

Elementals And Nature Spirits

‘People often ask us about the best way to come close to nature and the beings enchanted within it. One way to do so is through wonder and astonishment, to open our senses fully to nature’s beauty and wisdom. And here we can encounter entities that most closely resemble human beings — the trees.’ Verena has learned to communicate with elemental and nature beings, and to translate their language into terms we can understand. In her remarkable book *Nature Spirits and What They Say*, she conversed with a range of beings, including spirits of fire, air, water and stone. In this new volume, we hear from trees, the nature spirits that in many ways are most similar to human beings. Through Verena’s remarkable clairvoyant abilities, conversations with different tree species – such as sweet cherry, rowan, elm and common oak – are relayed. These communications reveal compelling insights into the role of trees within the natural world and their relationships with the vegetable, animal, human and spirit kingdoms. Particular emphasis is placed on the characteristics of trees that correspond with qualities of the human soul, such as the oak’s connection to individualism. The tree spirits want to speak, and are responsive all kinds of questions, such as their roles in the landscape, their specific shapes, on problems that affect them in particular, and on urgent issues that are relevant to all beings on earth, such as climate change. The interviews disclose beautiful, fascinating and often challenging insights, offering inspiration to help us build more constructive relationships to these wonderful entities.

Based on knowledge attained through his highly-trained clairvoyance, Rudolf Steiner contends that folk traditions regarding nature spirits are based on spiritual reality. He

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describes how people possessed a natural spiritual vision in ancient times, enabling them to commune with nature spirits. These entities - which are also referred to as elemental beings - became immortalised as fairies and gnomes in myth, legend and children's stories. Today, says Steiner, the instinctive understanding that humanity once had for these elemental beings should be transformed into clear scientific knowledge. He even asserts that humanity will not be able to reconnect with the spiritual world if it cannot develop a new relationship to the elementals. The nature spirits themselves want to be of great assistance to us, acting as 'emissaries of higher divine spiritual beings'.

Mercedes Lackey's magical Elemental Masters series recasts familiar fairy tales in a richly-imagined alternate Victorian world For seventeen years, Marina Roeswood had lived in an old, rambling farmhouse in rural Cornwall in the care of close friends of her wealthy, aristocratic parents. As the ward of bohemian artists in Victorian England, she had grown to be a free thinker in an environment of fertile creativity and cultural sophistication. But the real core of her education was far outside societal norms. For she and her foster parents were Elemental Masters of magic, and learning to control her growing powers was Marina's primary focus. But though Marina's life seemed idyllic, her existence was riddled with mysteries. Why, for example, had she never seen her parents, or been to Oakhurst, her family's ancestral manor? And why hadn't her real parents, also Elemental Masters, trained her themselves? That there was a secret about all this she had known from the time she had begun to question the world around her. Yet try as she might, she could get no clues out of her guardians. But Marina would have answers to her questions all too soon. For with the sudden death of her birth parents, Marina met her new guardian—her father's eldest sister Arachne. Aunt Arachne exuded a dark magical

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aura unlike anything Marina had encountered, a stifling evil that seemed to threaten Marina's very spirit. Slowly Marina realized that her aunt was the embodiment of the danger her parents had been hiding her from in the backwoods of Cornwall. But could Marina unravel the secrets of her life in time to save herself from the evil that had been seeking her for nearly eighteen years?

Have you ever taken a walk in the woods and felt like you were not alone? That's because you weren't! Forests, lakes, mountains, caves—even your garden—are alive with the spirits of nature. Faeries are real, and you can learn to commune with a whole world of unseen beings, including elves, devas, and nature spirits. With an open mind and a little patience, you can begin to recognize their presence all around you.

This book will help you deepen your connection to the natural world as you explore the magical, mystical world of the faerie folk. Discover hidden truths in faerie tales and use them as pathways into the faerie realm. Learn the basic habitats, powers and behaviors of faeries, elves, and other nature spirits. Read personal accounts of actual faerie encounters. Invoke fire spirits for traditional psychic readings. Share the magic and knowledge of twenty tree spirits. Find the elementals—gnomes, undines, sylphs and salamanders—with which you resonate most. Contact water sprites, mermaids and other water spirits. Find wood nymphs and the "lady of the woods." Draw dragons into your environment with the right fragrances. Attract a faerie godmother into your life. Recapture the magic and wonder of a world where trees still speak and every flower tells a story. Explore the faerie realm—a place where faerie tales can and do come true.

The term 'Nature Spirits' or 'Elementals,' generally conjures up images of dancing fairies or mischievous gnomes. Yet that's not what they are, not at all. You see, every aspect of Nature... from the flowers that bloom in the springtime, to the

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giant Red Woods that have stood tall for decades, has a spirit inside them. This 'Spirit of Nature' or 'Elemental Spark' works alongside Mother Nature, using its chosen talents and insights to accomplish what needs to be done to maintain our planet. If that's the case, then what about the land itself, or the mountains and stones that cover this planet, you wonder? Wouldn't they also be considered Nature Spirits? The answer is... Yes, of course. The Earth is full of ancient knowledge and the Stones and their counterparts have been the keepers of this knowledge since the beginning of time. It is only through them that we can discover how our world first began and what other secrets and purposes the Nature Spirits of this planet still hold in today's world. Inside this book they have provided us with many of the answers, not only regarding questions about the past but the future as well. Questions such as...where did the Standing Stones and Circles come from and what was the real purpose of those giant, ancient pyramids? Were visitors from the stars responsible for the building of this planet, and why do some volcanos remain active while others sleep? What about the land itself? How does it feel about being battled upon, or built upon for that matter? These are just a few of the answers the Elementals of this planet give us. Come inside and discover a world that most never knew existed. A place full of insight, ancient knowledge and fascinating facts, alive with hidden secrets and details that only Nature Spirits that have been around since the beginning of time would know. Yes, the Elemental Kingdom does exist. It's with great pleasure that the Nature Spirits of the Land now ask that you enter their world as they give you the answers to many of the questions you've always wondered about... "Elementally Speaking," of course. A delightful world tour of traditions and beliefs related to trees and forests, *The Mythic Forest* highlights modern-day revivals of ancient customs and identifies the Green Man motif in

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American architecture, his face peering out from behind his leaves on California banks and New York brownstone houses. The book will appeal to readers interested in folklore and legends, mythology, urban archeology, and, of course, trees and their lore. Trees and forests are rich in symbolism and have been feared or revered since man began to walk the earth. In Part I, the author discusses the gods of nature and the folklore of trees, tracing a variety of legends, practices and beliefs; in Part II he presents the history of the image of the Green Man and its use in pre-Christian and early Christian times up to today. Mankind has given a recognizable face to the awesome and impalpable forces of nature in the image of the Green Man and the nature spirits that this book explores. The ways in which different societies and different craftsmen have depicted these spirits display the wide creative range of the human imagination, but the persistence of the theme suggests that in all their many facets these "spirits" represent a deep, primordial sense that humans have shared since civilization began; for the message of these images has remained the same, even if somewhat altered over time. Folk traditions from around the world, from the rites that celebrate spring and egg on the forces of fertility to folk health remedies and the use of talismans to ward off illness and other evils, show some surprising similarities and hint at the shared origins of human culture. Even though the original significance of many customs has been lost or diluted, they still hold an appeal and many American towns even today are re-introducing seasonal fairs to recreate and revel in the link between man and nature. *

Gary R. Varner is author of: *Essays in Contemporary Paganism*; *Sacred Wells: A Study in the History, Meaning, and Mythology of Holy Wells & Waters*; *Water of Life-Water of Death: The Folklore and Mythology of Sacred Water*; and *Menhirs, Dolmen and Circles of Stone: The Folklore and*

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Magic of Sacred Stone.

An in-depth introduction to the Deva Kingdom and our relationship with Deva • Explores how we partner with Deva in our everyday lives to evolve both our kingdom and theirs • Explains the hierarchy of the Deva kingdom, from elementals and nature spirits to higher angelic Deva and every level in between • Offers suggestions on how to communicate with the Deva of trees and plants as well as the angelic kingdom • Shares the author's personal experiences with Deva around the world Nature spirits, faeries, gnomes, and their higher angelic counterparts who overlight landscapes, mountains, rivers, and plants have held a fascination for people worldwide for countless generations. The Deva kingdom is essentially the world's form builders, the symphony at the heart of Creation, yet Deva is so much more than the joyful beings that animate what we call Nature. We each have a very personal and direct relationship with Deva via our physical, astral, emotional, and mental elementals, but this connection has been forgotten or, at the very least, overlooked. When we partner with Deva in our everyday lives, we can help evolve both our kingdom and aspects of theirs. Exploring the realm of Deva and our relationship with them, Jacquelyn E. Lane introduces us to the hierarchy of the Deva kingdom, from elementals and nature spirits to higher Deva and the levels in between. She examines the metaphysics that underlie their existence and how the energy of Deva is intrinsic to all that we experience. Deva is a Sanskrit word meaning "Being of Light," an appropriate name as Deva sing light out of the primordial darkness to create forms for Being. Sharing her personal experiences with Deva in many lands over four decades, the author investigates our relationship with Deva, in particular via the elementals of our human constitution, and how we can communicate with the Deva of trees and plants as well as the angelic kingdom. Through

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scientific discoveries and cultural traditions, we discover the impact we have on Deva and how we use and even “create” new forms of Deva via our inventions and collective activity. Jacquelyn also looks at the orchestrating function of higher Deva and the wider implications of our understanding of Deva, including the role of Deva in Pan consciousness--our increasing realization of the intricate matrix of life within and between all the kingdoms on Earth. Offering not only an in-depth introduction to the world of Deva but also a glimpse of their wisdom, humor, and joy, this book reveals how we can begin to hear their complex song, find our own song, and work with the appropriate subtle layers of the Deva kingdom to grow and evolve.

In **WORKING WITH ANGELS, FAIRIES AND NATURE SPIRITS**, bestselling author and teacher Dr William Bloom presents reveals a world that lies behind everyday reality and shows you how to co-operate with these invisible beings of energy who are a fundamental part of every aspect of our lives. Learn: *How to sense angels and spirits and communicate with them *How to co-operate with this inner world for inspiration and guidance *How to work with angels for healing and spiritual growth *How they can help you fulfil yourself and help others *How they can bring you a deeper understanding of all aspects of life.

Nature Spirits & Elemental Beings Working with the Intelligence in Nature Findhorn Press

This scarce antiquarian book is a facsimile reprint of the original. Due to its age, it may contain imperfections such as marks, notations, marginalia and flawed pages.

Because we believe this work is culturally important, we have made it available as part of our commitment for protecting, preserving, and promoting the world's literature in affordable, high quality, modern editions that

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are true to the original work.

Discover the different types of spirit guides, how to communicate and work with them and how they can help you in every facet of life. Connect with your personal team of spirit guides, and draw on their ancient wisdom and healing to overcome challenges, unlock success and achieve your dreams. The Seven Types of Spirit Guide is the first-ever exploration of the cosmic helpers who have communicated with everyday people across cultures and throughout human history. Spirit guides take many forms, and in this book spirit guide medium Yamile Yemoonyah will introduce you to each of the seven types: angels, ancestors, nature spirits, star beings, animal spirits, ascended masters and deities. Each has specific characteristics, gifts and challenges, and you'll learn the unique reasons your spirit guides are here to support you on your personal path. Featuring an extensive quiz to help you discover which types of spirit guide, or guides, you have, and practical advice on identifying and communicating with them, this refreshing and inclusive companion will help you to further your spiritual development, manifest your dreams and live your purpose.

In their own words the Nature Spirits tell us about their "Elemental" world and the jobs they do; detailing that unbreakable connection that exists between mankind and Mother Nature.

Based on firsthand practical experiences of communicating with natural spirits through meditation, this eye-opening guide to healing the earth teaches how to work with elemental beings by describing each in

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detail while defining their roles within the web of life. As a result of tuning in to plants, trees, and animals, and illustrating the disrupted flow of energies within the landscape, the true impact of human culture upon the harmony of the natural world is evocatively revealed. Insight into related topics, such as how the long-suppressed Goddess culture embraces these energies to make strides toward healing the earth, can set anyone with earth and landscape concerns--gardeners, growers, designers, and builders--one step closer toward becoming environmental warriors.

Although the spirit beings of the four elements of nature have been represented in literature, religion, and folk tales, descriptions of these creatures have been vague, and direct experience with them is quite rare. Yet each of the four elemental kingdoms offers great gifts to humanity, if we are willing to recognize that the psychological and spiritual qualities they embody are already inherent in human nature. Mermaids dwell in the oceans, lakes, and rivers. They offer love and sharing, a sense of wonder, beauty, and innocence. Sylphs roam the sky; they represent harmony, balance, and the attainment of freedom. Gnomes live underground. Their quiet inner wisdom banishes depression and sorrow. Salamanders dwell in volcanoes and vast caverns of magma beneath the earth. They offer the power of intense heat to refine, transform, and integrate. Who are these mysterious creatures of water, air, earth, and fire? Author William Mistele has devoted a significant portion of his life to finding out. Addressing the perennial questions Why are we here? What is the deepest

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purpose of life? What are our options?, Mermaids, Sylphs, Gnomes, and Salamanders takes the reader directly into the realms of these spirits, telling stories from their perspective. Weaving together fairy tales and poems, thoughtful analysis, and meditative exercises, Mistele illuminates the qualities these beings have mastered and humanity must begin to embrace: empathy, an inner peace with the universe, a divine level of sensuality, and a love that is everywhere in every moment. From the Trade Paperback edition.

Is the world around us alive or is it dead? If the widely held belief were true--that matter is the basis of all we know as reality--then life would make no sense. The world would essentially be dead--an absurd notion! What we know as life would be an unexplainable phenomenon, an astounding but accidental miracle. Does this sound familiar? In the undeniable presence of life, this belief can never truly make sense. It demands faith. Thus materialism is superstition. If we dare to entertain the notion--albeit akin to a modern heresy--that life (being), not matter, is the foundation of what we know as reality, then both matter and life make perfect sense. Karsten Massei--who is exceptionally sensitive to the invisible beings of life that surround us always and everywhere--offers a gentle but powerful call, from those beings themselves, to discard superstition and begin to awake to the reality of life. As beings of the living Earth, we have certain responsibilities, too long neglected. The Earth is not an abstraction--a dead "rock" hurtling through space--but a living being. The elemental beings, who are intimately, intrinsically connected to the living

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Earth and to the living human race, suffer from our indifference, egoism, and ignorance of life, but they have much to teach us and patiently await our attention.

"Know your environment!" It can begin with this book.

Within the last fifty years the human mind has been awakening slowly to the fact that there is a world, invisible to ordinary powers of vision, existing in close juxtaposition to the world recognized by our material senses.

A full-color practical guide to connecting with the 7 elemental forces for empowerment, manifestation, and divination • Details how to connect your soul with Huna's seven elemental forces of

nature--water, fire, wind, rock, plants, animals, and beings of light, including angels • Provides simple exercises, techniques, and rituals to tap into the energies of nature, communicate with the elemental forces as well as nature spirits and the weather, manifest our dreams, and divine answers to life's difficult situations • Explains how to build a wheel of the elements to anchor your connection to the energies of the elements In the Huna tradition of Hawaii, there are seven elemental forces whose all-pervading energies flow around us in abundance.

Each of us has the ability to easily tap into this rich source of energy to aid us in any situation, empower ourselves and our actions, and manifest good things in our lives. In this full-color practical guide, Susanne Weikl details how to connect mentally and spiritually

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with Huna's seven elemental forces of nature--water, fire, wind, rock, plants, animals, and beings of light, including angels. Providing simple exercises, techniques, and rituals, she invites you to sense and meet each of the elemental forces and draw on their powers for manifestation and empowerment. You will learn to communicate directly with nature spirits, including gnomes, dwarfs, leprechauns, and the weather, and work with nature on an energetic level. You will learn how to build a wheel of the elements to anchor your connection to the energies of the elements and provide a conduit for easily accessing their powers at any time. You will also receive inspirational messages from each of the seven elemental forces. By connecting with the seven elemental forces of Hawaiian shamanism, you open yourself to an infinite reservoir of energy, an oracle for finding answers to difficult questions, a powerful support for manifesting positive outcomes, and an intuitive source for decoding symbols in nature. We each are already connected with nature and, with the practices in this book, we each can become a nature energy worker.

The four classical elements of earth, water, air and fire are present in Genesis and continue to be significant throughout Christianity. Different streams of thought, such as the School of Chartres, and Celtic Christianity, have emphasised them in different ways. In this unique book, Bastiaan Baan,

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an experienced spiritual thinker, brings these elements together with ideas from Rudolf Steiner's anthroposophy. He considers, in particular, how elemental beings -- nature spirits -- relate to the four elements, and explores the role of elemental beings in our world. This is a fascinating and original work on the connections between Christianity and the natural world.

Ever since nature and consciousness were separated in the late Middle Ages, giving rise to a science of matter alone, the spiritual beings who are the universe have felt abandoned and unable to complete their work, for this work depends for its success on human collaboration. At the same time, human beings have also felt abandoned, condemned to a speck of dust in an infinitely decaying universe. In these remarkable lectures, Rudolf Steiner reestablishes the human being as a participant in an evolving, dynamic universe of living spiritual beings: a living universe, whole and divine. And he does so in concrete images, capable of being grasped by human consciousness as if from within. How is this possible? Implicit in Rudolf Steiner's view is the fact that, fundamentally, the universe consists of consciousness. Everything else is illusion. Hence to understand the evolution of the cosmos and humanity in any terms other than consciousness is also illusion. Whenever we have to do with mighty cosmic facts, we have to do with

states of consciousness. But states of consciousness never exist apart from the beings who embody them. Therefore, the only true realities are beings in different states of consciousness. In this sense, Rudolf Steiner's spiritual science is a science of states of consciousness and the beings who embody them. Indeed, rightly considered, all science-physics, chemistry, botany, zoology, geology, psychology, astronomy, etc.-is a science of beings. And the sensory perception, the physical trace, is but the outer vestment of the activity of beings in different states of consciousness. To describe these beings, Steiner uses the names made familiar by the wisdom tradition of the West. He speaks of the evolutionary states of Saturn, Sun, Moon, Earth, Jupiter, Venus, and Vulcan; and the nine "choirs" of angels (Seraphim, Cherubim, and Thrones; Dominions, Virtues, and Powers; Principalities, Archangels, and Angels); as well as of elemental beings and nature spirits; and the elements of fire, earth, air, and water.

- Explores the hierarchy of elemental beings as well as Christ elemental beings, social elementals, and machine elementals
- Explains how elementals inhabit the etheric space that houses our emotions, feelings, and thoughts and how they carry the emotional level of the world
- Shows how the author learned to make personal contact with the elementals and shares his experiences as well as

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the elemental world's urgent call for help We all live in the realm of elemental beings. They permeate our souls, our thoughts, our feelings, and they co-create the world around us, yet we are often completely unaware of them. They, however, are eager to be perceived and acknowledged by us because their future and ours are fundamentally connected. Elementals act as carriers of the emotional level of the world, and Thomas Mayer reveals how he learned to develop and fine-tune his sense of perception to make direct personal contact with them. Providing insight into the elemental hierarchy, from the low workers to the masters and the elemental kings, he portrays Christ elemental beings, social elementals, and machine elementals as well. He also explores the adversarial forces like Lucifer and Ahriman that access the elemental world through the subconscious of humans and seek to destroy our elemental friends. Through sharing his encounters with fairies, dwarves, giants, and others, the author reveals their urgent call for help, an entreaty to anchor the elemental beings again in the awareness of humankind through recognition, acknowledgment, and conscious connection. Let us support the elementals in their crucial, life-giving work, through which they in turn support us in preserving the Earth we live on.

An introductory book on connecting with the mystical, magical world of the Fairies. In parallel with

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our world is another ancient and mystical realm which holds the answers to the imbalance we see in our modern, fractured society. This is the realm of the Fairies. In *Connecting with the Fairies Made Easy*, readers who feel a deep bond with the natural world will learn to reconnect with the old ways of the Fairies to restore balance and harmony in their lives. Fairies are nature spirits and the guardian angels of the natural world. Flavia Kate Peters - known as the Faery Seer - has been communing with them since childhood and is a wisdom keeper of the fairy realm. In this book, she shares where to find fairies and how to communicate with them through spells, meditations, invocations and magical ceremonies. She leads the reader through unique exercises such as Fire Scrying, Moon Bathing and Fairy Circling. Having communicated with many different kinds of fairies, she explains the differences between them - from gnomes and sylphs to salamanders and undines - and what their roles are in the natural world. For those new to the Fairy realm, this book is an essential resource to help them reopen the gates to the mystical world of the Fairies. This title was previously published within the Hay House Basics series.

Explore the magical world where nature spirits dwell. From sprites to will-o'-the-wisps, this practical beginner's guide introduces you to a wide assortment of wild and wondrous creatures.

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Discover how to attract faeries and elementals to your home and garden, as well as how to befriend them. Along with step-by-step instructions for safely finding and interacting with these powerful creatures, you'll also learn how to: Identify faeries and elementals associated with each of the four classic elements—air, fire, water, and earth Perform rituals, meditations, and exercises that help you connect with nature spirits on a personal level Request help from faeries and elementals for healing, protection, getting a job, attracting love, and more Determine what roles nature spirits play in folklore and magic throughout the world

Consulting plant spirits for spiritual and psychological guidance and healing • Reveals how, by communing with the deva or spirit of a plant, we can call forth its medicine without even needing to ingest it • Includes wisdom from the devas of 13 herbs, such as rosemary, datura, and uva ursi • Empowers readers with the tools to develop their own inner resources for healing in relationship with the plant devas around them Each plant has a story to share with us, a healing story to guide us in trying times, a spirit medicine for the New Earth that is presently unfolding. Herbs are some of the most powerful allies we have for these transitional times--we just need to learn how to listen as they share their knowledge with us. In *Wisdom of the Plant Devas*, Thea Summer Deer reveals a new dimension of

herbal medicine, one where the plant's spirit is consulted for guidance and healing beyond the physical. Examining the botany, modern and traditional uses, history, and folklore of 13 special herbs, such as rosemary, uva ursi, and datura, she shares divinations and messages from their devas, or plant spirits, explaining how these stories carry the herbs into our lives, letting them work their magic on us. Exploring herbal medicine from an energetic perspective, she reveals that by communing with the deva of a plant, we can call on the plant's physical, psychological, and spiritual medicine and guidance--without ingesting it or even being in its presence. Detailing the sacred space of a Medicine Wheel Garden, whether in a backyard or our imaginations, she connects us with the devas and empowers us to seek our own answers with their much-needed spiritual guidance and divinatory advice. Creating a bridge between botanical medicine and plant spirit medicine, she shows how by coming into community with the devas and co-creating with the world of nature, we can gain tremendous insights to help heal our hearts, our minds, and our spirits and consciously evolve as together we birth the New Earth.

A specialist in interdimensional communication helps readers recognize the subtle energy all around them to become more in tune with Faeries, angels, ghosts, orbs and other spirits as well as offering

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explanations of time travel, portals and vortexes.
Original.

Faeries, gnomes, elves, and sprites have been a part of ancient Celtic lore for centuries. These nature spirits protect and offer guidance to those who truly believe in their power. This book explores the mystical world of the Fey (nature spirits and guardians) and provides training to become a Faery shaman. Readers learn how to use the energy of nature spirits to heal their bodies, minds, and hearts. This complete guide illustrates the journey to becoming a Faery shaman, offers tips to strengthen partnership with Faery, provides lessons for productive Faery healing sessions, and includes Faery magick for physical, emotional, and spiritual well-being. Bestselling author and Faery shaman Edain McCoy lifts the veil between our world and the world of the Faery to show readers the benefits of a truly magical relationship. Fascinating meetings with fire and water spirits and interactions with the elf king—one person's remarkable encounters with the fairy realm More than 40 years ago Robert Ogilvie Crombie, or Roc as he was affectionately known, found himself in Edinburgh Botanical Gardens, where, to his great surprise, he found himself looking at a faun. The remarkable, life-changing experience opened up the world of fairies to him, and was the beginning of many profound encounters with the nature spirits. Designed to look like an old fairytale book, this is the first compilation of Roc's precious encounters with the fairy realm. His warm and detailed accounts reveal a world many yearn to learn about.

Learn how to use the principles and practices of natural

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magic for personal development and spiritual empowerment • Offers detailed descriptions of the magical properties of minerals, animals, plants, and the earth's cycles and how to use them in your own practice • Explores the magical laws of nature and how to guide your inner energy to work in concert with cosmic energies • Details how to design your own ceremonies, practice elemental meditations, and craft your own magical talismans, wands, and divining rods An expert on European rural folk magic traditions, author Nigel Pennick presents a comprehensive introduction to the principles, rituals, practices, and magical tools required to draw on the magic inherent in the natural world. He explains how people throughout the centuries have built a relationship with the elemental energies around them using simple, everyday practices in order to attune themselves to nature, the seasons, and the cosmos for magical purposes. The author explores earth, mineral, and plant magic as well as the magical properties of the earth's cycles and concentrated places of power within the landscape. He examines magical workings with animals, drawing on authentic traditions such as the Toadsmen or Toadswomen, whose power is given by toads, and the Berserker qualities conferred by magical bondings with wild animals like bears and wolves. He explains how to craft your own magical talismans, wands, and divining rods; design your own ceremonies; practice elemental meditations; fortify your health with herbs and crystals; and set an altar with the right food and drink for your intention. Pennick also describes how the practical techniques of natural elemental magic work

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through interactions between the inner world of the mind and spirit, the outer world, and the otherworldly. He shows that having a deeper understanding of the interconnectedness of all things and the inner power of these magical elements strengthens the practitioner's harmony with nature, and thus their power. By harnessing the elemental energies around us, we can work with nature for personal development, spiritual empowerment, and the successful achievement of our desires

Based on firsthand practical experiences of communicating with natural spirits through meditation, this eye-opening guide to healing the earth teaches how to work with elemental beings by describing each in detail while defining their roles within the web of life. As a result of tuning in to plants, trees, and animals, and illustrating the disrupted flow of energies within the landscape, the true impact of human culture upon the harmony of the natural world is evocatively revealed. Insight into related topics, such as how the long-suppressed Goddess culture embraces these energies to make strides toward healing the earth, can set anyone with earth and landscape concerns—gardeners, growers, designers, and builders—one step closer toward becoming environmental warriors.

A fascinating, first-hand account of the vast powers and true nature of the Elemental Kingdom • Reveals deep wisdom, eloquently shared through the author's encounters with the great God Pan and his elemental subjects • Offers a glimpse into the hidden layers of the natural world and the workings of the elemental kingdom

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- Includes chapters by Mike Scott, David Spangler, Dorothy Maclean, and Brian Nobbs as well as beautiful illustrations by fine artist Elise Hurst, who perfectly captures the energy of the natural world and its subjects as we might perceive them “To anyone who may have expressed a wish to see and talk to nature spirits . . . remember it took 63 years for my wish to be granted, so don’t lose hope.” Have you ever wished for something with your whole heart? As a child, R. Ogilvie Crombie (Roc) made a wish as he dropped a penny into a wishing well - he asked to be able to see fairies and talk to them. In Encounters with Nature Spirits, we follow Roc’s path as, many years later, he meets the faun Kurmos in the Royal Botanic Garden in Edinburgh, discovers the realm of the elementals, and, eventually, meets the great god Pan himself. In his conversations with Pan, elves, and other nature spirits Roc realizes that the elemental realm is vastly more powerful than our human kingdom and possesses an ability to create far beyond our human means. Through his experiences Roc becomes closely involved with the Findhorn Community in northeast Scotland where he meets further elementals who give him sound advice as to how the famous Findhorn gardens should be cared for in order to work in harmony with nature. Encounters with Nature Spirits is a reminder to us all of the importance of our relationship with the nature kingdom. Through his example, Roc places emphasis on connecting and working in harmony with nature spirits. True co-creation with nature, working with rather than against the elemental kingdom, can bring about vital positive change to our endangered eco-

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system. The elementals are open to working with mankind--the question is, are we humans open to engaging with and respecting them again?

"This delightful book is not only great fun to read, but makes most interesting and intelligent suggestions about the reality and work of this particular branch of the nature world. It can help us open our minds to fascinating dimensions that do exist on the planet."--Dorothy MacLean, co-founder of Findhorn and author, "To Hear the Angels Sing: An Odyssey of Co-creation with the Devic Kingdom."

The world of nature holds more than meets the eye. For beyond our human senses lays a wonderful world of nature's angels also known as the faerie realm. More than mythology this multi-dimensional world is teeming with tiny and large beings that help Mother Nature in Her work. Spiritual teacher, writer and channel Blake Cahoon fell into this world unexpectedly one afternoon and discovered the power of the fey. In this book she relays her adventures with the world of the faery as well as provides the reader with the history, mythology and knowledge of the world of nature spirits, elementals and the faeries' realm. Pictures of real faery rings as well as information on how to take photos of faeries are included. Learn the spiritual meanings of the four elements, as well as trees and flowers. You'll discover that the world of faeries may indeed be real for you too. Come and explore and discover for yourself...as you too travel into the kingdom of the faerie world and more! Verena Stael von Holstein has learned to communicate with elemental beings in nature, and to translate their

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language into human terms. In her remarkable book *Nature Spirits and What They Say*, we heard from fire-spirits, air-spirits, water-spirits and stone-spirits, among others. In this new volume, we hear from the nature spirits that most closely resemble human beings -- the trees. Through Verena Stael's ability, conversations with a number of trees are relayed. They reveal compelling insights into the role of each tree within the natural world and its relationships with the spirit world, with human beings and with other creatures. Particular emphasis is placed on the characteristics of each tree that correspond with human soul qualities. The interviews disclose beautiful, fascinating and often challenging insights into these wonderful beings and the natural world, and will inspire us to approach trees in an entirely new way.

Undines—from the Latin root *unda*, which means “wave”—are water elementals, or spirits of the water world. Like their fellow elementals—salamanders (fire), sylphs (air), and gnomes (earth)—undines are united with, and personify, their element. First mentioned in the alchemical works of medieval botanist Paracelsus, undines appear throughout European folklore. Who are these mysterious creatures of lakes, oceans, and waterfalls? *Undines* takes readers directly into the water spirits' realm through stories, personal encounters, and interviews with such luminaries as Istiphul, the undine queen whose presence embodies the magical essence of the feminine. Whether seen as fact or fairy tale, *Undines* presents archetypal truths and insights into human nature. The powers and abilities that undines display are latent in us all and crucial to humanity's evolution (or mere survival): harmony with nature, empathy and compassion, a deep capacity to

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love, and a cooperative rather than combative relationship to the world. Undines will appeal broadly to readers of mythology, fantasy, and fairy tales, particularly to practitioners that work with nature spirits and elemental beings—Druids, Wiccans, pagans, and those interested in magic and mysticism.

This volume contains mystical writings of Max Heindel on the little understood subject of Nature Spirits and Nature Forces. It is a correlation from his many books, lovingly collected in one volume by one of Max Heindel's students. Max Heindel is known as the most advanced of Western Mystics and has in his numerous books given to the world a mine of information about Nature Spirits, the little people with whom he had such interesting experiences. The writer has listened to many stories (which unfortunately have not been put in writing) of his experiences with these Spirits, of how they live and their appearance. He had many times remarked that he would sometime write an entire book on the Nature Spirits, but his very arduous work of pioneering interfered with this much needed work.

In this lucid, step-by-step guide, Susan Raven introduces us to the world of nature spirits and elemental beings, and explains why these entities wish to reconnect with us. By working together with the elementals - which reside in earth, water, air and fire - we can become responsible co-creators at this critical time in our evolution. The future of humanity, and that of the Earth, may be dependent upon such a positive and reciprocal relationship. Susan investigates the nature of the accelerated, evolutionary wave of consciousness pulsing into Earth at the present time, and how its effects are helping us forge a new link with the spiritual and etheric worlds. It is in the ether - where the dissolving and coalescing forces behind physical matter exist - that we find the kingdom of the nature spirits. Making use of her personal experiences, Susan

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describes the activities of these beings in the landscape, in plants and in human beings. She presents meditations and exercises to prepare us for a meeting with the nature spirits, and emphasises the importance of working with the elemental kingdom in our immediate environment. The path of personal development outlined in *Nature Spirits: The Remembrance* features a wide range of insightful testimony from some of the most well-respected seers, with particular emphasis on the work of Rudolf Steiner.

In this lucid, step-by-step guide, Susan Raven introduces us to the world of nature spirits and elemental beings, explaining why those entities wish to reconnect with us. By working with the elementals which reside in the elements of earth, water, air, and fire we can become responsible co-creators at this critical time in our evolution. The future of humanity and the Earth may depend on such a positive and reciprocal relationship.

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