

Dont Make Me Think Un Approccio Di Buon Senso Allusabilit Web E Le

Offers observations and solutions to fundamental Web design problems, as well as a new chapter about mobile Web design. In the darkness beyond life, something stirs. Now a childless mother must decide how far she will go to protect her dead daughter. Behind the oppressive reality of abuse, depression and suicide, there is light on the edge of the darkness. "The Devourer" is a psychological horror novel that goes beyond the classic paranormal genre.

Beth Chambers' life is no fairytale, even if she feels like a damsel in distress. After four years in a destructive relationship, Beth has decided enough is enough and leaves her girlfriend, taking with her only her dog Dudley, her broken spirit, and a shattered view of life. At her lowest point, she meets Amy Fletcher, a woman who has it all-and whom she believes would never want more than friendship. But what Beth fails to realise is that there are definitely two sides to every story. Could Amy Fletcher be Beth's Princess Charming? Could her story end with a happily ever after?

The destruction of mankind is imminent!A powerful evil looms on the horizon plotting their revenge. They've grown tired of waiting in the shadows and are ready to unleash a new Armageddon.The only thing standing in their way is 17 year old Esta Hope, and she doesn't even know it yet!The fallen gods of ancient Greece want her, the devil wants her dead.Esta's world is about to be turned upside down, as the battle between good and evil comes to a head. Can she embrace her true destiny before it's too late?While her life disintegrates, who can she trust? And will the arrival of mysterious Luc and Sam in town be her salvation, or will they send her straight to hell?If she can accept what she was born to become and win the impending battle, is she simply opening the door for a much bigger, more violent war?Celestria is a story about love, hope and trust. The power of faith, and how evil can destroy all of us when our belief in goodness has left.

A lone sniper. Eight million targets. An entire city on edge... A mysterious sniper is killing random New York City citizens at the same time every day. Detective Joe Bannon and his partner Hannah Trimble follow the trail of clues down repeated blind alleys. With citizens fearing to venture outside, the streets of Manhattan have become nearly deserted. When the sniper begins escalating the profile of his targets, higher level government agencies are pulled in. But the shooter always seems to be one step ahead of the law and slips away whenever the authorities get close. As copycat killings begin spreading to other cities across the U.S., the President hatches a dangerous plan to trap the killer. Can Joe and Hannah catch the assassin before he executes the most closely guarded man in history? Catch the excitement - read the reader reviews: "The best thriller I've read in the last 12 months." "Gripping page turner." "Nonstop scary thrill ride." "Couldn't put it down." "The best of the best." "McLeay: A star is born." "A remarkable work." "You need to read this one." Get your pulse pounding today with this unputdownable thriller!

NEW AGE | VISIONARY FICTION | ALLEGORY | INSPIRATIONAL | SPIRIT. Tormented by the never-ending voices of his inner critic and the 'thought storms' in his mind, a disheartened man travels West on the brink of despair, stopping overnight in a small Nebraska prairie town, where he experiences a surprising inner awakening...Through this allegory, discover and explore a key tool of self-awareness --'The Watcher' (witness consciousness)-- for finding peace on your own inner journey and spiritual path.

Inspired by the profound wisdom of Michael Singer's The Untethered Soul, the author here shares the process of one person's internal struggle to understand--and escape from--the incessant voices of their inner self-critic. Then --moving well beyond the entry point of self-criticism--this simple story delves deeply to explore the very nature of thinking and emotions themselves and our relationship to them as human beings. What is real? What is illusion? Who ARE you? Is it possible to be freed from the "thought maze" that typically entangles a person in their everyday life? Through the protagonist's journey the larger picture of personal identity and its relationship to thoughts and feelings is revealed, as he unknowingly discovers a key tool of self-awareness that the reader will also be able take away for everyday use on their own spiritual path. This transformation evolves over the course of only 24 hours...yet magically, time stretches as the mind of the main character opens and his heart begins to truly flow for the first time.This New Age work falls into the more recently developing genre of Metaphysical & Visionary Fiction. Like James Redfield's The Celestine Prophecy and Paulo Coelho's The Alchemist, the subtle--yet powerful--unfolding of this allegorical journey will both captivate and inspire you!

Victoria Lynn Chamberlain-- at two, she was abducted by an alien race, the Regulians-- at nine, her world literally explodes when the Regulians returned, destroying Earth. She and her Aunt are the only survivors thanks to another alien race, the Carinians. Now she's eighteen, a new graduate from their top medical school, and is ready to claim her life mate. Lucas, the handsome Carinian pilot that saved her all those years--cycles--ago. Major Lucas Matthew Zafar is a decorated pilot for the Coalition who has worked hard for every promotion, earned every decoration, despite his father being High Admiral. Nine cycles ago, he crashed on an alien world and discovered his life mate, a nine-cycle girl with flaming red hair and sparkling green eyes. She captivates everyone around her with her strength and determination. She is his world, or will be once she grows up. When he's injured in an explosion, he discovers that his wait is finally over, for Victoria is more than grown up. Together they discover what it truly means to be life mates. That's it's about doing what's best for the other even if it's not best for you. That you have to do more than just love, you have to trust and be willing to sacrifice things you never thought you would. And if you are lucky and the ancestors are watching over you, you just might get everything you've ever dreamed of...

To get ahead she'll have to become a man -- and a man, she always thought, never lets love get in the way... Clementine dreams of being a naturalist -- a career that leaves no time for romance. To sneak on an adventurous prospecting expedition, Clementine will have to convince everyone she's a man. A mysterious tonic offers her just that disguise. But "Calvin," as she calls herself now, had no idea what she was giving up. When Wesley, the expedition's gentle preacher, catches her eye, she can't get him out of her head; not his lush lips, wide brown eyes ... or broad chest. Dare she reveal her secret to him, and can she keep her career if she does? Among run-ins with cowboys, natural disasters, and traveling shows, Wesley's most fascinating adventure is meeting Calvin. Though Wesley's betrothed, the cute, clever naturalist threatens to make him fall into temptation...

Even the smartest among us can feel inept as we fail to figure out which light switch or oven burner to turn on, or whether to push, pull, or slide a door. The fault, argues this ingenious—even liberating—book, lies not in ourselves, but in product design that ignores the needs of users and the principles of cognitive psychology. The problems range from ambiguous and hidden controls to arbitrary relationships between controls and functions, coupled with a lack of feedback or other assistance and unreasonable demands on memorization. The Design of Everyday Things shows that good, usable design is possible. The rules are simple: make things visible, exploit natural relationships that couple function and control, and make intelligent use of constraints. The goal: guide the user effortlessly to the right action on the right control at the right time. In this entertaining and insightful analysis, cognitive scientist Don Norman hails excellence of design as the most important

key to regaining the competitive edge in influencing consumer behavior. Now fully expanded and updated, with a new introduction by the author, *The Design of Everyday Things* is a powerful primer on how—and why—some products satisfy customers while others only frustrate them.

The year is 4518 BCE. Halim, a Shakti warrior initiate, lives with his family in Harappa, a fortified city in the Indus River Valley. His father is injured, so the task falls to Halim to find a cure for his mother, who has fallen prey to a mysterious, debilitating disease. Sanjit, a seasoned Shakti, agrees to accompany Halim to the Kunlun Mountains in search of a sacred medicine from an ancient monastery. Halim's impulsive sister, Taja, insists on joining them too. When the three travellers confront the Ignogai, a barbaric tribe with a bloodthirsty shaman, they must flee across hazardous and unfamiliar terrain to avoid being captured and persecuted for their Shakti Prana. With a little bit of magic, determination, and some help from a few extraordinary people, the trio must fight for their lives to make it back home in time to save Halim's mother from certain demise.

WHEN IT COMES TO LOVE, SOMETIMES IT TAKES THE HEAD YEARS TO DISCOVER WHAT THE HEART HAS ALWAYS KNOWN
When Forbes Branson was a young man ready for something new. A senior in high school, he was the golden boy. Heir to a fortune, he knew what his life was going to be. But he wanted adventure first. A year to do what he wanted, where he wanted before college. An unexpected betrayal would change everything. Sophie Lipton was fifteen the first time she set foot on the Branson ranch. Dragged from one place to another, never having more than one pair of shoes or enough to eat, the moment she saw the wide open spaces, she felt she could breathe for the first time in her life. It was the home she always dreamed of. But her happiness came at a price. To stay in her new home, Sophie had to keep somebody else's lies. Lies that would eventually tear apart a family. And tear apart her friendship with Forbes. Coming home is never easy—especially after twelve years. Forbes isn't the same young man. He found his adventure—and more. Weary, he's ready to settle into a slower, calmer life. Working on his family's ranch and taking the job as Chief of Police sounds like a piece of cake after the things he had seen and done. Sophie isn't the quiet girl Forbes remembers. She's grown into a strong, confident woman. A woman used to being in charge. The Branson ranch is her territory now. If Forbes thinks he's going to waltz back in and take over, he's going to find out fast that Sophie is no pushover. Twelve years ago, they shared one goodbye kiss. More sweet than passionate. Now, as adults it's a whole new game. The attraction between them is undeniable. Just as they begin to move forward, the past has other ideas. Secrets rarely stay buried forever. Lies. Betrayal. Maybe even murder. Before Forbes and Sophie can think about the future, they will need to deal with the past. Together.

Who do you trust when your world unravels and everything you believed is a lie? For the past fifteen years, The Office of Civilian Safety and Defense has guarded the public against the rampant threat of terrorism. Teenagers Tommy and Careen have never known life without the government-approved Civilian Restrictions. For them, there's no social media. No one is allowed to gather in public places or attend concerts or sporting events. Only a small, select group of adults have driving privileges. It's a small price to pay for safety. Now a new, more deadly, terrorist threat looms: airborne chemical weapons that can be activated without warning. The OCS is ready with an antidote to counteract the effects of the toxins. Three drops a day is all it takes. It's a small price to pay for health. Tommy and Careen obediently take the antidote; neither considers stopping when strange things begin to happen. The day the disaster sirens signal the dreaded attack, Tommy shares his last dose with Careen, even though doing so might hasten his death. It's a small price to pay for a friend. Follow Tommy and Careen as they uncover a web of lies and deceit reaching to the highest levels of the United States government and join an underground resistance group that's determined to expose the truth.

In the final book of Ginger Voight's Groupie Trilogy, Andy and Vanni have returned to Los Angeles to prepare for the birth of their child. A reformed Ladies' Man, Giovanni Carnevale now embarks on a life of monogamy with the woman he loves, but the ghosts of his past still continue to haunt their newfound happiness. The Wilke family wants to see him pay for the damage he has done to their precious Baylee, who still lies in a vegetative state. For her brother, Donny, money will never be enough to make up for what Vanni has done, but that is where the Wilke family first seeks their revenge, demanding millions of dollars in restitution. To ensure he has enough money to make up for his mistakes as well as provide for his baby, Vanni takes on the job as judge for a new reality talent show called "Fierce," where he champions an unlikely contestant, proving him to be a man of substance more than anyone could have imagined. Graham tries to move on, but when he discovers that Andy is pregnant he cannot stop dreaming of what might have been. Maggie watches on helplessly, as hopelessly in love with him as he is with someone else. She considers moving on before he shatters what is left of her heart. The biggest threat to Vanni and Andy's Happily Ever After is Holly Neal, who returns to Los Angeles claiming to carry Vanni's baby. Graham and Andy suspect she is up to her old tricks, but Vanni knows truly turning over a new leaf means he has to do right by all the people he has wronged - including a child he may have conceived with another woman. In the end, it is Andy and their baby who may pay the biggest price of all for his sins, when Baylee's death sends her psychotic brother over the edge. Everything blows literally to pieces, forcing Vanni - and Graham - to give it all for the sake of love.

"People are dead, slaughtered like animals in the night. The reigning power, the Hulcandans, blame rebels. Rabreah, a rebel, knows it's a lie. Her younger sister, Ariliah, doesn't; like the majority of the townspeople, she believes those in authority, swallowing their words with complete trust. Besides, she's too busy fighting her own silent war at home. While Rabreah dedicates herself to truth and freedom, Ariliah is just trying to survive their mother's abuse. But as unknown forces threaten to rip their world apart, the line between friend and enemy blurs. All is not as it seems. In fact, nothing may be."--Back cover.

Don't make me think. Un approccio di buon senso all'usabilità web e mobile
Don't Make Me Think
A Common Sense Approach to Web Usability
Pearson Education

It's been known for years that usability testing can dramatically improve products. But with a typical price tag of \$5,000 to \$10,000 for a usability consultant to conduct each round of tests, it rarely happens. In this how-to companion to *Don't Make Me Think: A Common Sense Approach to Web Usability*, Steve Krug spells out a streamlined approach to usability testing that anyone can easily apply to their own Web site, application, or other product. (As he said in *Don't Make Me Think*, "It's not rocket surgery".) Using practical advice, plenty of illustrations, and his trademark humor, Steve explains how to: Test any design, from a sketch on a napkin to a fully-functioning Web site or application Keep your focus on finding the most important problems (because no one has the time or resources to fix them all) Fix the problems that you find, using his "The least you can do" approach By paring the process of testing and fixing products down to its essentials ("A morning a month, that's all we ask"), *Rocket Surgery* makes it realistic for teams to test early and often, catching problems while it's still easy to fix them. *Rocket Surgery Made Easy* adds demonstration videos to the proven mix of clear writing, before-and-after examples, witty illustrations, and practical advice that made *Don't Make Me Think* so popular.

Five years and more than 100,000 copies after it was first published, it's hard to imagine anyone working in Web design who hasn't read Steve Krug's "instant classic" on Web usability, but people are still discovering it every day. In this second edition, Steve adds three new chapters in the same style as the original: wry and entertaining, yet loaded with insights and practical advice for novice and veteran alike. Don't be surprised if it completely changes the way you think about Web design. Three New Chapters! Usability as common courtesy -- Why people really leave Web sites Web Accessibility, CSS, and you -- Making sites usable and accessible Help! My boss wants me to _____. -- Surviving executive design whims "I thought usability was the enemy of design until I read the first edition of this book. *Don't Make Me Think!* showed me how to put myself in the position of the person who uses my site. After reading it over a couple of hours and putting its ideas to work for the past five years, I can say it has done more to improve my abilities as a Web designer than any other book. In this second edition,

Steve Krug adds essential ammunition for those whose bosses, clients, stakeholders, and marketing managers insist on doing the wrong thing. If you design, write, program, own, or manage Web sites, you must read this book." -- Jeffrey Zeldman, author of Designing with Web Standards

Every day, normal people go about their normal lives. But what happens when one of them is twisted? Experience the horror in a series of short stories about the darker side of daily life: Trick and Treat - What happens when the devil decides to play his own game of trick or treat? Bad Review - Some writers can be a little touchy. Mistress Of Her Own Destiny - Susan has it all. And she's keeping it. The Office - Helen adds to her list of secretarial duties. Creep - Nobody wants to be a teacher's pet. Nothing Beats A Good Coffee - Never stand between a woman and her caffeine.

Boring, but completely gorgeous. That was my first impression of him. My next two thoughts were 'pompous ass' and 'cocky jerk.' And, I had the glorious pleasure of sharing a table with him for the entire night. He didn't speak, didn't grunt....he just nodded and stared. If I weren't taking my boss's place at this dinner, I'd have found another place to sit and escape Rylan Daniels. 'Absolutely beautiful' was what I thought when I found her at my table at the Ad Execs quarterly dinner. She wore a black strapless dress and exuded confidence from every part of her. I nodded to her, but didn't speak. I really didn't have much to say anyway. I couldn't quit staring and had to excuse myself at one point to stand across the room and watch her. It was a strange, unwelcome feeling I was having about this stunning woman. It had been five years....five years since Kristen.....and I still couldn't move on. That kind of hurt you just don't get over so easily and I wasn't even sure that I wanted to get over it. But, here I was, completely intrigued and unable to stop thinking about Jen Bailey.

Jess has been in love with her best friend, Kate, for seven years, but her feelings have never been returned. One night they sleep together, and Jess finds out how much it is possible to be hurt by someone close. Jess and Kate struggle to redefine their friendship. They spend a week at Jess's family holiday house in a small seaside town, Awatangi, intending to make the time to talk things through, but the conversations never happen. Kate makes vague promises, but begins to have second thoughts. Jess wants Kate, and nothing else, and is heartbroken that isn't enough. Jess decides – while everything is changing in her life – that she doesn't want to go on living in the city, that she wants to return to Awatangi. Part of her hopes some physical distance between them may help things with Kate, and part of her – frustrated and upset – simply wants to leave Kate behind. In Awatangi, Jess meets Keri, a local lawyer who has also recently returned home. Like Jess, Keri surfs, and like Jess, she seems to feel some attachment to her family roots in Awatangi. Jess is drawn to Keri, but forces herself not to let anything happen. Despite everything, Kate is still Jess's closest friend, and she has loved Kate all her life. She feels she has to give the situation with Kate as long as she can to work itself out. Awatangi is about coping with feelings for a close friend that are not returned, set in a small holiday township on the West Coast of the South Island of New Zealand. It is an exploration of getting what you've always wanted and it not being enough, of being in love with one person and wanting another, and of finding out that life doesn't always turn out as expected.

Unleashed, sacred, otherworldly, palpable and serene. This one's for the wild ones. The black sheep, the lost ones, the found ones, the ones who are loved, the unforgotten ones. This one's for the wild ones. Designed to be read and pondered upon as a “novel-made-out-of-poems”, these pages will call you into certain depths and ask you to connect the dots wherever there are open spaces. You are impelled to feel and to think. And to chew on this paper until it runs through your veins. This book does not contain the erotica found in the original version.

One day I woke up and realized that I had been lost for quite some time. I had got comfortable with how life was treating me. I no longer cared about how I presented myself, stuck between life and death, you know Purgatory. The real me had left long ago and the figure that I saw before me was just a shell that protects me until I could be found again. I had everything a woman could ask for and more yet somehow and somehow I forgot about myself and ended up in the purgatory of living. When I had my epiphany, I discovered some things that I should have seen all along but was too busy allowing life to consume me that I didn't care to pay attention. You know, taking care of kids, husband, family, work, friends and oh yeah, then me if I'm not too tired.... Me! One day I found myself on the outside of the milk carton... Lost, hanging in the purgatory of living. It was the shock of my life yet not a shock for everyone else. Most often others can see what's going on in your life even when you cannot (or you think you do). Don't let that to happen to you or to allow it to continue. You can step out of the purgatory of living and into a new beginning. It could be easier than you think it is. For me... I have some changing to do and the changing can only be done by me for me. I cannot change you or the rest of the world but we can help each other with the process of changing for the better....

TOGETHER! And look who we shall find! (You and me too) Let's begin... how did I lose myself?

When Edy Phelps falls hard for her best friend, she knows nothing can come from it. Forget actual chemistry, or the fact that she cherishes his mother more than her own; centuries of tradition say that Hassan Pradhan will grow up, marry the girl his parents select, and think nothing of his best friend: the dancer with the bursting smile. Except he can't. He won't. In a world erupting with possibilities for the boy with a body of steel and dreams of the NFL, everything seems promised while nothing at all is; when he's denied the girl he wants most. Two hearts. Two families devoted through generations of friendship. Could Edy and Hassan really risk all that? And yet ... how could they not?

IF YOU KISS A FROG, HE JUST MIGHT TURN INTO A PRINCE. IF YOU KISS A TOAD, HE'LL JUST PEE ON YOUR HAND. This is the book emotionally abusive partners do NOT want you to read. It sounds so simple -- get out of a harsh relationship, remove the shrapnel, and move on. But some guys don't make that possible. Sometimes you get out of the relationship, like with a narcissist, but you can't recover because he doesn't give you a chance. He won't leave you alone long enough. Alexandra Nouri knows that personality-disordered people, psychopaths, sociopaths, and their ilk, in fact make leaving as difficult as possible. Getting out of a relationship with a narcissist is excruciating, but staying out of one takes the resolve of an Army. A narcissist is constantly pushing and pulling, devaluing you and everything about you, sucking you back in and making you believe the two of you have a chance, and basically pushing some very tender buttons, all in a big fat confusing and chaotic mess. When a relationship is ending, feeling hurt and angry is normal, but if you feel like you're losing your mind, like your very survival is being threatened, then this book is written with you in mind. Those feelings mean he's messing with your head. And that's not cool. "Life," Aunt Alex says, "is uncertain, and mysterious. However, when it comes to life, you can count on three things. The sun will always rise in the East. If you hold up a cast iron frying pan and then let it go, it will not hover in the air and make a tweety sound. And if you go back to a guy with a personality disorder, he WILL hurt you again." Their breakups are all the same. Idealize, devalue, annihilate, string along, devalue, string along, annihilate, string along. The toad modus operandi gets very old and very boring, very fast. When he manipulates, deceives, and encroaches on your boundaries, that's not a power struggle. Or an argument. That's abuse. Aunt Alex's Army is the answer. The Army will brief you, train you, and give you your marching orders to a toad-free life. This is Aunt Alex's Army Manual, and here she musters the troops to lift up and empower the reader. You'll learn: * Who Toads Are * Who Kisses Them * Why Moving Forward Takes An Army * The Three Toad Truths * The Five Toad Motivators for Getting Into Relationships * What Toadspeak is, and Why It Drives People Crazy * What To Do About It * Your Psyche's Information Highway, and How to Pave New Roads to Health * The Five Army Maneuvers In Reality * Why It's Mandatory to Be All You Can Be There's nothing wrong with believing in epic love. There's just something wrong with expecting to get it from a narcissist. "You lost him because you're not good enough" is the #1 most toxic, worthless lie an ex sometimes hears from the toad, from other people, and even the gremlins inside her head. These are lies a toad wants you to believe -- that the reason you two aren't together right now in utter bliss is because you're not good enough. Not attractive enough, not interesting enough, not smart, happy, compatible, sexy, open, fun enough, doesn't matter: He wants you to believe the reason you two aren't working out is because of a serious shortcoming in YOU. Usually this is very vague, with hints and shrugging dissatisfaction. And he's really hoping this vagueness takes the focus off of the real causes of all the destruction: His absence of empathy. In the book Toads, and the Women Who Kiss

Them Aunt Alex's Army Manual, Alexandra Nouri gives legions of examples of their confusing, bizarre ways, and straightens them out for you. She supports you in your new quiet disregard for BS, and helps you rise above the chaos and neurosis of his weird behavior. She translates the Toadspeak. She teaches you how to remove the shrapnel of his abuse so your broken heart can heal. A portion of the proceeds goes to the Futures Without Violence Fund. Find them at www.dofutureswithoutviolence.org.

Some days, all you need is a message from a stranger. Ruby Santos knew exactly what she was getting herself into when she signed up to write a soldier overseas. The guidelines were simple: one letter or email a week for the length of his or her deployment. Care packages were optional. Been there, done that. She thought she knew what to expect. What she didn't count on was falling in love with the guy.

A dense black cloud boiled up in the southeastern sky. It rose high and fast, like a time-lapse movie of the birth of a thunderhead. But it was no rain cloud. Wholly black, it reached up and up until it loomed over her, blocking out the sun. Somehow, she knew, it was Death coming for her. Pre-med student Coral is on vacation in Idaho when something terrible happens. The black cloud is followed by a wildfire and searing heat that lasts for days. She survives deep in a cave but emerges days later to find the world transformed, with blackened trees, an ash-filled sky, and no living creatures stirring--except for her. So begins her desperate journey: to find water, and food, and other survivors...and the answer to the mystery of what happened. Gray I is the first novel in a series.

"He is my destiny." There is a place that lies between heaven and Earth, it is called The Realm. Within this place, the Guards of Peace, known as Garda Siochana, learn to guide and protect the ones that live below until they are called home. Officer Corey Hamilton is dedicated to being the best that she can be, in uniform and out. Her loving nature, compassionate thoughts, and warrior strength make her the perfect candidate to join the Garda Siochana and spend her eternity protecting and guiding others. Just before Corey dies in a line-of-duty accident, she meets Officer Mitchell O'Reilly. Her feelings for him may change her destiny, but not for the better, as she falls in love with this married man. Brock, Corey's personal Garda, will bring her home to The Realm and attempt to train her for her future, even while she still fights for her past. Will Brock be able to direct Corey down the right path, or will she cross the line and fall from grace? Join Corey, Mitchell, and Brock for an emotional and heart-pounding adventure that is sure to make you wonder if angels are really guiding us in our everyday lives.

In *Stop Sabotaging Your Life: 3 Steps To Your Full Potential*, acclaimed life coach Bruno LoGreco shares his simple path to achieving healthy mental and emotional independence. How many times have you caught yourself thinking something like this?: I'm not enough—good enough...smart enough...good looking enough...successful enough.... LoGreco says we sabotage our lives by focusing too much on being what others want us to be and do, and not spending enough time listening to our own hearts and minds. Some people try to find self-acceptance and contentment through counseling, but end up trapped on the therapy treadmill. Others try to go it alone, but still end up in a tiresome process of navel-gazing that never leads to personal fulfillment. LoGreco offers a three-step plan to help you reach your own potential: self-awareness (recognize what you have been doing, and why); rebuilding values (learn a different way to do things); and reach your full potential (identify opportunities and set meaningful goals). You will learn to leverage your strengths to stop chasing illusions and work toward achieving your dreams. LoGreco doesn't claim his book will cure everything that ails you. As he says, "There is no secret formula, no magic pill that will make you happy, productive, and successful. You must challenge your beliefs and take back control of your choices. Don't just think outside the box—break out of it altogether." What clients and readers are saying about life coach, mentor, and motivational speaker Bruno LoGreco: "As a divorced mother of three, I've encountered many obstacles, mostly personal ones within myself. I wondered why I kept repeating the same patterns with the men I was dating and why it always ended badly, usually with me being hurt, and questioned what 'I' was doing wrong. Bruno taught me how to love myself again, how to respect myself and above all else, BELIEVE in myself.... Bruno saved me from my self-destructive patterns. Without his help, I wouldn't be the confident woman I am today. I am a better mother for that." —Cristina "The world is filled with very successful executives who for decades focus every waking minute on professional accolades and professional development [only to] realize they haven't take the time out to focus on personal development in terms of a better balance in life, being in touch with their spiritual side and inner self, and even the fun side of life. That would describe me in the past.... I came across Bruno, and I knew he was the man. His personality exudes authenticity and geniality. The man simply knows his stuff, has this uncanny ability to read between the lines, and zero in instantly on underlying triggers. His structured approach steers you to address issues head on; challenges you to challenge yourself; opens your mind; helps you understand behaviors, experiences and patterns; gets you in touch with yourself; fuels a sense of purpose and passion; and escorts you to chart a new course to life. He never judges, but relentlessly encourages and empowers you. He's truly a brilliant, genuine and a humane person with an infectious enthusiasm to make you seize your inborn potential." —Adrian "If I had to sum up my experience with Bruno in one word, it would be 'awakened.' Bruno helped me see life from a different perspective, which is what I needed, but most importantly, he showed me how to do that myself without being dependent on him.... Bruno got me to step outside of my comfort zone and do things I normally wouldn't have done otherwise, which is undoubtedly the key to growth." —Blaine

Forms that Work: Designing Web Forms for Usability clearly explains exactly how to design great forms for the web. The book provides proven and practical advice that will help you avoid pitfalls, and produce forms that are aesthetically pleasing, efficient and cost-effective. It features invaluable design methods, tips, and tricks to help ensure accurate data and satisfied customers. It includes dozens of examples - from nitty-gritty details (label alignment, mandatory fields) to visual designs (creating good grids, use of color). This book isn't just about colons and choosing the right widgets. It's about the whole process of making good forms, which has a lot more to do with making sure you're asking the right questions in a way that your users can answer than it does with whether you use a drop-down list or radio buttons. In an

easy-to-read format with lots of examples, the authors present their three-layer model - relationship, conversation, appearance. You need all three for a successful form - a form that looks good, flows well, asks the right questions in the right way, and, most important of all, gets people to fill it out. Liberally illustrated with full-color examples, this book guides readers on how to define requirements, how to write questions that users will understand and want to answer, and how to deal with instructions, progress indicators and errors. This book is essential reading for HCI professionals, web designers, software developers, user interface designers, HCI academics and students, market research professionals, and financial professionals. *Provides proven and practical advice that will help you avoid pitfalls, and produce forms that are aesthetically pleasing, efficient and cost-effective. *Features invaluable design methods, tips, and tricks to help ensure accurate data and satisfied customers. *Includes dozens of examples -- from nitty-gritty details (label alignment, mandatory fields) to visual designs (creating good grids, use of color). *Foreword by Steve Krug, author of the best selling Don't Make Me Think!

In 100 Things Every Designer Needs to Know About People, 2nd Edition, Dr. Susan Weinschenk shows design and web professionals how to apply the latest research in cognitive, perceptual, and social psychology to create more effective web sites and apps. Dr. Weinschenk offers concise, plain-English insights and practical examples for designing sites and apps that are more intuitive and engaging, because they match the way humans think, work, and play. Updated to reflect the latest scientific findings, this full-color, relentlessly practical guide will help you whether your background is in visual design, interaction design, programming, or anything else. Weinschenk will help you improve the many design choices you make every single day -- from choosing fonts and chunking information to motivating people and guiding them towards purchase. Not just another "web design guidelines" book, 100 Things Every Designer Needs to Know About People, 2nd Edition explains the why behind the guidelines, and exposes the many web design myths and "urban legends" that stand in your way. Dr. Weinschenk shows you what makes humans tick, and helps you translate that knowledge into exceptionally successful designs.

The last time Marilyn actually spoke to Benjamin was when she needed to borrow a crayon... that was ten years ago. Benjamin and Marilyn have known each other all their lives. They've gone to the same schools, ridden the same bus, and had the same teachers for as long as either of them can remember. But they aren't friends. It's nothing personal; they just don't have much in common. Benjamin has always been a bit of a geek. Marilyn is shocked when Benjamin refuses to do her one little favor. Boys don't usually say 'no' to her. And okay it actually would have been a pretty big favor. When Marilyn stops by his house to apologize for her behavior she is even more shocked to find that she likes spending time with him. He's still a geek, but he's also funny, thoughtful, and sweet. And she likes the way she feels when they are together. What a surprise that after all these years they can still find friendship. It just goes to show that sometimes you find the best things in the last place you look.

The Amazing Book of No was just announced as a Winner of the 2015 Readers Favorite Award for K-3rd grade readers. "The Amazing Book of No" is a deceptively simple story that will teach your 3-7 year old how to accept the word "no" when you say it, and why they shouldn't argue. The story is about two moms and their children. One mom says "no" all the time, while the other says "yes" to everything. It is cute and engaging all in one, and designed not to take up too much of a parents valuable time, with the idea being to try and imprint wholesome ideals while kids are young. Reading this just a few times to your boy or girl at bedtime will ensure you don't have any misunderstandings with your children about the word "NO" as they grow older. This really is: The Amazing Book of No!

#1 New York Times Bestseller Over 1 million copies sold In this generation-defining self-help guide, a superstar blogger cuts through the crap to show us how to stop trying to be "positive" all the time so that we can truly become better, happier people. For decades, we've been told that positive thinking is the key to a happy, rich life. "F**k positivity," Mark Manson says. "Let's be honest, shit is f**ked and we have to live with it." In his wildly popular Internet blog, Manson doesn't sugarcoat or equivocate. He tells it like it is—a dose of raw, refreshing, honest truth that is sorely lacking today. The Subtle Art of Not Giving a F**k is his antidote to the coddling, let's-all-feel-good mindset that has infected American society and spoiled a generation, rewarding them with gold medals just for showing up. Manson makes the argument, backed both by academic research and well-timed poop jokes, that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Human beings are flawed and limited—"not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault." Manson advises us to get to know our limitations and accept them. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start confronting painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek. There are only so many things we can give a f**k about so we need to figure out which ones really matter, Manson makes clear. While money is nice, caring about what you do with your life is better, because true wealth is about experience. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving a F**k is a refreshing slap for a generation to help them lead contented, grounded lives.

Atheist, born in 1965 in the town of Kalgoorlie 300 miles east of the lovely although very insular city of Perth in the great nepotic, 'crony's only', 'British, Christian & loyal to the Queen & Mining forever' state of Western Australia. "Books that are sooo bad, -they good!!" And many do love reading them just too damned ashamed to admit it lol! A short novella situated in and around the rather disrupted working life of one Cal Tennyson. Laced with many diverse stories both amusing and dramatic related to Cal's life as a member of the working class. "Well told if not a little Wild & Reckless, but still an unrivalled working class story/memoir at its very core. That is undeniable" -Alan Stone book reviewer for The London Times Review

FUN FACT: "Becoming Zara" is a standalone novella, but if you're following the character of Samantha Bradford as she crosses off the items of her bucket list (the Single Wide Female Series), this is the book that Samantha publishes to complete her bucket list item #18 (Publish a Book). Note: You can download #1 Learn Pole Dancing of that series for free. *** Hi, I'm Zara...warrior princess. I don't usually tell that last bit to strangers, but I say it in my head all the time. It's one of the many mantras that have helped me to get to where I am today. And believe me when I say that I've come a long way. Besides, if you're a woman and you

happen to have ever struggled with issues of self-esteem, we're probably gonna be fast friends anyway, so I won't hold anything (much) back. Oh, and Zara wasn't the name I was born with-but you'll find out more about that in the book. I don't know about you, but my own struggle with my weight has held me back a bit in life. And my self-esteem took a real nose dive after my fiance dumped me-via text, no less. (I know, right? Jerk!...but I don't usually dwell on things in the past, so let's just move right along from that, shall we?) So, I'm still a work-in-progress for sure, but I'm really starting to figure it all out-how to be more of who I'm meant to be every day-including the bumps, the lumps, and my bruised ego along the way. Oh and I love my sisterhood (more about that later) - the women who join me in believing that we are all capable of being strong, amazing, warrior princesses-just the way we are right now."

Will Jelbert had what many people would consider the ideal life: a well paying job, a beautiful wife and a great apartment, but he still wasn't happy. One day the life he knew came to an abrupt end when he was thrown from his bike, face first into the sidewalk of a Sydney street. After a year in recovery, Jelbert decided to dedicate the next three years to a happiness research project. The result: The Happiness Animal. The world's first dedicated exercise guide to happiness condenses the latest applied positive psychology research into a guide to five muscles for happiness. For each muscle, Jelbert provides five simple exercises that you can apply to your everyday life, without having to adjust your schedule. Perfect for people in all walks of life, the exercises in The Happiness Animal will move you toward profound personal change and act as a driving force for your happiness.. Editorial Reviews: * * * * * "Will has an incredible ability to say things that are logical and obvious, although without somebody pointing them out in the clear way he has done, most of us don't ever think them. He identifies the power of awareness, but before I read his book I was not even aware of many of my own thoughts" - Danny Lawrence, BBC * * * * * "Will has captured an immense understanding of the inner workings of society's struggle to find happiness with a whole hearted and honest truth. The exercises explained are an excellent route back to the inner being of happiness. A must read for everyone!" - Sadie Oliver, LIFE magazine * * * * * "Will writes with honesty, authenticity and animation that allows the words on each page to come alive and live within the reader" - Lucy Proud, The Art of Being Voted "Best Happiness Book" on Goodreads

[Copyright: fb569a8b0ebad747ec89fed1f98471c5](https://www.facebook.com/fb569a8b0ebad747ec89fed1f98471c5)