professor Eimear Muir-Cochrane, Patricia Barkway and Debra Nizette, is a convenient reference guide for nursing students and health professionals required to respond to individuals in crisis. This user-friendly pocket guide from Muir-Cochrane, Barkway and Nizette delivers practical strategies and skills for nursing students and professionals, general practitioners, paramedics, police and allied health workers to implement. With a focus on social inclusion, recovery, culture and the promotion of consumer rights, this mental health textbook plays a pivotal guide for holistic modern health care practices. Benefit from the updated content of Mosby's Pocketbook of Mental Health 2nd Edition, which features a new opening chapter, the latest research

and evidence (including the recently released National Practice Standards), tips for a successful clinical placement and guidance on psychiatric medications. Muir-Cochrane, Barkway and Nizette have delivered an exemplary mental health textbook that provides students and professional nurses with helpful "dos and don'ts" and "what to do" in commonly encountered medical circumstances. • Written specifically for Australian and New Zealand contexts. • Hands-on and inclusive strategies enable readers to develop practical skills. • Convenient size and user-friendly layout that offers readers immediate access to information.

You've done it before. Saw something wrong with him--whether it was suspect grooming habits or ridiculously childish behavior--but let it slide. It's not that big of a deal. Except it totally was. You wanted to fall in love, but ended up going insane. You swore you'd never do it again. But did. Don't beat yourself up. In the search for love, we've all either blatantly ignored or completely missed red flags. Instead, smarten up. It's time to figure out what you missed and learn how to avoid similar flagtastic fiascos in the future. If you raise your red flag awareness now, you'll be able to greenlight a real relationship down the road.

Two leading lactation experts offer practical information, guidance, and encouragement to help new mothers overcome their fears, doubts, and practical concerns about breastfeeding, drawing on the latest research and furnishing updated facts and advice in a new edition of the comprehensive guide to breastfeeding. Original. 10,000 first printing.

Childbirth can be an empowering and positive experience that you treasure for the rest of your life. Hypnobirthing teaches simple and gentle techniques that have a profound effect.

From the New York Times bestselling author of *The Midnight Library*. "A quirky romcom dusted with philosophical observations....A delightfully witty...poignant novel." —*The Washington Post* "She smiled a soft, troubled smile and I felt the whole world slipping away, and I wanted to slip with it, to go wherever she was going... I had existed whole years without her, but that was all it had been. An existence. A book with no words." Tom Hazard has just moved back to London, his old home, to settle down and become a high school history teacher. And on his first day at school, he meets a captivating French teacher at his school who seems fascinated by him. But Tom has a dangerous secret. He may look like an ordinary 41-year-old, but owing to a rare condition, he's been alive for centuries. Tom has lived history--performing with Shakespeare, exploring the high seas with Captain Cook, and sharing cocktails with Fitzgerald. Now, he just wants an ordinary life. Unfortunately for Tom, the Albatross Society, the secretive group which protects people like Tom, has one rule: Never fall in love. As painful memories of his past and the erratic behavior of the Society's watchful leader threaten to derail his new life and romance, the one thing he can't have just happens to be the one thing that might save him. Tom will have to decide once and for all whether to remain stuck in the past, or finally begin living in the present. *How to Stop Time* tells a love story across the ages—and for the

ages—about a man lost in time, the woman who could save him, and the lifetimes it can take to learn how to live. It is a bighearted, wildly original novel about losing and finding yourself, the inevitability of change, and how with enough time to learn, we just might find happiness. Soon to be a major motion picture starring Benedict Cumberbatch.

Viewed as the key to self-knowledge and inner peace in Eastern traditions, a mandala is a symbolic spiritual image which, when meditated on, can bring about profound transformation. Featuring imagery from a range of spiritual and religious traditions, as well as from the natural world, this wonderful book offers a superb collection of black and white mandala artworks for you to colour in, plus guided meditations for every image, and a further section of basic line templates for you to create your own mandala designs.

Popular Instagram cartoonist and Muslim-American Huda Fahmy presents a hilarious, relatable, and painfully honest new collection of comics that break down barriers and show how universal our everyday problems, worries, and joys actually are. At some point in our lives, we've all felt a little out of place. Huda Fahmy has found it's a little more difficult to fade into the crowd when wearing a hijab. In *Yes, I'm Hot in This*, Huda navigates the sometimes-rocky waters of life from the unique perspective of a Muslim-American woman, breaking down misconceptions of her culture one comic at a time. From recounting the many questions she gets about her hijab every day (yes, she does have hair) and explaining how she runs in an abaya (just fine, thank you) to dealing with misconceptions about Muslims, *Yes, I'm Hot in This* tackles universal feelings from an point of view we don't hear from nearly enough. Every one of us have experienced love, misunderstanding, anger, and a deep desire for pizza. In *Yes, I'm Hot in This*, Huda's clever comics demonstrate humor's ability to bring us together, no matter how different we may appear on the surface.

Cerita Kehamilan Shireen SungkarKawan Pustaka

As seen in the *New York Times* -- a practical guide that presents an alternative to shouting, shaming, and blaming--to give kids the skills they need to grow and thrive *Discipline* is an essential part of raising happy and successful kids, but as more and more parents are discovering, conventional approaches often don't work, and can even lead to more frustration, resentment, power struggles, and shame. Enter Sarah Ockwell-Smith, a popular parenting expert who believes there's a better way. Citing the latest research in child development, psychology and neuroscience, *Gentle Discipline* debunks common myths about punishments, rewards, the "naughty chair," and more, and presents practical, connection-based techniques that really work--and that bring parents and kids closer together instead of driving them apart. Topics include: Setting--and enforcing--boundaries and limits with compassion and respect Focusing on connection and positivity instead of negative consequences Working with teachers and other caregivers Breaking the cycle of shaming and blaming Filled with ideas to try today, *Gentle Discipline* helps parents of toddlers as well as

school-age kids embrace a new, more enlightened way to help kids listen, learn and grow.

What you need to know to have the best birth experience for you. Drawing upon her thirty-plus years of experience, Ina May Gaskin, the nation's leading midwife, shares the benefits and joys of natural childbirth by showing women how to trust in the ancient wisdom of their bodies for a healthy and fulfilling birthing experience. Based on the female-centered Midwifery Model of Care, Ina May's Guide to Natural Childbirth gives expectant mothers comprehensive information on everything from the all-important mind-body connection to how to give birth without technological intervention. Filled with inspiring birth stories and practical advice, this invaluable resource includes:

- Reducing the pain of labor without drugs--and the miraculous roles touch and massage play
- What really happens during labor
- Orgasmic birth--making birth pleasurable
- Episiotomy--is it really necessary?
- Common methods of inducing labor--and which to avoid at all costs
- Tips for maximizing your chances of an unmedicated labor and birth
- How to avoid postpartum bleeding--and depression
- The risks of anesthesia and cesareans--what your doctor doesn't necessarily tell you
- The best ways to work with doctors and/or birth care providers
- How to create a safe, comfortable environment for birth in any setting, including a hospital
- And much more

Ina May's Guide to Natural Childbirth takes the fear out of childbirth by restoring women's faith in their own natural power to give birth with more ease, less pain, and less medical intervention.

Vampires and Werewolves are certainly popular these days. Actually, there have been popular stories about these monsters for centuries. Are the stories based on any reality? Some people think so. Using the scientific method and other information, this book aims to find out whether or not these monsters could exist! Winner of the 2016 Financial Times Emerging Voices Award, and longlisted for the 2016 Man Booker International Prize A wry, affecting tale set in a small town on the Indonesian coast, Man Tiger tells the story of two interlinked and tormented families and of Margio, a young man ordinary in all particulars except that he conceals within himself a supernatural female white tiger. The inequities and betrayals of family life coalesce around and torment this magical being. An explosive act of violence follows, and its mysterious cause is unraveled as events progress toward a heartbreaking revelation. Lyrical and bawdy, experimental and political, this extraordinary novel announces the arrival of a powerful new voice on the global literary stage.

"Buku yang dibuat Shireen bisa menjadi panduan untuk aku, ibu-ibu yang sedang mengandung. dan juga bisa menjadi pengetahuan baru untuk yang sedang merencanakan pernikahan, kehamilan, dan sebagainya. Cerita kehamilan Shireen menjadi pengalaman bahwa setiap ibu hamil mempunyai pengalaman berbeda-beda yang harus disyukuri :)." Alyssa Soebandono, Pemain Sinetron. "Hmmm buku ini banyak sekali memberi inspirasi yang tidak biasa. Yang paling menarik ada sisi perjalanan kehamilan Shireen yang membawa Shireen ke arah yang lebih baik yaitu hidayah dan beberapa kejadian dalam kehamilan yang gak mudah pada akhirnya membuat Shireen memutuskan untuk berhijab." Tika Ramlan, Penyanyi. "Sukses yang

diraih Shireen di usia muda semakin dengenapkan ketika ia berstatus sebagai ibu. Perjuangannya semasa kehamilan dan sepenggal cerita hijrahnya menjadi pengalaman menarik untuk dibaca." Oki Setiana Dewi, Aktris. "Sebagai teman yang cukup mengetahui perjalanan Shireen dari awal sebelum menikah hingga hamil dan melahirkan bisa dibilang saya cukup mengetahui begitu beratnya perjalanan kehamilan Shireen, Saya sangat bangga Shireen begitu kuat karena dalam kehamilannya bisa dibilang kehamilan Shireen sangatlah tidak mudah. Bahkan bisa dibilang tidak seperti yang banyak para wanita pada umumnya rasakan. Hampir setiap saat saya terkaget-kaget mendapatkan kabar 'aku sakit, 'aku masuk RS' tp begitu kuatnya ia tak ingin orang-orang di sekitarnya panik, ia tetap tersenyum dan tertawa. Proses kehamilan Shireen juga membuatnya menjadi wanita luar biasa, begitu kuat dan alhamdulillah bisa membuat Shireen menjadi semakin lebih baik. Semoga buku ini bisa memberikan inspirasi dan penyemangat juga dapat memberikan pelajaran kepada kita semua."

Ryana Dea, Aktris. -KawanPustaka- #SuperEbookFebruari

52% of parents admit they never read to their child. Toddlers watch 4.5 hrs of TV daily. More children are obese, enter school developmentally delayed and need special education. So Sally Goddard Blythe draws on neuroscience to unpack the wisdom of nursery rhymes, playing traditional games and fairy stories for healthy child development. She explains why movement matters and how games develop children's skills at different stages of development. She offers a starter kit of stories, action games, songs and rhymes.

Artistic nudes, shot as a part of a two year journey through the US by an Israeli photographer

Bulletin of ?Aisyiyah, Islamic women's organization.

9...8...7...6...5...4...3..2..1... Delivery! One of life's brightest moments is fast approaching—you are about to become a mother! You'll enter the magical world of rubber duckies, booties, and lullabies, and your heart will never be the same. But before all the fun of caring for your child begins, you need answers to all the lingering questions you have about pregnancy and childbirth. In Countdown to Baby, Dr. Susan Warhus answers your questions and provides the facts you need to make well-informed decisions during your pregnancy. A board-certified OB/GYN who has delivered more than 3,000 babies in her 15 years of clinical practice, Dr. Warhus is also a mother who knows first hand the many questions that expectant mothers have throughout their pregnancy. Whether you have questions about your treating swollen feet, painting the nursery, taking medications, or traveling across the country, Dr. Susan's clear, concise responses, will make you feel knowledgeable and confident. Dr. Warhus answers questions such as: • What changes in diet, exercise, and lifestyle do I need to make during my pregnancy? • How do I cope with morning sickness? • Should I be considering a doula or midwife? • What can I expect to happen during my prenatal visits? What will my prenatal visits be like? • How will I know when it's time to go to the hospital for delivery? • What are the three phases of labor? • What happens at the hospital before and during delivery? • Why are C-sections performed? • What are my pain management options? All recommendations, guidelines, and medical information are in complete agreement with those sanctioned by the prestigious American College of Obstetricians and Gynecologists. The Book to Read as You Prepare for Childbirth!! Kids are naturally curious about the world around them. They seek ways to understand

and interact with their environment, often using digital tools to do so. Imagine a world where children's curiosities are amplified -- helping them see the power of their thinking, perspective and voice. Spark Change examines the multitude of possibilities available when students are given the opportunity to amplify their learning online, centering on three ideas of citizenship: be a good person, be critical and be an advocate for something you care about in life. The book introduces readers to Liv, a young changemaker empowered to use digital tools to create and share content online. Liv's story offers readers an opportunity to explore how students can use technology as a tool for empathy, equity and activism. Kids can't become changemakers if they aren't empowered to think beyond their own community. Liv's online sense of agency serves as an example of maximizing opportunities, developing a powerful voice and making global connections that deepen her compassion for people and the world. Connected-learning opportunities help students develop key understandings about the world around them. This book shows how these understandings lead to social action, and how students develop a deeper sense of empathy and kindness from interacting with the world.

Bukan Cerita Religi Nuni Audita seorang janda kembang 22 tahun. Pergi merantau ke negeri Arab. Siapa sangka kepergiannya ke negara tersebut membuat dia bertemu jodohnya. Nuni di nikahi oleh anak majikannya sendiri yang bernama Riyadh, seorang duda beranak 1. Kehidupannya berubah setelah dia menikah dengan sang Duda.

Apakah hidup Nuni akan bahagia? Atau sebaliknya?

Compilation of lectures given by Dr Shariati on the roles and responsibilities of women as according to the life of Fatima Zahra (a).

The miscarriage of a hoped-for child is a shattering loss and those who had already begun to feel attached to the baby will naturally grieve—particularly the mother and father but also siblings this baby would have had, extended family, and friends. This compassionate guide contains 100 practical ideas to help those affected by the tragedy of miscarriage, from teaching the principles of grief and mourning to practical, action-oriented tips for coping with the natural difficulties of a loss. Fostering communication between partners, explaining the loss to others, and reconciling anger and guilt are some of the additional topics covered in this compassionate book for those grieving in the aftermath of a miscarriage or ectopic pregnancy.

Photographer Rankin presents a publication of nude photography featuring supermodel Heidi Klum. Compelling, erotic and personal, Heidi Klum by Rankin, offers a chance to see behind the scenes and under the clothes of model, designer, and personality, Heidi Klum. Originally conceived as a purely personal project, this publication brings together iconic images and never before seen shots to create the most revealing portrait of international superstar Heidi Klum to date. With photographs taken over a period of ten years, this second solo book project between Rankin and Heidi, explores femininity, sexuality, confidence and strength through the intimacy and humour that has characterised their working relationship. With an unparalleled rapport between photographer and subject, Rankin's images allow Heidi to strip bare and uncover the fun and the

vulnerability that makes her image so recognisable. Shot on location and within the studio, these nudes follow on from Rankin's recent release #NSFW (teNeues, 2016) to cement his formidable reputation as one of the world's leading photographers. A visually arresting contemporary take on boudoir photography, this hardback coffee table book is due for release Valentines Day, 2017."

Inquisitor Eisenhorn is one of the most senior members of the Imperial Inquisition. With his warband he scourges the galaxy in order to root out heresy. When that heresy is found to infiltrate the hierarchy of the Imperium and the Inquisition itself, he must rely on himself alone to deal with it - even if it means making deals with the enemy. All three books of the Eisenhorn trilogy along with two short stories and Eisenhorn's case book and compendium are included in one big volume

A page-turning, Kafkaesque dark comedy in brilliant retro style, this graphic novel watches one man try to keep it together while everything falls apart. Upon the publication of his latest novel, G. H. Fretwell, a minor English writer, embarks on a book tour to promote it. Nothing is going according to plan, and his trip gradually turns into a nightmare. But now the police want to ask him some questions about a mysterious disappearance, and it seems that Fretwell's troubles are only just beginning... In his first book for adults in many years, acclaimed cartoonist Andi Watson evokes all the anxieties felt by every writer and compresses them into a comedic gem of a book. Witty, surreal, and sharply observant, *The Book Tour* offers a captivating lesson in letting go.

Offers advice for women on how to choose a joyous life, even in the face of difficult circumstances or a history of anxiety and depression, by learning what true joy is and how to access it.

Set in 17th century and 21st century London, the Enlightenment-era court of the Hapsburgs, China during the Qing Dynasty and ancient Egypt, *Bright Empires* is a five-volume fantasy. In *The Skin Map*, Kit Livingstone and his great-grandfather, Cosimo, are brought together to find a map originally tattooed on the skin of its author, a seventeenth-century explorer who had discovered the secret of access to other worlds and parallel universes. Malign forces are also after the map and, to the surprise of all, the map proves to be not the end of the quest but its beginning. A far greater prize remains, and a much more dangerous search will need to be undertaken.

Introduction to Nutrition and Health Research aims to fill a critical gap in dietetics, nutrition and health education literature by providing a comprehensive guide to conducting research and understanding the research of others. Using actual articles, this book teaches how researchers identified problems; how they framed those problems; and how they reported, interpreted and implemented their findings. Step by step, the chapters cover an overview of the process, statistical and measurement concepts, types of research (including experimental, quasi-experimental, descriptive, and qualitative research), how to present results and computer techniques for data analysis. While this book is primarily aimed at

masters and doctoral level students and beginning researchers, it will also have strong appeal for teachers, technicians and counselors.

"This volume offers a comprehensive review of all the current knowledge on maternal role attainment since Reva Rubin's seminal work. Drawing from research in nursing, maternal-child health, psychology, sociology, and social work, the book examines the psychological transition to motherhood from a contemporary, multidisciplinary perspective." "Special circumstances such as preterm birth and single parenthood are discussed, as well as the effects of maternal employment and maternal age (such as teens and older mothers). This volume should be of value for use in courses in maternity nursing, women's studies, community and social psychology, and social work, as well as for health professionals providing care for the woman during pregnancy and early motherhood."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

Mike Dowson's photography is simply a case of capturing the moment - he distances himself from any kind of staging and stylisation. This lack of style has become a style in itself - the style of 'laissez faire.' His photographs of pretty girls appear fresh, unconsumed, spontaneous, tasteful and very erotic. Dowson's models must always convey the feeling of availability, the petty bourgeois may call them tarts. However, these girls are no such thing, they are just young, being themselves and showing their lust for life.

Endorsed by the Australian College of Midwives (ACM) and the New Zealand College of Midwives (NZCOM), Midwifery: Preparation for Practice has long been upheld as the definitive midwifery text for Australian and New Zealand midwifery students. Now in its 4th edition, the text presents a global model of midwifery best practice that is supported by a range of examples from the Australian, New Zealand and international midwifery contexts. Visit evolve.elsevier.com for your additional resources eBook on VitalSource Student and Instructor resources: Suite of videos Image collection PowerPoints Test Bank Review questions with answers Weblinks Now available in two volumes for ease of use: Book 1 focuses on the context of midwifery practice Book 2 focuses on midwifery practice New and significantly updated chapters include: man rights in childbirth Midwifery as primary healthcare Birth place and birth space Social and environmental determinants of women's health Contraception Variations in normal Endorsed by the Australian College of Midwives (ACM) and the New Zealand College of Midwives (NZCOM) NEW to the Evolve resources: a suite of 18 videos featuring interviews with midwifery lecturers and students who share inspirational insights, advice, challenges and opportunities for learning Now includes an eBook with all print purchases

#1 New York Times bestselling author! In Rainbow Rowell's Fangirl, Cath is a Simon Snow fan. Okay, the whole world is a Simon Snow fan, but for Cath, being a fan is her life-and she's really good at it. She and her twin sister, Wren, ensconced themselves in the Simon Snow series when they were just kids; it's what got them through their mother leaving. Reading. Rereading. Hanging out in Simon Snow forums, writing Simon Snow fan fiction, dressing up like the characters for every movie premiere. Cath's sister has mostly grown away from fandom, but Cath can't let go. She doesn't want to. Now that they're going to college, Wren has told Cath she doesn't want to be roommates. Cath is on her own, completely outside of her comfort zone. She's got a surly roommate with a charming, always-around boyfriend, a fiction-writing professor who thinks fan fiction is the end of the civilized world, a handsome classmate who only wants to talk about words . . . And she can't stop worrying about her dad, who's loving and fragile and has never really been alone. For Cath, the question is: Can she do this? Can she make it without Wren holding her hand? Is she ready to start living her own life? And does she even want to move on if it means leaving Simon Snow behind? A New York Times Book Review Notable Children's Book of 2013 A New York Times Best Seller!

Known as the "bible" of midwifery, this new edition of Varney's Midwifery has been

extensively revised and updated to reflect the full scope of current midwifery practice in a balance of art and science, a blend of spirituality and evidence-based care, and a commitment to being with women.

Covering more than 500 signs and symptoms in a format that is ideal for rapid reference, this consult is alphabetically organized. Each sign and symptom is presented on a two-page spread with consistent headings, including description, incidence, history, assessment guidelines, causes, associated findings, and emergency interventions.

Menjadi ibu dan bisa menyusui buah hati adalah dua anugerah besar dalam kehidupan seorang wanita. Sekalipun tantangan membesarkan anak kian hari kian besar, namun kodrat dan kebahagiaan yang dirasakan jauh lebih menyenangkan dan antusias untuk dijalani. Pada perkembangannya, menjadi seorang calon ibu dan ibu menyusui tentu membutuhkan pengetahuan dan wawasan informasi yang benar. Bukan hanya sebagai bekal solusi si ibu saat menghadapi problematika hamil dan menyusui, tapi juga upaya untuk memberikan yang terbaik bagi sang buah hati. Buku persembahan dari Penerbit QultumMedia ini memuat sekelumit informasi seputar ibu hamil dan menyusui. Dikemas dalam bentuk inspirasi dan solusi seputar pregnancy, breast feeding dengan sentuhan fashion-hijab yang simple dan cantik.

It's time to have FUN finding the perfect fit—fashion expert Jené Luciani is here to help. In 2009, *The Bra Book* helped countless women find the right bra. Now, Luciani, known as "Dr. Oz's Bra Guru," returns with this updated edition of her one-and-only guide to all things underneath. If 85 percent of women are wearing the wrong bra, what else in their undergarment drawers doesn't fit as well as it could? Luciani continues her mission to arm women with the knowledge they need to find the right fashion support. From the best bra for every outfit to important information about bras and breast health from puberty to retirement, from the physics behind bra design to how you can best ensure a proper fit, *The Bra Book: Second Edition* is still the ultimate resource on bras for women everywhere. Lucky for us, Jene has expanded the book to include new and updated, yet essential, information from the ever-changing world of intimate apparel. In the era of "smooth is better," thanks in part to the "Spanx movement," *The Bra Book: Second Edition* now features a guide to the often overwhelming world of shapewear and swimsuits. Luciani eliminates confusion with her friendly guidance on finding the perfect fit and even tackles the uncomfortable questions, such as, "What really causes sagging?" Discover new ways to best flatter your figure—and have fun shopping for that perfect fit. *The Bra Book: Second Edition* doesn't just tell women how bras and shapewear work; it shows them how to make those garments work for them!

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