

## First You Cry

"TV news reporter Betty Rollin had always been a winner. Attractive, smart, happily married and enjoying a successful career. None of her previous experience had prepared her for the shock of discovering that a lump in her breast was malignant. Now she describes in an intimate, incredibly honest, often wry and witty way, how her mastectomy affected her emotions, her sex life, her job, her feelings about her femininity, and her relationships with others." -- Publisher's description.

Do you tear up watching a sappy commercial? Or hold back sniffles when your best friend suddenly ignores you? Maybe you sometimes just get a case of the blues you can't seem to shake. Have you wondered why? The answer is in the science behind unhappiness! Whether you keep your tears bottled up or sometimes let it all out, middle school is a time when you get ALL. THE. FEELS. But next time you or your friends have a good cry, you'll understand what's really going on in your brains. Plus, you'll learn tips to decode what's happening in your body and find out how tears can sometimes be helpful. But mental health is still important, so when tearfulness or sad feelings have crossed the line, you'll also learn when it's time to reach out for help.

There are so many things that we do not have control over, things that we would not ever choose: cancer, loosing a spouse, tragic accidents. But we can choose how we will handle these things. Joy is a choice that anyone can make but not everyone knows how. Facing cancer, becoming a widow, loosing the future as the author saw it made her recognize that she had to choose a way to deal with the present.

"They say comedy equals tragedy plus time: This very funny account of an often miserable childhood is proof." --People "What a strong, funny, heartbreaking memoir, with a voice that is completely its own (written by a woman who very much seems to be completely her own, as well.) I loved it."--Elizabeth Gilbert, New York Times bestselling author of *Big Magic* and *Eat, Pray, Love* An uproarious, moving memoir about a grandmother's ferocious love and redefining what it means to be family "If you fight that motherf\*\*ker and you don't win, you're going to come home and fight me." Not the advice you'd normally expect from your grandmother—but Danielle Henderson would be the first to tell you her childhood was anything but conventional. Abandoned at ten years old by a mother who chose her drug-addicted, abusive boyfriend, Danielle was raised by grandparents who thought their child-rearing days had ended in the 1960s. She grew up Black, weird, and overwhelmingly uncool in a mostly white neighborhood in upstate New York, which created its own identity crises. Under the eye-rolling, foul-mouthed, loving tutelage of her uncompromising grandmother—and the horror movies she obsessively watched—Danielle grew into a tall, awkward, Sassy-loving teenager who wore black eyeliner as lipstick and was struggling with the aftermath of her mother's choices. But she also learned that she had the strength and smarts to save herself, her grandmother gifting her a faith in her own capabilities that the world would not have most Black girls possess. With humor, wit, and deep insight, Danielle shares how she grew up and grew wise—and the lessons she's carried from those days to these. In the process, she upends our conventional understanding of family and redefines its boundaries to include the millions of people who share her story.

A powerful, unforgettable account of Christ's grace, mercy, and His work in their lives! A talented daughter of Holocaust survivors, Lily Isaacs is a woman who has felt pain and loss, and found the incomparable joy of a life with Jesus Christ. As a new Christian believer, she became estranged from her Jewish parents because of her faith, yet she never walked alone, always clinging to the hope she found in Christ. Throughout her music and that of her children, who together form the beloved and multi-award winning group The Isaacs, you hear the resonating inspirational legacy of this family's faith journey. An autobiographical look at Lily's

life, from being a Jewish folk singer to serving as vocalist and matriarch of The Isaacs The powerful account of her struggle with a once unknown faith and how she finally “cried her way to God from the church’s back pew” The incredible insights behind heartbreaking moments which were her greatest opportunities of faith. Whether surviving breast cancer or a challenging career, Lily’s steady refrain has been one of God’s constant love, comfort, and strength. With a remarkable and unforgettable mix of acoustic, gospel, and country music, she and The Isaacs continue to inspire and entertain audiences in churches and on stage around the world!

Once a year, Abuelo comes from Mexico to visit his family. He brings his guitar, his music—and his memories. In this story inspired by the life of Apolinar Navarrete Diaz—author Angela Dominguez’s grandfather and a successful mariachi musician—Abuelo and his grandchildren sing through the bad times and the good. Lifting their voices and their spirits, they realize that true happiness comes from singing together.

This thoughtful, poetic book uses metaphors and beautiful imagery to explore the reasons for our tears. In a soft voice, Mario asks, “Mother, why do we cry?” And his mother begins to tell him about the many reasons for our tears. We cry because our sadness is so huge it must escape from our bodies. We cry because we don’t understand the world, and our tears go in search of an answer. Most important, she tells him, we cry because we feel like crying. And, as she shows him then, sometimes we feel like crying for joy. This warm, reassuring hug of a book makes clear that everyone is allowed to cry, and that everyone does.

"A seven-time Olympic medalist describes her battles with depression, eating disorders and substance abuse in spite of her successful career, recounting how she hid her struggles from her loved ones before seeking help and finding renewal in the birth of her son. 75,000 first printing."

NEW YORK TIMES BEST SELLER • A Best Book of 2021: Entertainment Weekly, Good Morning America, Wall Street Journal, and more From the indie rockstar of Japanese Breakfast fame, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

Named a Most Anticipated/Best Book of the Month by: NPR \* USA Today \* Time \* Washington Post \* Vulture \* Women’s Wear Daily \* Bustle \* LitHub \* The Millions \* Vogue \* Nylon \* Shondaland \* Chicago Review of Books \* The Guardian \* Los Angeles Times \* Kirkus \* Publishers Weekly So often deployed as a jingoistic, even menacing rallying cry, or limited by a focus on passing moments of liberation, the rhetoric of freedom both rouses and repels. Does it remain key to our autonomy, justice, and well-being, or is freedom’s long star turn coming to a close? Does a continued obsession with the term enliven and emancipate, or reflect a

deepening nihilism (or both)? On Freedom examines such questions by tracing the concept's complexities in four distinct realms: art, sex, drugs, and climate. Drawing on a vast range of material, from critical theory to pop culture to the intimacies and plain exchanges of daily life, Maggie Nelson explores how we might think, experience, or talk about freedom in ways responsive to the conditions of our day. Her abiding interest lies in ongoing "practices of freedom" by which we negotiate our interrelation with—indeed, our inseparability from—others, with all the care and constraint that entails, while accepting difference and conflict as integral to our communion. For Nelson, thinking publicly through the knots in our culture—from recent art-world debates to the turbulent legacies of sexual liberation, from the painful paradoxes of addiction to the lure of despair in the face of the climate crisis—is itself a practice of freedom, a means of forging fortitude, courage, and company. On Freedom is an invigorating, essential book for challenging times.

For fans of Gillian Flynn, Caroline Cooney, and R.L. Stine comes Laugh Till You Cry from four-time Edgar Allen Poe Young Adult Mystery Award winner Joan Lowery Nixon. Thirteen-year-old Cody doesn't like Texas. He and his mom were only supposed to spend the summer there, helping out his grandmother. But Cody's grandmother is sick and needs them to stay. Now he's the new kid at the local middle school and all his friends are back in California. You'd think Cody's cousin Hayden would show him the ropes. Not only is Hayden in the same grade; he lives next door. But Hayden doesn't want anything to do with Cody. Cody's luck begins to change when he befriends Officer Ramsey, a policeman and aspiring stand-up comic. Officer Ramsey appreciates Cody's jokes so much, he pays Cody for the material! But it's no laughing matter when a crime is committed at school and Cody becomes a suspect. Cody is going to need more than jokes to solve this mystery—and clear his name. "Nixon has crafted a lively, fast-paced tale with an intelligent young hero who is creative, courageous, and compassionate." —Kirkus Reviews "Cody's humorous side...and the book's length make this mystery ideal." —School Library Journal "A fast-paced and fun read." —VOYA

A collection of paranormal romances, including Patricia Briggs' "Alpha and Omega," in which a beautiful werewolf uncovers her true powers with the help of a werewolf prince.

NBC News correspondent Betty Rollin, glamorous, successful, and happily married, had it all -- and then she learned that she had a malignant tumor in her breast. Written with wit, warmth, and soul searching honesty, First, You Cry is the inspiring, true story about how one woman transformed the most terrifying ordeal of her life into a new beginning. Now with a new introduction and epilogue, this unique memoir serves as a fascinating retrospective of the twenty-five years since Rollin's first mastectomy and, given the continuing threat of breast cancer, tells a story that will inform all women as it touches them with its honesty and even, humor.

Let boys cry! This picture book imagines a world in which boys are encouraged to express their full range of emotions. It's Levi's first day at a new school, and he's scared. His father tries to comfort Levi by telling him "Big boys don't cry." Though the father immediately understands his misstep, he can't find the words to comfort his son, and Levi leaves for school, still in need of reassurance. Fortunately, along his walk to school, Levi sees instance after instance of grown men openly expressing their sadness and fear. His learned mantra, "Big boys don't cry," slowly weakens, and by the time he's at school he releases a tear. Once he's there, things aren't so bad after all, and on his walk home he sees everyone he's encountered earlier, feeling better now that they expressed their emotions. Upon his arrival home, he finds his father waiting for him on their porch, tears in his eyes. His father is able to admit that he was scared and the two embrace, closer than before. Jonty Howley's gorgeous debut paints the world we wish existed for our boys, and offers a path there! This story is the truest interpretation of the notion that we should "let boys be boys": let them express the full range of their emotions, vulnerable parts and all!

I came from a place of dirt floors and holy scriptures. They told me the world outside was full of sin, and the first night I escape, I find out it's true. Ivan saves me, but he does more than that. He takes me. He makes me his own girl. That's the thing about showing a mouse to a cat. He wants to play. And it's terrifying, even for me.

Newly married Molly and her NYPD captain husband reluctantly honeymoon in 1904 Newport at the estate of an ambitious Tammany Hall politician whose subsequent murder challenges Molly's resolve to avoid sleuthing.

Children are always asking what happens to a person after they die and they wonder how they are supposed to act. Is it okay to cry, laugh, to love someone else? In "When I Die, Will You Cry?" it gives a child the chance to talk about the person they loved, ask questions, and the right to move on and not feel guilty.

As *The Giving Tree* turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a household classic that will now reach an even wider audience. Never before have Shel Silverstein's children's books appeared in a format other than hardcover. Since it was first published fifty years ago, Shel Silverstein's poignant picture book for readers of all ages has offered a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return. Shel Silverstein's incomparable career as a bestselling children's book author and illustrator began with *Lafcadio, the Lion Who Shot Back*. He is also the creator of picture books including *A Giraffe and a Half, Who Wants a Cheap Rhinoceros?*, *The Missing Piece*, *The Missing Piece Meets the Big O*, and the perennial favorite *The Giving Tree*, and of classic poetry collections such as *Where the Sidewalk Ends*, *A Light in the Attic*, *Falling Up*, *Every Thing On It*, *Don't Bump the Glump!*, and *Runny Babbit*. And don't miss these other Shel Silverstein ebooks, *Where the Sidewalk Ends*, and *A Light in the Attic!*

*Excuse Me While I Ugly Cry* by debut author Joya Goffney is an own voices story of an overly enthusiastic list maker who is blackmailed into completing a to-do list of all her worst fears. It's a heartfelt, tortured, contemporary YA high school romance. Fans of Jenny Han's *To All the Boys I've Loved Before* and Kristina Forest's *I Wanna Be Where You Are* will love the juicy secrets and leap-off-the-page sexual tension. "A hilarious and swoonworthy story." —Kristina Forest, author of *Now That I've Found You* "A fun, emotionally rich romance with a sweet, imperfect character who will win your heart." —Liana Tamani, author of *All the Things We Never Knew Quinn keeps lists of everything—from the days she's ugly cried, to "Things That I Would Never Admit Out Loud" and all the boys she'd like to kiss. Her lists keep her sane. By writing her fears on paper, she never has to face them in real life. That is, until her journal goes missing . . . Then an anonymous account posts one of her lists on Instagram for the whole school to see and blackmails her into facing seven of her greatest fears, or else her entire journal will go public. Quinn doesn't know who to trust. Desperate, she teams up with Carter Bennett—the last known person to have her journal—in a race against time to track down the blackmailer. Together, they journey through everything Quinn's been too afraid to face, and along the way, Quinn finds the courage to be honest, to live in the moment, and to fall in love. Originally published in 1952, this restored autobiographical novel about prison life is now presented in its entirety and captures the harsh realities, determination, and persistence of humanity in the prison world. Reprint. K. PW.*

True stories of crime in Miami by the Pulitzer Prize–winning author of *The Corpse Had a Familiar Face*. Set against the neon backdrop of the South Florida city where Miami Herald reporter Edna Buchanan covered the police beat for nearly two decades, this memoir collects true tales of both heroes and villains—from the heartbreaking to the heartwarming to the outright hilarious. "A flurry of cases—of criminal Christmases, historic crimes, homicidal love, cop heroes, rescuers, odd occurrences (such as that of the barbiturate-soaked gunman who took 26 direct hits from cops' guns and kept shooting until a 27th round took him down) . . . a



generous bonanza for crime buffs, presented by one of the sharpest writers in the field.”

—Kirkus Reviews

Don't You Worry, Don't You Cry prepares children for kindergarten by exploring concepts such as sharing, learning, and problem-solving, while also teaching them of God's eternal love. This charming book also provides parents with a "scrapbooking section" to include photos from their child's first day of school, as well as a diary to record their thoughts on that special day. It's a children's book for today, and a family keepsake for years to come!

When Mother Rabbit knits a warm winter hat for Little Rabbit, he likes it so much that he suggests they make hats for all of their friends as Christmas gifts.

101 inspirational lessons on how to achieve true happiness, find fulfilment and live peacefully and meaningfully every day, from Robin Sharma, leading life coach and author of the multi-million-copy bestseller *The Monk Who Sold His Ferrari*. How can one achieve true happiness? Is it possible to live with joy, passion and purpose every day? It is, and this potent book - with its powerful life lessons and profound wisdom - can show you how. Here Robin Sharma, one of the world's leading life teachers and bestselling authors, takes you on a journey towards a new way of living, allowing you to re-purpose your time to make every day meaningful. Offering simple solutions to life's most frustrating challenges, this is a guide to rebalancing the conflicting forces in your life. Its lessons include:- How to discover your calling- How to see your troubles as blessings- How to enjoy the path - not just the rewards- How to live fully, so you can die happy This is a truly remarkable book that you will treasure for a lifetime.

A tragicomic story of bad dates, bad news, bad performances, and one girl's determination to find the funny in high school from the author of *Denton Little's Deathdate*. Winnie Friedman has been waiting for the world to catch on to what she already knows: she's hilarious. It might be a long wait, though. After bombing a stand-up set at her own bat mitzvah, Winnie has kept her jokes to herself. Well, to herself and her dad, a former comedian and her inspiration. Then, on the second day of tenth grade, the funniest guy in school actually laughs at a comment she makes in the lunch line and asks her to join the improv troupe. Maybe he's even . . . flirting? Just when Winnie's ready to say yes to comedy again, her father reveals that he's been diagnosed with ALS. That is . . . not funny. Her dad's still making jokes, though, which feels like a good thing. And Winnie's prepared to be his straight man if that's what he wants. But is it what he needs? Caught up in a spiral of epically bad dates, bad news, and bad performances, Winnie's struggling to see the humor in it all. But finding a way to laugh is exactly what will see her through. \*\*A Junior Library Guild Selection\*\*

This bestselling "lyrical, moving book: part essay, part memoir, part surprising cultural study" is an examination of why we cry, how we cry, and what it means to cry from a woman on the cusp of motherhood confronting her own depression (*The New York Times Book Review*). Heather Christle has just lost a dear friend to suicide and now must reckon with her own depression and the birth of her first child. As she faces her grief and impending parenthood, she decides to research the act of crying: what it is and why people do it, even if they rarely talk about it. Along the way, she discovers an artist who designed a frozen-tear-shooting gun and a moth that feeds on the tears of other animals. She researches tear-collecting devices (lachrymatories) and explores the role white women's tears play in racist violence. Honest, intelligent, rapturous, and surprising, Christle's investigations look through a mosaic of science, history, and her own lived experience to find new ways of understanding life, loss, and mental illness. *The Crying Book* is a deeply personal tribute to the fascinating strangeness of tears and the unexpected resilience of joy.

The story of one African-American family fighting to stay together and strong in the face of brutal racist attacks, illness, poverty, and betrayal in the Deep South of the 1930s.

First, You Cry  
First You Cry  
Harper Collins

Kathleen Flinn's unforgettable, *New York Times* Bestselling account of her French culinary

adventures Kathleen Flinn was a thirty-six-year-old middle manager trapped on the corporate ladder - until her boss eliminated her job. Instead of sulking, she took the opportunity to check out of the rat race for good - cashing in her savings, moving to Paris, and landing a spot at the venerable Le Cordon Blue cooking school. The Sharper Your Knife, the Less You Cry is the funny and inspiring account of her struggle in a stew of hot-tempered, chefs, competitive classmates, her own "wretchedly inadequate" French - and how she mastered the basics of French cuisine. Filled with rich, sensual details of her time in the kitchen - the ingredients, cooking techniques, wine, and more than two dozen recipes - and the vibrant sights and sounds of the markets, shops, and avenues of Paris, it is also a journey of self-discovery, transformation, and, ultimately, love.

Caring for a happy and giggling Baby Smurf, Smurfette is baffled when her little charge begins crying inconsolably for no apparent reason and is unable to be comforted until he finds his missing rubber ducky. Simultaneous. TV tie-in.

Two broken families. One second chance. Clara Marriage almost killed me. All I ever wanted was my Prince Charming. Instead, life gave me a monster. That nightmare is over, but my sons and I will never be the same. I'll do anything to make them happy. Anything except fall in love again. But when Brantley and his daughter come into our lives, everything changes.

Trying to fight my feelings is pointless. The truth is, I'm already falling in love with him. I only hope he doesn't break what's left of my heart. Brantley Marriage left me jaded. My gold-digging ex-wife only wanted me for my money. She left me with a million reasons to remain single. And one precious reason to keep moving forward. My little girl is my entire world. I'm happy to keep it that way. But when Clara and her boys come into our lives, everything changes. I don't see the point in fighting the inevitable. The heart wants what it wants, and mine wants her. Bottom line... Clara and her sons are mine. Every Tear You Cry is a full-length, 110k word novel.

Warning: Contains triggers that may be disturbing to some readers.

Relates the story of a young African woman who fled to the United States to escape ritual genital mutilation and was imprisoned for sixteen months

You've eaten too much candy at Christmas...but have you ever eaten the face off a six-footstuffed Santa? You've seen gingerbread houses...but have you ever made your own gingerbread tenement? You've woken up with a hangover...but have you ever woken up next to Kris Kringle himself? Augusten Burroughs has, and in this caustically funny, nostalgic, poignant, and moving collection he recounts Christmases past and present—as only he could. With gimlet-eyed wit and illuminated prose, Augusten shows how the holidays bring out the worst in us and sometimes, just sometimes, the very, very best.

After an idyllic early childhood in Surrey, Linda's life descended into poverty and chaos when her parents' marriage crumbled and her unstable mother's sanity declined. She experienced a brief period of comfort in a caring foster home before being plunged into the dark, terrifying world of a 1960s institution. St Anne's Convent, Orpington, was a Catholic children's home run by the infamous Sisters of Mercy and a former monk who inflicted bizarre and barbaric beliefs and practices on the children in his care. Cry and You Cry Alone is the achingly honest story of a survivor of shocking child abuse that took place in the heart of an English suburb.

In a candid autobiography, the NBC News correspondent discusses her struggle with breast cancer--coping with the news, undergoing a mastectomy, and recovering her emotional health in the aftermath. Reprint.

Young Cassie Logan endures humiliation and witnesses the racism of the KKK as they embark on a cross-burning rampage, before she fully understands the importance her

family attributes to having land of their own.

An electrifying tale of deceit and obsession In downtown Chicago, Esther Vaughan disappears from her apartment without a trace. A haunting letter addressed to My Dearest is found among her possessions, leaving her roommate Quinn Collins to question how well she really knew her friend. Meanwhile, in a small town an hour outside Chicago, a mysterious woman appears in the quiet coffee shop where eighteen-year-old Alex Gallo works as a dishwasher. He is immediately drawn to her, but what starts as an innocent crush quickly spirals into something far more sinister. As Quinn searches for answers about Esther, and Alex is drawn further under the stranger's spell, master of suspense Mary Kubica takes readers on a taut and twisted thrill ride that builds to a stunning conclusion and shows that no matter how fast and far we run, the past always catches up with us.

Divorcee Jenny MacPartland's struggle to support herself and her two small daughters is not helped by her irresponsible ex-husband. But suddenly a new man steps into her life. Rich, handsome Erich Krueger sweeps her off her feet and off to his mansion in the country.

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