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Making your own homemade beauty products can be a great way to make sure that you look and feel your very best all of the time. There is never going to be a better product than making some of your own beauty products rather than purchasing the ones that are available at the store that are full of ingredients that could be working against you rather than for you. This guidebook is going to provide you with all of the information that you need in order to get started on the right track with making your own beauty products at home in no time. There is a lot that you will be able to find in this guidebook about how to make some of your own products at home that will make you look and feel your very best. Some of the things that you can learn in this guidebook include: * The best ingredients for making yourself look much younger* The benefits of creating your own beauty products rather than getting them from the store. * How to make facial moisturizers* How to make facial masks* The best hair masks to get the best looking hair* How to make facial scrubs

MORE THAN 150 NATURAL TOXIN-FREE DIY HOMEMADE BEAUTY RECIPES FOR THE WHOLE BODY!In this book you will find a wide variety of natural beauty recipes:-

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Nourishing body butters and lotions;- Non-toxic sunscreen recipes;- Cleansing and healing body scrubs and exfoliators;- Anti-cellulite treatments and massaging oils;- Nourishing and anti-aging hand cremes and masks;- Nail strengthening procedures;- and much more...Invest in your natural organic beauty and health while helping the Earth from toxic imprints with "Homemade Beauty Products for the Bod"!

Your home is where you spend most of your time. It is a haven for you and your family, thus it is very important that you maintain some form of organization and cleanliness within it. This is crucial not only to avoid clutter from taking over your family room, but also to prevent some very common illnesses that are actually the result of having filthy surroundings

Discover the joys of all-natural body care. Stephanie Tourles shows you how to use fruit, flowers, herbs, and minerals to craft healthy products that promote radiant skin, strong nails, shiny hair, and an elevated mood. Pamper yourself from head to toe with products like Strawberry Cleanser, Pineapple Sunflower Scrub, and Almond Rose Body Lotion. Gentle on your skin and free of harsh chemicals found in commercial products, you'll want to indulge yourself over and over with these luxuriously aromatic bath blends, face masks, and body scrubs.

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Homemade Beauty Collection: 90 Recipes and Tips to Have Natural Beauty Book 1. Organic Cooling Sprays: Top 35

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Amazing Homemade Cool Down Spray Recipes Book 2. Homemade Deodorant: 25 Nontoxic Organic Deodorants With Essential Oils To Feel Fresh All Day Long Book 3. Intermittent Fasting: 20 Proven Lessons to Become Slim Rapidly & Burn Fat While Eating Anything You Want Book 4. Fast Weight Loss: Top 10 Proven Psychological Hacks to Lose Up to 15 Pounds in 15 Days! Book 5. 4 Week Diet Plan: 28 Important Tips For Every Day For Rapid Weight Loss In 4 Weeks Download your E book "Homemade Beauty Collection: 90 Recipes and Tips to Have Natural Beauty" by scrolling up and clicking "Buy Now with 1-Click" button!

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Care and Beauty Product Description The knowledge is power when it comes to finding

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the perfect formula for dewy and healthy skin. This book will help you to know about essential ingredients so you can give your skin just what it wants to shine. This book has a complete collection of traditional and natural DIY that would facelift your beauty and glam. Whether you're producing products for your own use or trying to figure out which brands work best for you, Care and Beauty has all the latest insider information on the most widely used ingredients in the beauty industry. Plus, you're going to learn best practices and lifestyle habits to make healthy skin a reality every day. In this book you will understand the concept of beauty, how to take good care of your skin, nails and every other parts of you. CARE AND BEAUTY FEATURES: Ingredient - Discover the origin, uses, and benefits of the most common natural and chemical compounds.

Skincare - Get the lowdown for best skin on simple beauty habits and lifestyle hacks. DIY Beauty Recipes - Make your own cleansers, toners, masks, scrubs, and more for your very own signature items with these easy-to-follow recipes. Knowledge is powerful and beautiful, especially regarding your skin. Get to learn with this book, Care, and beauty.

Make Your Own Beauty Masks: 38 Simple, All-Natural Recipes for Healthy Skin is a glam and gifty book of more than thirty all-natural beauty mask recipes. Includes ten sheet masks...

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150 all-natural skin, hair and body care recipes that are inexpensive, toxin-free, and easy for readers to make themselves. Homemade Beauty is a beautifully packaged collection of 150 all-natural skin, hair and body care recipes. From turning blueberries into a lush detoxifying mask to fresh lemongrass into a non-toxic bug repellent, Homemade Beauty takes the ubiquitous eat-local, farm-to-table concept and brings it to the beauty category. As reports on the dangers of chemicals in cosmetics become increasingly alarming and the aspiration to live a more natural life grows, many of us are eager to take beauty regimens into our own hands to ensure we are putting only the safest and most natural ingredients on our bodies. Commercially available organic beauty products are expensive, but they are easy and cheaper to make at home and

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most require 5 simple ingredients or less. Recipes like Almond Rose Body Lotion, Coconut Lavender Shampoo, and Brown Sugar Vanilla Scrub will enchant you with heady scents – and thrill you when you realize these pampering products take only 5 minutes to make!

The Natural Beauty Recipe Book includes easy-to-make, homemade herbal recipes for the whole body. If you suffer from dry or oily skin, eczema, blemishes, or other common skin issues, trying out the natural recipes in this book may make a world of difference for you. Plus, replacing synthetic products with natural ones is better for your health, environment, and even your wallet! This book begins with a chapter outlining the different ingredients that you'll need in your home supply: oils, butters, waxes, essential oils, botanicals, and more. The rest of the book is broken into five chapters of simple beginner recipes for natural beauty. Scrubs, Lotions, & Potions covers exfoliating sugar and salt scrubs for your whole body, as well as homemade lotion, toner, face masks and even a portable hand sanitizer. Balms and Butters covers the basics of making balms like lip balm, cuticle repair, solid perfume, as well as body butter and even an all natural vapor rub recipe for cold and flu season. Tub Time! takes us to the bath with herbal salts, bath bombs, tub teas, melts, and soaks to soothe and repair tired bodies and minds. Many of these also make fantastic homemade gifts. Summer skin needs a little bit extra love and you'll find it in the chapter on Summer Skin Care. From sunscreen lip balm and sunburn lotion to bug sprays and insect bite relief, this chapter

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pampers your skin in every way under the sun.

Some of the things you will learn in this guidebook about making your own homemade beauty products include: * Why you should make your own products at home * The benefits of homemade products. * The supplies you need to get started * Some fantastic hair care recipes to make your hair look amazing * Skin care recipes to clean up the pores and make your skin glow * Recipes that help to fight off aging and make you look years younger than you are * Tips and tricks to help make the process easier. Treat yourself to a DIY spa day with these simple, natural, and affordable recipes to replicate your favorite beauty products—from bath bombs to face masks!—from Lush, the Body Shop, and more. Do you love indulging in self-care with fun beauty products, but want to save some money? Or maybe you take comfort in knowing exactly what you're using on your skin. Or maybe you just love do-it-yourself projects! With DIY Beauty, you can learn to make your favorite beauty products from some of today's most popular brands. Try making face scrubs inspired by Sephora, a homage to The Body Shop's Body Butter, or a homemade version of Burt's Bees ever-popular lip balm. From bath bombs to rival Lush to skin care products like e.l.f.'s blemish treatments, these inexpensive imitation recipes include easy step-by-step instructions to help you customize your beauty product routine. Find products that suit your unique skincare needs, modify your favorites for best results, and choose which organic or all-natural ingredients you prefer. Make your favorite must-have beauty products even better—by

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making them yourself!—with DIY Beauty.

This book will be talking about a certain series of oils that have miraculous health properties, and it's a series of oils that can change your life. Essential oils are some of the best things to have in your body, because they can cause many different health properties, and it can change your life.

Finally! The Best-Selling 100- Plus Essential Oil Books Are Selling As 1! Discover the best of essential oil usage. Gain simple, high-quality, practical information that will do your health and your body a lot of good. Here's a peek at what is inside this box set: Book1:100 Plus Homemade Essential Oil Beauty Recipes: Learn how to make a whole range of products such as perfumes, soaps, bath recipes, deodorants, body scrubs, lotion, creams with natural products of which essential oil plays a major part. In this book, there are over 100simple-to-make but highly effective recipes covering covers a wide range of beauty treatments. It is extremely fun and absolutely creative. You will not only smell great but look and feel divine. In This Book You Will Find: Essential Oils Tips & Safety Precautions Best Essential Oils to Use for Specific moments Over 100 Recipes for making all kinds of beauty care products from the comfort of your home. Book 2:: 100 Plus Simple Homemade Organic Body Scrub Recipes Find Over 100 organic body scrub recipes that are made with the finest natural ingredients to keep your skin feeling great all through the day. This book provides different kinds of scrubs and tells you what suits each skin. Everything about this book

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is easy. Easy to read, easy to understand, easy to apply... but the results are phenomenal! They will work for you by: • Detoxifying your entire system thereby keeping you healthy. • Stimulating blood and lymph circulation, thereby fighting cellulite and toning the skin. Book 3::100 Plus Essential Oil Healing Recipes Learn how to take charge of your health with over 130 recipes for everyday ailments. You will know how to make various essential oil blends and be guided on the variety of ways they can be correctly used. You will also be advised about purchases, how to detect originality and a list of other helpful resources. The recipes in this book are so straightforward that you will enjoy making them when needed. In this book you will have essential oil recipes for: - Digestive Issues - Respiratory Issues - Emotional Health - Oral Health - Aches And Pains In And Around The Body, - Skin Blemishes/ Cosmetic Problems - Skin Ailments - Foot Care, Hair Care - Insects And Animal Bites - Cuts, Broken Bones And Bruises, - Burns - Women Issues Want to Find Out More? Download Your Copy Today! Simply Scroll to the top of the page and click the "BUY" button.

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men and women In DIY Beauty Products, you'll get natural homemade recipes for beautiful skin, body and hair In Natural Beauty Care, you'll learn DIY organic beauty products to revitalize your skin In Benefits of Coconut Oil, you'll learn essential tips and DIY recipes for your health, looks and weight loss Buy all five books today at up to 60% off the cover price!

A collection of 101 natural, chemical-free recipes that provide safe and healthy alternatives for personal body care.

Natural Remedies and Beauty Products Box Set (5 in 1): Over 150 DIY Body and Hair Care Products plus Natural Remedies to Improve Your Health and Looks How to Make Dried Herbs DIY Hair Masks The Wonders of Magnesium Easy Lotion Recipes All-Natural Ways to Look Younger for Women 30+ In How to Make Dried Herbs, you'll learn drying herbs for natural healing. In DIY Hair Masks, you'll learn 25 natural recipes for all types of hair to make them strong and shiny. In The Wonders of Magnesium, you'll learn natural health remedies for your heart and mind. In Easy Lotion Recipes, you'll learn natural and budget-friendly recipes to revitalize your skin! In All-Natural Ways to Look Younger for Women 30+, you'll learn DIY skin and body care products that can make you look younger instantly.

The Secret To The Simple World of DIY Beauty If you're completely new to Soap

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Making, and have ZERO Soap Making experience, you'll want to check out my first book on Soap Making. I breakdown the entire Soap Making process and make it so simple, that your 90 year old Grandmother will think it's easy. (Simply click on my name 'Leanna Lockhart' to the right of the book cover icon or copy and paste the following link into your browser and go directly to the page where you can download the book right now) <http://www.amazon.com/Making-Soap-Home-Completely-Collection-ebook/dp/B00NMO1UJ6> Knowing how to make soap is such a great thing that once you learn how to do it, you won't be able to stop yourself from wanting to learn more! Your own homemade soap will provide tonnes of health benefits plus so much more you won't even believe... I learned how to make various type of the specific soaps I wanted and thought I was all set and ready to go... This was not the case, as I found I could make even MORE recipes, understand MORE about the process, and get MORE out of soap making than I ever thought possible. Let Me Show You How You How EASY It Is To Do The Same! In this book, you will find lists, tips, tricks, and plenty of recipes for making your own soap right at home. Use the information in this book to sharpen and cultivate your soap making abilities far beyond what you currently know. I'm even going to show you how to SELL YOUR SOAP FROM HOME once you've made it! Everything within these pages lets you know exactly what to

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do, how to do it, and how to sell your soaps with my proven techniques. As go through the book, you'll learn: - Why you should make soap - Giving soap as gifts for holidays - Different techniques you can use - How to make different types of soap - And so much, much more... Why Wait? Scroll Up, Click The 'Buy Now' Button, And Starting Making MORE Soaps Today! So why should you learn more about soap making you ask? Well... why would you stop at just making the same plain old soap you've been making over and over again when you can continue with some of the most unique types out there? If you're ahead of the rest of the crowd, and already making your own soap, not only can you stop purchasing it from someone else, but you can be the one to SELL it to others! Simple Scroll Up To The Top Right Corner Of The Page and Click on "Buy Now With 1 Click" Button To Start An Exciting Journey Right In Your Home Today! FREE GIFT: My book also comes with a free gift, so don't forget to grab it.

Do you love skin care? Would you like to learn the advanced skills and techniques to easily produce All-natural, toxin-free beauty products at home? Today it's very easy to find face, body and hair care products on the market on the shelves of supermarkets, perfumeries, pharmacies, everywhere. But normally, these products are almost always very rich in silicone substances that limit the perspiration of the skin and dry it up. Unfortunately, with the passage of

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time the constant and prolonged use of products with silicones and petrolatum leads to results that are harmful for your skin because it will appear more suffering, dehydrated and with occluded pores. Better then to shift our attention to natural products for the body, preferably organic, rich in precious plant active ingredients. Natural beauty products are becoming increasingly popular, exactly because we begin to understand the importance of not allowing chemicals to absorb the skin. Using natural products for bath and body care also means respecting the environment by using cruelty free products, and are not tested in any way on poor animals. This complete series of books intends to help you understand the importance of a total organic body care for your health and to teach you everything you need to make natural skin care products for you and as a special gift set for people you love. BOOK 1: you'll discover the best hair, face and body DIY recipes like masks, shampoo, conditioner, dyes, creams, cleansing, aftershave, makeup, body butters, scrubs, creams, lotions... and more! BOOK 2: learn the whole Art of homemade soap making, equipment, safety guidelines, recipes and more BOOK 3: The secret recipes and techniques to make Diy natural soaps, 100% free of harmful chemicals using specific essential oils and herbs BOOK 4: all you need to know on making amazing colorful, smelling bath bombs to instantly make your bath ultra-relaxing! Even if you're a

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beginner you're on the budget don't worried. Whatever is your age, level and budget this book includes easy to follow instructions that will guide you across all the process using high-quality but easily available and not expensive ingredients. The incredible advantage is that nowadays we can all create products of natural origin directly at home, using simple and fast DIY crafts techniques. So why not get the satisfaction to start creating skin care products with your own hands right away? If you want to learn how to finally treat your skin well, and make it younger and better looking, just order your copy now!

Book One: DIY Beauty Products: Natural Homemade Recipes for Beautiful Skin, Body and Hair Inside you will learn that* Coconut oil is not only used in recipes - it can be used to prepare a moisturizer * Honey and oats as a facial mask will leave your face moist and supple * Taking Vitamin C orally will boost you immune system. But a homemade Vitamin C serum will fight the signs of aging and diminish fine lines and wrinkles * Mayonnaise can be used as a hair mask * And Much More Once you've learned all these secrets of DIY beauty products, there will be no stopping you. It will save you money, take years off your face naturally (no chemicals) and give you the confidence you need. Book Two: DIY Shampoo Recipes: Your Guide to Gaining Beautiful, Strong, Healthy Hair with Organic & Natural Recipes Inside You Will Learn:* Why homemade shampoo is better for

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your health, your wallet and your hair; * The environmental benefits of homemade shampoo; * How to wash your hair with homemade shampoo; * The ingredients you need to make your own shampoo; * How to choose the right essential oils for your shampoo; * How to make a variety of different homemade shampoos and find the right one for your hair type; * How to make your own conditioner; * And much, much more Once you have tried your own shampoo you will never want to go back to commercial formulations. Book Three: DIY Deodorants: Natural, Homemade Recipes for Deodorants and Perfumes for Men and Women In this book, you'll find: * Traditional Baking Soda Deodorants * Baking Soda Free Deodorants * Deodorants for Men * Homemade Perfumes * And much more! Deodorant can be perfected to smell however you'd like, or not smell at all! Just omit the essential oils in these recipes and you'll have an unscented deodorant that you'll enjoy for weeks to come. Book Four: Natural Remedies: Homemade Organic Remedies for Your Health and Appearance to Prevent and Heal Sickness In this book you will learn: * A brief history of the concept of natural remedies. * Natural remedies for common illnesses. * Natural remedies for ailments that affect your appearance. * Much, much more. Homemade Beauty Products Box Set (5 in 1): Natural Homemade Recipes for Your Beauty Get five books for up to 60% off the price! With this bundle, you'll

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receive: Beauty Products DIY Beauty Products Body Scrubs! DIY Shampoo Recipes Homemade Deodorants In Beauty Products, you'll get an all-natural, non-toxic and chemical free DIY recipes to make hair care and skin care easier In DIY Beauty Products, you'll learn natural homemade recipes for beautiful skin, body and hair In Body Scrubs!, you'll learn about budget-friendly, homemade natural body scrubs to heal and nourish your skin In DIY Shampoo Recipes, you'll get your guide to gaining beautiful, strong, healthy hair with organic & natural recipes In Homemade Deodorants, you'll learn easy, natural, and organic DIY deos for gifting and personal use Buy all five books today at up to 60% off the cover price! DIY Beauty Easy, All-Natural Recipes Based on Your Favorites from Lush, Kiehl's, Burt's Bees, Bumble and bumble, Laura Mercier, and More! Adams Media Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. DIY Collection For Woman: 100 Natural Beauty Recipes- Essential Oils, Natural Soaps, Homemade Lotions Book #1 Essential Oils:(FREE Bonus Included) Get More Than 30 Recipes To Help You Feel Full Of Energy And Look Well-Groomed The bodily energy and vitality serve as the corner stone for living a quality life. The various blessings and utilities present around, can only make their true meaning if one is able to use them in the presence of a healthy and vigorous body. Staying close to

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nature serves as the universal principle which can drive the optimum progress of human body. The enhanced use of potentials available in natural elements can make our way towards a more nourished and cherished life. Book #2 Essential Oils:(FREE Bonus Included)Try Out 40 Perfect Diffuser Recipes for Everyday! If you or a loved one suffer from headaches and you have tried all kinds of ointments and pain killers but you are still not finding the relief that you are seeking then you should read this book and look into the medicinal benefits you can gain from using essential oils to help treat your ailments such as headaches. Book #3 Homemade lotions:(FREE Bonus Included)15 Best DIY Recipes of Organic Lotions and Body Butter for Your Natural Beauty Are you interested in homemade lotions? Do you want to try and make your very own body butter? If you have answered affirmatively to either of these two questions, this book is more than perfect for you. Book #4 Soap Making For Beginners: (FREE Bonus Included)Simple Recipes Of Organic And Natural Hand Made Soaps Soaps are currently a vital piece of our day to day living. What is soap? It is a purifying operator produced using the salts of vegetable or creature fats. In a few nations, the TV serials are known as musical soap shows because they are for the most part supported by soap promotions! Soaps are two sorts, washing soaps and showering soap. As the name shows, washing soaps are utilized to rinse our

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messy garments and showering soaps are for purging our delicate skin.

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Beauty Products Book Collection: 60+ Epsom Salt Recipes To Make Natural Remedies For Improving Your Health And Body BOOK #1. Epsom Salt: 30+ DIY Recipes Of Natural Remedies To Improve Your Health And Body The two main components of which Epsom salt is comprised of are the sulfate and magnesium which can enhance your health from so many wide range of perspectives. An absence of magnesium, which manages the working of more than 100 proteins which are present in the body can lead to hypertension, hyperactivity, some issues related to heart and other issues which are directly or indirectly associated with health. Sulfate is key for some procedures which occur naturally, for flushing the various types of poisons and to shape the presence of proteins in joints, neuron tissue and other types of proteins. Specialists and scientists say that if you take shower of Epsom salt then it is basically considered as a protected and simple approach to build the level of magnesium and sulfate in a level inside body. Following are the things which I have given in this book: Significance of spasm salt Benefits which it can provide you How an Epsom salt can be a source

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of health benefits Epsom salt for losing weight and enhancing beauty BOOK #2. DIY Beauty Products: 30+ Recipes Using Epsom Salt To Make Natural Remedies For Improving Your Health And Body Tired after a long day from work? Looking for a way to relax? Or are you looking to find tips to help improve your body without buying expensive list of products from the store? There are so many face creams, shower creams, scrubs, etc around the market that a person is never sure how effective or healthy they actually are. Most people prefer to do it themselves so that they know exactly what went into that paste, gel, shower etc. and the benefits it will give. If you are one of the above people, then this book, 'DIY Beauty Products: 30+ Recipes Using Epsom Salt To Make Natural Remedies For Improving Your Health And Body' is exactly what you need. There are many natural sources that improve the body and increase beauty and health. All natural remedies provide the body with natural minerals and vitamins that help it become healthy and beautiful. Epsom salt is one of those sources. This books looks into detail at what you can look forward to with do it yourself products. How useful DIY methods and produces are. It then focuses on DIY beauty products. It narrows down to Epsom salt as a source of healthy and beauty. It looks at what Epsom salt is; its uses, its benefits and even its side effects, which need to be considered when using this salt. This book then delves into different recipes

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involving Epsom salt; recipes for health and beauty as separate categories, although with this mineral they can be considered interchangeable. These recipes will help relax your body and give you the glow you are looking for. This book includes the following: Introduction Chapter 1- Epsom Salt Chapter 2- Health Recipes Using Epsom salt Chapter 3- Beauty Recipes Using Epsom salt Conclusion Download your E book "Beauty Products Book Collection: 60+ Epsom Salt Recipes To Make Natural Remedies For Improving Your Health And Body" by scrolling up and clicking "Buy Now with 1-Click" button! Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion.

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and organic hair products that are homemade In DIY Body Butters, you'll learn homemade body butter Recipes for skin rejuvenation and hydration In DIY Beauty Products, you'll learn natural homemade recipes for beautiful skin, body and hair Buy all six books today at up to 60% off the cover price!

Have A Complete Makeover! Make And Use Organic Beauty Perfumes, Shampoos And Lotions The Easy Way! Here's A Peek At The Contents in This Box Set: BOOK 1: Organic Perfumes Made Easy 55 DIY Natural Homemade Perfume Recipes For Beautiful And Aromatic Fragrances Create blends of different essential oils together with other natural ingredients to form beautiful aromatic fragrances that will stand you out. Learn: 1. 55 organic and easy perfume recipes. 2. The advantages of making your own perfume. 3. Benefits of the basic ingredients that you need 4. Helpful Tips For Perfume Making 5. Customizable alternatives for perfumes according to individual preferences 6. Perfume making for your dog 7. And a whole lot more! Be a crowd puller, master the art of perfume making today! BOOK 2: Organic Shampoos Made Easy 50 DIY Sulfate-Free Natural Homemade Shampoos And Hair Care Recipes For Beautiful Hair In This Book, You Will Learn: *Why Homemade Shampoos Are The Best *The Many Toxic Chemicals In Store- Bought Hair Products *The Right Shampoo For Your Hair *Best Ingredients For Various Hair Types You Will Also

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Are you shopping for a Mother's Day gift? Or Father's Day, birthday, Christmas - no matter the holiday or occasion, making your own gift gives it a personal touch. And natural handmade beauty and personal care products are always a huge hit. Even if you're a novice DIYer, you can make some pretty great natural beauty products if you follow the right recipe. You may even find that you have many of the ingredients for some of these recipes in your home already! In this series,

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you'll get 4 unique books to help you make your own homemade beauty product recipes from start to finish, all with affordable ingredients -BOOK 1: Homemade Body Butter: Over 25 Rejuvenating Body Butter & Body Scrub Recipes to Give You Soft, Glowing Skin -BOOK 2: Soap Making: Homemade Soap for Beginners - The Complete Guide to Making Luxurious, Skin-Softening Soap at Home -BOOK 3: Homemade Shampoo: Over 25 Revitalizing, Natural Shampoo Recipes to Give You Healthy, Beautiful Hair -BOOK 4: Homemade Bath Bombs: The Complete DIY Guide to Making Luxurious, Soothing Bath Bombs

A collection of recipes for all-natural beauty treatments for face, body, hair and nails to make and use at home. Caroline Artiss presents homemade masks, packs, scrubs and lotions that will leave you radiant and nourished from top to toe. The first chapter, Face Masks, includes an Avocado and Banana Face Mask. Avocados are packed with vitamins A, C and E all of which are essential for healthy, glowing skin and bananas are a rich source of potassium and keep skin moisturized and plump. Next, Body Scrubs features a Mocha Body Bliss, an invigorating scrub made from coffee grounds, cocoa powder, sugar and coconut oil which not only gently exfoliates but also softens the skin and restores moisture. From the Hair Masks chapter, try Caroline's Rosemary and Coconut Hot Oil Hair Treatment on thin, lifeless hair. The stimulating effects of rosemary

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oil help increase blood circulation which encourages hair to grow thicker and stronger and its antibacterial and anti-inflammatory properties help keep the scalp healthy. Further chapters include Hands & Nails, Foot Treatments, Eye Treatments and Lip Remedies. From tired, puffy eyes to sun-damaged skin there's a natural treatment or mask here to meet all your beauty needs.

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. All-Natural Chemical-Free Self-Care Collection: Over 300 Recipes for DIY Self-Care Book 1. Anti-Aging Essential Oils: 25 Homemade Remedies Book 2. DIY Deodorants: 35 Refreshing Non-Toxic Homemade Deo and Body Spray Recipes to Help You Stay Fresh 24/7 Book 3. Homemade Organic Sunscreen: 20 Natural Non-Toxic Sun Lotions Recipes + After-Sun Moisturizer and Tan-Activator Book 4. Natural Cosmetics: 15 Non-Toxic, 100% Organic Makeup Recipes Book 5. Soap Making For Beginners: Simple Recipes Of Organic And Natural Hand Made Soaps Book 6. Essential Oils for Children: 40 Essential Oil Recipes for Your Kids' Health Book 7. Essential Oils: 30 Best Anti-Aging Homemade Beauty Products for Skin Care Book 8. Homemade Lotions: 40 Organic Lotion Recipes. 100% Free of Toxic Chemicals Book 9. Essential Oils: 20 Safe and Easy Essential Oil Recipes for Your Pets! Book 10. Homemade Oral Care: 40 Natural Herbal Recipes to Take

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Care of Your Teeth and Oral Cavity Book 11. Natural Skin Care: 30 Homemade Recipes for Skin Care Made of Herbs and Essential Oils Book 12. Natural Care: 20 Easy Made Recipes to Protect Your Skin and Hair When It's Cold Book 13. Organic Lotion Bars: 30 Easy To Make, Natural Lotion Bars Recipes Book 14. Healing Salve: 25 Homemade Herbal Salves Recipes for Health and Healing Book 15. Homemade Salves for Pain Relief: 30 Natural Recipes Download your E book "All-Natural Chemical-Free Self-Care Collection: Over 300 Recipes for DIY Self-Care" by scrolling up and clicking "Buy Now with 1-Click" button! Combining a wealth of tips and 75 recipes for all-natural beauty aids, using nothing but pure ingredients direct from Mother Nature, with a philosophical approach to beauty as the foremost purpose of human existence, Natural Beauty inspires readers to pursue a natural, healthful approach to caring for their mind, body and soul. For Elizabeth TenHouten, the pursuit of beauty is cyclical: "We exist in a parallel state of reaching for beauty. So, this dialectical tension of reaching for and returning to beauty is the cyclical state of beauty." In her new book, Natural Beauty, TenHouten lays out a philosophy of beauty that encompasses physical, mental and spiritual well-being, an integrated approach that addresses the whole person. Natural Beauty includes a wide variety of all-natural beauty tips and tricks drawing on everyday ingredients with amazing

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healthful properties.

"Homemade Beauty Products for the Face" is your guide to the world of non-toxic anti-age cosmetics! You will find everything your gentle face derma needs - from cleansing and nourishment, to hydration and rejuvenation! In this book you will find:=> Universal face masks, crèmes, lotions, and treatments;=> Carrier and essential oils suitable for your skin type;=> Natural face crèmes, lotions, and masks for oily, dry, and mature skin;=> Natural remedies for the problematic derma;=> Face scrubs, exfoliators, whitening treatments;=> and many more!"Homemade Beauty Products for the Face" - taking care of ourselves while protecting the Earth!

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. DIY Beauty Collection: 150 Organic Homemade Skin Care Recipes Are you tired of all the terrible ingredients you keep finding in your store-bought deodorants? Then you might want to check out this book! There are tons of nasty ingredients you can find in your commercially prepared deodorants, the three most important ones being found in the first chapter of this book. You'll not only find deodorant recipes in this book, but you'll also find body sprays and perfumes so that you no longer have to worry about what you're spritzing onto your body or rubbing on your sensitive armpits. This book is designed to help you understand how to use essential oils for your maximum benefit. In it, you are going to learn what essential oils are used for which specific purposes, as well as the best way to use

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these oils to gain the maximum benefit from using them. Whether you are a beginner who is just starting out in the realm of essential oils, or if you are a seasoned user looking to broaden your spectrum, this book is going to be perfect for you. This information is useful, it is organized, and it is perfect for any essential oil enthusiast, no matter what level user you are. Download your E book "DIY Beauty Collection: 150 Organic Homemade Skin Care Recipes " by scrolling up and clicking "Buy Now with 1-Click" button! Tags: natural beauty book, natural beauty recipes, hello beautiful, beauty tips, beauty and skin care, beauty books, beauty treatments, beauty skin care, beautiful hair, beauty secrets, homemade beauty products, health care, health, woman health, bestseller books, bestselling books, aromatherapy, aromatherapy skin care, aromatherapy recipes, aromatherapy and essential oils, essential oils book, essential oils for weight loss, how to use essential oils, benefits of essential oils, essential oils for beginners, essential oils recipes, essential oil books, essential oil recipes, recipes, healthy recipes, recipes for health, recipes for kids

Beautiful, Vibrant Skin the Natural Way Ditch expensive creams, serums and lotions full of mystery ingredients and turn to nature to find the best remedies for all your skin care needs with products you can make right at home. Herbalist Militza Maury's use of natural ingredients ensures that you know exactly what's in your skin-care products and what you're getting out of them—beautiful, nourished, healthy skin. Creating a daily skin-care routine is easier than ever with recipes for cleansers, toners and moisturizers for every skin type. Try Soothing Cookie Dough Cleanser for inflamed skin, Clean & Clear Hydrosol Toner for oily or acne-prone skin or Moisture-Rich Solid Serum for dry, dehydrated skin. No matter your skin's needs, Militza has products that will help you achieve healthy, glowing skin from head to toe. And once you've

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established a daily routine that works for you, don't forget to make skin care fun with a whole slew of masks, scrubs, bath products and more—all made from safe, familiar ingredients like honey, cocoa butter, fresh herbs and essential oils. With information about the nourishing and healing properties of the ingredients used and instructions for infusing vinegar, oil and honey to further increase the efficacy of the recipes, this collection gives you all the information you need to make quality skin-care products at home.

Have you noticed? You continue to use cosmetics & products promising you an acne-free life, anti-aging results, smoother glowing skin... But the more you use these products, the fewer results you see. If you're like millions of other people, you may begin to feel they only prove to be a waste of both your money (the best of these products come with a hefty price tag!) and your time. There very well could be something else that is being "wasted," too -- your very health. It's true! Even the so-called natural and organic cosmetics seem to carry potential dangers -- despite the soothing assurances of commercials and manufacturers. If you put cosmetics on with less than healthy -- even toxic -- ingredients, guess what happens? All the potentially toxic items soak directly into your skin and into your system. Surely there must be a better way to make you look and feel better without putting your health on the line everyday! What if I told you there were products available that are natural, and many times organic that wouldn't harm your skin or endanger your health? What if I told you there were products you can use and be absolutely sure of the ingredients you were using? What if I told you the ingredients for these outstanding skin care remedies are waiting for you right now in your very own kitchen? All you need to do is gather the items and make them. It's true and this is what "Natural & Organic Beauty Recipes" will show you. Just imagine being able to have healthier &

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more beautiful skin in just 7 days (or less) without becoming frustrated or wasting your time. Here's what you'll discover in "Natural & Organic Beauty Recipes": - The potentially dangerous and toxic ingredients lurking in many modern cosmetics... - How to understand the advantages of creating your own skin care recipes, therapies and treatments... - Dozens of easy-to-make, all-natural recipes for facial scrubs, masks, under eye treatments, moisturizers and more... - 7 everyday but often overlooked tips and tricks for understanding your skin and giving it the best treatments... - WARNING: 3 things you should never do when it comes to creating your own homemade skin care treatments... - 6 time tested and proven strategies to reducing, treating and curing many common skin problems... - How to use natural skin care recipes to improve your skin's moisture content and repair damaged skin... - How to use skin care recipes to boost your skin's ability to protect itself from environmental toxins... - And much more...

Go Green in Every Part of Your Life with This Huge Collection of Easy, All-Natural Products Kick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with these simple, customizable projects. In this new and expanded edition of 101 Easy Homemade Products for Your Skin, Health & Home, Jan Berry adds 50 brand new recipes for a total of 151 in all, making this beloved book a complete and versatile resource. You'll learn how to make your own skin care and hair care products, health remedies and household cleaners, such as: • Honey, Rose & Oat Face Cleanser • Triple Sunshine Body Butter • Sleepy Time Bath Bombs • Wildflower Shower Scrub Bars • Lip Gloss Pots • Cucumber Mint Soap • Lemon Balm & Ginger Sore Throat Drops • Lemon & Rosemary All-Purpose Cleaning Spray • Lavender Laundry Detergent • And so much more! All of the projects are easy to make and use commonly found herbs, flowers, oils and other natural

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ingredients. No fancy equipment or previous experience required! The new edition is packed with even more basic formulas, so you can make your own one-of-a-kind creations. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

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****MORE THAN 90 NATURAL ORGANIC HOMEMADE BEAUTY PRODUCTS FOR THE WHOLE BODY!**** What are you going to find in this book? All kinds of easy to make DIY beauty recipes: - face creams; - body scrubs and lotions; - anti-cellulite ointments; - anti-stretch marks creams; - sunscreens; - face and hair masks; - shampoos and conditioners; - toothpastes and mouthwashes; - and more... Invest in your natural organic beauty and health while helping the Earth from toxic imprints with "Toxin-free Homemade Easy Beauty Recipes"! Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Homemade Beauty Collection: 60+ Epsom Salt

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Recipes For Improving Your Health And Body BOOK #1 The two main components of which Epsom salt is comprised of are the sulfate and magnesium which can enhance your health from so many wide range of perspectives. An absence of magnesium, which manages the working of more than 100 proteins which are present in the body can lead to hypertension, hyperactivity, some issues related to heart and other issues which are directly or indirectly associated with health. Sulfate is key for some procedures which occur naturally, for flushing the various types of poisons and to shape the presence of proteins in joints, neuron tissue and other types of proteins. Specialists and scientists say that if you take shower of Epsom salt then it is basically considered as a protected and simple approach to build the level of magnesium and sulfate in a level inside body. Following are the things which I have given in this book: Significance of spasm salt Benefits which it can provide you How an Epsom salt can be a source of health benefits Epsom salt for losing weight and enhancing beauty BOOK #2 Tired after a long day from work? Looking for a way to relax? Or are you looking to find tips to help improve your body without buying expensive list of products from the store? There are so many face creams, shower creams, scrubs, etc around the market that a person is never sure how effective or healthy they actually are. Most people prefer to do it themselves so that they know exactly what went into that paste, gel, shower etc. and the benefits it will give. If you are one of the above people, then this book, 'DIY Beauty Products: 30+ Recipes Using Epsom Salt To Make Natural Remedies For Improving Your Health And Body' is exactly what you need. There are many natural sources that improve the body and increase beauty and health. All natural remedies provide the body with natural minerals and vitamins that help it become healthy and beautiful. Epsom salt is one of those sources. This books looks into detail at what

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you can look forward to with do it yourself products. How useful DIY methods and produces are. It then focuses on DIY beauty products. It narrows down to Epsom salt as a source of healthy and beauty. It looks at what Epsom salt is; its uses, its benefits and even its side effects, which need to be considered when using this salt. This book then delves into different recipes involving Epsom salt; recipes for health and beauty as separate categories, although with this mineral they can be considered interchangeable. These recipes will help relax your body and give you the glow you are looking for. This book includes the following: Introduction Chapter 1- Epsom Salt Chapter 2- Health Recipes Using Epsom salt Chapter 3- Beauty Recipes Using Epsom salt Conclusion Download your E book "Homemade Beauty Collection: 60+ Epsom Salt Recipes For Improving Your Health And Body" by scrolling up and clicking "Buy Now with 1-Click" button!

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