

Career Development And Counseling Putting Theory And Research To Work

Academic textbook paper back Describes a theory of vocational behavior This book proposes new insights into not only vocational choices, but, more widely, unconscious processes potentially affecting career decisions, strategies and adjustment. It constitutes the first manual providing a well-designed intervention of group career counseling grounded in a psychodynamic framework. In terms of application, the intervention discussed here is suitable for clients across different stages of career paths and professional growth, such as the entry into the labor market, work transitions and career development. It includes a detailed description of the career counseling sessions, technical aspects and methodological tools, along with helpful case illustrations, examples and scripts. The book will be of interest for an international audience, particularly psychologists providing career services or dealing with career-related issues in clinical practice. Furthermore, it represents a relevant source of information for researchers and practitioners in the field of career counseling and vocational guidance.

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Offers a comprehensive approach to life and career development, looking at all the areas in which career goals and problems develop--including work, education, training, leisure, and family. Presents techniques, resources, and strategies that practitioners can use to incorporate all these elements into their counseling approaches.

Career Development and Counseling Putting Theory and Research to Work John Wiley & Sons

Unique in the way it links five major career development and choice theories to a fictional case client, this user-friendly text is ideal for counselors engaged in helping clients make wise career choices. Thoroughly updated, the Third Edition of Career Theory and Practice takes a multicultural approach as it blends theory, practical examples, and specific cases, helping readers apply a wide range of career development theories to counseling clients.

This practiced-based handbook describes postmodern career counseling models and methods designed to meet clients' diverse needs in today's challenging work environment. Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues, such as coping with developmental tasks, career transitions,

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and work traumas. Drawing directly from their experiences with clients, career counseling experts link theory to practice in 17 application chapters that demonstrate the process of postmodern career assessment and intervention embedded in culture and context. Multicultural case vignettes and a “Practical Application Guide” in each of these chapters facilitate classroom learning and discussion. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

Essentials of Career Focused Counseling: Integrating Theory, Practice, and Neuroscience posits that career counseling, rather than being vocational rehabilitation, career guidance, or employment counseling, is counseling related to career issues. This vital shift in understanding changes the counseling approach and frees counselors to engage from an empowered perspective with career-related presenting problems. Through the use of vignettes, reflection questions, and case studies, students are able to explore topics such as career development theory, career and mental health, career-focused counseling in K-12, college and emerging adulthood settings, and multicultural considerations in career-focused counseling. Each section of the book incorporates

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neuroscience in a natural way that assists counselors in understanding clients' issues and supports the natural connections between career and counseling. *Essentials of Career-Focused Counseling* successfully builds on counselor identity and how it can best be applied to the true career issues that clients bring to counseling settings. It is an ideal primary text for upper division and graduate level courses in career development and counseling. For a look at the specific features and benefits of *Essentials of Career Focused Counseling*, visit cognella.com/essentials-of-career-focused-counseling-features-and-benefits. This book sets out to provide context for innovating counseling for self- and career construction. It gives readers insight into the theory underlying an innovative, integrative qualitative-quantitative approach to career counseling. Three key ideas recur throughout the book. First, the idea of not dispensing “advice” to people—instead, enabling them to advise themselves. Second, the idea of listening for instead of to people’s stories to help them choose and construct careers and themselves and shape their career identities. Third, the idea of helping people connect what they know about themselves consciously with what they are aware of subconsciously. The book confronts some of the main challenges posed by Work 4.0 on the workplace but also foreshadows the imminent advent of Work 5.0. It endeavors to promote career counselors’ ability

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to help people “thrive” at a time when many speculate that work itself is at risk, occupational contexts no longer “hold” workers in the way they used to, and the coronavirus pandemic is disrupting the workplace.

This completely revised and updated Fourth Edition of the Handbook of Counseling Psychology presents a cross-disciplinary survey of the entire field?combining a scholarly review of important areas of counseling psychology with current and insightful analyses of topics. The new edition equips you with a leading resource containing the latest information on the prevention and treatment of vocational, educational, and personal adjustment problems. This handbook offers a comprehensive review on career guidance, with an emphasis on the applied aspects of guidance together with research methods and perspectives. It features contributions from more than 30 leading authorities in the field from Asia, Africa, America, Australasia and Europe and draws upon a wide range of career guidance paradigms and theoretical perspectives. This handbook covers such subjects as educational and vocational guidance in a social context, theoretical foundations, educational and vocational guidance in practice, specific target groups, testing and assessment, and evaluation.

Developed for helping professionals, Counseling Theory and Practice explains what it means to be an effective helper, discusses foundations of classic counseling and psychotherapy theories, provides an overview of emerging theories, and gives students the opportunity to develop their own approaches to counseling and psychotherapy practice. The book is organized into four primary sections, each addressing theoretical schools. Section 1 explores psychodynamic approaches, including psychoanalysis, Jungian therapy, and Adlerian therapy.

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Section 2 is devoted to existential-humanistic approaches such as existential therapy, Gestalt therapy, and person-centered counseling, while Section 3 discusses cognitive-behavioral approaches, including behavior therapy, cognitive behavior therapy, rational-emotive behavior therapy, and reality therapy. Section 4 describes post-modern therapies and examines the relatively new approaches of narrative therapy, solution-focused brief therapy, and relational cultural therapy, a form of feminist therapy. The final chapter explores a number of more recent and emerging theories. In support of the textbook, *Counseling Theory and Practice* features a Cognella Active Learning component that provides students with videos, reflection exercises, PowerPoint slideshows, flashcards, and quizzes in a digital environment. These additional materials give students an accessible way to study outside of the classroom in their own time and at their own pace. Informative and engaging, *Counseling Theory and Practice* is well-suited to courses for both pre-service professionals and those already in the field. For a look at the specific features and benefits of *Counseling Theory and Practice*, visit cognella.com/counseling-theory-and-practice-features-and-benefits.

This book is a guide for college students exploring career options who are interested in working to promote peacebuilding and the resolution of conflict. High school students, particularly those starting to consider college and careers, can also benefit from this book. A major feature of the book is 30 stories from young professionals, most recently graduated from college, who are working in the field. These profiles provide readers with insight as to strategies they might use to advance their peacebuilding careers. The book speaks directly to the Millennial generation, recognizing that launching a career is a major focus, and that careers in the peace field have not always been easy to identify. As such, the book takes the approach

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that most any career can be a peacebuilding career provided one is willing to apply creativity and passion to their work. **ENDORSEMENTS:** The 30 profiles and other examples of career options across disciplines in Peace Jobs should be a required resource for all high school and college career offices. Packed with valuable realistic examples of how students, from a wide array of backgrounds, connected their passion with a paid career, it answers the ever present question “but what job can I get in peacebuilding”? Jennifer Batton Co-Chair, Peace Education Working Group and Chair, North America, Global Partnership for the Prevention of Armed Conflict Coordinator, International Conference on Conflict Resolution Education If changing the world is your calling, David Smith offers the guiding framework to channel passions and talents into meaningful employment. In Peace Jobs, millennials and others can discover ways to apply their social conscience to traditional and transformative career opportunities. Tony Jenkins, PhD Director, Peace Education Initiative, The University of Toledo Managing Director, International Institute on Peace Education Coordinator, Global Campaign for Peace Education

Career Assessment: Qualitative Approaches will assume a seminal place in the field of career development as the first book to focus solely on qualitative approaches to career assessment. This book represents a timely and important contribution to career development as it seeks to meet the needs of increasingly diverse client groups. Part 1, Foundations strongly positions qualitative career assessment in its historical, philosophical, theoretical and research contexts. The book is innovative by considering qualitative career assessment through the lens of learning. Part 2, Instruments, presents the first collation of chapters on a comprehensive range of qualitative career assessment instruments and processes written to a standard format to

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enable readers to compare, contrast and evaluate approaches. Part 3, Using quantitative career assessment qualitatively, mitigates against depicting an unnecessary divide in the field between quantitative and qualitative career assessment by considering their complementarities. Part 4, Diverse Contexts, considers qualitative approaches to career assessment in contexts other than able western, middle class settings. Part 5, Future Directions, reflects on the chapters and poses suggestions for the future. With high profile authors from nine different countries, the book represents a truly international contribution to the field of career development. In its focus on qualitative career assessment, this book holds a unique position as the only such text and will therefore assume an important place in the libraries of researchers, academics, and career practitioners.

This book provides practical examples of career development interventions that address social justice needs in a range of contexts across the lifespan. It's grounded in research, a range of theoretical perspectives, sound program design, and professional competencies for best practices in multicultural career counseling and social justice advocacy.

A must-read for counselors in training, Sharf's **APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING**, 6th Edition, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website provides case studies, tutorial quizzes, and relevant links. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product

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description or the product text may not be available in the ebook version.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a

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Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

Career Development and Counseling: Theory and Practice in a Multicultural World provides a comprehensive overview of career development theories with a unique multicultural framework. Aligned with the latest standards set forth by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the text focuses on applications across a variety of settings and populations. Each chapter contains numerous case illustrations and learning activities designed to help readers understand the complexities of multicultural aspects of individual career development. Counseling students in training, in addition to working counseling professionals, will find this book as a useful resource for today’s diverse world. *Career Development and Counseling* is part of SAGE’s Counseling and Professional Identity Series. To learn more about each text in the series, please visit sagepub.com/cpseries.

Vocational psychology, which is the science that helps inform social policy about work issues, improve career interventions and conduct research is glad to have this handbook. The third edition, with cutting edge contributors examines the field now and p

In this original and major new work, David Blustein places working at the same level of attention for social and behavioral scientists and psychotherapists as other major life

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concerns, such as intimate relationships, physical and mental health, and socio-economic inequities. He also provides readers with an expanded conceptual framework within which to think about working in human development and human experience. As a result, this creative new synthesis enriches the discourse on working across the broad spectrum of psychology's concerns and agendas, and especially for those readers in career development, counseling, and policy-related fields. This textbook is ideal for use in graduate courses on counseling and work or vocational counseling.

Uses the National Career Development Association's Career Counseling Competencies, the National Career Development Guidelines for professional school counselors, and CACREP Standards as a framework for covering the knowledge areas and skills required for effective career development interventions in a diverse society. Unplanned events more often determine life and career choices than all the careful planning we do. A chance meeting, a broken appointment, a spontaneous vacation trip are the kind of experiences that lead to unexpected life directions. This book encourages readers to prepare for the unexpected and to make the most of what life offers.

The goal of this book is to give career counselors knowledge awareness, and skills to work with diverse girls and women to make their lives as authentic, meaningful, and rewarding as they can possibly be. It is designed to help career counselors work with diverse girls and women as they pursue the ever widening choices in their lives. In

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addition, the text: *focuses on the history of the field and provides the social-historical context for its development; *discusses basic issues and concepts in the career development and counseling of women; *discusses the needs of women from different ethnic backgrounds, income levels, and sexual preferences; *reviews critical gender issues in many forms of qualitative and quantitative assessment; *describes the use of a critical feminist approach to career counseling; *discusses dual career and dual earners' career needs; *focuses on the rapid growth in science/technology/engineering and mathematical (STEM) occupational fields; and *examines the career counseling needs of women in management positions. Handbook of Career Counseling for Women, Second Edition appeals to anyone interested in their own career development and those of clients, students, daughters, and other important girls and women in their life.

The Chaos Theory of Careers outlines the application of chaos theory to the field of career development. It draws together and extends the work that the authors have been doing over the last 8 to 10 years. This text represents a new perspective on the nature of career development. It emphasizes the dimensions of careers frequently neglected by contemporary accounts of careers such as the challenges and opportunities of uncertainty, the interconnectedness of current life and the potential for information overload, career wisdom as a response to unplanned change, new approaches to vocational assessment based on emergent thinking, the place of spirituality and the

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search for meaning and purpose in, with and through work, the integration of being and becoming as dimensions of career development. It will be vital reading for all those working in and studying career development, either at advanced undergraduate or postgraduate level and provides a new and refreshing approach to this fast changing subject. Key themes include: Factors such as complexity, change, and contribution People's aspirations in relation to work and personal fulfilment Contemporary realities of career choice, career development and the working world

Praise for Career Development and Counseling: Putting Theory and Research to Work, Second Edition "This volume is an essential resource for the library of anyone interested in the field of career development, assessment, and counseling and should also prove invaluable for graduate students interested in immersing themselves in some of the best work being done today in the field of career development and counseling." —Nancy E. Betz, PhD, Professor, Department of Psychology, The Ohio State University "In this second edition, Drs. Brown and Lent continue to shape career development discourse and illustrate the ongoing significance of the fields of career development and counseling in the twenty-first century. This edition will help both researchers and practitioners alike to better understand, investigate, and promote the role of work in people's lives." —Angela Byars-Winston, PhD, Associate Professor of Medicine, School of Medicine and Public Health, University of Wisconsin-Madison Complete coverage of leading career theories and practices Filled with the latest

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empirical and practical evidence, this new edition features: A new introductory chapter that defines and discusses the importance of career counseling in the twenty-first century, and offers a brief history of the field New chapters on gender, race/ethnicity, social class and poverty, sexual minority identity, disability status, personality, and relational factors Major theories of career development Coverage of the assessment of important career constructs and occupational information systems Interventions for working with career issues across the life span Edited by two of the leaders in the field of career development, and featuring contributions by many of the most well-regarded specialists in the field, *Career Development and Counseling, Second Edition* is the one book that every career counselor, vocational psychologist, and student of career development and counseling must have.

Career Counseling, 3rd edition, provides a comprehensive, holistic overview of the foundations of career counseling, information on the most effective skills and techniques, and contextual perspectives on career and lifestyle planning, all by nationally and internationally recognized experts. Updated chapters introduce important material not often addressed in introductory texts, such as rehabilitation, addictive behaviors, counseling couples and families, and working with ethnic and gender/sexual minority clients. Included throughout the text are case studies, informational sidebars, and experiential activities that enhance the reading and encourage additional contemplation of chapter content. Readers can also turn to the book's companion website for chapter test questions, PowerPoints, and additional resources.

Goes beyond traditional “job hunt strategies” to provide innovative solutions targeted to

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specific populations This graduate text for courses in career counseling is distinguished by its emphasis on creative interventions tailored to the unique needs of diverse populations. With a focus on career as a cornerstone of personal identity, the book explores the specific meaning of careers within different cultures and examines the challenges faced by—and potential solutions for—individuals with diverse backgrounds and needs. It describes unique interventions that allow counseling students to visualize and actualize career counseling with a wide range of clients and demonstrates techniques targeted to each population that can be put into practice immediately. The text provides demographic information regarding specific job-seeking groups including such “traditional” populations as college graduates and working parents, as well as groups that encounter special challenges such as stay-at-home parents returning to work, formerly incarcerated individuals, people with disabilities, teen mothers, African American, Hispanic and Asian males and females, older adults, LGBT individuals, and many others. Over fifty creative, innovative interventions that have been successfully applied help counselors to provide effective career development strategies with each population. Chapters include a vignette representing each population, group demographics, a history of career paths and obstacles, unique needs of the group, supports already in place, and specific career counseling assessment and interventions. The book also provides abundant resources for additional study. In addition to its value to career counselors, the text will also be useful to personal counselors who often deal with their client’s career issues during treatment. Key Features: Provides in-depth exploration of underserved populations who hold unique career development needs Includes innovative career counseling interventions that move beyond standard “job hunt strategies” or “resume preparation tips” Explores life stage concerns

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related to career development across multiple diverse identities Gives readers step-by-step details on implementing over 40 innovative career counseling techniques Presents case studies that provide clear examples of the application of relevant interventions

The fourth edition of *Career Choice and Development* brings together the most current ideas of the recognized authorities in the field of career development. This classic best-seller has been thoroughly revised and expanded to include the most influential theories of career choice and development, and it contains up-to-date information regarding the application of these theories to counseling practice. This edition contains a wide range of career development theories that explore how people develop certain traits, personalities, self-precepts, and how these developments influence career decision making. This information will challenge teachers, researchers, and those involved in fostering career development to reexamine their assumptions and practices.

Featuring chapters written by experts in the discipline, *Career Counseling: Theory, Practice, and Application* provides readers with a strong foundation in career counseling history, theory, and clinical assessment that will allow them to develop the skills and competencies needed to become effective, ethical counseling practitioners in today's diverse society. Students discover how integral and evident the topic of career is within contemporary counseling sessions, the importance and practical applications of career development, and how to incorporate career and counseling theory within personal practice. The text provides a roadmap for integrating counseling and career theory into a strong and functional model to serve clients. It offers students critical knowledge and demonstrates various therapeutic techniques through client transcripts, bridging theory and practice. Dedicated chapters cover major theories of career

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counseling, providing counsel across the lifespan and for diverse populations, the use of narrative therapy, solution-focused brief therapy, Adlerian techniques, and cognitive behavioral therapy with clients, and more. Underscoring the importance of career counseling in today's world, *Career Counseling* is an ideal core textbook for graduate-level students in career counseling courses offered in CACREP and non-accredited vocational counseling programs. Earlier editions published as: *Career development interventions in the 21st century*.

Academic book that reports research on the psychology of career adaptability

In the field of career development, *Integrative Life Planning* is a landmark book that recognizes the radical shifts in today's lifestyles and workplaces and offers a holistic counseling approach that joins career planning with the life path of an individual. Written by L. Sunny Hansen—a pioneer in career development—this important resource details her highly regarded concept of integrative life planning (ILP). As the book reveals, using the ILP framework enables career professionals, counselors, and their clients to develop career and life patterns that are holistic and focused on both individual satisfaction and community benefit. *Integrative Life Planning* provides an analysis of Hansen's revolutionary ILP concept that is anchored in an interdisciplinary framework of six critical tasks: finding work that needs doing in changing global contexts; weaving our lives into a meaningful whole, connecting family and work; valuing pluralism and inclusivity, exploring spirituality and life purpose; and managing personal transitions and organizational change. The book offers a wealth of ideas and information on each of the critical tasks as well as illustrative strategies and career interventions that can be used or adapted when implementing the ILP concept. ILP is an ideal approach for dealing with changes in work, family, learning, and society. Using a quilt metaphor, it integrates many

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aspects of individuals, families, and organizations including both the personal and the professional. In this pioneering work, the author advocates for people to make life choices and decisions consistent with the changes of a dynamic global society. The ILP concept takes into account self-satisfaction and the common good; personal accomplishment and community benefit. Hansen argues persuasively that this global approach can lead to more meaningful lives, more humane relationships, and a more caring society.

This text integrates theoretical material in cognitive psychology and relevant knowledge from the applied behavioral sciences. The many discussions and exercises enable readers to explore their own career issues in order to learn practical approaches to career planning. The authors cover basic career concepts and decision making; social conditions affecting career development such as the global economy and organizational culture. Also focuses on the theory base in cognitive information processing, with detailed, practical examples of the application of the theory in typical career situations and provides concrete steps for executing a strategic career plan.

Researchers and practitioners interested in the role of work in people's lives are faced with the need for new perspectives to support clients, communities, and organizations. This handbook is designed to fill this gap in the literature by focusing on the full spectrum of people who work and who want to work across the diverse contexts that frame working in the 21st century.

"This is a must-have for any researcher in vocational psychology or career counseling, or anyone who wishes to understand the empirical underpinnings of the practice of career counseling." -Mark Pope, EdD College of Education, University of Missouri - St. Louis past president of the American Counseling Association Today's career development professional

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must choose from a wide array of theories and practices in order to provide services for a diverse range of clients. Career Development and Counseling: Putting Theory and Research to Work focuses on scientifically based career theories and practices, including those derived from research in other disciplines. Driven by the latest empirical and practical evidence, this text offers the most in-depth, far-reaching, and comprehensive career development and counseling resource available. Career Development and Counseling includes coverage of: Major theories of career development, choice, and adjustment Informative research on occupational aspirations, job search success, job satisfaction, work performance, career development with people of color, and women's career development Assessment of interests, needs and values, ability, and other important constructs Occupational classification and sources of occupational information Counseling for school-aged youth, diverse populations, choice-making, choice implementation, work adjustment, and retirement Special needs and applications including those for at-risk, intellectually talented, and work-bound youth; people with disabilities; and individuals dealing with job loss, reentry, and career transitions Edited by two of the leading figures in career development, and featuring contributions by many of the most well-regarded specialists in the field, Career Development and Counseling: Putting Theory and Research to Work is the one book that every career counselor, vocational psychologist, and serious student of career development must have.

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APA offers the Theories of Psychotherapy Sense as a focused resource for understanding the major theoretical models practiced by psychotherapists today. Each book presents a concentrated review of the history key concepts, and application of a particular theoretical

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approach to the assessment, diagnosis, and treatment of clients. The series emphasize Solid theory and evidence-based practice, illustrated with rich case examples featuring diverse clients. Practitioners and students will look to these books as jewels of information and inspiration. Book jacket.

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