

Coaching Mourinho

This book reviews the general acute effects and adaptations of small-sided and conditioned games (SSCGs) in terms of physiological responses, technical performance and methodology/periodization in the game of soccer. It also reviews the many studies conducted in the past decade to investigate the influence of SSCGs on physiological responses and technical performance in soccer training. SSCGs, which are smaller and adapted versions of formal team sports, are very popular training drills for players at all ability levels and competitive levels and offer an alternative to traditional fitness training. Exploring their role in depth, this book offers a valuable resource for academics, researchers and coaches with an interest in developing improved training techniques for soccer.

The Blizzard is a quarterly football publication, put together by a cooperative of journalists and authors, its main aim to provide a platform for top-class writers from across the globe to enjoy the space and the freedom to write what they like about the football stories that matter to them. Issue Eight Contents ----- Cyprus ----- * The Wrong Side of the Border, by Jacob Steinberg—After decades of stalemate, Northern Cypriot football may be about to come in from the cold * The Hangover of War, by

Cyrus Philbrick—Almost four decades after the Turkish invasion, the shadow of conflict hangs over the Nicosia derby ----- Interview ----- * Sepp Blatter, by Philippe Auclair—The president of fifa admits he may stand for re-election in 2015 and reveals his concerns over the Qatar World Cup ----- Theory ----- * Mourinho's Cult of Personality, by Roy Henderson—How the Real Madrid manager's charismatic authority fosters loyalty * The Lawnmower and the Teapot, by Iain Macintosh—Barry Fry discusses how to motivate players and how the world of management has changed * The Bicycle Thief, by Lars Sivertsen—Zlatan Ibrahimovic has always been an individual—it's how he fits in ----- Fans ----- * But You Can't Change..., by Mike Calvin—How a Watford supporter ended up being converted into a Millwall fan * In the Shadow of the Goldfish, by Gary Hartley—Having lived the dream, Leeds have slowly drifted into a protracted doze * Paying the Price, by Craig Anderson—Rangers' administration and relegation were about far more than a club that couldn't pay its debts ----- In Appreciation of... ----- * Franco Baresi, by Sheridan Bird—How the great libero staged a remarkable recovery from a knee injury to play in the 1994 World Cup final * Brian Glanville, by Philippe Auclair—The doyen of English football writing discusses the forefathers of modern sports

journalism * Ireland's Pioneers, by David Owen—This year marks the centenary of Ireland's first victory over England ----- Africa ----- * Eat Them Like Bread, by Jonathan Wilson—Nigeria ended their 19-year wait for a third Cup of Nations but a familiar sense of chaos remains * After the Circus, by Luke Alfred—What was the legacy of the World Cup for South Africa * The Great Administrator, by Tom Dunmore—How Ydnekatchew Tessema led the fight to have African football taken seriously * Bamako Twilight, by Stuart Roy Clarke—Away from the war, football goes on in the Malian capital ----- Polemics ----- * In Praise of Football, by Alex Keble—For all the commercialisation and scandal, football remains the purest and most demotic of cultural modes * Financial Fair Play?, by Steve Menary—How Champions League revenues can devastate competition in Europe's smaller leagues ----- Fiction ----- * The Limping God, part 3, by David Ashton—His football career ended by injury, John Brodie's life is going nowhere until he is sucked into the world of crime ----- Greatest Games ----- * Boca Juniors 2 Real Madrid 1, by Rupert Fryer—Toyota Intercontinental Cup final, National Stadium, Tokyo, 28 November 2000 ----- Eight Bells ----- * Football on TV, by Scott Murray—Key moments in the history of televising the game

Get Free Coaching Mourinho

The ultimate soccer coaching toolkit for coaches at all levels of the game.

Barcelona and Real Madrid: two of the most powerful and popular clubs in world football, and one of the world's most bitter sporting rivalries. Going far beyond the boundaries of just sport alone, this is a rivalry at the heart of Spanish life, taking in politics and culture and splitting a country in two. El Clásico gets to the heart of that rivalry, investigating the intrigue, the larger-than-life characters, the key flashpoints and their consequences. From civil war bloodshed to 40 years of fascism and links with General Franco, the clubs' shared history is the stuff of a Robert Harris novel and includes: murdered presidents from both clubs, player kidnappings, acts of hooliganism - and that's before you start thinking of the volatile football matches themselves. The book contains numerous interviews with key figures such as Luís Figo and Hristo Stoichkov (two of the main hate figures from both clubs), Joan Laporta (Barcelona's most successful president and, having entered politics, Catalan separatism's poster boy) and various ex-players, ex-managers, agents, referees, hooligans, editors, historians, sociologists, filmmakers, novelists, photographers, TV presenters and celebrity fans. The two clubs are packed with international superstar players - including the world's two best players in Leo Messi and Cristiano Ronaldo - and 10 of the starting 11 players from Spain's 2010

Get Free Coaching Mourinho

World Cup final victory play with either Barcelona or Real Madrid. This is a story with resonance around the sporting world, with many instantly recognisable figures to an international audience such as Jose Mourinho. But it is also a tale of a country divided by a bitter rivalry.

FC Barcelona are the greatest football team in the world, the greatest for a generation and possibly the greatest of all time. This is the inside story of how the team came to redefine how the game is played, told by the journalist closer to it than any other. This edition contains a new epilogue reflecting on the departure of Pep Guardiola and Spain's victory at Euro 2012.

Coaching Mourinho. Tecniche e strategie vincenti del più grande allenatore del mondo
Coaching Soccer Like Guardiola and Mourinho
The Concept of Tactical Periodization
Meyer & Meyer Sport
This fully updated edition of the international bestseller includes Pep Guardiola's Bayern years and his decision to join Manchester City
Pep Guardiola is the most successful and sought after football coach in the world. After being appointed first-team manager in 2008, he transformed Barcelona into arguably the greatest club side of all time, winning an unprecedented thirteen trophies in four years. Following a shock sabbatical from the game, he replaced Jupp Heynckes at the helm of Bayern Munich at the start of the 2013-14 season,

twice winning the Double in his three years in charge. He then announced that he would be joining Manchester City for the 2016-17 season, thereby beginning what could prove to be his greatest challenge yet: turning them into a team that consistently wins in the most difficult of leagues and a regular challenger in the Champions League . . . and doing it the Guardiola way. Guillem Balagué has followed Pep's career from the outset and has had direct access to the man and his inner circle. This then is the definitive portrait of Pep Guardiola and his relentless pursuit of footballing perfection.

Despite campaigns to educate and increase awareness, discrimination continues to be a deep-rooted problem in sport. This book provides an international, interdisciplinary and critical discussion of various forms of discrimination in sport today, with contributions from world-leading academics and high-profile campaigners. Divided into five sections, the book explores racism, sexism, homophobia, disability, and the role of media in both perpetuating and tackling discrimination across a variety of sports and sporting events around the world. Drawing on examples from football, rugby, cricket, tennis, climbing, the Olympics and the Paralympics, it offers a critical review of current debates and discusses the latest empirical research on the changing nature of discrimination in sport. Taking into account the experiences of athletes and coaches across all

performance levels, it presents recommendations for further action and directions for future research. A timely and challenging study, *Sport and Discrimination* is essential reading for all students and scholars of sports studies with an interest in the sociology of sport and the relationship between sport, society and the media.

Jose Mourinho Attacking Sessions is the first in a series of books which provide you with a blueprint of how to attack and score goals like the world's best teams. Michail is a UEFA A license coach and has provided a full and extensive analysis of Real Madrid's best 48 goals in the 2011-2012 season, when they scored a record 121 goals to win the Spanish Championship (La Liga). This goal analysis of Jose Mourinho's tactics has been used to produce 114 practices organised into 30 ready-made sessions. Each goal is analysed, followed by a full session on that specific topic of Real's attacking play, with clear colour diagrams, detailed descriptions and coaching points. You can use these ready-made sessions to practice Real Madrid's attacking play and combinations. You can learn exactly how Real found attacking solutions for every tactical situation created by opponent's who defended with a deep, middle or high defensive line. A large section of this book is based on the transition phase. You can learn how to coach your team to play like the best counter attacking team in the world. There are sessions on

the transition from defence to attack in the low, middle and high zones. Practices included:

- Functional Technical Practices
- Phases of Play
- Opposed/Unopposed Zone play
- Counter-Attacking Exercises
- Transition Games
- Small Sided Games

The world's most popular sport, soccer is a global and cultural phenomenon. The television audience for the 2010 World Cup included nearly half of the world's population, with viewers in nearly every country. As a reflection of soccer's significance, the sport impacts countless aspects of the world's culture, from politics and religion to business and the arts. In *The World through Soccer: The Cultural Impact of a Global Sport*, Tamir Bar-On utilizes soccer to provide insights into worldwide politics, religion, ethics, marketing, business, leadership, philosophy, and the arts. Bar-On examines the ways in which soccer influences and reflects these aspects of society, and vice versa. Each chapter features representative players, providing specific examples of how soccer comments on and informs our lives. These players—selected from a wide array of eras, countries, and backgrounds—include Diego Maradona, Pelé, Hugo Sánchez, Cha Bum-Kun, Roger Milla, José Luis Chilavert, Zinedine Zidane, Paolo Maldini, Cristiano Ronaldo, Xavi, Neymar, Clint Dempsey, Mia Hamm, and many others. Employing a unique lens to view a variety of topics, *The World through Soccer* reveals the sport's

profound cultural impact. Combining philosophical, popular, and academic insights about our world, this book is aimed at both soccer fans and academics, offering readers a new perspective into a sport that affects millions.

Throughout history British coaches have made their presence felt across the world. From helping humble teams become the super clubs we know today to tactical innovations as the game grew nation by nation, the British had a huge hand in shaping football's early global history. In the modern age they are still to be found far from home but where once they were at the forefront they now walk some of the less travelled pathways. Even some of the highest profile footballers have found coaching careers that have taken them to places they may never have considered before and Tony Adams, Bryan Robson and Howard Kendall talk about their adventures as Wanderers, Rovers & Rangers, along with with many more as the book charts a course through the world of British coaches near, far and everywhere in between. Hear about the British coaches who have dealt with outbreaks of Ebola in Africa during World cup qualification, earthquakes in Japan, dictatorial big club owners in Spain, match-fixing in Southeast Asia and prejudice about the British way of playing almost everywhere. Meet characters such as Bob Houghton, who took Malmo to the 1979 European Cup final, Tony Waiters, the former England

goalkeeper who led Canada to their only World Cup in 1986 and Gary White, the young Englishman who gave Guam a first ever World Cup qualification win in 2015. Wanderers, Rovers & Rangers tells the story of modern British coaches plying their trade worldwide and some of the incredible triumphs and disasters along the way. From the sublime to the ridiculous one thing becomes clear - football has never mattered more worldwide, and British coaches will continue to carve their own paths through the game.

From Cruyff's "Total Football" to the epic rivalry between Guardiola and Mourinho, a gripping chronicle of the rise and fall of Barcelona's dominance in world soccer. Barcelona's style of play--pressing and possessing--is the single biggest influence on modern soccer. In *The Barcelona Inheritance*, Jonathan Wilson reveals how and why this came to pass, offering a deep analysis of the evolution of soccer tactics and style. In the late 1990s, Johan Cruyff's Dream Team was disintegrating and the revolutionary manager had departed, but his style gave birth to a new generation of thinkers, including Pep Guardiola and José Mourinho. Today, their teams are first and second in the Premier League, marking the latest installment in a rivalry that can be traced back twenty-five years. *The Barcelona Inheritance* is a book about the tactics, the personalities, the friendships,

and, in one case, an apocalyptic falling-out that continue to shape the game today.

The great footballers and coaches are rarely glimpsed from up close. They shield themselves from the tabloids, hide their personalities behind professionalism, and in the words of the cliché, 'do their talking on the pitch'. This book gets up close to them. The Football Men is not a series of celebrity profiles, and it doesn't attempt to unearth secrets in the players' private lives. Rather, it portrays these men as three-dimensional human beings. It describes their upbringings, the football cultures they grew up in, the way they play, and the baggage that they bring to their relationships at work. This multimillion-pound, multinational world is mostly inhabited by ordinary men. The profiles in this book are sometimes funny, but never breathless or sensational. Some of the profiles in this book are based on interviews; others are the results of time the author spent with that person; sometimes the profile is a story of a country. All are fascinating and shed light on their subject to reveal things you wouldn't expect. From one of the great sports writers of our time this is a penetrating and surprising collection of articles on the figures that have defined the modern sporting world.

Discover the next frontier in sports training—improving your mental game, no matter your age or experience—and how to become the

Get Free Coaching Mourinho

Playmaker, both in your professional and personal life. Coaches search for it. Parents dream of it. Fans love it. Athletes want it. The playmaker on any sports team possesses it: an elusive, intangible quality combining anticipation, perception, and decision-making skills. This quality raises their game above the competition and allows them to pass when no one else can, anticipate the movement of opponents, avoid costly mental mistakes, and ultimately, hold the team together. Now, for the first time, cognitive science research is revealing the secrets of the playmaker's keen sense of awareness. Just as tests of speed, strength, and agility have provided a baseline of physiological biomarkers, coaches can now capture cognitive metrics including attention, pattern recognition, anticipation, and the ability to take quick, decisive action during the chaos of competition. The Playmaker's Advantage is a groundbreaking book that will educate athletes of all ages about this essential creative capability in an accessible, easy to understand method.

A mazy dribble through the recent history of European soccer, showing how shifting styles and influence have shaped the game. In the early 1990s, the Dutch footballing philosophy was worshipped across the continent. Then the baton passed to the Italians, who clearly boasted Europe's strongest league. But when France started winning everything at the international level its national academy

became the template for others, until suddenly, almost out of nowhere, Europe's most revered player and manager both hailed from Portugal. Next, Barcelona and Spain won everything during a very obvious four-year period of dominance, before tiki-taka's decline meant Bayern and Germany took control. Finally, Europe's most successful coaches found themselves competing in England, introducing a brilliant cacophony of styles to the Premier League. Zonal Marking is a glorious travelogue through soccer's triumphant styles and characters. Pep Guardiola and Jose Mourinho are probably the two best coaches in the world. But they are not just coaches, there is much more to them than that. There are already dozens of books about their tactics and training methods. Instead, this book explains why they are different from all others from the perspective of their leadership, communication, emotional intelligence, talent and team management. These factors make the difference between winners and losers.

What is required from a successful hockey coach or a hockey team? How can you as the coach bring your team to the next level on ice, but also see and strengthen each individual in the team? How do you create engagement, work with goal setting, teambuilding, strengthen your players hockey capacity, run efficient on ice practices, reduce collaboration losses, get results and work with your communication and feedback, to develop your team and yourself? The team development and leadership areas are connected to an easy

Get Free Coaching Mourinho

to use and practical leadership model, strengthened with examples, teambuilding exercises, on and off ice practices and hockey drills for you to use. Is it possible to predict whether a hockey player, hockey team or a hockey coach will be successful? I say it is, and luck has nothing to do with it! This book provides analysis of Simeone, Guardiola, Klopp, Mourinho and Ranieri's tactics. Michail Tsokaktsidis is a UEFA 'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games, game situations and small sided games.

My Seventy Years of Spurs is veteran sportswriter Norman Giller's unique story of Tottenham Hotspur over the seven decades he has followed the Lilywhites. Norman saw the legendary 'push and run' side lift the league title in 1950/51, then as a press-box reporter he chronicled Tottenham's historic league and FA Cup double in 1960/61. He has been an eyewitness to all their triumphs and tribulations right up to the surreal 2020/21 season. Join him on a trip down White Hart memory lane in the company of each of the 30 managers who have been in charge during his 70 years as a supporter and reporter - from Arthur Rowe in the 1950s to the current master of the new Lane, Jose Mourinho. The book is introduced by Steve Perryman, captain of back-to-back FA Cup-winning Tottenham teams, who holds the club appearances record. My Seventy Years of Spurs provides an intimate and informative insight into the club from a renowned sportswriter who truly knows his Spurs.

The Real Giants of Soccer Coaching is a collection of the curated thoughts of nearly 30 top soccer coaches from around the globe. In this book, you will gain access to the depth and breadth of experience from some of the best coaches across all areas of the beautiful game: from grassroots to premier leagues and everything in between. You will learn theoretical details about tactical periodization,

Get Free Coaching Mourinho

positional play, and the science of motor learning. You will also learn from Youth National Team coaches, NCAA National Championship winning coaches, and First Division coaches from top European clubs. This book is a resource that can direct your coaching education over and around the perilous pitfalls that often consume most coaches. After reading this book, you will have gained the experience, knowledge, and wisdom of some of the best coaches across all areas of the game. You don't have to go your coaching path alone. Take this book and bring the wisdom of these top coaches with you to help navigate every corner, turn, and hazard along your way to becoming a great coach.

A soccer player is more than the sum of his parts: endurance, speed, shooting technique, passing technique, and many more. All of these factors need to be turned into one system to create good players. Traditional training theory doesn't achieve that because each skill is trained individually. This is why the concept of Tactical Periodization has become the preferred training theory for many of the current most successful soccer coaches: Pep Guardiola, José Mourinho, Diego Simeone, André Villas-Boas, and many others train according to these principles. By creating match-like situations in practice, players learn to link their technical, tactical, and athletic abilities to match intelligence. They will learn to transfer their skills to soccer matches and they can improve endurance, technique, and tactics all at the same time while enjoying the practice sessions more. For this book, the author has evaluated and analyzed hundreds of training sessions and has tailored exercises to specific demands. All exercises are performed with a ball so that players learn to apply each skill to the game. Every coach will find numerous exercises in this book to help them create better and more efficient practice sessions so they can improve their players' and the team's performance. With Tactical Periodization,

Get Free Coaching Mourinho

your team will become better and be successful on the next match day!

The Blizzard is a quarterly football publication, put together by a cooperative of journalists and authors, its main aim to provide a platform for top-class writers from across the globe to enjoy the space and the freedom to write what they like about the football stories that matter to them. Issue Nineteen contains 22 articles in 11 different sections: -----

Mourinho ----- * The Devil's Party, by Jonathan Wilson - The manager, his methods, and why it always goes wrong in the third season ----- Poetry ----- * The Unknown Football Fan, by Craig Smith * A Striker Fires Wide, by Craig Smith ----- Memories ----- * This Sporting Half-Life, by Alex Preston - Sport, ageing and the grudging acceptance of a novelist and his mortality * For the Love of the Honest Men, by Ally Palmer - An Ayr United fan reflects on decades of following the ups and downs at Somerset Park * Football v Alzheimer's, by Dermot Corrigan - How football is being used to stimulate the memories of Alzheimer's patients * The Immortality of Awfulness, by Javier Sauras and Felix Lill - In 1965-66, Tasmania Berlin played their only Bundesliga season becoming the worst team in German history * You are not Nacka Skoglund!, by Gunnar Persson - The meteoric rise and terrible fall of the Swedish Internazionale legend * The Stench of the White Elephants, by Jamil Chade - Only now is the full scale of the corruption that surrounded the Brazil World Cup beginning to emerge ----- Interview ----- * The Throwback, by Maciej Iwanski - Robert Lewandowski is proving the value of the old-fashioned striker. But what created him? ----- Photo Essay ----- * Going to the Match, by Przemek Niciejewski - A Kickstarter project to create a visual celebration of football culture; football without fans is nothing ----- Breeding Grounds ----- * Slaggy Island,

Get Free Coaching Mourinho

by Harry Pearson - South Bank was a grim industrial pocked of Teesside - and the home to a wealth of footballing talent * At the Feet of the Master, by Kit Gillet - Gheorghe Hagi has established an academy to try to develop a new generation of Romanian talent * What's Wrong With Finnish Football?, by Paul Brown - As Iceland qualify for Euro 2016, Finland is asking, "Why not us?" ----- Theory ----- * Chaos Theory, by Alex Keble - With so many variables at play, does anybody ever know anything? * Late Style, by Arthur O'Dea - Taking the theory of Edward Said about mature artists and applying it Giovanni Trapattoni * The Peter Principle, by Rupert Fryer - Promotion to a level of incompetence is a common idea in business, but is it true in football? ----- Austria ----- * The Burden of History, by Peter Linden - For years, Austrian football has been struggling to live up to its glorious past * Restoring the Glory, by Vladimir Novak - Austria's coach Marcel Koller explains their first tournament qualification in 18 years ----- Fiction ----- * The Quantum of Bobby, by Iain Macintosh - Can Bobby stop David Beckham getting sent off at the 1998 World Cup? ----- Greatest Games ----- * Hajduk Split v Crvena Zvezda (abandoned), by Charles Ducksbury - Yugoslav First League, Stadion Poljud, Split, 4 May 1980 ----- Eight Bells ----- * One-Hit Wonders, by Richard Jolly - A selection of players who enjoyed a fleeting moment of fame

How champions win and how they can be beaten. A League of Their Own provides readers with a closer look at the FIFA Club World Champions, such as FC Barcelona, Bayern Munich, Real Madrid and Manchester City. Readers will catch a glimpse into the history of these clubs while also learning about the individual philosophies of some of the top coaches. This book discusses different tactical philosophies as well as how these tactical approaches have been adjusted by some

Get Free Coaching Mourinho

of soccer's greatest coaches, such as Pep Guardiola, José Mourinho, Luis Enrique, and Louis van Gaal. Finally, readers will be taken through case studies of each individual team with a step-by-step analysis of how these tactical setups are successful and how they can be exploited. Each case study will provide a discussion of how each team sets up when in attack, defending, and in transition. Not only addressing how and why these tactical setups are powerful, this book also breaks down and specifies just how lesser teams can exploit the subtle weaknesses by adjusting their attacking, defending, and transition strategies. Winning the tactical battle on the pitch creates endless possibilities, and perhaps evens the playing field to continue intrigue of the game. In *The Winning Mindset*, Professor Damian Hughes, the acclaimed author of *Liquid Thinking* and *How to Think Like Sir Alex Ferguson*, draws on both his lifetime experience and academic background within sport, organization and change psychology to reveal the best ways to create a winning mindset in both personal and professional life. Having worked with some of the top teams in the UK, and watched some of the best coaches in the country at work, Hughes distils the five keys principles that separate the best coaches and teams from the rest: Simplicity; Tripwires; Emotions; Practical; Stories: STEPS. The role of a sports-team leader is fascinating, complex and tough. Fantasy football leagues may convince us that success is all about buying players and selecting a team. In reality, it is about creating winning environments –recruiting, developing and nurturing talent, effectively communicating a shared vision with a diverse collection of individuals, delivering on enormous expectations from a range of stakeholders, overcoming significant challenges, handling pressure and staying focused throughout: a set of challenges familiar to leaders in all sectors.

Get Free Coaching Mourinho

An explosive and shocking biography of Jose Mourinho - revealing the dark side of 'the special one'.

The assistant soccer coach has existed for decades, and is a standard figure within the coaching staff, with specific roles, functions and responsibilities. However, I find it strange that nobody has yet described this profession formally. I used to only be a head coach, until one day I was proposed to be the assistant coach of U18 team of FC Barcelona. That is when I started thinking about writing this book, moved by my desire to continue learning. If I wanted to train in my new role I could only do it by asking others and observing training sessions. But I was missing one of the pillars that has forever supported my training: studying and reading. With this book I hope to cover that lack of information. The book is divided into two parts: the first is based on describing the assistant coach in professional soccer and I have not found a more practical way to do it than through interviews with assistant coaches. Each interviewee has contributed his experiences from working with the most recognized soccer coaches: I am talking about people who have worked with Vicente del Bosque, Ernesto Valverde, Luis Enrique, Pep Guardiola, Mauricio Pochettino, Sergio González, Quique Sánchez Flores, and Paulo Sousa. The second part of the book is related to Youth soccer, which I have experienced in clubs like Atlético de Madrid and FC Barcelona. I propose the role of the assistant coach working in Youth soccer to be more formative and educational than what is currently given, and I want to direct their effort towards two dimensions: the team's sporting performance (which the vast majority do) and the individualized analysis of the young player (which very few do). This second dimension is described in the last chapter, to demonstrate a new vision of assistant coaches in Youth soccer, who in my view have to dedicate their time to improving the players as an athlete and as a person in a

Get Free Coaching Mourinho

more personalized and integral way.

For a top coach like Jose Mourinho, there is only one acceptable goal: to win. In order to achieve this, the Portuguese coach knows that it is absolutely essential to form a cohesive group. What does he do to build teams, to lead them to transcendence, to motivate them after big wins, to manage huge egos in working towards the same objectives? The answer to these and other questions are in this book. Two veteran sports writers and editors take readers inside the history of the most-watched sports league on earth -- England's Premier League.

The gripping biography of one of the most successful managers in the game, José Mourinho, giving a rare insight into Mourinho the man as well as Mourinho the manager. José Mourinho is undoubtedly one of the most charismatic and controversial characters in football today. Never far away from the headlines, it is the drama surrounding him as much as his many successes that make him such a fascinating figure. Having worked at some of the biggest clubs in the world - Porto, Chelsea, Inter Milan, Real Madrid and Manchester United - Mourinho knows how to deliver when it matters. Leaving trophy cabinets bursting wherever he's been, he has a claim on being the greatest manager in his sport. But is the way he conducts himself on the touchline and in front of the cameras the real José Mourinho, or an act he puts on for the watching world? Author Robert Beasley has followed Mourinho's career closely since his arrival on the English football scene in 2004. An award-winning sports correspondent, Beasley has been the one person granted privileged access to the Special One's inner sanctum, and he found there a man few ever get to know - let alone get to call a friend. This is the story of José Mourinho, up close and personal. Delving into the workings of the famed manager's mind, as well as the backroom antics and transfer sagas at

Get Free Coaching Mourinho

the game's greatest clubs, we see the world from José's point of view. Revealing the untold stories behind how close Mourinho came to getting the England and Tottenham jobs and his sometimes tumultuous relationships with the likes of Roman Abramovich, Rafael Benítez and Arsenal boss Arsène Wenger, and why he will always put family and friends before football, this is a side to José Mourinho you never thought you'd see.

«Nel calcio non ci sono superuomini, ci sono solo uomini che vincono più spesso di altri.» José Mourinho. José Mourinho è unanimemente considerato il più grande allenatore di calcio vivente. Oltre a prestigiosi riconoscimenti individuali a livello internazionale (miglior allenatore del mondo, Pallone d'oro degli allenatori, Panchina d'oro), ha vinto innumerevoli trofei nazionali e internazionali in un breve arco di tempo e con squadre di diversi paesi (Portogallo, Inghilterra, Italia e Spagna). Scritto da due esperti di leadership e gestione d'impresa, Coaching Mourinho ripercorre la carriera dello «Special One» dai suoi esordi come interprete nello Sporting Lisbona ai trionfi che gli hanno dato fama mondiale: un ritratto del mitico portoghese che è anche un'indagine sui segreti del suo successo. Aggiornato agli ultimi eventi della stagione 2011-2012, il libro non è indirizzato solo agli amanti del calcio curiosi di conoscere la filosofia del grande allenatore e il modo in cui prepara le partite; sa anche rivolgersi a chiunque voglia capire meglio come si dirige con successo un gruppo di persone o un'impresa.

With rare and unrivaled access, bestselling coauthor of Soccernomics and longtime Financial Times journalist Simon Kuper tells the story of how FC Barcelona became the most successful club in the world—and how that era is now ending FC Barcelona is not just the world's highest grossing sports club, it is simply one of the most influential organizations on the planet. At last count, it had approximately 214 million

Get Free Coaching Mourinho

social media followers, more than any other sports club except Real Madrid CF—and by one earlier measure, more than all thirty-two NFL teams combined. It has more in common with multinational megacompanies like Netflix or small nation-states than it does with most soccer teams. No wonder its motto is “More than a club.” But it was not always so. In the past three decades, Barcelona went from a regional team to a global powerhouse, becoming a model of sustained excellence and beautiful soccer, and a consistent winner of championships. Simon Kuper unravels exactly how this transformation took place, paying special attention to the club’s two biggest stars, Johan Cruyff and Lionel Messi, who is arguably the greatest soccer player of all time. Messi joined Barça at age thirteen and, more than anyone, has been the engine and standard-bearer of Barcelona’s glory. But his era is coming to an end—and with it, a once-in-a-lifetime golden run. This book charts Barça’s rise and fall. Like many world-beating organizations, FC Barcelona closely guards its secrets, granting few outsiders access to the Camp Nou, its legendary home stadium. But after decades of writing about the sport and the club, Kuper was given access to the inner sanctum and the people behind the scenes who strive daily to keep Barcelona at the top. Erudite, personal, and capturing all the latest upheavals, his portrait of this incredible institution goes beyond soccer to understand FC Barcelona as a unique social, cultural, and political phenomenon.

When studying the social phenomena in and around football, five major aspects of globalisation processes become evident: international migration, the global flow of capital, the syncretistic nature of tradition and modernity in contemporary culture, new experiences of time and space and the revolution in information technologies. In an exploration of these themes the collection provides insight into academic studies of football in Portugal, Germany, England, Spain,

Get Free Coaching Mourinho

Brazil, Angola, Mozambique, China, Japan, South Korea, Russia and the USA. At examining football-related phenomena under the headings of nations and migration, myths and business, the city and the dream, it shows how modernised football itself is object and subject in processes of both neo-liberal globalisation and counter hegemonic globalisation. While the contributions highlight characteristics of particular local and national contexts, the volume focuses on global centre-periphery-relations and migration trajectories of football professionals by analysing recent developments in post-colonial Portuguese speaking areas: The high ranking of "Portuguese football" not only serves in national(ist) discourses or in order to emancipate the country from a marginal position, it also turns Portugal into a football-talent exporter, confronting it partly with the same ambiguous consequences as Brazil and the African countries, who "lose" their football talents to the European centre. The receiving countries, again, include Portugal. This book was previously published as a special issue of Soccer in Society

Mourinho is a beautiful illustrated book which is both a sumptuous celebration of The Special One's managerial career so far, and an enigmatic insight into his unique brand of football wisdom and philosophy. In the legendary manager's very first book, and in his own images and captions, Jose Mourinho charts the peaks and troughs of the opening fifteen years of what has been a stellar rise to the summit of the global game. Through more than 120 personally selected images (some of which are exclusive to the book), fans will relish an intimate and unmissable opportunity to understand and further appreciate this giant of the sport.

In his national bestseller, *Soccernomics*, Simon Kuper pioneered a new way of looking at soccer, the world's most popular game, through his witty and meticulous use of data.

Get Free Coaching Mourinho

In Soccer Men, Kuper explores the heart and soul of the sport by getting up close and personal with soccer's greatest players and coaches. An inquiry into the genius and hubris of the modern game, Soccer Men details the lives of international stars such as Arsène Wenger, Jose Mourinho, Josep Guardiola, Lionel Messi, Wayne Rooney, and David Beckham, describing their upbringings, the soccer cultures they grew up in, the way they play or coach, and the baggage they bring to their relationships at work. In this updated edition, Kuper profiles Hope Solo, Raymond Domenech, Andrea Agnelli, Robin van Persie, Carlo Ancelotti, and more. He also provides a brilliant comparison of two tales of immigrant life: Philip Roth's Portnoy's Complaint and the autobiography of Swedish striker Zlatan Ibrahimovic. Did you know that Chelsea FC's biggest rival is fellow London team Arsenal FC? The teams have played against each other more than 170 times. Learn more exciting facts about this fascinating soccer club in Chelsea FC, an Inside Professional Soccer book.

The British sportswriter goes inside some of Europe's best soccer clubs—from Bilbao to Bavaria and beyond—to reveal their winning secrets. In The European Game, Daniel Fieldsend travels across Europe to discover the methods for success used at some of the continent's biggest Football clubs—from Ajax, Juventus and Benfica to Bayern Munich, A.C Milan, Lyon, Athletic Bilbao and many more. At every stop, Fieldsend pulls back the curtain to reveal what makes each club tick, speaking to everyone from scouts and academy coaches to first team managers, analysts and board members. Insightful, ambitious and compelling, The European Game is about more than just a game. It's about community, identity and attachment. It explores leadership, tactics, coaching and scouting as well as politics, finance, fandom and culture. Celebrating the uniqueness of football

