

First Do No Harm The Dramatic Story Of Real Doctors And Patients Making Impossible Choices At A Big City Hospital Lisa Belkin

In *First Do No Harm: Medical Ethics in International Humanitarian Law* Sigrid Mehring provides a comprehensive overview of the legal and ethical framework guiding physicians in armed conflict. Due to its timeliness, the book is invaluable to practitioners and legal scholars alike.

First, Do No Harm: The Dramatic Story of Real Doctors and Patients Making Impossible Choices at a Big-City Hospital Simon and Schuster

At the outset of World War I - the "Great War" - Freud supported the Austro-Hungarian Empire for which his sons fought. But the cruel truths of that bloody conflict, wrought on the psyches as much as the bodies of the soldiers returning from the battlefield, caused him to rethink his stance and subsequently affected his theory: Psychoanalysis, a healing science, could tell us much about both the drive for war and the ways to undo the trauma that war inherently breeds, but its principles could just as easily serve the enemy's desires to inculcate its own brand of "truth." Even a century later, psychoanalysis can still be used as much for the justifications of warfare and propaganda as it is for the defiance of and resistance to those same things. But it is in the investigation of the motives and methods behind these uses that psychoanalysis proves its greatest strength. To wit, this edited collection presents published and unpublished material by analysts, writers, and activists who have worked at the front lines of psychic life and war from various stances. Set at a point of tension and contradiction, they illustrate the paradoxical relation of psychoanalysis as both a site of resistance and healing and a necessary aspect of warmaking, propaganda, and militarism. In doing so, we venture from the home front - from the trauma of returning veterans to the APA's own complicity in CIA "black sites" - across international borders - from the treatment of women in Latin American dictatorships to the resistance to occupation in Palestine, from mind control to an ethics of responsibility. Throughout, a psychoanalytic sensibility deconstructs the very opposition that it inhabits, and seeks to reestablish psychoanalysis as the healing discipline it was conceived to be.

A trailblazing, conversation-starting history of women's health—from the earliest medical ideas about women's illnesses to hormones and autoimmune diseases—brought together in a fascinating sweeping narrative. Elinor Cleghorn became an unwell woman ten years ago. She was diagnosed with an autoimmune disease after a long period of being told her symptoms were anything from psychosomatic to a possible pregnancy. As Elinor learned to live with her unpredictable disease she turned to history for answers, and found an enraging legacy of suffering, mystification, and misdiagnosis. In *Unwell Women*, Elinor Cleghorn traces the almost unbelievable history of how medicine has failed women by treating their bodies as alien and other, often to perilous effect. The result is an authoritative and groundbreaking exploration of the relationship between women and medical practice, from the "wandering womb" of Ancient Greece to the rise of witch trials across Europe, and from the dawn of hysteria as a catchall for difficult-to-diagnose disorders to the first forays into autoimmunity and the shifting understanding of hormones, menstruation, menopause, and conditions like endometriosis. Packed with character studies and case histories of women who have suffered, challenged, and rewritten medical orthodoxy—and the men who controlled their fate—this is a revolutionary examination of the relationship between women, illness, and medicine. With these case histories, Elinor pays homage to the women who suffered so strides could be made, and shows how being unwell has become normalized in society and culture, where women have long been distrusted as reliable narrators of their own bodies and pain. But the time for real change is long overdue: answers reside in the body, in the testimonies of unwell women—and their lives depend on medicine learning to listen.

In an internationally best-selling book, a modern neurosurgeon offers a revealing look into his life and work.

Is there a crisis in Canadian health care? This book provides a concise introduction to the fundamentals of health care in Canada and examine various ideas for reforming the system sensibly.

In Robert Pobi's thriller *Do No Harm*, a series of suicides and accidental deaths in the medical community are actually well-disguised murders and only Lucas Page can see the pattern and discern the truth that no one else believes. Lucas Page is a polymath, astrophysicist, professor, husband, father of five adopted children, bestselling author, and ex-FBI agent—emphasis on "ex." Severely wounded after being caught in an explosion, Page left the FBI behind and put his focus on the rebuilding the rest of his life. But Page is uniquely gifted in being able to recognize patterns that elude others, a skill that brings the F.B.I. knocking at his door again and again. Lucas Page's wife Erin loses a friend, a gifted plastic surgeon, to suicide and Lucas begins to realize how many people Erin knew that have died in the past year, in freak accidents and now suicide. Intrigued despite himself, Page begins digging through obituaries and realizes that there's a pattern—a bad one. These deaths don't make sense unless the doctors are being murdered, the target of a particularly clever killer. This time, the FBI wants as little to do with Lucas as he does with them so he's left with only one option—ignore it and go back to his normal life. But then, the pattern reveals that the next victim is likely to be...Erin herself.

The issue of medical malpractice will not go away. In fact, in the years ahead, the problem and the number of proposed remedies will grow. Yet, organized medicine cannot testify to what it is doing to mitigate the situation. Instead, it hides behind the robes of a judge. This important book offers a radical, yet practical, prescription to remedy the primary cause of medical negligence in America. The cure is simple, inexpensive, and workable.

A former New York Times correspondent looks at the inner workings of Hermann Hospital in Houston, Texas, and examines the most profound and complicated questions about life and death. Reprint. NYT. K.

Gathers thirteen Star Wars stories by Timothy Zahn, Kathy Tyers, Patricia A. Jackson, Michael A. Stackpole, Laurie Burns, Charlene Newcomb, Tony Russo, Angela Phillips, and Erin Endom

First Do No Harm: Progressive Education in a Time of Existential Risk develops a comprehensive argument for the importance of progressive education in light of the world's increasingly severe challenges. Current educational practices, particularly in the United States, instill conformity and compliance at a time when authority must be challenged, skepticism must thrive and our students must be imaginative, creative, empathic and passionately alive. Steve Nelson traces the origins of progressive education and cites the rich history and inarguable science behind progressive practices. He argues that a traditional or conventional approach to education has dominated as a matter of political expediency, not good practice, and he provides an unsparing critique of current policy and practice, particularly the excesses of contemporary education reform. Using anecdotes from his many years as an educational leader, he makes the case in an engaging, colorful and accessible style. In the final chapter, Nelson offers a Bill of Educational Rights, hoping teachers, parents and all citizens will demand a more joyful, constructive and loving education for the children in their care.

"On Epidemics" by Hippocrates (translated by Francis Adams). Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format. "[A] rare combination of solid scholarship, clinically useful methods, and passionate advocacy for those who have suffered trauma." —Rick Hanson, PhD, author of Buddha's Brain: The Practical Neuroscience of Happiness, Love, and Wisdom From elementary schools to psychotherapy offices, mindfulness meditation is an increasingly mainstream practice. At the same time, trauma remains a fact of life: the majority of us will experience a traumatic event in our lifetime, and up to 20% of us will develop posttraumatic stress. This means that anywhere mindfulness is being practiced, someone in the room is likely to be struggling with trauma. At first glance, this appears to be a good thing: trauma creates stress, and mindfulness is a proven tool for reducing it. But the reality is not so simple. Drawing on a decade of research and clinical experience, psychotherapist and educator David Treleaven shows that mindfulness meditation—practiced without an awareness of trauma—can exacerbate symptoms of traumatic stress. Instructed to pay close, sustained attention to their inner world, survivors can experience flashbacks, dissociation, and even retraumatization. This raises a crucial question for mindfulness teachers, trauma professionals, and survivors everywhere: How can we minimize the potential dangers of mindfulness for survivors while leveraging its powerful benefits? Trauma-Sensitive Mindfulness offers answers to this question. Part I provides an insightful and concise review of the histories of mindfulness and trauma, including the way modern neuroscience is shaping our understanding of both. Through grounded scholarship and wide-ranging case examples, Treleaven illustrates the ways mindfulness can help—or hinder—trauma recovery. Part II distills these insights into five key principles for trauma-sensitive mindfulness. Covering the role of attention, arousal, relationship, dissociation, and social context within trauma-informed practice, Treleaven offers 36 specific modifications designed to support survivors' safety and stability. The result is a groundbreaking and practical approach that empowers those looking to practice mindfulness in a safe, transformative way. Winter, 1997. Long Island, New York. Dr. David Calder has a patient, Dr. Roger Stone, whose hands are twitching, and Calder can't figure out why. Stone is also the President of CoMed, Calder's multi-specialty medical group. Could one of Stone's many personal or political enemies be killing him? Stone's unstable wife insists that this is the case. Calder's quest to unravel the medical mystery enmeshes him in medical politics, a decade-old research scandal, suicide, and murder. Meanwhile, Calder's "regular" life goes on, including caring for an autistic sister, and shepherding a remarkable patient through the terminal phases of a painful illness. Not to mention his Sherlock-Holmes-like sidelight of diagnosing strangers' ailments. Calder's cat-and-mouse chase of the murderer culminates in a dramatic showdown, exploding his preference for living life on the safer sidelines.

The Sunday Times Bestseller Losing weight is not your life's purpose. Do carbs make you fat? Could the keto diet cure mental health disorders? Are eggs as bad for you as smoking? No, no and absolutely not. It's all what Dr Joshua Wolrich defines as 'nutribollocks' and he is on a mission to set the record straight. As an NHS doctor with personal experience of how damaging diets can be, he believes every one of us deserves to have a happy, healthy relationship with food and with our bodies. His message is clear: we need to fight weight stigma, call out the lies of diet culture and give ourselves permission to eat all foods. Food Isn't Medicine wades through nutritional science (both good and bad) to demystify the common diet myths that many of us believe without questioning. If you have ever wondered whether you should stop eating sugar, try fasting, juicing or 'alkaline water', or struggled through diet after diet (none of which seem to work), this book will be a powerful wake-up call. Drawing on the latest research and delivered with a dose of humour, it not only liberates us from the destructive belief that weight defines health but also explains how to spot the misinformation we are bombarded with every day. Dr Joshua Wolrich will empower you to escape the diet trap and call out the bad health advice for what it really is: complete nutribollocks.

Physician assistant Pierce Parker wants nothing more than to find true love, but after a series of heartbreaks and lackluster first dates, she's beginning to question if such a thing even exists. That is, until she begins working with Dr. Cassidy Sullivan, a new emergency medicine resident. Their chemistry makes Pierce start to believe all her dreams will come true, but a secret from Cassidy's past may end the fairy tale before it gets to happily ever after. For Pierce and Cassidy, the risk of heartbreak may be too high a price for the chance at love.

Medical mistakes are more pervasive than we think. How can we improve outcomes? An acclaimed MD's rich stories and research explore patient safety. Patients enter the medical system with faith that they will receive the best care possible, so when things go wrong, it's a profound and painful breach. Medical science has made enormous strides in decreasing mortality and suffering, but there's no doubt that treatment can also cause harm, a significant portion of which is preventable. In *When We Do Harm*, practicing physician and acclaimed author Danielle Ofri places the issues of medical error and patient safety front and center in our national healthcare conversation. Drawing on current research, professional experience, and extensive interviews with nurses, physicians, administrators, researchers, patients, and families, Dr. Ofri explores the diagnostic, systemic, and cognitive causes of medical error. She advocates for strategic use of concrete safety interventions such as checklists and improvements to the electronic medical record, but focuses on the full-scale cultural and cognitive shifts required to make a meaningful dent in medical error. Woven throughout the book are the powerfully human stories that Dr. Ofri is renowned for. The errors she dissects range from the hardly noticeable missteps to the harrowing medical cataclysms. While our healthcare system is—and always will be—imperfect, Dr. Ofri argues that it is possible to minimize preventable harms, and that this should be the galvanizing issue of current medical discourse.

From the USA TODAY bestselling author of *Behind Every Lie* and *The Night* Olivia Fell comes an unforgettable and heart-wrenching novel about the lengths one woman will go to save her son. Emma loves her life. She's the mother of a precocious kindergartener, married to her soulmate—a loyal and loving police detective—and has a rewarding career as a doctor at the local hospital. But everything comes crashing down when her son, Josh, is diagnosed with a rare form of cancer. Determined to save him, Emma makes the risky decision to sell opioids to fund the life-saving treatment he needs. But when somebody ends up dead, a lethal game of cat and mouse ensues, her own husband leading the chase. With her son's life hanging in the balance, Emma is dragged into the dark world of drugs, lies, and murder. Will the truth catch up to her before she can save Josh? A timely and moving exploration of a town gripped by the opioid epidemic, and featuring Christina McDonald's signature "complex, emotionally intense" (Publishers Weekly) prose, *Do No Harm* examines whether the ends ever justify the means...even for a desperate mother.

Would you allow a stranger to die so that you could live? Do you think he would make the same choice in your place? The study of medicine is a mixture of science and magic, where the most brilliant among us learn everything they can about the human mind. The wisest realize that there is far more mystery than we can begin to unravel. But that doesn't stop first-year intern Dr. Afelis from opening doors that lead to impossible truths. Doors that should have stayed closed.

But Dr. Afelis is too afraid of herself to leave the past alone, and soon the boundaries between medical miracles and the truly supernatural disappear completely. She is unable to resist the answers to her past that lay just behind forbidden doorways. Would you open them? Read this award-winning story and find out for yourself.

“Crammed with provocative insights, raw emotion, and heartbreaking dilemmas,” (The New York Times) *First, Do No Harm* is a powerful examination of how life and death decisions are made at a major metropolitan hospital in Houston, as told through the stories of doctors, patients, families, and hospital administrators facing unthinkable choices. What is life worth? And when is a life worth living? Journalist Lisa Belkin examines how these questions are asked and answered over one dramatic summer at Hermann Hospital in Houston, Texas. In an account that is fascinating, revealing, and almost novelistic in its immediacy, Belkin takes us inside a major hospital and introduces us to the people who must make life and death decisions every day. As we walk through the hallways of the hospital we meet a young pediatrician who must decide whether to perform a risky last-ditch surgery on a teenager who has spent most of his fifteen years in a hospital; we watch as new parents battle with doctors over whether to disconnect their fragile, premature twins from the machine that keeps them breathing; we are in the operating room as a poor immigrant, paralyzed from a gunshot in the neck, is asked by doctors whether or not he wishes to stay alive; we witness the worry of a kidney specialist as he decides whether or not to transfer an uninsured baby to the county hospital down the road. We experience critical moments in the lives of these real people as Belkin explores challenging issues and questions involving medical ethics, human suffering, modern technology, legal liability, and financial reality. As medical technology advances, the choices grow more complicated. How far should we go to save a life? Who decides? And who pays?

In *First Do No Harm*, David Gibbs raises basic questions about the humanitarian interventions that have played a key role in U.S. foreign policy for the past twenty years. Using a wide range of sources, including government documents, transcripts of international war crimes trials, and memoirs, Gibbs shows how these interventions often heightened violence and increased human suffering. The book focuses on the 1991-99 breakup of Yugoslavia, which helped forge the idea that the United States and its allies could stage humanitarian interventions that would end ethnic strife. It is widely believed that NATO bombing campaigns in Bosnia and Kosovo played a vital role in stopping Serb-directed aggression, and thus resolving the conflict. Gibbs challenges this view, offering an extended critique of Samantha Power's Pulitzer Prize-winning book, *A Problem from Hell: America in the Age of Genocide*. He shows that intervention contributed to the initial breakup of Yugoslavia, and then helped spread the violence and destruction. Gibbs also explains how the motives for U.S. intervention were rooted in its struggle for continued hegemony in Europe. *First Do No Harm* argues for a new, noninterventionist model for U.S. foreign policy, one that deploys nonmilitary methods for addressing ethnic violence.

In 2013 Sally Roberts was made a scapegoat while fighting for a better clinical deal for her son Neon. Stripped of her parental rights, Neon was denied an advanced treatment which at the time was held as having quackery status. Since this landmark case there has been a complete about-turn by the UK medical establishment, and the first Proton Beam Therapy centre has now opened its doors in the UK. Even the lead radiologist in Neon's case has since completely revised his opinion of this treatment. The treatment Neon was prevented from having is now advocated as a treatment of the future. Sally tells her and Neon's story in this very personal memoir that is both heart-rending and inspiring; a parents' worst nightmare told through the eyes of a mother in the line of fire from the medical establishment and media. This is a journey both gruelling and unthinkable to most people, yet the power of its message is inexorable and its outcome ultimately uplifting and beneficent.

The author traces his development as a neurosurgeon--from his days at medical school, to the drudgery of internship, the slavery of residency, and finally into private practice--and provides a personal perspective of his craft

This book discusses the common principles of morality and ethics derived from divinely endowed intuitive reason through the creation of al-fitr' a (nature) and human intellect (al-'aql). Biomedical topics are presented and ethical issues related to topics such as genetic testing, assisted reproduction and organ transplantation are discussed. Whereas these natural sources are God's special gifts to human beings, God's revelation as given to the prophets is the supernatural source of divine guidance through which human communities have been guided at all times through history. The second part of the book concentrates on the objectives of Islamic religious practice – the maqa' sid – which include: Preservation of Faith, Preservation of Life, Preservation of Mind (intellect and reason), Preservation of Progeny (al-nasl) and Preservation of Property. Lastly, the third part of the book discusses selected topical issues, including abortion, assisted reproduction devices, genetics, organ transplantation, brain death and end-of-life aspects. For each topic, the current medical evidence is followed by a detailed discussion of the ethical issues involved.

Dr. James Burt believed women's bodies were broken, and only he could fix them. In the 1950s, this Ohio OB-GYN developed what he called “love surgery,” a unique procedure he maintained enhanced the sexual responses of a new mother, transforming her into “a horny little house mouse.” Burt did so without first getting the consent of his patients. Yet he was allowed to practice for over thirty years, mutilating hundreds of women in the process. It would be easy to dismiss Dr. Burt as a monstrous aberration, a modern-day Dr. Frankenstein. Yet as medical historian Sarah Rodriguez reveals, that's not the whole story. *The Love Surgeon* asks tough questions about Burt's heinous acts and what they reveal about the failures of the medical establishment: How was he able to perform an untested surgical procedure? Why wasn't he obliged to get informed consent from his patients? And why did it take his peers so long to take action? *The Love Surgeon* is both a medical horror story and a cautionary tale about the limits of professional self-regulation.

This collection brings together essays from leading figures in the field of medical law and ethics which address the key issues currently challenging scholars in the field. It has also been compiled as a lasting testimony to the work of one of the most eminent scholars in the area, Professor Ken Mason. The collection marks the academic crowning of a career

which has laid one of the foundation stones of an entire discipline. The wide-ranging contents and the standing of the contributors mean that the volume will be an invaluable resource for anyone studying or working in medical law or medical ethics.

A practical, insightful guide to the moral and ethical standards of healthcare Succeeding in the healthcare field means more than just making a diagnosis and writing a prescription. Healthcare professionals are responsible for convincing patients and their family members of the best course of action and treatments to follow, while knowing how to make the right moral and ethical choices, and so much more. Unlike daunting and expensive texts, *Medical Ethics For Dummies* offers an accessible and affordable course supplement for anyone studying medical or biomedical ethics. • Follows typical medical and biomedical ethics courses • Covers real ethical dilemmas doctors, nurses and other healthcare workers may face • Includes moral issues surrounding stem cell research, genetic engineering, euthanasia, and more Packed with helpful information, *Medical Ethics For Dummies* arms aspiring medical professionals with the philosophical and practical foundation for advancing in a field where critical ethical and moral decisions need to be rapidly and convincingly made.

The 2017 National Book Critics Circle (NBCC) Finalist, International Bestseller, and a Kirkus Best Nonfiction Book of 2017! "Marsh has retired, which means he's taking a thorough inventory of his life. His reflections and recollections make *Admissions* an even more introspective memoir than his first, if such a thing is possible." —The New York Times "Consistently entertaining...Honesty is abundantly apparent here--a quality as rare and commendable in elite surgeons as one suspects it is in memoirists." —The Guardian "Disarmingly frank storytelling...his reflections on death and dying equal those in Atul Gawande's excellent *Being Mortal*." —The Economist Henry Marsh has spent a lifetime operating on the surgical frontline. There have been exhilarating highs and devastating lows, but his love for the practice of neurosurgery has never wavered. Following the publication of his celebrated New York Times bestseller *Do No Harm*, Marsh retired from his full-time job in England to work pro bono in Ukraine and Nepal. In *Admissions* he describes the difficulties of working in these troubled, impoverished countries and the further insights it has given him into the practice of medicine. Marsh also faces up to the burden of responsibility that can come with trying to reduce human suffering. Unearthing memories of his early days as a medical student, and the experiences that shaped him as a young surgeon, he explores the difficulties of a profession that deals in probabilities rather than certainties, and where the overwhelming urge to prolong life can come at a tragic cost for patients and those who love them. Reflecting on what forty years of handling the human brain has taught him, Marsh finds a different purpose in life as he approaches the end of his professional career and a fresh understanding of what matters to us all in the end.

A New York Times Bestseller Shortlisted for both the Guardian First Book Prize and the Costa Book Award Longlisted for the Samuel Johnson Prize for Non-Fiction A Finalist for the Pol Roger Duff Cooper Prize A Finalist for the Wellcome Book Prize A Financial Times Best Book of the Year An Economist Best Book of the Year A Washington Post Notable Book of the Year What is it like to be a brain surgeon? How does it feel to hold someone's life in your hands, to cut into the stuff that creates thought, feeling, and reason? How do you live with the consequences of performing a potentially lifesaving operation when it all goes wrong? In neurosurgery, more than in any other branch of medicine, the doctor's oath to "do no harm" holds a bitter irony. Operations on the brain carry grave risks. Every day, leading neurosurgeon Henry Marsh must make agonizing decisions, often in the face of great urgency and uncertainty. If you believe that brain surgery is a precise and exquisite craft, practiced by calm and detached doctors, this gripping, brutally honest account will make you think again. With astonishing compassion and candor, Marsh reveals the fierce joy of operating, the profoundly moving triumphs, the harrowing disasters, the haunting regrets, and the moments of black humor that characterize a brain surgeon's life. *Do No Harm* provides unforgettable insight into the countless human dramas that take place in a busy modern hospital. Above all, it is a lesson in the need for hope when faced with life's most difficult decisions.

In a digitally connected world, the question of how to respect, protect and implement human rights has become unavoidable. This contemporary Research Handbook offers new insights into well-established debates by framing them in terms of human rights. It examines the issues posed by the management of key Internet resources, the governance of its architecture, the role of different stakeholders, the legitimacy of rule making and rule-enforcement, and the exercise of international public authority over users. Highly interdisciplinary, its contributions draw on law, political science, international relations and even computer science and science and technology studies.

New from Broadside Books' *Voices of the Tea Party*. The discussion what role—if any—the government should play in regulating and dictating the delivery of health care in the United States has become ground zero in the much larger age-old struggle between statism and individual liberty. Personifying this struggle is the conflict between the big government schemes of President Barack Obama and the free market principles of the President's own cousin, the private practice physician Milton R. Wolf, M.D. When Barack Obama and Dr. Milton Wolf met for the first time in May 2010, it marked the beginning of a new phase in this all-American family feud. In this work, Dr. Wolf takes the gloves off and describes the results of decades of government intervention in health care, the disastrous doubling down on failure of ObamaCare and finally the alternative free market reforms that will save our system and ultimately our nation.

Pierce and Cassidy are about to discover that when it comes to love, sometimes you have to risk it all to have it all. *The Rights Turn in Conservative Christian Politics* documents a recent, fundamental change in American politics with the waning of Christian America. Rather than conservatives emphasizing morality and liberals emphasizing rights, both sides now wield rights arguments as potent weapons to win political and legal battles and build grassroots support. Lewis documents this change on the right, focusing primarily on evangelical politics. Using extensive historical and survey data that compares evangelical advocacy and evangelical public opinion, Lewis explains how the prototypical culture war

issue - abortion - motivated the conservative rights turn over the past half century, serving as a springboard for rights learning and increased conservative advocacy in other arenas. Challenging the way we think about the culture wars, Lewis documents how rights claims are used to thwart liberal rights claims, as well as to provide protection for evangelicals, whose cultural positions are increasingly in the minority; they have also allowed evangelical elites to justify controversial advocacy positions to their base and to engage more easily in broad rights claiming in new or expanded political arenas, from health care to capital punishment.

This volume is a comprehensive collection of critical essays on *The Taming of the Shrew*, and includes extensive discussions of the play's various printed versions and its theatrical productions. Aspinall has included only those essays that offer the most influential and controversial arguments surrounding the play. The issues discussed include gender, authority, female autonomy and unruliness, courtship and marriage, language and speech, and performance and theatricality.

Keeping doctors happy and productive requires a thorough understanding of the systemic causes and consequences of physician stress, as well as the role of resilience in maintaining a healthy mental state. The pressure of making life-or-death decisions along with those associated with the day-to-day challenges of doctoring can lead to poor patient care and communication, patient dissatisfaction, absenteeism, reductions in productivity, job dissatisfaction, and lowered retention. This edited volume will provide a comprehensive tool for understanding and promoting physician stress resilience. Specifically, the book has six interrelated objectives that, collectively, would advance the evidence-based understanding of (1) the extent to which physicians experience and suffer from work-related stress; (2) the various manifestations, syndromes, and reaction patterns directly caused by work-related stress; (3) the degree to which physicians are resilient in that they are successful or not successful in coping with these stressors; (4) the theories and direct evidence that account for the resilience; (5) the programs during and following medical school which help to promote resilience; and (6) the agenda for future theory, research, and intervention efforts for the next generation of physicians.

When Matthew Preston was eight, his father was shot and killed in rarefied Pacific Palisades by Ted Nash, a home burglar who happened to be the Preston's neighbor. Though Nash was sentenced to life in San Quentin, Matthew's lifelong obsession is to somehow get into the prison, gain access to Nash, and exact the ultimate personal revenge. He devises a plan to become a prison doctor to gain access to Nash. While in medical school, Matthew falls for brilliant classmate Torrey Jamison from poverty-stricken East Palo Alto. Torrey is battling her own demons, having been raped by a school counselor while in high school. Matthew is focused on vigilantism; but he loves Torrey who is morally opposed to killing for any reason-or so she thinks. Unique backdrops at Stanford Medical School and San Quentin prison highlight this tension-filled suspense novel, which includes surprising twists, and themes of misogyny, crime victims' rights, and government corruption.

[Copyright: d055f99455f0ce21dac56c63cf6056b5](https://www.d055f99455f0ce21dac56c63cf6056b5)