

Dribble Drive Offense A Complete Instruction

Legendary UCLA coach John Wooden once said, "People say Morgan Wootten is the best high school basketball coach in the country. I disagree. I know of no finer coach at any level—high school, college, or pro." Morgan Wootten has retired from coaching, but his knowledge of the game remains unsurpassed and keen as ever. Coaching Basketball Successfully contains a wealth of Wootten's timeless wisdom. And, in this third edition, Wootten adds even more value—the coaching experiences, methods, and tactics of his son Joe, a successful high school coach himself. Loaded with insights, instruction, drills, and Xs and Os, Coaching Basketball Successfully is the best single resource on making the most of your program, team, and players each season.

"The Complete Guide to the "Pack-Line Defense" is the most complete defensive book that you will find today. Learn what makes the best NCAA teams like Arizona and Virginia so successful on the defensive side of the ball. Understand the nuances of the defense of not only how it works, but why it works. Use this philosophy if you don't have the most athletic team to put yourself in a position to win more games. Have an athletic team? Use it to take teams completely out of their comfort zone with great ball-pressure and gap responsibilities! This guide will provide you with 8 different sections on how to implement the "Pack-Line" Defense, drills to incorporate, as well as teaching points to reinforce the absolute musts of the defense. The 8 sections broken up are as follows: Transition Defense, On-Ball Defense, Off-Ball Defense, Defending Screening Situations, Defending Ballscreens, Post Defense, Rebounding, and Defending Baseline Out of Bounds Situations.

For any basketball coach... Whatever the level or years of experience, KNOWLEDGE is POWER. The more knowledge, the more opportunity for growth in multiple areas. Victory Is in the Details: Building a Basketball Program supplies both knowledge and growth. Philosophies, concepts, drills, fundamentals, and advice from prominent coaches spice the acronym "P-R-O-G-R-A-M" as the prominent structure of this book. This book's abundance of details will fine-tune a program and separate the best ones from the mediocre, no matter the level of talent. Tom Anstett and Tom McCormack have a combined 92 years of coaching experience, and expertly break down and amplify seven qualities that constitute a basketball program that not only wins, but also lays a foundation for life for its players. All basketball coaches will benefit in both large and small ways by reading Victory Is in the Details.

Before great basketball players developed their superstar flair, they built a solid base of fundamental skills in all phases of the game. Basketball Skills and Drills provides a blueprint for building the foundation that every well-rounded basketball player needs. The book also covers key team principles for both ends of the court. Tactics for offense, including special situations such as out-of-bounds plays, will improve spacing, ball and player movement, shot selection, and scoring. Defensive tactics emphasize positioning, pressure, and various systems to apply in each area or level of the court.

"If you are interested in Coaching the System, you must be either desperate or crazy!" At least that's what people told authors Gary Smith and Doug Porter when they began investigating this revolutionary style of play almost a decade ago. Ignoring the critics, they went on to coach the two highest scoring teams in men's and women's college basketball history: the University of Redlands, California (132.4 ppg), and Olivet Nazarene University in Illinois (104.1 ppg). From its origins as the Sonny Allen Numbered Fast Break, to Paul Westhead's Loyola Marymount up-tempo game, the System has been around for decades. But when Grinnell College's David Arseneault added platoon substitution patterns and hockey-style short shifts, placing a priority on creating three-point looks for his "preferred shooters," the System truly came into its own. Smith and Porter learned the Grinnell version of the System from Arseneault himself, adapting it to fit their situations coaching men's and women's programs. In the past decade their teams set 32 NCAA and NAIA records between them, including most 100-point games in a season (Redlands-23; Olivet-24). Olivet also holds national records for defensive turnovers (36.3 per game) assists (23.8 per game), and three pointers made in a season (509, 15.6 per game). Redlands owns college basketball records (all levels) for field goal attempts (110.3 per game), and three-pointers made (23.8 per game). Now you can learn every detail of this devastating full court run-and-press attack that allows you to dictate tempo and force your opponents out of their normal game plan, capturing the imagination of your players and community, and making coaching fun again! You'll learn exactly how and why the System works, how to adapt it to fit your personnel, suggestions for conditioning players, organizing System practices, and even ways to respond to the inevitable criticisms that come with playing the game this far "outside the box." Other chapters offer complete descriptions of the Redlands Attack (Coach Smith's variation of the Grinnell offense), the LMU Attack (which Westhead popularized and used to advance to the NCAA regional finals in 1990), and the Olivet Attack (Coach Porter's hybrid version of the LMU and Dribble-Drive offenses). Finally, you'll learn System defensive principles, terminology, and how to cover every conceivable press attack and press-breaker alignment. Also included are 57 drills and over 300 diagrams to illustrate System offense and defense, providing you with a complete blueprint for "Coaching the System!"

"A must read for any coach looking to improve his or her defensive approach and training." - Steve Lanpher : Head Coach at Randolph College "If you're looking for help building and thinking about all things defense, you've gotta check out this book. Coach Jagacki is one of the best defensive minds out there." - Stu Hartenstein : Assistant Coach at Dension University "This is the revolution that defense has been waiting for." - Lee Deforest : Head Coach at Florida Coastal Prep Lockdown Defense is a book focused on developing elite defenders. More than just data points and coaching cliches, this book offers advanced techniques, new fundamentals, training cues, in-depth nuance and multiple drills to help develop Lockdown Defenders. In an era dominated so much by offensive spacing and 1v1 schemes, individual on-ball defenders have become crucial to team defensive success. Lockdown Defense is the ultimate book on developing this critical aspect of defense. The book contains 200 pages with over 60 techniques and 28 drills expanding across 10 chapters of individual defense: on-ball, closeouts, post defense, gap defense, rim protection, ball screen defense, recovery techniques, team scheme and toughness. It's time defense had a revolution.

The Triangle Offense is known as the most comprehensive offensive system in basketball and this book is the most comprehensive resource put together on the offense. With over 200 upgraded diagrams on the offense that detail all of the nuances of the offense, you won't need to look any further for all of your Triangle needs. In "The Complete Guide to the Triangle Offense" you will find every action of the offense ("2 Pass to the Post," "2 Pass to the Top," Backdoor Step, and Corner) and how and when to make the proper read, dozens of entries into the offense and how to get each player into their spots, as well as detailing special actions within the Triangle and the counters to go with each of them. You'll also find how to use the offense to attack zone defenses or utilize any of the 11 sideline out-of-bounds plays that can follow right into the Triangle. With 12 drills included that you'll be able to implement and build habits for your players, you will see how this book will help you fit the Triangle Offense to your personnel and your own coaching philosophy.

An award-winning Sports Illustrated writer recounts the championship 2005-2006 season with the popular NBA team, describing their revitalization of team play strategies, the contributions of such figures as Steve Nash and Mike D'Antoni, and the injuries and controversies that challenged their efforts. Reprint. 50,000 first printing.

STUFF Good Players Should Know may very well be the best book ever written for basketball players. It is conversational and easy to understand, yet filled with subtle insights into the game of basketball. STUFF is page after page of creative concepts, common sense, and special tips that can not be found anywhere else. ? How do you guard a stronger player? ? How do you set up a game-winning steal? ? How do you ?strip? a rebound? ? How do you score with a strong-handed dribble while going to the weak side? ? How do you practice shooting for maximum game effectiveness? ? How do you recognize defensive changes? STUFF is like having a coach right beside you, in your room, discussing the fine points of the games. How do you think in the minutes of the game? How do you react to mistakes? What is your attitude about fouls? Eating? Superstitions? Injuries? All this and more makes STUFF a book that players will find indispensable. Basketball fans will enjoy it, but players won't do

"Beautifully illustrated and sharply written, *SprawlBall* is both a celebration and a critique of the 3-point shot. If you want to understand how the modern NBA came to be, you'll need to read this book." —Nate Silver, editor of *fivethirtyeight.com* From the leading expert in the exploding field of basketball analytics, a stunning infographic decoding of the modern NBA: who shoots where, and how. The field of basketball analytics has leaped to overdrive thanks to Kirk Goldsberry, whose visual maps of players, teams, and positions have helped teams understand who really is the most valuable player at any position. *SprawlBall* combines stunning visuals, in-depth analysis, fun, behind-the-scenes stories and gee-whiz facts to chart a modern revolution. From the introduction of the 3-point line to today, the game has changed drastically . . . Now, players like Steph Curry and Draymond Green are leading the charge. In chapters like "The Geography of the NBA," "The Interior Minister (Lebron James)," "The Evolution of Steph Curry," and "The Investor (James Harden)," Goldsberry explains why today's on-court product—with its emphasis on shooting, passing, and spacing—has never been prettier or more democratic. And it's never been more popular. For fans of Bill Simmons and FreeDarko, *SprawlBall* is a bold new vision of the game, presenting an innovative, cutting-edge look at the sport based on the latest research, as well as a visual and infographic feast for fans.

Lee Rose has been one of basketball's most knowledgeable and respected coaches over the past 50 years at the high school, college, and professional levels. *Winning Basketball Fundamentals* presents his proven program for success, the same one he used in taking teams from two different colleges to the Final Four. From offense to defense to transition play and special situations, Rose covers every tactical facet of the game and adds his insights for improving execution in each. He presents popular offensive systems—the Triangle, LA, Flex, Dribble Drive, and Motion—as well as man-to-man and zone defensive schemes, with suggestions for when and how to deploy and adjust them. Rose also teaches all the essential individual skills required for performing those tactics proficiently and consistently, with special tips for executing when the game is on the line. Perimeter- and post-specific instruction and drills will help players build on their skills through practice. Coach Rose also shares his Performance Rating System—a tool he's used time and again to develop some of the game's top players. Rose explains not only how to identify strengths and weaknesses but also how to use that information to maximize the potential of individual players and the team. Flashy and fluke plays might be fun to watch, but you can't build a successful season or career on them. *Winning Basketball Fundamentals* is the proven formula for developing the solid individual skills and team tactics you can count on game after game.

Whether your team is trying to win its first game of the high school season or preparing to take the floor for the national championship, you need to have a multitude of options for your offense. John Calipari brings winning one step closer with his tried-and-true collection of offensive plays. Presented in an easy-to-follow format with diagrams for reference, this book is a must for coaches looking to optimize their half-court game. John Calipari took the basketball program at the University of Massachusetts from one of the country's worst and made it into one of the elite, a program with legitimate national championship aspirations. A new state-of-the-art facility, the perpetually sold-out William D. Mullins Center; five straight Atlantic 10 regular-season titles; five straight A-10 Tourney titles; five straight NCAA appearances; trips to the Sweet Sixteen and Elite Eight; and 1996's trip to the Final Four sent a clear message to the basketball world: besides developing some outstanding UMass teams, John Calipari also built a winning program. He has also served as head coach of the New Jersey Nets. Covers the scramble defense in detail, including: history and philosophy behind the scramble, man-to-man, thumbsdown, thumbs up, full-court, scramble drills, preparation, practice, communication, the mental game and more.

An opinionated tour of the past, present, and future of pro basketball, written by ESPN's "Sports Guy" columnist, shares insights on everything from major NBA events and underrated players to how Hall of Famers should be selected.

Offers sequential instructions for performing the essential skills and tactics of basketball, including dribbling, passing, shooting, and rebounding.

Are you looking for an easy to learn and effective offensive system for your team? Do you also need complete practice plans and drills to implement it? Motion offense is a great offensive system for all ages. Complete guide to motion offense breaks down 4 out, 5 out and dribble drive motion offense into easy to understand concepts combined with practice plans and hundreds of drills.- What are the key differences between 4 out, 5 out and dribble drive?- What kind of personnel is best suited for each type of motion offense?- What are the key, simple to remember concepts to teach?- What are the drills to build up the concepts in 2 practices or less?Based on our popular blog read by hundreds of thousands of coaches. We've written this complete guide that's proven to help you implement motion offense.

The Phoenix Suns' Steve Nash shines in running the break, but how do his teammates know where to go to get open to receive his passes? Orlando's Dwight Howard is a tremendous talent in the post, but how has he improved and added new dimensions to his game? And how is it that Utah's Deron Williams and Carlos Boozer run the screen-and-roll as smoothly as Jazz legends John Stockton and Karl Malone did years before? Coaching. Yes, even in a league loaded with superior athletic talent, the teaching, tactical maneuvers, and strategies provided by NBA coaches are second to none. And as younger, sometimes less mature and less experienced players from all over the world have entered the league, those coaching skills are more diverse and better honed than ever before. Now *NBA Coaches Playbook* takes you into the practice sessions and sideline huddles with detailed Xs and Os and more from the game's best at maximizing performance on the court. Let the likes of Phil Jackson, Mike D'Antoni, Avery Johnson, Stan Van Gundy, George Karl, Eddie Jordan, Mike Dunleavy, Kareem Abdul-Jabbar, and many other head and assistant coaches provide you with new insights to benefit your own team and individual players. Contents Part I: Individual Offense Chapter 1. Shooting Techniques Hal Wissel Chapter 2. Perimeter Moves Stan Van Gundy Chapter 3. Post Moves Kareem Abdul-Jabbar Chapter 4. Screens and Screen Plays Phil Johnson Part II: Team Offense Chapter 5. Attacking Offense Avery Johnson Chapter 6. Triangle Offense Phil Jackson and Tex Winter Chapter 7. Princeton Offense Eddie Jordan and Pete Carril Chapter 8. Flex Offense Ruben Magnano Part III: Fast Break Chapter 9. Fast-Break Principles George Karl and Doug Moe Chapter 10. Primary and Secondary Breaks Mike D'Antoni, Alvin Gentry, and Marc Iavaroni Part IV: Special Plays Chapter 11. High-Percentage Plays Lionel Hollins Chapter 12. Out-of-Bounds Plays Brendan Malone Chapter 13.

Last-Second Scoring Plays Dave Wohl Part V: Individual and Team Defense Chapter 14. On-the-Ball Pressure Mike Fratello Chapter 15. Full-Court Pressure Jim O'Brien Chapter 16. Defensive Strategies Del Harris Part VI: Coaching Essentials Chapter 17. Productive Practices Lawrence Frank Chapter 18. Game Preparation Mike Dunleavy and Jim Eyan Chapter 19. Player Development Kevin Eastman Chapter 20. Player and Coach Motivation Scott Skiles and John Bach Chapter 21. Modern Conditioning Methods Rich Dalatri

The Dribble Drive Motion Offense - or Princeton on steroids as University of Kentucky coach John Calipari called it - was invented by coach Vance Walberg only a few years ago. There isn't a lot of information about it out there, but this book is an instruction manual in the Dribble Drive Offense, there to fill the void. The manual deals with the strengths and weaknesses of the Dribble Drive, the fundamentals needed to run the offense, the basics needed to run it, how to enter into it, off the break or from a half court set, the reads and X's and O's and how to teach it. The book contains 40 pages of drills, including the best of Vance Walberg's and John Calipari's drills. Also it contains four appendixes which detail special plays and quick hitters, playing against a sagging defence, two oone offences, and a complimentary screening type offence. Black and White Version - more expensive color version also available. See www.coachdribbledrive.com Our Ball Handling Drills for Youth Basketball eBook is all you will ever need to develop your players' ball handling skills fast. Lots of links to Video Clips and Handouts! Includes over 80+ Basic and Advanced Ball Handling / Dribbling drills, Coaching Tips / Teaching Points, and Notes on the basics and fundamentals of ball handling. All on one eBook! Packed with pictures, diagrams, video clips, and helpful forms! "View" the Ball Handling / Dribbling demonstrations on the Video Clips using the links. An excellent "Interactive" instructional tool, resource, and reference for youth basketball coaches and players.

"Let's Talk Defense! will help take you and your team to the next level." --Scottie Pippen, 10-time member of the NBA All-Defensive Team and six-time NBA champion "Herb Brown's experience and defensive knowledge makes Let's Talk Defense! a mustread for any basketball player or coach. The concepts demonstrated in his book are the same ones I use when guarding some of the best players in the NBA." --Rasheed Wallace, NBA All-Star "Herb Brown understands the most fundamental aspect of the game and that is great defense wins championships. This book will explain the basic concepts of how it is done." --Joe Dumars, general manager of the Detroit Pistons and former six-time NBA All-Star Endorsed by top NBA players, this is the essential guide for coaching defense. Loaded with drills, tips, and step-by-step diagrams as well as official NBA photos, Let's Talk Defense! includes: Making the transition from offense to defense Out-rebounding opponents Causing turnovers Stopping fast-break opportunities Eliminating penetration Creating havoc for the opposition and much more

"There are moments when a story shakes you...Barely Missing Everything is one of those stories, and Mendez, a gifted storyteller with a distinct voice, is sure to bring a quake to the literary landscape." —Jason Reynolds, New York Times bestselling author of Long Way Down In the tradition of Jason Reynolds and Matt de la Peña, this heartbreaking, no-holds-barred debut novel told from three points of view explores how difficult it is to make it in life when you—your life, brown lives—don't matter. Juan has plans. He's going to get out of El Paso, Texas, on a basketball scholarship and make something of himself—or at least find something better than his mom Fabi's cruddy apartment, her string of loser boyfriends, and a dead dad. Basketball is going to be his ticket out, his ticket up. He just needs to make it happen. His best friend JD has plans, too. He's going to be a filmmaker one day, like Quentin Tarantino or Guillermo del Toro (NOT Steven Spielberg). He's got a camera and he's got passion—what else could he need? Fabi doesn't have a plan anymore. When you get pregnant at sixteen and have been stuck bartending to make ends meet for the past seventeen years, you realize plans don't always pan out, and that there are some things you just can't plan for... Like Juan's run-in with the police, like a sprained ankle, and a tanking math grade that will likely ruin his chance at a scholarship. Like JD causing the implosion of his family. Like letters from a man named Mando on death row. Like finding out this man could be the father your mother said was dead. Soon Juan and JD are embarking on a Thelma and Louise—like road trip to visit Mando. Juan will finally meet his dad, JD has a perfect subject for his documentary, and Fabi is desperate to stop them. But, as we already know, there are some things you just can't plan for...

Basketball Coaching: How to Coach the Dribble Drive Motion Offense Basketball coaching using an aggressive dribble drive motion! You will learn the Dribble Drive Motion Offense based on Vance Walberg's concepts. Also, this offense is "positionless" like the style of the Golden State Warriors and adaptable to your personnel allowing a coach to decide where and how to attack an opponents. Win games while improving all of your players during competitive practices. We also break down the basic and advanced concepts of this offense including how to teach it, step by step, using game like drills and breakdown teaching concepts. Here is a Preview of What You'll Learn... * Why you should use this offense with your team* The mindset and philosophy to be successful in this system* How to teach the DDM offense step by step* Quick hitters to counter to what the defense may try to do* Specific plays you choose to adjust this offense to your team* What are the best practice drills to install this offense you want to learn the most aggressive, attacking, dribble penetration offense available, then this book is for you. It will reveal many of the counters and adjustments a coach can make during a game to take control at the right moment. This book will give you an offense that has proven itself time and time again as well as the teaching methods to help your players. Guaranteed.

Now with a new chapter on the Wildcats' legendary comeback in the 2014 Final Four John Calipari, one of the most successful coaches in NCAA history, presents the world of college basketball from the coach's chair, unvarnished and straight from the heart. Players First is Calipari's account of his first six years coaching the University of Kentucky men's team, leading it to a national championship in 2012 and the championship game in 2014, all while dealing with the realities of the "one-and-done" mentality and an NCAA that sometimes seems to put players last. Filled with revelatory stories about what it takes to succeed at the highest level of the college game, Players First is a candid look at the great

players and rivalries that have filled Calipari's life with joy and a sense of purpose.

Explains how coaches can help their players develop the right mental attitude, and describes a variety of offensive and defensive plays

Over the span of an 11-year professional playing career, Joe Crispin played for approximately 28 different coaches in the NBA, ABA, CBA, Greece, Poland, Italy, Spain, Turkey, and Ukraine. He played fast, slow and everything in between for coaches all over the world. His diverse experience and unique perspective led him to clarify twelve principles that every player wants in basketball offense. Currently the head coach at Rowan University, this was written before he ever coached a game at any level of play. He wrote as an 11-year professional to better inform his future coaching self. The only words from the coach come as practical lessons in applying these principles to his teams today. The old adage is that defense wins championships, but as Crispin contends, that is only true when you can score (or in the NBA, when you have 2 or 3 of the best offensive players in the world). Offense matters immensely to every basketball player in the world (and even more to the fans). It affects how well you play defense and even how you choose to play defense. Offense wins in more ways than you think. No matter what level you coach, Crispin's principles will challenge you to think through your philosophy and adjust your teaching in order to prepare a happier and more effective basketball offense. You may even end up believing that offense wins.

Dribble Drive Offense - a Complete Instruction Manual Lulu.com Complete Guide to Motion Offense Implementing the 5 Out, 4 Out Or Dribble Drive.

"Coach Hatchell's book is a must-read for every girls' basketball coach. She is fantastic in every phase of the game, and I love watching her teams play."—Roy Williams, head men's basketball coach, University of North Carolina, and Associated Press Coach of the Year, 2006 What does it take to turn a good coach into a great one? You need to be a teacher, a motivator, a guru of X's and O's. Coach Sylvia Hatchell shows you how she manages all these roles and gives you her winning advice to creating a team of champions. Head coach of the University of North Carolina's women's team, Coach Hatchell combines the Tar Heels' longstanding tradition of basketball greatness with her personal dedication to guiding young women as she teaches you how to: Communicate effectively to get peak performances from 11- to 18-year-old girls Teach all the fundamentals of the game and run a productive, high-energy practice Develop a formidable offense and tenacious defense Master 75 of her favorite drills, ranging in difficulty from beginner to advanced

Basketball is the most popular participatory sport in the United States. As simple as the game often seems—throwing a ball through a hoop—there are many aspects of the game that go unnoticed. But with *Basketball For Dummies, Second Edition*, you'll get the inside scoop on hoops. Whether you're a player, a fan, or a coach, *Basketball For Dummies, Second Edition* will get you better acquainted to the game, so you can play it better, coach it smarter, or appreciate it more as a spectator. Former Notre Dame head coach Digger Phelps begins with the fundamentals and quickly moves up court from there. From playing a pick-up game to watching March Madness on TV to the excitement of the NBA Playoffs, Phelps has come up with a game plan that shows you how to have fun with the game, while you become familiar with it. By the final buzzer, you'll have pulled down pointers on how to play the game, how to look good on the court, how to coach it, how to watch it, how to strategize, and even how to talk trash on the playground. Within these pages, you'll also discover how to: Suit up for the court Get into basketball shape Play effective offense and defense Use signature moves from NBA greats Shoot quality free-throws Join fantasy leagues and get great stuff online From the basics to the latest coaching drills and techniques, this friendly reference offers you expert advice on the plays, strategies, and moves on and off the court—from high school to college hoops, to the WNBA, and beyond.

8 starred reviews · Goodreads Choice Awards Best of the Best · William C. Morris Award Winner · National Book Award Longlist · Printz Honor Book · Coretta Scott King Honor Book · #1 New York Times Bestseller! "Absolutely riveting!" —Jason Reynolds "Stunning." —John Green "This story is necessary. This story is important." —Kirkus (starred review) "Heartbreakingly topical." —Publishers Weekly (starred review) "A marvel of verisimilitude." —Booklist (starred review) "A powerful, in-your-face novel." —Horn Book (starred review) Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed. Soon afterward, his death is a national headline. Some are calling him a thug, maybe even a drug dealer and a gangbanger. Protesters are taking to the streets in Khalil's name. Some cops and the local drug lord try to intimidate Starr and her family. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr. But what Starr does—or does not—say could upend her community. It could also endanger her life. Want more of Garden Heights? Catch Maverick and Seven's story in *Concrete Rose*, Angie Thomas's powerful prequel to *The Hate U Give*.

Wooden's first-ever instructional basketball book and DVD package provides an unprecedented inside look at the offensive system of this basketball coaching legend.

The Gun T RPO system is now available for coaches wishing to see Coach Simpson's offense. His playbook will provide the following for coaches wishing to see how the offense works: Formations and tags. Be as simple or complex as you want with simple tags. Motions and shifts. Confuse the defense by moving players pre-snap. Buck Sweep - All the flavors of buck sweep vs. any front the defense wants to throw out. Strong Belly - Coach Simpson's unique simple way to run strong belly will adapt to any front. Strong Belly Read - Making one blocking scheme into many is the goal of the Gun T RPO system. Jet Sweep/Quick Belly/Quick Belly Read - All 3 plays run with the same blocking rules and little adjustments. Counter Game - How to run a traditional wing-t counter and mix it with the RPO game. Passing game in the Gun T RPO system. Heavy Set. And more... Review from Coachtube about the Gun T RPO System: "Coach Simpson's Gun T Offensive Overview is an excellent offensive resource. This course provides the foundation of Coach Simpson's offensive philosophy. Coach believes in the monikers that "Less is More" and the "Rule of 3", which both were evident in the explanation of the offense. His explanations were clear and concise, and the presentations were easy to follow." - Todd Knipp "This is absolutely amazing. Coach Simpson does an excellent job of explaining his system. Whether you're a young coach or an experienced coach this is a must see. You can easily see why he is a successful coach. His detail an organization is on point and I cannot wait to learn more from Coach Simpson." - Mike Kloes "I've been following coach Simpson for a while now and it's very clear to me that even though I may not be a HC, we have similar philosophies. If you are a Wing T guy looking for ways to "Modernize" your offense, or a Spread guy looking for an effective and efficient run game this is the offense you should be looking at!" - Coach Sheffer "The course by Coach Simpson was quite helpful.

As the new Head Coach of a small school - the Gun T system is going to help us be successful right away. Being a spread coach for the last 8-9 years, this system easily blends the best of both worlds of spread and wing-." -Mike Wilson"Coach Simpson's Gun-T Offense is dynamic and efficient. This course gets into the foundation of building blocks of the Gun-T offense and what you are trying to do offensively to be as successful as possible." - Austin Pink"Amazing detail on numerous variations of attaching RPO's to your Bucksweep. Keeps it simple yet extremely informative. Great Job Coach Simpson, you made me a believer! Highly recommend!" - Mike Turso"Coach Simpson does a awesome job explaining his system, and he does it a way that people like myself who are not familiar with RPO's can understand!" - Coach Coleman

Provides an overview of the motion offense used at the University of Cincinnati. Covers the basic movements of the five player open post motion offense, offense before cuts begin, cut-to-the-ball options, cut-to-the-ball options, cut-away-from-the-ball options, offense from the wings, involvement of corners in the motion offense, weakside play, drilling (individual, two-on-two, three-on-three and weakside) and much more. Contains 90 easy-to-read diagrams.

So you're thinking about volunteering to coach youth basketball? Great! You're in for a fun, rewarding experience. Whether you're new to the sport and looking for some guidance or you're a seasoned coach hunting for some fresh tips, *Coaching Basketball For Dummies* will help you command the court with confidence. Each friendly chapter is packed with expert advice on teaching the basics of basketball—from dribbling and shooting to rebounding and defending—and guiding your kids to a fun-filled, stress-free season. You get a crash course in the rules and regulations of the game, as well as clear explanations of what all those lines, circles, and half-circle markings mean on the court. You'll assign team positions, run great practices, and work with both beginning and intermediate players of different age groups. You'll also see how to ramp up your players' skills and lead your team effectively during a game. This book will also help you discover how to: Develop your coaching philosophy Understand your league's rules Conduct a preseason parents' meeting—crucial for opening the lines of communication Teach offensive and defensive strategies Keep your kids healthy and injury-free Encourage good sportsmanship Make critical half-time adjustments during a game Help struggling players Address discipline problems and handle difficult parents Coach an All-Star or Travel team Complete with numerous offensive and defensive drills and tips for helping your kids relax before a game, *Coaching Basketball For Dummies* is the fun and easy way to get the score on this worthwhile endeavor!

Jay Wright is one of the most admired and successful coaches in college basketball, but until now, his story has never been told. In this book, he will explain how he guided Villanova to the mountaintop by staying hungry, staying humble, and encouraging all of his players to think of themselves as leaders. Building his book around chapters themed to the core principles of the Wildcats' championship program, Wright will teach readers how these ideas can lead to success both on and off the court—and tell a riveting, inside sports story in the process.

COACH YOUR TEAM TO PLAY BETTER, FASTER, AND WIN, WITH INNOVATIVE DRILLS FROM AROUND THE GLOBE "Simply fantastic! The Complete Book of Offensive Basketball Drills is a treasure trove of information from around the world. I can honestly say that I have not seen nor read a more complete drill book on one topic that is better than this. Giorgio Gandolfi has outdone himself." - Kevin Sutton, Head Coach, Montverde Academy, and Assistant Coach for the Gold Medal USA Jr. National Team All coaches look for an edge that will help put their team over the top against their rivals. The Complete Book of Offensive Basketball Drills helps you take your team to the next level with the most effective offensive drills from the world's best coaches. Run practice sessions that can produce dominant players using these elite instructional workouts taken from around the globe. You'll bring a fresh perspective on the game to your players, all while teaching solid fundamentals, improving offensive performance, and driving up the score with teams at any level. Covering everything from basic footwork to fast breaks, with advanced variations for more experienced players and teams, author Giorgio Gandolfi has collected more than 150 drills from the best-of-the-best to equip you with the necessary skills to: Decide which drills are appropriate- and adapt them to meet each team's needs Teach fast breaks, screens, post play, and rebounding Prepare teams to shoot, pass, play the boards, and run Train players to shoot and score under pressure "Gandolfi offers a truly global sampling of the finest thinking on how to attack the basket or get a shot off against a tough defender. . . . If it's effective in helping a player improve his pull-up jump shot or make a power move to the basket, it's here. Gandolfi has done the game a huge service—and made Planet Basketball a more intimate place—with this timely and invaluable book."

—Alexander Wolff, Sports Illustrated senior writer and author of *Big Game, Small World: A Basketball Adventure*, from the Introduction "Simply fantastic! This is a treasure trove of information from around the world. I can honestly say that I have not seen nor read a more complete drill book on one topic that is better than this book. Giorgio Gandolfi has out done himself with this book. . . . Great job!" —Kevin Sutton, Head Coach at Montverde Academy and Assistant Coach for the Gold Medal USA Jr. National Team "This book is one of the best. . . filled with valuable basketball information that has been tested and proven to help coaches and players alike. Giorgio Gandolfi has dedicated his life to helping improve the game and this is just another part of his continuing journey to provide the best basketball information out there!" —Kevin Eastman, Assistant Coach, Boston Celtics, 2008 NBA World Champions

The most outspoken and combative coach in NBA history—and one of the most successful, amassing more than 1,175 victories, the sixth best winning record ever—reflects on his life, his career, and his battles on and off the basketball court in this no-holds-barred memoir A man of deep passion and intensity, George Karl earned his bad boy reputation while playing at the University of North Carolina, a rap that continued through the five years he spent with the San Antonio Spurs—and long after he stopped playing. Karl's beery nights, fistfights, and barking followed him into a thirty-five-year coaching career. In a game defined by big stakes and bigger egos, rabid fans and an unforgiving media, Karl was hired and fired a dozen times. After leading a team beset by injuries and with no superstar to its best season of all time—an achievement that earned Karl the title NBA Coach of the Year—he was dumped by the Denver Nuggets in 2013. Less than a year and a half later, Karl was at the helm of the Sacramento Kings, snarling and bellowing on the sidelines before being cut loose in May 2016. Intense, obstinate, and loud, Karl has never backed down from a confrontation, whether with management, officials, or star players, as NBA legends from Allan Iverson to Gary Payton to Carmelo Anthony to Demarcus Cousins can attest. Telling his story, Karl holds nothing back as he speaks out about the game that has defined his life, including the greed, selfishness, and ass-covering he believes are characteristic of the modern NBA player, and the rampant corruption that leads all the way to the office of the NBA commissioner, David Stern. Karl also reveals how he's learned to deal with the personalities, the pressure, and the setbacks with a resilience he acquired from his three bouts with cancer. Raw, hard-hitting, and brutally honest, *Furious George* is as thrilling, unpredictable, and entertaining as the game that has defined Karl's life. A complete look at the Shamrock Dribble Drive Offense along with key drills to execute the offense properly. This exciting offense is made for today's players. This is also the offense that when used with the drills shown in this book will do the most to develop basketball players on all levels of play.

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