

Clinging The Experience Of Prayer

Henri Nouwen, who died in 1996, was one of the most significant writers on spirituality of the late twentieth century. Reaching Out combines two of his most popular books in one volume. With a foreword of personal appreciation by the ever popular Father Gerard Hughes, this special edition will be treasured by the many admirers of Henri Nouwen. The main part of the book is Reaching Out which answers the question 'What does it mean to live a life in the Spirit of Jesus Christ?' The second part is Glimpse Beyond the Mirror which is a very personal account of the author's spiritual life in the aftermath of a terrible accident.

Twenty of today's leading writers of faith--Doris Betts, Harold Fickett, Richard Foster, Erin McGraw, Eugene Peterson, Luci Shaw, Philip Yancey, and others--reflect on all aspects of the writing vocation. Topics include: How to begin, the editor-writer conversation, key differences between genres, motivation and writers block, the ways writers spend time when they are not writing, and more. Both writers and lovers of the written word will savor the wisdom and flashes of insight in this engaging book.

Praying girls are strong girls, brave girls who know that their worth lies in who God says they are, girls who trust him and know that he always comes through. But how do we get our girls to see prayer as more than just a thing they do when they go to bed? How do we encourage them to see each moment spent with God as part of a larger

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conversation and a deepening of the most important relationship of their lives? With *Praying Girls Devotional*, bestselling author Sheila Walsh offers girls ages 11 to 14 the tools to begin a life of prayer. She helps them learn - to talk to God in a simple and honest way - how to pray when they don't know what to say - that God is listening and that no problem is too big and no prayer too small - that prayer is a powerful weapon for every girl - and so much more. If you long to see your daughters, granddaughters, nieces, and other girls in your life develop a strong prayer life, this beautiful two-color devotional makes the perfect gift for every girl.

A parent's handbook for integrating prayer into one's daily life features more than four hundred prayers and blessings for every occasion, including prayers of praise and petition, bedtime and mealtime prayers, holiday blessings, prayers of thanksgiving, and more.

Becoming Jesus' Prayer invites readers to take a new look at the Lord's Prayer - words so familiar to Christians, yet often muttered without thinking. Each chapter features a story, theological reflection, discussion questions, guidelines for weekly prayer at home and corporate prayer, and hymn suggestions. It also includes a leader's guide, seven sessions for groups, five appendices that include the Lord's Prayer in hymns, as many litany and music, a Lord's prayer bibliography, and a prayer bibliography. Can be used in individual or group settings.

"I hope that as you start praying the Psalms, you will feel His presence in all the things

that you do and you will feel His guidance through both storms and long periods of waiting. I hope that you will see God as your life and breath instead of as your religion." The Psalms are among the most beautiful poems ever written, but sometimes they feel very far from us and our daily struggles and goals. In *Psalms for Trials: Meditations on Praying the Psalms* by Lindsey Tollefson, we see that the Psalms are not just pious words for the religious, but they are meant to be our prayers for every trial we face, just as they have been a comfort for generations of Christians before us, including King David and the Lord Jesus. The Psalms allow us to pour ourselves out in prayer to God and to receive the comfort that comes from the promises found in His Word. This book includes forty-four bite-sized reflections on the Psalms, each ending with concrete recommendations on how to use the Psalms in your prayers and more importantly, how to live them out. After you have read this book, your prayers will never be the same again.

For those seeking contentment and comfort in even the most trying circumstances of life, *Peace with the Psalms* offers guided readings rooted in Christian meditation. We live in a busy world; from work and family obligations to friendships and faith, daily life can sometimes make us dizzy with stress or overcome with worry. And though many of us try to slow down, it can be difficult to calm our minds and tune our hearts into the messages that matter most. But the good news is that peace and comfort are attainable, even when your heart is at its most restless. In *Peace with the Psalms*,

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authors from Abide Christian Meditation--the world's most popular Christian meditation app--lead you through the best of the Psalms so you can find peace and renewal in God's promises. In each of 40 carefully crafted biblical meditations that include Scripture, a guided reflection, and a prayer, you will learn to: Shift your focus from today's circumstances to the promises of God Experience the principle of patience, reassuring believers in the darkest times Find rest by memorizing and repeating key verses and passages Overcome the common resistance to joy that comes from overactivity Engage your senses in imagining the word pictures of the Psalms No matter what you're going through, Peace with the Psalms offers comfort from God's Word. By reflecting on the biblical messages in these pages, you'll remember each day that God is near.

"Friend, if you are worn-out and know you 'should' pray but have no words, there is help in these pages. Stacey Thacker knows the depths of deep dependence on God. She's been through the nothing-left-to-give moments. The ones in which you can only whisper, 'Lord, help.' With her authentic devotions and the Holy Spirit groaning on your behalf, I'm confident you will find hope and encouragement in these pages." –Heather MacFadyen, Host of the Don't Mom Alone Podcast about Threadbare Prayer Life sometimes brings difficult situations or circumstances that can leave us feeling run-down, drained, worn-out, and threadbare. These are the times we most desperately need prayer, but they can also be the times we simply don't have the words to form a

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prayer. In *Threadbare Prayer*, Stacey Thacker presents 100 simple yet heartfelt devotions to guide readers on the days they don't know what to pray. Each entry in this attractive, gift-worthy devotional contains a Bible verse, a brief thought, and a simple, concise prayer to encourage the reader's heart. From the Introduction

Threadbare [thred-bair] adjective 1. having the nap worn off so as to lay bare the threads of the warp and woof, as a fabric, garment, etc. I propped my feet on the ottoman and noticed my jeans had finally worn thin enough at the knee to be considered stylish. Threadbare they are. I picked the string still holding on for dear life and thought, How appropriate. I'm feeling every bit threadbare myself. My nap has worn off. Worn to the naked thread. I'm hanging on for dear life. Features 100 devotions including a Bible verse, a brief thought, and threadbare prayer. Helps guide readers on days they don't know what to pray. Make a great women's gift. Attractive hardcover devotional book with 2-color interior. More Praise for *Threadbare Prayer* "Threadbare Prayer is for the weary and heavy laden one who needs help turning to the only One who can shoulder our everyday burdens as well as our especially broken spaces. Not only will this book help you know how to pray in your time of need, it will point you again and again to the goodness and glory of our capable, faithful God. " –Katie Orr, author of *Secrets of the Happy Soul: Experience the Deep Delight You Were Made For* "If you've ever felt like there is just the thinnest thread holding you together, this book is for you. It's raw and real and beautiful. When you don't know what to pray, how to pray, or even why you

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should pray, pick up Threadbare Prayer." Whisper these words from one who knows the weariness, the worry, and the weight and hear the whisper of peace from the One who hears, who sees, who knows, and who cares. –Teri Lynne Underwood, author of *Praying for Girls: Asking God for the Things They Need Most* "I'm convinced that one of the reasons God allows us to walk through hard things is so He can use our lives to tell a story of His faithfulness to the people around us watching, waiting to see if the God we say we love is worth following. He did it with Hosea. He did it with Paul. He is doing it with Stacey Thacker. Over the last few years I have watched her absolutely refuse to stop clinging to Christ in the midst of a deluge of hard things. The words in this book are hard-won. They are hard-lived. These prayers have been prayed so many times...but the beauty of threadbare prayers is that they never, ever wear out...even when we do. I'm so grateful to Stacey, and the entire Thacker family, for allowing us to see Jesus in them." –Brooke McGlothlin, co-founder of millionprayingmoms.com, and author of *Praying for Boys: Asking God for the Things They Need Most* "I was deeply moved reading Threadbare Prayer. Moved in my core from page one, with burning tears, and then into comfort and truth of Jesus. Page after page, prayer after prayer, reminded me to lift my eyes from my struggle to The One who saves. " –Francie Winslow, Host of the Heaven in Your Home Podcast

Featuring daily meditations for the complete seasons of Advent, Christmas, and Epiphany, an illuminating and visually stunning book helps readers to rediscover the meaning of Christmas

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through profound words that are enhanced by classic and contemporary art masterpieces. \$20,000 budget.

"Hidden Mountain Secret Garden: a theological contemplation on prayer" helps the reader discover the riches of mental prayer in the Catholic Tradition. In fact, the images of the "Hidden Mountain" and the "Secret Garden" are ancient metaphors for contemplative prayer, a kind of prayer that begins and ends in faith. This book is especially for those whose prayer is a search for the loving eyes of One who has conquered death. This kind of prayer beholds the wonder of Christ's living but hidden presence in one's highest thoughts and most noble aspirations as well as in one's instinctual urges and deepest longings. The ecstasy of this kind of prayer extends beyond even the vast unexplored horizons of the human heart and opens to an immensity of such excessive mercy that all else is forgotten -- and only love remains. The whole world needs this love: it is the secret garden, the hidden mountain, the inexhaustible riches only prayer knows and an excess of grace only prayer can make known. This is why Blessed John Paul II told the Church not to be afraid to open wide the doors of our hearts to Christ and it is why He told the young people of the world to be proud to proclaim the Gospel of the Lord. For those brave souls who have faithfully open their hearts to the Lord through this discipline of this kind of prayer, every Christian owes you a debt of gratitude. For those who want to join them, this work encourages you along the way -- for the journey you endeavor is at once the most perilous, the most heart-rending and the most wonderful adventure this world has ever known. "Dr. Anthony Lilles has authored an introduction to prayer that is inspiring and encouraging. For those desiring to pray this is a resource that is full of practical advice - written simply and attractively. This book bears the mark of a man - husband, father and teacher - who

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is not only imbued with the wisdom of the Saints, but who has also, through his own prayer, learned how all of us can, through prayer, foster faith in and love for Jesus and his Gospel." THOMAS G. WEINANDY, O.F.M., CAP. Executive Director for the Secretariat for Doctrine United States Conference of Catholic Bishops This is a wonderful book. I've taught spiritual theology many years and I wish I had had this text use. In fact, I wish I had written this book. It is scriptural, patristic, historical, theological, mystical, experiential and user friendly. Dr. Lilles takes us through the spiritual journey of prayer, citing Fathers and doctors, saints and even sinners to guide us on our Christian way toward contemplation. Weaving many themes into a harmonious whole, he opens up the life of contemplation for all Christians, our baptismal birthright in a way that is accessible and attractive. This is a book one will read more than once. FR. GILES DIMOCK, O.P., S.T.D University Parish of St. Thomas Aquinas At the University of Virginia In this book we find the real meat of the new evangelization. The church in America will not be renewed by "facts about Jesus" but only through one's choice to let Christ reach the heart and change it from within. It is an ancient message received by only few: Do not be afraid of letting go of what now defines you. Let Christ tell you who you are. Dr. Lilles is one of the ablest guides to lead us through to such a choice. Will I stay with knowledge about Jesus or will I enter the garden of prayer and finally come to know Him!! Do not be afraid to be loved, read this book. DEACON JAMES KEATING, PH.D, Institute for Priestly Formation, Omaha, NE

How do you turn your struggles into strengths? Beloved Bible teacher Sheila Walsh teaches readers how the daily spiritual practices of confession, meditation on God's Word, and prayer result in fresh freedom in Christ. In her long-awaited new book, Sheila Walsh equips women

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with a practical method for connecting with God's strength in the midst of struggle. From daily frustrations that can feel like overwhelming obstacles to hard challenges that turn into rock-bottom crises, women will find the means to equip themselves for standing strong with God. Using the spiritual applications of confession, prayer, and meditation on Scripture to form a daily connection to Jesus, women will learn how to experience new joy as a child of God who is fully known, fully loved, and fully accepted. In *In the Middle of the Mess*, Walsh reveals the hardened defenses that kept her from allowing God into her deepest hurts and shares how entering into a safe place with God and practicing this daily connection with him have saved her from the devil's prowling attacks. Though we will never be completely "fixed" on earth, we are continually held by Jesus, whatever our circumstances.

Time in "the wilderness" -- solitary meditation on simplicity, prayer, and other key disciplines of faith -- is directly in keeping with Jesus' example of going apart to pray. Now, with the clarity and encouragement that distinguish the *Renovaré* collection of spiritual resources, this gentle guide to retreat unshrouds that historical tradition -- and so reveals marvelous opportunities for spiritual renewal in contemporary Christian practice. Helping us to create self-guided retreats -- for individuals or groups -- Emilie Griffin offers plans, encouragements, and suggestions based on her own experience and fortified by the inspiring words of contemporary Christian writers such as Eugene Peterson, Luci Shaw, and Virginia Stem Owens. A virtual primer for retreat, this volume defines the basics and provides practical tips on setting realistic expectations and on achieving the relaxation and freedom necessary for the soul to become, in the words of de Caussade, "light as a feather." A detailed one-day retreat makes an ideal model for first-timers, and several different examples illustrate how time in the wilderness can be both accessible and

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wonderfully illuminating -- no matter what your schedule. Wilderness Time is another balanced, practical strategy from Renovaré helping us grow closer to God.

The Mahamudra Prayer by the Third Karmapa Rangjung Dorje is a short yet thorough and profound text which presents all the essential points of Mahamudra teaching in terms of view, practice, and fruition. It is a classic that, especially in the tradition of the Karma Kagyu school of Tibetan Buddhism, has been and is widely used whenever a disciple is given a first introduction into Mahamudra. The Third Karmapa shows how to recognize our ultimate potential as a buddha. The short root text is further explained by Khentin Tai Situpa Pema Donyo Nyingje Wangpo, the twelfth incarnation of the Tai Situpa lineage, which is one of the most important lineages of the Kagyu tradition. His deep understanding of Western culture, especially of the Western psychological perspective, allows him to expound the Dharma with a clarity and directness that is truly inspiring.

Why is it so hard to master consistent and meaningful prayer? MaryKate Morse explores 24 pathways of prayer meant to give readers a vast array of ways to focus and reflect. Whether you are a beginner or a lifetime person of faith, you will find a treasure trove of riches here to guide you into a deeper experience of prayer

Are you struggling today? Do you look back and long for what used to be, or are you looking ahead and have no idea what's coming? Are you stuck in the middle of a mess because life has not turned out as you expected? When you run to God for answers, do you often feel like you aren't getting them--or at least aren't getting the answers you want? Are you holding on . . . but not sure how much longer you can? In times of not knowing, Sheila Walsh offers a lifeline of hope. With great compassion born of experience and hardship, Walsh comes alongside the

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hurting, fearful, and exhausted to remind us that we serve a God who is so much greater than our momentary troubles, no matter how insurmountable they feel. She doesn't offer a quick fix. She offers a God fix. Sharing from her own painful struggles and digging deep into biblical stories of rescue, hope, and miracles, she gives you the strength to keep going, to keep holding on to God in a world turned upside down. The accompanying study includes 10 lessons to help individuals or groups dive deeper.

Daily Devotions for Lent "Griffin is a trustworthy guide . . . She writes with the unmistakable authenticity and authority of a woman steeped in prayer."—America Join Emilie Griffin in these daily devotions for Lent. Using ancient and modern texts as inspiration for her own reflections, Emilie Griffin nurtures and guides us into a deeper knowledge of ourselves and God. We discover that Lent is our chance for a fresh start, and an opportunity to joyfully put ourselves in God's hands. We are converted not only once in our lives but many times, and the conversion is little by little and often imperceptible. But Lent gives us a time to move the process along, intentionally, by a series of small surrenders. When we choose some exercise for Lent—daily worship, daily prayer, abstinence from one thing or another, it is not so much the practice that transforms us, but it is our willingness to change. -from *Small Surrenders*

When Katherine James and her husband found out their son was using heroin, they struggled to come to grips with this surprising reality. In this sensitive, vulnerable memoir, award-winning novelist James tells her family's story through her son's addiction, overdose, and slow recovery. Not simply a look at drug abuse in suburban America, this story is also a meditation on loving a wayward child and trusting in God's

providence through it all.

Bringing our needs and desires to God has always stood at the heart of Christian prayer. But why is petitioning God so important? In "Prayer: The Cry for the Kingdom" noted theologian Stanley Grenz points to petitionary prayer as a crucial way for us to be involved with God's work in history. At the center of such prayer, Grenz argues, is the cry to God that his kingdom might come into the world. Grenz explores key questions that many Christians ask: What does it mean to pray "according to God's will"? Should we persist in petitioning God for our needs? Does prayer really influence God? In the process of addressing these questions, Grenz offers practical guidance on praying effectively and challenges the contemporary church to recapture what it means to be a church that prays. Revised and completely rewritten, with the inclusion of additional material, and now featuring an insightful foreword by Eugene Peterson, Grenz's "Prayer: The Cry for the Kingdom" will help readers from every Christian tradition to foster a richer personal and communal life of prayer.

Whether you are a beginner at prayer or fully engaged in the life of prayer, this little book will offer profound insight and encouragement. Emilie Griffin discusses the relentless human hunger for prayer, the seeming elusiveness of God, the pitfalls of discouragement and doubt, and the whispers of consolation that come through prayer. She invites us ultimately to put the book down, to mend the ragged edges of our own prayer lives, and to set out once again on the remarkable adventure that is prayer.

Daily spiritual practice takes dedication and discipline, and we often wonder where to start and how to keep it from feeling like yet another task on our to-do list. In this grounded, practical book, author Derek Olsen uses The Book of Common Prayer for a template to a deeper spiritual life. Olsen explains the purpose and intention of the prayer book with fresh insight, offering practical applications for daily living.

Paying homage to prayer traditions from around the world and throughout history, this celebration of prayer covers everything from Pentacostalist revivals to the sacred pipe to the Catholic rosary. Reprint.

Pietism is a reform movement originating among German Lutherans in the 17th century. It focused on personal faith, reacting against Lutheran Church's emphasis on doctrine and theology over Christian living. The movement quickly expanded, exerting an enormous influence on various forms of Christianity, and became concerned with social and educational matters. Indeed, Pietists showed a strong interest in issues of social and ecclesial reform, the nature of history and historical inquiry, the shape and purpose of theology and theological education, the missional task of the church, and social justice and political engagement. Though, the movement remained largely misunderstood, especially in Anglo-American contexts: negative stereotypes depicted Pietism as a quietist and sectarian form of religion, merely concerned with the 'pious soul and its God'. The main proposal of the editors of this volume is to correct this misunderstanding: assembling a deep collection of essays written by scholars from a

variety of fields, this work demonstrates that Pietism was a movement characterized by great depth and originality. Besides, they show the vitality and impulse of Pietism today and emphasize the ongoing relevance of the movement for contemporary problems and questions.

A comprehensive lay spirituality formation program for those who are seeking a deeper, more meaningful spiritual relationship with Christ. Participants are invited to open their minds, share thoughts and opinions, review gospel passages, and apply the Way, the Truth, and the Life in their cultural relationships.

Do you ever find it hard to pray and don't know what to say? Prayer is one of the most powerful, life-changing things we will ever do, and yet we often struggle. It's hard to find the time. It's repetitive, we get distracted and sometimes even bored. And the answers often feel few and far between. The good news? There is a simple, powerful way to reignite your conversation with God. In *Praying Women*, bestselling author Sheila Walsh shares practical helps directly from God's Word, showing you how to - know what to say when you pray - understand how to use prayer as a weapon when you are in the midst of a struggle - pray as joy-filled warriors, not anxious worriers - let go of the past and stand on God's promises for you now Prayer changes you and it changes the world. You may have tried before, but if you're ready to start again in your relationship with God, let Sheila Walsh show you how to become a strong praying woman.

Glorious Language And when Paul had laid hands on them, the Holy Spirit came

upon them, and they spoke with tongues and prophesied (Acts 19:6). The Glory Within is about the glory of the new birth, the indwelling Spirit, and your call to right now access the life of God within you—through speaking in tongues. And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues (Mark 16:17). Many Christians don't realize the abundant, glorious benefits found in speaking in tongues. Realizing this gift brings you closer to God and your spiritual destiny in a variety of ways including: Engaging the revelatory realm of mysteries Edification Building a capacity for God Successful spiritual warfare Holiness And many other spiritual realities The lack of revelation of what you now possess and how to intimately access God may result in a less-than-fulfilling Christian experience and lifestyle. The Glory Within awakens your spiritual senses and inner spirit so you can become the person God created you to be.

The Brightest Lights of the Christian Tradition St. Augustine, Thomas Merton, Fredrick Buechner, Evelyn Underhill, A.W. Tozer, G.K. Chesterton, Thomas More, Martin Luther King, Jr., Amy Carmichael, Simone Weil, Pierre Teilhard de Chardin, Hildegard of Bingen, John Milton, Dorothy Day, Leo Tolstoy, Gerard Manley Hopkins, and more. . . From nearly two thousand years of Christian writing comes Spiritual Classics, fifty-two selections complete with a profile of

each author, guided meditations for group and individual use, and reflections containing questions and exercises. Editors Richard Foster and Emilie Griffith offer their expertise by selecting inspirational writings and including their own commentary and recommendations for further guided reading and exploration. "We do not set out to become old. Far from it. We hardly intend even to become middle-aged. Instead we plan to live in some eternal now which will lead on to something better, something more complete than what we had before. . . . Sometime in our spiritual travels, as a complete surprise, we notice it has become winter. . . . This change has occurred, it seems, without preparation, without fair warning." So spirituality writer Emilie Griffin begins, taking us on an exploration of our later years. It is a book filled with wonderful, rich story, carefully crafted spiritual exercises and wisdom from those who have gone before us. She explores relocation, vocational changes, losing her mother, and negotiating and renegotiating her relationships with her grown children. The journey of our later years is a wondrous voyage, though turbulent at points. But it is, as Emilie Griffin reminds us, the journey we have been preparing for all along. In *Simple Ways to Pray*, Emilie Griffin offers her readers an intimate and accessible introduction to the history and practice of prayer in the Catholic tradition. Meaning both to engage the beginner and encourage the experienced,

Griffin explores the different types, devotional styles and techniques of prayer as well as outlining practical strategies for starting and sustaining an interior spiritual life. Describing prayer as "that deep urgency or longing for something beyond-something greater than ourselves," Griffin extends an open and inclusive invitation to all readers to put themselves in the presence of God. And, by doing so, to open up their hands, minds and hearts to receive the full potential of God's love and know the richness of living an engaged spiritual life. This book is ideal for individual or group use in parishes and classrooms.

You have an enemy . . . and he's dead set on destroying all you hold dear and keeping you from experiencing abundant life in Christ. What's more, his approach to disrupting your life and discrediting your faith isn't general or generic, not a one-size-fits-all. It's specific. Personalized. Targeted. So this book is your chance to strike back. With prayer. With a weapon that really works. Each chapter will guide you in crafting prayer strategies that hit the enemy where it hurts, letting him know you're on to him and that you won't back down. Because with every new strategy you build, you're turning the fiercest battles of life into precise strikes against him and his handiwork, each one infused with the power of God's Spirit. New York Times bestselling author Priscilla Shirer, widely known for her international speaking, teaching, and writing ministries, brings her new

role from the 2015 film War Room into the real lives of today's women, addressing the topics that affect them most: renewing their passion, refocusing their identity, negotiating family strife, dealing with relentless regrets, navigating impossible schedules, succeeding against temptation, weathering their worst fears, uprooting bitterness, and more. Each chapter exposes the enemy's cruel, crafty intentions in all kinds of these areas, then equips and encourages you to write out your own personalized prayer strategies on tear-out sheets you can post and pray over yourself and your loved ones on a regular basis. Fervent is a hands-on, knees-down, don't-give-up action guide to practical, purposeful praying.

The movement from isolated self-sufficiency to the "clinging" to God which is prayer is the subject of Emilie Griffin's sequel to Turning: Reflections on the Experience of Conversion. Through Scripture and her own interior struggle, she describes experiences such as yielding, darkness and transparency, which occur not in ordered sequence but as "moments" in the journey of prayer.

By God's design, the desire to be wanted and loved runs deep inside everyone He created. In an engaging and down-to-earth way, author Kim Cash Tate encourages you to satisfy that desire by living in the fullness of God's love. Cling shares wisdom from biblical examples and the author's personal experiences to

help you cultivate an ongoing closeness with the Lord through prayer and Bible study. Discover how to have an intimacy with God that will sustain you through the imperfect, the disappointing, and the trying times of life.

"Some churches now advertise courses on how to pray. How ridiculous! That is like giving a course on how to fall in love." —A. W. Tozer Tozer understood prayer as few do: as a way of life. Now readers can share that same grand vision.

Prayer combines the best of Tozer on prayer into one volume. Tozer was captured by the great wonder of God, and he regarded prayer as the primary means of coming into His presence. But if our everyday life is filled with the barrenness of busyness and there is no serious urgency to pray, we forfeit the wonder of being conformed to the image of Christ and knowing our God more intimately—the true Christian life. Prayer is doable. God is accessible. And Tozer provides the wisdom and encouragement to help us encounter Him daily. With commentary and reflection questions provided by compiler W.L. Seaver, Prayer takes our understanding of prayer to new depths and helps us have a life that prays.

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In *Wonderful and Dark Is This Road*, Emilie Griffin invites us to discover the fascinating, yet often misunderstood, spiritual path of mysticism. Griffin explores the origins of mysticism, the

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different expressions and gifts of mysticism, and the recognized stages on the mystical journey. In beautifully transparent prose, she illuminates the insights of famous mystics throughout the centuries, from the Apostle Paul, to the Desert Fathers and Mothers, to Thomas Merton and Evelyn Underhill. Ultimately, and perhaps most importantly, Griffin reveals mysticism as a spiritual path that is open to us all, offering the gift of an intimate knowledge of divine love to those who choose it. This is a book that has the potential to transform not only our inner lives, but our world.

Best-selling author Richard J. Foster offers a warm, compelling, and sensitive primer on prayer, helping us to understand, experience, and practice it in its many forms—from the simple prayer of beginning again to unceasing prayer. He clarifies the prayer process, answers common misconceptions, and shows the way into prayers of contemplation, healing, blessing, forgiveness, and rest. Coming to prayer is like coming home, Foster says. "Nothing feels more right, more like what we are created to be and to do. Yet at the same time we are confronted with great mysteries. Who hasn't struggled with the puzzle of unanswered prayer? Who hasn't wondered how a finite person can commune with the infinite Creator of the universe? Who hasn't questioned whether prayer isn't merely psychological manipulation after all? We do our best, of course, to answer these knotty questions but when all is said and done, there is a sense in which these mysteries remain unanswered and unanswerable . . . At such times we must learn to become comfortable with the mystery." Foster shows how prayer can move us inward into personal transformation, upward toward intimacy with God, and outward to minister to others. He leads us beyond questions to a deeper understanding and practice of prayer, bringing us closer to God, to ourselves, and to our community.

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Rupp opens up Scriptures that teach how to pray and applies them to daily life. She encourages readers "to pray always" through an awareness of the God of Love, "in whom we live and move and have our being."

Reflections on different aspects of prayer.

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