

Everything I Know About Nursing

The founder of the nursing profession discusses the image and the duties of the profession.

This custom book was compiled by the School of Nursing and Midwifery at Monash University for undergraduate nursing students undertaking NUR1110, NUR1111 and NUR1113. It includes handpicked content from the following bestselling nursing titles: Communication: Core Interpersonal Skills for Health Professionals, 3rd Edition Psychology for Health Professionals, 2nd Edition Patient and Person: Interpersonal Skills in Nursing, 5th Edition The Clinical Placement: An essential guide for nursing students, 3rd Edition Potter and Perry's Fundamentals of Nursing - ANZ, 5th Edition Contexts of Nursing: An Introduction, 4th Edition Introduction to Public Health, 3rd Edition Essentials of Law for Health Professionals, 4th Edition

Demolish NCLEX(r) Nursing Pharmacology!Pharmacology makes up 15% of the NCLEX(r) test plan. For many nurses medications and pharmacology can be a difficult subject. But not anymore! If you are ready to finally take your NCLEX(r) Pharmacology studies to the next level . . . this is the perfect book for you! With hundreds of pages of the most vital facts about the most tested medications this ebook for nursing students is a must have.Jon Haws RN CCRN from NRSNG.com takes the most commonly tested medications on the NCLEX and in Nursing Pharmacology courses and outlines the MUST know information and nursing considerations so that you can demolish the NCLEX(r) and ace your Pharm course!Over 300+ Pages Jammed PackedThis book essentially takes the guess work out of your studies and allows you to focus your valuable time on learning exactly what you NEED to know. Learn how to ACE the NCLEX(r) . . . Details nursing considerations in flash card format. The most important medications to learn. Obscure testable facts and nursing considerations for 140 medicaitons. Detailed outlines of some of the most common classes of meds. Stop Wasting Valuable Timelt's all here! You have limited time to prepare for the NCLEX(r). Get more time by using this in depth guide of the only medications that you need to study to pass the NCLEX(r) with flying colors. We are dedicated to your success. In fact, this is the exact same list of questions that I used to pass the NCLEX(r) in 75 questions on my first try just two weeks after graduating nursing school. Cut Your Study Time in HalfOnce you know exactly what to study, you will save hours and hours of study time by cutting through the fluff and focusing your energy on exactly what you need to know. Included in the book is a FREE offer for a lab sheet that contains the 63 lab values you must know to be a great nurse!From NRSNG.com creators of Med of the Day Podcast and SIMCLEX.com the ONLY fully adaptive NCLEX(r) prep program!Scroll up to buy!NCLEX, NCLEX-RN, and NCLEX-PN are registered trademarks of the National Council of State Boards of Nursing, Inc. They hold no affiliation with this book or related products.

What is reflective practice and why is it important? How do I write my first reflection? Learn how to carry out reflective practice quickly and easily with this beginner's guide for nurses. Written for nursing students and registered nurses, this book helps build confidence in writing reflectively by using clear step-by-step guidance, insightful case studies, learning activities, and by addressing commonly asked questions from nurses and nursing students. The book has three sections; the first starts with a simple model to help students practice a first reflection and explains how to use reflection as part of assessed work at university. The second section focuses on reflecting in practice and finding the time to do it in busy work situations. The final section helps students to think more deeply about models and theories of reflection, to develop the skills they will need to pass the final year of their course. Essential reading for any nursing student new to reflective practice or registered nurse wanting to improve their reflective writing skills.

Examines the principles of knowledge development, including the relationship between patterns of knowing, and explores how evidence-based nursing theory can be used to improve patient care.

HOW A SIMPLE GUIDE CAN HELP YOU AVOID THE MISTAKES THAT EVEN 99% OF THE MOST CARING AND INFORMED MOTHERS MAKE AT THE EXPENSE OF THEIR CHILDREN. THE BEST PEDIATRICIANS AND OBSTETRICIANS THAT HAVE GRADUATED FROM CAMBRIDGE WERE PLEASANTLY SURPRISED BY THESE TRICKS... As you know, becoming a mother is the most beautiful experience in the life of women, and every mother wants the best for her children! Doubt, apprehension, and anxiety can upset these magical moments, thus ruining the beginning of this wonderful adventure. Too often, parents, professionals, and outdated sources create confusion in the minds of new mothers, resulting in boorish mistakes that affect the health of newborns and have consequences that are sometimes very traumatic. Every mother works with dedication and absolute love to prepare for the great event. However, more often than we can imagine, this does not protect us from serious shortcomings that could be brilliantly avoided with clear and correct information. We often find ourselves in tears saying, "If only they had told me!" I have seen heavy quarrels with parents, loss of esteem from friends and acquaintances, broken marriages, and mothers destroyed by the serious consequences that their children have had to suffer because of trivial errors in the fundamental rules of nutrition and care of newborns. I don't want any child on this earth to be a victim of ignorance, nor any mother to be subjected to guilt will haunt them for life. Therefore, inside this book I will guide you step by step in understanding the secrets to taking the best care of your child during the first days of their life, becoming a real super mom, and leaving your worst fears and uncertainties behind you as distant and harmless memories. Word by word, I will answer all your questions about breastfeeding and not only... Together we will discover: - How and why maternal breastfeeding is not only about nutrition - How to best manage the first days of your newborn's life - The best ways to feed your child day by day - What consequences your diet can have on the newborn baby - Nursing and work: what is the best solution? - How best to overcome the first difficulties (organizational, physical, and mental) - The secret to impeccable weaning And much more... Only we know how important it is to be perfect mothers and how responsible we feel for the well-being of our children. Nutrition in the first phase of life is essential to ensure their strong health. Refuse to carry the burden of a future compromise, of not giving enough for your child, now you have a chance to avoid any mistakes. Make the right choice, so little is enough to give and have so much. Give your child the care he deserves! Scroll up to the top of the page and GRAB YOUR COPY NOW!

A fully revised edition of the Dr. Sears guide to breastfeeding, a perennial favorite of parents for nearly two decades From pediatric experts Martha Sears, R.N., and William Sears, M.D., a comprehensive, reassuring, authoritative information on: How to get started breastfeeding, with illustrated tips for latching on Increasing your milk supply Breastfeeding when working away from home Pumps and other technology associated with breastfeeding Making sure your nursing baby gets optimum nutrition, including the most recent information about the importance of omega-3 fatty acids and "milk-oriented microbiota" Nutrition and fitness for moms Nighttime breastfeeding Breastfeeding and fertility Toddler nursing and weaning Special circumstances And much more... Breastfeeding contributes to nurturing a smarter and healthier baby, and a healthier and more intuitive mommy. Isn't that what every child needs, and every parent wants?

The Breastfeeding Book for the First Time MomEverything You MUST Know about Nursing - A Simple Guide for New Mothers

Practical and unique, Chinn and Kramer's Integrated Theory and Knowledge Development in Nursing, 8th Edition helps you understand how nursing theory and patterns of knowing complement each other to assist any nurse in making choices in research and practice. It examines various concepts of knowledge development, encouraging you to see the relationship between the different types of knowledge, reflect on important concepts, and explore how evidence-based nursing theory can be used to improve patient care. See how theory can be applied to practice with integrated discussions of how to use evidence-based practice to improve the quality of care. Gain a better understanding of the patterns of knowing and how they are all related

with a full-color insert that demonstrates the fundamentals of knowing in a highly visual format. Discussions of theory, theory development, and the relationship of theory to nursing research and practice help you to apply what you have learned to practice. Master the essential features of conceptual frameworks with Interpretive Summaries that highlight exactly what you need to know. Connect theory and knowledge to your own experience and everyday nursing practice with more exercises and examples of practical application. Enhance your understanding with a totally revamped Evolve online resource, featuring a new animation, 20 case studies, an image collection, key points, dozens of new PowerPoint slides, Reflection and Discussion questions for each chapter, Take-Away Activities, web links, and more.

Providing students with small steps of freedom in their new practice provides them with an increasing self confidence and reassurance that they are acquiring necessary and useful skills. Sharing the moment of discovery with a student is what I find so rewarding. Being able to make a difference in the education of a nurse makes all the other trials and tribulations encountered along the way seem worthwhile. Shirley Pearson, Room to Grow, Reflections: Nurses as Educators

Ideas about resilience and identity continue to be promoted, discussed and debated in nursing. This book uses narratives to explore these complex and important concepts, unsettling our certainties and opening up new perspectives on what they might mean and involve. This engaging book recounts direct and vivid stories told by or about nurses. These vignettes discuss nursing's ideals without idealising them and show nursing work and the lives of nurses in all their complexity. They include contributions from mental health nurses, a former nurse, student nurses, a migrant nurse and a whistle-blowing nurse, among others. The book ends with chapter-by-chapter contextual material to promote reflection, discussion and further reading. Written with nursing students preparing to transition to the workplace and professional status in mind, this thought-provoking book is also suitable for nurses and nurse academics interested in resilience and issues around professional identity.

Sheltee [Debose] Felton is a Medical ICU Registered Nurse, and she has experienced the gratification and grief that is inevitable within healthcare. At the onset of the Covid-19 pandemic her brave and altruistic mentality did not change! Nurse Sheltee faced the deathly realities of COVID-19 with courage and grace.

The Future of Nursing explores how nurses' roles, responsibilities, and education should change significantly to meet the increased demand for care that will be created by health care reform and to advance improvements in America's increasingly complex health system. At more than 3 million in number, nurses make up the single largest segment of the health care work force. They also spend the greatest amount of time in delivering patient care as a profession. Nurses therefore have valuable insights and unique abilities to contribute as partners with other health care professionals in improving the quality and safety of care as envisioned in the Affordable Care Act (ACA) enacted this year. Nurses should be fully engaged with other health professionals and assume leadership roles in redesigning care in the United States. To ensure its members are well-prepared, the profession should institute residency training for nurses, increase the percentage of nurses who attain a bachelor's degree to 80 percent by 2020, and double the number who pursue doctorates. Furthermore, regulatory and institutional obstacles -- including limits on nurses' scope of practice -- should be removed so that the health system can reap the full benefit of nurses' training, skills, and knowledge in patient care. In this book, the Institute of Medicine makes recommendations for an action-oriented blueprint for the future of nursing.

James Patterson and Matt Eversmann, #1 bestselling coauthors of Walk in My Combat Boots, powerfully present the medical frontline heroes who work to save our lives every day: E.R. Nurses. "The compassion, the work ethic, and the selflessness of nurses ... are given the respect they deserve and captured beautifully here." –Sanjay Gupta, MD, neurosurgeon and chief medical correspondent, CNN "James Patterson's account of the twilight world between life and death that nurses inhabit is one of the most moving things I have ever read." –Sebastian Junger, author of Freedom and The Perfect Storm Around the clock, across the country, these highly skilled and compassionate men and women sacrifice and struggle for us and our families. You have never heard their true stories. Not like this. From big-city and small-town hospitals. From behind the scenes. From the heart. This book will make you laugh, make you cry, make you understand. When we're at our worst, E.R. nurses are at their best.

100 blank pages of Jeremy Hunt's wisdom on the subject of nursing and general healthcare in the United Kingdom. Having made quite a name for himself in the popularity stakes with the introduction of Clause 119 to the Care Bill (the Hospital Closure Clause), he is trying to win even more friends in the healthcare industry. His latest plan to help nurses and other NHS staff to feel the love involves vetoing a below inflation 1% pay rise. Oh, how we adore him. MPs, incidentally, will be getting a whopping 11% increase this year. And now, in this book, as an expert on the subject, having worked for a day or two in hospitals, Hunt shares his knowledge of frontline nursing, and of the healthcare industry in general, with us all. **** THIS IS A NOTEBOOK. THE PAGES ARE ALL LINED FOR CONVENIENCE. ANYONE WISHING TO BUY A BOOK ABOUT NURSING SHOULD NOT PURCHASE THIS PRODUCT. IT IS LISTED UNDER BOOKS > HUMOUR. IT IS A JOKE. APOLOGIES FOR STATING THE BLOODY OBVIOUS, BUT YOU WOULD BE SURPRISED AT SOME OF THE COMPLAINTS YOU GET ON HERE FOR NOT DESCRIBING A PRODUCT ACCURATELY. ****

With the growing interest in problem-based learning among nurse educators worldwide comes the need for a book that will be a comprehensive guide and resource for anyone considering its implementation in nursing education. This book is that resource. Its strength is its integration of relevant theory, research, and practical information. It is an invaluable resource for nursing faculty contemplating the use of the problem-based learning model.

Master nursing skills with this guide from the respected Perry, Potter & Ostendorf author team! The concise coverage in Nursing Interventions & Clinical Skills, 6th Edition makes it easy to master the clinical skills required in everyday nursing practice. Clear guidelines address 159 basic, intermediate, and advanced skills — from measuring body temperature to insertion of a peripheral intravenous device — and step-by-step instructions emphasize the use of evidence-based concepts to improve patient safety and outcomes. Its friendly, easy-to-read writing style includes a streamlined format and an Evolve companion website with review questions and handy checklists for each skill. Coverage of 159 skills and interventions addresses basic, intermediate, and advanced skills you'll use every day in practice. UNIQUE! Using Evidence in Nursing Practice chapter provides the information needed to use evidence-based practice to solve clinical problems. Safe Patient Care Alerts highlight unusual risks in performing skills, so you

can plan ahead at each step of nursing care. Delegation & Collaboration guidelines help you make decisions in whether to delegate a skill to unlicensed assistive personnel, and indicates what key information must be shared. Special Considerations indicate additional risks or accommodations you may face when caring for pediatric or geriatric patients, and patients in home care settings. Documentation guidelines include samples of nurses' notes showing what should be reported and recorded after performing skills. A consistent format for nursing skills makes it easier to perform skills, always including Assessment, Planning, Implementation, and Evaluation. A Glove icon identifies procedures in which clean gloves should be worn or gloves should be changed in order to minimize the risk of infection. Media resources include skills performance checklists on the Evolve companion website and related lessons, videos, and interactive exercises on Nursing Skills Online. NEW coverage of evidence-based techniques to improve patient safety and outcomes includes the concept of care bundles, structured practices that have been proven to improve the quality of care, and teach-back, a new step that shows how you can evaluate your success in patient teaching. NEW! Coverage of HCAHPS (Hospital Care Quality Information from the Consumer Perspective) introduces a concept now widely used to evaluate hospitals across the country. NEW! Teach-Back step shows how to evaluate the success of patient teaching, so you can be sure that the patient has mastered a task or consider trying additional teaching methods. NEW! Updated 2012 Infusion Nurses Society standards are incorporated for administering IVs, as well as other changes in evidence-based practice. NEW topics include communication with cognitively impaired patients, discharge planning and transitional care, and compassion fatigue for professional and family caregivers.

Survive and Thrive as a Nurse in Today's New Health-Services Landscape Welcome to the compassionate and caring world of nursing! You are entering a profession that offers great rewards and endless opportunities. But you must prepare for the challenges ahead and do everything you can to ensure that you experience the best that nursing has to offer. Get off to the right start in your new profession by learning how to:

- Find the job that's perfect for you
- Create your own patient-centered style of nursing
- Develop positive relationships with doctors, patients, and other nurses
- Stay positive, deal with conflict and adversity, and avoid burnout
- Network, enhance your education and career, and become a leader

And NEW! to this revised edition:

- Invaluable information about nursing licensure, including an extensive FAQ section
- Discussion of professional issues related to standards of care, nursing ethics, and health-care reimbursement
- Job-hunting challenges and solutions
- Solutions for handling quandaries such as delayed career start, nontraditional practice, and more
- Trends and opportunities for the future of nursing
- A special section for second-career nurses

Get into the nursing school of your choice and succeed once you get there! If getting into the right nursing school-and making your mark-is your goal, following the strategies in The Ultimate Guide to Getting into Nursing School will definitely put you ahead of the pack. This fun, information-packed guide covers all the essentials of the nursing school experience, from picking the right school to what to expect and how to rise to the head of the class once you are accepted into a program. Features: Insider advice and anecdotes from professors, nurses, and students who tell you what it's really like to go through the application process and succeed in nursing school Sure-fire steps for turning a nursing application into a winning application Self-assessment chapter that helps you determine whether nursing is right for you A detailed overview of the application process Everything you need to know to do well in school, including exam preparation, papers, and presentations, and the basic clinical information with which you'll need to be familiar Advice from students, nurses, and professors on how to smoothly adjust to the culture and expectations of being a nurse Chapter on post-nursing-school options, including acquiring an advanced degree, obtaining certification, and becoming a manager

Written by an experienced R.N., this updated edition provides practical, real-world solutions to the profession's most common and difficult issues.

Written by Gabby Koutoukidis and Kate Stainton, Tabbner's Nursing Care: Theory and Practice 8th edition provides students with the knowledge and skills they will require to ensure safe, quality care across a range of healthcare settings. Updated to reflect the current context and scope of practice for Enrolled Nurses in Australia and New Zealand, the text focuses on the delivery of person-centred care, critical thinking, quality clinical decision making and application of skills. Now in an easy to handle 2 Volume set the textbook is supported by a skills workbook and online resources to provide students with the information and tools to become competent, confident Enrolled Nurses. Key features All chapters aligned to current standards including the NMBA Decision Making Framework (2020), the Enrolled Nurse Standards for Practice (2016) and the National Safety & Quality Health Services Standards (2018) Clinical skills videos provide visual support for learners Supported by Essential Enrolled Nursing Skills Workbook 2nd edition An eBook included in all print purchases New to this edition Chapter 5 Nursing informatics and technology in healthcare focuses on competency in nursing informatics for beginning level practice, aligned to the National Nursing and Midwifery Digital Capability Framework 2020 An increased focus on cultural competence and safety Supported by Elsevier Adaptive Quizzing Tabbner's Nursing Care 8th edition

"How to Pass Nursing School" is a comprehensive book that covers all of the important aspects of nursing school. Unlike other books on this topic, this book will tell you all about nursing school--from A to Z! Nursing students often enter nursing school not knowing what to expect, and sometimes find themselves struggling to pass. Some students even become discouraged to the point of questioning whether or not they should quit or pursue a different degree. This guide was written to give students tips to pass, and to tell them exactly what to expect when attending nursing school. The author, S.L. Page, BSN, RN, currently works as a cardiac nurse, and graduated from nursing school with honors. She passed the NCLEX test on her first try, and later went on to start a popular website, where she's helped thousands of people learn more about nursing. In this book, Sarah guides the reader through what to expect in nursing school from beginning to end, covering all of the things students can expect to face, and sharing all the tips, tricks, and resources

she used along the way. Whether you're a current nursing student looking for ways to boost your performance, a high school student interested in preparing for nursing school, an adult looking to return for a nursing degree, or a recent graduate looking for tips to transition into your first job--this book can equip you with the tools and resources to help you succeed. Aside from this nursing school guide, you'll also receive a bundle of professionally designed resume and cover letter templates for submitting resumes after graduation, a printable weekly planner template to help you stay organized, and a printable flashcard template for making flashcards. All templates are in .doc or .docx format, and must be downloaded separately following instructions in the book itself. All of these resources are included with your purchase of "How to Pass Nursing School." These resources alone are worth the purchase price, but you'll get them free as a special gift when you purchase this book. It doesn't matter whether you know nothing about nursing school, or whether you're already in nursing school--this book has something for everyone. To see all of the topics covered in this book, use the "Look Inside" feature on Amazon. Here's just a sample of some of the topics covered: How to prepare for nursing school Tips for international students and returning adults Different types of nurses and degrees (LPN, RN, etc.) Sample curriculum and classes Paying for nursing school (scholarships, financial aid, etc.) Saving money on textbooks Information on care plans, clinicals, and nursing skills Nursing entrance, mid-curricular, and exit exams Studying and test-taking strategies NCLEX Nursing career information Common nursing specialties Preparing for interviews Preparing resumes and cover letters (you'll receive cover letter and resume templates) Tips to get a job and advance in your career and more Who will benefit most from this book? "How to Pass Nursing School" will best benefit the following readers: Adults or international student interested in returning to nursing school, or becoming a nurse in the U.S.(this guide will tell you what to expect) High school students planning to enter nursing school (you'll learn what to expect and how to prepare) For current nursing students, this guide will offer study tips, NCLEX tips, how to save money on books, scholarship resources, and more. If you're about to graduate nursing school (or a recent graduate)--you'll benefit from the professionally designed resume templates and cover letters, and advice on finding jobs and performing well in interviews.

Focusing on spirituality as an inherent component of effective nursing care, this text presents an unbiased view of the nature of human spirituality apart from religion. The text offers a unique interdisciplinary and inter-religious perspective—representing a range of Eastern and Western religious traditions—while addressing lifespan considerations and belief systems within the nursing process framework. Readable, interactive chapters apply the content clinically and highlight timely research on spirituality and health. Each chapter includes case studies, critical thinking questions, and personal reflection questions. Website references are also included.

Advanced Practice Palliative Nursing is the first text devoted to advanced practice nursing care of the seriously ill and dying. This comprehensive work addresses all aspects of palliative care including physical, psychological, social, and spiritual needs. Chapters include: symptoms common in serious illness, pediatric palliative care, spiritual and existential issues, issues around the role and function of the advanced practice nurse (APN), reimbursement, and nursing leadership on palliative care teams. Each chapter contains case examples and a strong evidence base to support the highest quality of care. The text is written by leaders in the field and includes authors who have pioneered the role of the advanced practice nurse in palliative care. This volume offers advanced practice content and practical resources for clinical practice across all settings of care and encompassing all ages, from pediatrics to geriatrics.

Your first 100 days at a new job could be daunting---unless you go in prepared. First Year Nurse places the wisdom and warnings of hundreds of experienced nurses right at your fingertips. You'll learn all about how to start off on the right foot; plan and prioritize; communicate with your colleagues; cope with challenging patients; keep your energy up (and stress down); and set a course for professional growth. Best of all, you'll be inspired by the compassion, insight, and enthusiasm you'll find on every page of this charming, helpful book. Features: Valuable advice and personal accounts from experienced nurses; Tips on subjects from time management to avoiding burnout.

Essential for NCLEX, course and competency review, this resource is a complete, concentrated outline of nursing fundamentals. Each chapter contains objectives, pre- and post chapter tests with comprehensive rationales, vocabulary review, practice to pass exercises, critical thinking case studies, as well as NCLEX alerts and new test-taking strategies. Content includes all of the "need-to-know" facts covering the nursing process, physical assessment, communication, professional standards, health promotion through the lifespan, and more.

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Creating an amalgamation of nursing, education and philosophy is one of the distinctive features of this book. While each of these disciplines is well established in their academic endeavors, the book provides a unique voice of nursing in the analysis of philosophy's role in education. To that end, the book features nurses' critiques of leading philosophers who have very valuable lessons for health care education. Each chapter has been written to capture aspects of the heart, mind and soul of nursing as appreciated through an exploration of a foremost philosopher. The contributors investigate their scholar's history, the essential features and examination of their work and offer pragmatic discussion questions based upon their work. Personal transcendence of the authors occurred as an unexpected byproduct of their immersion with the philosophers. This book provides philosophical underpinnings of health care education that nurses, nursing educators, clinical specialists and general healthcare educators as well as academic faculty will appreciate.

Nursing isn't a career; it's a calling. Learning how to be a great nurse at the bedside while maintaining your sanity at home is no easy task. This book talks about how to realistically live as a nurse, both at home and at the bedside.. with a little humor and some shenanigans along the way. Comprised of both stories from the bedside and practical and honest advice, this book will

provide you the tools you need to become a safe, caring, and efficient nurse as fast as possible. Based off of the popular nursing blog, Nurse Eye Roll, this ebook aims to ease the challenging transition from overwhelmed graduate nurse to successful bedside nurse. Get ready guys, it's about to get real, real nurse.

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Lippincott Nursing Procedures, 8e, is a start-to-finish guide to more than 400 nursing procedures--from basic to advanced. This reference outlines every procedure, lists equipment, details each step, and includes rationales and cautions to ensure patient safety and positive outcomes. Concise, clear content targets key information needed to perform nursing procedures safely and accurately at the bedside. Tips, alerts, checklists, illustrations, and tables provide clarity and quick access to key procedural information. Organized alphabetically for easy accessibility, the book includes basic and advanced procedures on key topics, including infection control, specimen collection, physical treatments, drug administration, IV therapy, and hemodynamic monitoring, as well as procedures related to body systems such as chest tubes, peripheral nerve stimulation, and intra-abdominal pressure monitoring.

Suffering is an unavoidable reality in health care. Not only are patients and families suffering but also the clinicians who care for them. Commonly the suffering experienced by clinicians is moral in nature, in part a reflection of the increasing complexity of health care, their roles within it, and the expanding range of available interventions. Moral suffering is the anguish that occurs when the burdens of treatment appear to outweigh the benefits; scarce human and material resources must be allocated; informed consent is incomplete or inadequate; or there are disagreements about goals of treatment among patients, families or clinicians. Each is a source of moral adversity that challenges clinicians' integrity: the inner harmony that arises when their essential values and commitments are aligned with their choices and actions. If moral suffering is unrelieved it can lead to disengagement, burnout, and undermine the quality of clinical care. The most studied response to moral adversity is moral distress. The sources and sequelae of moral distress, one type of moral suffering, have been documented among clinicians across specialties. It is vital to shift the focus to solutions and to expanded individual and system strategies that mitigate the detrimental effects of moral suffering. Moral resilience, the capacity of an individual to restore or sustain integrity in response to moral adversity, offers a path forward. It encompasses capacities aimed at developing self-regulation and self-awareness, buoyancy, moral efficacy, self-stewardship and ultimately personal and relational integrity. Clinicians and healthcare organizations must work together to transform moral suffering by cultivating the individual capacities for moral resilience and designing a new architecture to support ethical practice. Used worldwide for scalable and sustainable change, the Conscious Full Spectrum approach, offers a method to solve problems to support integrity, shift patterns that undermine moral resilience and ethical practice, and source the inner potential of clinicians and leaders to produce meaningful and sustainable results that benefit all.

This book is targeted towards individuals interested in learning more about a career in nursing. It will serve as a practical guide in answering the common questions one may have when considering the profession. The first section of the book part one, examines the endless opportunities that a nursing license can provide. The second part of the book provides the reader with information that would be helpful when applying to a program. Finally, the last section of the book guides readers through graduation and passing the licensing board examination. Twenty five different nursing professors nationwide share their tips and advice on the characteristics of a successful nursing student. These professors are from community colleges, universities and even prestigious institutions such as Yale and Johns Hopkins. Also, testimonials from students, recent nursing school graduates and seasoned nurses are included to help motivate students during the rigorous nursing school education courses.

This 100-page half-ruled (no rules) journal-notebook is designed to help you: Express yourself Record your ideas Focus your attention Explore your interests Organize your thoughts Develop your imagination Realize your natural talents Stay focused on what matters Reflect on your life experience Celebrate your accomplishments Nurture your passions and hobbies With 100 books in the "Everything I Know About" series, you will find the perfect retirement gift for the "know-it-all" (or introspective) retiree in your life at SnowbirdBooks.com

Servant Leadership in Nursing: Spirituality and Practice in Contemporary Health Care embraces the philosophy that a true leader, in any venue, must be a servant of those he or she leads. This text includes current information on the relevance of servant leadership for nurses practicing in a health care setting with extensive literature review on leadership in nursing and healthcare as well as on servant leadership. This unique text also includes many powerful and poignant perceptions and experiences of servant leadership elicited in tape-recorded interviews with 75 nursing leaders currently practicing in the contemporary healthcare system.

Integrates the perspectives of contemporary nurse leaders to foster an innovative, collaborative future Encompassing the wisdom of both established and emerging nurse leaders, this expansive book demonstrates proof of theory in action and the influence of our great nursing legacy on today's luminaries as they carve out new terrain to benefit current and future health care needs. With a far-reaching, ambitious perspective, it is the first text to link the ideas of nurse leaders from very diverse specialty areas including holism, advanced practice, education, policy, global health, journalism, and spiritual communities. The book examines the professional and scholarly accomplishments of these nurse leaders within an historical context, and facilitates succession planning for the next generation through of combination of outcomes-based writing, storytelling and personal reflection. Dozens of expert contributors from practice and theory arenas describe how to develop leadership skills and tactics through the implementation of local, national, and international initiatives. With an eye to creative evolution in education, research and clinical settings, they discuss how emerging nurse leaders can be agents of change—beyond the confines of traditional practice and curricula--through innovation and collaboration. Contributors also relate the circumstances and experiences that sparked their nursing passions, the moral/ethical foundation from which they practice, and inspired messages toward communal, societal, and global impact within nursing of the future. Each chapter author follows a template to ensure continuity and includes end-of-chapter reflection questions. Key Features: Distills the perspectives of current and emerging nurse leaders from a diverse array of specialty areas to unify the collective of nursing. Redefines praxis possibilities in education, research, and practice Outlines contributing nurse leaders' practical and scholarly accomplishments Describes how to facilitate change through innovation and collaboration Teaches the development of leadership skills and tactics

Originally published in 2001, the Textbook of Palliative Nursing has become the standard text for the field of hospice and palliative care nursing. In this new edition, the authors and editors have updated each chapter to ensure that the content is evidence-based and current references are included. They also have retained the important focus on case studies throughout the text and practical, clinically-relevant tables, figures, and other resources. Like the previous edition, this text has an introductory section of the general principles of palliative care followed by a comprehensive section on symptom assessment and management encompassing twenty-one different symptoms. Other key sections include psychosocial support and spiritual care, providing holistic perspective on care of patients facing advanced disease. The

text also includes an innovative section on special populations addressing those most in need of palliative care. The textbook is a useful resource for all nurses with the excellent section on end-of-life care across settings. In this new edition, the pediatric palliative care section has been greatly expanded and includes seven separate chapters on pediatric care. It includes a section on "special issues" addressing topics such as ethical considerations, nursing research, and public policy perspectives and concludes with a section presenting models of excellence including six international models. This edition also offers a narrative on dying based on a spouse's perspective. The text includes an appendix with an extensive list of resources for nurses in the field.

"Concentrates on the positive aspects of nursing homes and offers strategies for identifying the best facilities--a guide for maintaining and improving relationships between the elderly and their families"--Provided by publisher.

Do no harm. Take no sh*t.

Are you a recent high school grad or have you been looking toward nursing as a career option but just don't know how to start? Are you struggling with trying to decide what kind of nurse you want to be and can't find the answers at your local nursing school or two year college? This book can circumvent all your worries and uncertainties so you will take only the coursework necessary to get you where you want to be in nursing without wasting your time and tuition money on coursework that won't help you. This book can direct you toward the exact career in nursing that you have been looking for. Have you been a nurse for a while and want to advance in your career but don't know how? This book can help practicing nurses go from where they are to getting the education it takes to become a higher level nurse with better wages and a more satisfying career. Everyone wanting to expand their knowledge of the various pathways to nursing so you can be the kind of nurse you have always wanted to become. Becoming a nurse doesn't have to be so difficult as you will find out from this book. You will learn all the tips and tricks to getting your nursing education toward a high paying job with lots of satisfaction and perks. You'll discover that nursing is a growing field that will have plenty of job opportunities for you to choose from with the right education and information from this book. Get your nursing degree in record time with the tips you'll discover in this book. You won't be disappointed in the information you'll get from this book on how to become the kind of nurse you want to be. Do you want an LPN degree, a four year degree or a Master's level degree? Everything you need to know in order to get there is available for you in this book. So what's holding you back from getting started now? Just scroll back up and hit the buy now button so you can begin learning what you need to know to become a nurse and have a fulfilling career you will actually enjoy!

You think hospitals are full of calm competent professionals? You're about to get a true behind-the-scenes look at exactly what it's like to be a nurse. (And a male nurse, at that!) Oh, Nurse! is David Daniels's first-hand account of his experiences as a nurse, offering personal anecdotes to peel open the curtain to unveil the secrets of the nursing life. Following Daniels over the course of his 30-year career, this book helps the reader discover the hidden truths of medical professionals, both good and not so good, and it even describes specific instances where he either succeeds or fails to help particular patients. This book will show you: - The good, bad, and ugly everyday life of a nurse. - The nuances of being a male in a female-dominated profession. - What it takes to be successful in the medical field. - Hidden truths of medical professionals from dirty secrets in the break room to losing the motivation to help patients. With its memoir structure, Oh, Nurse! brings the nursing profession to life. As David Daniels finds the strength to overcome his own hurdles, he also manages to help his patients find joy and hope in the grimmest of situations. And with this tell-all book, he aims to do the same for you.

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