

## Eben Alexander Iii M D F A C

Is there life after death? After a tragic accident, doctors pronounced Richard Sigmund legally dead. Eight hours later, God miraculously brought him back to life on the way to the morgue. During those hours, God allowed him to experience the glorious beauty, heavenly sounds, sweet aromas, and boundless joys of heaven that await every believer. God then returned him back to earth with a mission to tell the world what he saw. You will thrill to Sigmund's eyewitness accounts of strolling down heaven's streets of gold, seeing angels playing with children, talking with Jesus, meeting with people from the Bible, as well as departed family and friends, seeing the mansions, and much more! Through Sigmund's testimony, God restored sight to the blind, hearing to the deaf, and even raised several people from the dead. Also, glimpse into the horrifying reality of "the other place"—a place where no one wants to go.

A doctor's account of her own experience of death, heaven and return to life with a new realization of her purpose on earth. Dr Mary Neal, an orthopaedic surgeon, was on a kayaking holiday in Chile. Sceptical of near death experiences, she was to have her life transformed when her kayak became wedged in rocks at the bottom of a waterfall and was underwater for so long that her heart stopped. *To Heaven And Back* is Mary's faith-enriching story of her spiritual journey, her first-hand experience of heaven and its continuing life-enhancing effects.

Courageous scientists challenge the dominant paradigm of reality. Why are they so brave and what does their research reveal? What is reality? Is there more than we know from our five senses? Vanguard scientists believe there is more than we see so they formulate a non-materialist paradigm that expands human potential, to include mind and matter interaction. Since going against the dominant worldview provokes opposition, this book explores the personal backgrounds of the scientists to find out why they are so courageous. We learn that there is another dimension that allows for enhanced abilities. Based on interviews conducted by Gayle Kimball, *The Mysteries of Reality: Dialogues with Visionary Scientists* reports on the current research and personal characteristics of visionaries from around the world. The groundbreaking, bestselling classic, now available in a special fortieth-anniversary edition that includes a new Foreword from Eben Alexander, M.D., author of *Proof of Heaven*, and a new Afterword by the author. Raymond Moody is the "father" of the modern NDE (Near Death Experience) movement, and his pioneering work *Life After Life* transformed the world, revolutionizing the way we think about death and what lies beyond. Originally published in 1975, it is the groundbreaking study of one hundred people who experienced "clinical death" and were revived, and who tell, in their own words, what lies beyond death. A smash bestseller that has sold more than thirteen million copies around the globe, *Life After Life* introduced us to concepts—including the bright light, the tunnel, the presence of loved ones waiting on the

other side—that have become cultural memes today, and paved the way for modern bestsellers by Eben Alexander, Todd Burpo, Mary Neal, and Betty Eadie that have shaped countless readers notions about the end life and the meaning of death.

In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within these pages, Anita recounts stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. As part of a traditional Hindu family residing in a largely Chinese and British society, Anita had been pushed and pulled by cultural and religious customs since she was a little girl. After years of struggling to forge her own path while trying to meet everyone else’s expectations, she had the realization, as a result of her epiphany on the other side, that she had the power to heal herself . . . and that there are miracles in the Universe that she’d never even imagined. In *Dying to Be Me*, Anita freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being! This is a book that definitely makes the case that we are spiritual beings having a human experience . . . and that we are all One!

What happens to consciousness during the act of dying? The most compelling answers come from people who almost die and later recall events that occurred while lifesaving resuscitation, emergency care, or surgery was performed. These events are now called near-death experiences (NDEs). As medical and surgical skills improve, innovative procedures can bring back patients who have traveled farther on the path to death than at any other time in history. Physicians and healthcare professionals must learn how to appropriately treat patients who report an NDE. It is estimated that more than 10 million people in the United States have experienced an NDE. Hagan and the contributors to this volume engage in evidence-based research on near-death experiences and include physicians who themselves have undergone a near-death experience. This book establishes a new paradigm for NDEs.

“We Don’t Die: A Skeptic’s Discovery of Life After Death” gives credible evidence of life after death. The goal of “We Don’t Die” is to have people believe that their deceased loved ones are still near them, help them navigate through the grieving process and educate that we are ‘eternal souls having a human experience. It is unique because it teaches people about the grieving process, keeping relationships whole, gives awe inspiring exercises that the reader experiences that we must be ‘more than our bodies.’ It gets readers in touch with the purpose of their lives and gets

them on the path to producing results. Readers will no longer fear death, their pain of losing someone will be lessened, they will have hope, faith, and powerful access to live a successful life.

Building on the groundbreaking research of *Irreducible Mind* and *Beyond Physicalism*, Edward Kelly and Paul Marshall gather a cohort of leading scholars to address the most recent advances in the psychology of consciousness. Currently emerging as a middle ground between warring fundamentalisms of religion and science, an expanded science-based understanding of nature finally accommodates empirical realities of spiritual sorts while also rejecting rationally untenable overbeliefs. The vision sketched here provides an antidote to the prevailing postmodern disenchantment of the world and demeaning of human possibilities. It not only more accurately and fully reflects our human condition but engenders hope and encourages ego-surpassing forms of human flourishing. It offers reasons for us to believe that freedom is real, that our human choices matter, and that we have barely scratched the surface of our human potentials. It also addresses the urgent need for a greater sense of worldwide community and interdependence - a sustainable ethos - by demonstrating that under the surface we and the world are much more extensively interconnected than previously recognized.

*Proof of Heaven: A Neurosurgeon's Near-Death Experience and Journey into the Afterlife* by Eben Alexander Book Summary Abbey Beathan (Disclaimer: This is NOT the original book.) A harvard-trained neurosurgeon faced his own mortality and survived a coma that lasted 7 days. After he woke up, what he discovered during his slumber made him a believer. Driven into a coma and with no hope of surviving, Eben managed to pull through. However, in his 7-day slumber, he had vivid dreams about things he didn't know about, like a deceased birth sister he didn't get a chance to meet. He was puzzled, and as a scientist, he couldn't find an explanation. In the state his brain was, it couldn't have functioned at all. So, why did it? How could he know details about facts that he didn't know before? The answer changed his life for good. (Note: This summary is wholly written and published by Abbey Beathan. It is not affiliated with the original author in any way) "Our eternal spiritual self is more real than anything we perceive in this physical realm, and has a divine connection to the infinite love of the Creator." - Eben Alexander. *Proof of Heaven* tells the tale of his attempt to comprehend consciousness and his origin. After his coma, Alexander began his journey to prove we are conscious despite our brains, as if it's embedded to our very soul. The only answer he could find through all his research was within God, so he turned to Him. Alexander assures he found scientific proof to his theory and is willing to show us in his new book, are you willing to listen? P.S. *Proof of Heaven* is an extremely spiritual book that talks about how a non-believer turned to God in order to find the answers he was looking for. P.P.S. It was Albert Einstein who famously said that once you stop learning, you start dying. It was Bill Gates who said that he would want the ability to read faster if he could only have one superpower in this world. Abbey Beathan's mission is to bring across amazing golden nuggets in amazing

books through our summaries. Our vision is to make reading non-fiction fun, dynamic and captivating. Ready To Be A Part Of Our Vision & Mission? Scroll Up Now and Click on the "Buy now with 1-Click" Button to Get Your Copy. Why Abbey Beathan's Summaries? How Can Abbey Beathan Serve You? Amazing Refresher if you've read the original book before Priceless Checklist in case you missed out any crucial lessons/details Perfect Choice if you're interested in the original book but never read it before Disclaimer Once Again: This book is meant for a great companionship of the original book or to simply get the gist of the original book. "One of the greatest and most powerful gift in life is the gift of knowledge. The way of success is the way of continuous pursuit of knowledge" - Abbey Beathan

Second-century classic of civilization listed over 8,000 places in Europe, Africa and Asia, tabulated according to latitude and longitude. Excellent reproduction of the rare first and definitive English translation, published in a limited edition of 250 copies by the New York Public Library. Included are 27 maps.

The world's leading expert on near-death experiences reveals his journey toward rethinking the nature of death, life, and the continuity of consciousness. Cases of remarkable experiences on the threshold of death have been reported since ancient times, and are described today by 10% of people whose hearts stop. The medical world has generally ignored these "near-death experiences," dismissing them as "tricks of the brain" or wishful thinking. But after his patients started describing events that he could not just sweep under the rug, Dr. Bruce Greyson began to investigate. As a physician without a religious belief system, he approached near-death experiences from a scientific perspective. In *After*, he shares the transformative lessons he has learned over four decades of research. Our culture has tended to view dying as the end of our consciousness, the end of our existence—a dreaded prospect that for many people evokes fear and anxiety. But Dr. Greyson shows how scientific revelations about the dying process can support an alternative theory. Dying could be the threshold between one form of consciousness and another, not an ending but a transition. This new perspective on the nature of death can transform the fear of dying that pervades our culture into a healthy view of it as one more milestone in the course of our lives. *After* challenges us to open our minds to these experiences and to what they can teach us, and in so doing, expand our understanding of consciousness and of what it means to be human.

Dr. Eben Alexander, author of international phenomenon *Proof of Heaven*, shares the next phase of his journey to understand the true nature of consciousness and how to cultivate a state of harmony with the universe and our higher purpose. In 2008, Dr. Eben Alexander's brain was severely damaged by a devastating case of bacterial meningitis, and he lapsed into a weeklong coma. It was almost certainly a death sentence, but he miraculously survived and brought back with him an astounding story. During those 7 days in coma, he was plunged into the deepest realms of consciousness and came to understand profound truths about the universe we inhabit. What he learned changed

everything he knew about the brain, mind, and consciousness and drove him to ask a question confounding the entire scientific community: How do you explain the origins of consciousness if it is not a byproduct of the brain? His challenge relates to a revolutionary shift now underway within our modern scientific understanding. Ultimately, direct experience is key to fully understanding how we are all connected through the binding force of unconditional love and its unlimited power to heal. In *Living in a Mindful Universe*, the New York Times bestselling author of *Proof of Heaven* and *The Map of Heaven* shares his insights into the true nature of consciousness. Embracing his radically new worldview, he began a committed program of personal exploration into nonlocal consciousness. Along the way, he met Karen Newell, who had spent most of her lifetime living the worldview he had only just discovered was possible. Her personal knowledge came from testing various techniques and theories as part of her daily routine. With *Living in a Mindful Universe*, they teach you how to tap into your greater mind and the power of the heart to facilitate enhancement of healing, relationships, creativity, guidance, and more. Using various modalities related to meditation and mindfulness, you will gain the power to access that infinite source of knowing so vital to us all, ultimately enriching every facet of your life.

Combining philosophy, psychology, religion, and even a bit of physics, Marshall establishes an expanded consciousness that proves the existence of a deeper being common to us all. Addressing the origin of the universe, evolution, reincarnation, suffering, and the nature of God, Marshall delivers what will prove an instant intellectual classic. The author recounts her near-death experience, recounting the miraculous visions she saw, the emotions she experienced, and how it changed her subsequent life.

Dr Rajiv Parti was the last man to believe in heaven or hell – until he saw them with his own eyes. Dr Parti was a wealthy man of science with a successful career as the Chief of Anesthesiology at the Bakersfield Heart Hospital in California. He demanded the same success from his son, whose failures provoked episodes of physical abuse from Dr Parti. However, his fate was overturned in 2005, when he was diagnosed with cancer. During his seventh operation against the disease, dying from sepsis with a 105 degree fever, Dr Parti left his body and watched his own operation from the ceiling. What followed was a profound near-death experience, in which Dr Parti was met by archangels and his deceased father, who led him to witness both heaven and hell. From the angels, he learned lessons of spiritual health that they insisted he bring down to earth – to do so, Dr Parti knew he had to change his ways. After his near-death experience, Dr Parti awoke a new man. He gave away his mansion, quit his career, opened a wellness clinic and completely turned around his relationships with his family. In this remarkable true story of spiritual transformation, Dr Parti provides rare details of heaven, hell, the afterlife and angels. In sharing the lessons and eternal truths from the Divine that changed him forever, Dr Parti offers his audience the opportunity to attain peace and live a better life here on Earth.

A team of international experts presents the history, recent developments, and controversies in the intriguing study of near-death experience. • 14 tables

In the follow-up to Elisa Medhus's *My Son and the Afterlife*—"a heartfelt, deeply moving story" (Eben Alexander, *New York Times* bestselling author of *Proof of Heaven*)—her son Erik tells his astounding story directly from the afterlife, describing in detail his death, transition, and spiritual renewal. *My Life After Death* begins on the tragic day when Erik Medhus took his own life. What follows is a moment-by-moment account of the spiritual life he discovers on the other side—told for the very first time in his own words as channeled by medium Jamie Butler and then transcribed by his mother Elisa. Overflowing with his signature honesty and candor, Erik describes more than just a visit to the afterlife. He personally walks us through the experience of dying, transitioning into spirit form, and reveals a detailed look at the life awaiting us on the other side. In this intimate and provocative memoir, crucial questions will finally be answered, including: What does it feel like to die? What is it like to become a spirit? Why and how do spirits communicate with the living? Is there a heaven? Ultimately, Erik's story provides the answers that will help readers find solace and remove the fears surrounding death, showing that love has no boundaries and life does not truly end.

A Harvard-trained neurosurgeon shares the near-death experience he had after an extremely rare illness attacked his brain, sending him into a deep coma from which he awakened with a new belief in heaven, God and the soul.

As a cardiologist, Pim van Lommel was struck by the number of his patients who claimed to have near-death experiences as a result of their heart attacks. As a scientist, this was difficult for him to accept: Wouldn't it be scientifically irresponsible of him to ignore the evidence of these stories? Faced with this dilemma, van Lommel decided to design a research study to investigate the phenomenon under the controlled environment of a cluster of hospitals with a medically trained staff. For more than twenty years van Lommel systematically studied such near-death experiences in a wide variety of hospital patients who survived a cardiac arrest. In 2001, he and his fellow researchers published his study on near-death experiences in the renowned medical journal *The Lancet*. The article caused an international sensation as it was the first scientifically rigorous study of this phenomenon. Now available for the first time in English, van Lommel offers an in-depth presentation of his results and theories in this book that has already sold over 125,000 copies in Europe. Van Lommel provides scientific evidence that the near-death phenomenon is an authentic experience that cannot be attributed to imagination, psychosis, or oxygen deprivation. He further reveals that after such a profound experience, most patients' personalities undergo a permanent change. In van Lommel's opinion, the current views on the relationship between the brain and consciousness held by most physicians, philosophers, and psychologists are too narrow for a proper understanding of the phenomenon. In *Consciousness Beyond Life*, van Lommel shows that our

consciousness does not always coincide with brain functions and that, remarkably and significantly, consciousness can even be experienced separate from the body.

Are you living the life you thought you always wanted but feel that something is still missing? Do you think you should be happier than you are, considering all that you have? Have you achieved your professional or personal goals but still feel racked with insecurities, anxiety, or depression . . . and can't figure out why? Psychiatrist Anna Yusim knows just how you feel. Not only has she struggled with these feelings herself, but she has also worked with patients upon patients who have expressed the same bewildering concern: they have everything they've always wanted, and yet deep down they don't feel fulfilled. Determined to help herself and her patients, Dr. Yusim spent more than fifteen years studying and conducting research and came to a startling conclusion: this lingering feeling of dissatisfaction coincides with spiritual neglect. Once she helped her patients address their spiritual and psychological needs, she saw radical improvements in their happiness levels and quality of life. Now science is catching up with her innovative approach to therapy as groundbreaking medical research and studies substantiate what Dr. Yusim and many others have suspected for years: spirituality is a powerful path to healing. Drawing from the best in Western medicine, as well as teachings from Kabbalah, Buddhism, and shamanistic traditions, Dr. Yusim has developed a program that marries empirical science and spirituality to help you: Discover your life's true purpose Eliminate self-defeating patterns and roadblocks that are keeping you from living your most authentic life Understand the scientific underpinnings behind "answered prayers" and "random coincidences"-and why having faith in them can change your outlook for the better Appreciate how consciousness shapes your reality and how to harness this understanding to live a life of abundance. Filled with exercises, guided meditations, fascinating scientific research, and inspiring success stories, Fulfilled integrates the best of Western medicine with universal spiritual principles to help you find more meaning, more joy, and more fulfillment in your life. Why should we care about heaven? -- What is heaven like? -- When does a person go to heaven? -- Where is heaven? -- Who goes to heaven?

When Dr Eben Alexander wrote about his own startling near-death experience in Proof of Heaven, he was contacted by countless people from all walks of life. His story had touched them personally and they in turn had their own miraculous experiences of the afterlife to share with Eben. In The Map of Heaven, Eben recounts the astonishing stories he has heard on his travels, from near-death experiences and encounters with angelic beings to inspiring messages from departed loved ones. Each account helps us to understand just how vast the universe really is. Drawing on these accounts and lessons from religious leaders, philosophers and scientific investigations into the role of consciousness, Eben explores our true place in the universe and what exactly exists beyond death.

"My experience showed me that the death of the body and brain is not the end of consciousness... What happened to me while I was in a coma is the most important story I will ever tell. But it's a tricky story to tell because it is so foreign to ordinary understanding." When prominent US neurosurgeon Dr Eben Alexander goes into a coma after contracting a severe brain infection, his doctors tell his family to prepare for the worst – death or, at best, survival in a vegetative state. Remarkably, Dr Alexander wakes up seven days later with his faculties intact. Just as extraordinary is his detailed recall of a near-death experience. Based on all that is known about how the brain works, Dr Alexander had no capacity, while in the coma, to create thought; his neocortex, the part of his brain that makes us human, had effectively shut down. So how was it that he awoke with a coherent and profound set of memories? Near-death experiences have been well documented, but rarely with the kind of rigour and insight offered here. Dr Alexander has spent his adult life unravelling the mysteries of the human brain through the prism of medical science. His personal story is a moving account of facing death, and a compelling case for the survival of consciousness beyond the demise of the body.

Olson is a former skeptic who began investigating evidence of life after death after the passing of his father. This book is a comprehensive resource answering the most crucial questions about what happens when we die. He considers near-death experiences, after-death communications, spirit contact through mediums, past lives, past-life memories, out-of-body experiences, dream visitations, and much more.

The #1 New York Times bestselling account of a neurosurgeon's own near-death experience—for readers of *7 Lessons from Heaven*. Thousands of people have had near-death experiences, but scientists have argued that they are impossible. Dr. Eben Alexander was one of those scientists. A highly trained neurosurgeon, Alexander knew that NDEs feel real, but are simply fantasies produced by brains under extreme stress. Then, Dr. Alexander's own brain was attacked by a rare illness. The part of the brain that controls thought and emotion—and in essence makes us human—shut down completely. For seven days he lay in a coma. Then, as his doctors considered stopping treatment, Alexander's eyes popped open. He had come back. Alexander's recovery is a medical miracle. But the real miracle of his story lies elsewhere. While his body lay in coma, Alexander journeyed beyond this world and encountered an angelic being who guided him into the deepest realms of super-physical existence. There he met, and spoke with, the Divine source of the universe itself. Alexander's story is not a fantasy. Before he underwent his journey, he could not reconcile his knowledge of neuroscience with any belief in heaven, God, or the soul. Today Alexander is a doctor who believes that true health can be achieved only when we realize that God and the soul are real and that death is not the end of personal existence but only a transition. This story would be remarkable no matter who it happened to. That it happened to Dr. Alexander makes it revolutionary. No scientist or person of faith will be able to ignore it. Reading it will change your life.

WARNING: This is not the actual book *Proof of Heaven* by Eben Alexander III M.D. Do not buy this Summary, Review & Analysis if you are looking for a full copy of this great book. We have already read *Proof of Heaven* and pulled out all the key insights,

events and take-away points to give you a comprehensive chapter-by-chapter summary and review in an engaging and easily digestible format. In doing so, unfortunately we do not have the space to describe all of the helpful background scenery or events. To get it all, you need to order the full book. This concise summary and review works best as an unofficial study guide or companion to read alongside this enlightening book.

**PROOF OF HEAVEN: A NEUROLOGIST'S JOURNEY INTO THE AFTERLIFE - DR. EBEN ALEXANDER** Many are skeptical of so-called "near-death experiences". Given his neuroscience background, Dr. Eben Alexander III was one of those skeptics -- until he had an experience of his own. In *Proof of Heaven*, Alexander details his terrifying but fascinating ride through a life threatening illness and hospitalization. He drifts in and out of consciousness throughout the book, thus shifting the narrative from chapter-to-chapter. At times he describes the interactions he has with his doctors and family at his hospital bedside, while at other times he articulates the enlightening visions and encounters he experiences in another state of consciousness. By the time he has made it through this near-death experience, he has undergone a thorough transformation from nonbeliever to believer in an afterlife. Some will take issue with Alexander's claims, while others will be inspired by the important message he hopes to relay from the spiritual realm about the things that are truly important. This book is highly recommended for those who are interested in the nature of consciousness and neuroscience, near-death experiences, and the age-old questions of the existence of a higher power.

**FROM START-TO-FINISH IN JUST 15 MINUTES!**

New York Times bestseller "Neal combines spiritual reflection with medical facts to create lessons that are profound and eminently practical. . . an inspiring work any believer can enjoy." --Publishers Weekly

In this inspired follow-up to her million-copy bestseller, *To Heaven and Back*, Dr. Mary Neal shares untold stories about her encounters with Jesus and powerful insights about how the reality of heaven can make each day magnificent. Dr. Mary Neal's unforgettable account of a 1999 kayaking accident that took her life, and what happened next, has riveted more than a million readers. But something happened as she shared her story in the years since. Not only did Neal realize she had more to tell, she discovered she had yet to answer the biggest question of all: How does knowing heaven is real change our lives on Earth? "I have never finished speaking at a venue, including corporate settings, without people wanting to know more," says Dr. Neal. In *7 Lessons From Heaven*, Neal takes readers deeper into her experience, which includes encounters with angels, a journey to a "city of light," and what it was like to meet Jesus face-to-face. Even more, Neal shares how she was sent back with the absolute knowledge that the God we hope for--the one who knows us, loves each of us as though we are the only one, and wants us to experience joy in our daily life--is real and present. She offers practical insights and inspiration for how each of us can experience this God every day and begin living without regret, worry, anxiety, or fear.

From the director of research at the Institute of Noetic Sciences (IONS)--a nonprofit parapsychological research institute cofounded by astronaut Edgar Mitchell--this groundbreaking guide explores the cutting-edge science behind channeling, and offers powerful tools to help you hone your own abilities. Do you have an event in your life that can't be explained? Perhaps it presented itself as a feeling of intuition, an image, a sense of knowing, or even a full-blown premonition. You may have felt judged

when you told someone about it, or even wondered, "did that really happen, or did I just imagine it?" Chock-full of cutting-edge research, this guide will show you just how common this type of phenomenon is--and how you can fine-tune your unique abilities to add richness and depth to your life. In *The Science of Channeling*, scientist and author Helané Wahbeh will show you how to identify and target your own channeling skills, process the channeled information you receive, and use your unique gift to improve your life--and the world around you. You'll find detailed information about different channeling types, including mind-to-mind communication, your intention affecting matter, and sensing the future. And finally, you'll discover a wealth of physiological studies pertaining to the science of channeling, providing ample evidence that channeling is a real phenomena and insights into how it works. If you're ready to explore the power of channeling, or are looking to strengthen the skills you already have, this guide has everything you need to get started today.

Looks at the experiences of people who have had near death experiences and compares it to religious and philosophical beliefs about the afterlife from around the world.

Dozens of books, articles, television shows, and films relating "near-death" experiences have appeared in the past decade. People who have survived a close brush with death reveal their extraordinary visions and ecstatic feelings at the moment they died, describing journeys through a tunnel to a realm of light, visual reviews of their past deeds, encounters with a benevolent spirit, and permanent transformation after returning to life. Carol Zaleski's *Otherworld Journeys* offers the most comprehensive treatment to date of the evidence surrounding near-death experiences. The first to place researchers' findings, first-person accounts, and possible medical or psychological explanations in historical perspective, she discusses how these materials reflect the influence of contemporary culture. She demonstrates that modern near-death reports belong to a vast family of otherworld journey tales, with examples in nearly every religious heritage. She identifies universal as well as culturally specific features by comparing near-death narratives in two distinct periods of Western society: medieval Christendom and twentieth-century secular America. This comparison reveals profound similarities, such as the life-review and the transforming after-effects of the vision, as well as striking contrasts, such as the absence of hell or punishment scenes from modern accounts. Mediating between the "debunkers" and the near-death researchers, Zaleski considers current efforts to explain near-death experience scientifically. She concludes by emphasizing the importance of the otherworld vision for understanding imaginative and religious experience in general.

The rise of modern science has brought with it increasing acceptance among intellectual elites of a worldview that conflicts sharply both with everyday human experience and with beliefs widely shared among the world's great cultural traditions. Most contemporary scientists and philosophers believe that reality is at bottom purely physical, and that human beings are nothing more than extremely complicated biological machines. On such views our everyday experiences of conscious decision-making, free will, and the self are illusory by-products of the grinding of our neural machinery. It follows that mind and personality are necessarily extinguished at death, and that there exists no deeper transpersonal or spiritual reality of any sort. *Beyond Physicalism* is the product of an unusual fellowship of scientists and humanities scholars who dispute these views. In their previous publication,

Irreducible Mind, they argued that physicalism cannot accommodate various well-evidenced empirical phenomena including paranormal or psi phenomena, postmortem survival, and mystical experiences. In this new theory-oriented companion volume they go further by attempting to understand how the world must be constituted in order that these “rogue” phenomena can occur. Drawing upon empirical science, metaphysical philosophy, and the mystical traditions, the authors work toward an improved “big picture” of the general character of reality, one which strongly overlaps territory traditionally occupied by the world’s institutional religions, and which attempts to reconcile science and spirituality by finding a middle path between the polarized fundamentalisms, religious and scientific, that have dominated recent public discourse. Contributions by: Harald Atmanspacher, Loriliai Biernacki, Bernard Carr, Wolfgang Fach, Michael Grosso, Michael Murphy, David E. Presti, Gregory Shaw, Henry P. Stapp, Eric M. Weiss, and Ian Whicher

Proof of Heaven A Neurosurgeon's Journey Into the Afterlife Simon and Schuster

How can I be my own psychic? How can I enhance my relationships? How can I heal my physical symptoms? How can I access my past life records? How can I weather the earth changes? This is an innovative and informative manual that gives specific instructions for answering these questions. You will learn to uncover unfinished issues and clear the way for positive external change. Viewing the world as a classroom, Third Eye Open offers an edifying intriguing guidebook for developing psychic abilities and interpreting daily spiritual lessons. By learning to decode cryptic messages in encounters, dreams, animals, machinery, and weather conditions, the reader uncovers vital spiritual data to discover compassion, health, love and wisdom.

“A gem. It is filled with the wisdom of life and our potential for healing.” —Bernie S. Siegel, MD, author of Love, Medicine and Miracles “A classic testimony of the tenacity and unity of our body and mind.” —Larry Dossey, MD, author of One Mind Heal the emotional scars of the past and develop profound spiritual awareness with innovative, hypnotherapy and regression-based practices. Deep within you resides a great spirit—a place of profound wisdom, creativity, power, and love. But layers of hurt from early life, and from the defenses you’ve created to avoid further hurt, have accumulated and diminished that spirit over time—lifetimes, really—obscuring what is magnificent about you—your authentic self. This transformational and healing guide will help you awaken to the wisdom within yourself, break through the layers of emotional protection you’ve placed around your heart, and heal the scars of trauma that hold you back from happiness and fulfillment. During this process, you’ll discover the source of your pain—whether that lies in your body, your mind, in your personal and family history, or in your soul—so you can finally release it. In the end, you’ll find the strength needed to navigate all the challenges of life. If you’re ready to reveal the true you—the one that lies beneath the scars of trauma—this book provides essential healing to guide you.

A pediatric oncologist and palliative care physician, Dr. Adam B. Hill, suffers stress and disillusionment with the culture of medicine, leading to alcoholism, depression, and suicidal thoughts. Then while in recovery, he loses a mentor to suicide, revealing the extent of the burnout epidemic in the medical field. By sharing his harrowing story, Dr. Hill shows how this problem manifests, considers ways to address it, and confronts commonplace attitudes regarding self-care, recovery/treatment, empathy, and vulnerability amongst medical practitioners. His book is a road map for better practices at a time when doctors around the world are struggling in silence. Long Walk Out of the Woods is a game-changing personal narrative and prescriptive book. It expands on Dr. Hill's famous 2017 essay in the New England Journal of Medicine, "Breaking the Stigma: A Physician's Perspective on Recovery and Self-Care."

Shares an account of his religiously transformative near-death experience and revealing week-long coma, describing his scientific study of near-death phenomena while explaining what he learned about the nature of human consciousness. Combining philosophical reflections with deep self-exploration to delve into the ancient mystery of death and rebirth, this book emphasizes collective rather than individual transformation. Drawing upon twenty years of experience working with nonordinary states, the author argues that when the deep psyche is hyper-simulated using Stanislaw Grof's powerful therapeutic methods, the healing that results sometimes extends beyond the individual to the collective unconscious of humanity itself.

Neurosurgeon, Dr. Eben Alexander, was brain dead for seven days. During that period he believes that he went through death's door and experienced the incredible beauty of Heaven. While he was there, he was given a message to bring back to the world. For him, the vision was life-changing. From being a scientist and a secular materialist, his worldview was transformed. Because of what happened to him, he now believes in the miraculous and in a life beyond death. But did he experience reality? Was the message that he was given true? Coleman Luck has spent decades studying illusions and the paranormal, both as a professional writer in Hollywood where illusion is the stock-in-trade, and as a mentalist and member of the Academy of Magical Arts at the world-famous Magic Castle in Hollywood. Also, he is a student of the Bible, educated at the Moody Bible Institute in Chicago. From this unique perspective Coleman examines the profound visions and truth-claims presented in Proof of Heaven. Coleman's other books include Angel Fall and The Mentalist Prophecies - Book One: Dagon's Illusion.

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