

Colette Baron Reid

At some point after fifty, every woman crosses a threshold into the third phase of her life. As she enters this uncharted territory -- one that is generally uncelebrated in popular culture -- she can choose to mourn what has gone before, or she can embrace the juicy crone years. In this celebration of Act 3, Jungian analyst Jean Shinoda Bolen names the powerful new energies and potentials, or archetypes, that come into the psyche at this momentous time, suggesting that women getting older have profound and exciting reasons for welcoming the other side of fifty. As Bolen has explained in her remarkable body of work, there are goddesses in every woman, deep archetypal sources of wisdom, authenticity and spirituality that, once tapped, energize us and give us a sense of meaning and self-acceptance. The knowledge of which archetypes are active within us at each phase of life--maiden, mother (or matron), and crone--supports us in making choices that are true to who we are instead of conforming to others' ideas of who we should be. In Bolen's bestselling *Goddesses in Everywoman*, the classic work of the women's spirituality movement, the Greek goddesses personified these archetypes as they affected the first two phases of a woman's adult life. Now she explains that in the third stage, marked physiologically by menopause, there emerges a whole new cast of inner archetypes that a woman can draw on for guidance, creativity, personal integration, and joy. Once we learn to recognize these forces, we can feel empowered and wise, introspective and spiritual, sexually bold and full of mirth. For it is in the "wisewoman" years, when a woman has lived long enough to resolve the tasks of younger and middle adulthood, that she can fully and authentically become who she deeply is. The generation of women who are approaching or who have reached the crone years is historically unique. Influenced by the women's movement, they have benefited from educational opportunities, women's support networks, and economic resources as excellent preparation for decades of active postmenopausal life. By recognizing the goddess archetypes that emerge in this phase, women of this special generation will be enabled to transform the crone years into the best years of their lives.

This fascinating book provides some of the tools to help you to tap in to one of the most powerful forces in the Universe - your soul! Step by step, it will guide you to follow your true soul's path and help you reconnect with your natural spiritual abilities. You'll develop a conscious awareness of the spiritual laws that help mold your life, and the individual soul force that's in each and every one of you. *Power of the Soul* will help dismantle some of the barriers created by your outer-self, to unveil your true inner-self and enable you to break free from some of the psychological restrictions that have prevented you from identifying and realizing your full potential. The material within these pages will help you overcome those feelings of being trapped, constrained, or unfulfilled and show you how to lead a soul-enriched and authentic life that aligns with your aspirations. Throughout the book, psychic medium John Holland leads you through a number of practical techniques and goal-setting exercises that he's taught in his signature workshops, which will empower you to awaken the power of your spirit and your soul . . . and lead a life of unlimited potential. Within these pages, you'll learn how to: Discover and access your spiritual faculties; Open yourself to a guiding higher-consciousness; Remove psychological and spiritual blocks; Find your true self, as you understand the purpose, nature and function of the soul; Create and control your own path; Use spiritual energy to heal yourself and others; Enhance your body, mind, and soul to live a life of harmony This transformational book is more than just a guide . . . it's a way back to living from the inside out. It will help you (no matter what your walk of life) follow your own spiritual journey. John says, "Once your spiritual gifts are recognized, opened, and used, you'll see yourself and the world in a way you never thought possible!"

Seek your destiny through trailing vines and gnarled trees in a secret realm rich with myth and magic...Enter an enchanted world filled with fairies, goddesses, and sorceresses; a magical world of possibility and power; a world in which you can weave your future. Featuring hauntingly beautiful fairy imagery by renowned fantasy artist Jessica Galbreth and insightful instruction from acclaimed tarot author Barbara Moore, the *Enchanted Oracle* presents: ~ A stunning 36-card oracle deck featuring Jessica Galbreth's original watercolor artwork ~ A whimsical silver pouch in which to keep the oracle cards when not in use ~ A fabulous fairy pendant that can be used as a pendulum and enchanted charm ~ A lyrical and lovely 240-page guidebook by Barbara Moore that presents a variety of ways to work with oracle wisdom, including spells, enchantments, and journaling View the gorgeous artwork of the *Enchanted Oracle* cards.

The *Energy Oracle Cards* are designed to reveal both the present energy you project and the results you are likely to attract. The unlimited power of your own consciousness is a vital force that moves through the Universe and plants the seeds of your destiny far and wide. These easy-to-use cards will help you to understand what your consciousness is creating, as well as reveal any hidden blocks that may be delaying your progress. The information they bring will empower and inspire you, for it comes from heavenly messengers, friends from the spirit realm, and your own higher self. All that you need is available to you, so let your intuition soar. Listen to the messages it brings and take your life to wonderful new heights!

This 52-card divination system is an inspirational tool to bridge the unseen world of Spirit and the physical world of our day-to-day lives. Based on the mythology of ancient Britain's Isle of Avalon, it will help you find valuable & powerful insights in all aspects of life.

Mystics have passed down stories of magical realms hidden from mortal sight, bridging the world of Nature and Spirit. Even before the written word, the ancients established a Divine partnership between humans and these Hidden Realms. Both agreed to form an eternal Sacred Alliance to establish harmony and balance between the material and the spiritual. The Alliance ensured that when we asked for guidance in manifesting our reality, they would help us find our way to the highest good for all. But in time, humanity turned itself away from the natural world as a source for the Divine and forgot about the realms in the Unseen realities. Religious superstition, dominance, and the power of intellect, reason, and technology became our focus; and our partnership was forgotten, so the realms faded away. As our global concerns have increasingly been more plaintive, they have returned to help us find our way home to our true purpose, prosperity, hope, and happiness. These cards represent some of those realms and their Queens and Kings, Princes, and other magical helpers. Let the Swan Queen point the way to transformation, the Arrow Master help you reach your goals, the Sun Dancers herald your victories, and the Sacred Union speak to the depth of your longing for love. Ask and ye shall receive, for the Highest Good is their motto. If you call upon them, they will answer

A life coach and intuitive counselor presents a weight loss program for sensitive people, demonstrating how to manage empathy overload and deal with challenging situations that trigger disordered eating.

"It is rare that an Anglo scholar could understand the in-depth meaning of the Navajo worldview and its implications. It is

even rarer for him to interpret it in Western [narrative] form without losing meaning and integrity. . . Robert S. McPherson has done just that."—Harry Walters, Former Director, Hatathli Museum at Diné College Traditional teachings derived from stories and practices passed through generations lie at the core of a well-balanced Navajo life. These teachings are based on a very different perspective on the physical and spiritual world than that found in general American culture. Dinéjí Na`nitin is an introduction to traditional Navajo teachings and history for a non-Navajo audience, providing a glimpse into this unfamiliar world and illuminating the power and experience of the Navajo worldview. Historian Robert McPherson discusses basic Navajo concepts such as divination, good and evil, prophecy, and metaphorical thought, as well as these topics' relevance in daily life, making these far-ranging ideas accessible to the contemporary reader. He also considers the toll of cultural loss on modern Navajo culture as many traditional values and institutions are confronted by those of dominant society. Using both historical and modern examples, he shows how cultural change has shifted established views and practices and illustrates the challenge younger generations face in maintaining the beliefs and customs their parents and grandparents have shared over generations. This intimate look at Navajo values and customs will appeal not only to students and scholars of Native American studies, ethnic studies, and anthropology but to any reader interested in Navajo culture or changing traditional lifeways.

"Uncharted is a smoking hot Harley ride through the wonders of your soul's journey." — Christiane Northrup, M.D., New York Times best-selling author of *Goddesses Never Age* Where are we going? How will we get there? In a world of uncertainty, most of us don't really know. Our challenge is to sail into uncharted waters—away from the familiar ways that don't work anymore—to discover ourselves and the infinite potential for our lives. It's in these as-yet-undiscovered places within us that we come to recognize what we can be and what we can co-create with Spirit. If we try to create guided only by the old, familiar map of our lives, what we create won't be authentic to who we are becoming; we'll just be doing the same thing over and over. As intuitive counselor and "spiritual cartographer" Colette Baron-Reid explains, we need a different kind of map—not one that tells us where we've been, but one we fill in as each new experience changes us into who we need to be to live our destiny. This new map is a map of the soul. In *Uncharted*, you'll learn to draw your own map of the soul as Colette guides you on an inward journey through five interconnected realms. First you'll get oriented in the Realm of Spirit, your "home" that connects the other four. Then you will do the work of self-evolution and co-creation in the Realms of Mind, Light, Energy, and Form. In the Realm of Mind, you experience your consciousness intermingled with that of all Consciousness. In the Realm of Light, you illuminate the darkness and experience transformation as you reclaim lost parts of yourself. In the Realm of Energy, you consciously direct the forces influencing you. In the Realm of Form, you see the results of your self-evolution manifested in the material world. At every step, you learn to harness your personal power and turn fear into possibility as you venture into the undiscovered places where magic happens.

Goddess Power Oracle Cards Deck and Guidebook

Healers, visionaries, advisers, intermediaries between the physical and spirit worlds—shamans have played a variety of roles throughout the ages. This unique tarot—built upon a multicultural mosaic of spiritual traditions—can put you in touch with a vast collection of shamanic wisdom for guidance in the modern world.

Intuitive counselor Colette Baron-Reid is renowned for helping people create the purposeful and authentic lives they desire. In this fascinating book, Colette hands you the "magic wand" of your own awareness so that you can begin to perceive your life as a wonderful adventure, and see yourself as an enchanted mapmaker. Enter a deep journey into your inner landscape and meet the imaginary beings that hold the keys to the wisdom hidden in your subconscious: the Wizard of Awareness, the Gentle Gardener, the Bone Collector, and the spirits of the psychological terrain you traverse, who know where to find the treasure in each experience. Discover how to tame the mischievous trickster Goblin, who locks you into old habits. Each of these aspects of your psyche has lessons for you, and each responds to your directions, for you are in charge of your own map. You don't have to feel lost or disoriented in this time of global transformation, or be at the mercy of the winds of change. The Map invites you to boldly claim your power to direct your journey so that you may find meaning, purpose, and joy. Step into the magic, and harness the extraordinary power within you to shape your destiny.

Are you ready to make changes in your life—but feel something is holding you back? Is your soul asking you to take a leap—but you're too afraid to take it? Are you ready for something new—but aren't sure where to start? If this sounds like you, the book you hold in your hands will give you the courage and faith you need to jump across the threshold from where you are—to where you want to be. *Jump . . . And Your Life Will Appear* is a step-by-step guide to clearing the path ahead so you can let go and make the change you need the most. With a series of effective exercises, coach and author Nancy Levin will walk you through your fear, usher you up to the moment of jumping, and help you navigate what awaits on the other side. Whether you want to switch careers, move to a different part of the world, set boundaries with someone in your life, or increase your capacity for self-love, *Jump . . . And Your Life Will Appear* will support you on a practical path from start to finish.

E-Squared, the international hit sensation described by one reader as "The Secret on crack," provided the training wheels, the baby steps, to "really getting it" that thoughts create reality. In *E-Cubed* (don't worry—there will never be E to the 10th Power), Pam Grout takes you higher and deeper into the quantum field, where you'll prove that blessings and miracles are natural and that joy is only a thought away. With nine new experiments and more tips on how to keep the gates of the world's largesse and abundance wide open, this book is chock-full of incontrovertible evidence that the universe is just waiting for us to catch up, just waiting for us to begin using the energy that has always been available for our enjoyment and well-being.

David Jongeward brings to life the artistic journey of master weaver Carolyn Jongeward, beginning with her apprenticeship to Navajo weavers in Arizona and extending to her studies in sacred geometry and number symbolism, Native American philosophy, Jungian psychology, and creation mythology. From her Navajo teachers, Carolyn learned the meaning of "sitting-still-within-the-harmony-place" while pursuing her craft and artistic vision. The dreams that came to her—many recorded here from her journals—inspired her designs and weavings in precise geometric and symbolic detail. Together with David Jongeward's evocative text, the reproductions of Carolyn's weavings—many in full color—reveal her art to be the focus of vast creative energy and a multi-faceted search for knowledge.

We are at an unprecedented time in modern history in which the 'goddess energy' in every woman is waking up and stirring as women collectively choose to reclaim their power from the structures of authority that have ruled for so long. We all feel it welling up; asking for a new way of being in the world. From beloved oracle expert and internationally acclaimed spiritual teacher Colette Baron-Reid; Goddess Power is a unique oracle deck that allows ancient goddesses to revisit us here in modern times; to share their experience; strength; wisdom and truth with the modern spiritual seeker looking for empowerment and guidance. This magnificently illustrated deck features goddesses from ancient civilizations around the world.

When we feel that we aren't enough, or that we aren't good enough, we also fear that we'll never have enough. Money. We love it. We hate it. If we don't have enough, we're struggling to get more. If we do have it, we're fighting to hold on to it. Why does money have to be such a source of anxiety? Is it possible to find peace? Yes! According to master integrative coach Nancy Levin, the real key to creating financial freedom isn't changing what we do, it's changing our limiting beliefs about how we feel —and that requires more than just learning how to invest. In *Worthy*, Nancy makes an essential, eye-opening connection: the state of our net worth is a direct reflection of our self-worth. Then she shows us how to get to the root of the problem and do the internal work that's needed to replace feelings of unworthiness with a solid sense of our own value. Filled with inspiring real-life stories and thought-provoking questions and answers, her 10-step plan helps us to:

- Get real about the money issues we face every day
- Examine the excuses we use to avoid creating the life we really want
- Be willing to see ourselves as worthy of abundance in all its forms
- Take back our financial power —and watch amazing things start to happen

Whether we're looking for financial ease or a new relationship with money and ourselves, *Worthy* will give us the tools to clear the path for wholeness, fulfillment, and richness in all areas of our lives, not just in our bank accounts.

Discover the power and healing abilities of the seven energies with insightful writing prompts, creative journaling exercises and calming guided meditations. This companion journal to the Oracle of the 7 Energies card deck gives you space to write, reflect and create as you dive deeper into the essence of each of the seven energies. Inside this journal you'll find:

- Key concepts and themes for each of the seven energies
- Powerful affirmations for each of the energy centres
- Thought-provoking journaling questions and writing prompts
- Creative exploration exercises and activities
- 21 oracle card spreads
- Guided meditations for each energy centre

Magic flows through you from the unseen world into the world you perceive! Use this journal to connect to the magic of the seven energies and to explore how they relate to your life right now.

Spirit is speaking to you always and at every turn, whispering messages of Divine guidance and love. Are you listening? Spirit is just waiting to give you help whenever you ask for it. You just need to enter the conversation and understand the dialogue. On this CD program, renowned intuitive counselor and best-selling author Colette Baron-Reid shows you how to ask for and receive the life-affirming gift of guidance that is always available to you, as she dispels the myths and misinterpretations that may have kept you from embracing your inner "oracular" consciousness. All of the stories, exercises, and ideas in this comprehensive four-part program (which includes a complementary workbook) are designed to make you more receptive to the messages and signals from Spirit that appear every day in a multitude of ways. Sessions 1 and 3 explain what the world of oracles, omens, and signs is all about and how to experience them in your own life. Sessions 2 and 4 are filled with powerful and experiential "vision journeys" or guided meditations, which will facilitate your personal ongoing connection to Divine guidance. Once you ignite your capacity to receive messages from Spirit, your world will never be the same!

A mother receives an undeniable message of love from her deceased son
A series of meaningful coincidences appear to save a life;
A conversation overheard between strangers delivers a life-altering personal message to a bystander;
A dream warns a woman of a wounded animal miles away;
A reading of oracle cards prepares a daughter for an impending tragedy....
Extraordinary? Unusual? It's not! Messages from Spirit are received every day by ordinary people in a multitude of ways. We are made of, and surrounded by, an all-knowing Divine field of intelligence that is just waiting to guide us and give us help whenever we ask for it. We just need to learn how to enter the conversation and understand the dialogue. So how do we ask? How do we receive and interpret the answers? By exploring ancient methods in a modern context of connecting to the Divine, renowned intuitive counselor and best-selling author Colette Baron-Reid shows you magical, fun, and practical methods that will enable you to delve into your own dialogue with Spirit. She'll take you on a mysterious and enlightening journey that will shake up your perspective, stir your curiosity, and prepare you for a Divine conversation that will forever change your understanding of the world around you.

Would you like to discover your infinite potential for healing and moving through life's challenges? If so, *The Power of Infinite Love & Gratitude* by Dr. Darren R. Weissman will help you view your life from a new and heightened perspective. You'll learn to unleash your mind and body's extraordinary capacity for healing; and you'll begin to understand the complex language of physical symptoms, dis-ease, and stress. This work reveals the journey of your spirit and sheds a new light on one of the greatest mysteries humankind has attempted to unravel—the subconscious mind. As you read, you'll find that you're learning how to transform and master your life based on these key lessons: The universe is infinite; you have free will—a choice with every experience; everything is interconnected; judgment is prohibited; the greatest power is self-love; you need to embrace life with the attitude of gratitude; you must take responsibility for your life; life has meaning; and much more.

"In *Uncharted*, internationally acclaimed intuitive counselor and "spiritual cartographer" Colette Baron Reid, whose best-selling books include *The Map* and *Messages from Spirit*, shows us that in the new normal of uncertainty, we can overcome the challenge of feeling disoriented, scared, and helpless and chart a path to new possibilities. It's in the places unfamiliar to us--the uncharted places--where magic lies. Here we can claim our innate power to give birth to an extraordinary life and become who we are called to become. Colette explains, "When we're lost, we all want a map--but maps can only tell us where we've been." All of us, personally and collectively, are headed somewhere new, to a future that has not yet been imagined, and we're creating it as we go. With her trademark compassionate candor and reassuring humor, as well as input from a wise, loving consciousness who call themselves "Fred," Colette guides us on a journey of co-creation through five interconnected realms--the Realms of Spirit, Mind, Light, and Energy, Form. Whatever we wish to experience and manifest, if we start in the realm of Form, trying to fix our lives and think our way out of our problems, we end up living inauthentically and feeling disappointed. But if we orient ourselves in the Realm of Spirit first, a magical process of transformation begins within, from which we can manifest a new reality far better than we might ever have imagined. Following this path, we get to experience what we came to create in the Realm of Form, and watch as our fear gives way to a deep sense of purpose and enthusiasm for participating in the co-creative process. Throughout *Uncharted* are fresh and exciting exercises drawn from Colette's trademarked energy psychology process, IN-Vizion

Learn about the ancient goddesses and how they can empower you, guide you, and help you achieve your own life goals. From Greek and Roman to Nordic mythology, the goddesses often take center stage. Each goddess possesses her own strengths and

