

## Eleven Rings

Nat's What I Reckon was the tattooed lockdown saviour we didn't know we needed, rescuing us from packet food, jar sauce and total boredom with his hilarious viral recipe videos that got us cooking at home like champions again. Now that we've cooked our way out of lockdown and are wondering what the hell to do next, our favourite ratbag is back – and he's ready to teach us more about life in this thoroughly unhelpful (but maybe actually kinda helpful?) self-help guide. Nat's already shown us that jar sauce can get f\*cked. But what else is sh\*t – and what's actually not sh\*t? Is it all as bad as we feel like it is most of the time? No part of our weird world and strange behaviour is spared as our long-haired guru tells us what he reckons about it all – and amps up the flavour with some eye-watering stories from his early years before a swearsy video about pasta sauce shot him to global fame. With Nat's nine no-nonsense rules, you'll be on the road to being a better d\*ckhead faster than you can say 'get in the bin' to jar sauce. And if you screw it up: it doesn't bloody Parramatta! Features a small selection of Nat's favourite recipes illustrated by Sydney artists Bunkwaa, Glenno and Onnie O'Leary.

Eleven Rings The Soul of Success Penguin

Even among the most elite performers, certain athletes stand out as a cut above the rest, able to outperform in clutch, game-deciding moments. These athletes prove that raw athletic ability doesn't necessarily translate to a superior on-field experience—its the mental game that matters most. Sports participation—from the recreational to the collegiate Division I level—is at an all-time high. While the caliber of their games may differ, athletes at every level have one thing in common: the desire to excel. In *The Champion's Mind*, sports psychologist Jim Afremow, PhD, offers the same advice he uses with Olympians, Heisman Trophy winners, and professional athletes, including:

- How to get in a "zone," thrive on a team, and stay humble
- How to progress within a sport and sustain long-term excellence
- Customizable pre-performance routines to hit full power when the gun goes off or the puck is dropped

With hundreds of useful tips, breakthrough science, and cutting-edge workouts from the world's top trainers, *The Champion's Mind* will help you shape your body to ensure a longer, healthier, happier lifetime. *More than a Game* covers the years that follow the one featured in the ESPN documentary series "The Last Dance." After leaving the Bulls at the end of the 1997-1998 season—the year featured in the new ESPN documentary series "The Last Dance"—Phil Jackson had one year off and started to write this book—together with his old friend, fellow player and coach, the basketball novelist Charley Rosen. Then Phil took the LA Lakers coaching job, Rosen followed him there, and by the time they finished writing this book it was 2000 and Phil had won yet another NBA championship, the first of five he would win with his new team. In *More than a Game*, Jackson and Rosen look backward to their origins as players and coaches, forward to the future of the game of basketball, and linger in the moving target of the present—lavishing page after page on the Triangle Offense and all the ways it reveals the essence of the game of basketball they both love so much. This is Jackson in his prime, transitioning from the Bulls to the Lakers, a master of the art of winning, who would go on to claim more NBA championships, eleven, than any other coach in NBA history. As he writes in *More than a Game* of his newest championship team: "We won because our fundamentals were sound, because Shaq was so dominant and Kobe was so creative, but we also won because we developed a certain confidence in our ability to win."

An award-winning trainer draws on experience with such top athletes as Michael Jordan, Kobe Bryant and Ken Griffey, Jr. to explain how to tap dark competitive reflexes in order to succeed regardless of circumstances, explaining the importance of finding internal resources and harnessing the power of personal fears and instincts.

A provocative and revelatory new biography of the legendary UCLA coach John Wooden, by

one of America's top college basketball writers No college basketball coach has ever dominated the sport like John Wooden. His UCLA teams reached unprecedented heights in the 1960s and '70s capped by a run of ten NCAA championships in twelve seasons and an eighty-eight-game winning streak, records that stand to this day. Wooden also became a renowned motivational speaker and writer, revered for his "Pyramid of Success." Seth Davis of Sports Illustrated and CBS Sports has written the definitive biography of Wooden, an unflinching portrait that draws on archival research and more than two hundred interviews with players, opponents, coaches, and even Wooden himself. Davis shows how hard Wooden strove for success, from his All-American playing days at Purdue through his early years as a high school and college coach to the glory days at UCLA, only to discover that reaching new heights brought new burdens and frustrations. Davis also reveals how at the pinnacle of his career Wooden found himself on questionable ground with alumni, referees, assistants, and even some of his players. His was a life not only of lessons taught, but also of lessons learned. Woven into the story as well are the players who powered Wooden's championship teams – Kareem Abdul-Jabbar, Bill Walton, Walt Hazzard, and others – many of whom speak frankly about their coach. The portrait that emerges from Davis's remarkable biography is of a man in full, whose life story still resonates today.

In 1980, there were exactly four professional bike racers in America. Six years later, an American cycling team would wear the coveted yellow jersey of the Tour de France. And that same team would go on to win Italy's greatest race--the Giro d'Italia--only two years later. Team 7-Eleven is the extraordinary story of how two Olympic speed skaters, Jim Ochowicz and Eric Heiden, pulled together a small group of amateur cyclists and turned them into one of the greatest cycling teams the sport has known. From humble beginnings in a barn in Pennsylvania to soaring victories in the French Alps, Team 7-Eleven is the complete history that has never been fully told--until now. The 7-Eleven Cycling Team--Team 7-Eleven for short--launched the careers of American cycling superstars Andy Hampsten, Davis Phinney, Bob Roll, Ron Kiefel, and many more. It also changed the cycling world, creating a new team structure based on multiple stars, unified goals, and personal sacrifice for the greater good. And yet at the time it was formed, the number of American cyclists with world-class experience could be counted--literally--on one hand. And the number of American teams that competed in Europe's biggest races was exactly zero. Team 7-Eleven is the amazing story of how two cycling fans found one exceptional sponsor and created the greatest American cycling team of its era. Written with the enthusiastic cooperation of the team members, Team 7-Eleven will impress cycling fans with behind-the-scenes stories of the team's founding, its growing pains, and its lasting success as the team that established America as a powerhouse in the world of professional cycling.

The pro-basketball coach and popular motivational speaker presents his recipe for leadership, personal growth, and control of shifting dynamics, showing how to forge strong groups that can work together to create success. 225,000 first printing.

"The book is like a dream you want to last forever" (Roberta Silman, The New York Times Book Review), now with a gorgeous new cover by the famed designer Peter Mendelsund The Rings of Saturn—with its curious archive of photographs—records a walking tour of the eastern coast of England. A few of the things which cross the path and mind of its narrator (who both is and is not Sebald) are lonely eccentrics, Sir Thomas Browne's skull, a matchstick model of the Temple of Jerusalem, recession-hit seaside towns, wooded hills, Joseph Conrad, Rembrandt's "Anatomy Lesson," the natural history of the herring, the massive bombings of WWII, the dowager Empress Tzu Hsi, and the silk industry in Norwich. W.G. Sebald's *The Emigrants* (New Directions, 1996) was hailed by Susan Sontag as an "astonishing masterpiece perfect while being unlike any book one has ever read." It was "one of the great books of the last few years," noted Michael Ondaatje, who now acclaims *The Rings of Saturn* "an even

more inventive work than its predecessor, *The Emigrants*."

The New York Times Bestseller, updated With a New Introduction This is the 20th anniversary of the explosive bestseller that changed the way the world viewed one of the greatest athletes in history, revealing for the first time Michael Jordan's relentless drive to win anything and everything, at any cost. NBA Hall of Fame columnist Sam Smith had unlimited access to the team and its players during their championship 1991-92 season, which he details in the new introduction, along with candid revelations about his sources, and the reaction from Michael, his teammates, the media, and the fans when the book blasted onto the bestseller lists in 1992 (where it stayed for three months). With more than a million copies in print, *The Jordan Rules* remains the ultimate inside look at one of the most legendary teams in sports history.

Champions do extra. They sweep the sheds. They follow the spearhead. They keep a blue head. They are good ancestors. In *Legacy*, best-selling author James Kerr goes deep into the heart of the world's most successful sporting team, the legendary All Blacks of New Zealand, to reveal 15 powerful and practical lessons for leadership and business. *Legacy* is a unique, inspiring handbook for leaders in all fields, and asks: What are the secrets of success - sustained success? How do you achieve world-class standards, day after day, week after week, year after year? How do you handle pressure? How do you train to win at the highest level? What do you leave behind you after you're gone? What will be your legacy?

With eleven championship rings to his name, Phil Jackson is internationally recognized as one of the greatest coaches in the history of the NBA. Known as a defensive disrupter and a master fouler during his early days as a New York Knick and later celebrated as the "Zen Master" for his inspirational tactics as a leader, Jackson has had a long and storied career marked by constant self-reflection and reinvention. This is the man who led Michael Jordan and the Chicago Bulls to six championships, Kobe Bryant and the Los Angeles Lakers to five; who was inducted into the Basketball Hall of Fame; and who retired in 2011, an official legend—and the most sought-after free-agent coach in history. As befits a legend, Jackson has written several candid, insightful books about his life and career, but now one of America's most respected sportswriters turns an unvarnished light on Jackson's strange and remarkable journey, from his sheltered childhood and adolescence in Montana and North Dakota, through his years playing at Madison Square Garden, to his experiences coaching Jordan, Bryant, and more of the greatest players of our time. New York Times-bestselling author Peter Richmond has written a personal, definitive, revealing biography of a veritable sports genius, and an American classic.

Documents the story of the Olympic squad that won the gold at the 1992 Barcelona Games, assessing the achievements and legacy of some of the NBA's greatest players, including Magic Johnson, Michael Jordan, and Charles Barkley.

A young man's journey through the Philippines' most unlikely obsession: basketball. In *Pacific Rims*, Rafe Bartholemew, journalist, *New Yorker*, and veteran baller, ventures through the Philippines to investigate the country's love of basketball. From street corners where diehards fashion hoops out of old car parts to the professional league where politicians exploit team loyalties to win elections, *Pacific Rims* gets the story—and gets in the game.

For fans of the hit Netflix docuseries *The Last Dance*. During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers, Phil Jackson won more championships than any coach in the history of professional sports. Even more important, he succeeded in never wavering from coaching his way, from a place of deep values. Jackson was tagged as the 'Zen master' half in jest by sportswriters, but the nickname speaks to an important truth: this is a coach who inspired, not goaded; who led by awakening and challenging the better angels of his players' nature, not their egos, fear, or greed. This is the story of a preacher's kid from North Dakota who grew up to be one of the most innovative leaders of our time. In his quest to reinvent himself, Jackson explored everything from humanistic psychology and Native

American philosophy to Zen meditation. In the process, he developed a new approach to leadership based on freedom, authenticity, and selfless teamwork that turned the hyper-competitive world of professional sports on its head. In *Eleven Rings*, Jackson candidly describes how he: - Learned the secrets of mindfulness and team chemistry while playing for the champion New York Knicks in the 1970s - Managed Michael Jordan, the greatest player in the world, and got him to embrace selflessness, even if it meant losing a scoring title - Forged successful teams out of players of varying abilities by getting them to trust one another and perform in sync - Inspired Dennis Rodman and other 'uncoachable' personalities to devote themselves to something larger than themselves - Transformed Kobe Bryant from a rebellious teenager into a mature leader of a championship team. Eleven times, Jackson led his teams to the ultimate goal: the NBA championship six times with the Chicago Bulls and five times with the Los Angeles Lakers. We all know the legendary stars on those teams, or think we do. What *Eleven Rings* shows us, however, is that when it comes to the most important lessons, we don't know very much at all. This book is full of revelations: about fascinating personalities and their drive to win; about the wellsprings of motivation and competition at the highest levels; and about what it takes to bring out the best in ourselves and others.

Photographs combine with Jordan's personal anecdotes and reminiscences to chronicle the life and times of the great basketball player, detailing his college and professional career, the murder of his father, and the business of basketball

The inside story of one of basketball's most legendary and game-changing figures A New York Times bestseller During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers, Phil Jackson won more championships than any coach in the history of professional sports. Even more important, he succeeded in never wavering from coaching his way, from a place of deep values. Jackson was tagged as the "Zen master" half in jest by sportswriters, but the nickname speaks to an important truth: this is a coach who inspired, not goaded; who led by awakening and challenging the better angels of his players' nature, not their egos, fear, or greed. This is the story of a preacher's kid from North Dakota who grew up to be one of the most innovative leaders of our time. In his quest to reinvent himself, Jackson explored everything from humanistic psychology and Native American philosophy to Zen meditation. In the process, he developed a new approach to leadership based on freedom, authenticity, and selfless teamwork that turned the hypercompetitive world of professional sports on its head. In *Eleven Rings*, Jackson candidly describes how he: • Learned the secrets of mindfulness and team chemistry while playing for the champion New York Knicks in the 1970s • Managed Michael Jordan, the greatest player in the world, and got him to embrace selflessness, even if it meant losing a scoring title • Forged successful teams out of players of varying abilities by getting them to trust one another and perform in sync • Inspired Dennis Rodman and other "uncoachable" personalities to devote themselves to something larger than themselves • Transformed Kobe Bryant from a rebellious teenager into a mature leader of a championship team. Eleven times, Jackson led his teams to the ultimate goal: the NBA championship—six times with the Chicago Bulls and five times with the Los Angeles Lakers. We all know the legendary stars on those teams, or think we do. What *Eleven Rings* shows us, however, is that when it comes to the most important lessons, we don't know very much at all. This book is full of revelations: about fascinating personalities and their drive to win; about the wellsprings of motivation and competition at the highest levels; and about what it takes to bring out the best in ourselves and others.

During his years as a POW in North Korea, "Doc" Boysen endured hardships he never

intended to pass along, especially to his family. Men who refused to eat starved; his children would clean their plates. Men who were weak died; his children would develop character. They would also learn to fear their father, the hero. In a memoir at once harrowing and painfully poignant, Catherine Madison tells the stories of two survivors of one man's war: a father who withstood a prison camp's unspeakable inhumanity and a daughter who withstood the residual cruelty that came home with him. Doc Boysen died fifty years after his ordeal, his POW experience concealed to the end in a hidden cache of documents. In *The War Came Home with Him*, Madison pieces together the horrible tale these papers told—of a young captain in the U.S. Army Medical Corps captured in July 1950, beaten and forced to march without shoes or coat on icy trails through mountains to camps where North Korean and Chinese captors held him for more than three years. As the truth about her father's past unfolds, Madison returns to a childhood troubled by his secret torment to consider, in a new light, the telling moments in their complex relationship. Beginning at her father's deathbed, with all her questions still unspoken, and ending with their final conversation, Madison's dual memoir offers a powerful, intimate perspective on the suppressed grief and thwarted love that forever alter a family when a wounded soldier brings his war home.

Phil Jackson has had a lifelong passion for music and in his book *Within You, Without You* examines the post-war years to the year of the 'summer of love', 1967, from the perspective of a listener, a writer and collector, drawing on a variety of sources and his own personal experiences to provide an extensive, analytical and engaging account of a seminal period in the history of popular culture and music. His book is unique in examining the mystery and magic of the music that emerged in the '60s within its historical context with particular reference to the impact and influence of The Beatles whose 'Sergeant Pepper's Lonely Hearts Club Band' was a 'high water mark' in the development of pop and rock music and culture. A multiplicity of musical artists across various genres are discussed in a multi-faceted approach that includes a comprehensive reference guide with recommendations for fans, collectors and newcomers alike.

Phil Jackson offers his own take on his 2003-2004 season with the Los Angeles Lakers, chronicling the difficulties faced by the team--difficult relationships, public feuds, and injuries--and their successful journey to the NBA finals.

With a new introduction, Phil Jackson's modern classic of motivation, teamwork, and Zen insight is updated for a whole new readership "Not only is there more to life than basketball, there's a lot more to basketball than basketball." --Phil Jackson Eleven years ago, when Phil Jackson first wrote these words in *Sacred Hoops*, he was the triumphant head coach of the Chicago Bulls, known for his Zen approach to the game. He hadn't yet moved to the Los Angeles Lakers, with whom he would bring his total to an astounding nine NBA titles. In his thought-provoking memoir, he revealed how he directs his players to act with a clear mind--not thinking, just doing; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst of chaos; to put the "me" in service of the "we"--all lessons applicable to any person's life, not just a professional basketball player's. This inspiring book went on to sell more than 400,000 copies. In his new introduction, Jackson explains how the concepts in *Sacred Hoops* are relevant to the issues facing his current team--and today's reader.

The Mamba Mentality: How I Play is Kobe Bryant's personal perspective of his life and career on the basketball court and his exceptional, insightful style of playing the game—a fitting legacy from the late Los Angeles Laker superstar. In the wake of his retirement from professional basketball, Kobe “The Black Mamba” Bryant decided to share his vast knowledge and understanding of the game to take readers on an unprecedented journey to the core of the legendary “Mamba mentality.” Citing an obligation and an opportunity to teach young players, hardcore fans, and devoted students of the game how to play it “the right way,” The Mamba Mentality takes us inside the mind of one of the most intelligent, analytical, and creative basketball players ever. In his own words, Bryant reveals his famously detailed approach and the steps he took to prepare mentally and physically to not just succeed at the game, but to excel. Readers will learn how Bryant studied an opponent, how he channeled his passion for the game, how he played through injuries. They'll also get fascinating granular detail as he breaks down specific plays and match-ups from throughout his career. Bryant's detailed accounts are paired with stunning photographs by the Hall of Fame photographer Andrew D. Bernstein. Bernstein, long the Lakers and NBA official photographer, captured Bryant's very first NBA photo in 1996 and his last in 2016—and hundreds of thousands in between, the record of a unique, twenty-year relationship between one athlete and one photographer. The combination of Bryant's narrative and Bernstein's photos make The Mamba Mentality an unprecedented look behind the curtain at the career of one of the world's most celebrated and fascinating athletes. One of the most successful coaches in NBA history, Phil Jackson provides an inside look at the higher wisdom of teamwork with Sacred Hoops -- Jackson's philosophy of mindful basketball and his life-long quest to bring enlightenment to the competitive world of professional sports. A new paradigm of leadership based on Eastern and Native American principles, Jackson's approach flies in the face of the egoistic, winner-take-all attitude that has changed the face of American sports. Rather than winning through intimidation, Jackson -- who describes himself as a Zen Christian -- stresses awareness, compassion and most of all selfless team play. Filled with stories about Michael Jordan, Scottie Pippen, Toni Kukoc and other members of the Bulls ...

This is James Allen's first book, published in 1901. It was also titled The Realization of Prosperity and Peace. Allen described this book as "A Book for all those who are in search of better conditions, wider freedom, and increased usefulness." This book appeals to the reader from his own standpoint, and indicates the line of development along which each one should work in order to accomplish the greatest amount of lasting good. Enduring success in any direction is shown to be the result of inward adjustment and growth. Each may accelerate his own progress by silently, but effectively harmonizing his mental forces, the good effects of which will soon become manifest in improved circumstances, and wider opportunities. This Book is suitable for men and women in all circumstances, stations, and conditions of life. The Truth is so presented in its pages as to render it adaptable to all minds. Numbers of business men have profited largely by reading it, while those sacking the highest Truth have entered into larger light and greater peace by studying its chapters.

Do you want more free book summaries like this? Download our app for free at <https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries. The study of economics can be wilder than you think. Have you ever wondered

why we make the money mistakes that we do? With such a wealth of financial advice available, it seems stunning that we could make such bad investments or foolhardy purchases. Freakonomics uses the principles of economic analysis to unpack this concept for us and explain why we make the choices we do. And through Levitt and Dubner's critical study, you'll learn the surprising truth about how we can apply economics to every facet of our lives from dating to big purchases!

Using examples from his long career, a legendary basketball coach outlines the benefits of negative thinking, which helps build a realistic strategy that takes all potential obstacles into account.

Two political strategists offer the tools to become successful in any field, and cover everything from how to present an argument and get the message across to how to compromise and handle negative publicity.

Inspiring life lessons from NBA's Zen master. Eleven Rings ...in 30 minutes is the essential guide to quickly understanding Phil Jackson's legendary basketball career and his valuable insights on leadership, teamwork, and bringing out the best in yourself and those around you. Understand the key ideas of Eleven Rings in a fraction of the time, using this guide's: Concise synopsis, which examines the remarkable personal and professional history of Phil Jackson In-depth analysis of Phil Jackson's elegant mix of spirituality, which spans from Native American philosophy to Zen meditation Practical applications for implementing the author's strategies for success and mindfulness into your everyday life Extensive recommended reading list and glossary Eleven Rings: The Soul of Success conveys Phil Jackson's journey from small-town preacher's son to New York Knicks basketball player to practitioner of a spirituality that would ultimately revolutionize pro sports. Arguably the best NBA coach in history, Jackson details the psychology, spirituality, and technical strategy behind his experiences winning eleven NBA championships-six times as head coach of the Chicago Bulls and five times as head coach of the Los Angeles Lakers. Eleven Rings is a carefully sculpted book that entertains readers with anecdotes and intimate recollections of how Jackson discovered the uniqueness of each of his players, superstar or not, and the phenomenon of turning individuals into a collective consciousness-a coaching style that enabled him to transcend the success known to any other NBA coach. Revealing Jackson's winning approach to teamwork, leadership, and mindfulness, Eleven Rings presents valuable lessons that can be aptly applied to almost any life situation, personal or professional. About the 30 Minute Expert Series Offering a concise exploration of a book's ideas, history, application, and critical reception, each text in the 30 Minute Expert Series is designed for busy individuals interested in acquiring an in-depth understanding of seminal works. The series offers detailed analyses, critical presentations of key ideas and their application, extensive reading lists for additional information, and contextual understanding of the work of leading authors. Designed as companions to the original works, the 30 Minute Expert Series enables readers to develop expert knowledge of important works ...in 30 minutes. As with all books in the 30 Minute Expert Series, this book is intended to be purchased alongside the reviewed title, Eleven Rings: The Soul of Success.

"Tribal Leadership gives amazingly insightful perspective on how people interact and succeed. I learned about myself and learned lessons I will carry with me and reflect on for the rest of my life." —John W. Fanning, Founding Chairman and CEO napster Inc. "An unusually nuanced view of high-performance cultures." —Inc. Within each corporation are anywhere from a few to hundreds of separate tribes. In Tribal Leadership, Dave Logan, John King, and Hallee Fischer-Wright demonstrate how these tribes develop—and show you how to assess them and lead them to maximize productivity and growth. A business management book like no other, Tribal Leadership is an essential tool to help managers and business leaders take better control of their organizations by utilizing the unique characteristics of the tribes that exist within.

The first volume in J.R.R. Tolkien's epic adventure THE LORD OF THE RINGS One Ring to

rule them all, One Ring to find them, One Ring to bring them all and in the darkness bind them In ancient times the Rings of Power were crafted by the Elven-smiths, and Sauron, the Dark Lord, forged the One Ring, filling it with his own power so that he could rule all others. But the One Ring was taken from him, and though he sought it throughout Middle-earth, it remained lost to him. After many ages it fell into the hands of Bilbo Baggins, as told in *The Hobbit*. In a sleepy village in the Shire, young Frodo Baggins finds himself faced with an immense task, as his elderly cousin Bilbo entrusts the Ring to his care. Frodo must leave his home and make a perilous journey across Middle-earth to the Cracks of Doom, there to destroy the Ring and foil the Dark Lord in his evil purpose. "A unique, wholly realized other world, evoked from deep in the well of Time, massively detailed, absorbingly entertaining, profound in meaning." – New York Times

The story of the Lakers dynasty from 1996 through 2004, when Kobe Bryant and Shaquille O'Neal combined—and collided—to help bring the Lakers three straight championships and restore the franchise as a powerhouse In the history of modern sport, there have never been two high-level teammates who loathed each other the way Shaquille O'Neal loathed Kobe Bryant, and Kobe Bryant loathed Shaquille O'Neal. From public sniping and sparring, to physical altercations and the repeated threats of trade, it was warfare. And yet, despite eight years of infighting and hostility, by turns mediated and encouraged by coach Phil Jackson, the Shaq-Kobe duo resulted in one of the greatest dynasties in NBA history. Together, the two led the Lakers to three straight championships and returned glory and excitement to Los Angeles. In the tradition of Jeff Pearlman's bestsellers *Showtime*, *Boys Will Be Boys*, and *The Bad Guys Won*, *Three-Ring Circus* is a rollicking deep dive into one of sports' most fraught yet successful pairings.

Nick Nurse distills the wisdom, insight, and experiences that helped him lead the Toronto Raptors to the NBA championship in his first year as head coach. Foreword by Phil Jackson. NBA fans had modest expectations for rookie coach Nick Nurse and his Toronto Raptors. But what those naysayers didn't realize was that Nurse had spent the past thirty years proving himself at every level of the game, from youth programs and college ball to the NBA D League and Britain's struggling pro circuit. While few coaches have taken such a circuitous path to pro basketball's promised land, the journey—which began at Kuemper Catholic high school in Carroll, Iowa—forged a coach who proved to be as unshakable as he is personable. On the road, he is known to bring his guitar and keyboard for late-night jazz and blues sessions. In the locker room, he's steadfast and even-keeled regardless of the score. On the court, he pulls out old-school tactics with astounding success. A rookie in name but a veteran in attitude, Nurse is seemingly above the chaos of the game and, with only two seasons on his résumé, has already established himself as one of the NBA's most admired head coaches. Now, in this revealing new book—equal parts personal memoir, leadership manifesto, and philosophical meditation—Nurse tells his own story. Given unprecedented access inside the Raptors' locker room, readers get an intimate study of not only the team culture he has built, but also of a rookie coach's unique dynamic with the star players—such as Kawhi Leonard, Kyle Lowry, and Pascal Siakam—who helped trailblaze the 2019 championship run. As much for readers of Ray Dalio as for fans of John Wooden and Pat Summitt, *Rapture* promises to be a necessary read for anyone looking to forge their own path to success.

A New York Times Notable Book Here is the story of an all-Jewish basketball team traveling in a hearse through Depression-era America in search of redemption and big money. A hilarious road novel, *The House of Moses All-Stars* is also a passionate portrayal of a young Jewish man struggling to realize his dreams in a country struggling to recover its ideals. Charley Rosen gives us basketball as a metaphor for life. Aaron Steiner, the protagonist of *The House of Moses All-Stars*, is a man very close to the

edge. The former college basketball star has watched his dreams of being a successful player fall apart, his marriage disintegrate, and his baby die. In desperation he accepts his friend's offer to join a Jewish professional basketball team—The House of Moses All-Stars—which is traveling on a cross-country tour in a renovated hearse. Aaron's teammates—a Communist, a Zionist, a former bank robber, and a red-headed Irishman who passes for a Jew—are, like Aaron, trying to escape their own troubled pasts. As the members of this motley crew travel west to California through an anti-Semitic land that disdains and rebuffs them, they discover a nation grappling with social and economic collapse and fear of foreigners, in conflict with its own democratic ideals of tolerance and opportunity. Told with a rueful eye, *The House of Moses All-Stars* looks critically and lovingly at what it means to be an outsider in America.

The never-before-told story of the Buss family and of one woman's rise to the top in a man's world, *Laker Girl* is an unprecedented glimpse into the glamorous world of the Los Angeles Lakers. It is also a behind-the-scenes journal of the 2009–10 Lakers season, a year in which the franchise captured its 16th world championship. By the time Jeanie was 19, she was already a high-ranking executive with World Team Tennis. Today, she is the Lakers' executive vice president of business operations and one of the most influential women in professional sports. Along the way, she's rubbed elbows with everyone from Michael Jordan, John McEnroe, and Shaquille O'Neal to Ryan Seacrest, Khloe Kardashian, Hugh Hefner, and Jack Nicholson. And she's done it all in her own unique, inimitable style. In this updated edition, Buss discusses her recent engagement to Phil Jackson and looks back on the Lakers' eventful past three seasons—an era that has included multiple coaching changes, changes in the front office, a new TV deal, and much more.

After discovering the true nature of the One Ring, Bilbo Baggins entrusts it to the care of his young cousin, Frodo, who is charged with bringing about its destruction and thus foiling the plans of the Dark Lord.

The head coach of the Chicago Bulls and Los Angeles Lakers traces the life experiences and philosophies that inspired his championship-winning techniques, revealing how he forged successful teams by combining talents and promoting trust. The definitive biography of a legendary athlete. The Shrug. The Shot. The Flu Game. Michael Jordan is responsible for sublime moments so ingrained in sports history that they have their own names. When most people think of him, they think of his beautiful shots with the game on the line, his body totally in sync with the ball -- hitting nothing but net. But for all his greatness, this scion of a complex family from North Carolina's Coastal Plain has a darker side: he's a ruthless competitor and a lover of high stakes. There's never been a biography that encompassed the dual nature of his character and looked so deeply at Jordan on and off the court -- until now. Basketball journalist Roland Lazenby spent almost thirty years covering Michael Jordan's career in college and the pros. He witnessed Jordan's growth from a skinny rookie to the instantly recognizable global ambassador for basketball whose business savvy and success have millions of kids still wanting to be just like Mike. Yet Lazenby also witnessed the Michael Jordan whose drive and appetite are more fearsome and more insatiable than any of his fans could begin to know. *Michael Jordan: The Life* explores both sides of his personality to reveal the fullest, most compelling story of the man who is Michael Jordan. Lazenby draws on his personal relationships with Jordan's coaches; countless

interviews with Jordan's friends, teammates, and family members; and interviews with Jordan himself to provide the first truly definitive study of Michael Jordan: the player, the icon, and the man.

An opinionated tour of the past, present, and future of pro basketball, written by ESPN's "Sports Guy" columnist, shares insights on everything from major NBA events and underrated players to how Hall of Famers should be selected.

**\*\* TELEGRAPH SPORTS BOOK OF THE YEAR \*\* DOUBLE WINNER: BEST AUTOBIOGRAPHY & BEST OVERALL SPORTS BOOK OF 2020 INCLUDES A NEW CHAPTER ON WILDER VS FURY 2** \_\_\_\_\_

'Incredible stories... you don't have to be a boxing fan to enjoy it' SCOTT MILLS, BBC RADIO 1 'One of sport's most heart-warming stories' SUNDAY TIMES, SPORTS BOOK OF THE YEAR 'A must-read for any boxing fan.' WORLD BOXING NEWS 'If you know someone who is a fan of the People's Champion then they'll love this.' TALKSPORT XMAS GIFT GUIDE The extraordinary story of the rise and fall and rise again of Tyson Fury... THE GYPSY KING. A Manchester lad from Irish Traveller stock, born three months premature and weighing just a pound at birth, Tyson (named after his father's boxing hero) grew up to become one of the most unlikely heavyweight champions in history. This 'dream come true' soon turned to nightmare, however, as alcohol and cocaine abuse took hold and Tyson was stripped of his titles. What followed was the darkest moment of his life - detailed in this book for the first time - in which he came within seconds of ending everything. THE PEOPLE'S CHAMPION. Like all the greatest stories, though, there is redemption and Tyson defies all the odds and literally drags himself to his feet. 10 million people around the globe watched Fury fight Wilder in the biggest fight of the boxing calendar. Speaking candidly about his struggles with mental health, this is Tyson Fury as you have never seen him before. A BRITISH ICON.

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