

Descargar Libros Para Dummies Gratis Torrent

Philosophy For Dummies is a complete crash-course in philosophical thought, covering key philosophers, philosophical history and theory and the big questions that affect us today. Tying in with standard UK curricula and including core topics such as logic, ethics and political philosophy, this impartial, expert guide cuts through the jargon to give you the facts.

The fun and easy way to get down to business with statistics Stymied by statistics? No fear? this friendly guide offers clear, practical explanations of statistical ideas, techniques, formulas, and calculations, with lots of examples that show you how these concepts apply to your everyday life. Statistics For Dummies shows you how to interpret and critique graphs and charts, determine the odds with probability, guesstimate with confidence using confidence intervals, set up and carry out a hypothesis test, compute statistical formulas, and more. Tracks to a typical first semester statistics course Updated examples resonate with today's students Explanations mirror teaching methods and classroom protocol Packed with practical advice and real-world problems, Statistics For Dummies gives you everything you need to analyze and interpret data for improved classroom or on-the-job performance. Discusses wine vintages and provides advice on how to sample various types of wines, how to select the right wine, how to judge a wine by its label, how to serve and store it, and how to distinguish good wine from bad.

Trusted advice on finding a coach and getting more out of life Life coaching is a popular, though unregulated, personal development tool. This no-nonsense guide debunks the myths behind life coaching and gives expert advice on incorporating it into daily life. Whether readers want to self-coach or work with a professional, this savvy resource provides essential tips on getting priorities straight, being more productive, and achieving goals. Jeni Mumford (London, UK) is a qualified personal life coach and an accredited NLP practitioner.

Boost your self-esteem and truly believe that you are perfectly awesome Looking to get your hands on some more self-esteem? You're not alone. Thankfully, Self-Esteem For Dummies presents clear, innovative, and compassionate methods that help you identify the causes of low self-esteem—as well the lowdown on the consequences. Packed with trusted, hands-on advice to help you improve your overall self-worth, Self-Esteem For Dummies arms you with the proven tools and techniques for learning how to think and behave with more self-assurance at work, in social situations, and even in relationships. Self-esteem is shaped by your thoughts, relationships, and experiences. When you were growing up, your successes, failures, and how you were treated by your family, teachers, coaches, religious authorities, and peers determined how you feel about yourself. But you can shift your thinking and reclaim your self-worth with the help of Self-Esteem For Dummies. Helps you understand the ranges of self-esteem and the benefits of promoting self-esteem Arms you with the tools to learn how to think and behave with more self-assurance Covers the importance of mental wellbeing, assertiveness, resilience, and more Shows you how to improve your self-image, increase personal power, and feel better about yourself If you're looking to boost your sense of self-worth, Self-Esteem For Dummies sets you on the path to a more confident, awesome you.

Macs Para Dummies John Wiley & Sons

Logic concepts are more mainstream than you may realize. There's logic every place you look and in almost everything you do, from deciding which shirt to buy to asking your boss for a raise, and even to watching television, where themes of such shows as CSI and Numbers incorporate a variety of logistical studies. Logic For Dummies explains a vast array of logical concepts and processes in easy-to-understand language that make everything clear to you, whether you're a college student or a student of life. You'll find out about: Formal Logic Syllogisms Constructing proofs and refutations Propositional and predicate logic Modal and fuzzy logic Symbolic logic Deductive and inductive reasoning Logic For Dummies tracks an introductory logic course at the college level. Concrete, real-world examples help you understand each concept you encounter, while fully worked out proofs and fun logic problems encourage you students to apply what you've learned.

Contiene nueva información sobre la diabetes tipo 2 en los niños "Un libro magníficamente escrito y el amigo de todas las personas con diabetes y sus familias." —Dr. Michael D. Goldfield No se conforme sólo con sobrevivir, ¡tríunfe! Desde las causas, los síntomas y los efectos secundarios de los medicamentos, la dieta y los ejercicios, esta guía ofrece excelentes consejos sobre cómo controlar la diabetes, mante-nerse en buena forma física y sentirse fabulosamente bien. Usted recibirá una cobertura actualizada de los más recientes tratamientos para la diabetes, los medidores de glucosa más modernos, así como de intercambios de alimentos y deliciosas recetas creadas por chefs de primera. Palabras de elogio para Diabetes Para Dummies "Lleno de ingenio y sabiduría, con este libro aprenderá los Diez Mandamientos del Cuidado de la Diabetes, que pueden ayudarle a añadir años a su vida . . . y vida a sus años." —Dr. Joel Goodman, Director, The HUMOR Project, Inc. "No es de sorprender que Alan Rubin tenga un vasto conocimiento sobre la diabetes. Lo sorprendente . . . es lo bien que sabe transmitirlo." —Rick Mendosa, periodista especializado en diabetes "Esta animada y lúcida guía le proporcionará toda la información que usted necesita para saltar de las profundidades de su desconocimiento sobre la diabetes a la cima de la comprensión." —June Biermann y Barbara Toohey, Fundadoras y Editoras Jefas de www.diabetes.com

Convertir la dieta y los ejercicios en parte de su tratamiento Asegurarse de que le indiquen todos los exámenes que necesita Evitar las complicaciones a largo plazo Estar al corriente de los adelantos en el diagnóstico y el tratamiento de la diabetes Hacerse de un equipo de apoyo These compact magnetic books, based on the popular For Dummies series, deliver concise information in a handy, portable package no larger than a credit card. The innovative design allows the book to fold out to provide 26 pages of useful facts, figures, trivia, and other essential information. The colorful pages are waterproof, tear-proof, and deliver a treasure trove of advice and tips in a guide that slips easily into a pocket, briefcase, or purse. These practical companions also feature a convenient magnetic backing which is great for vanities and medicine cabinets. Maintaining and preserving healthy skin is made possible with the tips in this guide that also addresses how to improve not-so-perfect skin.

The author of the acclaimed New York Times bestsellers The Seven Spiritual Laws of Success and Ageless Body, Timeless Mind now presents a guide to using spiritual alchemy for awakening the magic in everyday life.

Profitable ideas and techniques for advertising on Facebook Tap into the explosive growth of social media and reach your customers with effective Facebook advertising campaigns and savvy insights into how to use this social media phenomenon effectively. It's all here and more in this detailed, easy-to-follow guide from two award-winning marketers. You'll learn what makes a good Facebook ad, how to apply the latest strategies and tactics for effective pay-per-click and cost-per-impression advertising, how to test your ad results, and much more.

Explores Facebook advertising inside and out; there are now more than 400 million active Facebook users and over 1.6 million active Pages on Facebook Works as an all-around, hands-on guide for both experienced and new Facebook advertisers Walks you through planning and creating an advertising campaign Explains writing effective ad copy, how to use landing pages, and how to test and optimize your ads Shows you how to use Facebook Insights to understand your results and how to create reports that analyze data Put your company's best face forward with the sound advertising tips and techniques in Facebook Advertising For Dummies.

Explore effective ways to manage anxiety Understand and challenge your anxious thinking Make meaningful life changes Manage anxiety—and start living your life! If you feel like your life is spinning out of control, you're definitely not alone! While anxiety is a natural reaction to stress, for some of us, it can become all-consuming—and ultimately debilitating. Thankfully, there is plenty you can do to combat anxiety with the help of this approachable guide. Inside, find out how adopting proven techniques like pinpointing triggers, improving health and eating habits, and learning to let go can help you effectively and deliberately manage your worries—and take back control of your life. Inside... Recognize symptoms Know useful vs. toxic anxiety Examine the causes of your anxiety Develop the practice of mindful acceptance Help your kids with their anxiety Block the blues Face your fears Adopt anxiety-reducing habits Improve the writing and speaking skills you use everyday Graceless with grammar? Perplexed by punctuation? Have no fear! This second Australian edition of English Grammar For Dummies explains everything from basic sentence structure to the finer points of grammar. Packed with expert advice, this book will help you to communicate more effectively and make the right impression every time. Structure sentences correctly — learn everything from making verbs agree to understanding clauses Avoid and fix common mistakes — find out how to revise the things your grammar checker underlines Punctuate like a professional — explore the correct use of commas, apostrophes, colons, semicolons and dashes Polish your writing style — discover how good grammar and good style go hand in hand Open the book and find: Ways to accessorise with adjectives and adverbs Tips for pairing the correct pronoun with the noun Advice about how to use numerals in documents Hints for writing emails and slide presentations Explanations of errors missed by spell checkers Learn to: Improve your writing and editing Understand and apply grammar rules Avoid common errors Connect grammar with style

When is a building just a building and when is it art? This accessible guide cuts through the jargon and clearly explains the essentials of architecture, demystifying the incredible ways in which structures and spaces come alive. You'll gain a real appreciation for architecture and the confidence to talk about it—even to an architect. Just the essential information for readers on the go who want to understand architecture. Covers the highlights of architectural history, from the Great Pyramids to Frank Gehry's Guggenheim museum in Bilbao. Explains how to look at a building and appreciate it. Explains when a building's a building and when it's art. Part of Tens includes Ten Great Architectural Masterpieces, Ten Biggest Architectural and Engineering Failures, Ten of the Most Interesting Architects Working Today, and more.

Get to know what Formula One racing is all about This book delves into the strategy, technology, and spirit needed to win a Formula One race. Every angle of a race weekend is covered in detail, from scrutineering to pitstops to podium. You'll also read about the rivalries and politics that have turned the sport into a global televised drama. Illustrated with black and white photographs, Formula One Racing For Dummies will serve the die-hard spectator or armchair fan alike. Discover how to: Identify race strategies Understand the role of each team member Master the latest rules and regulations Appreciate a Formula One car's cutting-edge design Enjoy Formula One from the stands and on TV The Dummies Way Explanations in plain English "Get in,

get out" information Icons and other navigational aids Tear-out cheat sheet Top ten lists A dash of humour and fun

The popular guide-over 80,000 copies sold of the first edition-now revised and enhanced with an audio CD of guided meditations According to Time magazine, over 15 million Americans now practice meditation regularly. It's a great way to reduce stress, increase energy, and enjoy better health. This fun and easy guide has long been a favorite with meditation newcomers. And now it's even better. For this new edition, author Stephan Bodian has added an audio CD with more than 70 minutes of guided meditations that are keyed to topics in the book, from tuning in to one's body, transforming suffering, and replacing negative patterns to grounding oneself, consulting the guru within, and finding a peaceful place. The book also discusses the latest research on the health benefits of meditation, along with new advice on how to get the most out of meditation in today's fast-paced world. Stephan Bodian (Fairfax, CA and Sedona, AZ) is a licensed psychotherapist and the former editor-in-chief of Yoga Journal. He has written for Fitness, Alternative Medicine, Cooking Light, and Tricycle and is the coauthor of Buddhism For Dummies (0-7645-5359-3).

Don't just survive - thrive! That's the message of this state-of-the-art guide to diabetes management. From causes, symptoms and side effects to treatments and diet, this book will help British diabetics understand all types of diabetes and delivers sound advice on staying fit and feeling great. The best-selling second edition has been updated to cover key information on managing pre-diabetes, plus new content on screening tests, medications and lifestyle advice. With additional information on the latest advances in therapy for diabetes and its complications, this new edition will make sure you're covered from every aspect.

Choose the settings that make your digital photos better Can't wait to see what you and your digital camera can do? Packed with examples of what you can accomplish, this book gives you the inside scoop on camera features, setting up shots, downloading your photos, and a whole lot more! Open the book and find: Basic camera settings and digital photo file formats When to use your camera's flash Tips for composing good pictures How to transfer photos from your camera to your computer How automatic scene modes simplify photo taking

Russian is spoken by nearly 450 million people, and demand for Russian-speakers is growing. This introductory course includes an audio CD with practice dialogues-just the ticket for readers who need basic Russian for business, school, or travel. Serafima Gettys, PhD (Newark, CA), is Coordinator of the Foreign Language Program at Lewis University. Andrew Kaufman, PhD (Charlottesville, VA), is a Visiting Assistant Professor at the University of Virginia. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

Why do some people achieve greater success and happiness than others? The key is positive psychology. For most of its history, psychology has focused mainly on the darker side of human behaviour - depression, anxiety, psychosis and psychopathic behaviour. In 1998, Martin Seligman became president of the American Psychological Association and inspired a movement to focus on the positives in human behaviour. Positive Psychology For Dummies: Taps into the burgeoning media focus on happiness and positive mental attitude Provides key information on the origins, theory, methods, practitioners and results of positive psychology Demonstrates how to understand what

makes you tick, how to hone positive emotions and how to use positive philosophy for success in both your personal and working lives. Is perfect for a wide audience, from those wanting to get more out of their life, to psychology students or counsellors About the author Gladeana McMahon is co-author of Performance Coaching For Dummies. She is regarded as one of the UK's top ten coaches. Averil Leimon is co-author of Performance Coaching For Dummies. She is a business psychologist and a leading UK leadership coach.

German For Dummies uses the renowned Berlitz approach to get you up and running with the language - and having fun too! Designed for the total beginner, this guide - with dialogue and pronunciation audio CD included - introduces you to basic grammar, then speedily have you talking about: Dining out; Shopping; The office; Planning a trip; Recreation; Partying; Trains, planes, and automobiles. Table of contents· Getting Started· German in Action· German on the Go· The Part of Tens

If history scares you or bores you silly, that's probably because a teacher once required you to memorize a bunch of dates – when things like the Magna Carta and the Versailles Treaty were signed, for example. Admittedly, dates are a big part of history, but only because historical events happened in a certain order. If Columbus hadn't sailed the ocean blue in fourteen hundred and ninety-two, the Mayflower Pilgrims might not have looked west for a place to practice their Puritan religion almost 130 years later. The eventual outcome? No day-after-Thanksgiving mob scenes at the mall. So you may be asking, "How can a 330-page book cover the complete history of the world?" The short answer is that it can't. To cover thousands of years in one book would be impossible. What is possible is a skimming of the surface of world history, which is what you'll find in World History For Dummies. This book provides a fun and friendly overview of the history of the world, providing glimpses into the major players and events that have made the world what it is today. Because the history of the world is such a grand topic, a comprehensive list of what you'll find in World History For Dummies would be almost as long as the book itself. So here are a few highlights to pique your interest: Discover how to look at history from the historian's perspective Becoming civilized: The invention of writing and art Scientific developments that revolutionized the world Building empires: From Rome to Russia War and peace (no, not the Tolstoy novel) The development of the world's religions Overviews of the essential historical documents that you must know – from the Bible to the Bill of Rights Anyone with at least a passing interest in history can find value in World History For Dummies – whether you're a student or a teacher in need of a broad historical overview, a history buff looking for new fascinating areas of interest, or if you just want to be the best darned Trivial Pursuit player in your neighborhood!

Benefit from the ancient Chinese art of Feng Shui Take a look around you. What do you see? Whether or not you're aware of it, your environment profoundly affects your health, wealth, family life, relationship, and yes, even your destiny. Feng Shui (pronounced fung shway), which means wind water, is the ancient Chinese study of harmony and energy flow between you and your physical

surroundings. Now, *Feng Shui For Dummies, 2nd Edition* shows you how you can apply Feng Shui principles to your home (inside and out) and workplace (from window office to cubicle) in order to achieve a better life. Principles are explained in an easy-to-understand language. Practical tips show you how to incorporate the traditions of Feng Shui to your everyday life. Before-and-after illustrations and full-color photos of real-life Feng Shui makeovers in an all-new 8-page color insert. Free of technical jargon and brimming with practical tips and advice, *Feng Shui For Dummies* shows you how to feel and access the energy of your environment and create harmony and happiness in your life. *Feng Shui For Dummies* (9781119643166) was previously published as *Feng Shui For Dummies* (9780470769324). While this version features a new Dummies cover and design, the content is the same as the prior release and should not be considered a new or updated product.

Your quick and easy guide to chess Kings, queens, knights—does chess seem like a royal pain to grasp? Taking the intimidation out of this age-old pastime, *Chess For Dummies, 4th Edition* is here to help beginners wrap their minds around the rules of the game, make sense of those puzzling pieces, and start playing chess like a champ. From using the correct chess terminology to engaging in the art of the attack, you'll get easy-to-follow, step-by-step explanations that demystify the game—and give you an extra edge. Chess isn't a game you can master—it's an activity that requires patience, strategy, and constant learning. But that's all part of the fun and challenge! Whether you're playing chess online, in a tournament, or with a family member or friend, this hands-on guide gets you familiar with the game and its components, giving you the know-how to put the principles of play into action from the opening to the endgame. Grasp the principles of play and the nuances of each phase of the game Familiarize yourself with the pieces and the board Pick the perfect chess board and set Know each of the pieces and their powers If you find yourself in a stalemate before you even begin a game, this friendly book helps you put your chess foot forward!

Let's face it – in the music world, guitars set the standard for cool. Since the 1950s, many of the greatest performers in rock 'n' roll, blues, and country have played the guitar. Playing electric guitar can put you out in front of a band, where you're free to roam, sing, and make eye contact with your adoring fans. Playing acoustic guitar can make you the star of the vacation campfire sing-along or allow you to serenade that special someone. And playing any kind of guitar can bring out the music in your soul and become a valued lifetime hobby. *Guitar For Dummies* delivers everything the beginning to intermediate guitarist needs. The information has been carefully crafted so that you can find exactly what you want to know about the guitar. This clearly written guide is for anyone who wants to know how to Strum basic chords and simple melodies Expand your range with advanced techniques Play melodies without reading music Choose the right guitar Tune, change strings, and make simple repairs Figure out how to play

anything from simple chord progressions to smokin' blues licks. *Guitar For Dummies* also covers the following topics and more: Hand position and posture
Basic major and minor chords Adding spice with basic 7th chords and barre chords
Playing melodies in position and in double-stops Different styles including rock, blues, folk, and classical
Buying a guitar and accessories Taking care of your guitar *Guitar For Dummies* also contains a play-along audio CD that contains all 97 songs and exercises from the book. Whether you're contemplating a career as a heavy metal superstar or you just want to strum a few folk songs for your friends, this friendly book-and-CD package makes it easy to pick up the guitar and start playing. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

Understand why you feel and act the way you do *Psychology For Dummies* is a fun, user-friendly guide to the basics of human behavior and mental processes. In plain English—and using lots of everyday examples—psychologist Dr. Adam Cash cuts through the jargon to explain what psychology is all about and what it tells you about why you do the things you do. With this book as your guide, you'll: gain profound insights into human nature; understand yourself better; make sense of individual and group behaviors; explore different approaches in psychology; recognize problems in yourself and others; make informed choices when seeking psychological counseling; and much more. Shows you how understanding human psychology can help you make better decisions, avoid things that cause stress, manage your time to a greater degree, and set goals
Helps you make informed choices when seeking psychological counseling Serves as an invaluable supplement to classroom learning From Freud to forensics, anorexia to xenophobia, *Psychology For Dummies* takes you on a fascinating journey of self-discovery.

The most essential information for both potential cat owners and feline fanatics. Find out how to choose, housebreak, groom, and even travel with your feline friend.

Turn thoughts into positive action with neuro-linguistic programming Neuro-linguistic programming (NLP) has taken the psychology world by storm. So much more than just another quick-fix or a run-of-the-mill self-help technique, NLP shows real people how to evaluate the ways in which they think, strategize, manage their emotional state and view the world. This then enables them to positively change the way they set and achieve goals, build relationships with others, communicate and enhance their overall life skills. Sounds great, right? But where do you begin? Thankfully, that's where this friendly and accessible guide comes in! Free of intimidating jargon and packed with lots of easy-to-follow guidance which you can put in to use straight away, *Neuro-linguistic Programming For Dummies* provides the essential building blocks of NLP and shows you how to get to grips with this powerful self-help technique. Highlighting key NLP topics, it helps you recognize and leverage your psychological perspective in a positive fashion to build self-confidence, communicate effectively

and make life-changing decisions with confidence and ease. Includes updated information on the latest advances in neuroscience Covers mindfulness coaching, social media and NLP in the digital world Helps you understand the power of communication Shows you how to make change easier If you're new to this widely known and heralded personal growth technique—either as a practitioner or homegrown student—Neuro-linguistic Programming For Dummies covers everything you need to benefit from all it has to offer.

Many people are mortified by their flirting skills and get flustered when dealing with people they're attracted to. This easy-to-follow manual to mastering the art of flirting offers indispensable advice on working the dating scene and reinvigorating your love life. Exploring key areas including listening and communication skills, body language and self-image, Flirting For Dummies provides readers with all the tools they need to boost their self-confidence and engage with people in a natural and charming way. Flirting For Dummies: Features black and white photographs to provide examples of flirting in action Gives advice on getting to grips with flirting basics and how to get noticed Covers how to develop a killer rapport with body language Provides advice on taking the next step Gives 'Top Ten' tips such as opening lines and flirting faux pas About the author Elizabeth Clark is a renowned flirting and charisma expert. She has featured on ITV's Des & Mel, BBC Breakfast, and in a host of radio shows and press articles. Elizabeth is the founder of Rapport Unlimited- a company specialising in presentation skills training and keynote speaking.

Traveling in a foreign country such as Russia suddenly becomes a lot more exciting when you can engage in elegant small talk with the locals. Russian Phrases For Dummies is your handy guide to everyday words and phrases you can start using immediately to make your visit more rewarding and a whole lot easier. This user-friendly phrasebook will jump-start your comprehension and have you speaking basic Russian in no time. Its quick-and-easy approach gives you language fundamentals up front, the Words to Know section helps you find the right word fast, and the easy-to-use pronunciation key helps other people understand what you're trying to say. You'll learn how to: Get directions, shop, and eat out Talk numbers, dates, and time Chat about family and work Discuss sports and the weather Deal with problems and emergencies Pronounce familiar English words and phrases in Russian and English Beware of words that sound to English but don't mean the same thing Read signs that use the Russian alphabet Follow the conventions of Russian pronunciation Use basic Russian grammar correctly Keep ten commonly used Russian phrases on the tip of your tongue Use basic telephone vocabulary and send letters, emails, and faxes Don't have time to study the language before you get to Russia? No worries. Just flip through Russian Phrases For Dummies, find the section that fits your needs, and start talking!

The 10th edition of Elementary Differential Equations and Boundary Value Problems, like its predecessors, is written from the viewpoint of the applied

mathematician, whose interest in differential equations may sometimes be quite theoretical, sometimes intensely practical, and often somewhere in between. The authors have sought to combine a sound and accurate exposition of the elementary theory of differential equations with considerable material on methods of solution, analysis, and approximation that have proved useful in a wide variety of applications. While the general structure of the book remains unchanged, some notable changes have been made to improve the clarity and readability of basic material about differential equations and their applications. In addition to expanded explanations, the 10th edition includes new problems, updated figures and examples to help motivate students. The book is written primarily for undergraduate students of mathematics, science, or engineering, who typically take a course on differential equations during their first or second year of study. WileyPLUS sold separately from text.

Master the programming language of choice among statisticians and data analysts worldwide Coming to grips with R can be tough, even for seasoned statisticians and data analysts. Enter R For Dummies, the quick, easy way to master all the R you'll ever need. Requiring no prior programming experience and packed with practical examples, easy, step-by-step exercises, and sample code, this extremely accessible guide is the ideal introduction to R for complete beginners. It also covers many concepts that intermediate-level programmers will find extremely useful. Master your R ABCs ? get up to speed in no time with the basics, from installing and configuring R to writing simple scripts and performing simultaneous calculations on many variables Put data in its place ? get to know your way around lists, data frames, and other R data structures while learning to interact with other programs, such as Microsoft Excel Make data dance to your tune ? learn how to reshape and manipulate data, merge data sets, split and combine data, perform calculations on vectors and arrays, and much more Visualize it ? learn to use R's powerful data visualization features to create beautiful and informative graphical presentations of your data Get statistical ? find out how to do simple statistical analysis, summarize your variables, and conduct classic statistical tests, such as t-tests Expand and customize R ? get the lowdown on how to find, install, and make the most of add-on packages created by the global R community for a wide variety of purposes Open the book and find: Help downloading, installing, and configuring R Tips for getting data in and out of R Ways to use data frames and lists to organize data How to manipulate and process data Advice on fitting regression models and ANOVA Helpful hints for working with graphics How to code in R What R mailing lists and forums can do for you

Explore techniques that develop your rhythm Learn the tips and tricks of different drumming styles Follow the steps to set up and tune a drum kit Dreaming of drumming? Here's where to start! Do you find yourself tapping on the tabletop whenever music plays? It's time to turn table-drumming into the real thing. The simple, easy-to-follow advice in this book gets you going, whether your goal is to

start a band or just to play for your own enjoyment. Conquer the basics of the drums while you discover the different rhythms of rock, blues, Latin, and other music styles. You'll also find advice on playing other percussion instruments, buying and maintaining a drum set, performing for an audience, and much more. Inside... Begin with basic rhythms Learn fundamental techniques Choose the perfect drum set Find out how to tune drums Explore rhythms from around the world Discover how drums are used in different musical styles

Si siempre has estado interesado en el cuerpo humano este es el libro indicado para empezar a conocerlo. Se trata de una completa introducción a la anatomía y la fisiología del cuerpo humano, que incluye las funciones corporales, su estructura y organización, los componentes de los sistemas del organismo y cómo interactúan, explicaciones de los términos científicos e incluso cómo el cuerpo desarrolla una enfermedad y la combate, entre otros muchos aspectos. Al no tener el mismo grado de detalle técnico que un libro de texto se hace más ameno y entretenido. Además, este libro supone un recurso ideal para complementar un curso de anatomía y fisiología tanto a nivel de secundaria como universitario.

The fun and easy way to take your Italian language skills to the next level The tips, techniques, and information presented here give students, travelers, and businesspeople a primer on how to speak Italian. Complete with updates, a bonus CD, and the traditional For Dummies user-friendly format, this new edition of Italian For Dummies gives you reliable lessons, practice, and language learning techniques for speaking Italian with ease and confidence. Featuring a revamped, user-friendly organization that builds on your knowledge and ability, Italian For Dummies offers expanded coverage of the necessary grammar, major verb tenses, and conjugations that beginners need to know. Plus, you'll get a fully updated and expanded audio CD that includes real-life conversations; a refreshed and expanded mini-dictionary; more useful exercises and practice opportunities; and more. Builds on your skills and ability as you learn Covers the grammar, verb tenses, and conjugations you need to know Includes a mini-dictionary Audio CD includes real-life conversations If you're looking to reach a comfort level in conversational Italian, Italian For Dummies gets you comfortably speaking this Romantic language like a native.

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