

Dharma Road A Short Cab Ride To Self Discovery Brian Haycock

From National Book Award winner Charles Johnson, “the celebrated novelist, short story writer, screenwriter, and essayist...comes a small treasure, one to be read and considered and reread” (The New York Times Book Review), showcasing his incredible range and resonant voice. Charles Johnson’s *Night Hawks* presents an eclectic, masterful collection of stories tied together by Buddhist themes and displaying all the grace, heart, and insight for which he has long been known. Spanning genres from science fiction to realism, “Johnson’s writing, filled with the sort of long, layered sentences you can get happily lost in, conveys a kindness; a sense that all of us...have our own stories” (The Seattle Times). In “The Weave,” leesha and her boyfriend carry out a heist at the salon from which she has just been fired—coming away with thousands of dollars of merchandise in the form of hair extensions. “Night Hawks,” the titular story, draws on Johnson’s friendship with the late playwright August Wilson to construct a narrative about two writers who meet at night to talk. In “Kamadhatu,” a lonely Japanese abbot has his quiet world upended by a visit from a black American Buddhist whose presence pushes him toward the awakening he has long found elusive. “Occupying Arthur Whitfield,” about a cab driver who decides to rob the home of a wealthy passenger, reminds readers to be grateful for what they have. And “The Night Belongs to Phoenix Jones” combines the real-life story of a “superhero” in the city of Seattle with an invented narrative about an aging English professor who decides to join him. With precise, elegant, and moving language, Johnson creates an “arresting” array of “indelible moments that show Johnson to be a master of the short form” (Library Journal, starred review). *Night Hawks* is “a masterpiece...[that] ultimately offers a message of empowerment and hope” (Oprah.com).

This book describes the philosophy and the use of Aleister Crowley's Thoth Tarot, a deck of Tarot cards designed by Crowley and co-designed and painted by Lady Frieda Harris. The Thoth Tarot has become one of the best-selling and most popular Tarot Decks in the world. It is also one of the most original interpretations of the tarot, incorporating astrological, numerological, Egyptian, and Qabalistic symbolism. While there are many other useful guides to this famous tarot deck, there are no others that explain the deck in its designer's own words. The book is divided into four major parts: * Part One: The Theory Of The Tarot. * Part Two: The Atu (Keys or Trumps). * Part Three: The Court Cards. * Part Four: The Small Cards. Part One is further divided into three chapters; Part Two into two chapters and an appendix; Part Three into one chapter; and Part Four into one chapter. The book includes a list of plates depicting the Tarot cards as seen by Crowley and Harris.

Set on the coast of Maine and in the high desert of New Mexico in the late 1970s through the early 80s, *Buddhism for Western Children* is a universal and timeless story of a boy who must escape subjugation, tell his story, and reclaim his soul. In search of community and transcendence, ten-year-old Daniel's family is swept into the thrall of a potent and manipulative guru. To his followers, Avadhoot Master King Ivanovich is a living god, a charismatic leader who may reveal enlightenment as he mesmerizes, and alchemizes, Eastern and Western spiritual traditions. Daniel's family plunges into a world with different rules and rhythms--and with no apparent exit. They join other devotees in shunning the outside world, and fall under the absolutist authority of the guru and his lieutenants. Daniel bears witness to the relentless competition for the guru's favor, even as he begins to recognize the perversion of his spirituality. Soon, Daniel himself is chosen to play a role. As tensions simmer and roil, darkness intrudes. Devotees overstep, placing even the children in jeopardy. Daniel struggles with conflicting desires to resist and to belong, until finally he must decide who to save and who to abandon. With spiraling, spellbinding language, Allio reveals a cast of vivid, often darkly funny characters, and propels us toward a shocking climax where Daniel's story cracks open like a kaleidoscope, revealing the costs of submitting to a tyrant and the shimmering resilience of the human spirit.

"A dazzling debut novel--the story of a turbulent, unlikely romance, a harrowing account of the lasting horrors of the Second World War, and a searing examination of one man's search for forgiveness and acceptance"--

Brian Haycock was a cabdriver--who happened to be a Buddhist. During the course of his career as a cabdriver, he learned that each fare provided an opportunity to learn the life lessons of the Buddha. So, hop in and buckle up; we'll be making several stops on this trip. We're off on our journey to self-discovery, passing through the precepts, the four noble truths, taking a hard left to stop and get coffee--where we'll learn a few breathing techniques to bolster our patience--all the while watching for ambulances and bikers, focusing our attention and awareness so that we can arrive at our destination in good time and in one piece. Here are stories from everyday life that demonstrate how we can all benefit from a little Buddhist philosophy or practice. With each chapter focusing on a specific topic, readers will learn to coast their way to building a life routine, focusing the mind, calming themselves with breathing exercises, and much much more.

One curvy, blonde waitress; One sexy chef; One hot restaurant manager. Together they make a recipe for love! Gloria Jean Fitzpatrick carries a dark horse not only etched within her mind, but branded on her skin as a permanent reminder of the abuse she has suffered. After ending a three year long abusive D/s relationship, she believes her days of submission are over. Heart broken, wounded, and alone, she devotes her waking hours to taking care of her disabled brother, working crazy shifts at the local diner, and over indulging in life's finest pleasures, sweets. Carefully guarding her heart, Gloria watches as her two closest male friends continue to dominate other submissives. Dreaming of much more than friendship, she makes the hardest decision of her life, but will her hidden demons hold her back? Greg and Curtis O'Malley are no strangers to the art of domination and have been dominating willing submissives together for years. Life for these two sexy cousins has surely had its ups and downs. Dishing up savory meals at Maxwell Diner is only one of Greg O'Malley special gifts, his other... dominating a willing submissive. Escaping the big city to manage Maxwell Diner was a life changing move for Curtis O'Malley. Now his quest to find the perfect submissive to complete his and George's

nexus may finally be over, but will Gloria's past come back to haunt their happiness? The Doms of Crave County series contains mature themes including heart pounding action, suspense, graphic violence, and a lot of steamy hot sex with multiple partners.

In August 1968, naturalist-explorer Peter Matthiessen returned from Africa to his home in Sagaponack, Long Island, to find three Zen masters in his driveway—guests of his wife, a new student of Zen. Thirteen years later, Matthiessen was ordained a Buddhist monk. Written in the same format as his best-selling *The Snow Leopard*, *Nine-Headed Dragon River* reveals Matthiessen's most daring adventure of all: the quest for his spiritual roots.

The study of Cambodian religion has long been hampered by a lack of easily accessible scholarship. This impressive new work by Ian Harris thus fills a major gap and offers English-language scholars a booklength, up-to-date treatment of the religious aspects of Cambodian culture. Beginning with a coherent history of the presence of religion in the country from its inception to the present day, the book goes on to furnish insights into the distinctive nature of Cambodia's important yet overlooked manifestation of Theravada Buddhist tradition and to show how it reestablished itself following almost total annihilation during the Pol Pot period. Historical sections cover the dominant role of tantric Mahayana concepts and rituals under the last great king of Angkor, Jayavarman VII (1181–c. 1220); the rise of Theravada traditions after the collapse of the Angkorian civilization; the impact of foreign influences on the development of the nineteenth-century monastic order; and politicized Buddhism and the Buddhist contribution to an emerging sense of Khmer nationhood. The Buddhism practiced in Cambodia has much in common with parallel traditions in Thailand and Sri Lanka, yet there are also significant differences. The book concentrates on these and illustrates how a distinctly Cambodian Theravada developed by accommodating itself to premodern Khmer modes of thought. Following the overthrow of Prince Sihanouk in 1970, Cambodia slid rapidly into disorder and violence. Later chapters chart the elimination of institutional Buddhism under the Khmer Rouge and its gradual reemergence after Pol Pot, the restoration of the monastic order's prerevolutionary institutional forms, and the emergence of contemporary Buddhist groupings.

Quantitative Methods for Business: The A-Z of QM will enable readers to: *Appreciate the significance of quantitative methods for businesses and the study of business *Understand and apply a wide range of quantitative techniques *Select appropriate quantitative techniques for data analysis, problem solving and decision making *Interpret and communicate the results of quantitative analysis

This is the life story of Venerable Master Hsing Yun, who has dedicated his life to the modernization and globalization of Buddhism through the building of temples, educational institutions, libraries, art galleries and museums throughout the world. A strong supporter of interfaith respect and cooperation he has participated in many interfaith events, conducted Dharma Services, and lectured on Buddhism in countries around the globe.

Lacey Talbot had a safe and loving childhood despite being raised in a residential home for kids, and the day she met Charlotte and Oli Hart, it felt like she had been truly blessed. Now training to be qualified in social care, she's giving back to the system that saved her from a life of danger and poverty. So why does she feel like she needs more when she has everything she never thought possible? A career, family love and friends who would be there for her no matter what, just don't seem enough. Lacey wants a love to call her own, to start living her life for real but there is one thing missing, someone to love - a guy who will return the love that she deserves just as hard. Tommy Sevens, is the dependable local business owner. He's never short of female company but his bachelor life is turned upside down by an unexpected visitor. When he reaches out for help, he ends up with more than he bargained for when Lacey comes to the rescue. What starts out as a professional relationship, turns into so much more when Tommy realizes he can't resist Lacey anymore. She's a beautiful, unforeseen surprise who makes him want a different life, despite what he thinks he deserves, and he's that guy that Lacey has been yearning for. The one thing that stands in the way of their happily ever after are his close friends, Lacey's foster parents. *Deserved* is the second book in the soul mates series and tells the stories of those who find passion and love when they least expect it.

The Government and Politics of India provides a clear and concise account of the contemporary Indian political system. It explains the historical legacies that have shaped the structures of Indian government and influenced the patterns of its politics. It describes the network of Indian institutions at federal and provincial level. It conveys a sense of where power is located, how it is used and the constraints on its exercise. Special attention is devoted to caste, religion and regionalism in Indian society and to the nature of democratic politics in relation to Third World development.

You've heard the expression, "It's the little things that count." Research has shown that little daily practices can change the way your brain works, too. This book offers simple brain-training practices you can do every day to protect against stress, lift your mood, and find greater emotional resilience. *Just One Thing* is a treasure chest of over fifty practices created specifically to deepen your sense of well-being and unconditional happiness. Just one practice each day can help you: Be good to yourself Enjoy life as it is Build on your strengths Be more effective at home and work Make peace with your emotions

Essential Chan Buddhism is the rare unearthing of an ancient and remarkable Chinese spiritual tradition. Master Guo Jun speaks through hard-won wisdom on Chan's spiritual themes familiar to Western readers, such as mindfulness and relaxation in meditation, as well as profound, simply expressed teachings and insightful explorations of religious commitment. *Essential Chan Buddhism* filters formal spiritual practices through the lens of mundane and everyday life activities. The work captures the lyrical beauty and incantatory style of Guo Jun's spoken English from the talks he gave at a fourteen-day retreat near Jakarta in 2010 and in subsequent conversations with his editor Kenneth Wapner. This value-priced hardcover edition is both a distinctive addition to Buddhist collections and a thoughtful gift for anyone looking for spiritual guidance. Chan master Guo Jun is one of a new breed of international teachers taking the world's great wisdom traditions into the twenty-first century. He is currently abbot of Mahabodhi Monastery in Singapore and teaches internationally. Chan master Sheng Yen's youngest dharma heir, he served as abbot of his Pine Bush, New York, retreat center from 2005 to 2008. A native of Singapore, Guo Jun received his full monastic ordination in Taiwan. He is a lineage holder and successor in Chan as well as the Xianshou and Cien schools of Chinese Buddhism. *Essential Chan Buddhism* is his first book. Kenneth Wapner's Peekamoose Books is a book packager and editor. Clients include Bantam, Tarcher/Putnam, Ballantine, and Doubleday. He is well known for his work on *Rabbi Jesus*, *Bones of the Master*, and *The Zen of Creativity*.

First published in 2000. Routledge is an imprint of Taylor & Francis, an informa company.

The author discusses the Buddhist ideas of karma and rebirth while relating his own journey down the Zen path.

"An indispensable reference. Ferguson has given us an impeccable and very readable translation."---John Daido Looi --

On May 19, 2010, the Royal Thai Army deployed tanks, snipers, and war weapons to disperse the thousands of Red Shirts protesters who had taken over the commercial center of Bangkok to demand democratic elections and an end to inequality. Key to this mobilization were motorcycle taxi drivers, who slowed down, filtered, and severed mobility in the area, claiming a prominent

role in national politics and ownership over the city and challenging state hegemony. Four years later, on May 20, 2014, the same army general who directed the dispersal staged a military coup, unopposed by protesters. How could state power have been so fragile and open to challenge in 2010 and yet so seemingly sturdy only four years later? How could protesters who had once fearlessly resisted military attacks now remain silent? *Owners of the Map* provides answers to these questions—central to contemporary political mobilizations around the globe—through an ethnographic study of motorcycle taxi drivers in Bangkok. Claudio Sopranzetti explores the unresolved tensions in the drivers' everyday lives, their migration trajectories, consumer desires, and political demands amidst the restructuring of Thai capitalism after the 1997 economic crisis. Reconstructing the entanglements between their everyday mobility and political mobilization, Sopranzetti reveals mobility not just as a strength of contemporary capitalism but also as one of its fragile spots, always prone to disruption by the people who sustain its channels but remain excluded from their benefits. In so doing, *Owners of the Map* advances an analysis of power that focuses not on the sturdiness of hegemony or the ubiquity of everyday resistance but on its potential fragility as well as the work needed for its maintenance. Zen, plain and simple, with no BS. This is not your typical Zen book. Brad Warner, a young punk who grew up to be a Zen master, spares no one. This bold new approach to the "Why?" of Zen Buddhism is as strongly grounded in the tradition of Zen as it is utterly revolutionary. Warner's voice is hilarious, and he calls on the wisdom of everyone from punk and pop culture icons to the Buddha himself to make sure his points come through loud and clear. As it prods readers to question everything, *Hardcore Zen* is both an approach and a departure, leaving behind the soft and lyrical for the gritty and stark perspective of a new generation. This new edition will feature an afterword from the author.

Anger. For all of us, it's a familiar feeling—jaw clenching, face flushing, hands shaking. We feel it for rational and irrational reasons, on a personal and on a global level. If we know how to handle our anger skillfully, it is an effective tool for helping us recognize that a situation needs to change and for providing the energy to create that change. Yet more often anger is destructive—and in its grip we hurt ourselves and those around us. In recent years scientists have discovered that mindfulness practice can reduce stress, improve mood, and enhance our sense of well-being. It also offers us a way of dealing with strong emotions, like anger. This anthology offers a Buddhist perspective on how we can better work with anger and ultimately transform it into compassion, with insight and practices from a variety of contributors, including Thich Nhat Hanh, Sharon Salzberg, Sylvia Boorstein, Carolyn Gimian, Tara Bennett-Goleman, Pat Enkyo O'Hara, Jules Shuzen Harris, Christina Feldman, Mark Epstein, Ezra Bayda, Judith Toy, Noah Levine, Judy Lief, Norman Fischer, Jack Kornfield, Stan Goldberg, Yongey Mingyur Rinpoche, Dzigar Kongtrül, and many others.

Half down-and-dirty adventure and half inspirational memoir, this title documents an unusual pilgrimage taken by earthy scientist Nick Scott and fastidious Buddhist monk Ajahn Sucitto, who together retraced the Buddha's footsteps through India.

Includes Reading group and discussion question guide.

Collects entries on contemporary Chinese culture since 1980, discussing such topics as prisons, underground churches, and rock groups.

The Mahanidana Sutta is the Buddha's longest discourse on dependent arising, often taken to be the key to his entire teaching.

The commentary treats this doctrine according to the Abhidhamma method, explained in an appendix. A penetrative introduction lays bare the sutta's structure and the philosophical significance of dependent arising.

Dharma Road A Short Cab Ride to Self-Discovery Hampton Roads Publishing

True crime stories provide the foundation of this prison memoir. Bill Dyer was robbed and shot at an ATM. In *Doing Time with God*, you go into prison with him and other victims of violence to meet with convicted felons who will be facing their worst and greatest realizations, before they are released. Nothing is predictable when victims and offenders come together and share their stories of the true crimes that have devastated their lives...and reshaped them. Victim-survivors remember their losses and feel their pain; Offenders come face-to-face with the hurt they have caused, and open wounds from their own past. Walls of defensiveness and fear are knocked down by empathy and compassion, vulnerability and tears. Raw emotions flow. The way to peace is often intense, turbulent, and heartbreaking. Even when it's not pretty, the journey is beautiful in its honesty... miraculous in the way it unfolds...divine in how it transforms lives. This Amazing Process Opens the Heart, Touches the Soul, and Renews the Mind Author Brad Warner (*Hardcore Zen*, *Sit Down and Shut Up*, *Zen Wrapped in Karma Dipped in Chocolate*, and *Sex, Sin, and Zen*) revisits seventeen of his earlier essays on topics ranging from vegetarianism to punk rock, working for Japanese monster movie makers, and the art of Zen writing, complete with all-new analyses, introduction and afterword.

Ketogenic Diet Plan The Best Guide to Get Started with Ketogenic Diets from a Healthcare Professional! Are you sick and tired of being sick and tired? Heard about Ketogenic Diets but when you ask someone about it they think you are crazy? I know! I've been there right along with you. I didn't believe until I saw it and experienced it myself: the weight loss, the boost in HGH, and the energy levels. Hundred's and thousand's of people are discovering how simply eating more fat and less carbs can transform not only how you feel but how you function. Are you serious about getting healthier? Do you want to get the results and are willing to do the work and make your dreams a reality. Then this book is for you! I'm a holistic trained physician who has been focused on Intermittent Fasting, Ketogenic Diets, Weight Training, and Endurance Sports for the past 20 years. I discovered how combining Intermittent Fasting with a Ketogenic Diet has lead me down a path to fat adaptation, massive weight loss, and incredible energy and health. Give a man a fish you can feed him for a day, teach a man to fish he can eat for a lifetime. That's my philosophy and the reason why this book doesn't need to be 300 pages on a simplistic topic. Here Is A Preview Of What's Included in this Book What is the Ketogenic Diet Your Body During Ketosis What are the Health Benefits of Ketogenic Diets (IF) Shopping List for Ketogenic Diet Physical Performanc on the Ketogenic Diet 30 Day Ketogenic Meal Plan 50 Ketogenic Fat Burning Recipies Grab Your Copy of my book Ketogenic Diet Plan Today! Just scroll to the top and click buy now with 1-click!

What existed before the Universe was created? Where does self-worth come from? Do the ends always justify the means? The *Philosophy Book* answers the most profound questions we all have. It is your visual guide to the fundamental nature of existence, society, and how we think. Discover what it means to be free, whether science can predict the future, or how language shapes our thoughts. Learn about the world's greatest philosophers, from Plato and Confucius to modern thinkers such as Chomsky and Derrida and follow charts and timelines that graphically show the progression of ideas and logic. Written in plain English, with concise explanations of branches of philosophy such as metaphysics and ethics, it untangles complicated theories and makes sense of abstract concepts. It is an ideal reference whether you're a student or a general reader, with simple explanations of big ideas, including the four noble truths, the soul, class struggle, moral purpose, and good and evil. If you're curious about the deeper

questions in life, *The Philosophy Book* is both an invaluable reference and illuminating read.

"A kaleidoscopic homage both personal and historical . . . Kamiya's symphony of San Francisco is a grand pleasure." --New York Times Book Review

Follows the counterculture escapades of members of the Beat generation as they seek pleasure and meaning while traveling coast to coast.

"How They Sell Music" is not your typical "how to make it in the music industry" feel-good read. In this one of a kind book, you will learn exactly what 12 YouTube stars & lifelong touring acts, reality show contestants & world-renowned artists (all drastically different) are doing to make a CONSISTENT living with their talents. How They Sell Music helps musicians take control of their own destiny, gain fans, use the internet to build their business, create multiple streams of income and attract the full attention of top music industry professionals. This dynamic dozen have graciously come together to share with you their best advice and proven tactics that have led to their success. Plus, they have included over 50 incredible resources and tools they have used over the years that will help get your career to the next level IMMEDIATELY. So grab a notebook and a pen ... because you're about to soak up a once-in-a-lifetime opportunity as 12 artists demystify some of the biggest obstacles in the music industry and teach you how to create the career of your dreams. SOME OF WHAT YOU WILL LEARN: Get over 1 million YouTube subscribers Build a tribe of fans who raise \$13,000 for you in 3 days Start making a full-time living playing music at any age Discover the right approach to getting management and building your dream team Systematically acquire fans and make predictable money each month AND MORE! This book is one part motivation, one part inspiration, and one part education! It will truly inspire you to make a living doing what you love and to never ever give up on your dreams! Even if you're not a musician, that's okay...if you are an artist of any type (writer, painter, chef, teacher, coach, etc.) this book will teach you about the power and process of overcoming obstacles, following proven business principles, and realizing your dreams! "Read the many success stories in "How They Sell Music" and you just might increase your odds of getting there." - BOB BAKER, AUTHOR OF THE GUERRILLA MUSIC MARKETING SERIES OF BOOKS AND WWW.THEBUZZFACTOR.COM "Every musician MUST read this! This book is not theory or one person's opinion; these are real concrete examples of what's working today. Priceless!" - DEREK SIVERS, FOUNDER, CD BABY "An EXCELLENT resource for legit "On The Ground" info in this brave new world of selling music. Only true personal experience can delivery this kind of expertise. Worthy!" - KEN TAMPLIN, CELEBRITY VOCAL COACH Make sure to visit our website and receive a FREE Gift at: www.howtheysellmusic.com"

Precocious and shocking when first published in 1956, *Chocolates for Breakfast* is a candid coming-of-age story of a young girl's sudden awakening to love and desire written by 18-year-old Pamela Moore. Disaffected, sexually precocious 15-year-old Courtney Farrell splits her time between her parents' homes in New York and Los Angeles. When a crush on a female teacher in boarding school ends badly, Courtney sets out to know everything fast—from tasting dry martinis to engaging in a passionate love affair with an older man. Considered an American response to French sensation *Bonjour Tristesse*, *Chocolates for Breakfast* is also a tale of Courtney's close and ultimately tragic friendship with her roommate, Janet Parker, and a moving account of how teenagers approach love and sex for the first time. This edition of *Chocolates for Breakfast* features 16 pages of insights into the book, including author interviews, recommended reading, and more. "Somebody comes into the Zen center with a lighted cigarette, walks up to the Buddha statue, blows smoke in its face, and drops ashes on its lap. You are standing there. What can you do?" This is a problem that Zen Master Seung Sahn is fond of posing to his American students who attend his Zen centers. *Dropping Ashes on the Buddha* is a delightful, irreverent, and often hilariously funny living record of the dialogue between Korean Zen Master Seung Sahn and his American students. Consisting of dialogues, stories, formal Zen interviews, Dharma speeches, and letters using the Zen Master's actual words in spontaneous, living interaction with his students, this book is a fresh presentation of the Zen teaching method of "instant dialogue" between Master and student which, through the use of astonishment and paradox, leads to an understanding of ultimate reality.

The life of Bodhidharma, the founder of Zen Buddhism, has, with the passing of time, been magnified to the scale of myth, turning history into the stuff of legend. Known as the First Patriarch, Bodhidharma brought Zen from South India into China in 500 CE, changing the country forever. In *Tracking Bodhidharma*, Andrew Ferguson recreates the path of Bodhidharma, traveling through China to the places where the First Patriarch lived and taught. This sacred trail takes Ferguson deep into ancient China, and allows him to explore the origins of Chan [Zen] Buddhism, the cultural aftermath that Bodhidharma left in his wake, and the stories of a man who shaped a civilization. *Tracking Bodhidharma* offers a previously unheard perspective on the life of Zen's most important religious leader, while simultaneously showing how that history is relevant to the rapidly developing super-power that is present-day China. By placing Zen Buddhism within the country's political landscape, Ferguson presents the religion as a counterpoint to other Buddhist sects, a catalyst for some of the most revolutionary moments in China's history, and as the ancient spiritual core of a country that is every day becoming more an emblem of the modern era.

Now available for the first time—more than 50 years after it was written—is the memoir of Michael Dillon/Lobzang Jivaka (1915–62), the British doctor and Buddhist monastic novice chiefly known to scholars of sex, gender, and sexuality for his pioneering transition from female to male between 1939 and 1949, and for his groundbreaking 1946 book *Self: A Study in Ethics and Endocrinology*. Here at last is Dillon/Jivaka's extraordinary life story told in his own words. *Out of the Ordinary* captures Dillon/Jivaka's various journeys—to Oxford, into medicine, across the world by ship—within the major narratives of his gender and religious journeys. Moving chronologically, Dillon/Jivaka begins with his childhood in Folkestone, England, where he was raised by his spinster aunts, and tells of his days at Oxford immersed in theology, classics, and rowing. He recounts his hormonal transition while working as an auto mechanic and fire watcher during World War II and his surgical transition under Sir Harold Gillies while Dillon himself attended medical school. He details his worldwide travel as a ship's surgeon in the British Merchant Navy with extensive commentary on his interactions with colonial and postcolonial subjects, followed by his "outing" by the British press while he was serving aboard *The City of Bath*. *Out of the Ordinary* is not only a salient record of an early sex transition but also a unique account of religious conversion in the

mid-twentieth century. Dillon/Jivaka chronicles his gradual shift from Anglican Christianity to the esoteric spiritual systems of George Gurdjieff and Peter Ouspensky to Theravada and finally Mahayana Buddhism. He concludes his memoir with the contested circumstances of his Buddhist monastic ordination in India and Tibet. Ultimately, while Dillon/Jivaka died before becoming a monk, his novice ordination was significant: It made him the first white European man to be ordained in the Tibetan Buddhist tradition. *Out of the Ordinary* is a landmark publication that sets free a distinct voice from the history of the transgender movement.

Presents an eclectic collection of Buddhist-inspired writings on a wide range of issues by such contributors as the Dalai Lama, Karen Miller, Rick Bass, and Thich Nhat Hanh.

Retiring to a seaside cabin near San Francisco, Jack Duloz looks for tranquility, but finds only horror and despair.

A wise, helpful book that provides practical tools for one of modern life's greatest challenges -- Change. True help for everyone -- no matter what difficult or exciting transition you are in! Provides a model based on the four seasons to help align you with natural forces. Using a simple questionnaire, you can discover where you are in your transition process, how to move forward, and how to not get off track. Includes advice for building a strong support network for times of change.

1944 was a troubled and momentous year for Jack Kerouac. In March, his close friend and literary confidant, Sebastian Sampas, lost his life on the Anzio beachhead while serving as a US Army medic. That spring -- still reeling with grief over Sebastian -- Kerouac solidified his friendships with Lucien Carr, William Burroughs, and Allen Ginsberg, offsetting the loss of Sampas by immersing himself in New York's blossoming mid-century bohemia. That August, however, Carr stabbed his longtime acquaintance and mentor David Kammerer to death in Riverside Park, claiming afterwards that he had been defending his manhood against Kammerer's persistent and unwanted advances. Kerouac was originally charged in Kammerer's killing as an accessory after the fact as a result of his aiding Carr in disposing of the murder weapon and Kammerer's eyeglasses. Consequently, Kerouac was jailed in August 1944 and married his first wife, Edie Parker, on the twenty-second of that month in order to secure the money he needed for his bail bond. Eventually the authorities accepted Carr's account of the killing, trying him instead for manslaughter and thus nullifying the charges against Kerouac. At some point later in the year -- under circumstances that remain rather mysterious -- the aspiring writer lost a novella-length manuscript titled *The Haunted Life*, a coming of age story set in Kerouac's hometown of Lowell, Massachusetts. Kerouac set his fictional treatment of Peter Martin against the backdrop of the everyday: the comings and goings of the shopping district, the banter and braggadocio that occurs within the smoky atmospherics of the corner bar, the drowsy sound of a baseball game over the radio. Peter is heading into his sophomore year at Boston College, and while home for the summer in Galloway he struggles with the pressing issues of his day -- the economic crisis of the previous decade and what appears to be the impending entrance of the United States into the Second World War. The other principal characters, Garabed Tourian and Dick Sheffield, are based respectively on Sebastian Sampas and fellow Lowellian Billy Chandler, both of whom had already died in combat by the time of Kerouac's drafting of *The Haunted Life* (providing some of the impetus for its title). Garabed is a leftist idealist and poet, with a pronounced tinge of the Byronic. Dick is a romantic adventurer whose wanderlust has him poised to leave Galloway for the wider world -- with or without Peter. *The Haunted Life* also contains a compelling and controversial portrayal of Jack's father, Leo Kerouac, recast as Joe Martin. Opposite of Garabed's progressive, New Deal perspective, Joe is a right-wing and bigoted populist, and an ardent admirer of radio personality Father Charles Coughlin. The conflicts of the novella are primarily intellectual, then, as Peter finds himself suspended between the differing views of history, politics, and the world embodied by the other three characters, and struggles to define what he believes to be intellectually true and worthy of his life and talents. *The Haunted Life*, skillfully edited by University of Massachusetts at Lowell Assistant Professor of English Todd F. Tietchen, is rounded out by sketches, notes, and reflections Kerouac kept during the novella's composition, as well as a revealing selection of correspondence with his father, Leo Kerouac.

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