

## Dear Katie Real Advice On Real Life Problems With Expert Tips

#1 NEW YORK TIMES BESTSELLER • WILLIAM C. MORRIS AWARD FINALIST • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME After a traffic stop turns violent at the hands of the police, a young Black teen grapples with racism—and what it means for his future. Critically acclaimed author Nic Stone boldly tackles America's troubled history with race relations in her gripping debut novel. "Raw and gripping." –JASON REYNOLDS, #1 New York Times bestselling co-author of *Stamped: Racism, Anti-Racism, and You* Justyce is a good kid, an honor student, and always there to help a friend—but none of that matters to the police officer who just put him in handcuffs without cause. When faced with injustice, Justyce looks to the teachings of Dr. Martin Luther King Jr. for answers. But do they hold up anymore? He starts a journal to Dr. King to find out. Then comes the day Justyce and a friend spark the fury of an off-duty cop. Words fly, shots are fired, and the boys get caught in the crosshairs. But in the media fallout, it's Justyce who is under attack. "A must-read!" –ANGIE THOMAS, #1 New York Times bestselling author of *The Hate U Give* "Powerful, wrenching." –JOHN GREEN, #1 New York Times bestselling author of *Turtles All the Way Down*

A collection of literary letters and mementos on the art of remembering across generations. For poet Victoria Chang, memory "isn't something that blooms, but something that bleeds internally." It is willed, summoned, and dragged to the surface. The remembrances in this collection of letters are founded in the fragments of stories her mother shared reluctantly, and the silences of her father, who first would not and then could not share more. They are whittled and sculpted from an archive of family relics: a marriage license, a letter, a visa petition, a photograph. And, just as often, they are built on the questions that can no longer be answered. *Dear Memory* is not a transcription but a process of simultaneously shaping and being shaped, knowing that when a writer dips their pen into history, what emerges is poetry. In carefully crafted missives on trauma and loss, on being American and Chinese, Victoria Chang shows how grief can ignite a longing to know yourself. In letters to family, past teachers, and fellow poets, as the imagination, *Dear Memory* offers a model for what it looks like to find ourselves in our histories.

The debut novel from the author of the popular memoir *Never Have I Ever*. College junior Harriet, the anonymous creator of the advice column *Dear Emma*, imparts weekly wisdom to the students around her struggling with relationships, academics, and existential crises. But her own life isn't in such great shape, especially since her Spanish Civilization classmate and crush Keith has gone radio silent on her. When she learns that Keith is dating beautiful and brilliant Remy, the girl she's started sharing a library work-study shift with, she immediately decides that her new coworker is the enemy. But just as Harriet begins to warm to her despite herself, the enemy gives *Dear Emma* an opportunity to change the course of her relationship with Keith. As Harriet ponders the power her column holds in her own life, she begins to wonder if it's worth losing a new friendship just to get back at Keith.

Challenging perceptions of discrimination and prejudice, this emotionally resonant drama for readers of Lisa Wingate and Jodi Picoult explores three different women navigating challenges in a changing school district—and in their lives. WINNER OF THE CHRISTY AWARD® When an impoverished school district loses its accreditation and the affluent community of Crystal Ridge has no choice but to open their school doors, the lives of three very different women converge: Camille Gray--the wife of an executive, mother of three, long-standing PTA chairwoman and champion fundraiser--faced with a shocking discovery that threatens to tear her picture-perfect world apart at the seams. Jen Covington, the career nurse whose long, painful journey to motherhood finally resulted in adoption but she is struggling with a happily-ever-after so much harder than she anticipated. Twenty-two-year-old Anaya Jones--the first woman in her family to graduate college and a brand new teacher at Crystal Ridge's top elementary school, unprepared for the powder-keg situation she's stepped into. Tensions rise within and without, culminating in an unforeseen event that impacts them all. This story explores the implicit biases impacting American society, and asks the ultimate question: What does it mean to be human? Why are we so quick to put labels on each other and categorize people as "this" or "that", when such complexity exists in each person?

"A very valuable and practical guide for any woman who has lost her husband due to an untimely death. Kristin Meekhof's journey is both inspiring and courageous and something we can all learn from." —Dr. Deepak Chopra An inspiring, accessible, and empowering guide for how to navigate the unique stresses and challenges of widowhood and create a hopeful future. When Kristin Meekhof lost her husband to cancer, she discovered what all widows learn: the moment you lose your partner, you must make crucial decisions that will impact the rest of your life. But where do you begin? This inspiring book shows grieving widows what to expect and how to deal with the challenges of losing a life partner. From immediate issues like finances, estates and medical bills to long-term hurdles such as single parenthood, being a widow in the workplace and navigating social situations by yourself, this book guides widows through the tumultuous and painful first five years to a more hopeful future.

'A wonderfully useful book, told with wit and wisdom' - Adam Kay, best-selling author of *THIS IS GOING TO HURT* "Get up or you'll miss the best part of the day!" "You treat this place like a hotel." "Can you just put that phone down for one minute?!" After years of reliable performance, has something recently gone wrong with your parents? Do you find yourself stressed out, arguing about the most ridiculous things? Is it like you're processing the same world with entirely different brains? Do you and your parents want to fix things? There are hundreds of books for them about how to deal with you. Now, for the first time, doctor of brains and international bestselling author, Dean Burnett has written a book for YOU to understand just what on earth is going on. Like, just WHY are your parents: - Obsessed with tidiness - Not letting you get enough sleep - Just generally not getting anything that's important to you! But don't worry. These are very normal parent malfunctions, and by understanding the science behind where they're coming from, you'll know exactly how to troubleshoot conflict when it occurs (and even fix it before it does). You'll never be able to remove arguments completely.

But imagine what you'd be capable of if you weren't wasting all that time and energy arguing about tidying your room. #1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Look for Brené Brown's new podcast, Dare to Lead, as well as her ongoing podcast Unlocking Us! NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 50 companies all ask the same question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read Daring Greatly and Rising Strong or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership.

There is always hope, even when we cannot seem to seek it within ourselves. From the best advice you'll ever get to the joy of crisps, the 101 brilliant contributors to The Book of Hope will help you to find hope whenever you need it most. Award-winning mental health campaigner Jonny Benjamin, MBE, and co-editor Britt Pflüger bring together people from all walks of life – actors, musicians, athletes, psychologists and activists – to share what gives them hope. These 101 key voices in the field of mental health, from the likes of Lemn Sissay, Dame Kelly Holmes, Frank Turner and Zoe Sugg, to Joe Tracini, Elizabeth Day, Hussain Manawer and Joe Wicks, share not only their experiences with anxiety, psychosis, panic attacks and more, but also what helps them when they are feeling low. This joyful collection is a supportive hand to anyone looking to find light on a dark day and shows that, no matter what you may be going through, you are not alone. Jonny Benjamin is known for his book and documentary film, The Stranger on the Bridge, which fought to end stigma around talking about mental health, suicidal thoughts and schizoaffective disorder. When his campaign to find the man who prevented him from taking his own life went viral, Jonny was one of a wave of new figures lifting the lid on mental health struggles. In this book, he brings together a range of voices to speak to the spectrum of our experiences of mental health and the power of speaking up and seeking help.

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this "vital, necessary, and beautiful book" (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and "allows us to understand racism as a practice not restricted to 'bad people' (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

"A practical, fascinating, and funny guidebook. I've already begun applying hints from Improvisation for the Spirit, and I'm hoping that from now on, when people point and laugh at me, it will be for more appropriate reasons. A delightful read, filled with wonderful strategies." - Martha Beck, Life Coach Columnist for O, The Oprah Magazine, and author of Steering by Starlight Wish you could gag your Inner Critic? Feeling blocked creatively? Want to make a big change, but fear taking the leap? Comedy improv requires quick thinking, collaboration, getting out of your own way, and being in the moment without being a perfectionist. Katie Goodman, an internationally touring improv comedian and comedy writer, uses her witty and encouraging style to show you how to acquire the skills of improv comedy and apply them to every aspect of daily life. Along the way Goodman shares hilarious and insightful stories from her experiences onstage, as well as step-by-step exercises from her popular self-discovery workshops and retreats. Packed with creative, original, and, most importantly, fun exercises, Improvisation for the Spirit offers a truly transformational guide for anyone wanting to get more out of life. "Bottom line: Katie is funny. She teaches you to live your life like an improv scene - no fear and fully committed." - Wayne Brady, improv comedian, Whose Line Is It Anyway? and Don't Forget the Lyrics "Katie Goodman's writing flows and then jumps with anecdotes and prescriptions for finding courage. Fun to read, hard to put down." - Lesley Stahl, 60 Minutes "If you feel that something is holding you back, that the life you are meant to live is out there somewhere if only you could find it, then this book should go straight to the top of your reading list." - Carl Honore, author of In Praise of Slowness and Under Pressure

Seventeen-year-old Mina isn't the sort of girl to believe in magic, or knights on white horses - or love at first sight. That's all the nonsense of childish fairy tales, and with her exams looming it's time to put her childhood behind her. But when the mysterious and handsome Blake Beldevier arrives at college, Mina finds her whole world turning upside down. Transported into a world belonging to a time of myths and legends, Mina discovers the terrifying truth behind the fairy tale. And waiting for her, is Morgan Le Fay the wickedest witch of all.

The 2:45 A.M. alarm was always going to have a shelf life. Katie had an existence that looked great on paper with a big market on-air TV career. But out of the public view, she was miserable. No one else was going to fix her situation. In *My Happy Place*, Katie lays out her DIY roadmap to authentic personal bliss: how she self-audited and beat down roadblocks to actualize her most joyous path, plus her practical steps to ensure the good times keep rolling. A relatable, hopeful memoir/how-to hybrid, *My Happy Place* is for all the people-pleasers trying to take back control of their own lives. "Katie's writing is so authentic, you don't even feel like you're reading. You feel like you're part of a great conversation. Be ready to cry a little and laugh a LOT. *My Happy Place* is both painful and uplifting, and filled with practical advice to find your own joy." - Chris Jansen, Head of U.S. News and Publishing, Google "My Happy Place is an entertaining, fun, and relatable read that shows what can happen when you bet on yourself and conquer the self-doubt nonsense that holds you back." - Christine Hunsicker, Founder and CEO of CaaStle and Gwynnie Bee, star of *Project Runway: Fashion Startup* "Success is so much more than a paycheck. For each of us to be truly happy, our work and lives need to strike a better balance. Katie's powerful story proves the mainstream American concept of living the dream isn't necessarily everyone's ideal." - Alejandro Bedoya, Professional Soccer Player, Philadelphia Union Captain, U.S. Men's National Team "Katie's book is inspiring, relatable, humorous and a breath of fresh air! This is a wonderful book that will motivate you as well!" - Dr. Jennifer Caudle, Family Physician, TV Health Expert, Associate Professor, Rowan University

Every churchgoer knows about Martin Luther, the rumbustious leader of the Reformation, but few realise the influence that his wife had on his ministry. Early in his personal reformation Luther became convinced that there was no reason why parish priests should not marry, if they preferred it, but he did not feel inclined to break his clerical oath himself. That was until he met Catherine von Bora. Catherine was the leader of a daring breakout from a convent reserved for nuns of noble birth. At first Luther was a little afraid of her but they married two years later on the 13th June 1525. She prolonged Luther's life by protecting him from the reckless overwork to which he subjected himself. She made the garden of the unfinished Augustine Convent that was her home, profitable - keeping pigs, cows and chickens. She took over three other gardens and planted fruit trees and started small scale farming. She made her home a haven of rest for the storm tossed man that was her husband. Luther once said, 'Next to God's Word, the world has no more precious treasure than holy matrimony. God's best gift is a pious, cheerful, God-fearing, wife, with whom you may live peacefully, to whom you may entrust your goods, your body, and your life.'

Katie is afraid of the bear that lives under the stairs in her house, until they exchange letters and she finally gets to meet him.

Inspired by *The School for The Work* with Byron Katie ([www.thework.com](http://www.thework.com)), where he found the true line of his innerpeace, Costa became an international presenter and facilitator for individual healing and interpersonal reconciliation. *The Work That Brings Peace* in the name of his book and of his presentation teaches much how to live *The Present* by questioning our mind.

"Sleep is one of the most important but least understood aspects of our life, wellness, and longevity ... An explosion of scientific discoveries in the last twenty years has shed new light on this fundamental aspect of our lives. Now ... neuroscientist and sleep expert Matthew Walker gives us a new understanding of the vital importance of sleep and dreaming"--Amazon.com.

This charming, irresistible debut novel set in London during World War II about a young woman who longs to be a war correspondent and inadvertently becomes a secret advice columnist is "a jaunty, heartbreaking winner" (People)—for fans of *The Guernsey Literary and Potato Peel Pie Society* and *Lilac Girls*. Emmeline Lake and her best friend Bunty are doing their bit for the war effort and trying to stay cheerful, despite the German planes making their nightly raids. Emmy dreams of becoming a Lady War Correspondent, and when she spots a job advertisement in the newspaper she seizes her chance; but after a rather unfortunate misunderstanding, she finds herself typing letters for the formidable Henrietta Bird, renowned advice columnist of *Woman's Friend* magazine. Mrs. Bird is very clear: letters containing any unpleasantness must go straight into the bin. But as Emmy reads the desperate pleas from women who many have Gone Too Far with the wrong man, or can't bear to let their children be evacuated, she begins to secretly write back to the readers who have poured out their troubles. "Fans of Jojo Moyes will enjoy AJ Pearce's debut, with its plucky female characters and fresh portrait of women's lives in wartime Britain" (Library Journal)—a love letter to the enduring power of friendship, the kindness of strangers, and the courage of ordinary people in extraordinary times. "Headlined by its winning lead character, who always keeps carrying on, Pearce's novel is a delight" (Publishers Weekly). Irrepressibly funny and enormously moving, *Dear Mrs. Bird* is "funny and poignant...about the strength of women and the importance of friendship" (Star Tribune, Minneapolis).

"Based on the YouTube special *"Dear Class of 2020,"* this inspirational book for graduates collects wisdom and advice from celebrities, influencers, and students"--

A New York Times Best Seller 2017 Association of Catholic Publishers—Book of the Year 2017 Illumination Book Awards, Gold Medal: Children's Picture Book 2017 Independent Press Awards, Distinguished Favorite: Book Cover Design—Children's 2017 Catholic Press Association Book Awards, First Place: Children's Books 2017 Catholic Press Association Book Awards, First Place: Pope Francis If you could ask Pope Francis one question, what would it be? Children have questions and struggles just like adults, but rarely are they given the chance to voice their concerns and ask the big questions resting deep in their hearts. In *Dear Pope Francis*, Pope Francis gives them that chance and celebrates their spiritual depth by directly answering questions from children around the world. Some are fun. Some are serious. And some will quietly break your heart. But all of them are from children who deserve to know and feel God's unconditional love. Also available in Spanish as *Querido Papa Francisco*. "Feels akin to sitting in on a series of intimate conversations." -Publishers Weekly "The People's Pope shows that he is a down-to-earth man who understands both religion and children." -Kirkus Reviews

All this time Scarlett's thought her dad was a thief, but years after his death a strange man turns up at the door and hands her a box, "on her father's instructions". Inside is a baffling series of clues that leads Scarlett and her friend, Ellie, on a wild, scary, often funny journey of discovery about her father and his mysterious life. But the more the girls learn, the more danger they're in. They must stay one step ahead of the sinister mayoress and her chauffeur as they race to unravel her dad's final clue: Keep looking up.

Dear Katie Orion Children's Books

From popular LGBTQ advice columnist and writer John Paul Brammer comes a hilarious, heartwarming memoir-in-essays chronicling his journey growing up as a queer, mixed-race kid in America's heartland to becoming the "Chicano Carrie Bradshaw" of his generation. "A wise and charming book. [Brammer] is such a good writer, and so well rounded."—David Sedaris "[Brammer] is both kind and piercingly funny, often in the same sentence.... Personal and affecting.... ¡Hola Papi! is a master class of tone and tenderness, as Brammer balances self-compassion with humor." —THE NEW YORK TIMES BOOK REVIEW (EDITORS' CHOICE) "[¡Hola Papi! should be] required reading... [Brammer's] writing is incredibly funny, kind, and gracious to his readers, and deeply vulnerable in a way that makes it feel as if he's talking to only you." —LOS ANGELES TIMES The first time someone called John Paul (JP) Brammer "Papi" was on the popular gay hookup app Grindr. At first, it was flattering; JP took this as white-guy speak for "hey, handsome." Who doesn't want to be called handsome? But then it happened again and again... and again, leaving JP wondering: Who the hell is Papi? What started as a racialized moniker given to him on a hookup app soon became the inspiration for his now wildly popular advice column "¡Hola Papi!," launching his career as the Cheryl Strayed for young queer people everywhere—and some straight people too. JP had his doubts at first—what advice could he really offer while he himself

stumbled through his early 20s? Sometimes the best advice to dole out comes from looking within, which is what JP has done in his column and book—and readers have flocked to him for honest, heartfelt wisdom, and of course, a few laughs. In ¡Hola Papi!, JP shares his story of growing up biracial and in the closet in America's heartland, while attempting to answer some of life's toughest questions: How do I let go of the past? How do I become the person I want to be? Is there such a thing as being too gay? Should I hook up with my grade school bully now that he's out of the closet? Questions we've all asked ourselves, surely. ¡Hola Papi! is "a warm, witty compendium of hard-won life lessons," (Harper's Bazaar) for anyone—gay, straight, and everything in between—who has ever taken stock of their unique place in the world. "Readers are likely to become addicted to these stories; they're that good...Brammer comes to know himself very well, and readers will be delighted to make his acquaintance, too," (Booklist, starred review).

**NEW YORK TIMES BESTSELLER** • Ali Wong's heartfelt and hilarious letters to her daughters (the two she put to work while they were still in utero) cover everything they need to know in life, like the unpleasant details of dating, how to be a working mom in a male-dominated profession, and how she trapped their dad. "Knife-sharp . . . a genuine pleasure."—The New York Times **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Time • Variety • Chicago Tribune • Glamour • New York** In her hit Netflix comedy special *Baby Cobra*, an eight-month pregnant Ali Wong resonated so strongly that she even became a popular Halloween costume. Wong told the world her remarkably unfiltered thoughts on marriage, sex, Asian culture, working women, and why you never see new mom comics on stage but you sure see plenty of new dads. The sharp insights and humor are even more personal in this completely original collection. She shares the wisdom she's learned from a life in comedy and reveals stories from her life off stage, including the brutal single life in New York (i.e. the inevitable confrontation with erectile dysfunction), reconnecting with her roots (and drinking snake blood) in Vietnam, tales of being a wild child growing up in San Francisco, and parenting war stories. Though addressed to her daughters, Ali Wong's letters are absurdly funny, surprisingly moving, and enlightening (and gross) for all. Praise for *Dear Girls* "Fierce, feminist, and packed with funny anecdotes."—Entertainment Weekly "[Wong] spins a volume whose pages simultaneously shock and satisfy. . . . *Dear Girls* is not so much a real-talk handbook as it is a myth-puncturing manifesto."—Vogue "[A] refreshing, hilarious, and honest account of making a career in a male-dominated field, dating, being a mom, growing up, and so much more... Yes, this book is addressed to Wong's daughters, but every reader will find nuggets of wisdom and inspiration and, most important, something to laugh at."—Bustle

Binge read this in one sitting yesterday! And I'm going to be honest, I'm absolutely spellbound by this series." - Angie, Angie's Dreamy Reads ?????? What's a girl to do after being ditched at the altar by text message? That's right. Text. Message. How does she pick up the pieces and move on? I'm no Dear Abby but here's a little free advice... Advice #1 – First, purge your apartment of all things him—by tossing his belongings off the balcony. Advice #2 – Do not, I repeat do not, throw anything out into the hallway because you'll injure your hot new neighbor. Advice #3 – When said neighbor brings over Chinese Food do not let him stay and keep you company. It's awkward when you realize he's your boss. Advice #4 – Accept his offer to help you with your side business but think twice before using a date to his sister's wedding as collateral. Advice #5 – Investigate who your mystery neighbor really is. Don't trust his word even if he's the world's best kisser. If you listen to nothing else, pay attention to that last one. It's the most important and will save you a lot of heartache. xo, **LOVESICK IN LAKE STARLIGHT**

A unique, inside look at American childhood through the conversations between *Highlights* magazine and its young readers and a call to grown-ups to make time to actively listen to the children in their lives. Every year, tens of thousands of children write to *Highlights* magazine, sharing their hopes and dreams, worries and concerns, as if they were writing to a trusted friend. From the beginning, the editors at *Highlights* have answered every child individually. Longtime editor in chief Christine French Cully has curated a collection of this remarkable correspondence (letters, emails, drawings, and poems) in *Dear Highlights*--revealing an intimate and inspiring 75-year conversation between America's children and its leading children's magazine. From the timeless, everyday concerns of friendship, family, and school, to the deeper issues of identity, sexuality, divorce, and grief, here is a unique time capsule of American childhood in the voices--and the very handwriting--of children themselves. The book captures a child's-eye view of some of the most important events of the past 75 years: the COVID-19 pandemic, 9/11, the Challenger Disaster, and the assassination of John F. Kennedy. Cully's insightful narrative becomes a call to action for adults to lean in and listen to children, to make sure our kids know that they matter and what they think matters, and to assure them that they have the power to become people who change the world. By turns funny, heartbreaking, moving, and enlightening, *Dear Highlights* will cause readers to reflect, to listen, and to embrace the children in their lives. From the foreword by nationally syndicated columnist Amy Dickinson: "In times of great stress or trouble, Mr. Rogers advised children: 'Look for the helpers. You will always find people who are helping.' That's exactly what children writing to 'Dear Highlights' find when they put pen to paper: helpers whose open-minded trust and kindness surely has made our world a better place."

Rooted in the creative success of over 30 years of supermarket tabloid publishing, the *Weekly World News* has been the world's only reliable news source since 1979. The online hub [www.weeklyworldnews.com](http://www.weeklyworldnews.com) is a leading entertainment news site.

**NEW YORK TIMES BESTSELLER** • For anyone who wants to see how today's best and brightest got it right, got it wrong, and came out on top. What was the tipping point for Malcolm Gladwell? What unscripted event made Meryl Streep who she is? In this inspiration-packed book, Katie Couric reports from the front lines of the worlds of politics, entertainment, sports, philanthropy, the arts, and business—distilling the ingenious, hard-won insights of leaders and visionaries, who tell us all how to take chances, follow our passions, cope with criticism, and, perhaps most important, commit to something greater than ourselves. Among the many voices to be heard here are financial guru Suze Orman on the benefits of doing what's right, not what's easy; director Steven Spielberg on listening rather than being listened to; quarterback Drew Brees on how his (literal) big break changed his life; and novelist Curtis Sittenfeld on the secrets of a great long-term relationship (she suggests marrying someone less neurotic than you); not to mention: • Michael Bloomberg: "Eighty percent of success is showing up . . . early." • Eric Stonestreet: "Remember that the old lady who's taking forever in line is someone's grandma." • Joyce Carol Oates: "Read widely—what you want to read, and not what someone suggests that you should read." • Jimmy Kimmel: "When in doubt, order the hamburger." • Apolo Ohno: "It's not about the forty seconds; it's about the four years, the time it took to get there." • Madeleine K. Albright: "Never play hide-and-seek with the truth." Along the way, Couric reflects on the good advice—and the missteps—that have guided her from her early days as a desk assistant at ABC to her groundbreaking role as the first female anchor of the CBS Evening News. She reveals how the words of Thomas Jefferson helped her deal with her husband's tragic death from cancer, and what encouraged her to leave the security of NBC's *Today* show for a new adventure at CBS. *Delightful, empowering, and moving, The Best Advice I Ever Got* is

the perfect book for anyone who is thinking about the future, contemplating taking a risk, or daring to make a leap into the great unknown.

Melanie, having finally met the love of her life, finds herself falling for her boyfriend's reclusive, younger brother and attempts to bring some joy into his life in this sequel to *Real*. Original.

For a decade, Amy Dickinson has been the *Chicago Tribune's* signature general advice columnist, helping readers with questions both personal and pressing. *Ask Amy: Advice for Better Living* is a collection of over 200 question-and-answer columns taken from 2011–2013. As the highly popular successor to the legendary Ann Landers, Dickinson answers readers' questions with care and attention, while also providing a plainspoken, straight-shooting dose of reality that often only comes to us from close friends. Dickinson's advice is rooted in honesty and trust, which is why so many readers turn to her for advice on their everyday lives and for maintaining healthy, lasting relationships. *Ask Amy: Advice for Better Living* is a testament to the empathetic counsel and practical common-sense tips that Dickinson has been distilling for years.

When Autumn becomes the secret voice of the advice column in her middle school newspaper she is faced with a dilemma--can she give fair advice to everyone, including her friends, while keeping her identity a secret? Starting Middle School is rough for Autumn after her one and only BFF moves to California. Uncertain and anxious, she struggles to connect with her new classmates. The two potential friends she meets could not be more different: bold Logan who has big ideas and quiet Cooper who's a bit mysterious. But Autumn has a dilemma: what do you do when the new friends you make don't like each other? When Autumn is picked to be the secret voice of the Dear Student letters in the Hillview newspaper, she finds herself smack in the middle of a problem with Logan and Cooper on opposite sides. But before Autumn can figure out what to do, the unthinkable happens. Her secret identity as Dear Student is threatened. Now, it's time for Autumn to find her voice, her courage, and follow her heart, even when it's divided.

Three gifted poets team up with a collection of poems dealing with worries and anxieties and find ways to develop empathy and mindfulness. Read about the Land of Blue, where it's ok to feel sad, find ideas for what to do with worries, or how to slow down when your head is full of hurry. Give yourself time to chill out, find quiet voices in noisy places, and discover kindness in yourself and others. Then maybe your own special thought machine will tell you, "This is going well. You're doing great. You've got this!" And you have! This important and unique anthology of 45 poems by three leading poets, well known for their empathy and perception, speaks to the heart of what children think and care about, offering understanding, support, and encouragement.

Collects top-selected postings on life and relationships from *The Rumpus's* popular "Dear Sugar" online column, sharing recommendations on everything from infidelity and grief to marital boredom and financial hardships. Original. 40,000 first printing.

In this *Queen Bees and Wannabes* for the elementary and middle school set, child and adolescent psychotherapist Katie Hurley shows parents of young girls how to nip mean girl behavior in the bud. Once upon a time, mean girls primarily existed in high school, while elementary school-aged girls spent hours at play and enjoyed friendships without much drama. But in this fast-paced world in which young girls are exposed to negative behaviors on TV and social media from the moment they enter school, they are also becoming caught up in social hierarchies much earlier. *No More Mean Girls* is a guide for parents to help their young daughters navigate tricky territories such as friendship building, creating an authentic self, standing up for themselves and others, and expressing themselves in a healthy way. The need to be liked by others certainly isn't new, but this generation of girls is growing up in an age when the "like" button shows the world just how well-liked they are. When girls acknowledge that they possess positive traits that make them interesting, strong, and likeable, however, the focus shifts and their self-confidence soars; "likes" lose their importance. This book offers actionable steps to help parents empower young girls to be kind, confident leaders who work together and build each other up.

From the author of the "jaunty, heartbreaking winner" (*People*) and international bestseller *Dear Mrs. Bird*, a new charming and uplifting novel set in London during World War II about a plucky aspiring journalist. London, November 1941. Following the departure of the formidable Henrietta Bird from *Woman's Friend* magazine, things are looking up for Emmeline Lake as she takes on the challenge of becoming a young wartime advice columnist. Her relationship with boyfriend Charles (now stationed back in the UK) is blossoming, while Emmy's best friend Bunty, still reeling from the very worst of the Blitz, is bravely looking to the future. Together, the friends are determined to Make a Go of It. When the Ministry of Information calls on Britain's women's magazines to help recruit desperately needed female workers to the war effort, Emmy is thrilled to be asked to step up and help. But when she and Bunty meet a young woman who shows them the very real challenges that women war workers face, Emmy must tackle a life-changing dilemma between doing her duty and standing by her friends. Every bit as funny, heartwarming, and touching as *Dear Mrs. Bird*, *Yours Cheerfully* is a celebration of friendship—a testament to the strength of women and the importance of lifting each other up, even in the most challenging times.

"Katie is a powerful example for anyone ready to clear the blocks to the presence of their purpose and light. Apply the practices in this book to any area of your life that needs a shift . . . each time you surrender your inner wisdom to the page, you will experience a miracle." — Gabrielle Bernstein, *New York Times* best-selling author of *Miracles Now* You want change. Maybe your career isn't what you thought it would be . . . or your relationships aren't what you had hoped. Perhaps you have a grand vision for your life but not the smallest clue on how to get there. Wherever you feel stuck or confused, you wish you had someone to hold your hand and guide you. You do. And it's only a blank page away. In *Let It Out*, millennial blogger and podcast host Katie Dalebout shares the transformative practice that will rocket your life to the next level—journaling. Discovering in her darkest hours that a journal is the greatest tool in finding your purpose, healing yourself, and creating the life you desire, Katie has assembled the practices and insights that will get you "unstuck" for good. And don't worry—you don't need to be a writer! Journaling is simply a method of coaching yourself through your "stuff" and letting it out on the page, unclogging your mind from years of destructive thoughts. In doing so, you step into a position of unsurpassed clarity. Packed with journaling exercises, prompts, and techniques that can be done anywhere and in any order, this guidebook offers you a new way to navigate your daily life, cope with stress, and create exciting, permanent change. Covering everything from clearing clutter to cultivating abundance to moving beyond fear, it will be your new best friend and coach anytime you seek clarity or crave solace. Simply grab a pen, open your journal, and prepare to let it out.

Bethany: This coffee shop is going to kill me. Sure, it's my dad's dream. If he hadn't died eight months ago, I wouldn't be here, a college drop out, trying not to drown in debt. Nor would I be staring into the muddy eyes of a viking-sized man that's telling me everything I'm doing wrong—as if he knows so much about business in a small mountain town. Except he does. And when the biggest, most unexpected surprise of all falls in my lap, I'll have no choice but to ask for his help. Time for some power lipstick. Maverick: This girl is drowning. She might have eyes like glacier pools and hair so black it's glossy, but that doesn't mean she knows how to run a coffee shop. She's drowning in more than debt, interest, and credit card payments. She'll never make it. But I kind of want her to. Because underneath that bright lipstick and those sun dresses is a woman that I have an uncomfortable feeling is about to rock. my. world. This is a clean, standalone (first in series) contemporary romance with sizzle and spice—but no sex scenes. Guaranteed bantering and happily ever after.

"An exhilarating tale. . . Readers will be enthralled." --J.C. Cervantes, *New York Times* bestselling author of *The Storm Runner* A debut novel inspired by Chinese mythology, this middle-grade fantasy follows an outcast as she embarks on a quest to save the world from demons--perfect for fans of *Aru Shah* and *The End of Time* and *The Serpent's Secret*. As a member of the Jade Society, twelve-year-old Faryn Liu dreams of honoring her family and the gods by becoming a warrior. But the Society has shunned Faryn and her brother Alex ever since their father disappeared years ago, forcing them to train in secret. Then, during an errand into San Francisco, Faryn stumbles into a

battle with a demon--and helps defeat it. She just might be the fabled Heaven Breaker, a powerful warrior meant to work for the all-mighty deity, the Jade Emperor, by commanding an army of dragons to defeat the demons. That is, if she can prove her worth and find the island of the immortals before the Lunar New Year. With Alex and other unlikely allies at her side, Faryn sets off on a daring quest across Chinatowns. But becoming the Heaven Breaker will require more sacrifices than she first realized. . . What will Faryn be willing to give up to claim her destiny? This richly woven contemporary middle-grade fantasy debut, full of humor, magic, and heart, will appeal to readers who love Roshani Chokshi and Sayantani DasGupta.

Don't fall for the filtered pictures and perfect social media posts... Parents raising children with invisible special needs are hanging on by the tiniest thread. We NEED the support of our extended family and friends to get through our days filled with violent tantrums, challenging behaviors, and constant battles. The good news Grandparents, aunts and uncles, cousins, neighbors and friends desperately want to help us. The bad news their "help" comes off as insensitive or judgemental, making matters worse, not better. Julie Falcone is a mother in the trenches, raising four children diagnosed with autism, ADHD, anxiety, sensory processing disorder, depression, developmental delay and oppositional defiant disorder, who gives a brutally honest, behind the scenes look at what raising children with invisible special needs looks like on a daily basis. Loved Ones get no-nonsense advice on exactly what to say and do in specific situations that occur often with these struggling parents. DEAR LOVED ONES, with grit and humor, will give family and friends a variety of ways to truly support the special needs family they love, creating positive relationships that will last a lifetime. If you love someone raising a child with invisible special needs, this book is THE resource to challenge and inspire you to be the ally your loved one deserves! Inside, you'll find fun chapters that touch on important & helpful topics like: IS THAT A SHARPIE? FLEXIBLE SCHMEXIBLE STOP STARING AT ME BITCHES FRIENDS, WHAT ARE THEY? SENSORY ISSUES ARE MORE THAN JUST AN ITCHY TAG And many more

Katie's rebellious attitude is at odds with her family, school, and classmates. But in the midst of a dark situation, Katie finds light in the most unexpected places.

'Katie's straightforward, warm wisdom will help young people everywhere!' - Matt Haig Real answers to real problems! Advice on life's tough stuff from children's TV and radio presenter Katie Thistleton. Growing up is hard. This book makes it a little bit easier. Exploring the sometimes challenging issues everyone faces as part of growing up, Katie will answer questions from real kids and teens with real issues. From falling outs with friends to disagreements with family, trouble at school to concerns about mental or physical health, Katie will cover every topic with thoughtful and emotionally sensitive advice that will resonate with readers. With additional guidance from TV and radio doctor Radha Modgil, as well as psychotherapist Sally Angel, this book is full of advice and guidance to help kids through the difficult years of growing up. "Beautifully fresh and honest. Covers everything from love to leggings." Rae Earl

"When Katie Heaney published her first book of essays, chronicling her singledom up to age twenty-five, she was still waiting to meet the right guy. Three years later, a lot changed. For one thing, she met the right girl. Here, for the first time, Katie opens up about realizing at the age of twenty-eight that she is gay. In these poignant, funny essays, she wrestles with her shifting sexuality and identity, and describes what it was like coming out to everyone she knows (and everyone she doesn't). As she revisits her past, looking for any "clues" that might have predicted this outcome, Katie reveals that life doesn't always move directly from point A to point B--no matter how much we would like it to. In a warm and relatable voice, Katie tackles everything from the trials of dating in New York City to the growing pains of her first relationship, from obsessing over Harry Styles (because, actually, he does look a bit like a lesbian) to learning to accept herself all over again. Exploring love and sexuality with her neurotic wit and endearing intimacy, Katie Heaney shares the message that it's never too late to find love--or yourself."--Page [4] of cover.

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