

Finish Strong By Steve Farrar

In a heart-wrenching, candid autobiography, a human rights activist offers a firsthand account of war from the perspective of a former child soldier, detailing the violent civil war that wracked his native Sierra Leone and the government forces that transformed a gentle young boy into a killer as a member of the army. 75,000 first printing.

The two-volume Cambridge History of Atheism offers an authoritative and up to date account of a subject of contemporary interest. Comprised of sixty essays by an international team of scholars, this History is comprehensive in scope. The essays are written from a variety of disciplinary perspectives, including religious studies, philosophy, sociology, and classics. Offering a global overview of the subject, from antiquity to the present, the volumes examine the phenomenon of unbelief in the context of Christian, Islamic, Buddhist, Hindu, and Jewish societies. They explore atheism and the early modern Scientific Revolution, as well as the development of Charles Darwin's theory of evolution and its continuing implications. The History also includes general survey essays on the impact of scepticism, agnosticism and atheism, as well as contemporary assessments of thinking. Providing essential information on the nature and history of atheism, The Cambridge History of Atheism will be indispensable for both scholarship and teaching, at all levels.

Using examples from the Bible and Scriptural quotations, the author discusses the need for perservance and vigilance in the face of unexpected obstacles and challenges.

A literary tour de force of a detective's ceaseless hunt for an elusive criminal By Gaslight is a deeply atmospheric, haunting novel about the unending quest that has shaped a man's life. William Pinkerton is already famous, the son of the most notorious detective of all time, when he descends into the underworld of Victorian London in pursuit of a new lead on the fabled con Edward Shade. William's father died without ever finding Shade, but William is determined to drag the thief out of the shadows. Adam Foole is a gentleman without a past, haunted by a love affair ten years gone. When he receives a letter from his lost beloved, he returns to London to find her. What he learns of her fate, and its connection to the man known as Shade, will force him to confront a grief he thought long-buried. A fog-enshrouded hunt through sewers, opium dens, drawing rooms, and séance halls ensues, creating the most unlikely of bonds: between Pinkerton, the great detective, and Foole, the one man who may hold the key to finding Edward Shade. Steven Price's dazzling, riveting By Gaslight moves from the diamond mines of South Africa to the battlefields of the Civil War, on a journey into a cityscape of grief, trust, and its breaking, where what we share can bind us even against our darker selves.

Melanie Mitchell separates science fact from science fiction in this sweeping examination of the current state of AI and how it is remaking our world No recent

scientific enterprise has proved as alluring, terrifying, and filled with extravagant promise and frustrating setbacks as artificial intelligence. The award-winning author Melanie Mitchell, a leading computer scientist, now reveals AI's turbulent history and the recent spate of apparent successes, grand hopes, and emerging fears surrounding it. In *Artificial Intelligence*, Mitchell turns to the most urgent questions concerning AI today: How intelligent—really—are the best AI programs? How do they work? What can they actually do, and when do they fail? How humanlike do we expect them to become, and how soon do we need to worry about them surpassing us? Along the way, she introduces the dominant models of modern AI and machine learning, describing cutting-edge AI programs, their human inventors, and the historical lines of thought underpinning recent achievements. She meets with fellow experts such as Douglas Hofstadter, the cognitive scientist and Pulitzer Prize-winning author of the modern classic *Gödel, Escher, Bach*, who explains why he is “terrified” about the future of AI. She explores the profound disconnect between the hype and the actual achievements in AI, providing a clear sense of what the field has accomplished and how much further it has to go. Interweaving stories about the science of AI and the people behind it, *Artificial Intelligence* brims with clear-sighted, captivating, and accessible accounts of the most interesting and provocative modern work in the field, flavored with Mitchell's humor and personal observations. This frank, lively book is an indispensable guide to understanding today's AI, its quest for “human-level” intelligence, and its impact on the future for us all.

“All through the Bible, we see stories of bold and brash men who followed God's call into some incredible adventures. In *How God Makes Men*, Patrick Morley reminds us that God still makes those kinds of guys.”—Dave Ramsey, New York Times bestselling author and nationally syndicated radio show host *God's Way for You to Become God's Man* Let's face it—men today are under severe attack. The battle line against biblical manhood is clearly drawn and fiercely contested. More than ever, men who want to follow Christ are asking: • Why is it so hard to live an authentic Christian life? • Who will show me how to thrive as a father, a husband, and on the job? • What should I do when I'm being tested to the breaking point? Fortunately, the Bible preserves crucial details about the powerful lessons learned by men who have already faced and answered these questions. In *How God Makes Men*, renowned expert on men's issues Patrick Morley takes you into Scripture for a first-hand encounter with: • Ten epic stories of the Bible's most talked-about men • Ten proven principles—based on their failures and successes—that show how God works in a man's life, and how you can cooperate with Him in yours • The huge promise that you can become the man God created you to be Don't settle for less. Join Patrick on this epic adventure of becoming God's man. You'll discover how to prevail in tough times and release God's power in every area of your life.

“A brazen, brawny, sexy standout of a historical thrill ride, *The Best Bad Things* is full of unforgettable characters and insatiable appetites. I was riveted.

Painstakingly researched and pulsing with adrenaline, Carrasco's debut will leave you thirsty for more." —Lyndsay Faye, author of *The Gods of Gotham* A vivid, sexy barn burner of a historical crime novel, *The Best Bad Things* introduces readers to the fiery Alma Rosales—detective, smuggler, spy It is 1887, and Alma Rosales is on the hunt for stolen opium. Trained in espionage by the Pinkerton Detective Agency—but dismissed for bad behavior and a penchant for going undercover as a man—Alma now works for Delphine Beaumont, the seductive mastermind of a West Coast smuggling ring. When product goes missing at their Washington Territory outpost, Alma is tasked with tracking the thief and recovering the drugs. In disguise as the scrappy dockworker Jack Camp, this should be easy—once she muscles her way into the local organization, wins the trust of the magnetic local boss and his boys, discovers the turncoat, and keeps them all from uncovering her secrets. All this, while sending coded dispatches to the circling Pinkerton agents to keep them from closing in. Alma's enjoying her dangerous game of shifting identities and double crosses as she fights for a promotion and an invitation back into Delphine's bed. But it's getting harder and harder to keep her cover stories straight and to know whom to trust. One wrong move and she could be unmasked: as a woman, as a traitor, or as a spy. A propulsive, sensual tour de force, *The Best Bad Things* introduces Katrina Carrasco, a bold new voice in crime fiction.

We all have an internal alarm clock that goes off when we're about to make a bad decision... Some of us spend our 20's hitting the snooze button. By taking a look at 9 common, everyday mistakes, which most of us have an opportunity to make on a regular basis, Steve Farrar speaks with wisdom and wit in this short book that serves as a wake up call we should all take. From starting our 20's on the wrong foot to neglecting our own gifts and strengths, and from isolating ourselves from real community to ignoring God's purpose for our lives, *How to Ruin Your Life by 30* will help navigate these treacherous waters we call adulthood. No matter where you are at: preparing for, recovering from, or in the midst of your 20's... this short book will help.

A riveting biography of the groundbreaking innovator who was a giant in the worlds of computing, music, filmmaking, design, smart phones, and more. A finalist for the YALSA Excellence in Nonfiction Award! "Your time is limited. . . . have the courage to follow your heart and intuition." —Steve Jobs From the start, his path was never predictable. Steve Jobs was given up for adoption at birth, dropped out of college after one semester, and at the age of twenty, created Apple in his parents' garage with his friend Steve Wozniack. Then came the core and hallmark of his genius—his exacting moderation for perfection, his counterculture life approach, and his level of taste and style that pushed all boundaries. A devoted husband, father, and Buddhist, he battled cancer for over a decade, became the ultimate CEO, and made the world want every product he touched, from the Macintosh to the iPhone, from iTunes and the iPod to the Macbook. Critically acclaimed author Karen Blumenthal takes us to the core of

this complicated and legendary man while simultaneously exploring the evolution of computers. Framed by Jobs' inspirational Stanford commencement speech and illustrated throughout with black and white photos, this is the story of the man who changed our world. Read more thrilling nonfiction by Karen Blumenthal: *Hillary Rodham Clinton: A Woman Living History* (A YALSA Excellence in Nonfiction Award Finalist) *Bootleg: Murder, Moonshine, and the Lawless Years of Prohibition* *Tommy: The Gun That Changed America* *Praise for Steve Jobs: The Man Who Thought Different: A Biography*: "This is a smart book about a smart subject by a smart writer." —Booklist, starred review "Students who know Steve Jobs only through Apple's iTunes, iPhones, and iPads will have their eyes opened by this accessible and well-written biography." —VOYA "An engaging and intimate portrait. Few biographies for young readers feel as relevant and current as this one does." —The Horn Book Magazine "A perceptive, well-wrought picture of an iconic figure." —Kirkus Reviews "Blumenthal crafts an insightful, balanced portrait." —Publishers Weekly

A narrative on politics throughout the final decades of the nineteenth century focuses on the career of Speaker of the House Thomas Reed while offering insight into the influence of corruption, industrial growth, and populist protests.

Haunting and transcendently twisted, this English-language debut from a Cuban literary star is a tale of race, magic, belief, and fate The Stuart family moves to a marginal neighborhood of Cienfuegos, a city on the southern coast of Cuba. Arturo Stuart, a charismatic, visionary preacher, discovers soon after arriving that God has given him a mission: to build a temple that surpasses any before seen in Cuba, and to make of Cienfuegos a new Jerusalem. In a neighborhood that roils with passions and conflicts, at the foot of a cathedral that rises higher day by day, there grows a generation marked by violence, cruelty, and extreme selfishness. This generation will carry these traits beyond the borders of the neighborhood, the city, and the country, unable to escape the shadow of the unfinished cathedral. Told by a chorus of narrators—including gossips, gangsters, a ghost, and a serial killer—who flirt, lie, argue, and finish one another's stories, Marcial Gala's *The Black Cathedral* is a darkly comic indictment of modern Cuba, gritty and realistic but laced with magic. It is a portrait of what remains when dreams of utopia have withered away.

The Israel Lobby," by John J. Mearsheimer of the University of Chicago and Stephen M. Walt of Harvard's John F. Kennedy School of Government, was one of the most controversial articles in recent memory. Originally published in the *London Review of Books* in March 2006, it provoked both howls of outrage and cheers of gratitude for challenging what had been a taboo issue in America: the impact of the Israel lobby on U.S. foreign policy. Now in a work of major importance, Mearsheimer and Walt deepen and expand their argument and confront recent developments in Lebanon and Iran. They describe the remarkable level of material and diplomatic support that the United States provides to Israel and argues that this support cannot be fully explained on either strategic or moral grounds. This exceptional relationship is due largely to the political influence of a loose coalition of individuals and organizations that actively work to shape U.S. foreign policy in a pro-Israel direction. Mearsheimer and Walt provocatively contend that the lobby has a far-reaching impact on America's posture

throughout the Middle East—in Iraq, Iran, Lebanon, and toward the Israeli-Palestinian conflict—and the policies it has encouraged are in neither America's national interest nor Israel's long-term interest. The lobby's influence also affects America's relationship with important allies and increases dangers that all states face from global jihadist terror. Writing in *The New York Review of Books*, Michael Massing declared, "Not since *Foreign Affairs* magazine published Samuel Huntington's 'The Clash of Civilizations?' in 1993 has an academic essay detonated with such force." The publication of *The Israel Lobby and U.S. Foreign Policy* is certain to widen the debate and to be one of the most talked-about books in foreign policy.

A political strategist for the Clinton administration shares insider information on how key democratic initiatives unfolded behind the scenes, from the Carter-Kennedy primary contest in 1980 to Clinton's health-care reform plan of 1993, in a volume complemented by the author's proposals for the 2008 elections. Reprint. 50,000 first printing.

For Ingest Only - Data needs to be cleaned up for all products being loaded
Even if you don't happen to be a celebrity, this book will teach you methods for striking publishing gold—conceptualizing, selling, and marketing a memoir—while dealing with the complicated emotions that arise during the creation of your work. If you've ever been told that "You should really write a book" and you've decided to give it a try, this book is for you. It hones in on the three key measures necessary for aspiring authors to conceptualize, sell, and market their memoirs. Written especially for those who don't happen to be celebrities *You Should Really Write a Book* reveals why and how so many relatively unknown memoirists are making a name for themselves. With references to more than four hundred books and six memoir categories, this is essential reading for anyone wanting to write a commercially viable memoir in today's vastly changing publishing industry. The days are long gone when editors and agents were willing to take on a manuscript simply because it was based on a "good" idea or even because it was well written. With eyes focused on the bottom line, they now look for skilled and creative authors with an established audience, too. Brooks and Richardson use the latest social networking, marketing, and promotional trends and explain how to conceptualize and strategize campaigns that cause buzz, dramatically fueling word-of-mouth and attracting attention in the publishing world and beyond. Full of current examples and in-depth analysis, this guide explains what sells and why, teaches writers to think like publishers, and offers guidance on dealing with complicated emotions—essential tools for maximizing memoir success.

On a winter night on a remote Nebraska road, 27-year-old Mark Schluter flips his truck in a near-fatal accident. His older sister Karin, his only near kin, returns reluctantly to their hometown to nurse Mark back from a traumatic head injury. But when he emerges from a protracted coma, Mark believes that this woman—who looks, acts, and sounds just like his sister—is really an identical impostor. Shattered by her brother's refusal to recognize her, Karin contacts the cognitive neurologist Gerald Weber, famous for his case histories describing the infinitely bizarre worlds of brain disorder. Weber recognizes Mark as a rare case of Capgras Syndrome, a doubling delusion, and eagerly investigates. What he discovers in Mark slowly undermines even his own sense of being. Meanwhile, Mark, armed only with a note left by an anonymous witness, attempts to learn what happened the night of his inexplicable accident. The truth of that evening will change the lives of all three beyond recognition. Set against the Platte

River's massive spring migrations—one of the greatest spectacles in nature—The Echo Maker is a gripping mystery that explores the improvised human self and the even more precarious brain that splits us from and joins us to the rest of creation. The Echo Maker is the winner of the 2006 National Book Award for Fiction.

This book is for the man who wants the spiritual power to stay with his wife, children & God, who wants to climb the ladder of character & maintain a sure, godly pace through life.

The parent with the wayward child. The couple whose marriage is in jeopardy. The man who is out of work. The woman stuck in crushing debt. The patient with a bad diagnosis. The student who can't get a fair shake. People hanging by a thread, losing faith and short on strength. What do they all need to hear? Don't give up. Our lives are minefields of challenges that take their toll on our courage, our conviction, and even our faith. But God whispers to the weary, Don't give up. Drawing from inspiring biblical stories and first-person testimonies of perseverance, bestselling author and pastor Kyle Idleman encourages readers to cast their concerns on God, trust in his love and timing, pray for patience and strength, and seek out support in the family of God.

"Finish Strong" is more than a catchphrase—it's an attitude For years, athletes, business innovators, and ambitious people of all descriptions have described their primary strategy with just two words. Two words that unlock the passion and accountability in every endeavor: Finish Strong. Sales leader, inventor, and entrepreneur Dan Green demonstrates that "Finish Strong" is the key catalyst for personal achievement in this collection of courageous stories. Through dozens of timeless examples of people who have embraced finishing strong personally, professionally, and spiritually, you will learn how to commit to yourself and unlock a higher level of accomplishment. Whether you're surfing in shark infested waters, starting a new business in your fifties, or trying to perform your job at the highest level, you can draw on the inspiration in this book and blow your goals away!

ONE LOVE STORY. TWO MARRIAGES. THREE VERSIONS OF THE TRUTH.

Too Good to Be True is an obsessive, addictive love story for fans of Lisa Jewell and The Wife Upstairs, from Carola Lovering, the beloved author of Tell Me Lies.

Skye Starling is overjoyed when her boyfriend, Burke Michaels, proposes after a whirlwind courtship. Though Skye seems to have the world at her

fingertips—she's smart, beautiful, and from a well-off family—she's also battled crippling OCD ever since her mother's death when she was eleven, and her romantic relationships have suffered as a result. But now Burke—handsome, older, and more emotionally mature than any man she's met before—says he wants her. Forever. Except, Burke isn't who he claims to be. And interspersed letters to his therapist reveal the truth: he's happily married, and using Skye for his own, deceptive ends. In a third perspective, set thirty years earlier, a scrappy seventeen-year-old named Heather is determined to end things with Burke, a local bad boy, and make a better life for herself in New York City. But can her adolescent love stay firmly in her past—or will he find his way into her future? On a collision course she doesn't see coming, Skye throws herself into wedding

planning, as Burke's scheme grows ever more twisted. But of course, even the best laid plans can go astray. And just when you think you know where this story is going, you'll discover that there's more than one way to spin the truth.

From the New York Times–bestselling author David Duchovny, an epic adventure that asks how we make sense of right and wrong in a world of extremes For the past twenty years, Bronson Powers, former Hollywood stuntman and converted Mormon, has been homesteading deep in the uninhabited desert outside Joshua Tree with his three wives and ten children. Bronson and his wives, Yalulah, Mary, and Jackie, have been raising their family away from the corruption and evil of the modern world. Their insular existence—controversial, difficult, but Edenic—is upended when the ambitious young developer Maya Abbadessa stumbles upon their land. Hoping to make a profit, she crafts a wager with the family that sets in motion a deadly chain of events. Maya, threatening to report the family to social services, convinces them to enter three of their children into a nearby public school. Bronson and his wives agree that if Maya can prove that the kids do better in town than in their desert oasis, they will sell her a chunk of their priceless plot of land. Suddenly confronted with all the complications of the twenty-first century that they tried to keep out of their lives, the Powerses must reckon with their lifestyle as they try to save it. Truly Like Lightning, David Duchovny's fourth novel, is a heartbreaking meditation on family, religion, sex, greed, human nature, and the vanishing environment of an ancient desert.

NEW YORK TIMES BESTSELLER • This instant classic explores how we can change our lives by changing our habits. **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY** The Wall Street Journal • Financial Times In The Power of Habit, award-winning business reporter Charles Duhigg takes us to the thrilling edge of scientific discoveries that explain why habits exist and how they can be changed. Distilling vast amounts of information into engrossing narratives that take us from the boardrooms of Procter & Gamble to the sidelines of the NFL to the front lines of the civil rights movement, Duhigg presents a whole new understanding of human nature and its potential. At its core, The Power of Habit contains an exhilarating argument: The key to exercising regularly, losing weight, being more productive, and achieving success is understanding how habits work. As Duhigg shows, by harnessing this new science, we can transform our businesses, our communities, and our lives. With a new Afterword by the author “Sharp, provocative, and useful.”—Jim Collins “Few [books] become essential manuals for business and living. The Power of Habit is an exception. Charles Duhigg not only explains how habits are formed but how to kick bad ones and hang on to the good.”—Financial Times “A flat-out great read.”—David Allen, bestselling author of Getting Things Done: The Art of Stress-Free Productivity “You’ll never look at yourself, your organization, or your world quite the same way.”—Daniel H. Pink, bestselling author of Drive and A Whole New Mind “Entertaining . . . enjoyable . . . fascinating . . . a serious look at the science of habit formation and change.”—The New York Times Book Review

WINNER OF THE EDGAR AWARD FOR BEST FIRST NOVEL The “gripping... page-turner” (Time) hitting all the best of summer reading lists, *Miracle Creek* is perfect for book clubs and fans of Liane Moriarty and Celeste Ng How far will you go to protect your family? Will you keep their secrets? Ignore their lies? In a small town in Virginia, a group of people know each other because they’re part of a special treatment center, a hyperbaric chamber that may cure a range of conditions from infertility to autism. But then the chamber explodes, two people die, and it’s clear the explosion wasn’t an accident. A powerful showdown unfolds as the story moves across characters who are all maybe keeping secrets, hiding betrayals. Chapter by chapter, we shift alliances and gather evidence: Was it the careless mother of a patient? Was it the owners, hoping to cash in on a big insurance payment and send their daughter to college? Could it have been a protester, trying to prove the treatment isn’t safe? “A stunning debut about parents, children and the unwavering hope of a better life, even when all hope seems lost” (Washington Post), *Miracle Creek* uncovers the worst prejudice and best intentions, tense rivalries and the challenges of parenting a child with special needs. It’s “a quick-paced murder mystery that plumbs the power and perils of community” (O Magazine) as it carefully pieces together the tense atmosphere of a courtroom drama and the complexities of life as an immigrant family. Drawing on the author’s own experiences as a Korean-American, former trial lawyer, and mother of a “miracle submarine” patient, this is a novel steeped in suspense and igniting discussion. Recommended by Erin Morgenstern, Jean Kwok, Jennifer Weiner, Scott Turow, Laura Lippman, and more-- *Miracle Creek* is a brave, moving debut from an unforgettable new voice.

Equal parts adventure and STEM, Rebecca E. F. Barone's *Race to the Bottom of the Earth: Surviving Antarctica* is a thrilling nonfiction book for young readers chronicling two treacherous, groundbreaking expeditions to the South Pole—and includes eye-catching photos of the Antarctic landscape. "Riveting! I raced to the end of this book!" —Alan Gatz, New York Times bestselling author of *Refugee* In 1910, Captain Robert Scott prepared his crew for a trip that no one had ever completed: a journey to the South Pole. He vowed to get there any way he could, even if it meant looking death in the eye. Then, not long before he set out, another intrepid explorer, Roald Amundsen, set his sights on the same goal. Suddenly two teams were vying to be the first to make history—what was to be an expedition had become a perilous race. In 2018, Captain Louis Rudd readied himself for a similarly grueling task: the first unaided, unsupported solo crossing of treacherous Antarctica. But little did he know that athlete Colin O’Brady was training for the same trek—and he was determined to beat Louis to the finish line. For fans of Michael Tougias’ *The Finest Hours*, this gripping account of two history-making moments of exploration and competition is perfect for budding scientists, survivalists, and thrill seekers. "A nail-biting tale of adventure, tragedy, and superhuman determination—and also a luminous example of how our present lives are shaped by our immeasurably deep connection to our past." —Elizabeth

Wein, #1 New York Times bestselling author of Code Name Verity "A huge treat for adventure story fans—not one, but two incredible races across the fearsome and fascinating Antarctic!" —Steve Sheinkin, New York Times bestselling author of Bomb and Undefeated

Major New York Times bestseller Winner of the National Academy of Sciences Best Book Award in 2012 Selected by the New York Times Book Review as one of the ten best books of 2011 A Globe and Mail Best Books of the Year 2011 Title One of The Economist's 2011 Books of the Year One of The Wall Street Journal's Best Nonfiction Books of the Year 2011 2013 Presidential Medal of Freedom Recipient Kahneman's work with Amos Tversky is the subject of Michael Lewis's The Undoing Project: A Friendship That Changed Our Minds In the international bestseller, Thinking, Fast and Slow, Daniel Kahneman, the renowned psychologist and winner of the Nobel Prize in Economics, takes us on a groundbreaking tour of the mind and explains the two systems that drive the way we think. System 1 is fast, intuitive, and emotional; System 2 is slower, more deliberative, and more logical. The impact of overconfidence on corporate strategies, the difficulties of predicting what will make us happy in the future, the profound effect of cognitive biases on everything from playing the stock market to planning our next vacation—each of these can be understood only by knowing how the two systems shape our judgments and decisions. Engaging the reader in a lively conversation about how we think, Kahneman reveals where we can and cannot trust our intuitions and how we can tap into the benefits of slow thinking. He offers practical and enlightening insights into how choices are made in both our business and our personal lives—and how we can use different techniques to guard against the mental glitches that often get us into trouble. Winner of the National Academy of Sciences Best Book Award and the Los Angeles Times Book Prize and selected by The New York Times Book Review as one of the ten best books of 2011, Thinking, Fast and Slow is destined to be a classic.

Veteran author Ilene Cooper explores the turbulent history of one of Jerusalem's most sacred sites in this timely, illustrated nonfiction offering, Faith and Fury: The Temple Mount and the Noble Sanctuary. Towering over the Old City of Jerusalem is a place where worlds meet, conflict arises, and history changes. Known to Jews as the Temple Mount, it was once the site of the great temples built by Solomon and Herod. To Muslims, it is the Noble Sanctuary and home to one of the most sacred buildings in the Muslim world, the Dome of the Rock. Venerated by Jews, Muslims, and Christians alike, it attracts pilgrims and tourists from around the world—and is the focus of the bitter and intractable conflict between Israel and the Arab world that dominates today's news.

A landmark book about how we form habits, and what we can do with this knowledge to make positive change We spend a shocking 43 percent of our day doing things without thinking about them. That means that almost half of our actions aren't conscious choices but the result of our non-conscious mind nudging our body to act along learned behaviors. How we respond to the people

around us; the way we conduct ourselves in a meeting; what we buy; when and how we exercise, eat, and drink—a truly remarkable number of things we do every day, regardless of their complexity, operate outside of our awareness. We do them automatically. We do them by habit. And yet, whenever we want to change something about ourselves, we rely on willpower. We keep turning to our conscious selves, hoping that our determination and intention will be enough to effect positive change. And that is why almost all of us fail. But what if you could harness the extraordinary power of your unconscious mind, which already determines so much of what you do, to truly reach your goals? Wendy Wood draws on three decades of original research to explain the fascinating science of how we form habits, and offers the key to unlocking our habitual mind in order to make the changes we seek. A potent mix of neuroscience, case studies, and experiments conducted in her lab, *Good Habits, Bad Habits* is a comprehensive, accessible, and above all deeply practical book that will change the way you think about almost every aspect of your life. By explaining how our brains are wired to respond to rewards, receive cues from our surroundings, and shut down when faced with too much friction, Wood skillfully dissects habit formation, demonstrating how we can take advantage of this knowledge to form better habits. Her clear and incisive work shows why willpower alone is woefully inadequate when we're working toward building the life we truly want, and offers real hope for those who want to make positive change.

Lithium batteries may hold the key to an environmentally sustainable, oil-independent future. From electric cars to a "smart" power grid that can actually store electricity, letting us harness the powers of the sun and the wind and use them when we need them, lithium—a metal half as dense as water, found primarily in some of the most uninhabitable places on earth—has the potential to set us on a path toward a low-carbon energy economy. In *Bottled Lightning*, the science reporter Seth Fletcher takes us on a fascinating journey, from the salt flats of Bolivia to the labs of MIT and Stanford, from the turmoil at GM to cutting-edge lithium-ion battery start-ups, introducing us to the key players and ideas in an industry with the power to reshape the world. Lithium is the thread that ties together many key stories of our time: the environmental movement; the American auto industry, staking its revival on the electrification of cars and trucks; the struggle between first-world countries in need of natural resources and the impoverished countries where those resources are found; and the overwhelming popularity of the portable, Internet-connected gadgets that are changing the way we communicate. With nearly limitless possibilities, the promise of lithium offers new hope to a foundering American economy desperately searching for a green-tech boom to revive it.

Imagine following Jesus along the road, listening in on his conversations, and gleaning from the lessons he taught in the holy places he traveled. Join author Wayne Stiles as he walks in the steps of Jesus: through Bethlehem, Samaria, Jerusalem, Nazareth, Galilee, and beyond. Experience the places where Jesus met a lonely woman in Samaria, a den of hypocrites in the Temple, a Jerusalem Pharisee still searching for truth, fishermen with a sea of false expectations, and a hometown ashamed of him.

Entering the Holy land through the settings, sights, and sounds of Stiles's engaging travelogue, readers will not only discover more about these sacred places, but also learn practical lessons that will find their way into their hearts. And ultimately, prepare them for their own encounter with Christ.

A leader must stand tall enough for his followers to find him. "As the God-appointed captain of his family," says Steve Farrar, "a man faces the challenge of spying out the social territory, marking danger zones, and taking stands to protect those in his charge." It's an active leadership role -- and Farrar's been training men to succeed in it for over ten years. In this paperback rerelease of his popular *Standing Tall*, the men's ministries leader "walks tall" through America -- observing politics, abortion, the gay movement, media trends, and the loss of our "moral boundaries." Farrar offers men sure biblical foundations on which to stand for faith-based living -- closing with "Seven Ways to Help Your Kids Stand Tall." A study guide/appendix makes it great for group use, too!

Finishing Strong Going the Distance for Your Family Multnomah

This bestselling classic encourages and equips Christian men to lead their families successfully through hazards and ambushes like divorce, promiscuity, suicide, and drug addiction. Men will find practical insight on topics such as a father's influence, maintaining purity, and husband-and-wife teamwork. In this war, renowned men's author Steve Farrar emphasizes, Jesus Christ is looking for men who will not die, but live for their families.

This book grew out of Dr. John Luke Terveen's own experience with grief and loss resulting from his fourteen-year-old daughter's death. He scoured books looking for comfort but found the Bible itself to be his greatest source of hope, comfort, wise counsel, and encouragement. After reviewing more than 200 books on grief and loss, he discovered that none investigated biblical passages discussing grief and loss. He set out to fill the huge, unmet need for a book that helps Christians embrace relevant Scriptures more fully and seriously in the midst of their mourning. The biblical selections deal with the hard questions, honest passions, and divine hope that only one who has walked down the path of sorrow could write about. Topics such as resurrection, the second coming, heaven, the resurrection body, doubt, anger, guilt, and dashed dreams are covered with great care to minister to the hearts of those who are grieving.

Are you tired of saying, "If only . . .?" Is your life on hold because you can't get over past mistakes? Here's a clear path from painful regret to grace, productivity, and peace. *Strong and Lean*--Mark Lauren's follow-up to his bestselling book--*You Are Your Own Gym*--uses two decades of unparalleled experience to accomplish what most people thought impossible: The ability to immediately begin your workout wherever you are--from living rooms to hotel rooms to yards--and finish 9 minutes later. In the age of isolation, a great workout plan that doesn't require any gym equipment is invaluable. Lauren provides a regimen that will help you achieve a stronger, leaner body in only a few weeks. *Strong and Lean* features a philosophy backed by Lauren's intense personal experiences--ones that speak to every man and woman--along with his military experience. With Mark Lauren's workout, you can now achieve your most muscular and lean body with an incredibly small sacrifice of time.

Bestselling author Steve Farrar has good news for the average man: it doesn't matter if you've had a great start in the Christian life, or a rough one. It doesn't matter if you've

stumbled time and again, or even fallen flat on your face. What matters most in this all-important race of life is how you finish. According to Farrar, the man who hangs in there for the long haul with his wife, his kids, and his Lord is an exception these days. *Finishing Strong*, now in trade paperback, offers lively use of Scripture, contemporary illustrations, and study questions to equip every reader to be that exception. For the man who wants to climb the character ladder more than the corporate one, this is an essential tool.

Power duo Kevin J. Anderson and Doug Beason team up in *Kill Zone*, a perilous disaster thriller for the modern age. Deep within a mountain in Albuquerque, New Mexico, a Cold War-era nuclear weapons storage facility is being used to covertly receive more than 100,000 tons of nuclear waste stored across the US. Only Department of Energy employee, Adonia, and a few others including a war hero, a senator, and an environmental activist, are allowed access to perform a high-level security review of the facilities. But Hydra Mountain was never meant to securely hold this much hazardous waste, and it has the potential to explode, taking with it all of Albuquerque and spreading radioactivity across the nation. This disaster situation proves all too possible when a small plane crashes at a nearby military base, setting off Hydra's lockdown and trapping Adonia and her team in the heart of the hazardous, waste-filled mountain. Now, the only direction for them to go is deeper into the mountain, through the tear gas and into a secretive area no one was ever supposed to know about. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

"I am a good guy. Good guys don't do bad things. Good guys understand that no means no, and so I could not have done this because I understand." Keir Sarafian knows many things about himself. He is a talented football player, a loyal friend, a devoted son and brother. Most of all, he is a good guy. And yet the love of his life thinks otherwise. Gigi says Keir has done something awful. Something unforgivable. Keir doesn't understand. He loves Gigi. He would never do anything to hurt her. So Keir carefully recounts the events leading up to that one fateful night, in order to uncover the truth. Clearly, there has been a mistake. But what has happened is, indeed, something inexcusable.

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy. Being a leader means working with people, and that's not always easy! Whether in your office, church, neighborhood, or elsewhere, your interpersonal relationships can make or break you as a leader. That's why it's so important to be a "people person" and develop your skills in tapping that most precious of all resources: people. In this powerful book, America's leadership expert John Maxwell helps you: discover and develop the qualities of an effective "people person" improve your relationships in every area of life understand and help difficult people overcome differences and personality traits that can cause friction inspire others to excellence and success Loaded with life-enriching, life-changing principles for relating positively and powerfully with your family, friends, colleague, and clients, *Be a People Person* is certain to help you bring out the best in others—and that's what effective leadership is all about.

FINISH STRONG is for those of us who want an end-of-life experience to match the life we've enjoyed—defined by love, purpose, and agency. Written with candor and clarity by a former nurse, physician assistant and attorney, *FINISH STRONG*'s stories, facts and dialogue will help prepare for latter days that reflect your priorities and values.

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