

Dos And Taboos Around The World

Designed for the international business traveller, this is a pack of six copies of a guide to etiquette and proper international business practice. It contains over 200 gestures and body signals used in 82 countries, and provides advice on behaviour and protocol.

What are the origins of table manners? What are the politics of cannibalism? Why is the left hand thought to be sinister? These apparently unrelated questions all hinge on the fundamental notion of taboo. Far from being peripheral leftovers from distant times and places, taboos are a crucial part of any society, determining how people must and must not behave. The Encyclopedia of Taboos is a mine of unusual information from around the world, including a comprehensive analysis of individual taboos from the ancient world to the present day, covering both well- and lesser-known examples.

Presents a groundbreaking investigation into the origins of morality at the core of religion and politics, offering scholarly insight into the motivations behind cultural clashes that are polarizing America.

The first book to bring together the many different everyday gestures that are used all over the world. Desmond Morris has travelled to over 60 countries while making field studies of human body language, and made notes of hand gestures and facial expressions. The result is a fascinating reference book of over 600 different gestures from Europe, the Middle East, North &

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South America and the Far East. The book is arranged alphabetically under the part of the body used with Meaning, Action, Background and Locality and each gesture is illustrated with a line drawing. The World Guide to Gestures complements Desmond Morris's bestsellers *Manwatching* and *Bodywatching*.

An interesting resource for learning about the cultural differences and characteristics of people across the globe, this encyclopedia covers the "do's" and "don'ts" of a breadth of countries and major ethnic groups. •

Provides comprehensive coverage of many of the world's countries and cultures that enables readers to make insightful cross-cultural comparisons • Directly supports the National Geography Standards by examining cultural mosaics • Provides relevant and useful information for readers preparing for study-abroad excursions or other international travel

A scientific response to the best-selling *The Bell Curve* which set off a hailstorm of controversy upon its publication in 1994. Much of the public reaction to the book was polemic and failed to analyse the details of the science and validity of the statistical arguments underlying the book's conclusion. Here, at last, social scientists and statisticians reply to *The Bell Curve* and its conclusions about IQ, genetics and social outcomes. Both highly informative and entertaining, *Multicultural Manners* gives readers the understanding they need, the perfect words to say, and the correct behavior to use in a wide range of cross-cultural situations. This incisive and award-winning guide to etiquette features completely updated etiquette guidelines with special emphasis on

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post–September 11 culture clashes as well as a brand-new section that demystifies unfamiliar cultures in the news. Norine Dresser identifies key cross-cultural hot spots and suggests methods that foster respect for diversity. Readers will discover the dos and don'ts of successful business and social interaction, detailed tips on avoiding embarrassment in a variety of social settings, amusing firsthand accounts of cultural gaffes, a breakdown of customs, religions, languages, and ethnicities for seventy different countries, and appropriate etiquette for innumerable settings.

A groundbreaking exposé and diagnosis of the silent epidemic of fear afflicting new mothers, and a candid, feminist deep dive into the culture, science, history, and psychology of contemporary motherhood Anxiety among mothers is a growing but largely unrecognized crisis. In the transition to motherhood and the years that follow, countless women suffer from overwhelming feelings of fear, grief, and obsession that do not fit neatly within the outmoded category of “postpartum depression.” These women soon discover that there is precious little support or time for their care, even as expectations about what mothers should do and be continue to rise. Many struggle to distinguish normal worry from crippling madness in a culture in which their anxiety is often ignored, normalized, or, most dangerously, seen as taboo. Drawing on extensive research, numerous interviews, and the raw particulars of her own experience with anxiety, writer and mother Sarah Menkedick gives us a comprehensive examination of the biology, psychology, history, and societal conditions surrounding

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the crushing and life-limiting fear that has become the norm for so many. Woven into the stories of women's lives is an examination of the factors—such as the changing structure of the maternal brain, the ethically problematic ways risk is construed during pregnancy, and the marginalization of motherhood as an identity—that explore how motherhood came to be an experience so dominated by anxiety, and how mothers might reclaim it. Writing with profound empathy, visceral honesty, and deep understanding, Menkedick makes clear how critically we need to expand our awareness of, compassion for, and care for women's lives.

As featured in the New York Times and Reader's Digest "An eye-opener into the pitfalls awaiting the unaware traveler." -Washington Post "Can save the innocent abroad from great gobs of serious trouble." -Chicago Tribune Before you raise your hand to signal the waiter, extend your thumb to hitchhike, or flash the "O.K." sign with thumb and forefinger, Stop! Think of where you are and exactly what you are trying to say-otherwise you could create an international incident. Remember when President Bush thought he was flashing the "V" for Victory sign to cheering Australians? (See inside.)

Exploring the ins and outs of body language from head to toe, this newly revised and expanded edition of Roger Axtell's indispensable guide takes you all around the world of gestures-what they mean, how to use them, and when to avoid them. This latest edition includes: *

Updates about the 200 most popular gestures and signals-and dozens of new examples * New sections covering special gestures-from American Sign Language

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and tai chi to flirting and kissing * Information to guide you through gestures country by country-from Switzerland to Japan, Nigeria to the Netherlands * Amusing anecdotes and helpful hypothetical scenarios Develop your powers of public persuasion with the ultimate guide to great speeches and business presentations. Do you get tongue-tied at the mere thought of speaking in public? Would you rather swim with sharks or undergo a tax audit than face an audience? Well, you're not alone. According to the Book of Lists' list of humans' greatest fears, the fear of death is our fourth greatest fear, while fear of public speaking commands a solid first place. Now from Roger E. Axtell, one of America's most accomplished public speakers, here's a book guaranteed to turn even the most stage-shy mumbler into a great communicator. Geared primarily, but not exclusively, for business people, this amusing and informative guide can show you how to possess the powers of public persuasion you've always dreamed of having. Whether it's making a pitch to the board of directors, or prepping the sales force, stating your case to the town council, or being interviewed on live TV, Do's and Taboos of Public Speaking can help you to be an intelligent, articulate, confident, and likable presence in front of any audience you'll ever face. * Surefire techniques for controlling fear, preparing for and organizing a business presentation or speech, using body language and humor, getting the most out of audio and audio/visual equipment, speaking in front of the camera, and much, much more * Helpful hints from successful business speakers and such greats as

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Winston Churchill, Lee Iacocca, Red Barber, Roger Ailes, and Charles Osgood * Special chapters on humor and roasts, speaking internationally, and even how to become a professional speaker

Do's and Taboos Around The WorldWiley

Offers simple guidelines for improving multi-cultural interpersonal skills and becoming proactive in your communications with members of other cultures to build strong, productive relationships in person, on the phone and by email in your professional dealings.

Provides anecdotes and advice for businessmen and women about the proper use of humor in international business

Across the world, 2 billion people experience menstruation, yet menstruation is seen as a mark of shame. We are told not to discuss it in public, that tampons and sanitary pads should be hidden away, the blood rendered invisible. In many parts of the world, poverty, culture and religion collide causing the taboo around menstruation to have grave consequences.

Younger people who menstruate are deterred from going to school, adults from work, infections are left untreated.

The shame is universal and the silence a global rule. In *It's Only Blood* Anna Dahlqvist tells the shocking but always moving stories of why and how people from Sweden to Bangladesh, from the United States to Uganda, are fighting back against the shame.

"A guide to international behavior"--Cover subtitle.

The instant New York Times bestseller "Expert storytelling . . . [Pollan] masterfully elevates a series of big questions about drugs, plants and humans that are likely to leave readers

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thinking in new ways.”—New York Times Book Review From #1 New York Times bestselling author Michael Pollan, a radical challenge to how we think about drugs, and an exploration into the powerful human attraction to psychoactive plants—and the equally powerful taboos. Of all the things humans rely on plants for—sustenance, beauty, medicine, fragrance, flavor, fiber—surely the most curious is our use of them to change consciousness: to stimulate or calm, fiddle with or completely alter, the qualities of our mental experience. Take coffee and tea: People around the world rely on caffeine to sharpen their minds. But we do not usually think of caffeine as a drug, or our daily use as an addiction, because it is legal and socially acceptable. So, then, what is a “drug”? And why, for example, is making tea from the leaves of a tea plant acceptable, but making tea from a seed head of an opium poppy a federal crime? In *This Is Your Mind on Plants*, Michael Pollan dives deep into three plant drugs—opium, caffeine, and mescaline—and throws the fundamental strangeness, and arbitrariness, of our thinking about them into sharp relief. Exploring and participating in the cultures that have grown up around these drugs while consuming (or, in the case of caffeine, trying not to consume) them, Pollan reckons with the powerful human attraction to psychoactive plants. Why do we go to such great lengths to seek these shifts in consciousness, and then why do we fence that universal desire with laws and customs and fraught feelings? In this unique blend of history, science, and memoir, as well as participatory journalism, Pollan examines and experiences these plants from several very different angles and contexts, and shines a fresh light on a subject that is all too often treated reductively—as a drug, whether licit or illicit. But that is one of the least interesting things you can say about these plants, Pollan shows, for when we take them into our bodies and let them change our minds, we are engaging

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with nature in one of the most profound ways we can. Based in part on an essay published almost twenty-five years ago, this groundbreaking and singular consideration of psychoactive plants, and our attraction to them through time, holds up a mirror to our fundamental human needs and aspirations, the operations of our minds, and our entanglement with the natural world.

When cultural intelligence (CQ) is increased, diverse perspectives create better solutions. The CQ Insights Series examines the specific knowledge, skills, and behaviors involved in developing cultural intelligence (CQ). The series includes resources devoted to the four capabilities of cultural intelligence (CQ Drive, CQ Knowledge, CQ Strategy, CQ Action) and other specific applications for improving and applying CQ. This is the first book in the CQ Insights Series and it's focused on improving CQ Knowledge.

Almost everyone swears, or worries about not swearing, from the two year-old who has just discovered the power of potty mouth to the grandma who wonders why every other word she hears is obscene. Whether they express anger or exhilaration, are meant to insult or to commend, swear words perform a crucial role in language. But swearing is also a uniquely well-suited lens through which to look at history, offering a fascinating record of what people care about on the deepest levels of a culture--what's divine, what's terrifying, and what's taboo. Holy Sh*t tells the story of two kinds of swearing--obscenities and oaths--from ancient Rome and the Bible to today. With humor and insight, Melissa Mohr takes readers on a journey to discover how "swearing" has come to include both testifying with your hand on the Bible and calling someone a *#\$&!* when they cut you off on the highway. She explores obscenities in ancient Rome--which were remarkably similar to our own--and unearths the history of religious oaths in the Middle Ages, when swearing (or not

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swearing) an oath was often a matter of life and death. Holy Sh*t also explains the advancement of civility and corresponding censorship of language in the 18th century, considers the rise of racial slurs after World War II, examines the physiological effects of swearing (increased heart rate and greater pain tolerance), and answers a question that preoccupies the FCC, the US Senate, and anyone who has recently overheard little kids at a playground: are we swearing more now than people did in the past? A gem of lexicography and cultural history, Holy Sh*t is a serious exploration of obscenity--and it also just might expand your repertoire of words to choose from the next time you shut your finger in the car door.

Purity and Danger is acknowledged as a modern masterpiece of anthropology. It is widely cited in non-anthropological works and gave rise to a body of application, rebuttal and development within anthropology. In 1995 the book was included among the Times Literary Supplement's hundred most influential non-fiction works since WWII. Incorporating the philosophy of religion and science and a generally holistic approach to classification, Douglas demonstrates the relevance of anthropological enquiries to an audience outside her immediate academic circle. She offers an approach to understanding rules of purity by examining what is considered unclean in various cultures. She sheds light on the symbolism of what is considered clean and dirty in relation to order in secular and religious, modern and primitive life.

The ultimate guide to international behavior.now completely updated and expanded! Do's and Taboos Around the World 3rd Edition "Roger Axtell is an international Emily Post." --The New Yorker "Can help you make friends [and] avoid travel trouble." --BusinessWeek "Helpful.fun to read." --Steve Birnbaum The first two editions of Do's and Taboos Around the World helped thousands of high-powered executives and

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tourists avoid the missteps and misunderstandings that plague the world traveler. This updated and expanded Third Edition provides even more facts, tips, and cautionary tales--gleaned from the experiences of more than five hundred international business travelers--as well as: * Information on protocol, customs, and etiquette; hand gestures and body language; tipping; American jargon; and the international communications crisis * Up-to-date advice on dealing with the monumental changes in Russia, Germany, Eastern Europe, the People's Republic of China, and other locales * A new chapter on business gift-giving and gift-receiving customs, with country-by-country gift suggestions and precautions * A special quick reference guide to customs and mores in 96 countries, including revisions and updates from foreign embassies and consulates

Presents information on the practices needed to do business in over sixty countries, covering such topics as historical background, cultural orientation, protocol, negotiations, entertainment, dress, and forms of address.

A witty attack on the illusion that the self is a separate ego that confronts a universe of alien physical objects.

What Women Need to Know to Succeed in International Business From meeting protocol and sexual harassment to dining and gift giving, the rules for conducting business abroad can be dramatically different from those at home--and they can also vary from country to country. But with this indispensable resource, you'll have everything you need to successfully interact with your business counterparts, whether you're doing business in Caracas, Calcutta, or Copenhagen. Bestselling author Roger Axtell combines his 30 years of experience working abroad with the advice of three cross-cultural

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consultants to provide you with guidance and specific advice on: * Survival --Knowing the culture, protocol, safety, and staying healthy * Cultural differences --A country-by-country listing of the rules for proper dress, speech, table manners, etc. * Climbing the career ladder --Resources listing the best schools, courses, and language training, advice on finding mentors, and more * Personal issues --Dating rules in different cultures, balancing an international career and family life, dealing with harassment and discrimination

Lists and illustrates gestures and explains their meanings in eighty-two countries around the world, along with information about rules of decorum and when to make eye contact and touch

"Explores the subject of menstruation, from toxic historic and religious roots to how young activists are challenging the silence and shame that can erode self-esteem and even threaten lives ..."--Page [4] of cover.

Axtel is a former VP of Worldwide Marketing for the Parker Pen company who has spent 30 years living and traveling abroad. This book is aimed at anyone trying to be understood while speaking English with non-native speakers at home or abroad. Axtel also makes important distinctions between English speakers from different countries. The book features both amusing anecdotes and helpful advice.

This book help the reader better understand Thai society as a whole and not to belittle anyone or any social norms of any culture.It also highlights those aspects of Thai culture and general situations that one is likely to encounter. It should prove useful to all new visitors who

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are not really conversant with the plurality of Thai society.

Avoid business blunders with Do s and Taboos of Hosting International Visitors "Roger Axtell is an international Emily Post." The New Yorker America hosts some 41 million international visitors who spend \$50 billion dollars each year while mixing trade and tourism. Do s and Taboos of Hosting International Visitors offers hosts an indispensable guide to everything from entertaining and business protocol to the role of interpreters and corporate gift giving. You ll find: * List of tips by country on specific aspects of hosting and other valuable resources and references * Guidance for doing business with special groups, such as the British and Japanese * What foreign guests find peculiar about American dining, social drinking, and office protocol With the information in Do s and Taboos of Hosting International Visitors, you ll make your clients and colleagues visits more pleasant and avoid social mistakes that could ruin a deal. Instead, you ll gain a competitive edge by laying an important cornerstone of a good business relationship. "Knowing the appropriate protocol, customs, and etiquette when hosting business guests from overseas can often be more significant than the business discussion itself. This book provides all that and more." William A. Guenther, Manager, The Council House, Official Guest Facility of S.C. Johnson Wax Company

This volume brings together experts from a wide range of disciplines to define and describe tabooed words and language and to investigate the reasons and beliefs

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behind them. In general, taboo is defined as a proscription of behaviour for a specific community, time, and context. In terms of language, taboo applies to instances of language behaviour: the use of certain words in certain contexts. The existence of linguistic taboos and their management lead to the censoring of behaviour and, as a consequence, to language change and development. Chapters in this volume explore the multiple types of tabooed language from a variety of perspectives, such as sociolinguistics, anthropology, philosophy, psychology, historical linguistics, and neurolinguistics, and with reference to fields such as law, publishing, politics, and advertising. Topics covered include impoliteness, swearing, censorship, taboo in deaf communities, translation of tabooed words, and the use of taboo in banter and comedy.

Offers hosts an indispensable guide to entertaining and business protocol for visitors from specific countries along with guidance for doing business with special groups, such as the British and Japanese.

An irreverent and impeccably researched defense of our dirtiest words. We're often told that swearing is outrageous or even offensive, that it's a sign of a stunted vocabulary or a limited intellect. Dictionaries have traditionally omitted it and parents forbid it. But the latest research by neuroscientists, psychologists, sociologists, and others has revealed that swear words, curses, and oaths—when used judiciously—can have surprising benefits. In this sparkling debut work of popular science, Emma Byrne examines the latest research to show how swearing can be good for you.

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With humor and colorful language, she explores every angle of swearing—why we do it, how we do it, and what it tells us about ourselves. Not only has some form of swearing existed since the earliest humans began to communicate, but it has been shown to reduce physical pain, to lower anxiety, to prevent physical violence, to help trauma victims recover language, and to promote human cooperation. Taking readers on a whirlwind tour through scientific experiments, historical case studies, and cutting-edge research on language in both humans and other primates, Byrne defends cursing and demonstrates how much it can reveal about different cultures, their taboos and their values. Packed with the results of unlikely and often hilarious scientific studies—from the “ice-bucket test” for coping with pain, to the connection between Tourette’s and swearing, to a chimpanzee that curses at her handler in sign language—Swearing Is Good for You presents a lighthearted but convincing case for the foulmouthed.

14 COUNTRIES, 42 WOMEN - FROM PERIODS TO ORGASMS TO FGM. THERE IS NO SUCH THING AS OVERSHARING. 'Nimko's book is going to shift the conversation around women's bodies. Our bodies, and everything they do, make us who we are' - Amika George, founder of Free Periods Campaign

_____ What do you do when you're homeless and on your period? What does it feel like to have a poo following childbirth? How do we learn to love our bodies again after they've been abused? It's rude. It's improper. It's disgusting. All justifications that leave women's questions about their bodies unanswered. And

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activist Nimko Ali has had enough of it. Following her own experience of FGM and rebuilding her relationship with her body, this important book contains the true stories of women sharing what they've always been told is secret and shameful - from east London to Ethiopia, from pregnancy to menopause. This is a call to arms. This is a cry to reclaim the narrative around our fannies and to refuse the taboos that silent us.

_____ 'A beautiful book with such a wide range of uplifting but often heart-breaking stories. Made us cry and think in equal measure' - Pandora Sykes, co-host of The High Low 'Nimko has blown apart all taboos, blown apart the echo chamber and included all women in the feminist conversation.' - Scarlett Curtis, author of Feminists Don't Wear Pink 'There is no subject too taboo for her to tackle. We should all be talking about our vaginas and she is leading the way' - Bryony Gordon, author of Mad Girl 'Nimko Ali is heroine for our time, she destroys the notion of things being too rude to discuss' - Caitlin Moran, author of How to Be a Woman "Roger Axtell is an internationalist Emily Post." --The New Yorker International business and leisure travel etiquette expert Roger Axtell's bestselling Do's and Taboos books have helped hundreds of thousands of business travelers and tourists avoid the missteps and misunderstandings the world traveler can encounter. In Essential Do's and Taboos, Axtell shares the wisdom he has compiled over a lifetime of international experience. Whether you need to know the best time of year to set up a business meeting in Germany or why the O.K. sign is not O.K. in Brazil, you'll find practical, fascinating,

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culture-savvy, up-to-date advice to help you steer clear of faux pas and face the world with confidence. Essential Do's and Taboos features: * Information on customs, protocol, etiquette, hand gestures, and body language * Fresh advice regarding Internet business and communication options * Country-specific chapters on eleven popular locations--from old favorites like England, France, Japan, and Germany to hot tourist destinations and emerging economies like India, China, Russia, and Mexico * Guidance on hosting international visitors * Important tips on using English around the world * Special do's and taboos for women traveling abroad Faced with the difficulties of growing up and choosing a religion, a 12-year-old girl talks over her problems with her own private God. Reissued with a fresh new look and cover art. Simultaneous.

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