

Flashback Canada Fourth Edition Online

In the fall of 1948, Ernest Hemingway made his first extended visit to Italy in thirty years. His reacquaintance with Venice, a city he loved, provided the inspiration for *Across the River and into the Trees*, the story of Richard Cantwell, a war-ravaged American colonel stationed in Italy at the close of the Second World War, and his love for a young Italian countess. A poignant, bittersweet homage to love that overpowers reason, to the resilience of the human spirit, and to the worldweary beauty and majesty of Venice, *Across the River and into the Trees* stands as Hemingway's statement of defiance in response to the great dehumanizing atrocities of the Second World War. Hemingway's last full-length novel published in his lifetime, it moved John O'Hara in *The New York Times Book Review* to call him "the most important author since Shakespeare."

Amnesia victim Dinah arrives in New York and makes an improbable new life for herself, but revelations about her past enliven her life, and she experiences a series of madcap mishaps

"GURPS is the most flexible roleplaying system ever created. With just this book, you can adventure in any world you can imagine"--Cover.

The #1 *New York Times* bestselling memoir of U.S. Navy Seal Chris Kyle, and the source for Clint Eastwood's blockbuster movie which was nominated for six academy awards, including best picture. From 1999 to 2009, U.S. Navy SEAL Chris Kyle recorded the most career sniper kills in United States military history. His fellow American warriors, whom he protected with deadly precision from rooftops and stealth positions during the Iraq War, called him "The Legend"; meanwhile, the enemy feared him so much they named him al-Shaitan ("the devil") and placed a bounty on his head. Kyle, who was tragically killed in 2013, writes honestly about the pain of war—including the deaths of two close SEAL teammates—and in moving first-person passages throughout, his wife, Taya, speaks openly about the strains of war on their family, as well as on Chris. Gripping and unforgettable, Kyle's masterful account of his extraordinary battlefield experiences ranks as one of the great war memoirs of all time.

This title includes the following features: Suggestions for evaluation, co-operative learning, and dealing with different learning styles in the classroom; Teaching Notes and additional activities for each chapter; Numerous reproducible student worksheets; Convenient 3-ring binderformat

A year-by-year complete history of videogames from the late '50s through 2016.

Robert J. Sawyer's award-winning science fiction has garnered both popular and critical acclaim. *The New York Times Book Review* called *Frameshift* "filled to bursting with ideas, characters and incidents." His novels are fixtures on the

Hugo and Nebula ballots. Sawyer now brings us *Flashforward*, the story of a world-shattering discovery. In pursuit of an elusive nuclear particle, an experiment goes incredibly awry, and, for a few moments, the consciousness of the entire human race is thrown ahead by about twenty years. As the implications truly hit home, the pressure to repeat the experiment builds. Everyone wants a glimpse of their future, a chance to flashforward and see their successes ... or learn how to avoid their failures. Winner of the Aurora Award and the basis for the hit ABC television series. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Throughout its previous four editions, *Combustion* has made a very complex subject both enjoyable and understandable to its student readers and a pleasure for instructors to teach. With its clearly articulated physical and chemical processes of flame combustion and smooth, logical transitions to engineering applications, this new edition continues that tradition. Greatly expanded end-of-chapter problem sets and new areas of combustion engineering applications make it even easier for students to grasp the significance of combustion to a wide range of engineering practice, from transportation to energy generation to environmental impacts. Combustion engineering is the study of rapid energy and mass transfer usually through the common physical phenomena of flame oxidation. It covers the physics and chemistry of this process and the engineering applications—including power generation in internal combustion automobile engines and gas turbine engines. Renewed concerns about energy efficiency and fuel costs, along with continued concerns over toxic and particulate emissions, make this a crucial area of engineering. New chapter on new combustion concepts and technologies, including discussion on nanotechnology as related to combustion, as well as microgravity combustion, microcombustion, and catalytic combustion—all interrelated and discussed by considering scaling issues (e.g., length and time scales) New information on sensitivity analysis of reaction mechanisms and generation and application of reduced mechanisms Expanded coverage of turbulent reactive flows to better illustrate real-world applications Important new sections on stabilization of diffusion flames—for the first time, the concept of triple flames will be introduced and discussed in the context of diffusion flame stabilization

"Should appeal to all rugged individualists who dream of escape to the forest."—The New York Times Book Review Sam Gribley is terribly unhappy living in New York City with his family, so he runs away to the Catskill Mountains to live in the woods—all by himself. With only a penknife, a ball of cord, forty dollars, and some flint and steel, he intends to survive on his own. Sam learns about courage, danger, and independence during his year in the wilderness, a year that changes his life forever. "An extraordinary book . . . It will be read year after year." —The Horn Book

An ideal supplemental text, this instructive casebook presents in-depth illustrations of treatment based on the most important couple therapy models. An array of leading clinicians offer a window onto how they work with clients grappling with mild and more serious clinical concerns, including conflicts surrounding intimacy, sex, power, and communication; parenting issues; and mental illness. Featuring couples of varying

ages, cultural backgrounds, and sexual orientations, the cases shed light on both what works and what doesn't work when treating intimate partners. Each candid case presentation includes engaging comments and discussion questions from the editor. See also *Clinical Handbook of Couple Therapy, Fourth Edition*, also edited by Alan S. Gurman, which provides an authoritative overview of theory and practice.

Using research in neurobiology, cognitive science and learning theory, this text loads patterns into your brain in a way that lets you put them to work immediately, makes you better at solving software design problems, and improves your ability to speak the language of patterns with others on your team.

Chester Brown reinvents the comic book medium to create the critically acclaimed historical biography *Louis Riel*. Brown won the Harvey Awards for best writing and best graphic novel for his compelling, meticulous, and dispassionate retelling of the charismatic, and perhaps insane, nineteenth-century Metis leader's life. Brown coolly documents with dramatic subtlety the violent rebellion on the Canadian prairie led by Riel, an embattled figure in Canadian history, regarded by some as a martyr who died in the name of freedom, while others consider him a treacherous murderer.

A comprehensive, up-to-date analysis of Munro's fiction.

America is falling, ready to join the Roman Empire as a distant memory in the annals of history. The year is 2027. Tired and desperate, the American people are deep in the middle of The Second Great Depression. The Florida coastline is in ruins from the most powerful hurricane on record; a second just like it is bearing down on the state of Texas. For the first time in history, the Middle East has united as one and amassed the most formidable army the world has seen since the Third Reich. A hidden army of terrorists are on American soil. This is the story of three men - Howard Beck, the world's richest man, also diagnosed with Asperger's Syndrome, Richard Dupree, ex-Navy SEAL turned escaped convict, and Maxwell Harris, a crippled, burned out Chief of Police of a small Texas town. At first they must fight for their own survival against impossible odds. Finally, the three men must band together to save their beloved country from collapse.

This new edition of *Diagnostic and Statistical Manual of Mental Disorders (DSM-5®)*, used by clinicians and researchers to diagnose and classify mental disorders, is the product of more than 10 years of effort by hundreds of international experts in all aspects of mental health. Their dedication and hard work have yielded an authoritative volume that defines and classifies mental disorders in order to improve diagnoses, treatment, and research. The criteria are concise and explicit, intended to facilitate an objective assessment of symptom presentations in a variety of clinical settings -- inpatient, outpatient, partial hospital, consultation-liaison, clinical, private practice, and primary care. New features and enhancements make *DSM-5®* easier to use across all settings: The chapter organization reflects a lifespan approach, with disorders typically diagnosed in childhood (such as neurodevelopmental disorders) at the beginning of the manual, and those more typical of older adults (such as neurocognitive disorders) placed at the end. Also included are age-related factors specific to diagnosis. The latest findings in neuroimaging and genetics have been integrated into each disorder along with gender and cultural considerations. The revised organizational structure recognizes symptoms that span multiple diagnostic categories, providing new clinical insight in diagnosis. Specific criteria have been streamlined, consolidated, or clarified to be consistent with clinical practice (including the consolidation of autism disorder, Asperger's syndrome, and pervasive developmental disorder into autism spectrum disorder; the streamlined classification of bipolar and depressive disorders; the restructuring of substance use disorders for consistency and clarity; and the enhanced specificity for major and mild neurocognitive disorders). Dimensional assessments for research and validation of clinical results have been provided. Both ICD-9-CM and ICD-10-CM codes are included for each disorder, and the organizational structure is consistent with the new ICD-11 in development. The

Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, is the most comprehensive, current, and critical resource for clinical practice available to today's mental health clinicians and researchers of all orientations. The information contained in the manual is also valuable to other physicians and health professionals, including psychologists, counselors, nurses, and occupational and rehabilitation therapists, as well as social workers and forensic and legal specialists.

Flashback Canada, Third Edition. Teacher's Resource

In this beautiful and haunting debut novel in verse, called “a tender piece on connectedness” in a starred review from Kirkus Reviews, a Japanese-American girl struggles with the loneliness of being caught between two worlds when the tragedy of 9/11 strikes an ocean away. Eleven-year-old Ema has always been of two worlds—her father’s Japanese heritage and her mother’s life in America. She’s spent summers in California for as long as she can remember, but this year she and her mother are staying with her grandparents in Japan as they await the arrival of Ema’s baby sibling. Her mother’s pregnancy has been tricky, putting everyone on edge, but Ema’s heart is singing—finally, there will be someone else who will understand what it’s like to belong and not belong at the same time. But Ema’s good spirits are muffled by her grandmother who is cold, tightfisted, and quick to reprimand her for the slightest infraction. Then, when their stay is extended and Ema must go to a new school, her worries of not belonging grow. And when the tragedy of 9/11 strikes, Ema, her parents, and the world watch as the twin towers fall... As her mother grieves for her country across the ocean—threatening the safety of her pregnancy—and her beloved grandfather falls ill, Ema feels more helpless and hopeless than ever. And yet, surrounded by tragedy, Ema sees for the first time the tender side of her grandmother, and the reason for the penny-pinching and sternness make sense—her grandmother has been preparing so they could all survive the worst. Dipping and soaring, *Somewhere Among* is the story of one girl’s search for identity, a sense of peace, and the discovery that hope can indeed rise from the ashes of disaster.

In the wake of an oil-rig disaster, a widow tries to rebuild her life in this novel by “an astonishing writer” (Richard Ford). Inspired by the tragic sinking of the *Ocean Ranger* during a violent storm off the coast of Newfoundland in 1982, *February* follows the life of Helen O’Mara, widowed by the accident, as she spirals back and forth between the present day and that devastating and transformative winter. As she raises four children on her own, Helen’s strength and calculated positivity fool everyone into believing that she’s pushed through the paralyzing grief of losing her spouse. But in private, Helen has obsessively maintained a powerful connection to her deceased husband. When Helen’s son unexpectedly returns home with life-changing news, her secret world is irrevocably shaken, and Helen is quickly forced to come to terms with her inability to lay the past to rest. An unforgettable examination of complex love and cauterizing grief, *February* investigates how memory knits together the past and present, and pinpoints the very human need to always imagine a future, no matter how fragile. “Lisa Moore’s work is passionate, gritty, lucid and beautiful. She has a great gift.” —Anne Enright

In a dark future, when North America has split into two warring nations, 15-year-olds Day, a famous criminal, and June, the brilliant soldier hired to capture him, discover that they have a common enemy. P. Putnam's Sons.

Helps readers understand how the many languages of film work together to create meaning. Louis Giannetti organizes "Understanding Movies" around the key elements of filmmaking, including cinematography, Mise en Scene, movement, editing, sound, acting, drama, casting, story, screenwriting, ideology, and theory. He synthesizes every element through a complete case study: "Citizen Kane." This book's ideas are illuminated with hundreds of high-quality still photos, more than 70 in full color, taken from movies such as "The Matrix, Almost Famous, Jackass the movie, Chicago, Lord of the Rings, Mystic River, and Traffic. New in this edition: a full section on contemporary special effects and computer generated imagery (CGI); up-to-the-minute information on new developments in film technology; more coverage of recent films and filmmakers; more ethnic diversity (including new material on the Islamic cinema); and more lavish use of color and high-quality paper. An updated Companion Website contains animations, video clips from interviews with movie professionals, and Research Navigator access to "New York Times" film reviews. For everyone who wants to understand the artistry and meaning of the movies.

Book 8.5 in the New York Times and USA TODAY bestselling Keeper of the Lost Cities series delivers what fans of the series have been begging for! Told in an exciting new way, the saga continues with plenty of huge reveals and shocking new twists—plus a complete series guide with beautiful color and black-and-white illustrations and other awesome bonuses! In this extra special installment of the Keeper of the Lost Cities series, the story picks up right from Legacy's particularly devastating cliffhanger. But chapters alternate between Sophie and Keefe's perspectives to give readers deeper insights into both beloved characters. New powers will be discovered. Hard truths from the past will come to light. And all of your favorite characters will find themselves tested in ways they never imagined. And that's not all! Unlocked also includes a comprehensive guide to the world of the Lost Cities, featuring new character and world details that have never been revealed before—plus fun bonuses like Keeper-themed recipes, a detailed map of the Lost Cities, gorgeous illustrations, and so much more!

Traces the history of the flashback from the silent film era to recent art and Third World cinema, showing it to be an important form of cinematic meaning.

Aspiring to be the fastest sprinter on his elite middle school's track team, gifted runner Ghost finds his goal challenged by a tragic past with a violent father.

Pinocchio, The Tale of a Puppet follows the adventures of a talking wooden puppet whose nose grew longer whenever he told a lie and who wanted more than anything else to become a real boy. As carpenter Master Antonio begins to carve a block of pinewood into a leg for his table the log shouts out, "Don't strike me too hard!" Frightened by the talking log, Master Cherry does not know what to do until his neighbor Geppetto drops by looking for a piece of wood to build a marionette. Antonio gives the block to Geppetto. And thus begins the life of Pinocchio, the puppet that turns into a boy. Pinocchio, The Tale of a Puppet is a novel for children by Carlo Collodi is about the mischievous adventures of Pinocchio, an animated marionette, and his poor father and woodcarver Geppetto. It is considered a classic of children's literature and has spawned many derivative works of art. But this is not the story we've seen in film but the original version full of harrowing adventures faced by Pinnocchio. It includes 40 illustrations.

A New York Times bestselling series A USA TODAY bestselling series A California Young Reader Medal–winning series In this unforgettable seventh book in the Keeper of the Lost Cities series, Sophie must let the past and present blur together, because the deadliest secrets are always the ones that get erased. Sophie Foster doesn't know what—or whom—to believe. And in a game with this many players, the worst mistake can be focusing on the wrong threat. But when the Neverseen prove that Sophie's far more vulnerable than she ever imagined, she realizes it's time to change the rules. Her powerful abilities can only protect her so far. To face down ruthless enemies, she must learn to fight. Unfortunately, battle training can't help a beloved friend who's facing a whole different danger—where the only solution involves one of the biggest risks Sophie and her friends have ever taken. And the distraction might be exactly what the villains have been waiting for.

Fundamentals of Nursing was developed during a time of major health care reform. Changes in response to social, political, and economic factors calling for reform in the delivery of health care, have greatly influenced the settings where nursing is practiced. This text addresses the changes by recognizing that students, now and in the future, will have less clinical experience in acute care settings and more exposure to alternate settings, such as skilled nursing units, home health, and outpatient clinics, for clinical learning experiences. A holistic concept of people, health, wellness, and healing is used to avoid the fragmentation that may occur in some health care settings. A holistic perspective focuses on all dimensions of an individual, including physiological, psychological, social, cultural, cognitive, and spiritual. An individual cannot be divided into separate entities and still be viewed as a unique being. In keeping with the holistic perspective, many concepts (such as sexuality, spirituality) have been integrated throughout the text. Special attention has been given to provide a clear, concise presentation of content that is realistic for the beginning nursing student. This text is timely in its approach to content, recognizing the inherent changes affecting the health care delivery system and the nursing curriculum. The authors recognize the student as an active participant who assumes a collaborative role in the learning process. Content is presented to challenge the student to develop critical thinking skills.(nursing, fundamentals, introductory, holistic, critical thinking, nursing process, FON)

From the #1 New York Times bestselling author of *The Handmaid's Tale* One of Margaret Atwood's most unforgettable characters lurks at the center of this intricate novel like a spider in a web. The glamorous, irresistible, unscrupulous Zenia is nothing less than a fairy-tale villain in the memories of her former friends. Roz, Charis, and Tony—university classmates decades ago—were reunited at Zenia's funeral and have met monthly for lunch ever since, obsessively retracing the destructive swath she once cut through their lives. A brilliantly inventive fabulist, Zenia had a talent for exploiting her friends' weaknesses, wielding intimacy as a weapon and cheating them of money, time, sympathy, and men. But one

day, five years after her funeral, they are shocked to catch sight of Zenia: even her death appears to have been yet another fiction. As the three women plot to confront their larger-than-life nemesis, Atwood proves herself a gleefully acute observer of the treacherous shoals of friendship, trust, desire, and power.

NATIONAL BESTSELLER • An audacious, darkly glittering novel set in the eerie days of civilization's collapse—the spellbinding story of a Hollywood star, his would-be savior, and a nomadic group of actors roaming the scattered outposts of the Great Lakes region, risking everything for art and humanity. Soon to be a Max Original Limited Series on HBO Max. **A National Book Award Finalist • A PEN/Faulkner Award Finalist** Kirsten Raymonde will never forget the night Arthur Leander, the famous Hollywood actor, had a heart attack on stage during a production of *King Lear*. That was the night when a devastating flu pandemic arrived in the city, and within weeks, civilization as we know it came to an end. Twenty years later, Kirsten moves between the settlements of the altered world with a small troupe of actors and musicians. They call themselves *The Traveling Symphony*, and they have dedicated themselves to keeping the remnants of art and humanity alive. But when they arrive in *St. Deborah by the Water*, they encounter a violent prophet who will threaten the tiny band's existence. And as the story takes off, moving back and forth in time, and vividly depicting life before and after the pandemic, the strange twist of fate that connects them all will be revealed. Look for Emily St. John Mandel's new novel, *Sea of Tranquility*, coming in April 2022!

Eleven-year-old Isabella's blended family is more divided than ever in this "timely but genuine" (Publishers Weekly) story about divorce and racial identity from the award-winning and New York Times bestselling author of *Out of My Mind*, Sharon M. Draper. Eleven-year-old Isabella's parents are divorced, so she has to switch lives every week: One week she's Isabella with her dad, his girlfriend Anastasia, and her son Darren living in a fancy house where they are one of the only black families in the neighborhood. The next week she's Izzy with her mom and her boyfriend John-Mark in a small, not-so-fancy house that she loves. Because of this, Isabella has always felt pulled between two worlds. And now that her parents are divorced, it seems their fights are even worse, and they're always about HER. Isabella feels completely stuck in the middle, split and divided between them more than ever. And she is beginning to realize that being split between Mom and Dad involves more than switching houses, switching nicknames, switching backpacks: it's also about switching identities. Her dad is black, her mom is white, and strangers are always commenting: "You're so exotic!" "You look so unusual." "But what are you really?" She knows what they're really saying: "You don't look like your parents." "You're different." "What race are you really?" And when her parents, who both get engaged at the same time, get in their biggest fight ever, Isabella doesn't just feel divided, she feels ripped in two. What does it mean to be half white or half black? To belong to half mom and half dad? And if you're only seen as half of this and half of that, how can you ever

feel whole? It seems like nothing can bring Isabella's family together again—until the worst thing happens. Isabella and Darren are stopped by the police. A cell phone is mistaken for a gun. And shots are fired.

At age twelve, Sophie learns that the remarkable abilities that have always caused her to stand out identify her as an elf, and after being brought to Eternalia to hone her skills, discovers that she has secrets buried in her memory for which some would kill.

"New York Times"-bestselling author Jones' sweeping middle-grade fantasy trilogy comes to an epic conclusion as Time Stopper Annie and her friends venture into the Badlands.

Dramatica: A New Theory of Story is the definitive guide to the most profoundly original and complete paradigm of story since Aristotle wrote *Poetics*. This book is chock-full of stunning solutions to vexing story structure and development problems that have mystified and tormented writers for ages. An absolute must read for any writer who wants to elevate the quality of their written work.

A Concise History of Canada's First Nations is a concise version of the bestselling history of Canada's original inhabitants, Indians, Inuit, and Metis. Using an interdisciplinary approach that combines the techniques from history, anthropology, and archaeology, Dickason and Calder trace the history of the more than 50 First Nations in the territory that is now Canada, beginning with the arrival of people in North America across the Bering Strait many thousands of years ago.

In this "brave and heartbreaking novel that digs its claws into you and doesn't let go, long after you've finished it" (Anna Todd, *New York Times* bestselling author) from the #1 *New York Times* bestselling author of *All Your Perfects*, a workaholic with a too-good-to-be-true romance can't stop thinking about her first love. Lily hasn't always had it easy, but that's never stopped her from working hard for the life she wants. She's come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily's life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He's also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn't hurt. Lily can't get him out of her head. But Ryle's complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his "no dating" rule, she can't help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, *It Ends with Us* is "a glorious and touching read, a forever keeper. The kind of book that gets handed down" (USA TODAY).

From the #1 *New York Times* bestselling author of *The Handmaid's Tale* *Cat's Eye* is the story of Elaine Risley, a controversial painter who returns to Toronto, the city of her youth, for a retrospective of her art. Engulfed by vivid images of the past, she reminisces about a trio of girls who initiated her into the fierce politics of childhood and its secret world of friendship, longing, and betrayal. Elaine must come to terms with her own identity as a daughter, a lover, an artist, and a woman—but above all she must seek release from her haunting memories. Disturbing, humorous, and compassionate—and a finalist for the Booker Prize—*Cat's Eye* is a breathtaking novel of a woman grappling with

the tangled knot of her life.

The visionary author's masterpiece pulls us—along with her Black female hero—through time to face the horrors of slavery and explore the impacts of racism, sexism, and white supremacy then and now. Dana, a modern black woman, is celebrating her twenty-sixth birthday with her new husband when she is snatched abruptly from her home in California and transported to the antebellum South. Rufus, the white son of a plantation owner, is drowning, and Dana has been summoned to save him. Dana is drawn back repeatedly through time to the slave quarters, and each time the stay grows longer, more arduous, and more dangerous until it is uncertain whether or not Dana's life will end, long before it has a chance to begin.

The Searing Portrayal Of War That Has Stunned And Galvanized Generations Of Readers An immediate bestseller upon its original publication in 1939, Dalton Trumbo's stark, profoundly troubling masterpiece about the horrors of World War I brilliantly crystallized the uncompromising brutality of war and became the most influential protest novel of the Vietnam era. Johnny Got His Gun is an undisputed classic of antiwar literature that's as timely as ever. "A terrifying book, of an extraordinary emotional intensity."--The Washington Post "Powerful. . . an eye-opener." --Michael Moore "Mr. Trumbo sets this story down almost without pause or punctuation and with a fury amounting to eloquence."--The New York Times "A book that can never be forgotten by anyone who reads it."--Saturday Review

The next thrilling installment of the New York Times and USA TODAY bestselling Keeper of the Lost Cities series!

"Reminiscent of Toni Morrison's The Bluest Eye." —The New York Times "One of the best books I have ever read...will live in the hearts of readers for the rest of their lives." —Colby Sharp, founder of Nerdy Book Club "An emotional, painful, yet still hopeful adolescent journey...one that needed telling." —Kirkus Reviews (starred review) "I really loved this." —Sharon M. Draper, author of the New York Times bestseller Out of My Mind This deeply sensitive and "compelling" (BCCB) debut novel tells the story of a thirteen-year-old who must overcome internalized racism and a verbally abusive family to finally learn to love herself. There are ninety-six reasons why thirteen-year-old Genesis dislikes herself. She knows the exact number because she keeps a list: -Because her family is always being put out of their house. -Because her dad has a gambling problem. And maybe a drinking problem too. -Because Genesis knows this is all her fault. -Because she wasn't born looking like Mama. -Because she is too black. Genesis is determined to fix her family, and she's willing to try anything to do so...even if it means harming herself in the process. But when Genesis starts to find a thing or two she actually likes about herself, she discovers that changing her own attitude is the first step in helping change others.

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